

## Application

Programme	Erasmus+
Action Type	KA152-YOU - Mobility of young people (KA152-YOU)
Call	2024
Round	Round 1

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## Context

Project Title	Fashion Forward: Recycled Runway			
Project Acronym	ffrr			
Project Start Date (dd/mm/yyyy)	Project Duration	Project End Date (dd/mm/yyyy)	National Agency of the Applicant Organisation	Language used to fill in the form
01/07/2024	15 months	30/09/2025	PL01 - Foundation for the Development of the Education System	English

For further details about the available Erasmus+ National Agencies, please consult the following page: [List of National Agencies](#).



## Project Summary

Please provide short answers to the following questions to summarise the information you have provided in the rest of the application form.

Please use full sentences and clear language. In case your project is accepted, the summary you provided will be made public by the European Commission and the National Agencies.

What do you want to achieve by implementing the project? What are the objectives of your project? Please specify from the perspective of youth work practice.

By this project we want to provide a platform for young people to educate and spread awareness about environmental degradation caused by the fast fashion industry. We want to achieve long-term positive effects on participants' and society's more ecological consumer behavior by protecting the environment.

We hope that the project will help participants develop a sense of social responsibility while assisting them in finding creative experimental ways to save the environment from degradation caused by producing fast fashion clothing and accessories. Also, we want to promote critical thinking among participants during discussions about the fashion industry in general. We want to focus as well on digital competences development among participants. We understand the range of possibilities that Artificial Intelligence is offering in today's world.

By implementing "Fashion Forward: Recycled Runway" we aim to:

-increase awareness about destructive impact of the fast fashion industry among participants by 80% and local society by 50%

- Expand participants' creativity by 80% by turning waste into art

- Increase engagement in active making conscious fashion choices among participants (85%) and local citizens (60%) by organizing fashion show reflecting on environmental issues created by fast fashion industry

- increase by 70% critical thinking competence among participants use by reflecting on environmental impact of fast fashion industry

- Create a space where young people from different background may work together, exchange ideas, and try out creative working methods

- Change mindset of participants and local citizens to make conscious and sustainable fashion choices

- Increase participant's digital competences by 75% by on the usage of AI tools for designing clothes, creating music and graphic designs

- Strengthen international cooperation with partner organizations

-Promote european values

Creating a fashion show reflecting on environmental problems caused by fast fashion by using Artificial Intelligence to design clothes and turning waste into clothing pieces will improve participants' interpersonal competences, creative thinking, organizational skills and will develop in themselves as well as in the society a sense of social responsibility for their fashion choices.

The project's overall goal is to inspire young people and expand their knowledge that will be used to save the environment by changing fashion choices into more sustainable as well as creating wonderful memories of working with people from other cultural backgrounds. The fashion show they create will be a physical reminder of their knowledge, demonstrate their values and show the power that people hold into changing the world for better.

What activities do you plan to implement? What is the number and profile of the participants involved?

We have planned numerous activities aimed at raising awareness among participants and the community about the destructive environmental impact of fast fashion. We will achieve this mainly through the use of creative methods and technology.

Participants will gain a deeper understanding of the project's topic through initiating discussions and sharing of experiences at the beginning of the exchange. Together, they will conduct research to uncover mechanisms such as greenwashing, material utilization, mass production processes, and other activities related to industries producing fast fashion clothing. This will be the first, and at the same time, a significant step towards understanding the environmental harm caused by unsustainable material production.

Next in line, we will clean the city and its green areas by collecting litter in Krosno. The collected waste will be used to create clothing, which we will present during the fashion show that will take place in Centrum Aktywności Młodzieży in Krosno, educating society about the harmful environmental impact generated by the fast fashion industry. To design the presented clothing, we will utilize the Midjourney Artificial Intelligence program. Through this action, we will develop digital skills and gain a deeper understanding of the opportunities offered by artificial intelligence in today's world. Additionally, by designing clothing in a digital program, we will not generate unnecessary paper waste, adding another ecological value to the project. We will organize a fashion show during which we will present clothing made from collected waste. The event aims to educate about the impact of the fast fashion industry on the environment, prompting viewers to reflect more deeply on their consumer choices and change them to be more sustainable.

We will also create a promotional film using artificial intelligence and VR technology. Its concept will revolve around life among destroyed ecosystems due to fast fashion production. The realization of society will appear when there is no longer a possibility of reversing these effects. We will use AI to simulate the surroundings of the film by generating views of piles of

discarded materials in forests, polluted oceans, and chemically damaged fields using artificial intelligence. To increase viewer engagement, we will use VR technology to create scenes from the perspective of actors, during which they will dive among trash in the ocean or navigate around garbage heaps in the natural fields.

Additionally, we will organize a photo session in which participants dressed in clothing made from waste will play the main role, posing against the backdrop of landfills, discarded waste, and natural spaces. We will create an exhibition of these photos at the Office of Art Exhibitions in Krosno, with a vernissage scheduled after the implementation of the fashion show.

#### What results and impact do you expect your project to have?

Our initiative aims to instill in young people a sense of responsibility for environmental protection. We want to educate them and society about the scale of the ecological problems caused by the fast fashion industry. Participants in the "Fashion Forward: Recycled Runway" project will gain comprehensive knowledge about the impact of fast fashion and acquire a range of skills that will support their development and further action towards environmental protection. Among the participants, we aim to deepen critical thinking skills, inspire to experiment with creative problem solutions, and improve their teamwork abilities. Additionally, they will understand the destructive effects on the ecosystems caused by mechanisms of fast fashion production companies, learn about their environmental impact, and through project activities, instill in themselves and society a sense of responsibility for the environment. To ensure that the project's values are ingrained permanently, we have decided to use experimental and creative methods in our activities to raise awareness.

We will achieve this by creating a fashion show. The clothing showcased will be made from waste collected by participants during the cleanup of Krosno areas. To avoid generating unnecessary waste during clothing preparation, participants will utilize an artificial intelligence-powered program called Midjourney. Through this program, participants will gain a new perspective on using modern technology in creative work. They will understand that artificial intelligence is not a replacement for their work, but rather a tool to open up new possibilities.

The fashion show aims to draw attention to the environmental impact of fast fashion, prompting viewers to reflect on their purchasing choices. By presenting waste as material for clothing creation, viewers will gain a deeper understanding of the ecological threats posed by fast fashion production and support through purchases. We aim to cease support for companies producing fast fashion in favor of ecological solutions. We will focus on ensuring that our message reaches as many people as possible, particularly inviting students from Krosno high schools and universities. We believe that raising society's awareness of the degrading effects of fast fashion production will lead to lasting changes in their choices.

## Summary of Participating Organisations

Organisation name (Organisation id, Country 2-letter code)	Country of the Organisation	Role of organisation	Type of Organisation
FUNDACJA PATRZ GLOBALNIE (E10307192, PL)	Poland	Applicant Organisation	Foundation
Green Youth Hungary (E10354220, HU)	Hungary	Partner Organisation	Non-governmental organisation/association
Association for Youth Activism and Growth - Excel Skopje (E10256483, MK)	The Republic of North Macedonia	Partner Organisation	Non-governmental organisation/association
CXJV Conexão Jovem Associação (E10238811, PT)	Portugal	Partner Organisation	Non-governmental organisation/association

## Summary of Activities and Participants

Activity Type	No. of Activities	No. of persons	Participants with Fewer Opportunities
Youth exchanges - Member States and associated countries	1	30	0
Preparatory visits	1	3	0
<b>Total</b>	<b>2</b>	<b>33</b>	<b>0</b>

## Project Budget

The National Agency has requested a financial guarantee.

### Budget Summary

Budget items	Grant
Preparatory visits Grant (EUR)	2 040,00
Travel (EUR)	2 163,00
Green travel (EUR)	4 914,00
Individual Support (EUR)	12 852,00
Organisational Support (EUR)	3 000,00
Total Grant (EUR)	24 969,00

### Budget Summary per Activity Type

Activity Type	Youth exchanges - Member States and associated countries	Preparatory visits
Preparatory visits Grant (EUR)	0,00	2 040,00
Travel (EUR)	2 163,00	0,00
Green travel (EUR)	4 914,00	0,00
Individual Support (EUR)	12 852,00	0,00
Organisational Support (EUR)	3 000,00	0,00
Grant (EUR)	22 929,00	2 040,00

## Budget Summary per Activity

Activity id	Activity Type	Preparatory visits Grant (EUR)	Travel (EUR)	Green travel (EUR)	Individual Support (EUR)	Organisational Support (EUR)	Grant (EUR)
YEXMS01	Youth exchanges - Member States and associated countries	0,00	2 163,00	4 914,00	12 852,00	3 000,00	22 929,00
PREPV02	Preparatory visits	2 040,00	0,00	0,00	0,00	0,00	2 040,00

## Applicant organisation

OID	Legal name	Country	Region	City	Website
E10307192	FUNDACJA PATRZ GLOBALNIE	Poland	Lubelskie	LUBLIN	

## Partner organisations

OID	Legal name	Country	Region	City	Website
E10354220	Green Youth Hungary Association for	Hungary		Pilisszentiván	
E10256483	Youth Activism and Growth - Excel Skopje	The Republic of North Macedonia	Скопски (Skopski)	Skopje	
E10238811	CXJV Conexão Jovem Associação	Portugal	Norte	Braga	

## Participating Organisations

To complete this section you will need your organisation's identification number (OID).

If you have an OID number please introduce it in this section.

If you are not sure if you have OID number, you can check here: [Organisation Registration System](#)

If you do not have OID number, you can create one here: [Register New Organisation](#)

According to the Programme Guide, each organisation (OID) can be involved in a total of 5 Mobility of young people applications per application round. The maximum number includes all applications in this action, regardless of whether the organisation is a coordinator or a partner. Once this limit is reached, it will not be possible to submit further applications with the same organisation (OID).

## Applicant - FUNDACJA PATRZ GLOBALNIE (E10307192 - PL)

Organisation ID	Legal name	Country
E10307192	FUNDACJA PATRZ GLOBALNIE	Poland

### Applicant details

Legal name	FUNDACJA PATRZ GLOBALNIE
Country	Poland
Region	Lubelskie
City	LUBLIN

### Profile

Is the organisation a public body?	Is the organisation a non-profit?
No	Yes
Type of organisation	Foundation
Main sector of activity	Offering participation in youth-led events and youth participation activities

## Background and experience

Please briefly present your organisation/group.

The organization was founded at the end of 2019. It was created as a response to a niche which was noticed being a large quantity of young artists locally which lack the potential to join together and share their concepts. These were young people who often came from rural areas which limited their possibilities in terms of networking in this sphere. Later, the activities of the organization expanded to support young people with fewer opportunities in general. The founders and members of the organization, coming from difficult environments and from agricultural areas, understand the need to activate young, excluded people and have set themselves the goal of overcoming these barriers, supporting the professional and personal development of excluded youth.

In January 2024, we organized a youth exchange, financed by Erasmus+, "Art meets Ai: Exploring New Forms of Performance", the main result of which - a theatre performance, was gathered by an audience of 800 people, mainly refugees and people from orphanages.

What are the activities and experience of the organisation in youth work? Please provide information on your organisation's / group's regular youth work activities.

The organization deals with the broadly understood activation of young people with fewer opportunities in the spirit of their own sense of being European, equalizing opportunities and building international dialogue. The organization held many meetings in local schools to promote the Erasmus program and European values. We also acted as an intermediary in contacts between young, talented people from eastern Poland and foreign NGOs. The organization deals with education through art. The organization's volunteers work in orphanages, reform schools and schools, where they promote the Erasmus program and innovative recycling methods by creating art from garbage. Currently, the organization is working on creating a workshops for local schools, where young people will gain knowledge about destructive impact of the fast fashion industry and make their own clothing prototypes using recycled materials.

in January 2024, we organized a youth exchange "Art meets Ai: Exploring New Forms of Performance" which gathered an audience of 800 people, mainly refugees and people from orphanages

Please give information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

Sebastian Rafalski - works as a consulting specialist. As part of his work, he deals with the investments of external companies, i.e. the company's clients. As part of its duties, it deals with the legal side of investment preparation in the field of administrative law, i.e. the necessary permits, permits and decisions, and ensures the legality of planned and commenced investments of clients. As part of planned investments, he looks for opportunities for clients to finance them from EU funds and prepares application documentation. In addition, as part of my duties, I help companies at the stage of investment implementation by advising

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Mobility of young people (KA152-YOU)	7	1	23	3
Newcomer organisation		No		
Less experienced organisation		No		
First time applicant		No		

## Partner Organisations

Organisation ID	Legal name	Country
E10354220	Green Youth Hungary	Hungary
E10256483	Association for Youth Activism and Growth - Excel Skopje	The Republic of North Macedonia
E10238811	CXJV Conexão Jovem Associação	Portugal
<b>No. of participating organisations</b>		<b>4</b>

### Green Youth Hungary (E10354220 - HU)

#### Partner organisation details

Legal name	Green Youth Hungary
Country	Hungary
City	Pilisszentiván

#### Profile

Is the organisation a public body?	Is the organisation a non-profit?
No	Yes
Type of organisation	Non-governmental organisation/association
Main sector of activity	Offering participation in youth-led events and youth participation activities

## Background and experience

Please briefly present the organisation / the group

Green Youth is a dynamic and community-driven organization dedicated to fostering positive social change and innovation in Pilisszentiván village. Established with a vision to create a more inclusive and sustainable community, the organization engages in various projects and initiatives that address key social, environmental, and cultural challenges. They take a collaborative approach, bringing together individuals from diverse backgrounds, including professionals, students, and community members, to work collectively towards impactful solutions. Through Green Youth's programs and events, they aim to inspire and empower people to contribute to positive transformations in our local community. Key areas of focus for their organization include social entrepreneurship, environmental sustainability, education, and community development. Organization's staff actively seek partnerships with local businesses, educational institutions, and government agencies to create a network of changemakers who can collectively drive meaningful and lasting change. Whether through workshops, seminars, or hands-on projects, they provide a platform for individuals to exchange ideas, develop skills, and take concrete actions that contribute to the betterment of Budapest. By fostering a culture of collaboration, innovation, and social responsibility, Green Youth Hungary plays a pivotal role in shaping a brighter and more resilient future for the community.

What are the activities and experience of the partner organisation in youth work? Please provide information on your organisation's / group's regular youth work activities at local level.

Green Youth Hungary is committed to fostering the personal and social development of young individuals through a range of dynamic and engaging youth work activities. They aim of creating a supportive and inclusive environment for the youth in Pilisszentiván.

Some of their youth work activities include:

1. Youth Empowerment Workshops: Green Youth conducts workshops focused on empowering young people, providing them with essential life skills, and boosting their self-confidence. These workshops cover a variety of topics such as leadership, communication, and decision-making.
2. Educational Programs: They are dedicated to promoting education among the youth to support academic achievement and encourage a love for learning.
3. Cultural Exchange Events: Green Youth believes in the importance of cultural diversity and global awareness. They arrange cultural exchange events, where young people can interact with peers from different backgrounds, fostering understanding and tolerance.
4. Community Service Initiatives: They encourage a sense of social responsibility among the youth by involving them in community service projects. This includes environmental initiatives and volunteering opportunities.
5. Career Development Programs: Understanding the importance of career readiness, organization offer programs that help young individuals explore various career paths, develop professional skills, and make informed decisions about their future.
6. Arts and Creativity Workshops: Green Youth Hungary values the role of arts and creativity in personal expression.
7. Youth Forums and Discussions: They facilitate discussions on topics relevant to the youth, encouraging them to voice their opinions, share experiences, and engage in constructive dialogue.
8. Technology and Innovation Workshops: Recognizing the importance of technological literacy, they organize workshops that introduce young individuals to the latest technologies, coding, and innovation, preparing them for the digital future.
9. Youth-led Initiatives: actively involving young people in the planning and execution of our programs. This approach empowers them to take ownership of their experiences and contributes to the development of leadership skills.

Green Youth Hungary is dedicated to providing a diverse range of activities that cater to the holistic development of the youth in our community. Through these initiatives, they aim to create a positive and nurturing environment that equips young individuals with the skills and confidence needed to navigate the challenges of adolescence and beyond.

Please give information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

1. Attila Pulai is the legal representative of the Green Youth Hungary. He has a wealth of experience in Erasmus plus projects. He has developed a perfekt skillset for project manegement and has a wide knowlege about ecological practices in youth work.
2. Timea Katalin Borsi is a 6th year medical student at the University of Debrecen. She leads an active social life in the international community of her city, mentored several exchange students through the local Erasmus organization. Nevertheless, she took part in several Erasmusplus Youth Exchange projects and Training Courses abroad, both in the role of participant and as a team leader. She is enthusiastic about intercultural experiences and helping people. Her main responsibility is to be responsible for learning outcomes.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects

Newcomer organisation	Yes
Less experienced organisation	Yes

## Association for Youth Activism and Growth - Excel Skopje (E10256483 - MK)

### Partner organisation details

Legal name	Association for Youth Activism and Growth - Excel Skopje
Country	The Republic of North Macedonia
Region	Скопски (Skopski)
City	Skopje

### Profile

Is the organisation a public body?	Is the organisation a non-profit?
No	Yes
Type of organisation	Non-governmental organisation/association
Main sector of activity	Offering participation in youth-led events and youth participation activities

### Background and experience

#### Please briefly present the organisation / the group

Association for Youth Activism and Growth - Excel is founded by young people who are coming from different background but have a common goal to make their place of living a better one. They want to achieve this goal by creating the basis for the future generation through a platform where the young people can gain new skills, knowledge, experience and attitudes but also share theirs with their peers. Excel consider that the best way to make a change is to start it yourself so our main focus is on encouraging young people to take active participation in their local community. Organisation are putting emphasis on developing soft and hard skills necessary for a young person to grow into the best version of them-self. Each of Excel's youth workers have an experience in creating and leading projects and workshops on different kind of topics who are mainly focused on youth work. One of our goals is to create new tools and/or upgrade the existing ones that they believe are necessary for a young person to make a difference in their world.

#### What are the activities and experience of the partner organisation in youth work? Please provide information on your organisation's / group's regular youth work activities at local level.

Students who founded the Association have a lot of experience in the field of facilitation, participating and writing projects. They also have specific knowledge and skills in the topics such as youth work, soft skills (communication, conflict resolution, leadership etc.), couching/mentoring, peace education, EU values, media literacy, dance and theatre. In the area of project management and administration Excel have experience in the position Sending Coordinator where the responsibilities included managing the media team, promoting on social media and monitoring the contents and their quality, being responsible for the participants that are involved in their projects as well as creating new partnerships. Also, in the scope of their studies Association for Youth Activism and Growth - Excel's youth workers have gained administrative, economical and legal practical knowledge with which they are going to manage the development of project as well as digital competences together with wide range of musical and performing arts. Regarding implementing projects, workshops and seminars, their experience has a wide range. From organizing workshops for students, planning and implementing workshops for kids with disabilities, facilitating E+ projects, participation and dissemination of project for multiplying the knowledge and skills which are covered with the goals of Association for Youth Activism and Growth - Excel.

#### Please give information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

Ivan Domazetoski is a student pursuing Bachelor's degree on the Faculty of Law at the University of "Cyril and Methodius" in Skopje, North Macedonia. He gained practical skills by working as a trainer with the organization "Krik" where he planned and implemented workshops for children with disabilities on the topic of healthy lifestyle and healthy habits. He has been participating in numerous EU funded projects, on topics such as violent extremism and intercultural dialog, peace education, political activity and systems, communication skills, conflict management, leadership skills, youth work, for more than three years. He is folk dancer for almost 16years and has been coordinating the volunteers for the International student folk festival for 6years where he is vice-president now.

Blagica Eftimova is highly creative e-business graduate with diverse experience of working on projects in the NGO sector and in marketing sector. Actively in the youth NGO sector since 2018 with additional knowledge in the field of public speaking, project management, leadership and team coordination skills. Her participation in a vast number of international

trainings led her to develop her own methods for NGO development and project coordination and organization. Accustom to performing at a high level and extraordinary service in a face-paced deadline driven environment with an emphasis on working within a timetable and a budget. Strong arts and design professional, known for ability to multi-task and working on multiple projects.

Dimitar Chukovski is in the NGO sector since 2015 with a span of multiple volunteering organizations. His first encounter with NGO is in the Red Cross Skopje and after 2 years of volunteering has continued to a new student organization "Board of European Students of Technology" for 3 year as a trainer and event organizer. In the meantime has participated at about dozen Erasmus connected NGOs, with many mobility exchanges in the field of self-development, leadership, teambuilding, career based and communication skills. Held workshops based on two different topics as a trainer and facilitator and one round table with the ministry of health, education and economy as a finishing part on a project.

Stefan Momikj has been introduced to the Civil Sector at the beginning of 2018 and immediately get engaged with it. As a member of the Macedonian Consumer Protection Organization, he took part of multiple large and small scale projects, seminars and workshops with youngsters. He is active within the civil sector through the fellowship program called LEAD MK by USAID and as a cofounder of the home-based organization Pirka.AVH, which stands for increasing creative expression throughout the society. After having his first Erasmus+ experience in Denmark, he pursued his mission to get to know as many cultures as possible by visiting numerous workshops on the topic of Project Management, Soft Skills and Career Orientation. Music is his first romance and his artistic spirit is evident inside the Skopje based free flowing band, Funk Shui, where he plays the percussion.

Marijana Bogdanoska is actively engaged in the ngo sector since 2016. She is a French graduate currently finishing her master degree in business management. She has been working in both formal and non formal education sector for a few years now. Her working experience helped her develop skills such as leadership, public speaking, working with youngsters coming from different backgrounds, creating content for social media, public relations, interpersonal communication etc. She is also experienced in organizing and facilitating activities, preparing participants for projects and mentoring EVS volunteers.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Youth mobility (KA105)	1	0	5	2
Mobility of young people (KA152-YOU)	2	0	26	8
Newcomer organisation	No			
Less experienced organisation	No			

## CXJV Conexão Jovem Associação (E10238811 - PT)

### Partner organisation details

Legal name	CXJV Conexão Jovem Associação
Country	Portugal
Region	Norte
City	Braga

### Profile

Is the organisation a public body?	Is the organisation a non-profit?
No	Yes
Type of organisation	Non-governmental organisation/association
Main sector of activity	Organising cultural activities and involvement possibilities with local communities

### Background and experience

#### Please briefly present the organisation / the group

CXJV CONEXÃO JOVEM ASSOCIAÇÃO is the formal NGO that came from the previous informal group (Conexão Jovem). It is an organization that works daily with the youth sector in the city of Braga and their goal is to create opportunities for young people and empower them with the required skills for them to flourish within their field of work with a skillset that is not gained through the regular classroom.

It's CXJV Conexao Jovem Associacao's aim to enrich the educational, social and cultural life of young people living in Portugal, mainly young people with fewer opportunities. The organization is aimed towards community and youth development as we believe that young people can play an active role in the public life and become partners in the decision-making processes, and a driving force able to shape the society they live in. They would like to contribute to the formation of new successful generation, which is determined to change the world for the best.

The personal development is our main road of action, giving emphasize on the unemployment issues, entrepreneurship skills, active citizenship and active participation, empowering youngsters in these fields, as well as regarding sustainable development and alternative methods of meditation and mindfulness.

CXJV Conexao Jovem Associacao's main goals are:

- to increase employment of young people and to support their personal and professional development,
- to raise awareness towards entrepreneurship and create a common ground where youngsters can develop entrepreneurship competences
- to inform and promote opportunities for young people about study abroad, internships, volunteering as well as entrepreneurship aid to enter labor market,
- to encourage active citizenship and civic participation of young people in particular,
- to raise multicultural awareness and promote the intercultural exchange,
- to assist in building and developing a civil society based on the principles of democracy, freedom, pluralistic and rule of law, justice, responsibility and solidarity,
- to promote and seek the solutions for increasing the transparency in the allocation of public resources,
- to increase legal awareness of citizens and to promote and protect of human rights and freedoms,
- to encourage a responsible attitude to the nature and animals, to promote healthy lifestyles and environmental protection,
- to promote regional development and cross-border cooperation.

#### What are the activities and experience of the partner organisation in youth work? Please provide information on your organisation's / group's regular youth work activities at local level.

CXJV Conexão Jovem Associação is bringing a lot of experience to this application. They have co-organized several international activities inside and outside of Portugal and we are ready for the implementation of this project.

Regarding this project in specific, leaders of CXJV Conexão Jovem staff have attended more than 50 Training Courses and 100 Youth exchanges overall. A big part of these have been on personal development, Critical Thinking and Active Citizenship. Also, they have been part of many projects connected to youth empowerment, ecology and sustainability and entrepreneurship. In these activities, organization's staff gained specific knowledge that we can share among the course with the other partners, bringing real and solid input.

Also, leaders of CXJV Conexão Jovem have been involved as volunteers and cooperating with other organizations with ongoing KA2 projects such as "100% Youth City" from Fundação Bracara Augusta, as well as "iMappi" from TDM2000 (Cagliari, Italy) as well as "YES: Youth Engaged in Society" a TDM International project within KA2. In these projects we have gained solid experience that will allow us to implement this project with full awareness of the process and full control of the aims and objectives, providing a smooth implementing and excellent results.

Considering the capacity to implement this kind of projects, they have already implemented/are implementing 4x Youth Exchanges and 2x Training Courses and 1x Seminar. Locally, we are involved directly with 200 youngsters and indirectly around 2000. CXJV Conexão Jovem Associação is a non-profit NGO working in the field of youth. The group around 70 active members members who will be able to attend and solve any issue if necessary.

Conexão Jovem has been involved in Youth Work since 2011 with the preparation at the local level of Braga European Youth Capital 2012, and the following year with the implementation of a series of activities during the year. With over 10 years of Youth Work at the local level we consider ourselves a very experienced organization in this field with a variety of good practices awards, both national and international. This has set the basis for today's daily activities and local youth work agenda of the organization.

Due to the high frequency of activities, CJ staff has been growing around 20-40% every year and at the moment organization run at least 2-3 local days of activities out of the 5 working days of the week, every week, every year, since 2019.2

Today's regular youth work activities include:

- Art and Culture activities with Roma community of Braga
- Social Innovation and Incubation programmes for youngsters of Braga promoted by CJ and HPH
- Annual Youth Day in Braga
- Organization of youth activities within the Municipal Youth Council of Braga, where CJ was initially founding
- Presence in the university welcome of new students in each semester with a series of NFE workshops
- Training of Youth Workers every month on the ToY series, done in Braga at least 1 full day of workshops per month
- Get Connected Event at Braga, bringing Youth from all over the country to meet and learn in Braga
- Theatre Youth Academy, where we use Forum Theater to speak of common issues of the city
- Management of the Youth Center of our Parish town

Please give information on the key staff/persons involved in this application and on the competences and previous experience that they will bring to the project.

-Almeno Henrique Antunes: President of the NGO with major experience in the youth sector being involved since 2009. As a project manager in many other local and international NGO's, Almeno has a highly composed skillset for the perfect organization of the project, with excellent time management and problem solving competences. He has participated in over 20 youth exchanges and training courses as a facilitator, as a trainer, but also responsible for logistics or media/communication. This has given him a complete skillset to coordinate this project.

- Cláudia Correia : Marketeer and Communication expert. She is a highly motivated and capable person who has developed very specific competences from her work as a freelancer on various fields of her interest, for example, sustainability. Her management skills have been a major asset for this application and she will use that experience and skills to guarantee success in managing the project from preparation to implementation and dissemination. She is also responsible for the communication of local NGO's for the past years and her media skills have improved effectively this application regarding to its dissemination and even impact.

Action Type	As Applicant		As Partner or Consortium Member	
	Number of project applications	Number of granted projects	Number of project applications	Number of granted projects
Youth mobility (KA105)	17	2	38	12
Mobility of young people (KA152-YOU)	5	2	46	8
Accredited projects for youth mobility (KA151-YOU)	1	1	0	0
Newcomer organisation		No		
Less experienced organisation		No		

Would you like to make any comments or add any information to the summary of your organisation's past participation?

We are very excited to work with such a caring for young people development organization. Beside these goal, CXJV Conexão Jovem Associação and Fundacja Patrz Globalnie share common interest - spreading environmental awarness. Our partner organization has impressive experience in this topic:

- CXJV Conexão Jovem Associação has been working focused in ecology since 2020
- they have conducted over 10 international projects on this topic
- they have contributed to the GREEN KEY sustainability award for the Braga Youth Center which also has the Council of Europe Seal of Youth Centers
- Created activities and workshops on sustainability for Guimarães: Green Capital of Europe 2030
- Represents at the moment the Sustainability Department of Braga's Youth Council
- Has been awarded the prize for best practice for the Youth Exchange "Songs About Recycling"

## Project Rationale

In this section, you are asked to explain the aims of your project, what you want to achieve and what are its expected benefits on participants and participating organisations. Make sure to read the questions carefully and address all sub-questions.

### Needs and Objectives

Why do you want to carry out this project? Please describe the issues and needs you want to address and your project's objectives.

We decided to implement this project by observing the fast fashion industry's destructive environmental impact. We want to provide a platform for young people to educate and spread awareness about environmental degradation caused by fast fashion by creating a fashion show reflecting on unsustainable shopping choices using Artificial Intelligence to design clothes and collected waste as well as waste produced during the project and turning it into clothing pieces. Those clothes will be also used during photoshoot created to implement an art exhibition. During the project we will also create promotional video powered by AI and VR where we will show simulations of functioning in a world overtaken by fast fashion impact. Fast fashion is characterized by its rapid production and quick turnover of trendy clothing items, and has become a dominant force in the global fashion industry. While it offers consumers affordable and rapidly changing styles, the environmental consequences of this industry are profound and alarming. The environmental impact of fast fashion is felt across various facets of the ecosystem, contributing to issues such as water pollution, chemical contamination, textile waste, and deforestation. The prevalence of synthetic materials, such as polyester and nylon, in fast fashion leads to microplastic pollution. These materials shed microplastics during washing, which enter water bodies, posing threats to aquatic life and potentially entering the food chain. However fast fashion is still the number one choice of many people. Poor quality and fashion trends are making an infinity loop of consumerism. Spreading awareness about the fast fashion industry is crucial for several reasons, as it plays a significant role in shaping consumer behavior, influencing industry practices, and addressing environmental and social issues. According to the research made by students of Economical University in Cracow in 2020 among people aged 18-30 shows that over 75% of people participating in this survey are choosing to buy clothes in chain stores selling fast fashion. 90% declares not buying clothing accredited with ecological material certificate (56%) or is not sure about it (33%). It shows how education about fast fashion destructive impact is needed. In order to do it we want to gather young people to spread awareness and create a fashion event reflecting on sustainable shopping choices by using Artificial Intelligence to design clothes and collected waste as well as waste produced during the project and turning it into clothing pieces.

We have conducted an anonymous survey to analyze European's youth fashion choices.

[https://docs.google.com/forms/d/e/1FAIpQLSfKb8fAjaXBeKmtIzu0j1ODx74s2ilw6AKw-8Nvkpxm8lqRA/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfKb8fAjaXBeKmtIzu0j1ODx74s2ilw6AKw-8Nvkpxm8lqRA/viewform?usp=sf_link)

While analyzing responses our attention was drawn to the frequency of buying new clothes. Almost 52% of participants confirmed buying clothes weekly or monthly. 74% are buying clothes in chain stores producing fast fashion, around 65% responders assess their knowledge about eco-friendly fashion at 5 or below points in scale 1-10.

The objectives of this project are to:

- increase awareness about destructive impact of the fast fashion industry among participants by 80% and local society by 50%
- Expand participants' creativity by 80% by turning waste into art
- Increase engagement in active making conscious fashion choices among participants (85%) and local citizens (60%) by organizing fashion show, art exhibition and promotion video reflecting on environmental issues created by fast fashion industry
- increase by 70% critical thinking competence among participants use by reflecting on environmental impact of fast fashion industry
- Create a space where young people from different background may work together, exchange ideas, and try out creative working methods
- Change mindset of participants and local citizens to make conscious and sustainable fashion choices
- Increase participant's digital competences by 75% by on the usage of AI tools for designing clothes, creating music implementing the show and promotion video
- Strengthen international cooperation with partner organizations
- Promote european values

How does your project link to the objectives of the Erasmus programme and those of Youth Exchanges?

- Fostering an understanding and appreciation of different cultures, traditions, and lifestyles among young people from diverse backgrounds by working with other participants from mixed European countries
- Developing participants' interpersonal skills, such as communication, teamwork, and conflict resolution, through discussion

about environmental impact of fast fashion and sharing their opinions

-Enhancing language skills by using English as a main language to communicate during the project

-Promoting a sense of global citizenship by encouraging awareness of global issues such as destructive impact of fast fashion industry

-Creating a positive and enjoyable experience for participants, encouraging love for learning, exploration, and cross-cultural interactions

-raising awareness about protecting environment using non-formal education methods

-encouraging young people to use critical thinking while participating in debates and thinking about solutions fixing global problems

-developing important skills like communication, creativity, empathy, teamwork during event preparation

-creating a safe place for participants from diverse backgrounds, regardless of socio-economic status, ethnicity, or other factors

-expanding participants digital skills by implementing event preparation with using Artificial Intelligence for designing clothing, creating music accompanying fashion exhibition, and making a promotion video using AI and VR tools

## Impact

How will your project benefit the young participants involved in the project, during and after the project lifetime?

The project will benefit participants in a variety of fields during and after the project lifetime by learning about the alarming impact of the fast fashion industry and how to use Artificial Intelligence in a fun, engaging way.

Creativity and Innovation: During the project we will expand our creative thinking (increase by 80%) by designing clothing using AI and exploring ways of turning collected trash into clothes. Also they will be brainstorming together about contributing to sustainable fashion practices.

Digital Competence: We will learn how to use AI and VR tools and technology to design clothes, make music implementing the show and create promotion video. Participants don't have to be familiar with digital platforms for creating and manipulating designs, we will teach them step by step during the project. By these actions we expect an increase of digital competences among participants by 75%

Environmental Awareness: Participants will develop awareness about the environmental impact of fast fashion including the importance of recycling and consumer behavior(increase by 80%) and will spread this knowledge among Krosno's citizens (increase of awareness by 50%).

Active citizenship: By learning about fast fashion impact we will develop crucial skills for making conscious fashion choices (increase among participants by 85%) and spreading this impact on our close environment(increase by 65% among society). We will gain knowledge about eco-friendly materials, what kind of things and brands everyone should avoid and creating a fashion show showing the dark side of the fast fashion industry will make society reflect on their input into global degradation by supporting unsustainable brands.

Critical Thinking: During discussions, participants must critically analyze the issues related to the fast fashion industry like "throwaway culture", biodiversity loss, water and soil pollution, evaluating the impact on the environment and society. This includes self reflection about their personal fashion choices. By implementing these actions participants will develop critical thinking competence (increase among participants by 80% comparing to their competences before implementing this project)

Communication Skills: None of the participants is a native English speaker. This project is a perfect opportunity for practicing foreign language communication skills. Also during fashion show preparation, effective communication is crucial for collaborating with team members, sharing ideas, and conveying the message about sustainable fashion. We will learn this whole set of skills. This includes verbal, written, and visual communication skills

Teamwork and Collaboration: Participants will improve their teamwork skills by working collaboratively on designing and creating clothing. Participants will practice sharing responsibilities, providing constructive feedback, and contributing to a positive team dynamic.

Project Management: Organizing and executing a fashion event involves project management skills. During the sessions participants will learn how to plan, coordinate, and manage various aspects of the event, ensuring its success.

Cultural Awareness and Diversity: Participants come from diverse backgrounds. We believe that respect and empathy is crucial to achieve successful results. During the project we will focus on creating a collaborative and inclusive project environment by understanding, learning and appreciating each other's cultural differences.

Entrepreneurship Skills: We will explore the potential of AI and creative fashion by implementing both of them in a fashion show. It will give a space for considering new ideas for the purpose of Artificial Intelligence and eco-friendly solutions in the future.

How will your project benefit the organisations or the groups of young people implementing the project, during and after the project lifetime?

We observe numerous potential benefits for the participating organizations in this project. They will have an impact both during the project implementation and after its completion. Partner organizations will have a unique opportunity to gain valuable knowledge in creatively addressing ecological problems and using Artificial Intelligence in an innovative way which they can draw inspiration from when building a unified community interested in ecology, art and technology in their local or

international groups in the future. The efforts towards improving the fashion choices into more sustainable and how they are presented during our fashion show are a positive direction in which partner organizations could showcase the scale of the issue to their local communities. Also with gained knowledge and experience, partner organizations will get a skill set they will use in changing consumer behavior into more sustainable in their countries. The knowledge and information about the project activities conducted will be passed on by the participants who took part in it.

After the project is finished, every participating organization with participants will create sustainable fashion clubs. These clubs will continue working on the project's objectives - building a new approach to sustainable fashion among society and preventing fast fashion's destructive impact by common discussion and creating space to explore the topic for like-minded individuals. During regular meetings, members will be able to exchange ideas, mentor one another, and keep up with the latest updates in the fashion world. By creating events, workshops for highschool students and active posting in social media, we expect to gather 30 new club members and 50 new volunteers in each partner organization. This provides an opportunity to discover new, valuable perspectives on ecology and to influence our ideas on a European scale.

Thanks to the innovative approach, organizations involved in this project will be noticed not only at the regional level but possibly also at the national or European level. This will attract the interest of new non-governmental organizations, providing new perspectives for development, and existing collaborations will become stronger through shared motivation to further spread values. Due to the innovation of our event and its promotion mainly in schools, we expect our organization to have the chance to attract up to 70 new volunteers. Interested individuals will be able to apply through the organization's social media.

What would be the impact of your project beyond the participants and participating organisations, at local, regional, national, if any European level ?

as at the national and European levels. We will invite local citizens to the fashion show organized by us in Centrum Aktywności Młodzieży in Krosno. This event aims to prompt society to reflect on their individual consumer choices when purchasing clothing and raise awareness about the danger of environmental pollution caused by the fast fashion industry. We will particularly focus on inviting students from local high schools and PANS university. Attending the event will give them a chance to get acquainted with the Erasmus+ program, motivate them to make environmentally friendly purchases, and inspire them to engage in social initiatives and continuous development. The youth in Krosno have limited access to work in an international environment. Through direct access to the source during the event, young people will be able to gain comprehensive knowledge and advice on where to start looking for new opportunities. The implementation of the "AI Meets Art" project, which showed the application of artificial intelligence as a tool for creating and conducting theater play, directly showed us the interest and willingness of Krosno's youth to engage by six hundred young people joining the audience during the final spectacle. With our project, we aim to inspire and guide local youth to participate in European projects supporting education while permanently conveying the impact of their consumer choices on the environment and showcasing innovative ways of using artificial intelligence.

During the project we will create promotional video powered by AI and VR technology where we will show simulations of functioning in a world overtaken by fast fashion impact. The film will present participants as actors dressed in clothes created from trash in a catastrophic scenario of a destroyed natural environment realizing that it is too late to try saving the world. We will also add scenes from the point of view of the film characters by using VR technology. It will contain scenes like diving in the ocean among floating trash or walking through fields covered in piles of material waste. The purpose of this film is to alarm and reflect society about their practices. It will be posted on ours and partner organizations' social media and YouTube.

Also we will create an art exhibition made of photos with participants as models dressed in clothes made of trash standing in front of landfill and waste left in the natural spaces. During this photoshoot, participants will be mentored by the leaders of the Polish and North Macedonian's group - Grzegorz Piotrowski and Stefan Sokolowski - photographers with a past experience in youth work. It is worth mentioning that our project's group includes amateur photographers from Hungary. They will have the opportunity to learn from professionals and build their portfolio.

The vernissage will take place in Biuro Wystaw Artystycznych after finishing the fashion show by the end of the project. This exhibition will be open for everyone.

We will also establish contact with local media. We will contact Krosnosfera to publicize the project results and promote the cessation of support for the fast fashion industry. In this way, the project will reach a broader audience, have a greater impact on the community, and encourage conscious consumer choices. Moreover in order to achieve european impact we will contact with Vouge Polska, Vogue Portugal, Elle Magazine and social media fashion and education influencers. We expect at least 5 online publications with a total of 500 000 interactions.

After the project implementation partner organizations together with project's participants will create sustainable fashion clubs. Their activities will include: conducting surveys about their local society's fashion choices in their cities, especially in shopping malls, conducting workshops in highschools in which they will clean the city with students and then they will create prototypes of clothing pieces together. Participants will visit 20 schools for one year from the date of the end of the project. Beside that, they will create a blog and social media account, where they will be posting articles about eco-friendly fashion, assessing the eco-friendly approach of popular clothing brands and stores, and promoting sustainable fashion. A big role of this blog will also be creating a guide informing about materials specification and how their production and utilization affects the environment. By actively promoting project's action, their blog and visiting schools we are convinced that "Fashion Forward: Recycled Runway" will have long term effects on European level.

## Topic

Please select up to three topics addressed by your project

- Artificial Intelligence (AI) and data usage
- Environment and climate change
- Creativity, arts and culture

## Project Details

In this section, you are asked to provide further details on your project, the activities you will implement and how you will address crucial elements of a quality project such as preparation, identification and documentation of learning outcomes etc.

Please enter the different activities you will carry out in your project.

<b>Id.</b>	<b>Activity Type</b>	<b>Activity Title</b>	<b>Number of participants</b>	<b>Total grant (EUR)</b>
YEXMS01	Youth exchanges - Member States and associated countries	Fashion Forward	30	22 929,00
PREPV02	Preparatory visits	Fashion Forward - APV	3	2 040,00
<b>Total</b>			<b>33</b>	<b>24 969,00</b>

**Activity (Activity YEXMS01, Fashion Forward, Youth exchanges - Member States and associated countries)**

Id.	YEXMS01
Activity Type	Youth exchanges - Member States and associated countries
Activity Title	Fashion Forward
Is this activity itinerant?	No
Country of destination	Poland
Start date	21/10/2024
End date	27/10/2024
Duration Excluding Travel (days)	7
Number of groups	4
Total No. of persons	30
Out of which No. of Participants with Fewer Opportunities	0
No. of Accompanying Persons	0
No. of group leaders	4
No. of facilitators	2
Total Activity grant	22 929,00 €

Please describe the background of the participants in each participating group and how each group was formed. Please also provide information on the group leaders, the age of the participants and how country balance is ensured. If necessary, explain how the gender balance is respected.

The project group consists of 28 participants from Poland, Hungary, Portugal, and North Macedonia, with seven participants in each national group. Prior to the planning stage, partner organizations conducted an open, fair, and transparent online recruitment process to select participants. The participants represent the target demographic of the sending organizations and are between the ages of 18 and 30.

The Hungarian group includes three immigrants from Pakistan aged 23-25. One of them has been struggling with depression for six years and unfortunately cannot afford therapy costs. They are facing challenges in fully integrating with their peers due to cultural barriers. Additional problem of integration is their communication issues in English since they have never had access to high-quality language education. We aim to provide them with an accepting environment where they can fully focus on self-development.

In the Polish group, there are two sisters who grew up in an orphanage. Their lives have been affected by various difficulties, especially financial ones. Despite these challenges, the older sister is currently the only one working, enabling her to focus on education. The older participant's dream is to become a fashion designer. Since childhood, she has been trying to develop her sewing skills in her spare time, but she has never had the opportunity to attend courses or workshops in this field due to lack of financial resources and time. Participation in this project would give her the chance to fulfil her dream without the need of financial investment.

The North Macedonian group consists of four participants from the small village Pehcevo. Their daily lives are limited by the lack of opportunities for development and finding good jobs in their place of residence. One of the participants struggled with alcohol problems in the past. A year and a half ago, with the support of family and friends, he managed to overcome his addiction, but he still does not feel comfortable in the presence of alcohol. Participation in the project will allow the Macedonian participants to develop a wide range of skills, giving them a chance to find good employment opportunities.

In the Portuguese group there are four refugees from Ukraine who moved out from the country in the summer of 2023 to escape the war. Two of them are passionate about photography and run a social media account where they publish their work. Currently, they are amateurs without professional knowledge or equipment, but they strive for continuous development of their passion. The leader of the Polish group, who is a professional photographer, will support them in this process during the documentation of project activities.

Leaders were chosen by assessing their wide-ranging experience with Erasmus+ Youth Exchanges and Training Courses

and capability of effective communication in the international team. Additionally, they are characterised by being proficient in digital tools necessary for project management, communication, patience and empathy giving them the necessary skills to fulfil their project-related duties.

The project ensures balance among participants by having seven participants from each country. Additionally, gender balance is maintained, ensuring that men and women constitute equal groups. Partner organizations have made their own choices of group leaders, ensuring that they have extensive experience in the Erasmus community and have participated in youth exchanges in the past. The selected leader had to possess traits such as accuracy in task execution, good organizational skills, and fluent proficiency in English.

Please describe the role and involvement of the participants from each participating group in all phases (planning before submitting application, preparation, implementation of activities and follow-up).

Each participant contributed to the creation of the "Fashion Forward: Recycle Runway" project to achieve the best results. We share a passion for art in its broadest sense, but this time we decided to particularly focus on fashion and the destructive impact of the fast fashion industry on the environment. We observed a lack of awareness in society about this issue and the continuous support of fast fashion brands through the purchase of their products.

After setting our goals and areas of action, we started working together through Zoom online meetings. Our organizations provided significant support during the planning stage, starting with familiarizing us with the Erasmus+ Program Guide. Once our actions were planned and our goals clear, we allocated responsibilities and actively prepared for the exchange. Group leaders conducted additional activities in their national groups to support our English language proficiency. Additionally, we learned about new methods of environmentally friendly project management by using digital tools to minimize paper waste.

To ensure that each group performed its tasks correctly, we organized virtual meetings on the Zoom platform every two weeks. The team leader of the Hungarian group also supported us with knowledge about using artificial intelligence for creative initiatives. We decided to incorporate new technologies into our project to not only bring positive changes in sustainable consumer behavior but also to demonstrate that the use of artificial intelligence provides incredible opportunities in today's world.

During our discussions on how to use AI in our project, we conducted a vote and decided to integrate it with our message about the impact of fast fashion on the environment through the design of clothes from waste materials and the creation of a promotional film that would provoke society to reflect on their clothing choices. Additionally, to enhance our impact, we decided to create a photo session interpreting the realities of fast fashion.

We are incredibly excited about the impact of the "Fashion Forward: Recycle Runway" project. We are confident that it will lead to changes towards sustainable fashion.

What will the participants learn about the chosen topic of the activity? Which learning outcomes or competences (i.e. knowledge, skills and attitudes/behaviours) are to be acquired/improved by participants in the activity?

Through the implementation of the "Fashion Forward: Recycle Runway" project, its participants will develop a profound sense of social responsibility for their fashion choices by learning about the destructive impact of fast fashion on the environment. They will also acquire the necessary skills to spread this awareness among society.

With this project, we aimed to use a creative approach as a driving factor for positive change. Participants will have the opportunity to develop it while creating clothing from waste, recording a film using AI and VR simulations, and creating a photo session reflecting on the pollution caused by fast fashion. This creative approach will be something participants can apply in their daily lives.

By comparing the scale of the environmental problem caused by fast fashion companies and the continuous influx of new consumers, we aim to develop critical thinking among participants through the analysis of mechanisms present in these companies.

They will also gain a sense of initiative by fulfilling our mission during the project - raising awareness of the threats posed by fast fashion production. In the process, they will also acquire organizational and digital competencies through the organization of events using modern technologies. Participants will understand the possibilities offered by artificial intelligence in today's world.

The combination of all these elements will lead to long-lasting and extensive changes in the participants and society, encompassing the adoption of more sustainable consumer decisions.

What are the basic elements of the activity? Please describe at the very least the venue(s), non formal learning methods used, aims of the session etc.



We have devised various activities aimed at raising awareness among participants and the community about the destructive impact of fast fashion on the environment by innovative non-formal learning methods and leveraging technology.

To deepen participants' understanding of the project's theme, we will discuss and encourage the sharing of experiences at the onset of the exchange. We will engage in our own research to uncover mechanisms such as greenwashing, material utilisation, mass production processes, and other activities associated with industries producing fast fashion clothing. This interactive approach serves as an initial and significant step towards comprehending the environmental repercussions of unsustainable material production.

Following this, we will collect litter on the streets and green areas of Krosno. The collected waste will be used to create clothing, showcased during a fashion show held at the Centrum Aktywności Młodzieży in Krosno, thereby educating society about the destructive impact on the environment of the fast fashion industry. The design process of the showcased clothing we will utilize by the Midjourney Artificial Intelligence program, fostering the development of digital skills and a deeper understanding of the potential applications of artificial intelligence. Moreover, by designing clothing digitally, we will minimize paper waste, further enhancing the ecological value of the project.

A fashion show will be organized to present clothes made of collected waste, serving as an educational platform to underscore the impact of the fast fashion industry on the environment and prompt viewers to reconsider their consumer choices towards sustainability. During this process we will also develop teamwork and organisational skills.

Additionally, we will produce a promotional film utilizing artificial intelligence and VR technology, portraying life amidst devastated ecosystems resulting from fast fashion production. The film's narrative will underscore society's realization of irreversible consequences. Using AI, we will simulate environmental settings, generating visuals of discarded materials in forests, polluted oceans, and chemically damaged fields. VR technology will enhance viewer engagement by immersing them in scenes depicting actors navigating trash-infested oceans or polluted natural landscapes.

Furthermore, we will organise a photo session featuring participants adorned in clothing crafted from waste, posing against the backdrop of landfills, discarded waste, and natural environments. These photos will be showcased in an exhibition at the BWA gallery, with a vernissage scheduled following the conclusion of the fashion show.

How will the groups of participants cooperate and communicate between them to prepare and follow-up on the Youth Exchange?

Effective communication plays an important role in ensuring the success of our project. From the initial planning stages to reaching out to partner organizations and participants, we will use a variety of communication tools like WhatsApp, Facebook groups, email, and Zoom. These platforms have enabled us to efficiently craft our strategy while facilitating real-time information sharing, progress updates, and document sharing.

Closer to the project's starting day, we intend to schedule more online meetings with both partners and participants to ensure that all aspects are on track, participants are adequately prepared, and any concerns or issues are promptly addressed. These virtual gatherings will serve as forums to discuss project status and plan future steps. Through our communication strategies, we aim to uphold transparent and open channels with our partners and participants, recognizing this as vital to the project's success.

Before the project kick-off, we'll send to participants an anonymous survey, offering them a platform to ask organizational questions in case if they feel uncomfortable doing so publicly. Responses regarding organizational matters will be posted in the WhatsApp group chat. Additionally, we will create a shared Google Drive to store essential information such as participant lists and travel plans, ensuring easy access and updating.

Following the project's completion, we'll conduct Zoom meetings every two months to check the progress of sustainable fashion clubs. During these meetings, each club will present their activities done since the last meeting. During these meetings we will also set new short and long-term clubs' goals. These sessions provide an opportunity for common inspiration and will let us know if any team require additional mentoring support.

**Flows summary (Activity YEXMS01, Fashion Forward, Youth exchanges - Member States and associated countries)**

Activity ID	Flow Id.	Country of Origin	Country of Destination	Start Date	End Date	Duration Excluding Travel (days)	Total No. of persons
YEXMS01 1		Poland	Poland	21/10/2024	27/10/2024	7	9
YEXMS01 2		Hungary	Poland	21/10/2024	27/10/2024	7	7
YEXMS01 3		Portugal	Poland	21/10/2024	27/10/2024	7	7
YEXMS01 4		The Republic of North Macedonia	Poland	21/10/2024	27/10/2024	7	7
<b>Total No. of persons</b>							<b>30</b>

**Flow 1 : Summary**

Activity ID	YEXMS01
Flow ID	1
Flow with facilitators only	<input type="checkbox"/>
City of Venue	Krosno
No. of facilitators	2
Group	9
Total No. of persons	9
No. of Accompanying Persons	0
Out of which No. of Persons with Fewer Opportunities	0
No. of group leaders	1
Country of Origin	Poland
Country of Destination	Poland
Start Date	21/10/2024
End Date	27/10/2024
Duration Excluding Travel (days)	7
Green travel	<input checked="" type="checkbox"/>
Travel Days	0
Duration Including Travel (days)	7

## Flow 1 : Budget

### Individual Support

ID	No. of persons	Country of Destination	Duration per person in days	Grant per person (EUR)	Total Individual Support Grant (EUR)
1	9	Poland	7	357,00	3 213,00
<b>Total</b>			<b>7</b>		<b>3 213,00</b>

### Travel

To estimate the distances between places, please use the European Commission's  
[https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)

Green travel	<input checked="" type="checkbox"/>
Distance Band	0 - 9 km
Exceptional costs for expensive travel	<input type="checkbox"/>
No. of persons	9
Grant per person (EUR)	0,00 €
Total Travel Grant (EUR)	0,00 €

### Organisational support

No. of Participants	6
Grant per Participant (EUR)	125,00 €
Total Organisational Support Grant (EUR)	750,00 €

### Exceptional costs

ID	Exceptional cost type	Description and Justification	Number of participants supported with this cost item	Eligible costs (EUR)	Requested grant (EUR)
<b>Total</b>			<b>0</b>		<b>0,00 €</b>

## Flow 2 : Summary

Activity ID	YEXMS01
Flow ID	2
Flow with facilitators only	<input type="checkbox"/>
City of Venue	Krosno
No. of facilitators	0
Group	7
Total No. of persons	7
No. of Accompanying Persons	0
Out of which No. of Persons with Fewer Opportunities	0
No. of group leaders	1
Country of Origin	Hungary
Country of Destination	Poland
Start Date	21/10/2024
End Date	27/10/2024

Duration Excluding Travel (days)	7
Green travel	<input checked="" type="checkbox"/>
Travel Days	2
Duration Including Travel (days)	9

## Flow 2 : Budget

### Individual Support

ID	No. of persons	Country of Destination	Duration per person in days	Grant per person (EUR)	Total Individual Support Grant (EUR)
1	7	Poland	9	459,00	3 213,00
<b>Total</b>			<b>9</b>		<b>3 213,00</b>

### Travel

To estimate the distances between places, please use the European Commission's  
[https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)

Green travel	<input checked="" type="checkbox"/>
Distance Band	100 - 499 km
Exceptional costs for expensive travel	<input type="checkbox"/>
No. of persons	7
Grant per person (EUR)	285,00 €
Total Travel Grant (EUR)	1 995,00 €

### Organisational support

No. of Participants	6
Grant per Participant (EUR)	125,00 €
Total Organisational Support Grant (EUR)	750,00 €

### Exceptional costs

Id	Exceptional cost type	Description and Justification	Number of participants supported with this cost item	Eligible costs (EUR)	Requested grant (EUR)
<b>Total</b>			<b>0</b>		<b>0,00 €</b>

## Flow 3 : Summary

Activity ID	YEXMS01
Flow ID	3
Flow with facilitators only	<input type="checkbox"/>
City of Venue	Krakow
No. of facilitators	0
Group	7
Total No. of persons	7
No. of Accompanying Persons	0
Out of which No. of Persons with Fewer Opportunities	0

No. of group leaders	1
Country of Origin	Portugal
Country of Destination	Poland
Start Date	21/10/2024
End Date	27/10/2024
Duration Excluding Travel (days)	7
Green travel	<input type="checkbox"/>
Travel Days	2
Duration Including Travel (days)	9

### Flow 3 : Budget

#### Individual Support

ID	No. of persons	Country of Destination	Duration per person in days	Grant per person (EUR)	Total Individual Support Grant (EUR)
1	7	Poland	9	459,00	3 213,00
<b>Total</b>			<b>9</b>		<b>3 213,00</b>

#### Travel

To estimate the distances between places, please use the European Commission's  
[https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)

Green travel	<input type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	<input type="checkbox"/>
No. of persons	7
Grant per person (EUR)	309,00 €
Total Travel Grant (EUR)	2 163,00 €

#### Organisational support

No. of Participants	6
Grant per Participant (EUR)	125,00 €
Total Organisational Support Grant (EUR)	750,00 €

#### Exceptional costs

Id	Exceptional cost type	Description and Justification	Number of participants supported with this cost item	Eligible costs (EUR)	Requested grant (EUR)
<b>Total</b>			<b>0</b>		<b>0,00 €</b>

### Flow 4 : Summary

Activity ID	YEXMS01
Flow ID	4
Flow with facilitators only	<input type="checkbox"/>
City of Venue	Krosno

No. of facilitators	0
Group	7
Total No. of persons	7
No. of Accompanying Persons	0
Out of which No. of Persons with Fewer Opportunities	0
No. of group leaders	1
Country of Origin	The Republic of North Macedonia
Country of Destination	Poland
Start Date	21/10/2024
End Date	27/10/2024
Duration Excluding Travel (days)	7
Green travel	<input checked="" type="checkbox"/>
Travel Days	2
Duration Including Travel (days)	9

#### Flow 4 : Budget

##### Individual Support

ID	No. of persons	Country of Destination	Duration per person in days	Grant per person (EUR)	Total Individual Support Grant (EUR)
1	7	Poland	9	459,00	3 213,00
<b>Total</b>			<b>9</b>		<b>3 213,00</b>

##### Travel

To estimate the distances between places, please use the European Commission's  
[https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator\\_en](https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en)

Green travel	<input checked="" type="checkbox"/>
Distance Band	500 - 1999 km
Exceptional costs for expensive travel	<input type="checkbox"/>
No. of persons	7
Grant per person (EUR)	417,00 €
Total Travel Grant (EUR)	2 919,00 €

##### Organisational support

No. of Participants	6
Grant per Participant (EUR)	125,00 €
Total Organisational Support Grant (EUR)	750,00 €

##### Exceptional costs

Id	Exceptional cost type	Description and Justification	Number of participants supported with this cost item	Eligible costs (EUR)	Requested grant (EUR)
<b>Total</b>			<b>0</b>		<b>0,00 €</b>



## Budget summary (Activity YEXMS01, Fashion Forward, Youth exchanges - Member States and associated countries)

Budget Items	Grant (EUR)
Travel Grant	2 163,00
Green travel	4 914,00
Organisational Support Grant	3 000,00
Individual Support Grant	12 852,00
Total Activity Grant	22 929,00

## Activity (Activity PREPV02, Fashion Forward - APV, Preparatory visits)

### Description of the activity (Activity PREPV02, Fashion Forward - APV, Preparatory visits)

Id.	PREPV02
Activity Type	Preparatory visits
Activity Title	Fashion Forward - APV
Related to activity	Fashion Forward
Venue of the activity	Poland
Start date	21/09/2024
End date	22/09/2024
Number of persons	3
No. of facilitators	0
Total Activity grant	2 040,00 €

Please describe why you want to carry out a Preparatory Visit. What are its objectives and expected outcomes?

The Preparatory Visit (APV) will take place in Hotel Nafta in Krosno one month before the project's starting date. Is a very important stage in our project's preparations, giving leaders an opportunity to assess if participants are ready to start the project and discuss preparation of materials and logistics. During the APV meeting we will identify if team leaders and participating organisations need to provide additional help to participants.

Four group leaders will analyse the project step by step, providing a comprehensive assessment of the preparations. They will also address any concerns or requests raised by the participants to develop optimal solutions and ensure the full effectiveness of the exchange. As a part of the APV we plan to check safety features of the project's facilities. Leaders will check Hotel Nafta and Centrum Aktywności Młodzieży to personally assess the facilities and ensure they will provide safe space to learn for the participants.

Furthermore, the group leaders will discuss the costs and safety of participants' travel plans as well as prepare a list of personal information, such as necessary medications, allergies, and preferred diets. Additionally, they will select the best insurance company for the project team and recommend it to the leaders of the Fundacja Patrz Globalnie.

The preparatory visit will also provide an opportunity for group leaders to better acquaint themselves, build trust, and prepare to take responsibility for the group before the project begins. Moreover, during the meeting they will strengthen partnerships between our organizations. Throughout the duration of the meeting, the group leaders will discuss the planned project activities, including the final version of schedule, projected expenses, and the materials required for each activity.

Please describe who will take part in the Preparatory Visit.

The preparatory visit (APV) will include a team of four experienced team leaders, one for each participating organisation. The meeting will take place at the Nafta Hotel in Krosno. These leaders have been actively involved since the beginning of the project planning and thoroughly understand the organisational and administrative duties necessary for the successful implementation of the program. The purpose of the visit is to identify any logistical problems, and decide whether additional support from partner organisations is necessary. Leaders will also assess if participants are ready to start the project. The group leaders are a key element of the project's organisational structure and have extensive experience in youth exchange projects. They have a wide-ranging experience with Erasmus+ Youth Exchanges and Training Courses and are capable of effective communication in the international team. Additionally, they are proficient in digital tools necessary for project management, communication, patience and empathy giving them the necessary skills to fulfil their project-related duties.

In case of any unexpected circumstances such as the inability of a group leader to participate, each group has a designated leader and a deputy to ensure attendance during the preparatory visit and the project.

**Flows summary (Activity PREPV02, Fashion Forward - APV, Preparatory visits)**

Activity ID	Flow Id.	Venue of the activity	Start Date	End Date	No. of persons
PREPV02	1	Poland	21/09/2024	22/09/2024	1
PREPV02	2	Poland	21/09/2024	22/09/2024	1
PREPV02	3	Poland	21/09/2024	22/09/2024	1
<b>Total No. of persons</b>					<b>3</b>

**Flow 1 : Summary**

Activity ID	PREPV02
Flow ID	1
Flow with facilitators only	<input type="checkbox"/>
Venue of the activity	Poland
City of Venue	Krosno
No. of facilitators	0
Number of persons	1
Start Date	21/09/2024
End Date	22/09/2024

**Flow 1 : Budget**
**Preparatory visit Grant**

Country of Origin	Hungary
Number of persons	1
Grant per person (EUR)	680,00 €
Total Grant (EUR)	680,00 €

**Flow 2 : Summary**

Activity ID	PREPV02
Flow ID	2
Flow with facilitators only	<input type="checkbox"/>
Venue of the activity	Poland
City of Venue	Krosno
No. of facilitators	0
Number of persons	1
Start Date	21/09/2024
End Date	22/09/2024

**Flow 2 : Budget**
**Preparatory visit Grant**

Country of Origin	Portugal
Number of persons	1
Grant per person (EUR)	680,00 €
Total Grant (EUR)	680,00 €

**Flow 3 : Summary**

Activity ID	PREPV02
Flow ID	3
Flow with facilitators only	<input type="checkbox"/>
Venue of the activity	Poland
City of Venue	Krosno
No. of facilitators	0
Number of persons	1
Start Date	21/09/2024
End Date	22/09/2024

**Flow 3 : Budget**
**Preparatory visit Grant**

Country of Origin	The Republic of North Macedonia
Number of persons	1
Grant per person (EUR)	680,00 €
Total Grant (EUR)	680,00 €

**Budget summary (Activity PREPV02, Fashion Forward - APV, Preparatory visits)**

Budget Items	Grant (EUR)
Preparatory Visits	2 040,00
Total Activity Grant	2 040,00



## Project Design

### Preparation, support and follow-up

How will you prepare the participants before the start of the activity (e.g. intercultural, linguistic, risk-prevention etc.) and how will you support them during and after the activity?

Participants who may not be fluent in English because of their economical, social or location barriers will receive additional assistance during meetings. Guidelines on necessary supplies, such as special traditional foods for international dinners will be shared with participants. We will also ask participants to bring their laptops - at least one per national group and to bring newspapers or any other materials that could be used to create the clothing pieces but it will not be necessary since we'll collect together trash from public and natural spaces for workshops. This ensures that during the technological and manual part everyone will be able to actively engage in the youth exchange.

Before the project begins, we will provide participants with a form to include necessary personal information, inform us about their preferred diet, allergies, arrival date and time in Krosno, and any additional needs. To minimize communication barriers between participants and organizers, carefully selected group leaders from participating organizations will play a key role. Chosen for their strong English language skills, experience in youth exchange, and organizational abilities, they will address any concerns before, during, or after the project. With competent group leaders, we aim for the project to proceed smoothly, free from issues or complications.

The Preparatory Visit before the project is crucial for assessing participants' readiness and planning necessary materials and logistics. The meeting of the four group leaders a month before starting the project will focus on analyzing all aspects of the project, ensuring everything is ready to commence. Group leaders will also discuss participants' concerns, collaboratively developing solutions to ensure the effectiveness of the exchange.

The visit will include an assessment of Hotel Nafta to ensure that facilities are suitable for the safety and comfort of participants during learning activities. Group leaders will analyze travel costs, safety, and compile a list of sensitive information regarding participants. Additionally, they will select an insurance company and recommend it to the Patrz Globalnie Foundation.

We want every aspect of the project to be meticulously executed, so leaders will divide tasks to be completed before the project. In addition, participating organizations will get familiar with problems that the fast fashion industry carries and use of AI programs like Midjourney. A requirement for organizers is additional education in the cultures participating in the exchange to efficiently resolve and deeply understand potential problems that may arise during the project.

Participating organizations will continue to support participants with follow-up activities and resources after the project's lifetime. Participants together with their organizations will create sustainable fashion clubs. As a part of club's actions participants will conduct a street survey in their communities about awareness of the degrading effects of fast fashion and people's fashion choices, create a blog on social media about sustainable fashion and a guide about materials' specification, they will organize workshops for highschool students where they will together create pieces from picked trash and share their experience about taking care of the environment.

We will organize a Zoom meeting every two months to check clubs' actions and check if they need any additional help. During these meetings we will discuss new ideas for future actions of the clubs.

#### What measures will you put in place to ensure the safety and protection of participants?

We have taken several important steps to ensure the safety of each participant during the project. To achieve this, we carefully selected the venue where participants will be accommodated, choosing Hotel Nafta in the city center of Krosno. We have had the pleasure of organizing a youth exchange at this hotel before, during which we unanimously determined that the facility is suitable for such activities, with no concerns regarding the comfort and safety of participants. During the evaluation, participants rated the safety, comfort, and working conditions at this hotel as 4.7/5. It is equipped with all necessary threat-alert systems, including fire safety systems. The hotel's location is highly conducive to our plans, as its proximity to the city center allows easy access for concerts and inviting students from Krosno's schools. This facilitates the efficient organization of the concert and reaching a large audience. Krosno offers the opportunity to attract many young viewers due to the presence of 16 secondary schools and a university.

Participants from North Macedonia, Hungary and Poland will use eco-friendly public transportation, such as Flixbus coaches and trains, to reach the project location. Participants from Portugal will fly to Krakow due to the distance. We recommend participants travel through Krakow, where two direct trains to Krosno depart daily. We have asked them to adjust their connections to take advantage of the morning train at 9:15. The Krosno train station is located across from Hotel Nafta, ensuring that none of the participants should have any trouble reaching the project venue. This guarantees that on the day the project begins, around 1:00 PM, we can welcome the group and commence the implementation of the first planned activities. If any participant encounters transportation issues, they can reach out to the Polish national group supported by Patrz Globalnie staff. On the arrival day, they will be available on internet communicators (WhatsApp and Facebook) to assist in navigating to the correct address.

Considering the current war situation in Ukraine, we understand that participants may have concerns about coming to Poland. Before the project starts, we will inform participants about the situation and assure them that Poland is entirely safe for living and traveling. We want participants to feel confident about their health when coming to the project.

Throughout the project, facilitators and group leaders will be consistently present on-site to support participants, supervise

activities, promptly address complaints or issues, and ensure the successful achievement of goals. Despite a significant decrease in COVID-19 infections over the past years, we have implemented comprehensive measures to meet cleanliness and hygiene standards. Participants are well-informed about the required precautions, and we strictly adhere to these measures to minimize the risk of infections. Testing and isolation procedures will be implemented in case of illness, with the health of all involved in the project being a top priority.

In addition to these precautionary measures, we have introduced a zero-tolerance policy for alcohol consumption during the project. This decision aims to ensure a safe and productive learning environment, especially for individuals dealing with addiction. Our commitment extends to providing support to anyone seeking assistance, regardless of challenges in other areas of life, including mental health.

The overarching goal of our actions is to create a safe and supportive environment conducive to learning, personal development, and the realization of individual potential. We are confident that by adhering to these measures and providing continuous support, each participant will experience a unique and fulfilling journey, effectively achieving the primary goals of the project.

#### What activities are foreseen after the end of the Youth Exchange? How will the participants follow-up on the activity?

We plan to provide multiple activities ensuring participants' further education and engagement in preventing the destructive impact of the fast fashion industry field after the "Fashion Forward: Recycle Runway" project.

To begin with, we encourage participants to stay connected by enrolling them in our alumni network, aimed at fostering collaboration among like-minded individuals through various projects. This network features both a WhatsApp and Facebook group, serving as platforms where participants can share their experiences, project stories, and photos.

Next in line, each partner organization with participants will create sustainable fashion clubs in their countries. The clubs will work as a platform to expand knowledge and experience in analyzing deeper sustainable fashion processes happening in the world for young people interested in topic of fashion and ecology

special. They will be open to everyone to join. Clubs activities will include:

- Discussions meetings to exchange experience and knowledge about eco-friendly fashion and find new ways for spreading awareness about destructive impact of the fast fashion industry

- organizing workshops for highschoolers during which they will teach them about conscious fashion choices and the environmental impact of the fast fashion industry. During these workshops they will clean together public spaces like parks, forests and streets from trash and then use them to create prototypes of clothing pieces. Every club will visit 20 schools in their countries for one year from the end of the exchange

- They will use picked trash to create sculptures, art pieces and clothing.

- Creating a blog and social media account, where they will be posting articles about eco-friendly fashion, assessing the eco-friendly approach of popular clothing brands and stores, and promoting sustainable fashion. A big role of this blog will also be creating an online guide informing about materials specification and how their production and utilization affects the environment

These actions are aiming to gather individuals who want to deepen their comprehension of the subject, interact with like-minded individuals who share a similar passion, and foster connections. Those with a keen interest in expanding their knowledge about the topic will also have the opportunity to collaborate with clothing brands, mentors, refining their concepts into viable initiatives.

Following the completion of the project, a comprehensive evaluation of its impact will be conducted through the collection of participant feedback given to us every 2 months during Zoom meetings. The results and achievements of the project will be updated on our social media platforms, showcasing the significant contributions of participants.

## Recognition of learning outcomes

How will you support participants to be aware of what they have learned and which competences they have developed or improved? Please remember to include the methods that support reflection and documentation of the learning outcomes in the daily timetable of each activity.

Before the project starts, with the whole group we will conduct an online meeting using Zoom. During this meeting, beside presenting the project's activities and main goals, participants will have the opportunity to set their individual educational goals. They will put them on a common virtual board Padlet. We will check and discuss them again during the project. Thanks to a defined strategy, we will be able to set our own expectations for the project and determine what we intend to achieve during it.

Additionally, as part of the project schedule, leaders will organize daily exercises focusing on reflection. These activities will include both individual and group exercises, allowing participants to assess the skills acquired and identify areas for further development. We will use various creative methods for reflection like:

- Dixit cards - each person will take a second to reflect on their emotions after participating in activities, then participants will choose one illustrated card which best symbolizes their emotions. After picking the card, everyone will say a couple words about their decision and interpretation of the chosen picture.

- While sitting in a circle, everyone one by one will tell about one thing they enjoyed the most during the day and one thing that was difficult for them

- IA reflection- Participants will write a short review of their day including gained skills and accompanying emotions in Midjourney. Using that information, AI will generate a picture reviewing a person's experiences during the day.

- meditation that allows participants to slow down, reflect on the day, and connect with themselves and their surroundings.

- Mind maps presented in the form of a diagram divided into positives, negatives from each day, and things participants would like to learn.

working in pairs, where participants explain to each other the essence of the day and their new skills, as if the second person were unaware of the purpose and reasons behind such organized activities.

To support participants in identifying skills and abilities developed during the project, we will focus on reflection and documenting learning outcomes. Youthpass, a certificate recognized by the EU, aims to showcase informal and non-formal educational activities. We will provide it to participants during one of the pre-project meetings, assisting in its completion and demonstrating how it can contribute to achieving academic or professional goals.

The Erasmus Programme promotes the use of instruments/certificates like [Youthpass](#) or [Europass](#), to validate the competences acquired by the participants during their experiences abroad. Will your project make use of such European instruments/certificates?

Yes

Which one(s)?

Youthpass

Are you planning to use any national instrument/certificate? If so, please describe which one.

No

## Participant with fewer opportunities

Are there participants involved in the activities who face situations that make their participation in the activities more difficult?

Yes

Which types of situations are these participants facing?

Cultural differences

Economic barriers

Geographical barriers

If any, please explain the particular measures (accompanying person, reinforced preparation etc.) you will put in place to cater for the specific needs of these participants and/or to support their participation.

Our program for youth exchange has been developed to ensure comprehensive backing for each participant, both prior to and throughout the project. In preparatory meetings before the exchange, our focus will be on the importance of moral support and encouragement, while also establishing a secure environment where attendees can express their aspirations, apprehensions, and worries. We urge those with previous experience to adopt a mentoring role, providing guidance and help in aspects like language acquisition, journey planning, or acclimating to unfamiliar settings.

It's important to acknowledge that our endeavor would be unfeasible without the financial support from Erasmus+, considering our limited funds to execute the project in its envisioned format. In our budget planning, we've meticulously evaluated the costs. Once the project concludes, the participants' travel expenses will be reimbursed directly to the organizations, following the guidelines of the Erasmus+ Program.

No matter one's prior experience with fashion, technological skills or ecological knowledge, everyone is invited to join our project. The workshops our facilitators have set up will enable all youngsters to participate effectively and learn. Training will start from the basics to ensure fair learning opportunities for all. Participants need not bring any special materials. The waste materials used for making clothing will all be sourced from everyday recycling and gathered trash during cleaning the city during activities. We will use artificial intelligence tools for creating clothing designs, music and posters. These are freely available or have a free trial version that suits our needs. Additionally, these tools are accessible online and can be used through any web browser, making them smartphone-friendly.

Proficiency in English was not a requirement for selection, as inclusivity is our top priority. Each group was required to have at least two proficient English speakers, with one acting as the group leader to help guide conversations. Our partners will conduct extra online sessions to aid participants in enhancing their English skills. We believe that language will not hinder the project's success. Furthermore, to alleviate any concerns, we will set up an anonymous survey on the group chat a few days before the project starts, allowing participants to pose any organizational questions to the coordinators.

## Use of virtual components

Do you foresee to include any virtual component, before, during or after the activity?

Yes

If yes, please describe them.

For our online sessions, connecting all participants and organization representatives before the project began, we relied on the Zoom platform. To assign tasks and address additional queries, we made use of WhatsApp and Facebook groups. We established a shared drive via Google Drive to gather all transportation invoices for the project site, along with photos, videos, and any discussed information with participants. Brainstorming sessions, participant goals outlined pre-project, and certain information were collated through the Padlet platform.

Throughout the project duration, WhatsApp will serve as our primary communication tool for immediate matters.

Additionally, to monitor the project's progress daily, we'll employ Google Forms. This will allow us to continuously gather valuable feedback from participants about the project's evolution from their viewpoint. We'll utilize artificial intelligence to design clothes, utilizing Midjourney.

To further enhance our virtual engagement, we'll introduce interactive workshops on topics related to designing clothes and video making using Artificial Intelligence and the environmental impact of fast fashion. These sessions will provide participants with opportunities for deeper learning and discussion, enriching their understanding of key project themes.

During sustainable fashion clubs implementation participants will use virtual tools Instagram, Canva and Google website creator for creating a blog and social media account, where they will be posting articles about eco-friendly fashion, assessing the eco-friendly approach of popular clothing brands and stores, and promoting sustainable fashion. A big role of this blog will also be creating an online guide informing about materials specification and how their production and utilization affects the environment

Our activities will be documented on social media platforms like Instagram and Facebook, where we'll share posts and updates from the sessions. Following the project's conclusion, we'll continue to engage with participants actively and support their sustainable fashion clubs using WhatsApp and Zoom, while also exploring the possibility of virtual collaboration platforms for ongoing communication and knowledge sharing.

## Environmental friendly practices

Will you include sustainable and environmental-friendly practices in your activities?

Yes

Please describe them and mention how will you raise the awareness of participants on these sustainable practices?

During the project, we will focus on ensuring that both organizers and participants adhere to sustainable practices throughout the project, starting from the journey to Krosno. We have made the decision to prioritize travel methods that exclude air transport to minimize our carbon footprint. Participants will use public transportation such as trains, regional buses, or Flixbus to reach the project venue. The only exception applies to participants from Portugal. Due to the considerable distance they have to cover, we deemed that problematic and time-consuming land transport would significantly disrupt the comfort and safety of participants.

At the first meeting, we will emphasize the importance of energy conservation, reducing water usage, and recycling waste within the hotel premises and the city. By addressing ecological topics during sessions, participants will gain a deeper understanding of the significance of environmental action. Additionally, we will strive to reduce the amount of waste, including unnecessary plastic generated during the project, by encouraging participants to bring reusable water bottles. Waste generated during daily activities will be utilized in the making clothing during workshops. All participants will be required to adhere to these principles.

During the workshops we will actively learn about the destructive impact of the fast fashion industry on the environment and how we can prevent spreading it by ourselves. We will discuss our ideas, concerns and creative methods to spread anti-fast fashion concepts among the society. During sessions we will also clean the streets of Krosno and its green areas.

Participants will gain knowledge about sustainable materials and brands, they will meet with the concept of "greenwashing", shape their consumer behavior into more environmentally-friendly, and gain comprehensive skills to research whether a fashion brand is sustainable or not.



## Project Management

In this section we want you to describe several aspects of how you will manage your project and make sure that the participants have a high quality learning outcome. Please read the questions carefully and answer to all sub-questions.

How will you manage the project (agreements with partners etc.) and make sure that it is done in line with the Erasmus+ Youth Quality Standards? You will find the quality standards further down in the application form.

We will form definitive agreements with all partner organizations to ensure the project is managed efficiently and aligns with the Erasmus+ Youth Quality Standards. This involves setting up direct communication channels, defining roles and responsibilities, and establishing mutual expectations. Our team has a proven history of effective teamwork, and we plan to maintain this throughout the project's progression. A common interest among our team is saving-environment actions and their future impact. We will make sure all partner organizations stick to the agreed timeline and encourage everyone to provide feedback, which will be used to refine future activities by the eco-workshops with locals.

Our control over the activities' content, quality, and outcomes will be maintained for absolute transparency. We are committed to adhering to the guidelines when using Erasmus+ funds and in the management and reporting of our financial information. Furthermore, we've put in place a robust project management approach, with defined roles, communication pathways, and monitoring methods. This ensures that the project fully complies with the Erasmus+ Youth Quality Standards.

To align with the Erasmus+ Youth Quality Standards, we have ensured:

- inclusion during selecting process (including participants with fewer opportunities, refugees, difficult family situation, mental health problems) and participative approach to all of our actions - we ensured that every participant can be fully involved during each activity no matter their financial/social/health barriers
- fostering an environment of equal opportunity and non-discrimination, we will not tolerate hate speech towards any of the participants.
- we have ensured and informed participants about safety procedures providing comfortable and safe work during the project including hotel, Covid-19 procedures and anti-alcohol policy in order to provide a comfortable environment to learn for people who were facing alcohol related problems in their lives.
- we are supporting digital mobility through replacing paper in our organizational aspect of work into digital tools. Moreover, participants during the project will use many digital platforms like Padlet, Canva, Google Drive, Google Forms, and powered by IA - Midjourney.
- we set with participating organizations clear rules providing support to participants before, during and after the project implementation. Every organization will help participants by setting language learning online sessions, help with choosing the best travel plan and support their preparation process. We will actively coordinate their actions keeping constant online contact.
- we ensured many ecological aspects to make sure our project will not have a destructive impact on the environment. We have set specific rules for our stay in Krosno, including reducing energy, water and recycling. Trash generated during the project will be transformed into clothing pieces. We also decided to implement many virtual tools to avoid unnecessary paper waste.

How will you organise the practical and logistical part of the project (e.g. travel, accommodation, insurance, visa, social security, mentoring and support, preparatory meetings with partners etc.)?

Each national team will be responsible for organizing transportation to the project venue according to agreements established by our organizations. The groups will develop their strategy with the assistance of participants with prior experience and their leaders. Understanding the basic principles of the Erasmus+ program, including aspects such as assessment, non-formal education, and disseminating project results, will be a key element of our preparations.

To ensure smooth operations, each partner organization will organize personal or virtual meetings for their participants. These meetings will be open to both new members and those with experience in Erasmus+ youth exchanges.

Building a solid team dynamic and creating a supportive environment for diverse groups will be crucial during the project planning stage. We will conduct online meetings with partner organizations to discuss and establish our expectations and guidelines for the project. These discussions will cover various topics, such as alcohol policy, handling emergency situations, and appropriate use of accommodation.

The Preparatory Visit is a significant element of our project preparations as it allows us to assess the readiness of participants, ensuring that necessary materials and logistics are planned. The visit will also help determine if additional assistance is required from our partner organizations and group leaders. The visit will take place at the project venue – Hotel Nafta in Krosno, one month before the project begins. It will include a meeting of the four group leaders who will evaluate and discuss every aspect of the project.

The leaders will review the entire preparation process to ensure everything is ready for the project's commencement. They will also analyze any concerns or requests raised by participants and collaboratively develop optimal solutions to ensure the effectiveness of the exchange. Although we are confident that Hotel Nafta is suitable for hosting our group and carrying out planned activities, as demonstrated during the "AI Meets Art" project in January 2023, where no difficulties occurred, and participants rated its comfort during the evaluation at 4.7/5 points, leaders will personally assess the adequacy of facilities to ensure they can provide comfort during the learning process.

They will also discuss the costs and safety of travel plans for each group. Additionally, they will prepare a list of sensitive

participant information, such as necessary medications, allergies, and preferred diets. During the visit, group leaders will select the best insurance company for our project team and then recommend it to the leaders of the Look Globally Foundation.

The meeting will also be an opportunity for group leaders to get to know each other better, build trust, and prepare for taking responsibility for the project group before it starts. Partnerships between organizations will be established and deepened. Throughout the meeting, group leaders will review the details of planned activities during the project, including the schedule, anticipated expenses, and the creation of a list of materials needed for each activity.

We require participants to have the European Health Insurance Card in case of health issues. This is to prevent additional problems that may arise from financing medical care in Poland. In addition to having the European Health Insurance Card, we encourage participants to buy private health insurance to ensure complete safety and comfort during the project.

## Partnerships

How and why did you choose your project partners? What experiences and competences will they bring to the project?

The decision to choose partners for this project was conscious and based on several key criteria. We wanted to ensure that our partners are aware of the challenges and benefits associated with this type of initiative. We also valued partners engaged locally, capable of integrating the project not only with participants but also with local communities.

We are pleased to collaborate with organizations actively involved in the development of European youth, especially using sustainable methods and giving a positive impact towards the environment. Due to their full commitment to the idea, we trust them to ensure the successful completion of every aspect of the cooperation.

The Portuguese organization CXJV Conexão Jovem Associação has extensive experience in organizing international and local projects and events supporting youth development. The organization's director, Almeno Henrique Antunes, supported us with his over ten years of project management experience. The CXJV Conexão Jovem Associação values ecological input in their projects, they are focusing on this aspect since, including conducting over 10 international projects on this topic, they are representing at the moment the Sustainability Department of Braga's Youth Council. Also they have contributed to the GREEN KEY sustainability award for the Braga Youth Center. CXJV Conexão Jovem Associação will put their input into ecological development of this project

Students who founded the Association for Youth Activism and Growth have a lot of experience in the field of facilitation, participating and writing projects. They also have specific knowledge and skills in the topics such as youth work, soft skills (communication, conflict resolution, leadership etc.), coaching/mentoring, peace education, EU values which they will share with us. In the area of project management and administration. Association for Youth Activism and Growth have experience in the position of Sending Coordinator where the responsibilities included managing the media team, promoting on social media and monitoring the contents and their quality. By their contribution to share their experiences we will achieve smooth cooperation between our partner organizations.

Green Youth Hungary is a dynamic and community-driven organization dedicated to fostering positive social change and innovation in Pilisszentiván village. Established with a vision to create a more inclusive and sustainable community, the organization engages in various projects and initiatives that address key social, environmental, and cultural challenges. They will support us with their experience and knowledge to ensure every participant is fully developing their competences during the project regardless of barriers they are facing. Green Youth Hungary will bring a new perspective to ecological methods we will use during the project.

How will you communicate with them?

In the context of Erasmus+ projects, where collaboration among partners from different countries plays a significant role, choosing the right means of communication becomes a strategic decision. In our project, we have decided to harness the potential of three platforms: a Facebook group, WhatsApp messenger, and video conferencing through Zoom, to create an efficient information exchange system. Regular online meetings allow for a more personal interaction with partner organizations and participants, which is crucial in international projects. The Zoom platform enables us not only to discuss project progress but also to plan activities, allocate tasks, and discuss any potential challenges. This tool creates a sense of closeness even when geographical distance separates our teams. The virtual WhatsApp group provides instant access to all participants, serving as an ideal space for addressing urgent matters, asking short questions, and delivering immediate updates. Before the project starts, we will use it to announce initial organizational matters such as the schedule of activities, set organizational meetings, assist in getting to the project location, and conduct anonymous surveys to learn more about the goals participants want to achieve and address any questions or uncertainties related to participation. We will use the Facebook group as a tool for sharing results and activities after the project concludes. By combining these three means, we create a cohesive and flexible communication system before, during, and after the project. With the use of the Facebook group, WhatsApp, and Zoom, we are confident that our team will maintain a smooth flow of information, respond quickly to changing conditions, and foster a collaborative atmosphere to achieve common goals.

How will you monitor and coordinate their contribution?

Ensuring the success of our project hinges significantly on the adept coordination and oversight of partner involvement. Right from the outset, our partner organizations are actively engaged in the planning process, showcasing their unwavering dedication and commitment to project realization. Leveraging their extensive experience in project management, coupled with a profound understanding of Artificial Intelligence and ecology, greatly enriches the collaborative exchange we're building.

We will actively check if their tasks are completed on time and done with the utmost care. They will send us a report after every conducted activity containing help with participants' preparation. This includes language learning online meetings, group preparation online meetings and help with choosing travel plans. After finding the best transport to Krosno, partner organizations will send us participants' travel plans to check and submit them. After receiving a positive response about them, partners will tell their participants that they can book the tickets.

We encourage our partners to furnish regular updates, which we meticulously scrutinize during our routine online gatherings. Through this ongoing dialogue, we proactively identify any potential hurdles and stand ready to extend support and allocate resources as necessary. To foster a shared understanding, we maintain consistent communication with partners via various

channels such as email, Zoom meetings, and WhatsApp messaging. As we edge closer to the project's commencement, we'll ramp up the frequency of online meetings to ensure all stakeholders are suitably primed for the initiative's launch. In tandem with our digital communication efforts, we're planning an Advance Planning Visit (APV) to put the finishing touches on all exchange particulars. This APV serves as a pivotal component of our project preparations, affording us the opportunity to gauge participant readiness and meticulously plan essential materials and logistics. Moreover, it provides a forum to assess whether additional support from our partner organizations and group leaders is warranted. This proactive approach not only enables us to preempt potential challenges but also underscores our commitment to ensuring participants' comfort and safety throughout their tenure. The APV is scheduled to transpire at the project venue, Hotel Nafta in Krosno, one month ahead of the project kick-off, featuring a comprehensive meeting of the four group leaders tasked with scrutinizing and deliberating on every facet of the project.

With our steadfast commitment to maintaining transparent communication channels and vigilantly monitoring and coordinating partner contributions, we are poised to efficiently realize our project objectives and adeptly manage the initiative.

#### Which other actors (organisations or individuals) will be involved and how?

We have the pleasure of collaborating with amazing organizations and individuals during the implementation of the "Fashion Forward: Recycle Runway" project. We greatly appreciate everyone's involvement in the success of the project. We are very happy that Centrum Aktywności Młodzieży in Krosno will provide us with their spaces where the organized by participants fashion show will take place. They perfectly understand the importance of engaging youth in social activities. The director of Biuro Wystaw Artystycznych, Ewelina Jurasz will provide us with space where we will put our photo exhibition. We will come with the audience of the fashion show to BWA to officially open the vernissage.

Objectives of the Fundacja GraTy are based on supporting the local community and the development of creative thinking. They have created many incredible initiatives, providing the residents of Krosno with spaces for interaction and enjoyable technological entertainment. Fundacja GraTy will provide us with their VR equipment, which will allow us to capture footage for the promotional film. They will also support us with their tailoring expertise in creating clothing from waste showcased during the fashion show.

We will contact Krosnosfera to publicize the project results and promote the cessation of support for the fast fashion industry. In this way, the project will reach a broader audience, have a greater impact on the community, and encourage conscious consumer choices.

The ViArt film crew has wide-range experience in film production. They were finalists for their film "Extensa," based on Jacek Dukaj's book, at the educational film festival "Booktrailer Film Festival," promoting reading among young people. The ViArt team

## Evaluation

How will you evaluate your project's success? Which activities will you carry out in order to assess whether, and to what extent, your project has reached its objectives and results?

To ensure that our project achieves the planned outcomes, it is essential to assess its progress during and after completion. We will utilize surveys made through Google Forms to focus particularly on using online tools and direct communication with participants. During their implementation, participants will assess every aspect in scale from 1-10, where 1 means little to no development/satisfaction/knowlege in this area.

Before first activities during the project, we will send to participants a survey analyzing their knowledge aspects about: environmental impact of fast fashion, personal competences, digital competences, critical thinking competences and assessment of ecological aspects of their fashion choices. They will assess every question individually. This action will be a base to evaluate the project's success at the end of the exchange.

Every day in the morning before starting the sessions, we will be sending participants another survey to our WhatsApp group in order to assess skills they gained during the previous day. Beside questions about personal development, we will ask their opinions on quality of served food, hotel assessment and organizational aspects of the project.

Moreover, in order to evaluate raising awareness about the destructive impact of the fast fashion industry and engagement in making conscious fashion choices among the local community, participants will go to a shopping mall in Krosno to conduct short questioning interviews with passing people. They will ask questions like: "Have you ever considered the carbon footprint or ethical practices of a clothing brand before making a purchase?", "Are you aware of the environmental impact of the fast fashion industry?", "When buying clothes, do you check whether they were sustainably produced?" "How familiar are you with the concept of sustainable or eco-friendly fashion?", "How important is sustainability in your decision-making when purchasing clothing?". We will use the answers to compare with answers from the same questions asked (changed into society's future actions and intentions form) after implementing a fashion show reflecting on the destructive impact of the fast fashion industry.

Furthermore, on the last day of the project, participants will assess the results by completing a final survey to evaluate the project's success. We will use the same form to the one used before the start of the first project's activities. It will explore opinions and analyze results, assessing whether we met participants' expectations and achieved the project's objectives. Participants will rate each aspect in the survey (such as acquired skills, project outcomes, and progress) on a scale from 1-10 based on their personal experiences.

After the end of the project, we will conduct meetings on the Zoom platform every two months, which will analyze competences and knowledge developed by activities of sustainable fashion clubs. After ten months from the end of the project, we will again conduct an evaluation survey with added educational impact provided by implementation of sustainable fashion clubs. Thanks to this, we will assess the long-term impact of the "Fashion Forward: Recycle Runway" project.

Evaluation results will be a very important aspect during preparation and implementation of our future actions.



## Sustainability of the results

What will you do to make sure that your project continues to have effects also after it ends?

To begin with, one of the key educational elements during the project was changing participants' and local society's consumer behaviors into more sustainable. After gaining awareness about the fast fashion industry's destructive impact on the environment, both participants as well as Krosno's citizens will completely resign or minimize supporting fast fashion brands through buying their clothes and accessories. This awareness will be spreaded among friends, family providing continuous effects.

Next in line, each partner organization with participants will create sustainable fashion clubs in their countries. The clubs will work as a platform to expand knowledge and experience in analyzing deeper sustainable fashion processes happening in the world for young people interested in topic of fashion and ecology special. They will be open to everyone to join. Clubs activities will include:

Discussions meetings to exchange experience and knowledge about eco-friendly fashion and find new ways for spreading awareness about destructive impact of the fast fashion industry

organizing workshops for highschoolers during which they will teach them about conscious fashion choices and the environmental impact of the fast fashion industry. During these workshops they will clean together public spaces like parks, forests and streets from trash and then use them to create prototypes of clothing pieces. Every club will visit 20 schools in their countries for one year from the end of the exchange

They will use picked trash to create sculptures, art pieces and clothing.

Creating a blog and social media account, where they will be posting articles about eco-friendly fashion, assessing the eco-friendly approach of popular clothing brands and stores, and promoting sustainable fashion. A big role of this blog will also be creating a guide informing about materials specification and how their production and utilization affects the environment

These actions are aiming to gather individuals who want to deepen their comprehension of the subject, interact with like-minded individuals who share a similar passion, and foster connections. Those with a keen interest in expanding their knowledge about the topic will also have the opportunity to collaborate with mentors, refining their concepts into viable initiatives.

Are you planning measures to make sure that the results produced are used and beneficial to others beyond the project's lifetime? If yes, which ones?

We are taking steps to ensure that the results of our project are widely spread among participating countries' citizens during its lifetime and long after it has been completed. Our goal is to increase society's awareness about the fast fashion industry's destructive ecological impact.

We will invite the citizens of Krosno to the fashion show organized by us. This event aims to prompt society to reflect on their individual consumer choices when purchasing clothing and raise awareness about the danger of environmental pollution caused by the fast fashion industry. We will particularly focus on inviting students from local high schools and PANS university. Attending the event will give them a chance to get acquainted with the Erasmus+ program, motivate them to make environmentally friendly purchases, and inspire them to engage in social initiatives and continuous development. Created by us a promotion film presenting the world overtaken by the destructive impact of fast fashion production will be posted on our social media and YouTube channel and send among other non-governmental organizations actively working in field of ecology. We will also through publication of our photoshoot we will draw attention of bigger amount of audience that will be inspired by our actions.

We will also establish contact with local media. We will contact KrosnoSfera to publicize the project results and promote the cessation of support for the fast fashion industry. In this way, the project will reach a broader audience, have a greater impact on the community, and encourage conscious consumer choices.

After the project is finished, every participating organization with participants will create sustainable fashion clubs. These clubs will continue working on the project's objectives - building a new approach to sustainable fashion among society and preventing fast fashion's destructive impact by common discussion and creating space to explore the topic for like-minded individuals. During regular meetings, members will be able to exchange ideas, mentor one another, and keep up with the latest updates in the fashion world. By creating events, workshops for highschool students and active posting in social media, we expect to gather 30 new club members and 50 new volunteers in each partner organization.

Clubs will conduct workshops in 20 highschools in for one year from the end of the project. They will share knowledge about fast fashion's impact gained during the project, engage them by cleaning the city together and designing clothing prototypes from collected trash. These artworks as well as pieces made by club members will be put in an open exhibition to expand availability to see project results to others.

To provide even more visibility, the clubs will create a blog and social media account where they will be actively posting articles about eco-friendly fashion, assessing the eco-friendly approach of popular clothing brands and stores, and promoting sustainable fashion. A big role of this blog will also be creating a guide informing about materials specification and how their production and utilization affects the environment.



## Dissemination of project results

How will you make your project visible outside your organisation and partner organisations? How will you share its results and success? With whom will you share the results?

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We will also establish contact with local media. We will contact KrosnoSfera to publicize the project results and promote the cessation of support for the fast fashion industry. In this way, the project will reach a broader audience, have a greater impact on the community, and encourage conscious consumer choices.

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### How will you involve participants in such activities?

The clubs will give members a place to improve their soft and hard skills, education and consumer behaviors. Participants will have the chance to mentor one another, make their own research about ecological approaches of popular fashion companies, and share their experiences and ideas from the project with other club members.

Participants will also have the opportunity to take part in club leadership positions. They might work as a part of the researchers team, event directors, marketing team, writers, meeting and discussion facilitators for the club. They will also take mentor positions, to help introduce newcomers to their actions and fast fashion impact.

Their actions might provide many collaborations with sustainable fashion brands, experts in the fashion industry, creating many fields of development for their skills and connections. Implementing the club's activities they can build an interesting portfolio which will draw attention in the future and give an opportunity to continuous development in the fashion sector. Participants will be able to continue their education and maintain relationships with the fashion-interested community long after the project has ended by participating in the clubs. They will be able to use the abilities and information they have gained to positively influence their local communities and beyond.

## Erasmus+ Youth Quality Standards

Organisations implementing Erasmus learning mobility activities must adhere to a set of quality standards. These standards exist to ensure quality experience and learning outcomes for Erasmus participants, and to make sure that all organisations receiving the Programme's funding are contributing to its objectives.

### I. POLICY PRIORITIES IN THE FIELD OF YOUTH :

Beneficiary organisations should contribute to the overall objectives of the EU Youth Strategy [1] and to the European Youth Goals developed within this frame. They should apply the guiding principles laid down in the EU Youth Strategy.

### II. BASIC PRINCIPLES OF THE ERASMUS PROGRAMME :

- **Inclusion and diversity:** beneficiary organisations must respect the principle of inclusion and diversity in all aspects of their activities. Whenever possible, beneficiary organisations should open their activities to participants from different backgrounds and with diverse abilities, actively engage and involve participants with fewer opportunities.
- **Environmental sustainability and responsibility:** beneficiary organisations must make efforts to design activities in an environmentally friendly way and promote environmentally sustainable and responsible behaviour among its participants.
- **Virtual cooperation, virtual mobility and blended mobility:** beneficiary organisations should integrate the use of digital tools and learning methods to complement the physical mobility activities or to improve the cooperation with partner organisations.
- **Active participation in the network of Erasmus organisations:** beneficiary organisations should seek to become active members of the Erasmus network by taking part in activities organised by the National Agency or other organisations. Experienced Erasmus beneficiaries should share their knowledge with organisations who have no or little experience in the programme, providing them with advice, mentorship or other support. Beneficiary organisations should also encourage their participants to take part in Erasmus community building activities.

### III. QUALITY MANAGEMENT

- **Responsibility:** beneficiary organisations will be responsible for results and quality of the implemented activities, regardless of the involvement of any other organisations or individuals. During the implementation of Erasmus activities, beneficiary organisations must take responsibility for key decisions on all tasks that directly affect the outcomes of the implemented activities, especially in relation to these quality standards. The core tasks include financial management of the programme funds, contact with the National Agency, reporting on implemented activities, as well as all decisions that directly affect the content, quality and results of the implemented activities.
- **Transparency:** beneficiary organisations may receive advice, assistance or services from other organisations or individuals, as long as it keeps control of the content, quality and results of the implemented activities. If the beneficiary organisations are using the programme funds to pay for such services, rights and obligations of both parties (in particular tasks to be carried out, quality control mechanisms and consequences in case of poor or failed delivery on part of the service provider) must be formally defined and available for review by the National Agency.
- **Partnerships:** While overall responsibility of the implementation lies within the beneficiary organisations, activities should be planned, implemented and evaluated together with all partner organisations involved. Clear definition of roles, and distribution of tasks should be set-up and agreed.
- **Contributions paid by participants:** as a form of co-funding, the beneficiary organisation may ask participants in activities for contributions to pay for goods and services necessary for the implementation of those activities. The size of the participants' contributions must remain proportional to the grant awarded for the implementation of the activity, must be clearly justified, collected on a non-profit basis, and may not create unfair barriers to participation (especially concerning participants with fewer opportunities). Additional fees or other participant contributions cannot be collected by other service providers chosen by the beneficiary organisation.
- **Monitoring and evaluation:** beneficiary organisations should put in place adequate plans and procedures to monitor and evaluate the activities, to enable them to assess how they are progressing towards their objectives and whether they have reached them. The monitoring and evaluation outcomes should lead to improvements in the implementation of ongoing or future activities.
- **Building capacity and integrating results of the activities in the organisation:** beneficiary organisations should take steps to use the results of the implemented activities in their regular activities, to build their capacity and the capacity of their staff.

- **Gathering and using participants' feedback:** beneficiary organisations should encourage the participants to fulfil the standardised participant reports provided by the European Commission, and should make use of the feedback provided by the participants to improve future activities.

#### IV. QUALITY LEARNING ACTIVITIES

This section sets the minimum standards to follow. Further guidance and tools are available to support the delivery of high quality learning mobility activities, such as the Quality Framework for Learning Mobility.

- **Practical arrangements:** beneficiary organisations must ensure quality of practical and logistic arrangements (travel, accommodation, insurance, safety, visa applications, social security, etc.). If these tasks are delegated to the participants or another participating organisation, beneficiary organisations will remain ultimately responsible for verifying their provision and quality.
- **Health, safety and respect of applicable regulation:** all activities must be organised with a high standard of safety and protection for involved participants and must respect all applicable regulation (for example regarding parental consent etc.). The beneficiary organisations must ensure that their participants have appropriate insurance coverage, as defined by the general rules of the Programme and the applicable regulation.
- **Selection of participants:** participants must be selected through a transparent, fair and inclusive selection procedure.
- **Preparation and support of participants:** participants must receive appropriate preparation in terms of practical, cultural and safety aspects. They should be fully aware of what is expected from them before, during and after the activity. Adequate guidance and support must be available during all phases of the activities.
- **Support to participants with fewer opportunities:** beneficiary organisations must ensure fair and equal conditions for all participants, including those facing barriers (such as special learning needs or physical disability).
- **Participatory approach:** participants should - as far as possible - be actively involved in all phases of the activities and receive adequate support to do so.
- **Participatory methods:** activities should be based on participatory methods and offer space for interaction of participants, sharing of ideas, avoiding passive listening and allow them to contribute to the activities with their own knowledge and skills, reversing the traditional roles of outside "experts".
- **Linguistic support:** beneficiary organisations must ensure appropriate language training, adapted to the needs of the participants. Where appropriate, the beneficiary organisation should make maximum use of the specific tools and funding provided by the Programme for this purpose.
- **Definition and monitoring of learning outcomes:** the expected learning outcomes must be clearly defined for each participant or group of participants prior to the activity. Where relevant, participants should be involved in the identification of the expected learning outcomes. Progress in the learning process should be monitored and adequate support should be provided to participants in this regard.
- **Identification and recognition of learning outcomes:** non-formal and informal learning outcomes gained by participants in the activities should be identified and documented, in particular through EU level recognition tools such as Youthpass. Youthpass is a tool to support validation of non-formal and informal learning outcomes. It is a part of the European Commission's strategy to foster the recognition of non-formal learning. [Youthpass](#)

#### V. Sharing results and knowledge about the programme

- **Sharing results within the organisation:** beneficiary organisations should make their participation in the Erasmus programme widely known within the organisation and create opportunities for participants to share their mobility experience with their peers.
- **Sharing results with other organisations and the public:** beneficiary organisations should share the results of their activities with other organisations and the public.
- **Publicly acknowledging European Union funding:** beneficiary organisations should make their participation in the Erasmus programme known in their community and in the wider public. Beneficiary organisations must also inform all participants about the source of the fund.

## EU Values

The Erasmus+ programme's implementation, and therefore, the programme beneficiaries and the activities implemented under the programme, have to respect the EU values of respect for human dignity, freedom, democracy, equality, the rule of law and respect for human rights, including the rights of persons belonging to minorities, in full compliance with the values and rights enshrined in the EU Treaties and in the EU Charter of Fundamental Rights.

Article 2 of the TEU: The Union is founded on the values of respect for human dignity, freedom, democracy, equality, the rule of law and respect for human rights, including the rights of persons belonging to minorities. These values are common to the Member States in a society in which pluralism, non-discrimination, tolerance, justice, solidarity and equality between women and men prevail.

Article 21 of the EU Charter of Fundamental Rights: 1. Any discrimination based on any ground such as sex, race, colour, ethnic or social origin, genetic features, language, religion or belief, political or any other opinion, membership of a national minority, property, birth, disability, age or sexual orientation shall be prohibited. 2. Within the scope of application of the Treaties and without prejudice to any of their specific provisions, any discrimination on grounds of nationality shall be prohibited.

### Subscribing to EU Values

- I confirm that I, my organisation and the co-beneficiaries (where applicable) adhere to the EU values mentioned in Article 2 of the TEU and Article 21 of the EU Charter of Fundamental Rights
- I understand and agree that EU Values will be used as part of the criteria for evaluation of the activities implemented under this project

## Annexes

The maximum size of a file is 15 MB and the maximum total size is 100 MB.

### Declaration on Honour

Please download the Declaration on Honour, print it, have it signed by the legal representative and attach.

<b>File Name</b>	<b>File Size (kB)</b>
DOH -fashion declaration.pdf	803
<b>Total Size (kB)</b>	<b>803</b>

### Accession forms

Please download the accession forms, have them signed by the relevant legal representatives, and attach the signed forms here. You can attach a maximum of 90 documents.

Accession forms must be provided at the latest before the signature of the grant agreement.

<b>File Name</b>	<b>File Size (kB)</b>
<b>Total Size (kB)</b>	<b>0</b>

### Timetable

Please attach the timetables for the physical events and mobility activities using the template provided.

<b>File Name</b>	<b>File Size (kB)</b>
TIM -Kopia Empty Schedule.xlsx	87
<b>Total Size (kB)</b>	<b>87</b>

### Other Documents

If needed, please attach any other relevant documents (a maximum of 9 documents). Please use clear file names.

If you have any additional questions, please contact your National Agency. You can find their contact details: [List of National Agencies](#).

<b>File Name</b>	<b>File Size (kB)</b>
OTH -hungary-fashion.pdf	153
OTH -macedonia fashion - signed.pdf	251
OTH -portugal fashion.pdf	212
<b>Total Size (kB)</b>	<b>618</b>
<b>Total Size (kB)</b>	<b>1 509</b>

## Checklist

Before submitting your application form to the National Agency, please make sure that:

- It fulfills the eligibility criteria listed in the [Programme Guide](#).
- All relevant fields in the application form have been completed.
- I confirm that my organisation adheres to the Erasmus+ Youth Quality Standards.
- You have chosen the correct National Agency of the country in which your organisation is established. Currently selected NA is: PL01 - Foundation for the Development of the Education System

### Original content and authorship

- I confirm that this application contains original content authored by the applicant and partner organisations.
- I confirm that no other organisations or individuals external to the applicant and partner organisations have been paid or otherwise compensated for drafting the application.

### Protection of Personal Data

Please read our privacy statement to understand how we process and protect [your personal data](#)

Please also keep in mind the following:

Accession forms of each partner to the applicant, signed by both parties, should be submitted latest before the signature of the grant agreement. If the application is approved for funding, signed accession form will be considered as a condition for signature of the grant agreement.

The documents proving the legal status of the applicant must be uploaded in the Organisation Registration System, here: [Organisation Registration System](#)

## Submission History

Version	Submission time (Brussels time)	Submission ID
1	20/02/2024 11:37:36	1539185