

# LYST



# ICE BREAKER

## THE CANDY GAME

**Red:** What's your favorite book?

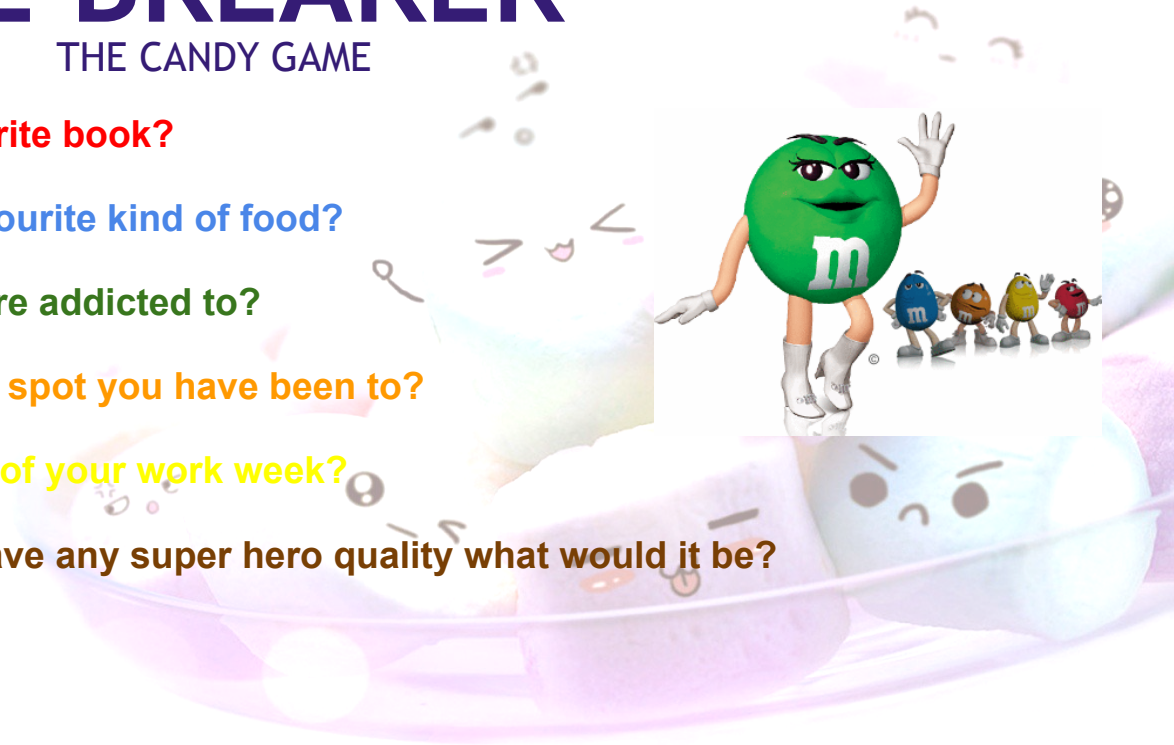
**Blue:** What is your favourite kind of food?

**Green:** TV show you are addicted to?

**Orange:** Best vacation spot you have been to?

**Yellow:** Favourite part of your work week?

**Brown:** If you could have any super hero quality what would it be?



# The Marshmallow Challenge

## Team Bonding & Building



## WIIFM..

- Collaboration
- How to be innovative and creative
- Most importantly shows how to work together





## The challenge is..

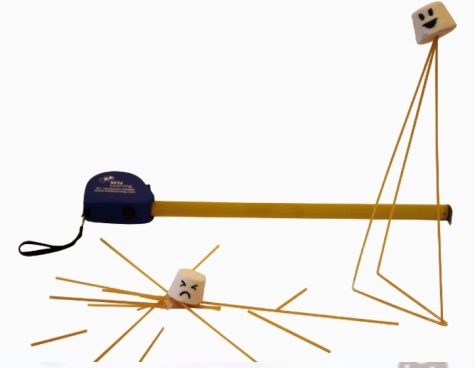
To build

- The tallest
- Free standing structure
- With a marshmallow on top



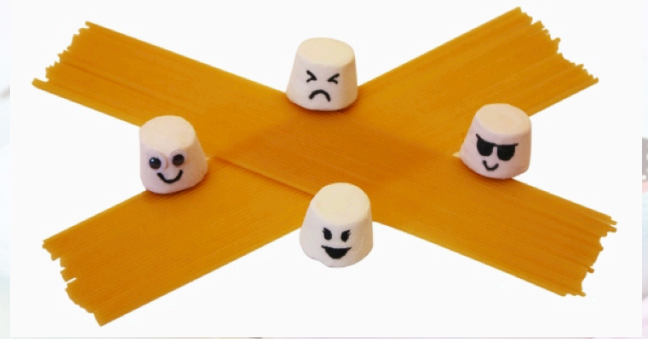
## Rules..

1. Use only the resources provided.
2. You cannot combine with other teams.
3. The tower must be freestanding.
4. Your tower should support a single marshmallow.
5. The marshmallow must be the highest point of the structure.
6. You have 🕒 18 minutes to complete this challenge.



## Resources provided..

1. Masking tape
2. String
3. 20 sticks of thin spaghetti
4. 1 new, never eaten marshmallow :)



## Teams..

### Team 1

- Qas
- Madhuri
- Suneetha

### Team 2

- Sri
- Bushra
- Ravi





## Wrap up..

1. How did that **go**?
2. How did you **feel**?
3. Was there any **pressure**?
4. What really **worked** for you?
5. Did you do a lot of **planning**?
6. **Winning Team:** Why is it that **you did really well**?
7. **Losing Team:** What was **hindering** your team to perform effectively.
8. What are the **key learnings** you can **taken away** from this activity?
9. How can you **apply** this learnings to **improve** your **team** and **individual performance**?

