Four fundamental OS concepts

Thread

- Single unique execution context
- Program Counter, Registers, Execution Flags, Stack
- Address Space w/ Translation
 - Programs execute in an address space that is distinct from the memory space of the physical machine

Process

- An instance of an executing program is a process consisting of an address space and one or more threads of control
- Dual Mode operation/Protection
 - Only the "system" has the ability to access certain resources
 - The OS and the hardware are protected from user programs and user programs are isolated from one another by controlling the translation from program virtual addresses to machine physical addresses