Matryoshka dolls can be used in a class to teach nesting, as one doll is placed inside another, and it continues for a while. A person could use one of the dolls as an if statement which will have one more doll and so on. This same concept is present in C++ with the if statements, classes and even loops, which is one if statement within another. As in Matryoshka dolls, there can be infinite number of dolls within one which is the case for if statements in C++