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Ultra Low Power Frequency Synthesizer

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Abstract.

An integer-N all digital phase locked loop (ADPLL) frequency synthesizer implemented 22nm FD-SOI (22FDX) technology is presented in this paper, achieving a power consumption of $X \mu\text{W}$ at 2.448 GHz, a jitter FOM of $X \text{ dB}$, and an active area of $X \text{ mm}^2$. This design emphasizes power reducing architectural choices for application to low duty cycle wake up receivers (WURx), utilizing low complexity, bias and reference free circuits. Included is a novel, pseudo-differential voltage controlled ring oscillator utilizing FD-SOI backgates to implement both frequency tuning and differential behavior. This oscillator achieves high oscillator tuning gain with rail-to-rail input range, whilst utilizing no current biasing. Capacitive DACs are utilized to provide digital control to the oscillator with minimum power draw. A low complexity band-bang phase detector (BBPD) and all digital loop filter, with no divider in steady state implement the remaining portions of the PLL. Calibration of the PLL is implemented utilizing a synchronous counter-based frequency error detection scheme coupled with a coarse bank of tuning capacitors.

Preface.

Simplicity is the ultimate sophistication.

Leonardo da Vinci

I would like to thank my advisors Trond Ytterdal and Carsten Wulff for providing me the opportunities to further my knowledge and experience in the dark arts of circuit design.

I also thank my family for their continual open support of my life endeavors.

Problem description.

The intent of this project is to develop an ultra low power, integer-N ADPLL frequency synthesizer for applications to wake up receiver (WURX) radio circuits. The target technology is Global Foundries 22FDX fully-depleted silicon on insulator (FD-SOI), a 22nm process node. The implemented PLL is intended for use in duty cycled wake up receiver WURX circuits applications, with on the order of 1% active time. Thus, the design must feature low power consumption in inactive (sleep) states, and rapid wake-up/resume. The required specifications for this PLL design are given in table 1

Parameter	Specification	Unit
Power	≤ 100	μW
CNR ¹	≥ 20	20 dBc
Reference frequency ²	32	MHz
Synthesized frequency	2.448	MHz
Area	≤ 0.01	mm ²
Lock time (cold-start)	≤ 20	μs
Re-lock time (sleep-resume)	≤ 5	μs
FOM _{Φ_n} ³	≤ -230	dB

Table 1: Design required specifications.

This work is in part a continuation of the author's previous work [1] on the optimization and simulation of integer-N ADPLL, which focused on automation of loop filter design. The architectural proceeded with in this work are motivated through findings of this work, particularly the usage of bang-bang phase detector with proportional-integral (PI) controller based loop filter. This architecture was found to be advantageous in terms of complexity and optimizability, providing for a known good starting point on this project.

¹Carrier to noise ratio.

²Divided frequencies (powers of 2) are also acceptable.

³ $\text{FOM}_{\Phi_n} = 10 \log_{10} \left(\frac{\sigma_{t_j}^2}{(1\text{ s})^2} \cdot \frac{\text{Power}}{1\text{ mW}} \right)$, where σ_{t_j} is the measured RMS timing jitter of the PLL.

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Abbreviations.

ADPLL	All digital phase locked loop
BBPD	Bang-bang phase detector
BOX	Burried-oxide
BW	Bandwidth
CDAC	Capacitive digital to analog converter
CDF	Cumulative distribution function
CI	Confidence interval
CLK	Clock
CM	Common mode
CMOS	Complementary metal oxide semiconductor
CMRR	Common mode rejection ratio
CNR	Carrier to noise ratio
DAC	Digital to analog converter
DC	Direct current
DCO	Digitally controlled oscillator
DFF	D flip flop
DIV	Divider
DNL	Differential non-linearity
FDSOI	Fully depleted silicon on insulator
FET	Field effect transistor
FOM	Figure of merit
FSK	Frequency shift keying
FSM	Finite state machine
HVTPFET	High threshold voltage PFET
IIR	Infinite impulse response
INL	Integral nonlinearity
ISF	Impulse sensitivity function
KDCO	DCO Gain
LC	Inductor-capacitor
LF	Loop filter
LO	Local oscillator
LSB	Least significant bit
LVTNFET	Low voltage threshold NFET
MMSE	Minimum mean squared error
MOSFET	Metal oxide semiconductor filed effect transistor

MSE	Mean squared error
NFET	N-channel field effect transistor
NMOS	N-channel metal oxide semiconductor
OOK	On-off keying
OTW	Oscillator tuning word
PD	Phase detector
PDF	Probability distribution function
PFET	P-channel FET
PI	Proportional-integral
PID	Proportional-integral-derivative
PLL	Phase locked loop
PMOS	P-channel metal oxide semiconductor
PN	Phase noise
PSD	Power spectral density
PSK	Phase shift keying
PVT	Process
RC	Resistor-capacitor
RMS	Root mean squared
RO	Ring oscillator
RST	Reset
RVT	Regular voltage threshold
SLVTNFET	Super-low voltage threshold NFET
SNR	Signal to noise ratio
SOI	Silicon on insulator
SSB	Single side band
TDC	Time to digital converter
TF	Transfer function
TSPC	True single phase circuit
UTBB	Ultra-thin body BOX
VCO	Voltage controlled oscillator
WUC	Wake up call
WUR	Wake up receiver

1 Introduction

Phase locked loops (PLLs) are the fundamental building block to virtually all wired and wireless communication systems of today. To meet industrial demands of continual and uncompromising improvement of communication system performance, i.e. higher data rates, lower power, it is paramount that PLL performance is continually improved. The advent of battery powered mobile and IoT produces an acute need for power reduction. A recent approach to reducing power consumption of mobile and IoT devices is through usage of wake up receivers (WUR). These are ultra low power, low data rate radio receivers, which listen for requests (i.e. a "wake up call", or WUC) for activity of the aforementioned devices. Upon a WUC, the device activates a higher powered radio supporting higher data rates for only the time required. In devices which are inactive for large periods of time, waiting for requests for activity (e.g. as sensor networks or wireless headphones), such a scheme can enable great power reduction, achieving 4.5 nW in [2] and 365 nW in [3] for 2.4 GHz reception, compared to utilizing a full data rate receiver to poll the radio spectrum for activity requests.

Thus, in this work, low power PLL design which enables WUR design is to be considered. Ultra low power has been achieved with PLL-less OOK receivers, for example achieving 4.5 nW with 0.3 kbps of data at 2.4GHz [2]. However, this work will be catered to PLL-based designs that maintain backwards-compatibility with FSK, PSK modulation schemes supported by existing standards such as 802.15.4, Wifi, Bluetooth. The PLL design approached in this work will seek methods to reduce overall complexity (minimize current paths), whilst yielding high performance on a given power budget. A brief outline of the paper is as follows. An introduction to PLL and FD-SOI theory is in section 2. The undertaken PLL Design are discussed in section 3. Simulation results obtained of the design are in section 4. Comparisons to states of art and general discussion regarding this work is in section 5. Finally, section 6 concludes.

1.1 Main Contributions

- ① Implementation of an ultra-low power, 0.0051 mm² area CMOS PLL in 22FDX FD-SOI technology.
- ② Presentation of a novel pseudodifferential ring oscillator circuit topology and operation theory, utilizing FD-SOI backgates to implement both frequency tuning and differential coupling.
- ③ Realization of linear gain voltage controlled oscillator with rail to rail range.
- ④ Optimization theory for bang-bang phase detector PLL with a noisy detector.
- ⑤ Implementation of low power CDACs, bang-bang phase detector.
- ⑥ Implementation of low power digital loop filter.

- ⑦ Demonstration of bias current and reference free PLL design.

drain-source voltage (V_{DS}) set greater than 0 in the case of a NFET, that an increasing amount of current will enter the MOSFET drain after crossing a threshold voltage (V_{TH}). V_{TH} is predominantly dependent of physical configuration of a FET (dimensions, doping, material), however is impacted by the backgate bias in what is termed "the body effect". A more detailed description of each operating regime will be given in the following discourse.

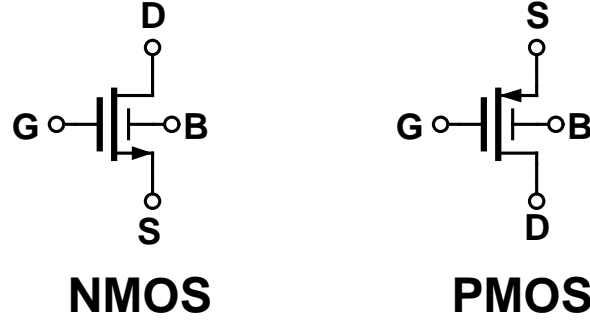


Figure 2: MOSFET symbols.

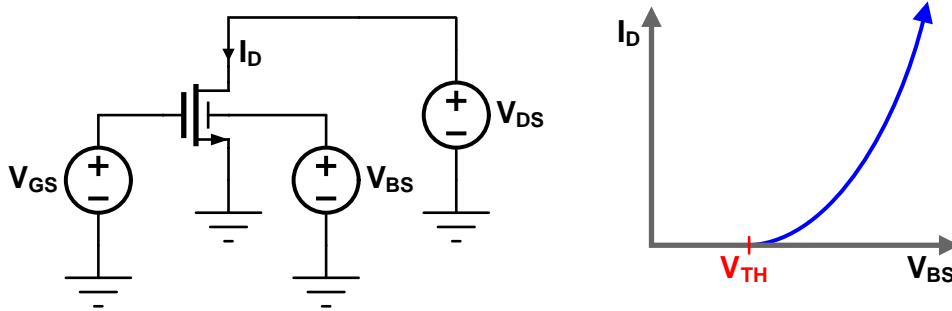


Figure 3: Drain current versus gate-source bias.

Linear Region Linear MOSFET operation occurs under the circumstances where $|V_{GS} - V_{TH}| > |V_{DS}|$. The following equation is the I-V relation in this regime, where μ_n represents the electron mobility of the semiconductor in use (within the FET channel), C_{ox} represents the MOS oxide capacitance.

$$I_D = \mu_n C_{ox} \left(\frac{W}{L} \right) \left[(V_{GS} - V_{TH}) V_{DS} - \frac{1}{2} V_{DS}^2 \right] \quad (1)$$

Saturation Region Saturation region occurs when $|V_{DS}| > |V_{GS} - V_{TH}|$. Notably, dependence of drain current on V_{DS} is reduced, and in the case of the ideal models considered here the effect of V_{DS} are completely negated.

$$I_D = \frac{1}{2} \mu_n C_{ox} \left(\frac{W}{L} \right) (V_{GS} - V_{TH})^2 \quad (2)$$

Velocity-saturation Region In the scenario of high applied fields which arise in a short MOSFET channels, carrier velocity can saturate to a limited velocity, v_{sat} . The point at which this effect takes place is device dependent. For approximate consideration it can be understood to

occur when $|V_{DS}/L > E_{crit}|$, where E_{crit} is the electric field which the carrier velocity-electric field relation ($v = \mu E$) of the channel semiconductor becomes sub-linear. Below is the MOSFET model under such circumstances.

$$I_D = WC_{ox}(V_{GS} - V_{TH})v_{sat} \quad (3)$$

2.2.2 Body Effect

Application of a bias to the substrate below a bulk MOSFET, or to the well below a FD-SOI MOSFET has a direct effect on the threshold voltage of a MOSFET. For a bulk MOSFET, change of body bias affects the width of source-drain and source-body depletions, which consequently can increase or decrease the magnitude of the channel inversion charge as seen by the gate terminal. This corresponds to a differential in the threshold voltage. The below equation [6] quantifies this effect for bulk devices. γ is the body effect coefficient, $2\Phi_F$ represents the MOS surface potential. V_{TH} is non-linearly related to the source-body voltage V_{SB} .

$$V_{TH} = V_{TH0} + \gamma \left(\sqrt{2\Phi_F + V_{SB}} - \sqrt{|2\Phi_F|} \right) \quad (4)$$

In the case of FD-SOI transistors, the nature of the body effect is modified due to the presence of the BOX. Thus, an approximate derivation for body effect will be provided here. In FD-SOI, the active channel region is thin, and under strong inversion, the entire channel region is depleted of charge. Supposing a channel height Z and doping N_A , the total inversion charge (i.e. to deplete the channel) is $Q_d = N_A Z$. With oxide capacitance $C_{ox,fg}$ associated with the front gate, the portion of the threshold voltage associated with total depletion of the channel is, from the front gate perspective:

$$V_{d,fg} = \frac{Q_d}{C_{ox,fg}} = \frac{N_A Z}{C_{ox,fg}} \quad (5)$$

Supposing that the back gate has capacitance of $C_{ox,bg}$, with bias applied V_{BS} , the back gate can be seen to "rob" the front gate of $Q_{bg} = C_{ox,bg} V_{BS}$ when in inversion. Thus results in a partial change of the front gate referred voltage required to obtain channel depletion:

$$V'_{d,fg} = \frac{Q_d - Q_{bg}}{C_{ox,fg}} = \frac{Q_d}{C_{ox,fg}} - \frac{C_{ox,bg}}{C_{ox,fg}} V_{BS} = V_{d,fg} - \Delta V_{th,bg} \quad (6)$$

It is noted that this can be written as the nominal value of $V_{d,fg}$ minus a differential. This differential is the resulting change in threshold voltage due to back gate bias, $\Delta V_{th,bg}$:

$$\Delta V_{th,bg} = \frac{C_{ox,bg}}{C_{ox,fg}} V_{BS} \quad (7)$$

This is linear with applied back gate bias, and that the strength of the coupling is tunable by the ratio of front gate and back gate capacitances. Typically this ration is $\ll 1$. If we define the

body effect coefficient γ as:

$$\gamma = \frac{C_{ox,bg}}{C_{ox,fg}} \quad (8)$$

Given a nominal threshold voltage of V_{TH0} , in FD-SOI, the threshold voltage can be calculated as:

$$V_{TH} = V_{TH0} - \gamma V_{BS} \quad (9)$$

2.3 Basic PLL

A phase locked loop (PLL) is a feedback system whose output tracks or maintains a fixed phase relationship to an input signal. PLLs are well suited for frequency synthesis, which is the process of generating derivative frequencies from some reference frequency. Given a reference signal with phase trajectory Φ_{ref} and output signal with phase Φ_{out} , a PLL can be modeled as in figure 4 using an elementary feedback system, with feedforward and feedback networks $A(s)$ and $B(s)$.

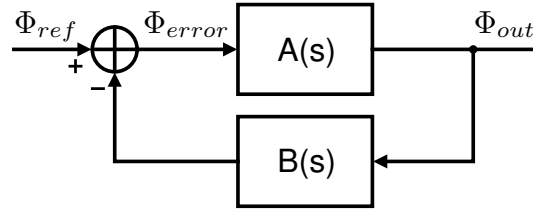


Figure 4: Phase locked loop as elementary feedback system.

The closed loop phase response for Φ_{ref} to Φ_{out} is therefore:

$$\frac{\Phi_{out}(s)}{\Phi_{ref}(s)} = \frac{A(s)}{1 + A(s)B(s)} \quad (10)$$

A case of interest is when $B(s) = 1/N$, where N is a constant, and the loop gain $L(s) = A(s)B(s) \gg 1$. The closed loop response for this case is:

$$\frac{\Phi_{out}(s)}{\Phi_{ref}(s)} \approx \frac{A(s)}{A(s)B(s)} = \frac{1}{B(s)} = N \quad (11)$$

We see that the phase through the PLL is multiplied by a factor of N . If the input phase signal is sinusoidal with frequency ω_{ref} , and likewise the output with ω_{out} , then $\phi_{ref}(t) = \omega_{ref}t$ and $\phi_{out}(t) = \omega_{out}t$. Accordingly:

$$\frac{\Phi_{out}(t)}{\Phi_{ref}(t)} = \frac{\omega_{out}t}{\omega_{ref}t} \approx N \rightarrow \omega_{out} \approx N\omega_{ref} \quad (12)$$

Therefore, it is observed that a PLL allows for the generation of a new frequency from a refer-

ence frequency signal, which is termed as "frequency synthesis". With a feedback division ratio of $1/N$, the PLL multiplies the reference frequency by a factor of N . Hereon, the $B(s)$ portion of a PLL feedback network is referred to as a divider, with associated division ratio N .

2.4 PLL Synthesizer Architecture

A typical architecture for implementing a physically realizable PLL frequency synthesizer [7] is shown in figure 5. This PLL is comprised of four components: (1) a phase detector, herein PD, (2) a loop filter, herein $H_{LF}(s)$, (3) a voltage controlled oscillator, herein VCO, and (4) a divider, indicated as " $\div N$ " in figure 5. In control systems parlance, the loop filter corresponds to a controller, the VCO an actuator, and the divider as feedback.

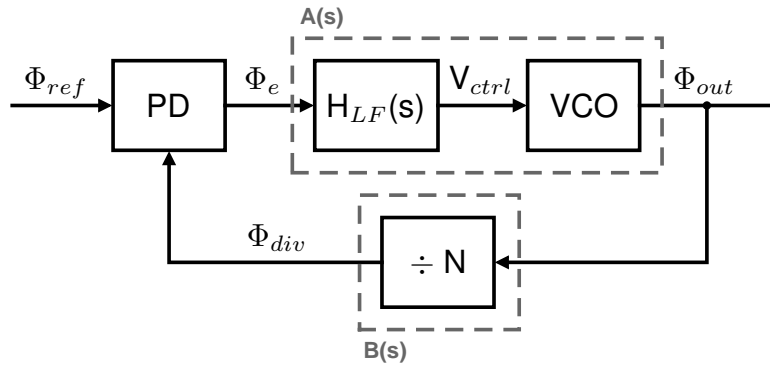


Figure 5: High-level PLL Synthesizer Architecture.

Further explanation of these components will be hereafter made.

2.4.1 Phase Detector

A phase detector acts as the summation point of figure 4, which measures the phase error Φ_e between the reference signal and the output of the PLL. The phase error then is then used by the controller, which is implemented as the loop filter. Such a phase detector may also have intrinsic gain, given by K_{PD} .

$$\Phi_e(s) = K_{PD}(\Phi_{ref}(s) - \Phi_{div}(s)) \quad (13)$$

2.4.2 Bang-bang phase detector

A simple implementation of a phase detector is a bang-bang phase detector (BBPD) [8]. As exhibited in figure 6, a BBPD outputs a value of 1 if the input Φ_Y is late relative to the reference

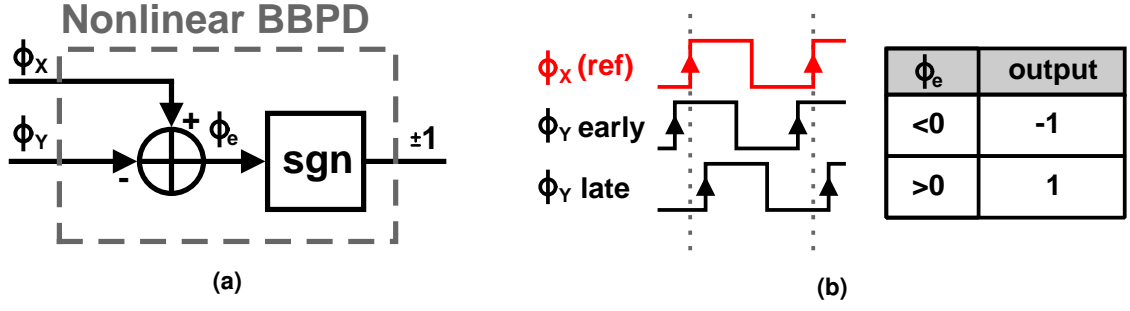


Figure 6: (a) BBPD schematic, (b) BBPD timing.

Φ_X (representing a clock signal), and -1 if it is early. A BBPD shows abrupt nonlinearity in its transfer characteristics. If the error signal variance $\sigma_{\Phi_e}^2$ is constant, which is expected in steady-state PLL operation, a linearized model for phase detector gain can be established [9], given in equation 14.

A linearized version of the BBPD is illustrated in figure 7. The output z valued as ± 1 (its variance $\sigma_y^2=1$).

$$K_{BBPD} = \frac{\mathbb{E}[\Phi_e(t) \cdot z(t)]}{\mathbb{E}[\Phi_e^2(t)]} = \sqrt{\frac{2}{\pi}} \frac{1}{\sigma_{\Phi_e}} \quad (14)$$

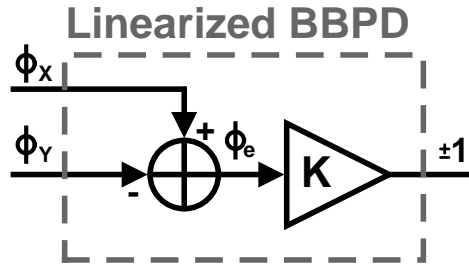


Figure 7: Linearized bang-bang phase detector.

2.4.3 BBPD Noise

Given the output of the BBPD is of fixed power $\sigma_z^2 = 1$, a linearized gain of K_{BBPD} , a phase error power of $\text{Var}[\Phi_e(t)] = \sigma_{\Phi_e}^2$, and $\mathbb{E}[\Phi_e(t)] = 0$, the noise power $\sigma_{n_{BBPD}}^2$ out of the BBPD is in equation 15. $K_{BBPD}^2 \sigma_{\Phi_e}^2$ represents the power of the phase error signal component post-detector, and it is assumed that noise power and signal power are uncorrelated.

$$\sigma_{n_{BBPD}}^2 = \sigma_z^2 - K_{BBPD}^2 \sigma_{\Phi_e}^2 = 1 - \frac{2}{\pi} \quad (15)$$

Observe that the BBPD noise power is constant. If the reference signal is a clock signal with

frequency f_{ref} , the BBPD noise spectral density is in equation 16.

$$S_{n_{BBPD}}(f) = \frac{\sigma_{n_{BBPD}}^2}{\Delta f} = \frac{(1 - \frac{2}{\pi})}{f_{ref}} \quad (16)$$

2.4.4 Divider

A divider is used as the feedback path in the PLL, where the division ratio N controls the frequency multiplication of a PLL synthesizer. The transfer function of the divider is:

$$H_{div}(s) = \frac{\Phi_{div}(s)}{\Phi_{out}(s)} = \frac{1}{N} \quad (17)$$

Dividers are commonly realized as digital modulo- N counters that count oscillation cycles [10]. With a division ratio of N , the output of the divider will have an active edge transition (considered to be rising edge as shown in figure 8) every N input cycles. Phase information is inferred from the output edge timing, which occurs with time interval N/f_{osc} , and is equal to the point at which output phase equals a multiple of 2π . Thus a digital divider does not provide continuous phase information, but rather a sampled phase signal with rate f_{osc}/N .

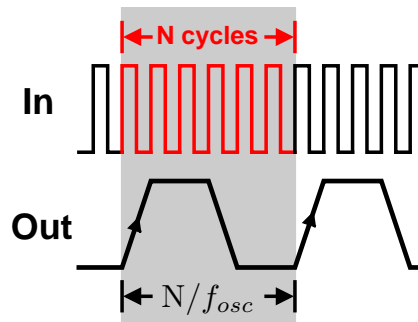


Figure 8: Digital divider signals.

2.4.5 Loop Filter

A loop filter behaves as the controller of a PLL, namely controlling the phase-frequency response of PLL. The choice of loop filter transfer function significantly affects transient PLL behavior, as well as phase noise performance, as is later described. Here, a pole-zero based controller is defined for use in this work. This is designed to have P poles and Z zeros, and can be represented in the canonical form of equation 18 as a rational function of polynomials of s

with coefficients given with $\{a_0, \dots, a_P\}$ and $\{b_0, \dots, b_Z\}$.

$$H_{LF}(s) = \frac{\sum_{j=0}^Z b_j s^j}{\sum_{k=0}^P a_k s^k} \quad (18)$$

2.4.6 Loop Filter Discretization and Digitization

In PLLs which sample on a fixed interval, defined by a reference clock frequency f_{ref} , derivation of a discrete time controller model is necessary. This is derived from the continuous canonical loop filter (equation 18) via application of a continuous s-domain to discrete z-domain transformation. Strictly speaking, $z^{-1} = e^{-s\Delta T_s}$ for values on the unit circle, i.e. $r=1$ [11]. However, if the PLL sampling rate $f_s=f_{ref}$ is constrained to be sufficiently higher than the implemented filter bandwidth (i.e. PLL loop bandwidth, BW_{loop}), a simpler transformation using a truncated Taylor series approximation is applicable. Given the $1/\Delta T_s=f_s$ as the relation for sampling rate, then:

$$\begin{aligned} z^{-1} &= e^{-s\Delta T_s} && \text{(definition of z on unit circle)} \\ &= \sum_{k=0}^{\infty} \frac{(-s\Delta T_s)^k}{k!} && \text{(exponential Taylor series)} \\ &\approx 1 - s\Delta T_s && \text{(if } |s\Delta T_s| = 2\pi BW_{loop} \cdot \Delta T_s << 1) \end{aligned}$$

Thus the s-to-z and z-to-s identities for the approximate transform are:

$$z^{-1} = 1 - s\Delta T_s \quad (19)$$

$$s = \frac{1}{\Delta T_s}(1 - z^{-1}) \quad (20)$$

Applying equation 20 to the general loop filter of equation 18 yields the z-domain loop filter:

$$H_{LF}(z) = H_{LF}(s) \Big|_{s=\frac{1}{\Delta T_s}(1-z^{-1})} = \frac{\sum_{j=0}^Z b_j s^j}{\sum_{k=0}^P a_k s^k} \Big|_{s=\frac{1}{\Delta T_s}(1-z^{-1})} \quad (21)$$

$$= \frac{\sum_{j=0}^Z \frac{b_j}{\Delta T_s^j} (1 - z^{-1})^j}{\sum_{k=0}^P \frac{a_k}{\Delta T_s^k} (1 - z^{-1})^k} \quad (22)$$

Equation 22 is transformed into a digitally implementable form by reorganizing into the canonical representation of equation 23, which then determines the tap coefficients for the sampled-

time difference equation in equation 24.

$$H_{LF}(z) = \frac{\sum_{j=0}^P b'_j z^{-j}}{1 + \sum_{k=1}^Z a'_k z^{-k}} \quad (23)$$

$$y[n] = - \sum_{k=1}^P a'_k y[n-k] + \sum_{j=0}^Z b'_j x[n-j] \quad (24)$$

The obtained difference equation is directly implementable in digital hardware with a direct form-I IIR filter [12] shown in figure 9. Such a design is a candidate for automatic synthesis of digital logic. The filter coefficients $\{a'_1, \dots, a'_P\}$ and $\{b'_0, \dots, b'_Z\}$ must be quantized into finite resolution fixed point words for a complete digital implementation. The delay elements (z^{-1} blocks) are implementable digitally as registers, the coefficient gains are implementable with array multipliers, and the adders are implementable with digital adders.

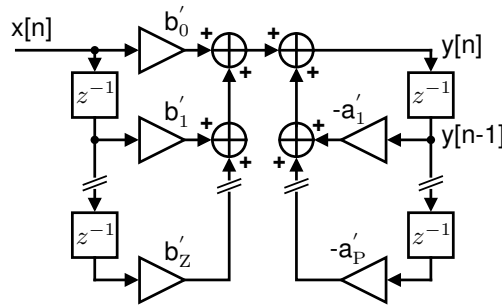


Figure 9: Direct form I implementation of IIR filter.

2.4.7 Voltage/Digitally Controlled Oscillator

A controlled oscillator is an oscillator with frequency controlled by an input signal. When this input signal takes the form of an analog voltage V_{ctrl} , it is referred to as a voltage controlled oscillator (VCO). Otherwise, when controlled digitally with an oscillator tuning word (OTW) $u[n]$, it is referred to as a digitally controlled oscillator (DCO). Nominally, a controlled oscillator is characterized by its gain, in the case of a VCO is $K_{VCO} = \partial f / \partial V_{ctrl}$. With a DCO, the gain is $K_{DCO} = \Delta f / LSB$, that is the change in frequency per least significant bit. Analyzed in terms of phase (for the VCO case), an oscillator can be seen as a time-phase integrator, provided a nominal oscillator frequency of f_0 :

$$\Phi_{VCO}(t) = \Phi_{out}(t) = \int 2\pi(K_{VCO}V_{ctrl}(t) + f_0)dt \quad (25)$$

In the s-domain, the transfer function for a VCO is in equation 26 and equation 27 for a DCO.

$$H_{VCO}(s) = \frac{\Phi_{VCO}(s)}{V_{ctrl}(s)} = \frac{2\pi K_{VCO}}{s} \quad (26)$$

$$H_{DCO}(s) = \frac{\Phi_{VCO}(s)}{u(s)} = \frac{2\pi K_{DCO}}{s} \quad (27)$$

By application of discretization and conversion to difference equations, the sampled-time oscillator phase signals are equation 28 for a VCO and equation 29 for a DCO.

$$\Phi_{out}[n] = \Phi_{out}[n-1] + 2\pi K_{VCO} \Delta T_s V_{ctrl}[n] \quad (28)$$

$$\Phi_{out}[n] = \Phi_{out}[n-1] + 2\pi K_{DCO} \Delta T_s u[n] \quad (29)$$

2.4.8 Closed Loop PLL Transfer Function

With a PLL described at the component level, the closed loop dynamics of the PLL can be computed. A PLL loop gain $L(s)$ can be first determined (using BBPD definition for phase detector gain).

$$L(s) = K_{PD} H_{LF}(s) H_{DCO}(s) H_{div}(s) = \frac{2\pi K_{PD} K_{DCO}}{N} \frac{1}{s} \frac{\sum_{j=0}^Z b_j s^j}{\sum_{k=0}^P a_k s^k} \quad (30)$$

Closing the loop with the phase detector as the feedback summation point, the response of the PLL from reference to output is in equation 31.

$$T(s) = \frac{\Phi_{out}(s)}{\Phi_{ref}(s)} = \frac{2\pi K_{PD} K_{DCO} \sum_{j=0}^Z b_j s^j}{\sum_{k=0}^P a_k s^{k+1} + \frac{2\pi K_{PD} K_{DCO}}{N} \sum_{j=0}^Z b_j s^j} = N \frac{L(s)}{1 + L(s)} \quad (31)$$

2.5 Phase noise

Phase noise can be described as undesired variation in an oscillator's phase trajectory from ideal. If an oscillator's frequency is ω_{osc} , then with additive phase noise, the phase of an oscillator is in 32.

$$\Phi_{osc}(t) = \omega_{osc} t + \Phi_n(t) \quad (32)$$

This is composed of a linear phase component $\omega_{osc} t$ and a noise component $\Phi_n(t)$. In the frequency domain, the effect of phase noise is that it broadens the tone of the oscillator, as shown in figure 10. Phase noise can be viewed as instability in terms of oscillator frequency.

2.5.1 Relation to Power spectral density

An oscillator's voltage waveform can be described in terms of a phase trajectory function $\Phi_{osc}(t)$ and amplitude A_0 in the following manner (ignoring higher harmonics):

$$V_{osc}(t) = \Re \{ A_0 e^{j\Phi_{osc}(t)} \} \quad (33)$$

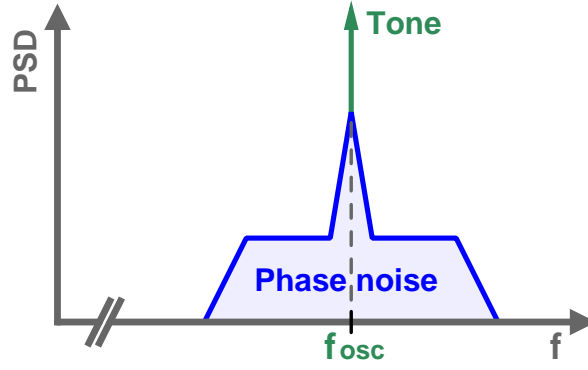


Figure 10: Effect of phase noise on frequency tone.

In an oscillator, it is desirable for phase noise to be small, and zero mean ($\mathbb{E}[\Phi_n(t)] = 0$). Using a constraint $\text{Var}[\Phi_n(t)] \ll 1$ the following approximations can be applied to determine the oscillators spectral density in terms of the phase noise component $\Phi_n(t)$.

$$V_{osc}(t) = \Re \{ A_0 e^{j\omega_{osc}t} e^{j\Phi_n(t)} \} \quad (\text{oscillator waveform}) \quad (34)$$

$$= \Re \left\{ A_0 e^{j\omega_{osc}t} \sum_{k=0}^{\infty} \frac{(j\Phi_n(t))^k}{k!} \right\} \quad (\text{apply exponential Taylor series}) \quad (35)$$

$$\approx \Re \{ A_0 e^{j\omega_{osc}t} + j\Phi_n(t) A_0 e^{j\omega_{osc}t} \} \quad (\text{truncate series at } k=1 \text{ given } \text{Var}[\Phi_n(t)] \ll 1) \quad (36)$$

$$= A_0 \cos(\omega_{osc}t) - \Phi_n(t) A_0 \sin(\omega_{osc}t) \quad (\text{taking real component}) \quad (37)$$

$$(38)$$

The result is a carrier cosine signal, and an orthogonal sine signal modulated by the phase noise Φ_n . From this, the spectral density of the phase noise relative to the carrier can be estimated. The power spectral density $S_{V_{osc}}$ is computed in equations 39-41. Due to orthogonality of the sine/cosine components of equation 37, the cross terms that appear in the PSD computation are zero.

$$S_{V_{out}}(f) = \lim_{\Delta T \rightarrow \infty} \frac{1}{\Delta T} |\mathcal{F}\{V_{out}(t) \cdot \text{rect}(t/\Delta T)\}|^2 \quad (39)$$

$$= \lim_{\Delta T \rightarrow \infty} \frac{A_0^2}{\Delta T} |\mathcal{F}\{\cos(\omega_{osc}t) \cdot \text{rect}(t/\Delta T)\}|^2 \quad (40)$$

$$+ \lim_{\Delta T \rightarrow \infty} \frac{A_0^2}{\Delta T} |\mathcal{F}\{\Phi_n(t) \cdot \text{rect}(t/\Delta T)\} * \mathcal{F}\{\sin(\omega_{osc}t) \cdot \text{rect}(t/\Delta T)\}|^2 \quad (41)$$

$$(42)$$

The noise power spectral density function of the output waveform $\mathcal{L}(\Delta f)$ is defined as the noise PSD at offset Δf from the carrier frequency f_{osc} , normalized to the carrier power. Here the PSD of the carrier component is given by equation 40, and the noise component by equation

41. Shifting equation 41 by $-\omega_{osc}$ and performing normalization for carrier power results in:

$$\mathcal{L}(\Delta f) = \lim_{\Delta T \rightarrow \infty} \frac{1}{\Delta T} |\mathcal{F}\{\Phi_n(t) \cdot \text{rect}(t/\Delta T)\}|^2 \Big|_{f=\Delta f} = S_{\Phi_n}(\Delta f) \quad (43)$$

Thus, the noise PSD $\mathcal{L}(\Delta f)$ of the PLL output waveform relative to the carrier is equal to the PSD of the phase noise signal $\Phi_n(t)$, provided $\text{Var}[\Phi_n(t)] \ll 1$. The PSD of $\Phi_n(t)$ is notated as $S_{\Phi_n}(\Delta f)$.

2.5.2 Leeson's model

Oscillator noise from thermal and stochastic sources is typically represented mathematically using Leeson's model for oscillator phase noise [13]. Leeson's model considers noise power density at an offset Δf from the oscillator tone (carrier). Noise power density is represented with the function $\mathcal{L}(\Delta f)$, which is the noise power density normalized to the power of the oscillator carrier tone, in other words in units of dBc/Hz. Leeson's model divides phase noise into three regions, illustrated in figure 11: (1) flicker-noise dominated, with a slope of -30 dB/decade, (2) white frequency-noise dominated, with -20 dB per decade, and (3) a flat region, limited by the thermal noise floor or amplitude noise. It is noted that phase noise components are at frequencies different than the carrier, hence are orthogonal, and can be treated as independent components that are added to the main oscillator tone signal for analysis.

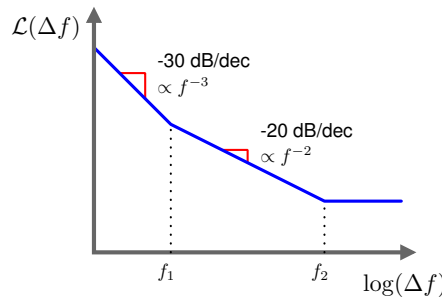


Figure 11: Phase noise regions of Leeson's model.

The equation for $\mathcal{L}(\Delta f)$ (from [14]) is in equation 44, and is dependent on temperature T , excess noise factor F , oscillator power P , oscillator Q factor, and the transition frequencies f_1 and f_2 that separate the different noise regions. It is of interest to note that the phase noise relative to the carrier will increase as power decreases, which provides challenge for creating low power oscillators with acceptable phase noise characteristics.

$$\mathcal{L}(\Delta f) = 10 \log_{10} \left[\frac{2Fk_B T}{P} \left(1 + \left(\frac{f_2}{2Q\Delta f} \right)^2 \right) \left(1 + \frac{f_1}{|\Delta f|} \right) \right] = S_{\Phi_{nDCO}}(\Delta f) \quad (44)$$

For notational consistency, the following redefinition is used in the remainder of this paper:

$$S_{\Phi_{nDCO}}(f) = \mathcal{L}(\Delta f)|_{\Delta f=f}$$

2.5.3 Phase Noise Figures of Merit

A common method to assign a figure of merit (FOM) to oscillator phase noise performance is to utilize the below relation [15]. Such a model assumes linear tradeoffs between power, frequency, and phase noise, and assumes that the rolloff of phase noise will occur with -20 dB/decade. A Lower FOM here is better.

$$\text{FOM}_{\text{pn}} = 10 \log_{10} \left(\frac{\text{Power}}{1 \text{ mW}} \cdot \left(\frac{\Delta f}{f_0} \right)^2 \right) + \mathcal{L}(\Delta f) \quad (45)$$

Another FOM applied to PLLs is provided below, based on the RMS jitter of the PLL [16]. Here, RMS jitter is used as the phase spectrum of a PLL is often more complicated than a simple oscillator, containing spurs, in-band phase noise suppression, and peaking resulting from the PLL loop filter. It should be noted that RMS jitter (in time) is tied directly to total phase noise power, as expected by Parseval's theorem [17]. Lower is better again with this FOM.

$$\text{FOM}_{\text{jitter}} = 10 \log_{10} \left(\frac{\sigma_{t_j}^2}{(1 \text{ s})^2} \cdot \frac{\text{Power}}{1 \text{ mW}} \right) \quad (46)$$

$$\sigma_{t_j}^2 = \frac{\text{Var}[\Phi_n(t)]}{\omega_0^2} \quad (47)$$

In general, a good figure of merit is arrived to be decreasing power and/or minimizing total phase noise power.

2.5.4 Ring Oscillator Phase Noise

Oscillator phase noise for ring oscillators has a well defined limit as determined by analysis of noise of ideal RC circuits [18], which is provided in equation 48. Note that his model is limited to analyzing the -20 dB/decade part of an oscillator's spectrum as seen by Leeson's model.

$$\mathcal{L}_{\min}(\Delta f) = 10 \log 10 \left(\frac{7.33 k_B T}{P} \left(\frac{f_0}{\Delta f} \right)^2 \right) \quad (48)$$

Applying this to the phase noise FOM equation 45, a limit for ring oscillator phase noise FOM is determined in equation 49.

$$\text{FOM}_{\text{jitter}}(T) = 10 \log 10 (7330 k_B T) \quad (49)$$

At 300K, it is then expected that the jitter FOM for a ring oscillator should approach -165.2 dB. An example state of art comparison figure in 12 shows clustering by oscillator type of jitter FOM calculated in various published works in [19]. It is seen the FOM value calculated from theory is close to that seen implemented hardware.

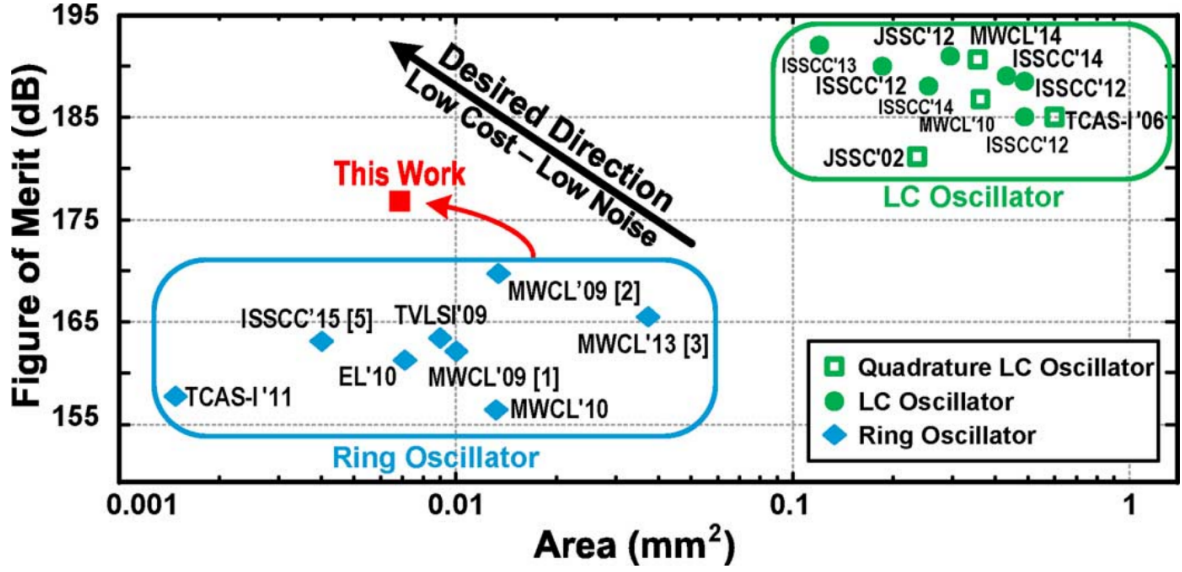


Figure 12: FOM_{jitter} of various LC and ring oscillators [19].

2.6 PLL Phase Noise

Having an understanding of PLL theory, individual PLL component characteristics, and phase noise, a model for PLL phase noise can be constructed. To begin, noise sensitivity transfer functions are defined to refer each noise source to the PLL output. Here, all noise sources have been defined as additive signal components to each PLL component output. The full system noise model is in figure 13.

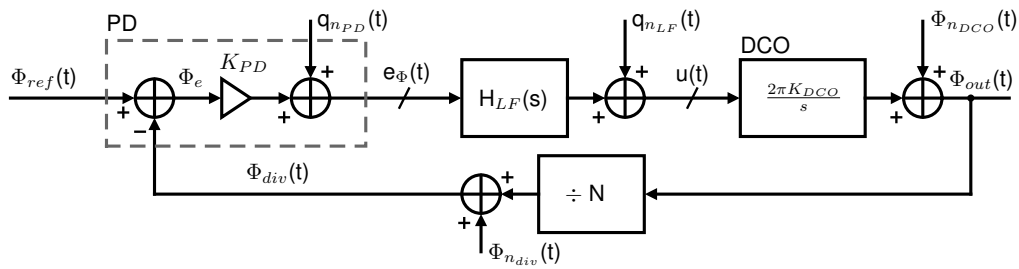


Figure 13: Full PLL additive noise model.

2.6.1 PLL Noise Transfer Functions

Following the approach of [20], a transfer function $\hat{T}(s)$ is defined in equation 50 which characterizes the normalized closed loop phase response from reference input to output of the PLL.

$L(s)$ is the PLL loop gain and $T(s)$ is the PLL closed loop transfer function.

$$\hat{T}(s) = \frac{L(s)}{1 + L(s)} \quad \text{s.t.} \quad T(s) = \frac{\Phi_{out}}{\Phi_{ref}} = N\hat{T}(s) \quad (50)$$

Solving for the closed transfer functions between each noise source ($q_{n_{BBPD}}$, $q_{n_{LF}}$, $\Phi_{n_{DCO}}$ and $\Phi_{n_{div}}$) to the output Φ_{out} in the s-domain yields equations 51-54.

$$\frac{\Phi_{out}(s)}{q_{n_{PD}}(s)} = \frac{2\pi \frac{K_{DCO}}{s} H_{LF}(s)}{1 + L(s)} = \frac{N}{K_{PD}} \frac{L(s)}{1 + L(s)} = \frac{N}{K_{PD}} \hat{T}(s) \quad (51)$$

$$\frac{\Phi_{out}(s)}{\Phi_{n_{DCO}}(s)} = \frac{1}{1 + L(s)} = 1 - \hat{T}(s) \quad (52)$$

$$\frac{\Phi_{out}(s)}{q_{n_{LF}}(s)} = \frac{2\pi \frac{K_{DCO}}{s}}{1 + L(s)} = 2\pi \frac{K_{DCO}}{s} (1 - \hat{T}(s)) \quad (53)$$

$$\frac{\Phi_{out}(s)}{\Phi_{n_{div}}(s)} = \frac{K_{BBPD} 2\pi \frac{K_{DCO}}{s} H_{LF}(s)}{1 + L(s)} = N \frac{L(s)}{1 + L(s)} = N\hat{T}(s) \quad (54)$$

2.6.2 PLL Output-referred Noise

Using the noise transfer functions, the expressions for noise power spectrum of the BBPD (equation 16) and the noise spectrum of a ring oscillator (equation 48), the PLL output phase noise spectrum of each component is determined by multiply the respective noise transfer function with the respective noise spectral density. Here it is found that the BBPD noise component out of the PLL is given in equation 55, and the oscillator component is given in equation 56. The loop filter and divider components are here ignored, as they will be shown not be relevant in this work.

$$S_{\Phi_{n_{BBPD},out}}(f) = S_{n_{BBPD}}(f) \left| \frac{\Phi_{out}(f)}{q_{n_{BBPD}}(f)} \right|^2 = \frac{(\frac{\pi}{2} - 1)}{f_{ref}} \left| \sigma_{\Phi_e} N\hat{T}(f) \right|^2 \quad (55)$$

$$S_{\Phi_{n_{DCO},out}}(f) = \mathcal{L}_{min}(f) \left| \frac{\Phi_{out}(f)}{q_{n_{DCO}}(f)} \right|^2 = \frac{7.33k_B T}{P} \left(\frac{f_0}{\Delta f} \right)^2 |1 - \hat{T}(\Delta f)|^2 \quad (56)$$

The total output noise power spectral density is given as the sum of the components, presuming independence of all noise sources. Following the results of section 2.5.1, which determined that oscillator power spectrum is equivalent to the phase noise power spectrum for zero mean phase noise with low power, the final oscillator power spectrum at Δf from the carrier is in equation

57.

$$S_{n_{PLL}}(f_{osc} + \Delta f) = S_{\Phi n_{BBPD,out}}(\Delta f) + S_{\Phi n_{DCO,out}}(\Delta f) \quad (57)$$

$$= \frac{\left(\frac{\pi}{2} - 1\right)}{f_{ref}} \left| \sigma_{\Phi_e} N \hat{T}(\Delta f) \right|^2 + \frac{7.33 k_B T}{P} \left(\frac{f_0}{\Delta f} \right)^2 |1 - \hat{T}(\Delta f)|^2 \quad (58)$$

A complexity arises in equation 57 due to the fact that the power spectrum is a function of the root mean squared (RMS) phase error, σ_{Φ_e} . σ_{Φ_e} may be calculated as equation 59. Computation of the power spectrum therefore requires derivation of a closed form solution for σ_{Φ_e} accounting for the PLL transfer function, which coupled with PLL power spectral density equation can be solved in a system of equations to result in a closed form solution of the power spectral density.

$$\sigma_{\Phi_e} = \sqrt{2 \int_0^\infty S_{n_{PLL}}(f_{osc} + \Delta f) d\Delta f} \quad (59)$$

3 Design

The primary objective in this work is to obtain a very low $100\mu\text{W}$ power consumption for a 2.448 GHz PLL frequency synthesizer, while achieving a carrier-to-noise ratio for the synthesized signal of >20 dB. Consequently, the design philosophy adhered to in this work is pursue simplicity wherever possible, in order to reduce number of sources of power draw and noise. Furthermore, this design is targeted to allow duty cycled operation to further reduce power. Thus, an all-digital architecture has been selected to enable the possibility to save the PLL state, enter an ultra-low-power sleep state, and then resume from the stored state rapidly, without requiring relocking of the PLL.

3.1 Proposed Architecture - ADPLL

The undertaken PLL architecture is in figure 14. It comprises primarily of five components: (1) counter-based phase detector for initial start up, (2) bang-bang phase detector for steady state feedback, (3) proportional-integral controller loop filter, (4) DCO implemented as a VCO plus capacitive DACs, and (5) a control and calibration engine, consisting of digital logic. The rationale for this architecture will be described in the following subsections.

3.1.1 Block diagram

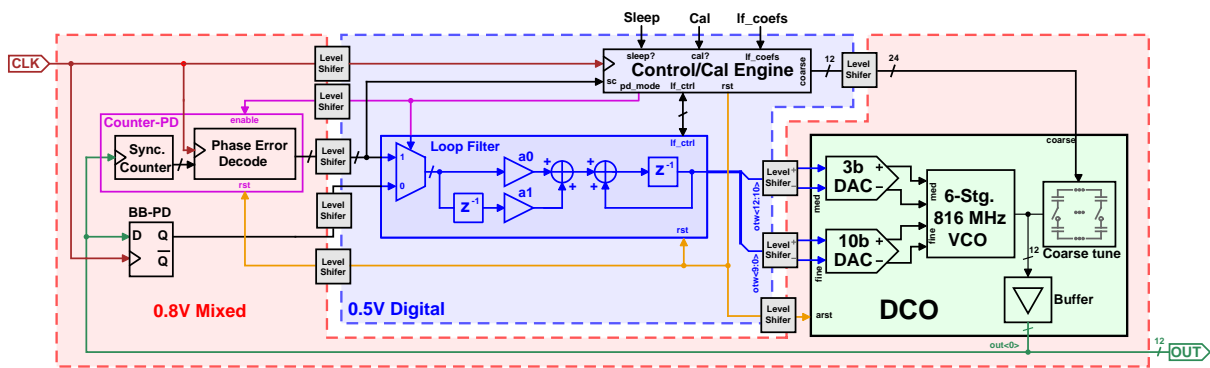


Figure 14: ADPLL Architecture.

3.1.2 Power Saving Approach

Power savings have been attempted by minimization of complexity. First, the need of a divider is removed from the design by the usage of both the counter phase detector and BBPD. For initial cold start up of the PLL from an unknown state, the counter-based phase detector functions as a low-resolution replacement for a divider and linear phase detector. When near steady state,

the counter-PD is disabled and replaced by BBPD feedback, which will maintain the PLL at steady state. The removal of a divider results in lower power consumption, and less noise added in-loop. The usage of only a BBPD in steady state further reduces power, as it is a minimum complexity phase detector. This is expected without significant performance degradation, as with proper optimization, BBPD PLLs can obtain comparable performance to linear charge-pump style PLLs [9]. Additional power improvements are obtained in the usage of digital logic to implement the loop filter, using a simple PI-controller architecture. A divided power domain approach is used here, split between (1) 0.5V for loop filter, calibration and control logic, and (2) 0.8V for the analog portions, which constitute the DCO, in addition to the phase detectors. Multiple power domains allows for reduction of the digital logic power expenditure, while allowing for sufficient voltage for proper oscillator function. The final power saving move is implemented in a DCO based on the combination of several CDACs with a voltage controlled ring oscillator. This reduces to near zero the static current draw associated with control of the VCO. The overall design is implemented with no static current paths, other than that associated with leakage, achieved by favoring static logic derived components throughout the PLL.

3.1.3 PLL Sleep Capability

A feature gained in the proposed all-digital architecture is the ability to abruptly save the state of the PLL digitally and place all unneeded components into an ultra low power sleep mode, and then later resume the PLL from the saved state. Figure 15 demonstrate such operation, where t_{l1} is the lock time from cold start, and t_{l2} is the time to relock from a resume state. It is expected that slight drift in the oscillator characteristics will occur when resuming, so the relock time will likely be nonzero. However, the relock time is substantially lower than relocking from a cold state. This functionality enables the ability to rapidly duty cycle the PLL between active and sleep states. Power consumption of the PLL is reduced by a factor that is the duty cycle which it is operated; for example, $100\mu\text{W}$ nominal power consumption with 1% duty cycle will result in $1\mu\text{W}$ average draw, which is attractive for wireless devices (particularly wake up radios).

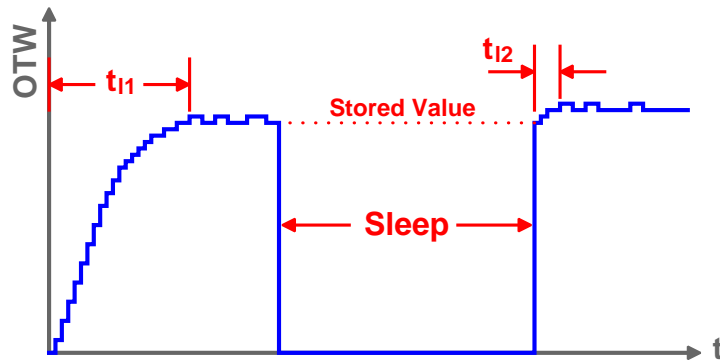


Figure 15: PLL sleep and resume operation.

3.1.4 Gear switching

The proposed digital architecture enables the ability to dynamically alter the loop filter response. This can be used to speed up lock from a cold state by using a lock time optimized filter initially, and then switch to a phase noise optimized filter after achieving initial lock. This approach is called gear switching [21], and is employed in this work by utilizing different loop filters for the start-up synchronous counter phase detector operation and the steady state BBPD operation.

3.1.5 Power budget

The below power budget was used in the design process to divide up the $100 \mu\text{W}$ allotment between the different PLL components. In order to minimize oscillator phase noise, as large of a portion was allotted to the oscillator, being 80%.

DCO	Phase detector	Digital (LF)	Other	SUM
$80 \mu\text{W}$	$10 \mu\text{W}$	$10 \mu\text{W}$	$0 \mu\text{W}$	$\leq 100 \mu\text{W}$

3.1.6 Floorplan

The below floor plan (dimensions in microns) has been devised to meet the area requirement of $< 0.01 \text{ mm}^2$. The dimensions are $60 \mu\text{m} \times 85 \mu\text{m}$, with an area of 0.0051 mm^2 .

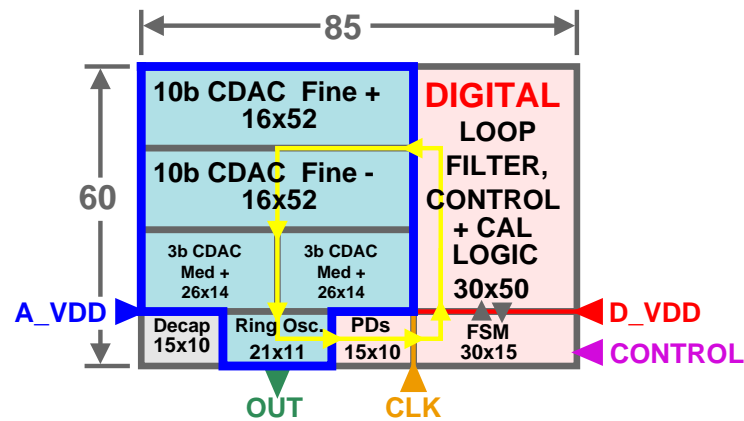


Figure 16: PLL floorplan.

3.1.7 Dividerless PLL

In the divider-based PLL theory (section 2.6.2), the derived PLL detector phase noise component (equation 55) contains a term proportional to N^2 , that is the detector noise will grow with

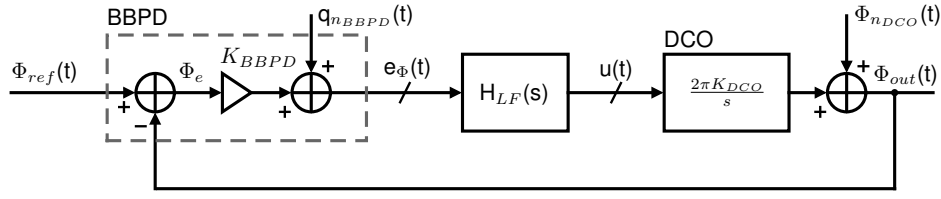


Figure 17: BBPD-PLL full noise model.

the square of the PLL divider ratio. It is, however, possible to remove this N^2 dependency by usage of oscillator sub-sampling within the PLL [22]. This is achieved by directly sampling the PLL output at a rate equivalent to the reference frequency. This is equivalent to removing the divider from the PLL loop and directly connecting the PLL output to the phase detector, which has been employed in this work (see figure 14). The removal of the divider also removes any PLL noise contributions resulting from divider jitter.

In a dividerless PLL, it must be guaranteed that the PLL frequency at the start of sub-sampling operation be within $f_{ref}/2$ of the target frequency (the PLL will lock to the nearest multiple of the reference frequency). In this work, this is achieved through sequencing at startup through two phase detectors. A synchronous counter phase detector (which emulates both a divider and phase detector) initially locks the PLL within $f_{ref}/2$ of the target frequency, after which the PLL is operated in sub-sampling bang-bang phase detector.

In accordance to the change to a dividerless operation, the PLL closed loop transfer function has been rederived in equation 60. Furthermore, new expressions for PLL output phase noise with a BBPD is given in equation 61, and PLL output oscillator noise with a ring oscillator is given in equation 62, for the noise model in figure 17. Noise due to the loop filter here is ignored, as it will be possible to adjust the loop filter datapath resolution to make digital quantization noise effects negligible.

$$T(s) = \frac{\Phi_{out}(s)}{\Phi_{ref}(s)} = \frac{2\pi K_{BBPD} K_{DCO} \sum_{j=0}^Z b_j s^j}{\sum_{k=0}^P a_k s^{k+1} + 2\pi K_{BBPD} K_{DCO} \sum_{j=0}^Z b_j s^j} = \frac{L(s)}{1 + L(s)} \quad (60)$$

$$S_{\Phi_{n_{BBPD},out}}(f) = S_{n_{BBPD}}(f) \left| \frac{\Phi_{out}(f)}{q_{n_{BBPD}}(f)} \right|^2 = \frac{\left(\frac{\pi}{2} - 1\right)}{f_{ref}} |\sigma_{\Phi_e} T(f)|^2 \quad (61)$$

$$S_{\Phi_{n_{DCO},out}}(f) = \mathcal{L}_{min}(f) \left| \frac{\Phi_{out}(f)}{q_{n_{DCO}}(f)} \right|^2 = \frac{7.33k_B T}{P} \left(\frac{f_0}{f}\right)^2 |1 - T(f)|^2 \quad (62)$$

3.2 Bang-Bang Phase Detector

A bang-bang phase detector, as introduced in section 2.4.2, can be implemented physically with a D flip-flop [23] and logic to map the logical state to a signed ± 1 value that may be passed into a digital loop filter. This is shown in figure 18.

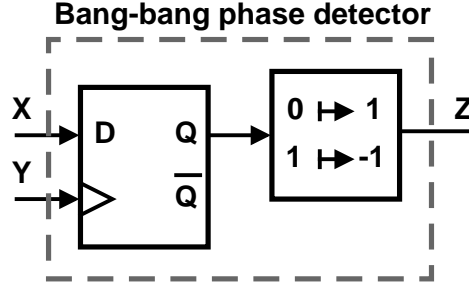


Figure 18: Bang-bang phase detector with D flip-flop.

The realization of a BBPD using a digital flip flop introduces additional noise to the system in the form of jitter. Jitter arises as an artifact of circuit and supply noise. For small time differentials between the BBPD inputs X and Y, the output can be stochastically corrupted due to the presence of noise. Furthermore, physical D flip flop implementations exhibit set-up and hold time requirements for data to be stable (to allow internal nodes to settle), so deterministic corruption of phase detection can be imparted if the inputs violate physical timing requirements. These sources of corruption cause BB-PD transfer characteristics in terms of output expectation, $\mathbb{E}[Z]$, with respect to input timing difference Δt_{XY} to deviate from an ideal step response, demonstrated in figure 19. Analytically, the corruption of the transfer characteristic can be viewed as being caused by an additive phase noise component before the signum operation in the BBPD, as shown in figure 20a. The expectation $\mathbb{E}[Z(\Delta t_{XY})]$ acts as a cumulative distribution function (CDF) for this phase noise component. Thus, differentiation of $\mathbb{E}[Z(\Delta t_{XY})]$ results in a probability distribution function (PDF) $P(T=\Delta t_{xy})$ of this phase noise signal. Statistical analysis of variance of the PDF provides an RMS value for timing jitter of this additive noise source, $\sqrt{\text{Var}[T]} = \sigma_{t,j}$. The RMS timing jitter may be converted to RMS phase error of the noise source as $\sigma_{\Phi_j} = 2\pi f_{osc} \sigma_{t,j}$. This analysis approach is applied in this work to evaluate BBPD performance.

With a model for BBPD noise due to implementation non-idealities, a modified linearized model for the BBPD will be established here. This model will reconcile the ideal BBPD noise introduced in section 2.4.3 with the noise due to the new additive jitter component just described. First, a component representing the non-ideal jitter component, Φ_j , is added into noise model from figure 17. The result is the linearized model of figure 20b. We then define a modified phase error, $\hat{\Phi}_e$, which includes the nominal Φ_e and the jitter corruption:

$$\hat{\Phi}_e = \Phi_e + \Phi_j. \quad (63)$$

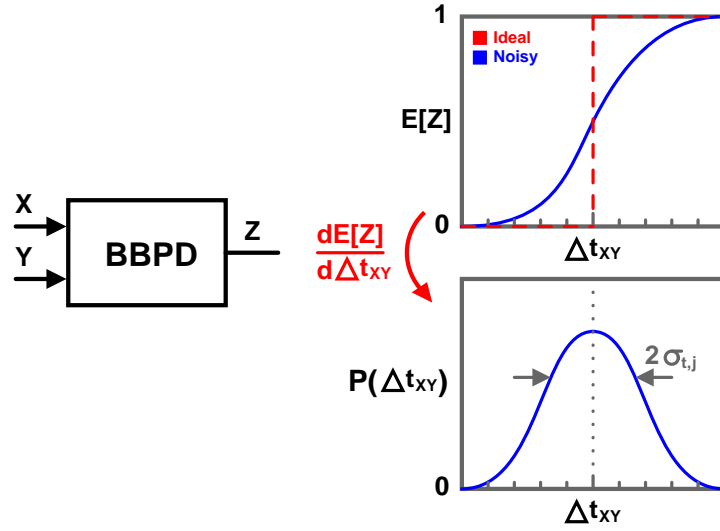


Figure 19: BBPD output expectation and jitter PDF versus input time differential.

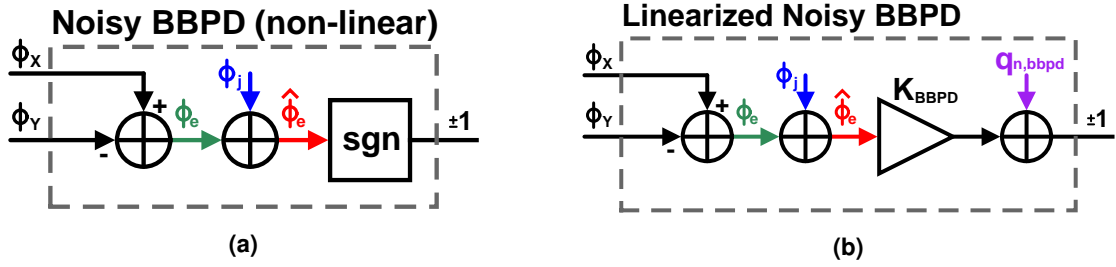


Figure 20: (a) Noisy BBPD nonlinear model (b) Noisy BBPD linearized model

$\hat{\Phi}_e$ has a variance defined as $\sigma_{\hat{\Phi}_e}^2 = \sigma_{\Phi_e}^2 + \sigma_{\Phi_j}^2$, assuming Φ_e and Φ_j are uncorrelated. Defining BBPD gain in terms of $\sigma_{\hat{\Phi}_e}$:

$$K_{BBPD} = \sqrt{\frac{2}{\pi}} \cdot \frac{1}{\sigma_{\hat{\Phi}_e}} = \sqrt{\frac{2}{\pi}} \cdot \frac{1}{\sqrt{\sigma_{\Phi_e}^2 + \sigma_{\Phi_j}^2}} \quad (64)$$

It is then observed that the output Z is valued ± 1 , thus its power is always $\sigma_Z^2=1$. Furthermore:

$$\sigma_Z^2 = 1 = K_{BBPD}^2(\sigma_{\Phi_e}^2 + \sigma_{\Phi_j}^2) + \sigma_{q_n, BBPD}^2 \quad (65)$$

As determined in section 2.4.3, it is inherent that $\sigma_{q_n, BBPD}^2 = 1 - \frac{2}{\pi}$. If the total output noise

$$\sigma_{\phi_n, BBPD}^2 = \sigma_{q_n, BBPD}^2 + K_{BBPD}^2 \sigma_{\Phi_j}^2 = 1 - \frac{2}{\pi} \frac{\sigma_{\Phi_e}^2}{\sigma_{\Phi_j}^2 + \sigma_{\Phi_e}^2} \quad (66)$$

If the BB-PD is connected directly to oscillator output, $\sigma_{\Phi_e}^2 = \sigma_{\Phi_n}^2$, i.e. the PLL output phase noise. The spectral density of the BB-PD phase noise is then:

$$S_{\phi_n, BBPD} = \frac{\sigma_{\phi_n, BBPD}^2}{f_{ref}} = \frac{1 - \frac{2}{\pi} \frac{\sigma_{\Phi_n}^2}{\sigma_{\Phi_j}^2 + \sigma_{\Phi_n}^2}}{f_{ref}} \quad (67)$$

$$S_{\Phi_{n_{BBPD,out}}}(f) = S_{n_{BBPD}}(f) \left| \frac{\Phi_{out}(f)}{q_{n_{BBPD}}(f)} \right|^2 = \frac{\frac{\pi}{2}(\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2) - \sigma_{\phi_n}^2}{f_{ref}} |T(f)|^2 \quad (68)$$

3.2.1 Circuit

The physical implementation of the bang-bang phase detector has been selected to utilize a true single phase clock (TSPC) D-flip flop [24]. The positive-edge triggered variant of this circuit has been implemented as shown in figure 21. Selection of this topology was based on the desire for the usage of a single ended clock as a reference signal.

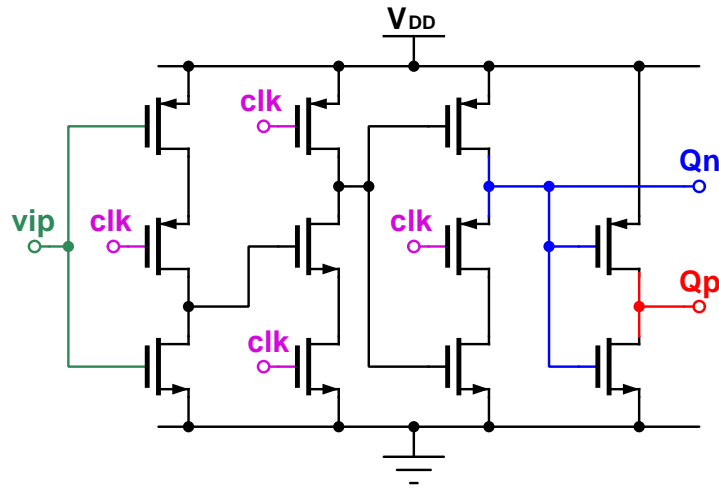


Figure 21: True single-phase clock (TSPC) D flip-flop, positive edge triggered.

This TSPC design was validated in simulation with RVT devices with all devices set with $(W/L) = \{100n/20n, 200n/20n\}$, and with supply voltages of 0.5 and 0.8 volts. Results for jitter PDF are in figure 22, and the RMS jitter and power consumption are in table 2. For implementation $(W/L) = 100n/20n$ was selected for all devices, as to ensure that the budgeted power of $10 \mu W$ is met with layout parasitics.

(W/L)	Supply [V]	RMS jitter [ps]	Power [μW]
100n/20n	0.5	6.01	1.64
100n/20n	0.8	0.832	3.942
200n/20n	0.5	1.776	2.215
200n/20n	0.8	0.496	4.591

Table 2: Schematic simulation of TSPC DFF.

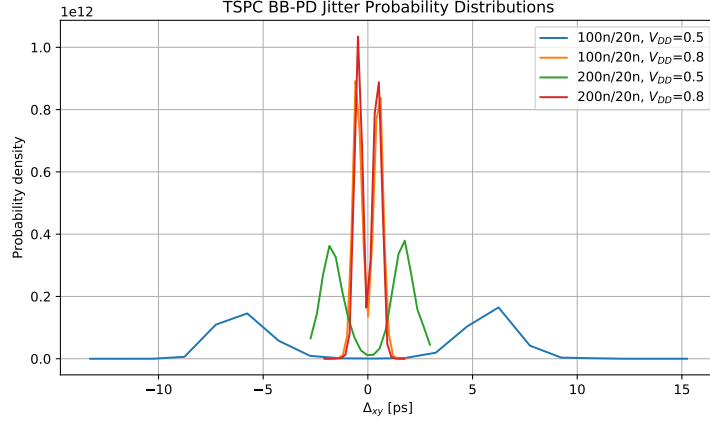


Figure 22: Jitter PDF from simulated TSPC DFFs.

3.3 Loop Filter

For selection of a loop filter, some basic criteria have been selected for desirable synthesizer behavior:

- ① Zero steady state error, for accuracy of the synthesized frequency.
- ② Minimize complexity of implemented logic (i.e. minimize the number of loop filter poles and zeros).
- ③ Low pass response of PLL in closed-loop.

From this author's previous work [1], it was established that the pole-zero filter satisfying these requirements is a proportional-integral controller.

3.3.1 Proportional-integral Loop Filter

A proportional-integral controller [25] is given in equation 69, containing an proportional gain term K_p , and an integral gain term K_i . This can be optionally represented using a pole at zero and a zero with $\omega_z = K_i/K_p$:

$$H_{LF}(s) = K_p + \frac{K_i}{s} = \frac{K_i}{s} \left(\frac{s}{\omega_z} + 1 \right) \quad (69)$$

Substitution of this controller into the PLL closed loop transfer function (equation 60) results in:

$$T(s) = \frac{\Phi_{out}(s)}{\Phi_{ref}(s)} = \frac{2\pi K_{BBPD} K_{DCO} K_i \left(\frac{s}{\omega_z} + 1 \right)}{s^2 + 2\pi K_{BBPD} K_{DCO} K_i \left(\frac{s}{\omega_z} + 1 \right)} \quad (70)$$

3.3.2 Optimal Filter Selection

Optimization of loop filter will be attempted to minimizing the total integrated phase noise power out of the PLL, while keeping the filter bandwidth low enough to achieve satisfactory oversampling for acceptable performance. A limit of loop bandwidth $BW_{loop} = 0.1 f_{ref}$ is employed here, which is a figure commonly cited in PLL literature from [26]. Lower degrees of oversampling lead to deviations between continuous PLL models and real sampled-PLL performance.

First, some mathematical simplifications of the PLL model are introduced. Rewriting equation 70 with substitutions $\omega_z = K_i/K_p$ and $K = 2\pi K_{BBPD}K_{DCO}K_i$:

$$T(s) = \frac{\Phi_{out}(s)}{\Phi_{ref}(s)} = \frac{s \frac{K}{\omega_z} + K}{s^2 + s \frac{K}{\omega_z} + K} \quad (71)$$

The denominator can be redefined in terms of a natural frequency ω_n and damping ratio ζ :

$$s^2 + s \frac{K}{\omega_z} + K = s^2 + s2\zeta\omega_n + \omega_n^2 \quad (72)$$

Thus, $\omega_n = \sqrt{K}$, and $\omega_z = \sqrt{K}/2\zeta$. The poles of equation 71 are then located at $s = \zeta\sqrt{K} \pm j\sqrt{K}\sqrt{1-\zeta^2}$. The time constant of the PLL is obtained from the real portion of the dominant pole in equation 71:

$$\tau = \frac{1}{|\min(\Re(\{s_{p1}, s_{p2}\}))|} \quad (73)$$

It is of interest to minimize settling time of the PLL (i.e. time constant), thus maximizing the frequency of the dominant pole of the PLL is of interest. In the pole-zero plot of figure 23, the dominant pole of equation 71 is observed to be maximized with $\zeta = 1$ (loci are oriented based on increasing ζ values). Citing Razavi [6], ζ is typically "chosen to be $> \sqrt{2}/2$ or even 1 to avoid excessive ringing." According it has been chosen to fix $\zeta = 1$ for the PI-controller.

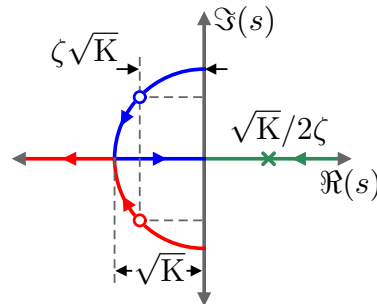


Figure 23: PI-controller PLL pole-zero locations.

With ζ is constrained to 1, the final simplified PLL closed loop transfer function is in equation

74. The form of this equation is favorable for integration, due to the selection of $\zeta=1$.

$$T(s) = \frac{2\sqrt{K}s + K}{s^2 + 2\sqrt{K}s + K} \quad (74)$$

Now, the PLL output referred noise power of the oscillator and BBPD may be calculated. First, if the PLL-less oscillator is defined as equation 75, where $S_{0_{osc}}$ is defined as the oscillator spectral density at 1 Hz frequency offset from the carrier.

$$\mathcal{L}(f) = \frac{S_{0_{osc}}}{f^2} \quad (75)$$

The PLL output spectrum is then computed as:

$$S_{\Phi_{n_{DCO},out}}(f) = \frac{S_{0_{osc}}}{f^2} |1 - T(f)|^2 \quad (76)$$

Now, $|1 - T(f)|^2$ is found to be after much simplification:

$$|1 - T(f)|^2 = \frac{f^4}{\left(f^2 + \frac{K}{(2\pi)^2}\right)^2} \quad (77)$$

Thus, re-evaluating equation 76 yields:

$$S_{\Phi_{n_{DCO},out}}(f) = S_{0_{osc}} \frac{f^2}{\left(f^2 + \frac{K}{(2\pi)^2}\right)^2} \quad (78)$$

The total PLL phase noise power associated with the oscillator, $\sigma_{\Phi_{n,DCO}}^2$ is achieved by integrating equation 78 with respect to frequency.

$$\sigma_{\Phi_{n,DCO}}^2 = \int_{-\infty}^{\infty} S_{\Phi_{n_{DCO},out}}(f) df = S_{0_{osc}} \int_{-\infty}^{\infty} \frac{f^2}{\left(f^2 + \frac{K}{(2\pi)^2}\right)^2} df \quad (79)$$

$$= S_{0_{osc}} \frac{\pi^2}{\sqrt{K}} \quad (80)$$

Next, the total BBPD noise at the PLL output is computed. The expression for BBPD noise density in equation 68 will be used, and for which $|T(f)|^2$ must be computed. This is:

$$|T(f)|^2 = \frac{4 \frac{K}{(2\pi)^2} f^2 + \frac{K^2}{(2\pi)^4}}{\left(f^2 + \frac{K}{(2\pi)^2}\right)^2} \quad (81)$$

The resulting BBPD spectral density equation is:

$$S_{\Phi_{n,BBPD,out}}(f) = \frac{\frac{\pi}{2}(\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2) - \sigma_{\phi_n}^2}{f_{ref}} |T(f)|^2 \quad (82)$$

$$= \frac{\frac{\pi}{2}(\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2) - \sigma_{\phi_n}^2}{f_{ref}} \cdot \frac{4 \frac{K}{(2\pi)^2} f^2 + \frac{K^2}{(2\pi)^4}}{\left(f^2 + \frac{K}{(2\pi)^2}\right)^2} \quad (83)$$

The total PLL phase noise power associated with the BBPD, $\sigma_{\Phi_{n,BBPD}}^2$ is achieved by integrating equation 82 with respect to frequency:

$$\sigma_{\Phi_{n,BBPD}}^2 = \frac{\frac{\pi}{2}(\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2) - \sigma_{\phi_n}^2}{f_{ref}} \int_{-\infty}^{\infty} \frac{4 \frac{K}{(2\pi)^2} f^2 + \frac{K^2}{(2\pi)^4}}{\left(f^2 + \frac{K}{(2\pi)^2}\right)^2} df \quad (84)$$

$$= \frac{5\sqrt{K}}{4f_{ref}} \cdot \left[\frac{\pi}{2}(\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2) - \sigma_{\phi_n}^2 \right] \quad (85)$$

The total noise out of the PLL is therefore the sum of $\sigma_{\Phi_{n,BBPD}}^2$ and $\sigma_{\Phi_{n,DCO}}^2$:

$$\sigma_{\phi_n}^2 = \sigma_{\Phi_{n,DCO}}^2 + \sigma_{\Phi_{n,BBPD}}^2 = S_{0_{osc}} \frac{\pi^2}{\sqrt{K}} + \frac{5\sqrt{K}}{4f_{ref}} \cdot \left[\frac{\pi}{2}(\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2) - \sigma_{\phi_n}^2 \right] \quad (86)$$

Reorganization of equation 86 in terms of $\sigma_{\phi_n}^2$ yields:

$$\sigma_{\phi_n}^2 = \frac{S_{0_{osc}} \frac{\pi^2}{\sqrt{K}} + \frac{5\pi\sqrt{K}}{8f_{ref}} \sigma_{\phi_j}^2}{1 - \frac{5\sqrt{K}}{4f_{ref}} \left(\frac{\pi}{2} - 1\right)} \quad (87)$$

In the special case of an ideal BBPD where $\sigma_{\phi_j}^2 = 0$, the optimal value of K that minimizes total phase noise can be determined by solving for $d\sigma_{\phi_n}^2/dK = 0$, yielding:

$$K_{opt} = \left(\frac{4}{5} \cdot \frac{f_{ref}}{\pi - 2} \right)^2 \quad (88)$$

The corresponding optimal value of $\sigma_{\phi_n}^2$ is in equation 89. This should be the absolute best case achievable with a BBPD PLL with a PI-controller. For this design, with $80\mu\text{W}$ oscillator power at 2.448 GHz, 16 MHz reference, and 300K ambient temperature, the theoretical best attainable phase noise is $\sigma_{\phi_{n,opt}}^2 = 0.004$, or a CNR of 24 dB, above the desired 20 dB. Therefore, the current design targets are feasible.

$$\sigma_{\phi_{n,opt}}^2 = \frac{5\pi^2 S_{0_{osc}}}{f_{ref}} \left(\frac{\pi}{2} - 1 \right) \quad (89)$$

In the presence of a non-ideal phase detector having phase noise power $\sigma_{\phi_j}^2 = (2\pi f_{osc})^2 \sigma_{t_j}^2$, the optimal value K that minimizes phase noise is obtained as the root of $d\sigma_{\phi_n}^2/dK = 0$ in equation 90. The obtained result for K_{opt} may be substituted into equation 87 to determine the total noise power $\sigma_{\phi_n}^2$.

$$K_{opt} = \left[\frac{S_{0_{osc}} \pi (\pi - 2)}{\sigma_{\phi_j}^2} - \sqrt{\frac{S_{0_{osc}}^2 \pi^2 (\pi - 2)^2}{\sigma_{\phi_j}^4} + \frac{S_{0_{osc}} 8\pi f_{ref}}{5\sigma_{\phi_j}^2}} \right]^2 \quad (90)$$

The parameter of K has a direct relationship to the closed loop bandwidth BW_{loop} of the PLL, which is determined by solving $|T(f)|^2 = 0.5$. The result is given in equation 91.

$$BW_{loop} = \frac{1}{2\pi} \sqrt{K} \sqrt{3 + \sqrt{10}} \quad (91)$$

As mentioned before, it is advisable to observe a limit of loop bandwidth $BW_{loop} = 0.1 f_{ref}$. The coefficient α is defined here now to describe the loop bandwidth-reference frequency ratio, where $BW_{loop} = \alpha f_{ref}$. Interestingly, solving the system of equations given by equation 88 and equation 91 provides an ideal ratio of BW_{loop} and f_{ref} , being $\alpha=0.28$, which exceeds the rule of thumb $\alpha=0.1$. Thus, in the case that α must be constrained for sampling reasons, equation 92 is found to determine K . Thus with a 16 MHz reference, and $\alpha=1$, $K = 1.64 \times 10^{13}$.

$$K_\alpha = \frac{(2\pi\alpha f_{ref})^2}{3 + \sqrt{10}} \quad (92)$$

It is best to be as near to the optimal value of α as possible. Figure 24 demonstrates the effect of α on the phase noise power (normalized to the optimal value). It is seen that the total phase noise asymptotically grows to infinity as α approaches 0 and 0.55. In the case of $\alpha=0.1$, the phase noise is expected to be 1.69 times the optimal value, resulting in a 2.3 dB degradation from optimal, implying that the best case CNR is 21.7 dB with 80 μ W oscillator power at 2.448 GHz, 16 MHz reference, and 300K ambient temperature.

It is possible to derive a constraint for BBPD jitter $\sigma_{\phi_j}^2$ in terms of α and a target $\sigma_{\phi_n}^2$ (i.e. CNR value), which allows for the performance specification for the physical BBPD to be set. Equation 93 defines the maximum allowable phase noise power due to BBPD jitter, and equation 94 defines the maximum RMS timing jitter of the same detector. In the case of 2.448 GHz operation, with 20 dB of CNR, and $\alpha = 0.1$, the maximum allowable RMS BBPD jitter is $\sigma_{t_j} = 4.75$ ps.

$$\sigma_{\phi_j}^2 \leq \sigma_{\phi_n}^2 \left[\frac{4\sqrt{3 + \sqrt{10}}}{5\pi^2\alpha} + \frac{2}{\pi} - 1 \right] - \frac{2S_{0_{osc}}(3 + \sqrt{10})}{5\pi\alpha^2 f_{ref}} \quad (93)$$

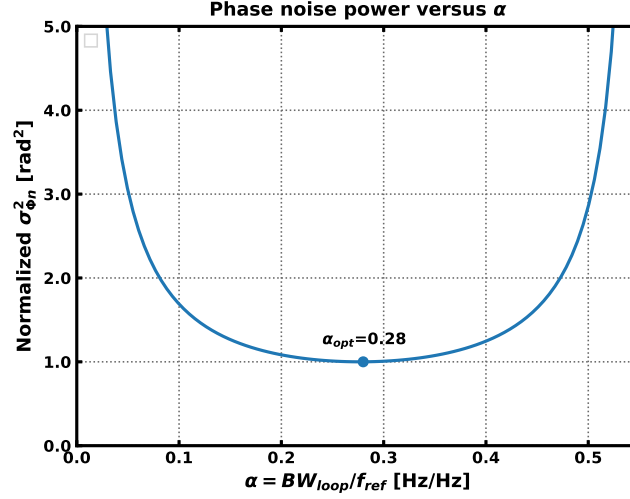


Figure 24: Phase noise power (normalized) versus α .

$$\sigma_{t_j} \leq \frac{1}{2\pi f_{osc}} \sqrt{\sigma_{\phi_n}^2 \left[\frac{4\sqrt{3+\sqrt{10}}}{5\pi^2\alpha} + \frac{2}{\pi} - 1 \right] - \frac{2S_{0_{osc}}(3+\sqrt{10})}{5\pi\alpha^2 f_{ref}}} \quad (94)$$

Now with theory in place to optimize PLL performance, mapping of the optimal parameter K onto the loop filter of equation 69 will be considered. Recall that $\omega_z = K_i/K_p = \sqrt{K}/2\zeta$ and $K = 2\pi K_{BBPD}K_{DCO}K_i$. The parameters K_i , K_p , and ω_z are thus provided in equations 95-97.

$$\omega_z = \frac{\sqrt{K}}{2} \quad (95)$$

$$K_p = \frac{\sqrt{K}}{\pi K_{BBPD}K_{DCO}} = \frac{\sqrt{K} \sqrt{\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2}}{\sqrt{2\pi} K_{DCO}} \quad (96)$$

$$K_i = \frac{K}{2\pi K_{BBPD}K_{DCO}} = \frac{K \sqrt{\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2}}{2\sqrt{2\pi} K_{DCO}} \quad (97)$$

3.3.3 Filter Design for Synchronous counter

As gear-switching is intended to be used in this work, a separate loop filter will be calculated that is optimized for settling time (i.e. lock time) with the synchronous counter phase detector during initial start up. It was determined in the previous section that the poles of the PI-PLL occur at $s = \zeta\sqrt{K} \pm j\sqrt{K}\sqrt{1-\zeta^2}$, as a conjugate pair. Taking the real portion (same for both) provides for the value of the PLL time constant:

$$\tau = \frac{1}{|\min(\Re(\{s_{p1}, s_{p2}\}))|} = \frac{1}{\zeta\sqrt{K}} \quad (98)$$

If δ is considered that fraction of the initial frequency error during the lock process that may be achieved for lock, then the PLL lock time is given by equation 99. δ can be also stated in terms of initial frequency error Δf , and the frequency tolerance from steady state f_{tol} that is considered to be in lock for a given application.

$$t_s = \frac{-\ln(\delta)}{\zeta\sqrt{K}} = \frac{-\ln\left(\frac{f_{tol}}{|\Delta f|}\right)}{\zeta\sqrt{K}} \quad (99)$$

It is observed that lock time is decreased by increasing the value of both ζ and K . Again, the constraint $\zeta=1$ due to its favorable characteristics. Thus, it is of interest here to maximize the value of K . It is seen that in equation 91 $K \propto BW_{loop}^2$, thus loop bandwidth should be maximized. Again defining a constraint between loop bandwidth and reference frequency of $\alpha = BW_{loop}/f_{ref}$, equation 92 can be used to determine the optimal selection of K for a given α and f_{ref} . Plugging this into equation 99 yields equation 100.

$$t_s = \frac{-\sqrt{3 + \sqrt{10}} \ln\left(\frac{f_{tol}}{|\Delta f|}\right)}{2\pi\alpha f_{ref}} \quad (100)$$

Now, these defined filters parameters will be translated into a filter design. Again, the definitions $K = 2\pi K_{PD} K_{DCO} K_i$ and $\omega_z = K_i/K_p$ are used. A detector gain K_{PD} must be defined first for the synchronous counter. Since the synchronous counter counts cycles, it in effects converts 2π of phase into an increment of count of 1. Thus the gain is:

$$K_{PD} = \frac{1}{2\pi} \quad (101)$$

The parameters K_i , K_p and ω_z are then solved for, to result in equations 102 to 104.

$$K_p = \frac{4\pi\alpha f_{ref}}{\sqrt{3 + \sqrt{10}} K_{DCO}} \quad (102)$$

$$K_i = \frac{(2\pi\alpha f_{ref})^2}{(3 + \sqrt{10}) K_{DCO}} \quad (103)$$

$$\omega_z = \frac{\pi\alpha f_{ref}}{\sqrt{3 + \sqrt{10}} K_{DCO}} \quad (104)$$

3.3.4 PI-controller phase margin

The PI-PLL architecture of this work has a phase margin determined by the damping ratio ζ , given by equation 105. Figure 25 shows phase margin versus $0 \leq \zeta \leq 1$ of the PI-controller PLL. It is recommended to use at least 30-60 degrees in phase margin to achieve stability [27]. In this work, $\zeta = 1$ has been used, so a phase margin of 76 degrees is expected, and accordingly

stability should be expected.

$$\angle L(\omega_{ug}) = \frac{180}{2\pi} \arctan \left(2\zeta \sqrt{2\zeta^2 + \sqrt{4\zeta^4 + 1}} \right) \quad [\text{degrees}] \quad (105)$$

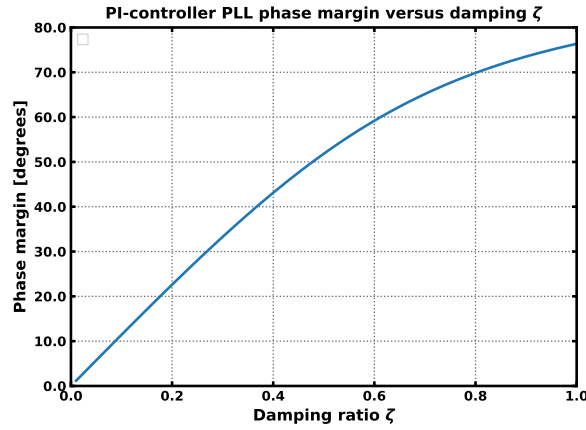


Figure 25: PI-controller PLL phase margin versus damping ratio.

3.3.5 Discretization of Loop Filter

Using the continuous filter discretization approach described in section 2.4.6 on the loop filter of equation 69 results in equation 106.

$$H_{LF}(z) = \frac{K_i}{s} \left(\frac{s}{\omega_z} + 1 \right) \bigg|_{s=\frac{1}{\Delta T_s}(1-z^{-1})} = K_p \frac{(1 + \omega_z \Delta T_s) - z^{-1}}{1 - z^{-2}} \quad (106)$$

The transformation of equation 106 into a digitally implementable design as a direct form 1 IIR filter shown in figure 26. Its filter coefficients given by equations 109 and 110.

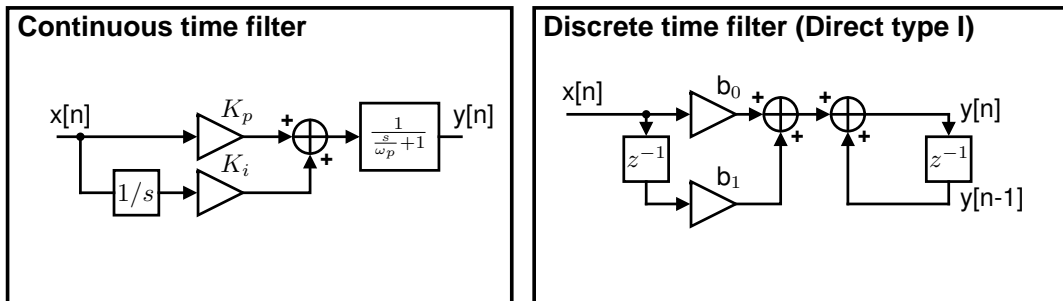


Figure 26: Implementation of filter.

$$b_0 = K_p(1 + \omega_z \Delta T_s) \quad (107)$$

$$b_1 = -K_p \quad (108)$$

In the case of a BBPD PLL:

$$b_0 = \frac{\sqrt{K} \sqrt{\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2}}{\sqrt{2\pi} K_{DCO}} \left(1 + \frac{\sqrt{K}}{2f_{ref}} \right) \quad (109)$$

$$b_1 = -\frac{\sqrt{K} \sqrt{\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2}}{\sqrt{2\pi} K_{DCO}} \quad (110)$$

If design of the PLL is with fixed target for $\sigma_{\phi_n}^2$ (CNR), has a known $\sigma_{\phi_j}^2$ for the BBPD, and α is selected to be constant (i.e. 0.1), the filter coefficients may be calculated as in equations 111 and 112.

$$b_0 = \frac{\alpha f_{ref} \sqrt{2\pi} \sqrt{\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2}}{\sqrt{3 + \sqrt{10}} K_{DCO}} \left(1 + \frac{\pi \alpha}{\sqrt{3 + \sqrt{10}}} \right) \quad (111)$$

$$b_1 = -\frac{\alpha f_{ref} \sqrt{2\pi} \sqrt{\sigma_{\phi_j}^2 + \sigma_{\phi_n}^2}}{\sqrt{3 + \sqrt{10}} K_{DCO}} \quad (112)$$

3.3.6 Implementation

The filter has been chosen to be implemented with separate parts to implement the feedforward parts for each phase detector of the PI-controller, but with a common integrator at the output, as shown in figure 27. This approach to reduce power in steady state operation (using the BBPD). The rationale is that the synchronous counter is a linear detector, thus requires multipliers in the datapath to implement the filter, whereas the BBPD only outputs two values (+1 and -1), so the multipliers can be replaced with multiplexers that select between two sets of possible products ($\pm b_0$ and $\pm b_1$) depending on the input. It is lower energy to operate a multiplexer than an array multiplier due to substantially lower complexity of logic, so the usage of two multiplexers in steady to implement the multipliers will result in substantial power savings. The usage of a common integrator used in both detector modes allows for seamless continuity of output value during transition between detector modes.

The computed filter coefficients $\{b_0, b_1\}$ for the PLL must be digitized into finite length signed two's complement words. A two's complement data word contains one sign bit, and variable number of bits representing the integer and fractional portions of the encoded number. The author of this work has previously devised a method [1] for automatically computing the number of bits required to represent a filter in PLL. First, the selection of number of integer bits

int_bits is determined by considering the integer part of the discrete filter coefficients. If the integer portions of the filter coefficients $\{b_0, b_1\}$ are divided into positive and negative valued sets pos_ints and neg_ints, is therefore given in equation 115. Computation of the fractional portion is more complicated, and is based on reducing the quantization noise floor of the loop filter below other noise components of the PLL. The PLL design framework from [1] will be used in this work for determining the minimum digitized representation size of filter coefficients.

$$\text{pos_int_bits} = \lfloor \log_2 (\max(|\text{pos_ints}|)) \rfloor + 1 \quad (113)$$

$$\text{neg_int_bits} = \lceil \log_2 (\max(|\text{neg_ints}|)) \rceil \quad (114)$$

$$\text{int_bits} = \max(\{\text{pos_int_bits}, \text{neg_int_bits}\}) \quad (115)$$

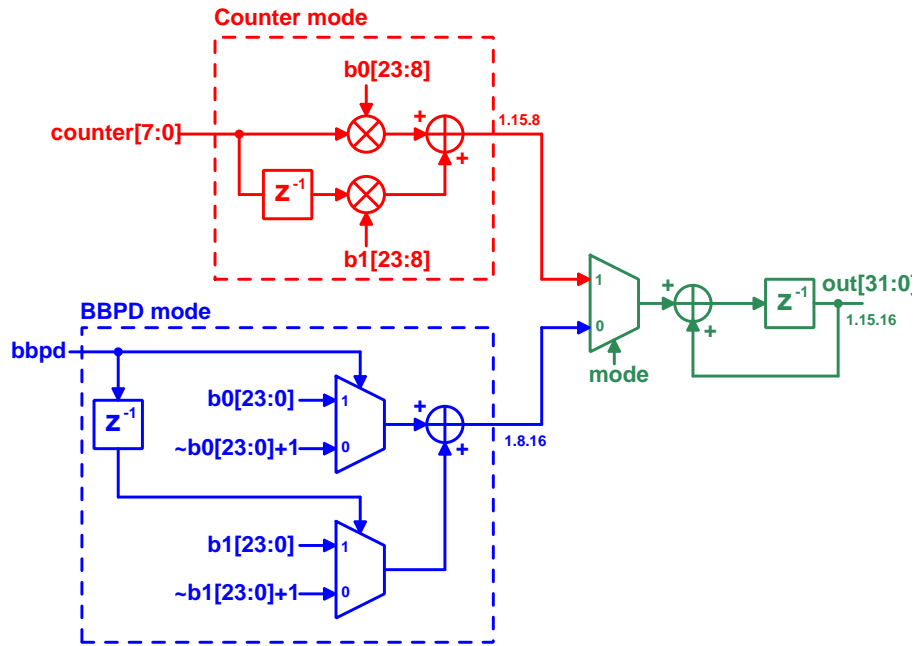


Figure 27: PI-controller implementation for combination of BBPD and synchronous counter usage.

3.3.7 Behavioral Verification of PLL Design

Need to rerun this... It is observed that the fast lock gear converges the PLL to steady state in approximately $X \mu s$ as seen in the transient step simulation in figures 28a and 28b, where an initial frequency error of $X\%$ (X MHz) is used. Figure 29a shows the output of the SC and BBPD, it is seen that BBPD feedback has a high density at approximately $X \mu s$, implicating steady state conditions. Finally, the computed phase noise spectrum is in figure 29b.

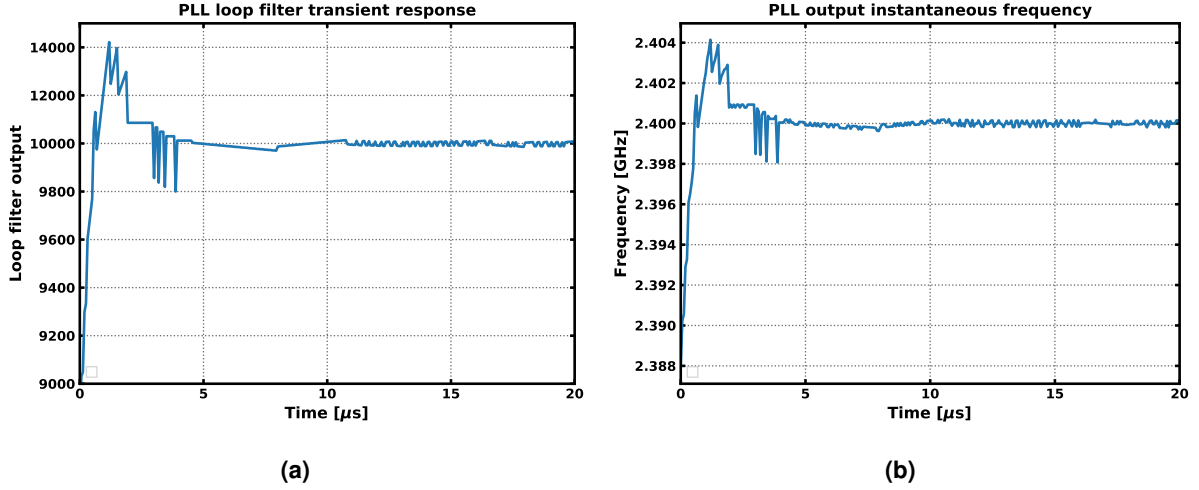


Figure 28: Simulation with 0.5% initial frequency error: (a) Loop filter transient response, (b) PLL output instantaneous frequency.

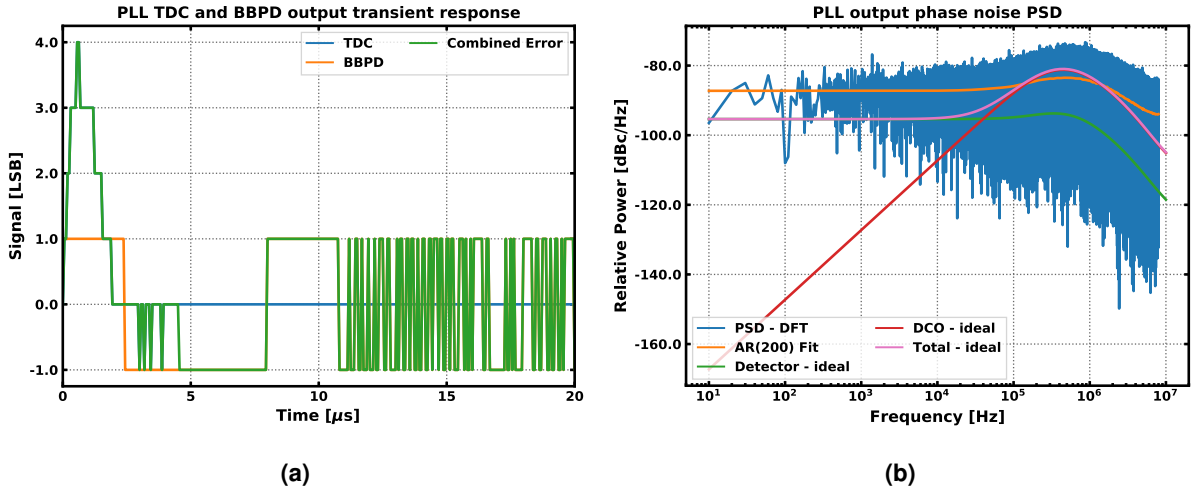


Figure 29: Simulation with 12 MHz (0.5%) initial frequency error: (a) BBPD/TDC detector responses, (b) PLL output phase noise power spectrum.

Figures 30a and 30b demonstrate a variational simulation of the PLL using Monte-Carlo sampling, with 1000 samples. The simulation was configured to vary K_{DCO} with a standard deviation of X % of the nominal value, and to vary the initial starting frequency with a standard deviation of X MHz (X % of the final frequency). It was observed that the PLL stably locked for all simulation instances, a mean lock time of X μ s was achieved. This value correlates well with the estimate of X μ s from the filter design process. The upper bound for a 99% confidence interval of lock time is X μ s, thus meeting the X μ s lock time specification with considerable margin. The extracted PLL performance parameters from these simulations of this gear-switching PLL is in table 3.

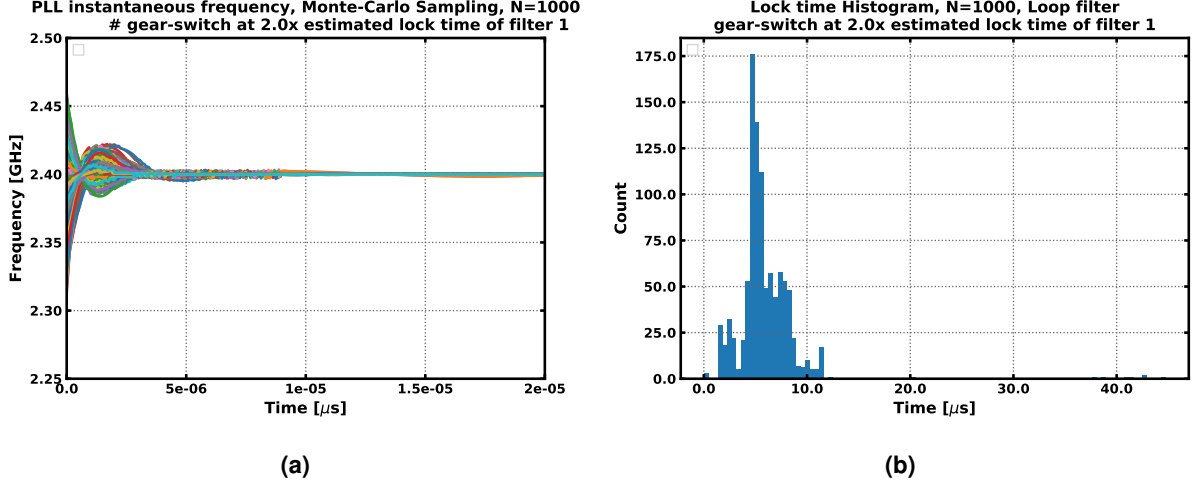


Figure 30: Monte-Carlo simulation with 1000 samples, 20% RMS deviation in KDCO, and 60 MHz (2.5%) RMS deviation in initial frequency error (a) Frequency transient responses, (b) Lock time histogram.

Parameter	Value	Unit
Mean lock time	X	μ s
Lock time σ	X	μ s
Lock time 99 % CI upper bound	X	μ s
Residual phase modulation	$X \times 10^{-X}$	rad ²

Table 3: PLL parameters extracted from variance and parameter sweep simulations.

3.4 Emergent Bang-Bang PLL Phase Noise

Since the output of BBPD is quantized to ± 1 , the use of a PI loop filter architecture results in only 4 possible values that node **x** can be valued as shown in the simplified BBPD-PLL model of figure 31. These are $\lfloor b_0 + b_1 \rfloor$, $\lfloor b_0 - b_1 \rfloor$, $\lfloor -b_0 + b_1 \rfloor$, $\lfloor -b_0 - b_1 \rfloor$. The result of this is the loop filter output **u** must increment by one of these four values every reference cycle.

The worst case scenario of this is the BBPD outputting an alternating sequence of +1/-1/+1/-1... , for which the output will toggle between $\lfloor b_0 - b_1 \rfloor$ and $\lfloor -b_0 + b_1 \rfloor$. In terms of frequency, the output will shift up and down by $K_{DCO} \lfloor b_0 - b_1 \rfloor$ and $\lfloor -b_0 + b_1 \rfloor$ every other cycle, which

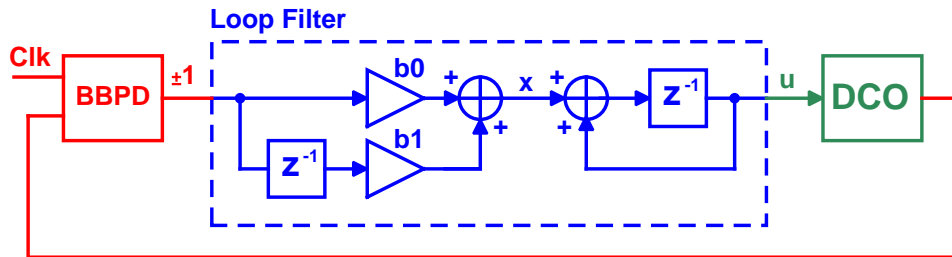


Figure 31: Simplified model of BBPD-PLL

can be substantial depending on the product of those factors. In the phase domain, this results in a cyclostationary triangle-wave like phase trajectory (ignoring other sources of phase noise), as shown in figure 32a. The worst case increment in phase per cycle is given in equation 116. In the frequency domain, this cyclostationary behavior can result in spurs, as shown in figure 32b. When phase noise from other processes in the PLL are large enough that they dwarf the worst case cyclostationary behavior, it is expected that output of the BBPD will be stochastically scrambled and the cyclostationary effects will be subsided.

$$\Delta\Phi = \frac{2\pi|b_0 - b_1|K_{DCO}}{f_{ref}} \quad (116)$$

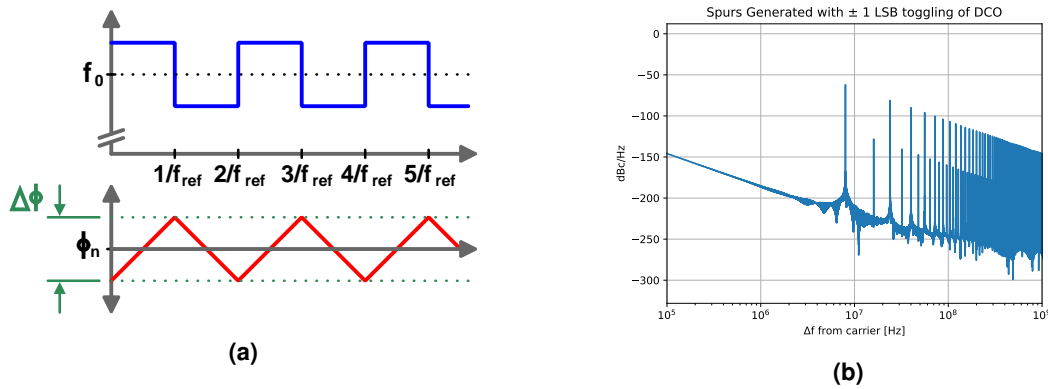


Figure 32: (a) Worst case cyclostationary behavior of BBPD-PLL, (b) Resulting in spurs from worst case cyclostationary behavior.

Even if cyclostationary effects are avoided, the quantization of the loop filter output to increments of the four aforementioned values results in an additive phase noise contribution to the PLL. The estimated that the RMS contribution of phase noise to the PLL output due to the quantized steps in frequency from bang-bang operation $\sigma_{\Phi_{BB}}$ is given in figure 117. If this component approaches the magnitude of the other phase noise components, the model assumptions for the BBPD theory derived in this work may be invalid, so prudent selection of parameters should be made to reduce $\sigma_{\Phi_{BB}}$.

$$\sigma_{\Phi_{BB}} \approx \frac{\pi|b_0 - b_1|K_{DCO}}{f_{ref}} \quad (117)$$

If α is used to described to loop bandwidth ratio-reference frequency ratio, the quantity $|b_0 - b_1|$ is provided in equation 118. In the case where α is small (circa 0.1 as followed in this work), $|b_0 - b_1| \approx |2b_1|$, so $\sigma_{\Phi_{BB}}$ may be approximated as in equation 119

$$|b_0 - b_1| = \left(2 + \frac{\pi\alpha}{\sqrt{3 + \sqrt{10}}} \right) |b_1| \quad (118)$$

$$\sigma_{\Phi_{n_{BB}}} \approx \frac{2\pi b_1 K_{DCO}}{f_{ref}} \quad (119)$$

If the dominant noise sources are assumed to be $\sigma_{\Phi_{n_{BB}}}^2$ and oscillator noise, the total phase noise $\sigma_{\Phi_n}^2$ equals that in equation 120.

$$\sigma_{\Phi_n}^2 = \sigma_{\Phi_{n,DCO}}^2 + \sigma_{\Phi_{n_{BB}}}^2 = S_{0_{osc}} \frac{\pi^2}{\sqrt{K}} + \left(\frac{2\pi b_1 K_{DCO}}{f_{ref}} \right)^2 \quad (120)$$

Redefining equation 110 using $\sigma_{\Phi_{n_{BB}}}^2$ and oscillator noise as the phase noise sources results in equation 121.

$$b_1 = -\frac{\sqrt{K} \sqrt{\sigma_{\Phi_{n,DCO}}^2 + \sigma_{\Phi_{n_{BB}}}^2}}{\sqrt{2\pi} K_{DCO}} = -\frac{\sqrt{K} \sqrt{S_{0_{osc}} \frac{\pi^2}{\sqrt{K}} + \left(\frac{2\pi b_1 K_{DCO}}{f_{ref}} \right)^2}}{\sqrt{2\pi} K_{DCO}} \quad (121)$$

A resulting expression for $\sigma_{\Phi_{n_{BB}}}^2$ is obtained by solving the system of equations given by 119 and 112.

$$\sigma_{\Phi_{n_{BB}}}^2 = \frac{2\pi^3 \sqrt{K} S_{0_{osc}}}{f_{ref}^2 - 2\pi K} = \frac{4\pi^4 \alpha S_{0_{osc}}}{f_{ref} \sqrt{3 + \sqrt{10}}} \cdot \frac{1}{1 - \frac{8\pi^3 \alpha^2}{\sqrt{3 + \sqrt{10}}}} \quad (122)$$

This equation grows asymptotically to infinity with $K = f_{ref}^2/2\pi$, equating to $\alpha = \sqrt{3 + \sqrt{10}}/(2\pi)^{3/2} = 0.158$. $\sigma_{\Phi_{n_{BB}}}^2$ approaches zero for increasingly small values of α . Rewriting equation 120 with the new finding for $\sigma_{\Phi_{n_{BB}}}^2$ results in equation 123. Now $\sigma_{\Phi_n}^2$ may be minimized for noise by solving $d\sigma_{\Phi_n}^2(K)/dK = 0$, yielding equation 124. It is also determined that the optimal value of α is in equation 125, and the optimal total phase noise power is in equation 126.

$$\sigma_{\Phi_n}^2 = \sigma_{\Phi_{n,DCO}}^2 + \sigma_{\Phi_{n_{BB}}}^2 = S_{0_{osc}} \frac{\pi^2}{\sqrt{K}} + \frac{2\pi^3 \sqrt{K} S_{0_{osc}}}{f_{ref}^2 - 2\pi K} \quad (123)$$

$$K_{opt} = \frac{f_{ref}^2}{6\pi^2} \quad (124)$$

$$\alpha_{opt} = \frac{\sqrt{3 + \sqrt{10}}}{2\pi^2 \sqrt{6}} = 0.0513 \quad (125)$$

$$\sigma_{\Phi_n}^2|_{K_{opt}} = \frac{3\sqrt{6}\pi^4 S_{0_{osc}}}{f_{ref}} \cdot \frac{1}{3\pi - 1} \quad (126)$$

In the case of this work with a target of 2.448 GHz, 16 MHz reference, and 300K ambient temperature, the theoretical obtainable CNR is 19.2 dB, or $\sigma_{\Phi_n}^2 = 0.012 \text{ rad}^2$. The discrete time

filter coefficients for this optimization case are provided in equations 127 and 128.

$$b_0 = \frac{\sqrt{\pi f_{ref} \sqrt{6} S_{0_{osc}}}}{2K_{DCO} \sqrt{3\pi - 1}} \left(1 + \frac{1}{2\sqrt{6}\pi} \right) \quad (127)$$

$$b_1 = -\frac{\sqrt{\pi f_{ref} \sqrt{6} S_{0_{osc}}}}{2K_{DCO} \sqrt{3\pi - 1}} \quad (128)$$

$$(129)$$

3.4.1 Choice of Optimization Strategy

Depending on the implementation, either the noise contributions from the phase detector or due to the bang-bang behavior may be the second most dominant noise source after the oscillator. The recommended strategy to calculate the optimal filter design using both approaches, and select the one that results in a larger total phase noise value $\sigma_{\Phi_n}^2$.

3.5 Ring oscillator

Selected due to instantaneous start up capabilities, and associated ability to therefore reset phase to a known position instantly.

Tuning of a FDSOI ring oscillator DCO through backgate terminal voltage and supply voltage will be considered. A general analysis of ring oscillator frequency will be made first to begin.

Hajimiri's oscillator impulse sensitivity function (ISF) paper [28] suggests that it is favorable for an oscillator to have as symmetric rise and fall time. Higher symmetry of waveform results in a lower corner frequency for flicker noise, thus low frequency phase noise will be improved.

Could not get 2 quadrature oscillator stage to oscillate. Period is 4tpd, thus a transition occurs every 2tpd. Propagation delay is 0.69tau, so a transition every 1.38tau, which equates to enough time to settle to 75% of the final voltage. Because of partial settling, the oscillation dies in a couple cycles, and is not viable here. To achieve quadrature, 4 stages must be used, however, this was slow to achieve the target 2.448 GHz. Thus, use of sub-harmonic oscillator (show edge combining) due to speed limitations (need short channel length to get right speed, unfortunately phase noise degrades).

3.5.1 Channel length consideration

Based on the 22FDX process: Notes, from the derived theory, it is expected that power should be fixed for fixed w/l (true except for small channel length), frequency to decrease. Increased phase noise is seen near 20nm according to the 5nm PLL, explain+cite. Recommended to avoid min. channel length.

Scaling of device channel length has a great impact on phase noise for ring oscillators, according to [29] takes form of equation 130. V_{DD} is the supply voltage, V_t is the threshold voltage, P_{DC} is the oscillator power consumption, γ_p and γ_n are the respective PMOS and NMOS noise factors, f_0 is the oscillator frequency, and f is the offset from the carrier for the phase noise. It is expected that excess noise factor of the transistor will increase with decreasing channel length [30], thus unavoidably phase noise will also increase following equation 130.

$$\mathcal{L}(f) = \frac{2kT}{P_{DC}} \left(\frac{V_{DD}}{V_{DD} - V_t} (\gamma_N + \gamma_P + 1) \right) \left(\frac{f_0}{f} \right)^2 \quad (130)$$

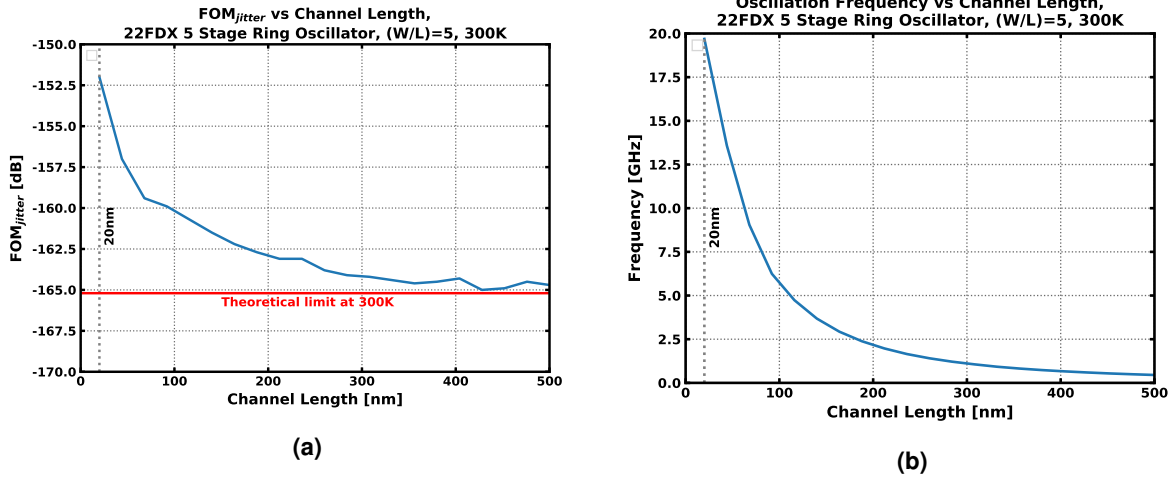


Figure 33: 22FDX ring oscillator channel length sweep versus (a) FOM, (b) Oscillation frequency.

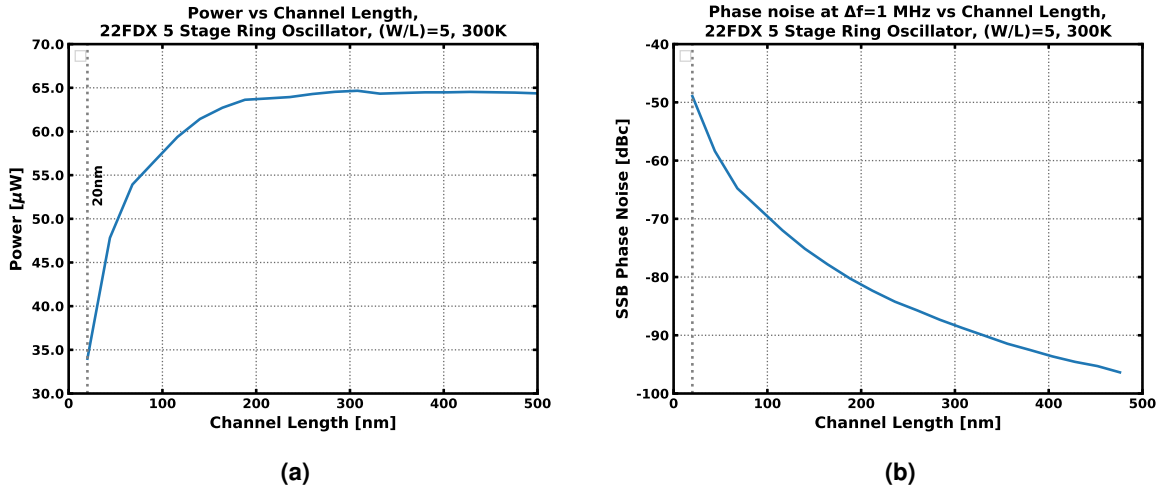


Figure 34: 2FDX ring oscillator channel length sweep versus (a) Power, (b) Phase noise at 1 MHz carrier offset (SSB).

3.5.2 22FDX considerations

Idea: use backgates of FDSOI to tune frequency.. V_{th} is approximately linear with applied backgate bias, use approximate model $v_{th} = v_{th0} + \gamma V_{BS}$ Derive that $g_{mbs} = \gamma g_m$ with this assumption. G_{mbs} and g_m are easily found with SPICE simulator, which results in the extracted data below.

Although the BSIM-IMG FD-SOI threshold voltage model is not perfectly linear, it is observed that the body-bias threshold is approximately linear, especially under semi-local conditions. Thus, for simplified analysis, a new model for body-effect coupled threshold voltage is introduced here. Body bias is here defined as the potential V_{BS} applied between the backgate contact and the source contact.

$$V_{th} = V_{th0} - \gamma V_{BS} \quad (131)$$

Might be challenging to achieve proper frequency and sufficient FOM, unfortunately....

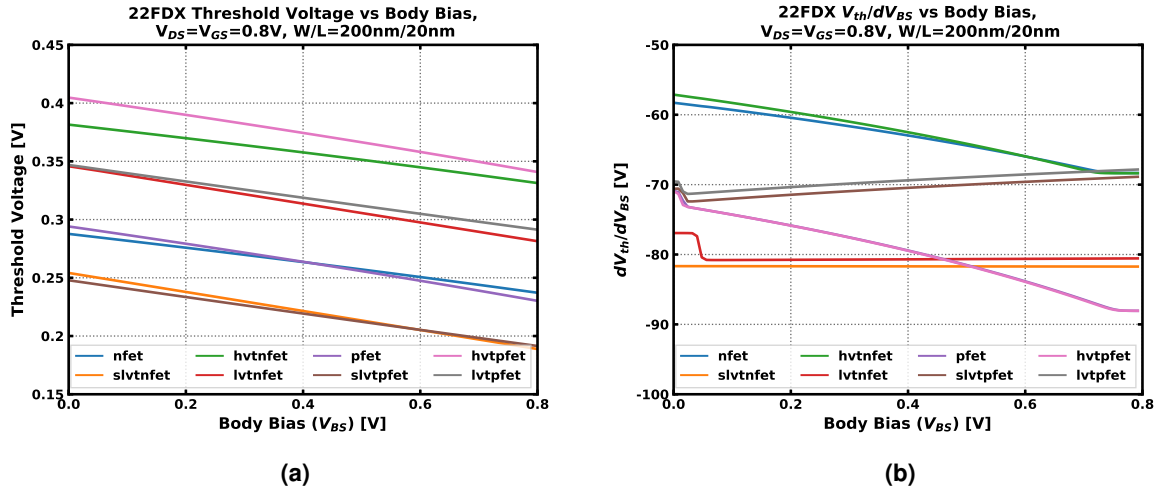


Figure 35: (a) 22 FDX threshold voltage versus body bias, (b) Rate of change of threshold voltage versus body bias.

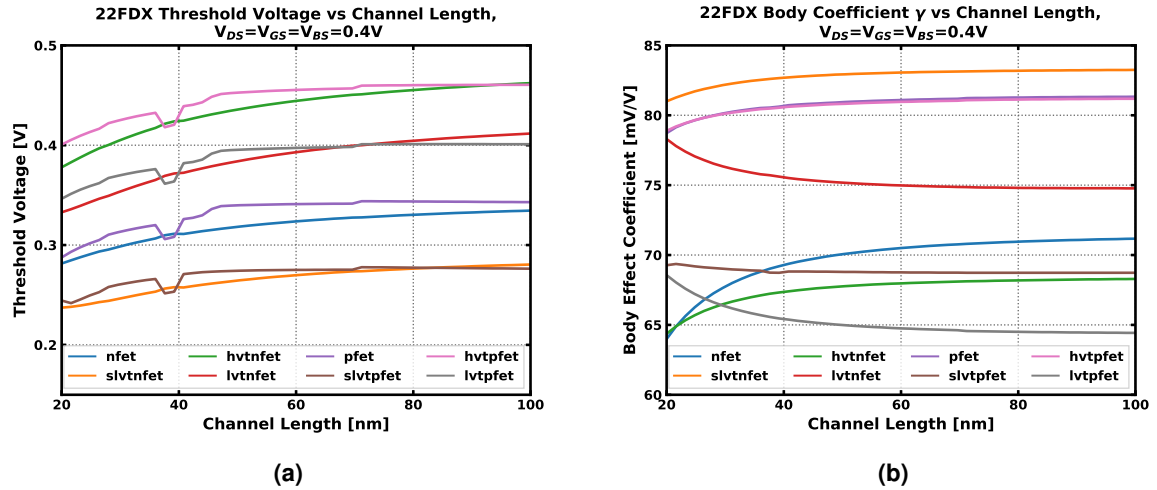


Figure 36: (a) 22 FDX Extracted threshold voltage versus channel length, (b) Extracted body effect coefficient.

Extracted v_{th} and body effect coefficient (γ). Assuming $g_{mbs} = \gamma \cdot g_m$. Extracted for $V_{DD} = V_{GS} = 0.4$.

Device	L [nm]	W [nm]	V_{th} [mV]	γ [mV/V]
nfet	20	100	306.3	59.14
nfet	100	500	376.4	65.4
slvtnfet	20n	100	270.3	81.38
slvtnfet	100	500	326.7	83.23
hvtnfet	20n	100	402.4	58.85
hvtnfet	100	500	513.5	61.96
lvtnfet	20	100	364.9	77.72
lvtnfet	100	500	466.3	74.85

Table 4: 22FDX core NFET threshold voltage and body effect coefficient extraction.

Device	L [nm]	W [nm]	V_{th} [mV]	γ [mV/V]
pfet	20	100	317.7	71.51
pfet	100	500	366.8	74.32
slvtpfet	20n	100	272.6	71.09
slvtpfet	100	500	294.4	70.79
hvtpfet	20n	100	430.7	71.28
hvtpfet	100	500	488.4	74.23
lvtpfet	20	100	374.2	69.93
lvtpfet	100	500	422.8	66.43

Table 5: 22FDX core PFET threshold voltage and body effect coefficient extraction.

3.5.3 Ring oscillator frequency derivation

To analyze the oscillation frequency of a CMOS ring oscillator, an approximate model for a CMOS inverter will first be considered. A common model for delay in digital circuits [elmore delay model] is an RC circuit, where the MOSFET channels are approximated with an average conductance value $\langle g_{ch} \rangle$, and the output node is approximated to have a capacitance of C. With such a model, a ring oscillator would be assumed to have waveforms as decaying exponential, with time constant $\tau = \langle g_{ch} \rangle^{-1} C$, such as in Figure 37.

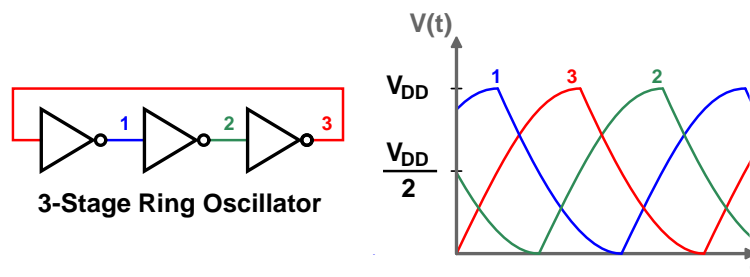


Figure 37: Model for ring oscillator.

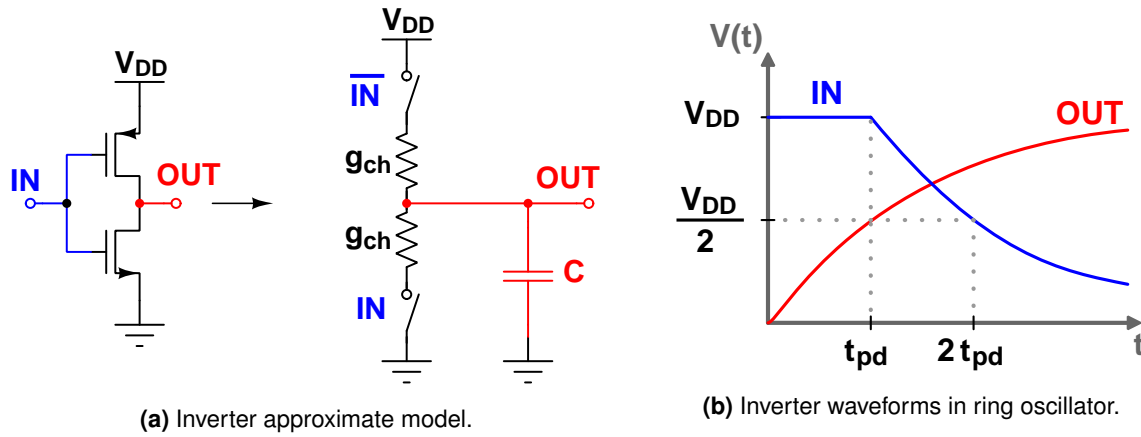


Figure 38: Approximate model for ring oscillator inverter delay cell.

To calculate oscillation frequency ring oscillator from the RC model, several inferences are made:

- The switching point V_M of the inverters is $V_{DD}/2$, based on the assumption that the NMOS and PMOS are of equal strength.
- The output of an inverter will have a decaying exponential which starts coincident with the passing of V_M at the input.
- The propagation delay t_{pd} for an inverter will be the time differential between the V_M crossing points on the input and output.
- The oscillator frequency will be $f_{osc} = 1/2Nt_{pd}$, where N is the number of stages (i.e. defined by $2N$ propagation delays).

Following the definition of V_M , it is trivial to find that $t_{pd} = \tau \ln 2$. It is therefore known that:

$$f_{osc}^{-1} = 2Nt_{pd} = \frac{2\ln(2)NC}{\langle g_{ch} \rangle} \quad (132)$$

3.5.4 Finding $\langle g_{ch} \rangle$ and C

The node capacitance C is trivial to find based on the inverter gate capacitance and a lumped load capacitance term C_L :

$$C = C_{ox}(W_N L_N + W_P L_N) + C_L \quad (133)$$

The average channel conductance $\langle g_{ch} \rangle$ is more involved to find. To do so, several assumptions are made:

- $L \gg L_{min}$, so no velocity saturation, and therefore square law is applicable.

- NMOS and PMOS have equal V_t and transconductance.
- Output transition occur with the active FET in saturation during t_{pd} . This requires:

$$-V_{DD}/4 < V_t < V_{DD}/2$$

Following those assumptions, $\langle g_{ch} \rangle$ can be computed via integral within the period t_{pd} :

$$\langle g_{ch} \rangle = \frac{1}{t_{pd}} \int_0^{t_{pd}} \frac{I_{out}(t)}{V_{out}(t)} dt \quad (134)$$

I_{out} is computed using the saturated MOSFET square law model an exponential waveforms assumptions. An I_{short} term is included to account for output current reduction from short-circuit conduction.

$$I_{out}(t) = \frac{k_n}{2} \left(\frac{W}{L} \right)_n [(V_{in}(t) - V_t)^2] - I_{short} = \frac{k_n}{2} \left(\frac{W}{L} \right)_n \left[(V_{DD} (1 - e^{-t/\tau}) - V_t)^2 - \left(\frac{V_{DD}}{2} - V_t \right)^2 \right] \quad (135)$$

$k_n = \mu_n C_{ox}$, with the equal PMOS/NMOS assumption, $k_n \left(\frac{W}{L} \right)_n = k_p \left(\frac{W}{L} \right)_p$. V_{out} is simply a decaying exponential with a delay t_{pd} versus the input:

$$V_{out} = V_{DD} e^{-(t-t_{pd})/\tau} \quad (136)$$

Now, computing the integral for $\langle g_{ch} \rangle$ yields:

$$\langle g_{ch} \rangle = \frac{1}{2} \mu_n C_{ox} \left(\frac{W}{L} \right)_n \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_t \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (137)$$

As a simplification, α is defined as:

$$\alpha = \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_t \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (138)$$

3.5.5 Handling unequal NMOS/PMOS

In the case of different threshold voltages for NMOS and PMOS:

$$f_{osc}^{-1} = N(t_{pdn} + t_{pdp}) = \ln(2) NC \left(\frac{1}{\langle g_{ch} \rangle_n} + \frac{1}{\langle g_{ch} \rangle_p} \right) = \frac{2 \ln(2) NC}{\langle g_{ch} \rangle'} \quad (139)$$

A modified $\langle g_{ch} \rangle'$ is defined:

$$\langle g_{ch} \rangle' = 2 \left(\frac{1}{\langle g_{ch} \rangle_n} + \frac{1}{\langle g_{ch} \rangle_p} \right)^{-1} = 2 \frac{\langle g_{ch} \rangle_n \langle g_{ch} \rangle_p}{\langle g_{ch} \rangle_n + \langle g_{ch} \rangle_p} = 2 \frac{\frac{1}{2} \mu_n C_{ox} \left(\frac{W}{L} \right)_n \alpha_n \frac{1}{2} \mu_p C_{ox} \left(\frac{W}{L} \right)_p \alpha_p}{\frac{1}{2} \mu_n C_{ox} \left(\frac{W}{L} \right)_n \alpha_n + \frac{1}{2} \mu_p C_{ox} \left(\frac{W}{L} \right)_p \alpha_p} \quad (140)$$

This is somewhat unmanagable, however enforcing $\mu_n C_{ox} \left(\frac{W}{L}\right)_n = \mu_p C_{ox} \left(\frac{W}{L}\right)_p$ for V_M to equal $V_{DD}/2$ gives:

$$\langle g_{ch} \rangle' = \frac{1}{2} \mu_n C_{ox} \left(\frac{W}{L}\right)_n \frac{2\alpha_n \alpha_p}{\alpha_n + \alpha_p} = \frac{1}{2} \mu_n C_{ox} \left(\frac{W}{L}\right)_n \alpha' \quad (141)$$

Thus α_n and α_p are found for the according threshold voltages and then $\langle g_{ch} \rangle$ can be found.

$$\alpha' = \frac{2\alpha_n \alpha_p}{\alpha_n + \alpha_p} \quad (142)$$

3.5.6 Solving for oscillator frequency and power

Solving for oscillator frequency:

$$f_{osc} = \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left(\frac{W}{L}\right)_n \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_t \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (143)$$

If gate capacitance is the dominant load component, and PMOS/NMOS are equal sized such that $C = 2WLC_{ox}$:

$$f_{osc} = \frac{\mu_n}{8 \ln 2 N} \cdot \frac{1}{L^2} \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_t \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (144)$$

Power can also be calculated, knowing in digital circuits $P = f C_{\Sigma} V_{DD}^2$, where C_{Σ} is the total active capacitance. Thus:

$$P_{osc} = N f_{osc} C V_{DD}^2 = \frac{\mu_n C_{ox}}{4 \ln 2} \left(\frac{W}{L}\right)_n \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_t \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (145)$$

It should be noted that the power consumption is proportional to FET aspect ratio (W/L).

3.5.7 Ring oscillator backgate tuning derivation

Using the basic expressions for ring oscillator frequency, the operation under backgate biasing can be found. In UTBB-FDSOI processes, the threshold voltage of a FET varies with linear dependence on the applied back gate bias V_{BG} (relative to source). Given the body effect coefficient of a process, γ , V_t is:

$$V_t = V_{t0} - \gamma V_{BG} \quad (146)$$

Using this in the ring oscillator frequency equation:

$$f_{osc} = \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left(\frac{W}{L}\right)_n \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_{t0} \left(\frac{1}{\ln 2} - 1 \right) + \gamma V_{BG} \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (147)$$

Equivalently, $f_{osc} = f_{0,osc} + \Delta f_{osc}(V_{BG})$, where:

$$\Delta f_{osc}(V_{BG}) = \gamma V_{BG} \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left(\frac{W}{L} \right)_n \left[\frac{1}{\ln 2} - 1 \right] \quad (148)$$

And $f_{0,osc}$ is the frequency with no backgate bias. If the backgate is swept from 0 to V_{DD} , and the node capacitance is increasingly varied (C0 to C3), Figure 39 is observed. Note that the change in frequency is linear with to backgate bias.

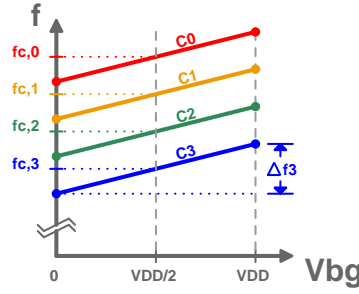


Figure 39: Backgate-tuned ring oscillator with coarse tuning capacitor bank.

If the backgate voltage is constrained in the range $[0, V_{DD}]$, the center frequency f_c in the tuning range of the oscillator is then:

$$f_c = \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left(\frac{W}{L} \right)_n \left[V_{DD} \left(\frac{7}{8 \ln 2} - 1 + \frac{\gamma}{2 \ln 2} - \frac{\gamma}{2} \right) - V_{t0} \left(\frac{1}{\ln 2} - 1 \right) \right] \quad (149)$$

The tuning range is also therefore:

$$\Delta f = \gamma V_{DD} \frac{\mu_n C_{ox}}{4 \ln 2 N C} \left(\frac{W}{L} \right)_n \left[\frac{1}{\ln 2} - 1 \right] \quad (150)$$

The fractional tuning range of the oscillator is:

$$\frac{\Delta f}{f_c} = \frac{\gamma V_{DD} (1 - \ln 2)}{V_{DD} \left(\frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2)} \quad (151)$$

If a N-bit DAC is used to control the oscillator, the resulting DCO gain is therefore:

$$K_{DCO} = \frac{\Delta f}{2^{N_{DAC}}} = \frac{f_c}{2^{N_{DAC}}} \cdot \frac{\gamma V_{DD} (1 - \ln 2)}{V_{DD} \left(\frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2 \right) - V_{t0} (1 - \ln 2)} \quad (152)$$

3.5.8 DCO Gain Uncertainty

The DCO gain K_{DCO} is used in setting the loop filter coefficients, so the uncertainty of the DCO gain is of interest to allow for statistical analysis of the PLL across process variation. The uncertainty of K_{DCO} (normalized with nominal K_{DCO} value) as a function of V_{DD} , V_{t0} and γ

is:

$$\sigma_{KDCO} = \sqrt{\left(\frac{\partial K_{DCO}}{\partial V_{DD}} \cdot \frac{\sigma_{V_{DD}}}{K_{DCO}}\right)^2 + \left(\frac{\partial K_{DCO}}{\partial V_{t0}} \cdot \frac{\sigma_{V_{t0}}}{K_{DCO}}\right)^2 + \left(\frac{\partial K_{DCO}}{\partial \gamma} \cdot \frac{\sigma_{\gamma}}{K_{DCO}}\right)^2} \quad (153)$$

$$\frac{\partial K_{DCO}}{\partial V_{DD}} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{-\gamma V_{t0}(1 - \ln 2)^2}{\left[V_{DD} \left(\frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2\right) - V_{t0}(1 - \ln 2)\right]^2} \quad (154)$$

$$\frac{\partial K_{DCO}}{\partial V_{t0}} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{\gamma V_{DD}(1 - \ln 2)^2}{\left[V_{DD} \left(\frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2\right) - V_{t0}(1 - \ln 2)\right]^2} \quad (155)$$

$$\frac{\partial K_{DCO}}{\partial \gamma} = \frac{f_c}{2^{N_{DAC}+1}} \cdot \frac{V_{DD} \cdot (1 - \ln 2) \left[V_{DD} \left(\frac{7}{8} - \ln 2\right) - V_{t0}(1 - \ln 2)\right]}{\left[V_{DD} \left(\frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2\right) - V_{t0}(1 - \ln 2)\right]^2} \quad (156)$$

Simplified:

$$\sigma_{KDCO} = \frac{1}{\gamma V_{DD} \left[V_{DD} \left(\frac{7}{8} - \ln 2 + \frac{\gamma}{2} - \frac{\gamma}{2} \ln 2\right) - V_{t0}(1 - \ln 2)\right]} \cdot \sqrt{(\gamma V_{t0}(1 - \ln 2) \sigma_{V_{DD}})^2 + (\gamma V_{DD}(1 - \ln 2) \sigma_{V_{t0}})^2 + \left(V_{DD} \left[V_{DD} \left(\frac{7}{8} - \ln 2\right) - V_{t0}(1 - \ln 2)\right] \sigma_{\gamma}\right)^2} \quad (157)$$

Motivate selection of fine backgate tuning and supply coarse tuning (as future extension?). I.e. what is df/dVdd vs df/dVbg? **TODO** - extract γ , V_{t0} variance for FETs in process kit, place in results?

3.5.9 DCO Sensitivity

The frequency tuning sensitivity of the ring oscillator for supply and backgate voltages will be compared. First the following is defined, following that the derived equations for oscillator frequency are linear.

$$f_{osc}(V_{DD} + \Delta V_{DD}) = f_{osc}(V_{DD}) + f_{osc}(\Delta V_{DD}) \quad (158)$$

$$f_{osc}(V_{DD}) = f_0 \quad (159)$$

$$f_{osc}(\Delta V_{DD}) = \Delta f \quad (160)$$

In the case of supply voltage tuning, the change (proportion) of frequency per voltage of applied extra bias is (evaluated at zero back-gate bias):

$$S_{V_{DD}}^{f_{osc}} = \frac{\Delta f}{f_0} \cdot \frac{1}{\Delta V_{DD}} = \frac{\left(\frac{7}{8 \ln 2} - 1\right)}{V_{DD} \left(\frac{7}{8 \ln 2} - 1\right) - V_{t0} \left(\frac{1}{\ln 2} - 1\right)} \quad (161)$$

3. DESIGN

With $V_{DD}=0.8$, $V_{t0}=0.3$, it is expected 340% change in frequency will result per extra volt of applied bias (of course, this is linearized, one does not expect to apply an extra 1V). Realistically, the supply can be tuned $\pm 10\%$, which corresponds to a $\pm 27.2\%$ tuning range of the oscillator. This is perhaps a good coarse tuning mechanism, but does not provide much for fine tuning. **make note of supply noise sensitivity!**

In the case of backgate tuning, the change (proportion) of frequency per volt of applied backgate bias is:

$$S_{V_{BG}}^{f_{osc}} = \frac{\Delta f}{f_0} \cdot \frac{1}{\Delta V_{BG}} = \frac{\gamma \left(\frac{1}{\ln 2} - 1 \right)}{V_{DD} \left(\frac{7}{8 \ln 2} - 1 \right) - V_{t0} \left(\frac{1}{\ln 2} - 1 \right)} \quad (162)$$

With $\gamma=0.07$, $V_{DD}=0.8$, $V_{t0}=0.3$, it is expected a 40% change in frequency will result per volt applied of backgate bias. This is much finer than achieved with supply voltage tuning. The ratio of frequency sensitivity to supply and backgate voltage tuning is:

$$\frac{S_{V_{DD}}^{f_{osc}}}{S_{V_{BG}}^{f_{osc}}} = \frac{\frac{7}{8 \ln 2} - 1}{\gamma \left(\frac{1}{\ln 2} - 1 \right)} \quad (163)$$

Under the aforementioned biasing conditions, it is expected that 8.4x finer control can be achieved with backgate tuning. The wide backgate voltage ranges allowed for with FDSOI technology permit for design of a voltage-DAC based controll scheme which will achieve far smaller frequency resolution than with supply voltage tuning.

3.5.10 temp

- Simulated 5 stage ring oscillator.
- RVT devices, $W/L = 5$.
- Ran pss/pnoise.
- Computed FOM vs channel length (lower is better):

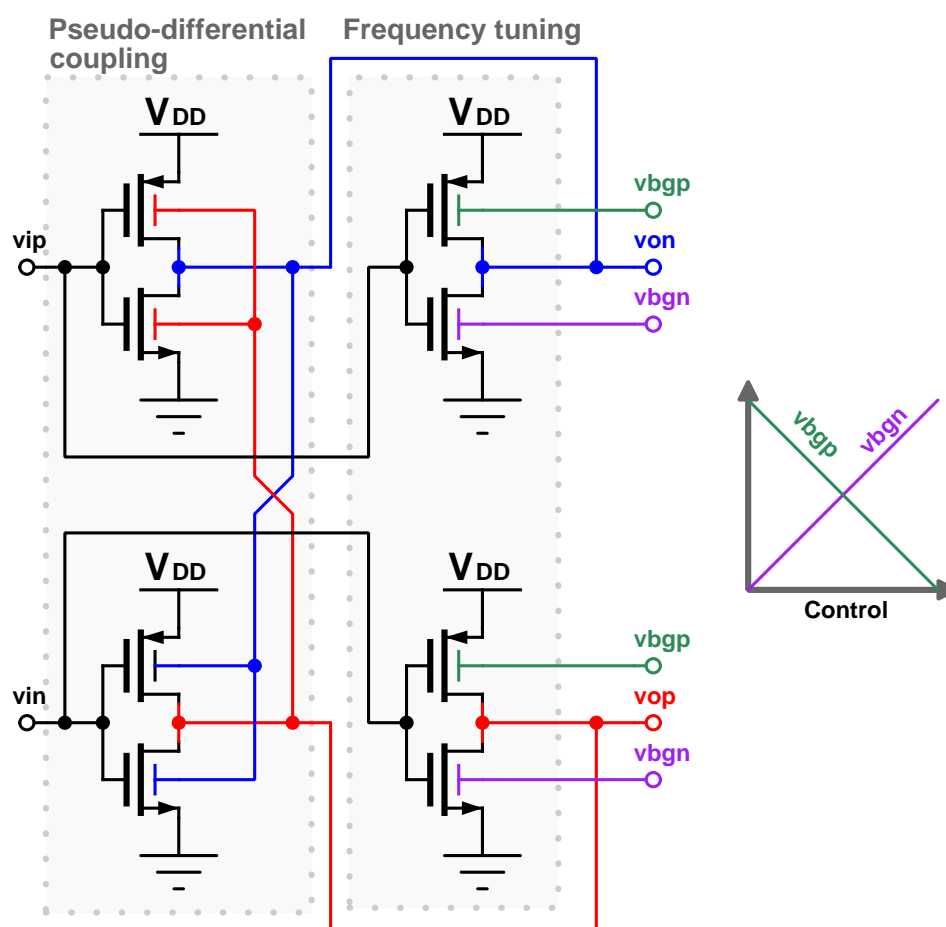
$$\text{FOM} = 10 \log_{10} \left(\left(\frac{\Delta f}{f_0} \right)^2 \cdot \frac{P_{total}}{1 \text{ mW}} \right) \quad [\text{dB}] \quad (164)$$

- It is seen that FOM improves asymptotically to ~ -165 with longer L.
- FOM \downarrow -160 dB \rightarrow L ≥ 100 nm.
- L should be set as long as possible, while maintaining appropriate speed.

- This is actually recommended in Razavi's new book [23].

3.5.11 Delay cell

- Utilize pseudo-differential inverter stage [3], in parallel with back gate tuned inverter.
- Pseudo-differential stage couples oscillators, forcing crossing voltage $V_{DD}/2$.
- Back gate tuned oscillator used to adjust frequency.
- Ratioing the sizes two types of inverters can be used to adjust the VCO gain. A ratio of 1:1 should reduce the K_{VCO} in half from what is expected from theory, a ratio of 3:1 (with pseudo-diff inverters being larger) will reduce K_{VCO} by 4.
- **Requires complementary control of backgate voltage for tuning.**
- **Allows for 0- V_{DD} control range.**



- Must use devices in N well (PFET, HVTPFET, SLVTNFET, LVTNFET) to not forward bias substrate diode.

3. DESIGN

— To achieve $V_m = V_{DD}/2$, PFET + LVTNFET give most reasonable W_P/W_N , ca 1.2-1.4.

- SLVTNFET + PFET needs $W_P/W_N \approx 8$.

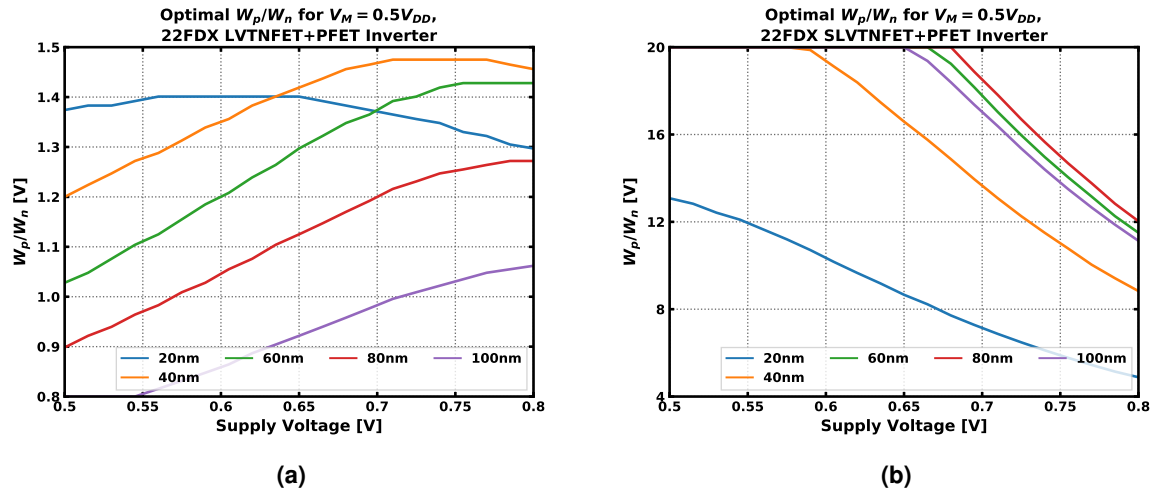


Figure 40: (a) Optimal width PFET/LVTNFET, (b) Optimal width PFET/SLVTNFET.

— Good symmetry of rise time observed, with V_{cm} close to $V_{DD}/2$ over the full oscillation cycle.

— **Observed 10.3% fractional frequency tuning with $L=150\text{nm}$, FOM=-161 dB, 1:1 ratio of inverters.**

— I require $< 1\%$ fractional tuning range to achieve my K_{DCO} with a 10b DAC, this will not work. The (W/L) becomes large to achieve a high inverter ratio, thus increases power too much.

— Modify the pseudo-differential cell to have header/footer transistors with back gate control.

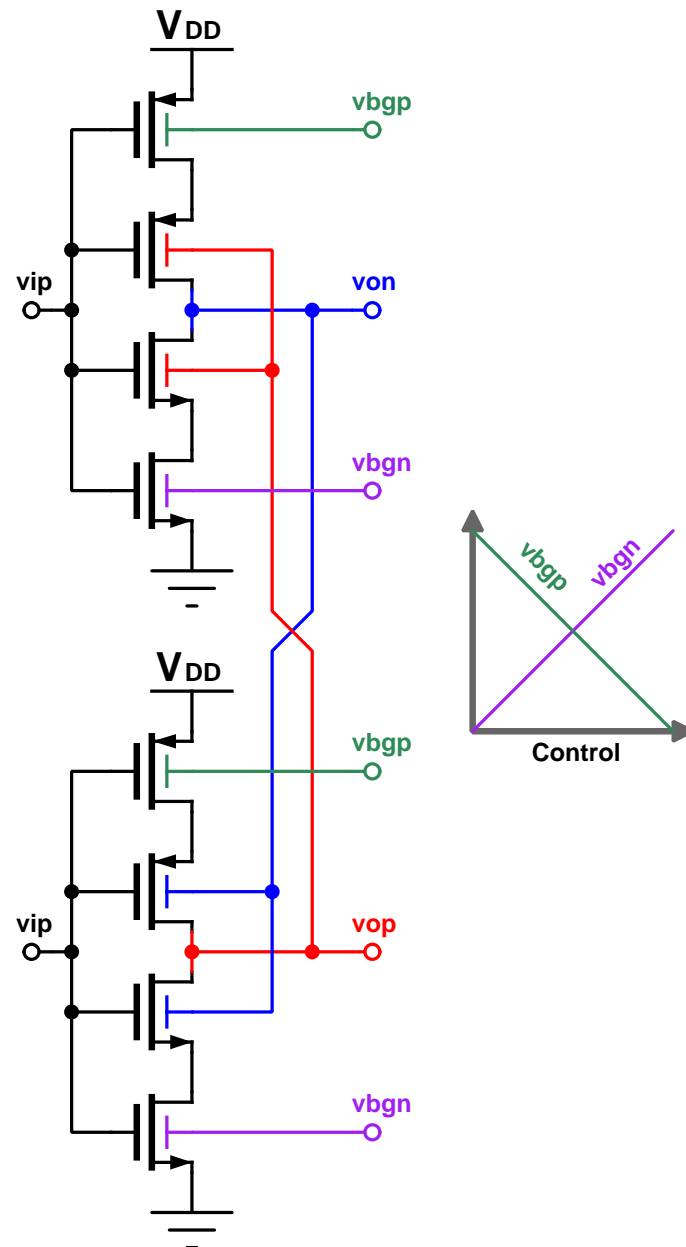
- Cross-coupled devices force differential operation
- Header/footer devices used to adjust frequency.

— Ratioing the size of the header/footer devices to the size of the cross-coupling devices tunes K_{VCO}

— **Requires complementary control of backgate voltage for tuning.**

— Good symmetry of rise time observed, with V_{cm} close to $V_{DD}/2$ over the full oscillation cycle.

— $W_p/W_n = 1.25$. Nominal $(W/N)_n = 400\text{n}/150\text{n}$



- 1:1 ratioing: Observed 10.0% fractional frequency tuning with $L=150\text{nm}$, **FOM=-162.6 dB.**
- 1:2 ratioing (header/footer larger): Observed 4.8% fractional frequency tuning with $L=150\text{nm}$.
- Still hard to get required $< 1\%$ fractional frequency tuning.
- Not as linear as I had hoped, K_{VCO} decreases by -33% when V_{DD} is swept $[0, 0.8]$ V.
- I have observed a decrease in γ at higher back gate biases, this and mobility degradation(?) might explain this trend.

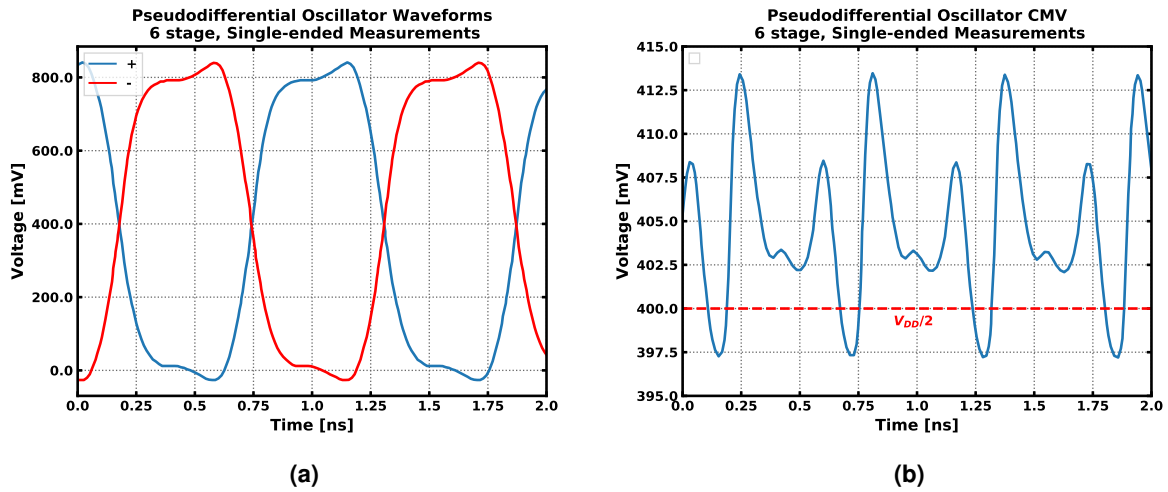


Figure 42: (a) Oscillator single-ended waveforms, (b) Oscillator common mode voltage waveform.

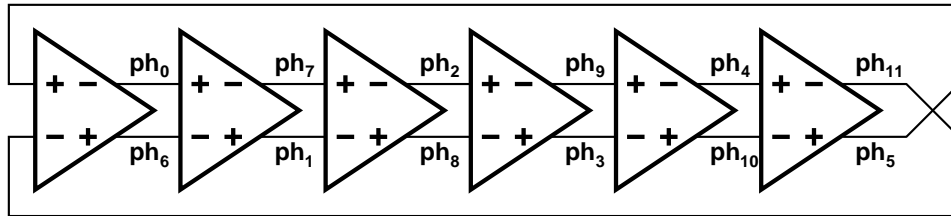


Figure 43: Basic differential ring oscillator circuit.

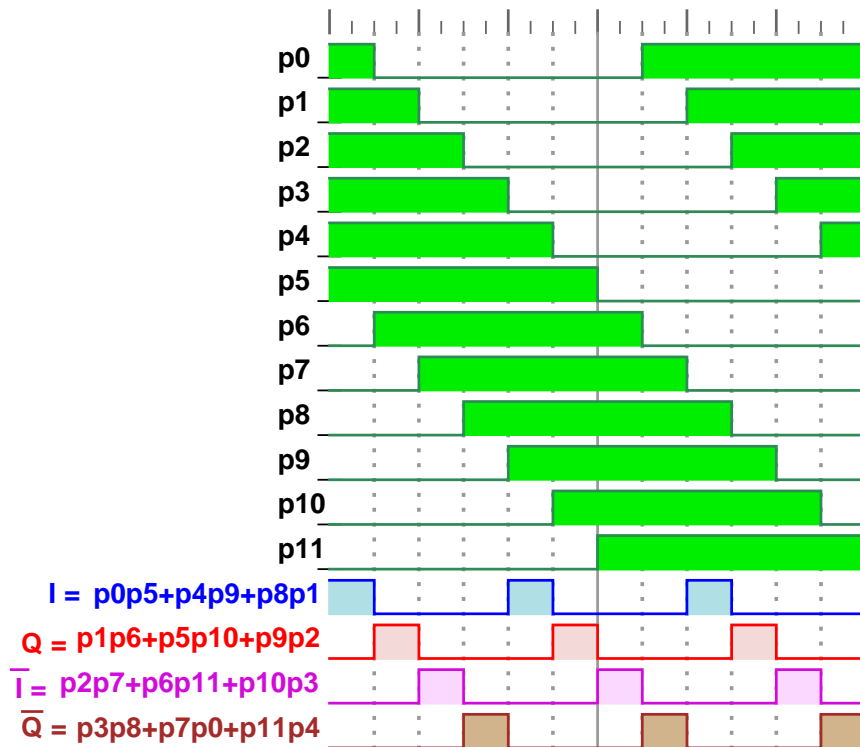


Figure 44: Third subharmonic to quadrature full rate conversion.

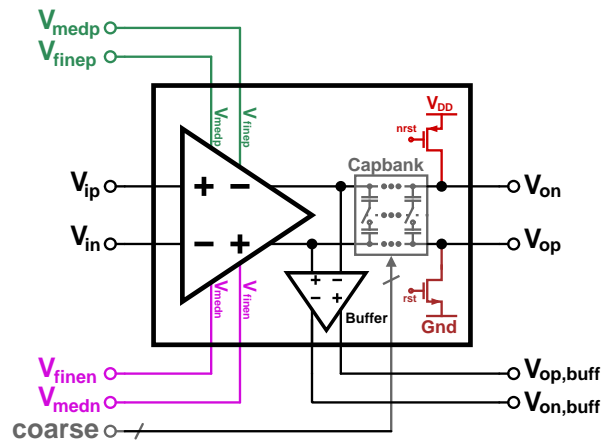


Figure 45: Ring oscillator delay cell symbol.

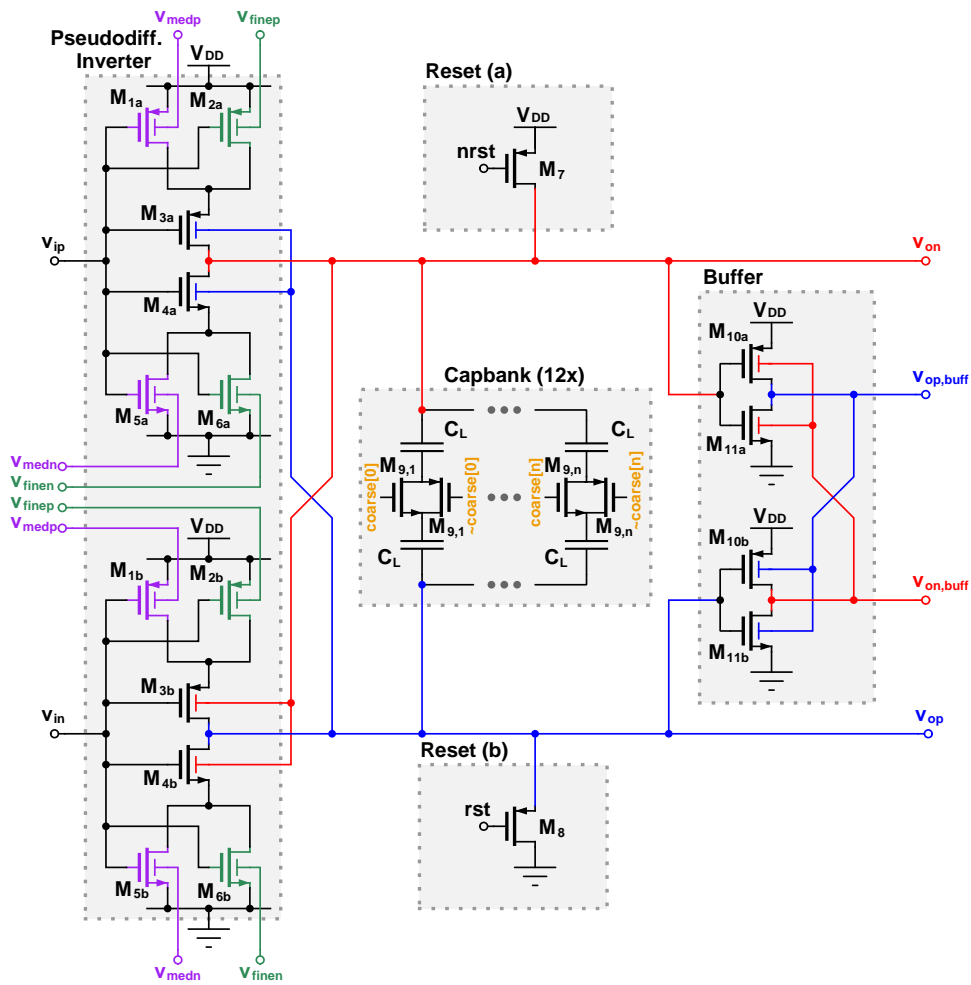


Figure 46: Ring oscillator delay cell full circuit.

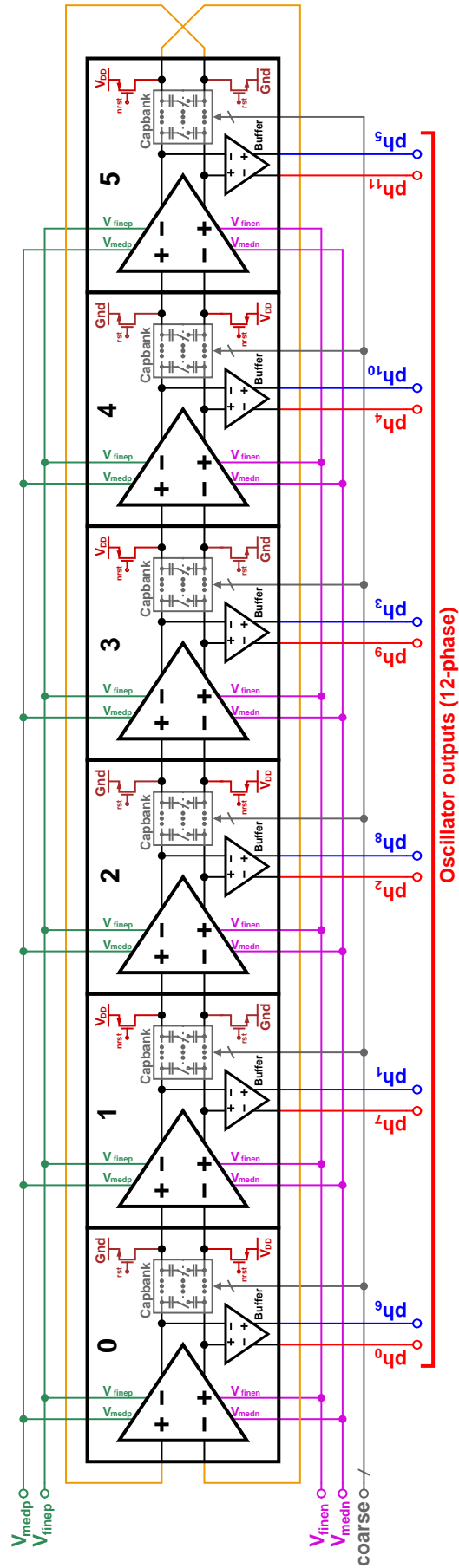


Figure 47: Ring oscillator full schematic.

3.7 CDAC - Fine Range

Resolution of may be analyzed in terms of the smallest possible change of the output of the loop filter. In 3.4, it was found that the possible increments for the loop filter are $\lfloor b_0 + b_1 \rfloor$, $\lfloor b_0 - b_1 \rfloor$, $\lfloor -b_0 + b_1 \rfloor$, $\lfloor -b_0 - b_1 \rfloor$. Evaluating these different possibilities, it is determined that the smallest magnitude occurs with the following.

$$|b_0 + b_1| = \frac{\sqrt{K}}{2f_{ref}} \quad (165)$$

The minimum increment $|b_0 + b_1|$ should be atleast be unity, corresponding to one LSB change of the DAC. Thus a constraint for the PLL is created in equation 166.

$$\sqrt{K} \geq 2f_{ref} \quad (166)$$

Applying this to the filter coefficients in the case of the bang-bang emergent phase noise optimized case, equations 127 and 128, results in the constraint for K_{DCO} in equation 167.

$$K_{DCO} \leq \frac{\sqrt{f_{ref}\sqrt{6}S_{0_{osc}}}}{4\sqrt{6\pi}\sqrt{3\pi-1}} \quad (167)$$

With a reference level of V_{DD} , a voltage gain of the ring oscillator of K_{VCO} Hz/V, and N bits in the CDAC, the DCO gain K_{DCO} is given in equation 168.

$$K_{DCO} = \frac{V_{DD}K_{VCO}}{2^N} \quad (168)$$

Combining 167 and 168 result in an expression for minimum number of DAC bits (using rail to rail reference levels), given in equation 169

$$N_{min} = \left\lceil \log_2 \left(\frac{4V_{DD}K_{VCO}\sqrt{6\pi}\sqrt{3\pi-1}}{\sqrt{f_{ref}\sqrt{6}S_{0_{osc}}}} \right) \right\rceil \quad (169)$$

Using the values $S_{0_{osc}} = 11885$ and $K_{VCO} = 5.378$ kHz/mV obtained from phase noise simulation of the oscillator, $f_{ref} = 16$ MHz, $V_{DD} = 0.8$, the minimum number of bits is $N_{min} = 9$ bits. It has been decided therefore that to add a factor of safety, a 10 bit CDAC for fine tuning will be implemented.

3.7.1 Circuit

It was attempted to maximize capacitance for a 10 bit DAC in an area constrained to $50 \times 15 \mu\text{m}$. MOM capacitors with 2 fF per unit were achieved with a unit cell of dimension $3 \mu\text{m} \times 200 \text{ nm}$, using 5 metal layers (C1-C5) to form the capacitor.

3.7.2 Circuit

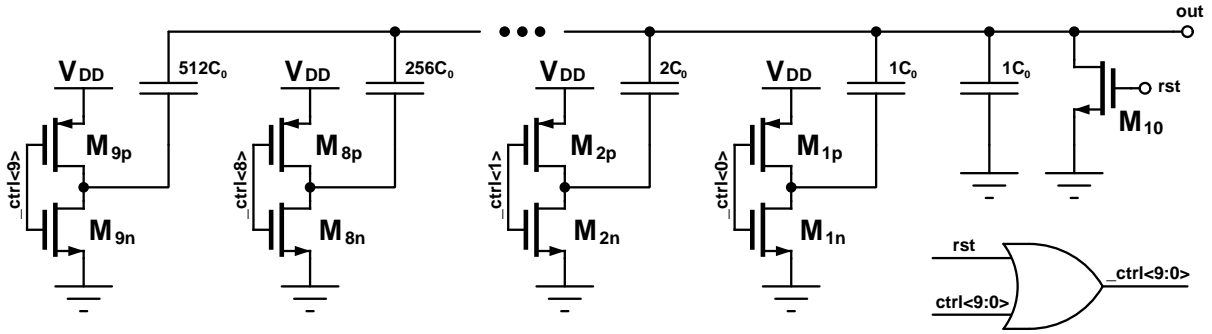


Figure 48: 10b CDAC.

3.7.3 Layout

3.8 CDAC - Medium Range

Selection of the medium tuning range DAC resolution has been coordinated with the fine range to provide continuity of tuning. Both tuning ranges are operated in steady state mode. The K_{DCO} granularity of the medium range LSB must be larger than that of the MSB for the fine range, but smaller than that total range of the fine range. The inequality in equation ?? determines the range of bits which those criteria are satisfied.

$$\log_2 \left(\frac{K_{VCO,med}}{K_{VCO,fine}} \right) \leq N \leq \log_2 \left(\frac{2K_{VCO,med}}{K_{VCO,fine}} \right) \quad (170)$$

For the implemented oscillator, $K_{VCO,med} = 30.92$ kHz/mV, and $K_{VCO,fine} = 5.378$ kHz/mV. Thus the acceptable range of bits is $2.52 \leq N \leq 3.52$. Therefore, the number of bits for the medium DAC is 3 bits.

3.8.1 Circuit

3.8.2 Layout

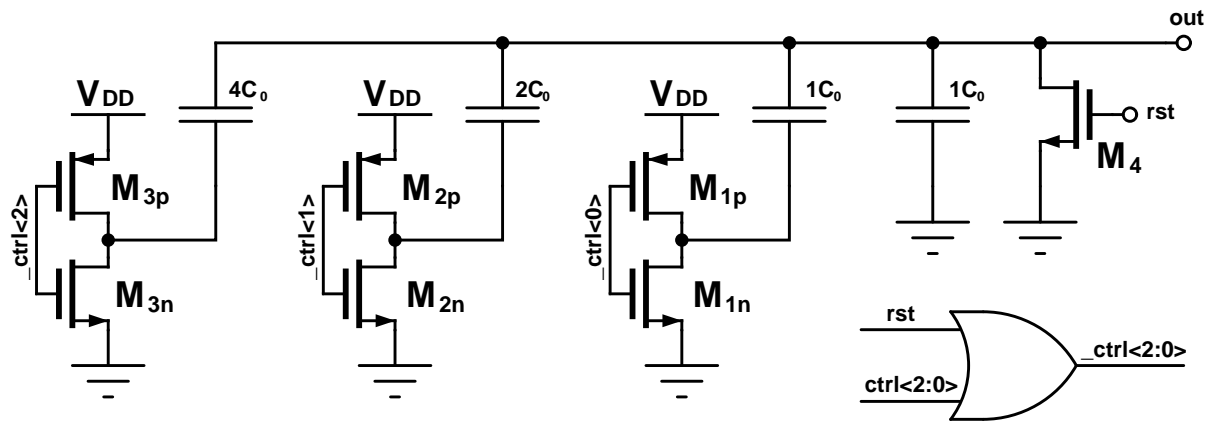


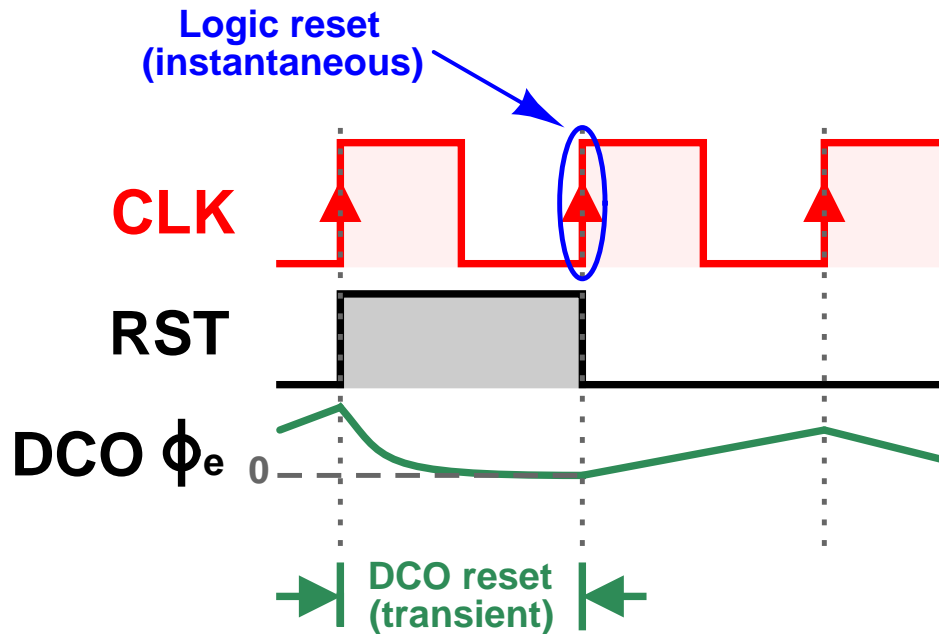
Figure 49: 3b CDAC.

3.9 Logic

- Phase error zeroing reset implemented.
- Reset asserted (synchronously) for single cycle
 - DCO reset is at de-assertion of RST
 - Logic is reset at clock edge at end of RST assertion
- Allows for physical oscillator phase and digital phase error variable to be simulataneously set to zero.
 - Also BBPD doesn't work with BOTH phase/frequency error.
- Should enable faster lock (only initial unknown is frequency).
- Really only possible with the ring oscillator (LC can't start instantly)

Reset scheme

- Controller consists of 5 state FSM
 - 1 Calibration
 - 2 Run PLL, synchronous counter (timed start-up)
 - 3 **Run PLL, BBPD**
 - 4 Sleep (triggered externally)



5 PLL restore (when sleep de-asserted)

— Calibration also has FSM, which implements a frequency-error minimizing algorithm

- Starts at lowest capbank code, increments until argmin.
- Frequency error by integrating error out over a number of cycles
- Freq. resolution = f_{ref}/N_{cycles}
- $N_{cycles} = 4$ yields 0.5% fractional resolution (vs cap bank resolution of 1.2%)

3.9.1 Circuit

3.9.2 Layout

- Total area for logic = $716\mu m^2$.
- Layout in $30 \times 40 \mu m$, ca. 50 % density.
- Power = $31.4 \mu W$ at 0.65V (82% leakage).
- Need to test at 0.5V, should be acceptable
- Need to replace pins (when fully decided)

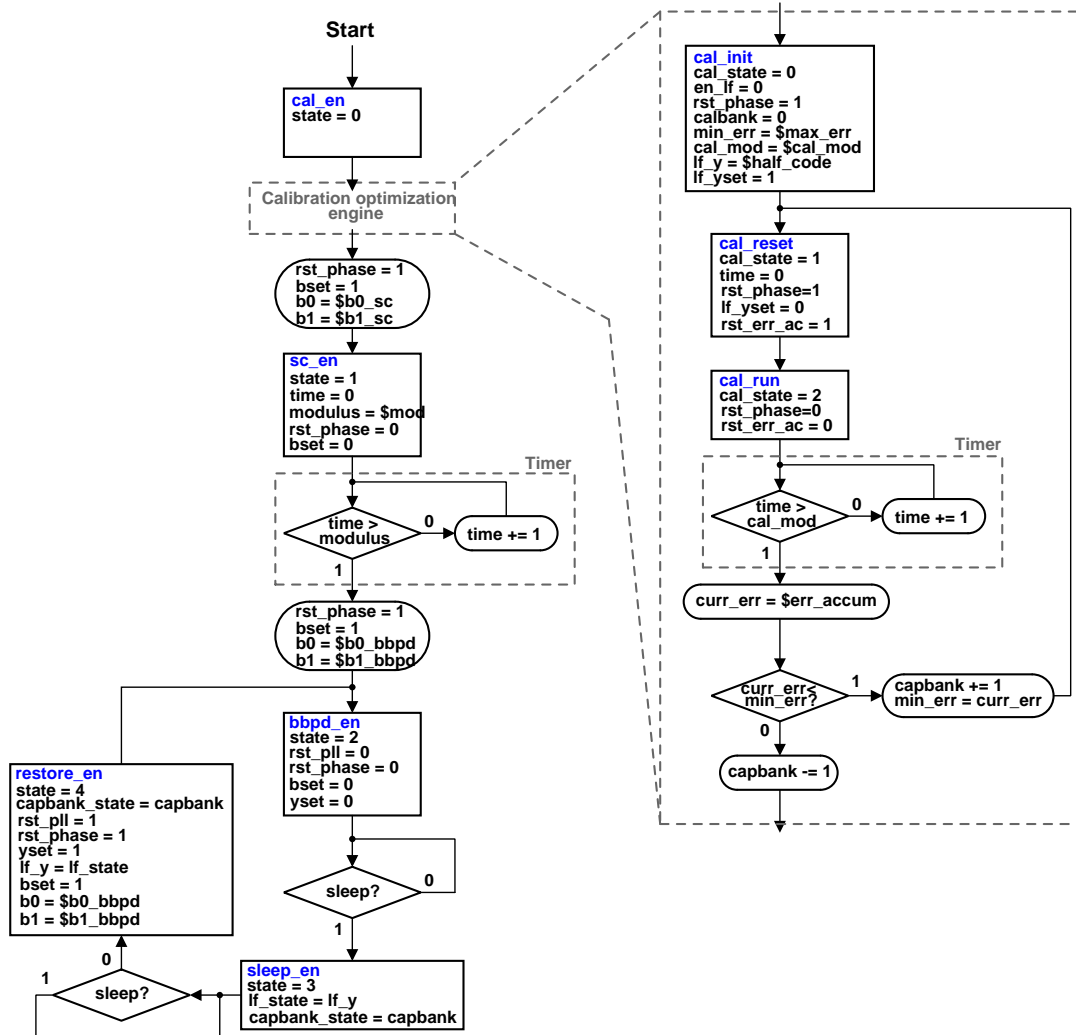
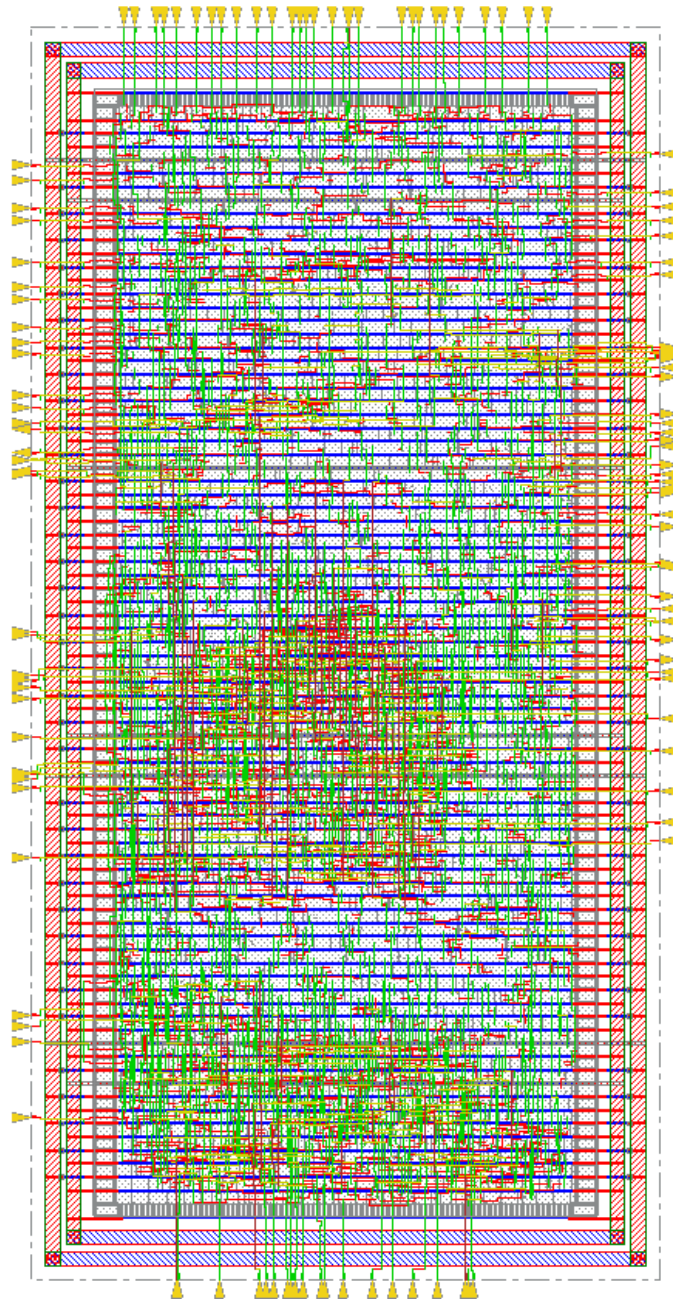


Figure 50: ASM chart for PLL state machine.



3.10 Level Shifter

Due to the split power domains, a level shifter is required interface the two domains.

3.10.1 Circuit

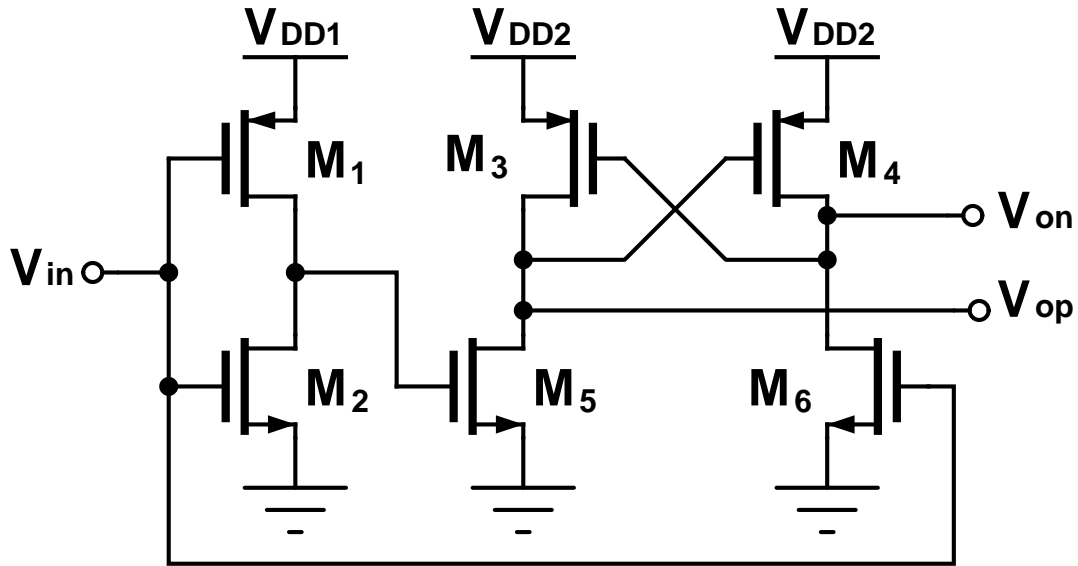


Figure 51: Approximate model for ring oscillator inverter delay cell.

3.11 Output buffer

3.11.1 Circuit

3.11.2 Layout

- **Edge time out of ring oscillator is slow.** Slow edge time allows noise to couple to phase:

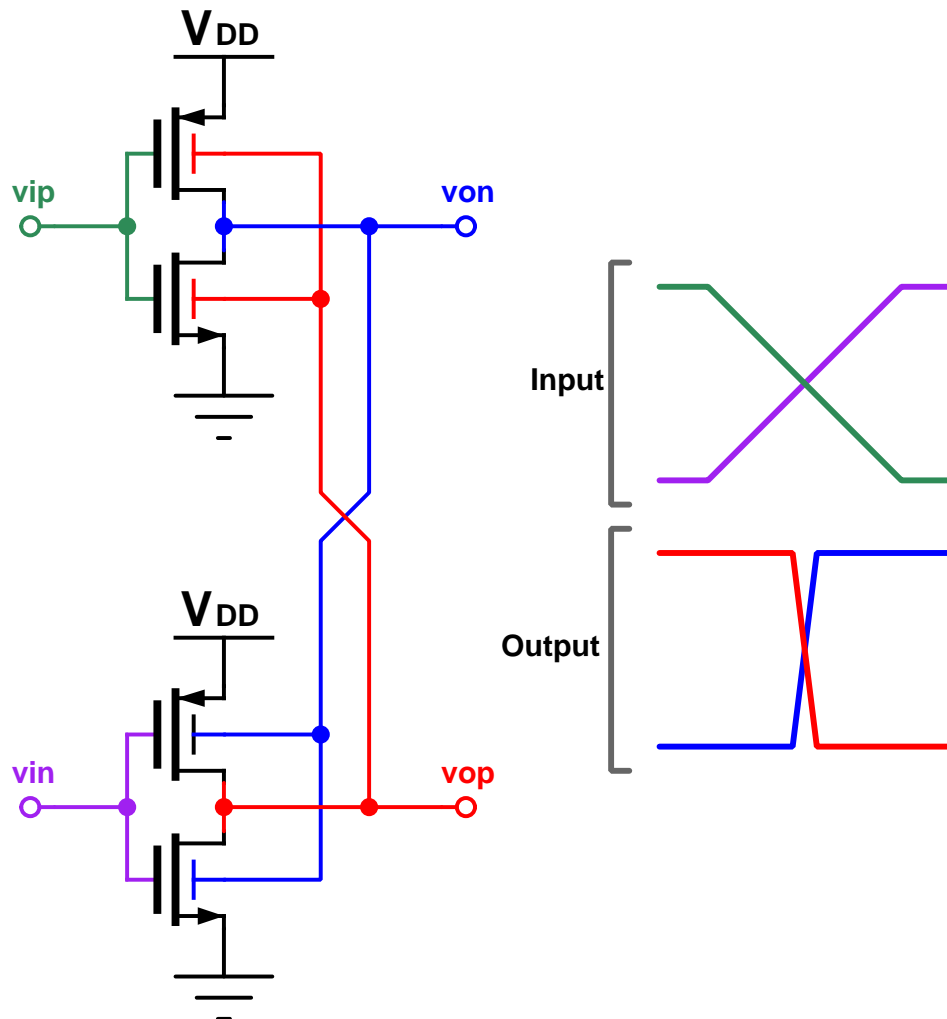
$$\Delta\Phi = 2\pi f_{osc} \left(\frac{dV}{dT} \right)^{-1} \cdot \Delta V \quad (171)$$

- For good phase detector performance and to avoid effects of external loading, buffers are needed.
- Highest noise susceptibility when crossing V_{CM} .
- If A_i is the inverter gain at V_{CM} , the pseudodifferential buffer stage here will provide the

following CMRR:

$$CMRR = \left| \frac{1 + \gamma A_i}{1 - \gamma A_i} \right| \quad (172)$$

- Conveniently in 22FDX, $\gamma = 0.075$ and $A_i \approx 14$ with min. length PFET+LVTNFET at $V_{DD} = 0.8$. **Thus CMRR = 26 dB.** This should help reject supply noise.
- Longer L yield essentially 0 dB CMRR.



3.12 Synchronous Counter

- Two choices for coarse linear phase detector, delay line TDC or synchronous counter.
- **Coarse delay line TDC**
 - (-) Complexity grows as $\mathcal{O}(n)$.
 - (-) Requires calibration of delay cells (possibly slow).

3. DESIGN

- (-) Linearity issues, with poor calibration, gain accuracy is a problem.
- (-) Needs divider.

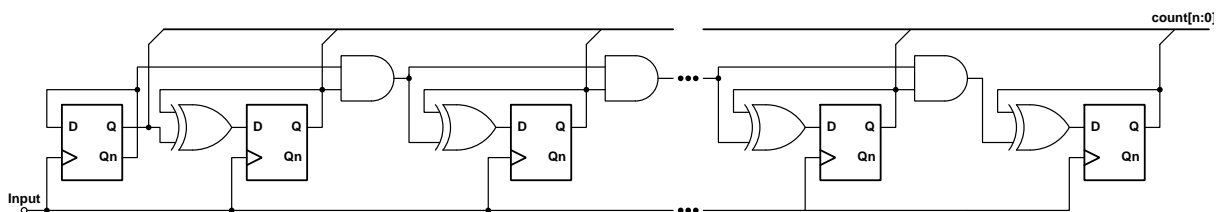
— Synchronous counter

- (+) Complexity grows as $\mathcal{O}(\log(n))$.
- (+) No calibration, no linearity issues.
- (+) Divider not needed (reduces noise, power?).
- (-) High power, must run as oscillator frequency.
- (-) Resolution limited be to equal to divider modulus.

— Counter approach has *significant* advantages for PLL start up. Will switch of counter after initial lock to save power.

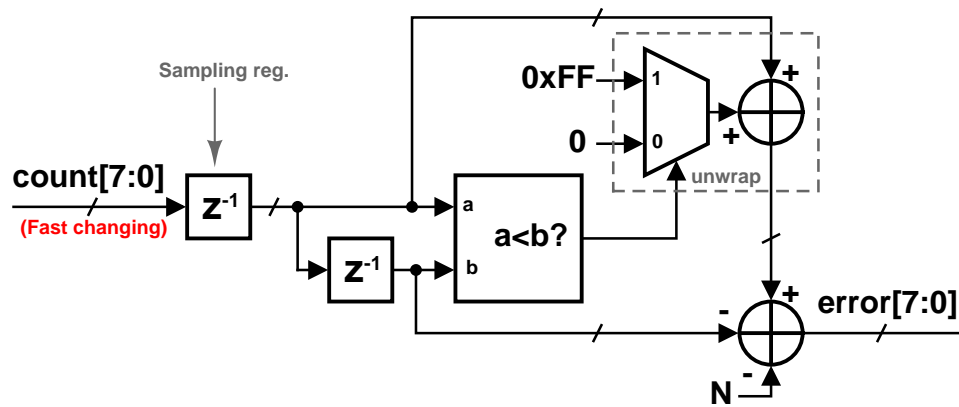
3.12.1 Circuit

- Only tested ripple (asynchronous) counter last time.
- Implement T flip-flop with XOR gate, AND carry logic. Logic implemented as NAND2 only, with all FETS 200nm/20nm.
- Necessary to ensure that incorrect value isn't sampled, which is possible with asynchronous during ripple period. Penalty: 50 NAND2 gates, all FF's must be clocked every input cycle, i.e. more power than async.



Count to phase error decoder

3.12.2 Layout



4 Results

4.1 Power breakdown

4.2 Phase Noise

4.3 Start-up Transient

4.4 Ring oscillator

FOM = -157.2, power = 79.06 μ W at 816 MHz.

4.4.1 Phase Noise

4. RESULTS

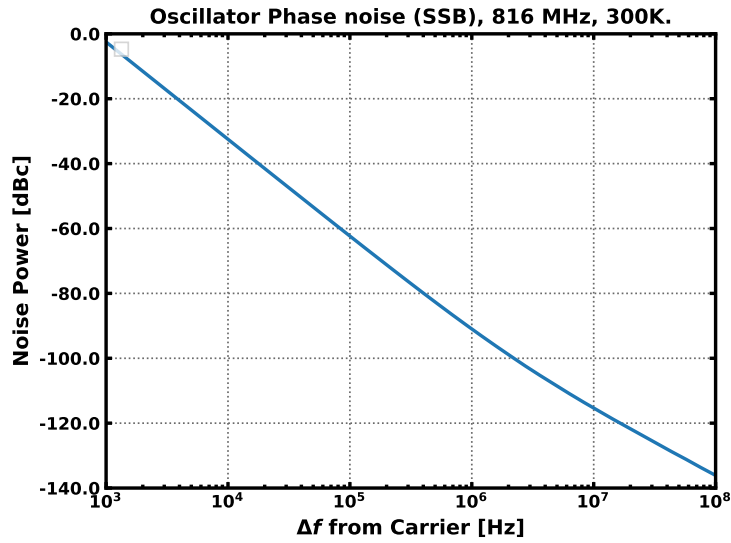


Figure 52: Ring oscillator phase noise (SSB).

4.4.2 Tuning

Mode	VCO Gain	Units	Normalized gain	Units
Supply tuning	2.588	MHz/mV	317.2	%/V
Medium tuning	30.92	kHz/mV	3.789	%/V
Fine tuning	5.378	kHz/mV	0.659	%/V
Capacitor tuning	9782	kHz/cap	1.19	%/cap

Table 6: PLL parameters determined from filter design and optimization process for fast lock speed with TDC feedback.

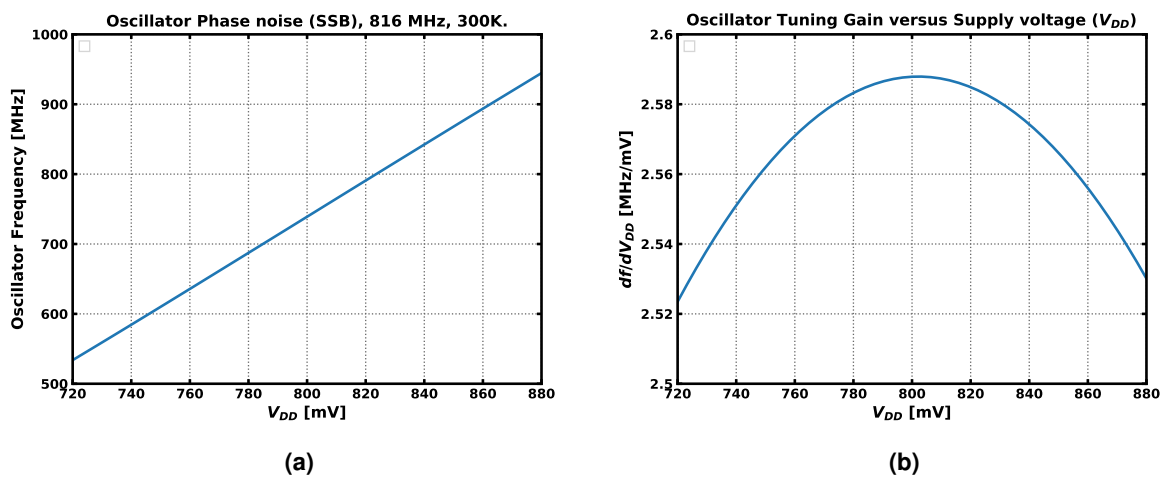


Figure 53: Supply voltage versus ($\pm 10\%$ from 0.8V) (a) Oscillation Frequency, (b) VCO gain.

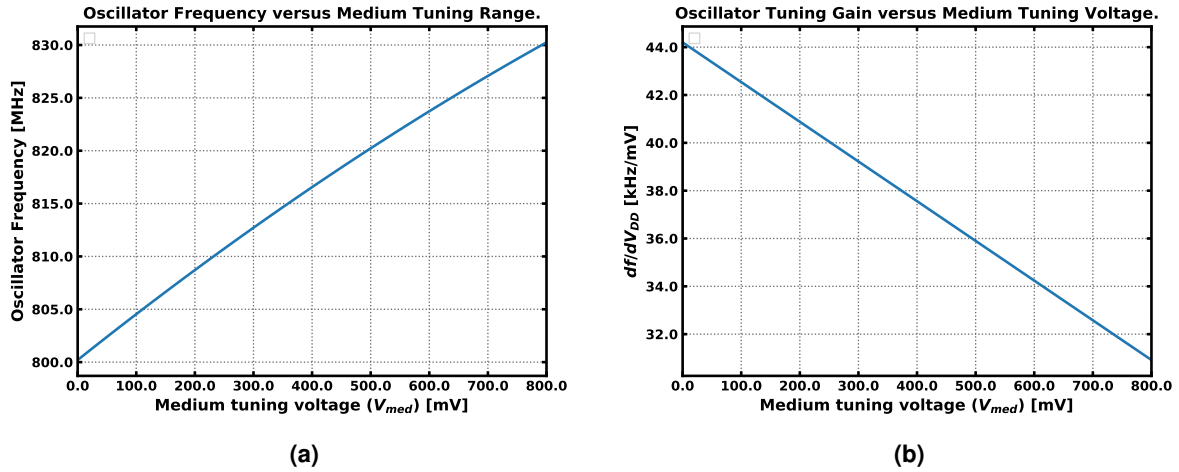


Figure 54: Medium tuning range versus (a) Oscillation Frequency, (b) VCO gain.

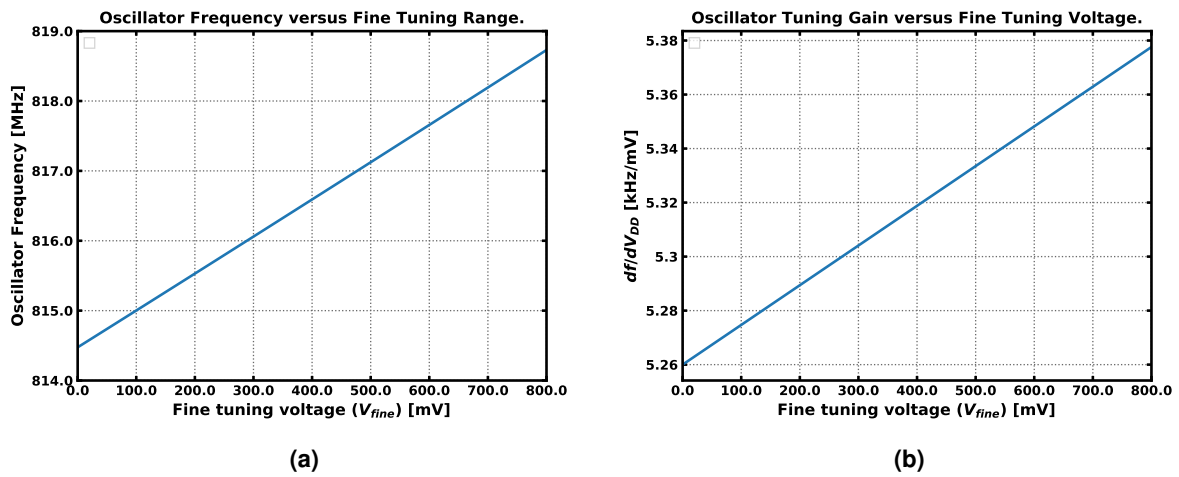


Figure 55: Fine tuning range versus (a) Oscillation Frequency, (b) VCO gain.

4.4.3 Waveforms

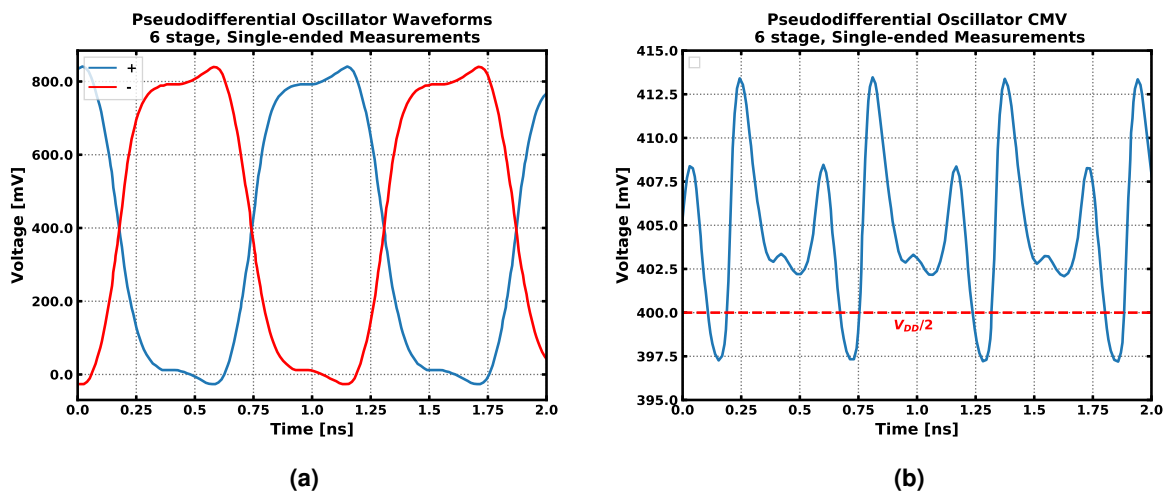


Figure 56: (a) Oscillator single-ended waveforms, (b) Oscillator common mode voltage waveform.

4.5 10b CDAC

Unit cap = 2.185 fF, total= 2.24pF INL/DNL, unit cap, area

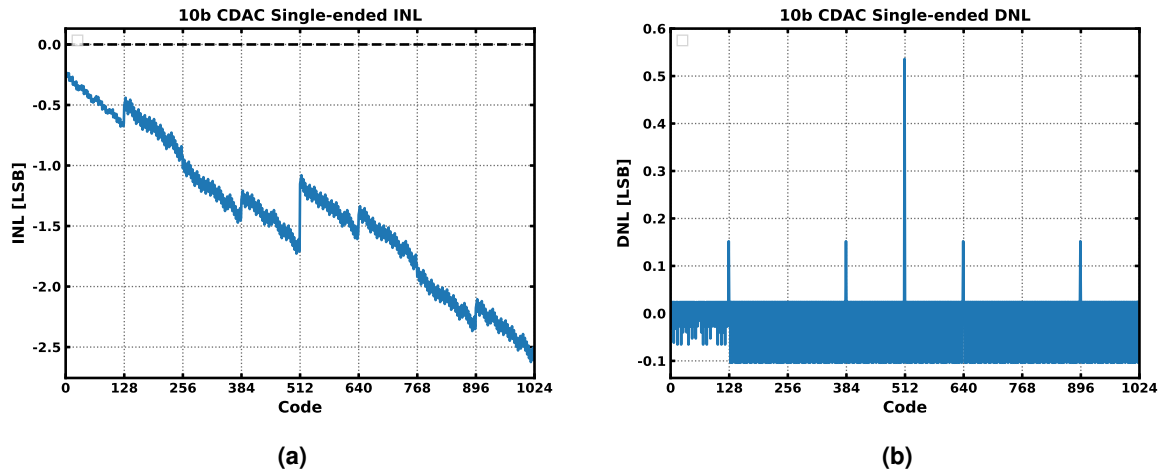


Figure 57: 10b CDAC single-ended (a) Integral Nonlinearity, (b) Differential Nonlinearity.

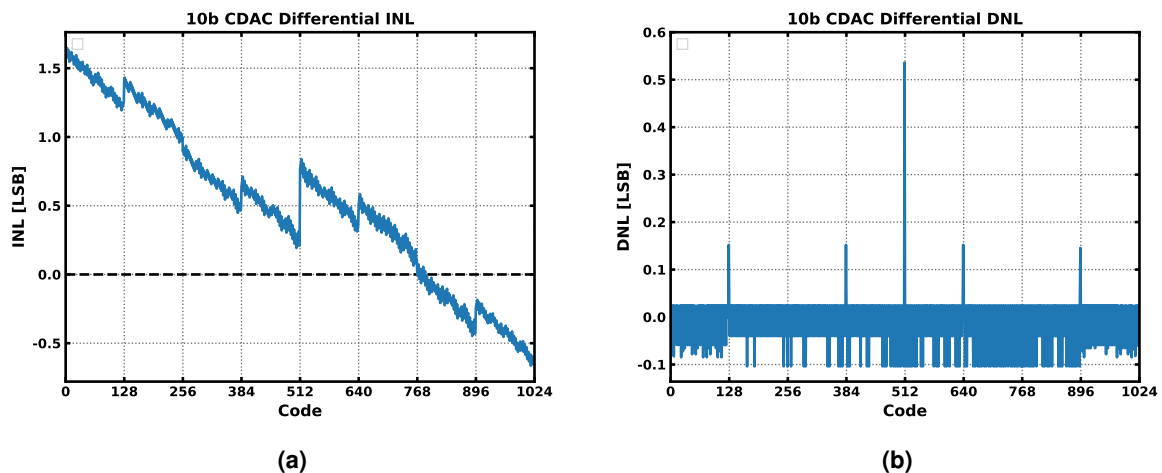


Figure 58: 10b CDAC differential (a) Integral Nonlinearity, (b) Differential Nonlinearity.

4.6 3b CDAC

Unit cap = 254fF, total = 2.032pF (tried to get approximately same as 10b CDAC) INL/DNL, unit cap, area

4.7 Bang-bang phase detector

Noise up to 20 GHz, 100 transitions averaged for 101 delay values, 0.8V, 1.342ps rms jitter added.

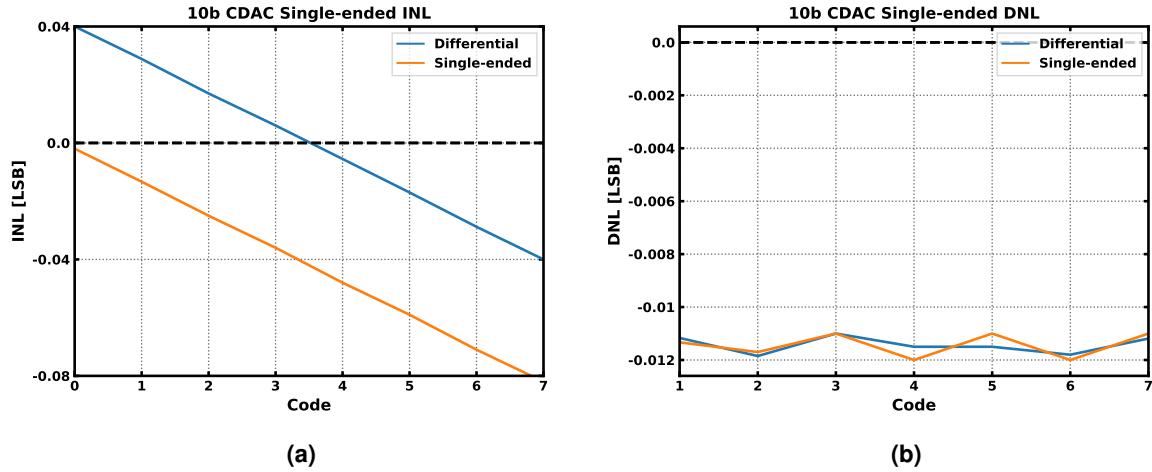


Figure 59: 3b CDAC differential (a) Integral Nonlinearity, (b) Differential Nonlinearity.

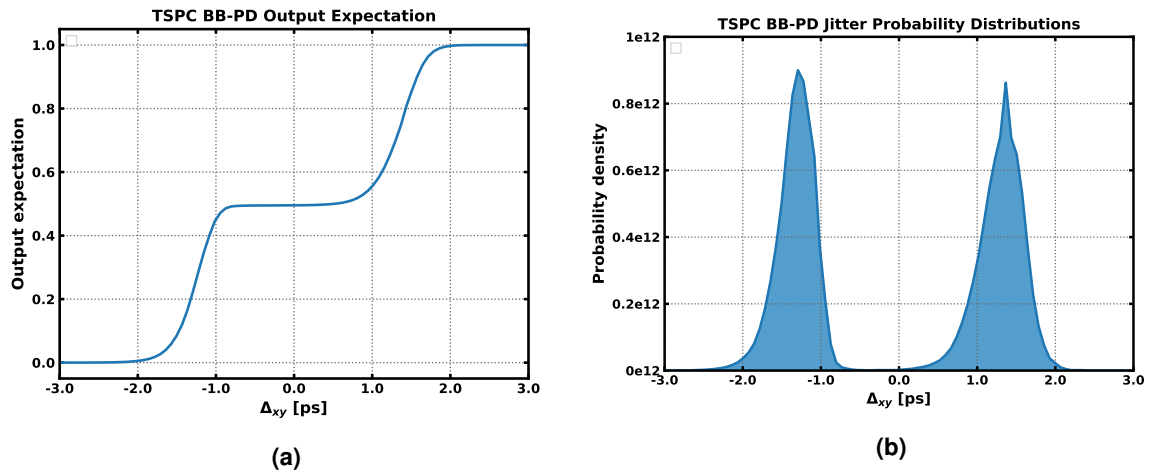


Figure 60: BBPD extracted jitter (a) Cumulative Distribution Function, (b) Probability Distribution Function.

4.8 Loop filter

4.8.1 Filter Design

4. RESULTS

Parameter	Value	Unit
K	2.982197×10^{12}	
K_i	2.982197×10^8	
K_p	2.115052×10^2	
f_z	2.244064×10^5	Hz
b_0	2.3014397180×10^2	
b_1	$-2.1150524223 \times 10^2$	
Estimated bandwidth	5.333423×10^5	Hz
Estimated lock time	4.527067×10^{-6}	seconds

Table 7: PLL parameters determined from filter design and optimization process for fast lock speed with TDC feedback.

Parameter	Value	Unit
K	5.325862×10^{12}	
K_i	1.271456×10^{10}	
K_p	1.101813×10^4	
f_z	1.836596×10^5	Hz
b_0	1.1812790734×10^4	
b_1	$-1.1018130778 \times 10^4$	
K_{bb}	1.0×10^0	
Estimated bandwidth	9.117332×10^5	Hz
Estimated lock time	9.978130×10^{-7}	seconds

Table 8: PLL parameters determined from filter design and optimization process for minimum phase noise with BBPD.

Parameter	Value	Value (digital)	Value Error
Total dataword bits	20		
Sign bits	1		
Integer bits	8		
Fractional bits	11		
b_0 (gear 1)	2.301440×10^2	0b01110011000100100111	$+7.116930 \times 10^{-5}$
b_1 (gear 1)	-2.115054×10^2	0b11110110001111110101	-1.288619×10^{-4}
b_0 (gear 2)	8.899902×10^0	0b00000100011100110011	$+4.616306 \times 10^{-5}$
b_1 (gear 2)	-8.301270×10^0	0b11111011110110010111	-1.168639×10^{-4}

Table 9: Loop filter parameters after digitization and optimization for data word length, gear 1 and gear 2.

4.9 Logic

Power consumption, area, number gates 30x60

5 Discussion

In this discussion, the performance of the implemented design will first be analyzed via comparison to current state of art.

Parameter	This Work	SSCL 2020[29]	JSSC 2019[31]	x	x
X					

Table 10: PLL parameters determined from filter design and optimization process for minimum phase noise with BBPD.

5.1 State of art

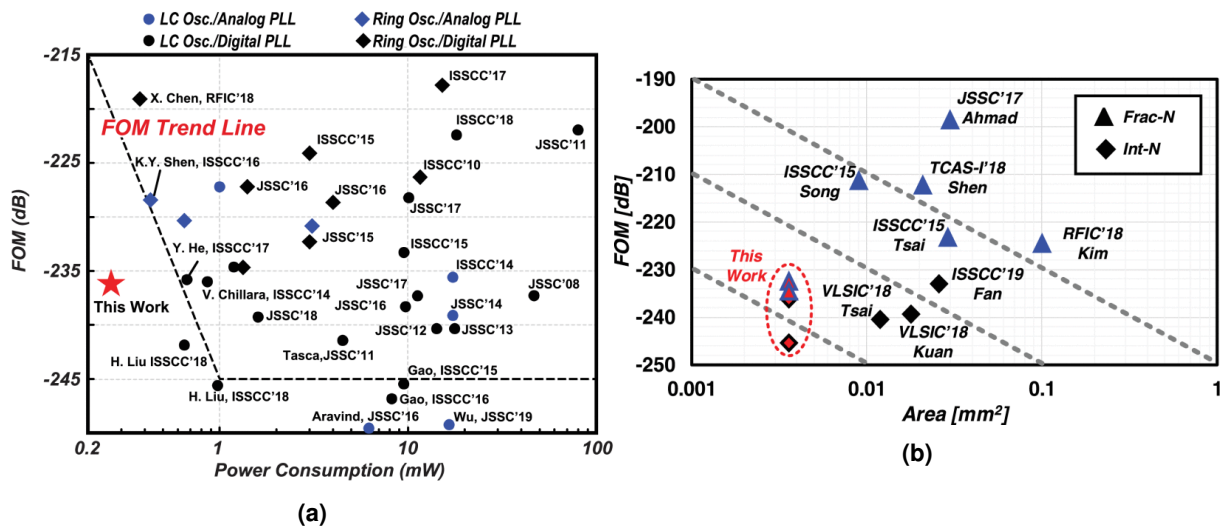


Figure 61: (a) FOM_{jitter} versus power from [31] (JSSC 2019), (b) FOM_{jitter} versus area from [29] (SSCL 2020).

5.2 Areas of improvement

5.2.1 Subharmonic oscillator

Possible to be improved to run at full speed, not subharmonic??

5.2.2 CDAC switching noise

Noise when switching, probably unavoidable with current implementation. Would need other DAC implementation, almost certainly not lower power than CDAC???

6 Conclusion

In this work, an ultra-low power phase locked loop of novel architecture was implemented to achieve ultra-low power operation for the needs of wake up receiver applications. The proposed architecture successfully implemented power saving simplifications, including dividerless operation, all-digital loop filter, and novel DCO. The DCO architecture introduced a new pseudo-differential delay cell based voltage controlled ring oscillator topology, operating on backgate connections to implement both frequency tuning and differential operation. This ring oscillator topology exploits characteristics of FD-SOI, which enabled highly linear oscillator gain with rail-to-rail control voltages. The oscillator topology design was shown to operate effectively coupled with a capacitive DAC, resulting in a low energy, low complexity oscillator with fine control of frequency. Theory regarding the design and operation of such oscillators was introduced. Furthermore, theory for filter optimization for BBPD-PLL containing noisy a BBPD was introduced.

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A Layout

A.1 Ring Oscillator

A.1.1 Full oscillator layout

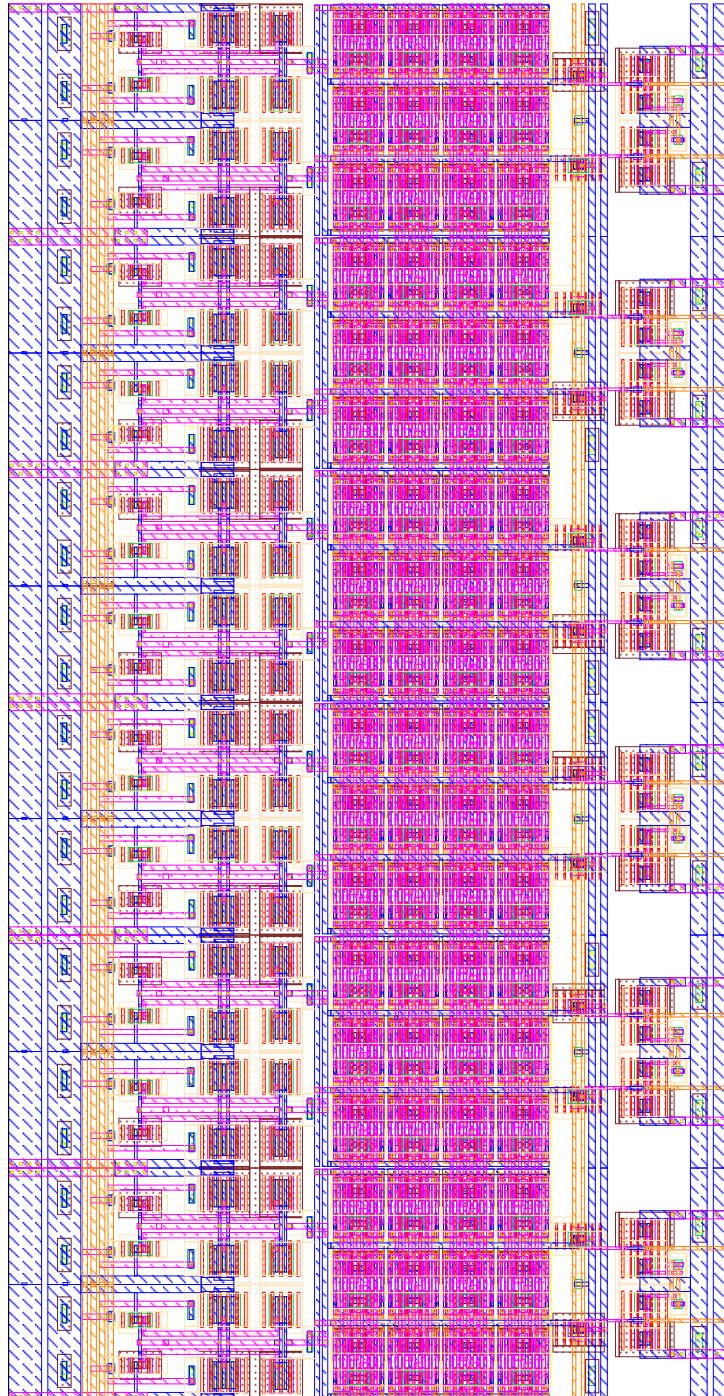


Figure 62: Full six stage oscillator layout with capacitor tuning bank, reset switches, and output buffer.

A.1.2 Pseudodifferential inverter delay cell

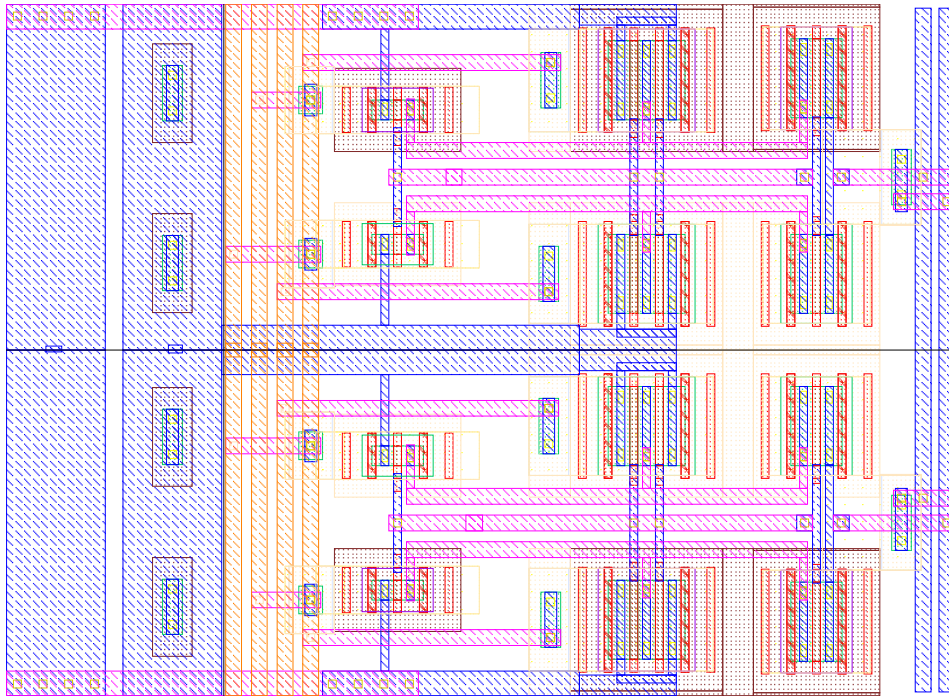


Figure 63: Unit delay stage pseudodifferential inverter.

A.1.3 Capaitor tuning bank

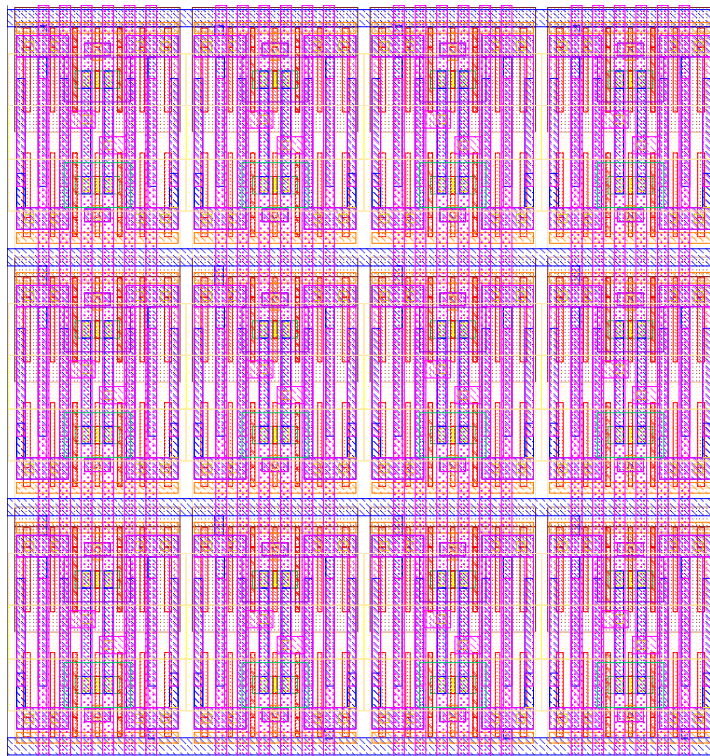


Figure 64: Capaitor tuning bank.

A.2 10b CDAC

A.2.1 Full CDAC Layout

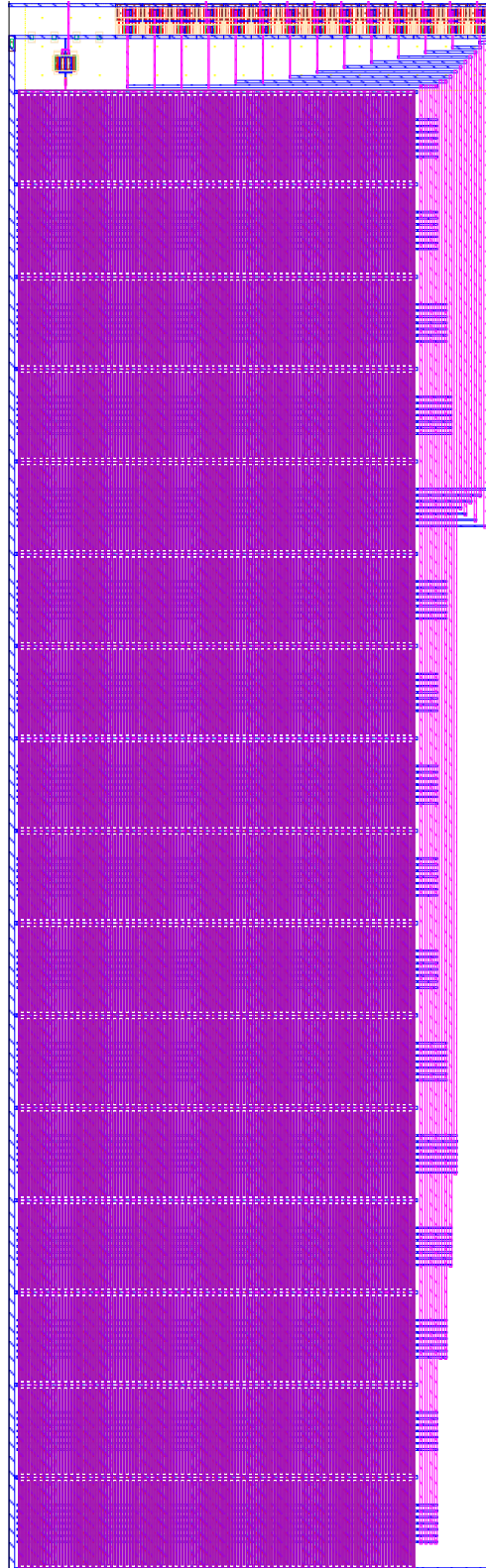


Figure 65: 10 bit CDAC layout.

A.2.2 64 unit capacitor sub-bank

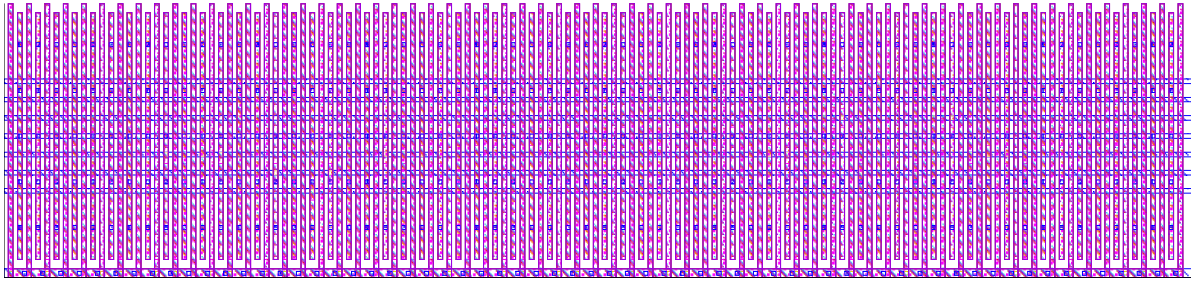


Figure 66: 64 unit capacitor bank.

A.3 CDAC unit switch

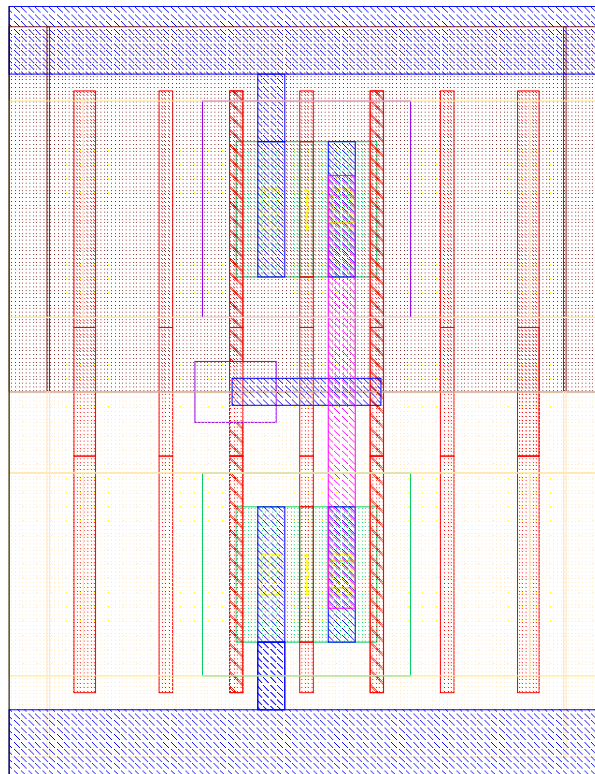


Figure 67: CDAC switch.

A.4 3b CDAC

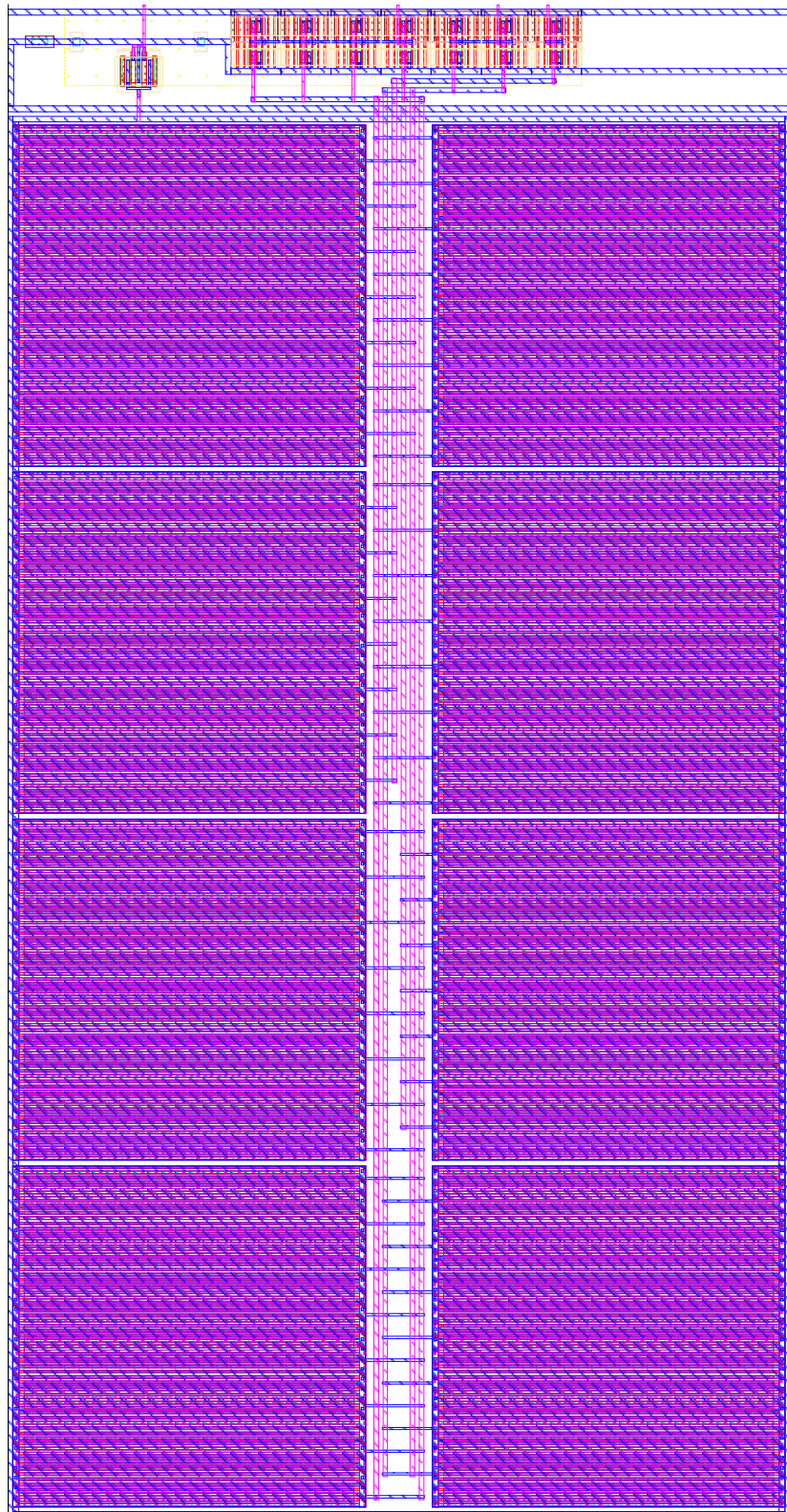


Figure 68: 3 bit CDAC layout.

A.5 Buffer

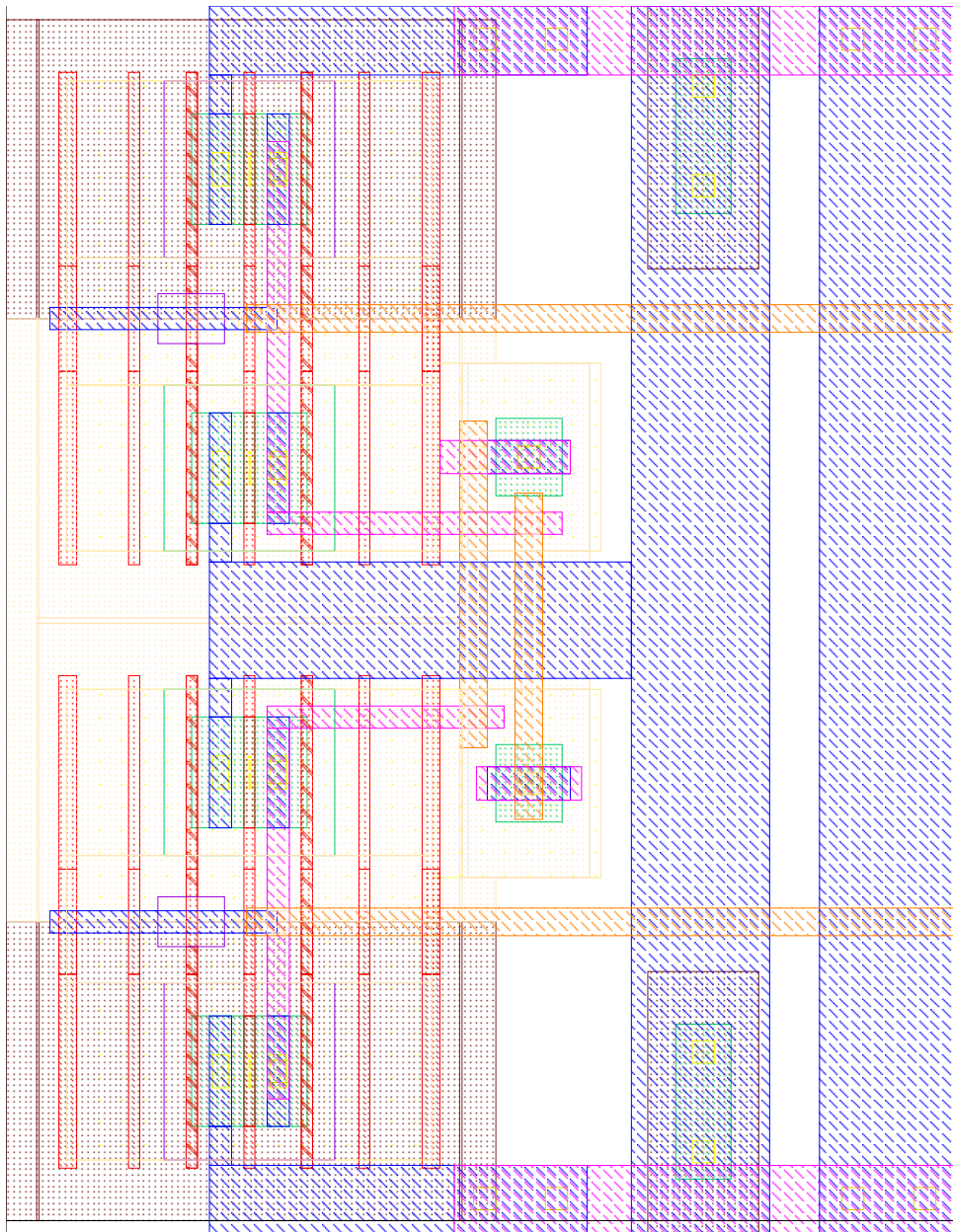


Figure 69: Pseudodifferential inverter buffer cell.

A.6 BBPD

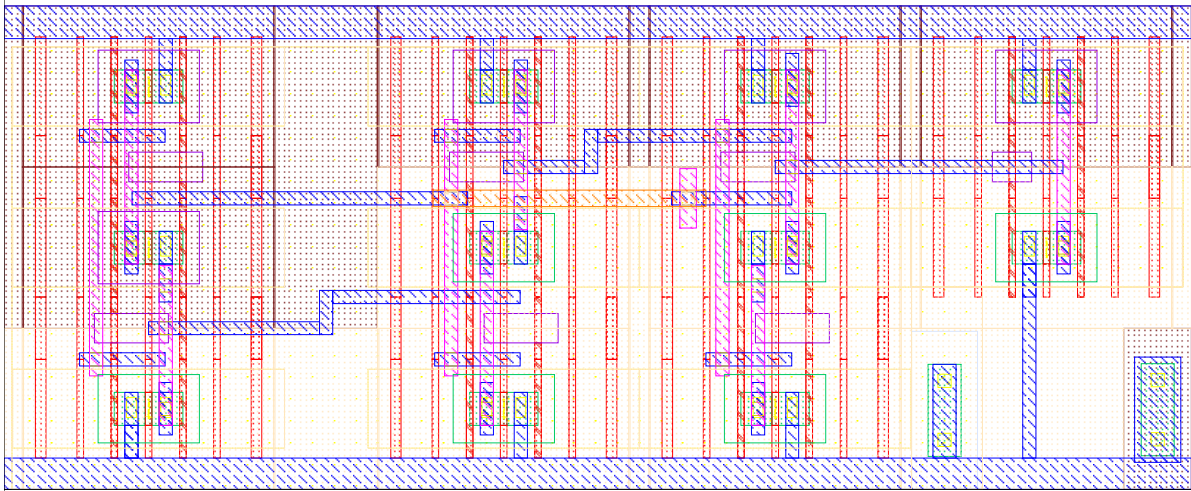


Figure 70: Single ended bang-bang phase detector.

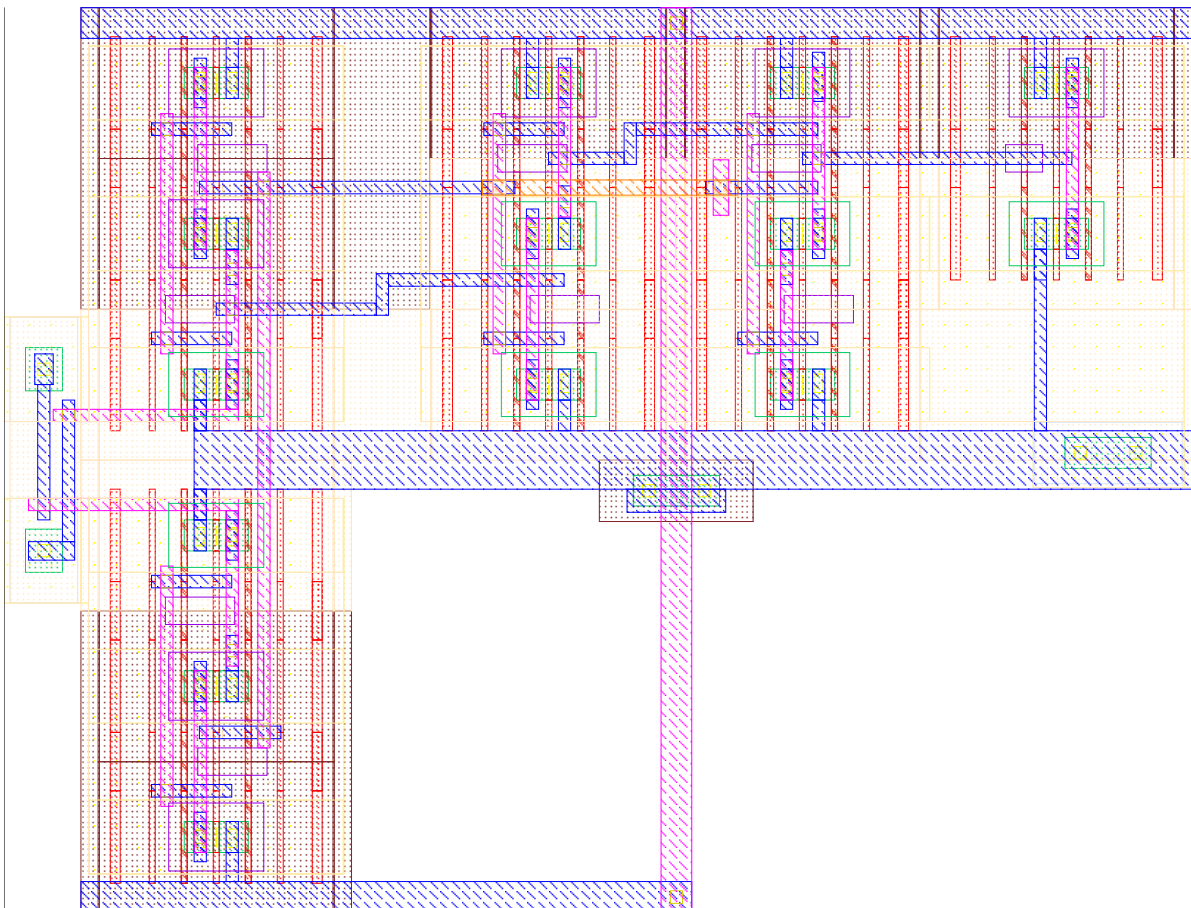


Figure 71: Pseudodifferential input bang-bang phase detector.

A.7 SPNR Logic

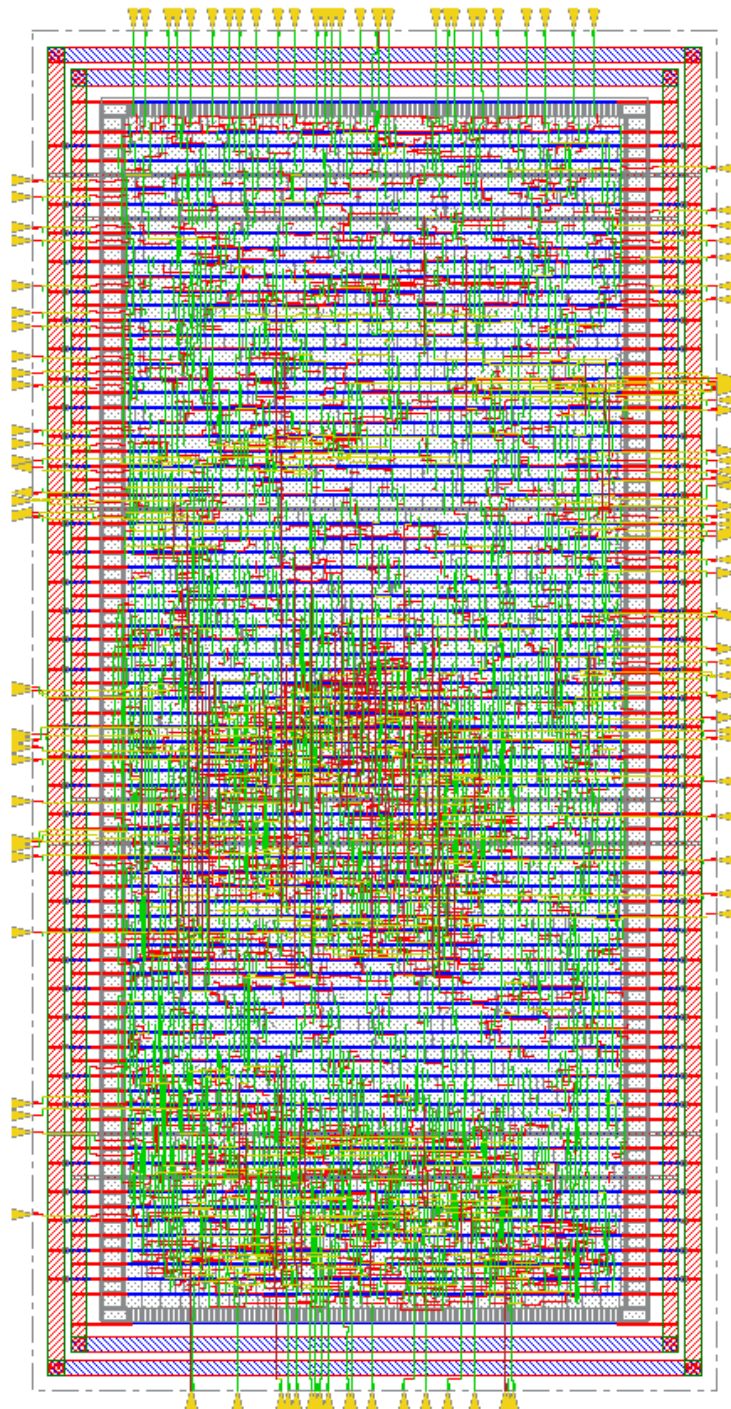


Figure 72: Place and route generated logic for PLL.

B Estimating PSD with Autoregressive Model

The following is based on [32]. Given a signal $x[n]$ whose power spectrum should be estimated, its autocorrelation sequence $r_{xx}[l]$ with lag l must be computed:

$$r_{xx}[l] = \sum_{n=-\infty}^{\infty} x[n]x[n-l] \quad (173)$$

The autoregressive model for power spectrum, with p poles, that shall be fitted is given in 174

$$S_{XX}(f) = \frac{1}{|1 + \sum_{n=1}^p a_n z^{-1}|^2} \Big|_{z^{-1}=e^{-j2\pi f \Delta T}} \quad (174)$$

MMSE optimization of the distribution for coefficients $\{a_1, \dots, a_p\}$ is done by solving the Yule-Walker equation in 175.

$$\begin{bmatrix} a_1 \\ a_2 \\ \vdots \\ a_p \end{bmatrix} = -\mathbf{R}_{xx}^{-1} \mathbf{r}_{xx} = - \begin{bmatrix} r_{xx}[0] & r_{xx}[1] & \dots & r_{xx}[p-1] \\ r_{xx}[1] & r_{xx}[0] & \dots & r_{xx}[p-2] \\ \vdots & \vdots & & \vdots \\ r_{xx}[p-1] & r_{xx}[p-2] & & r_{xx}[0] \end{bmatrix}^{-1} \begin{bmatrix} r_{xx}[1] \\ r_{xx}[2] \\ \vdots \\ r_{xx}[p] \end{bmatrix} \quad (175)$$