

vhgh

Year of Birth: 1984

Ethnic Origin: Caribbean

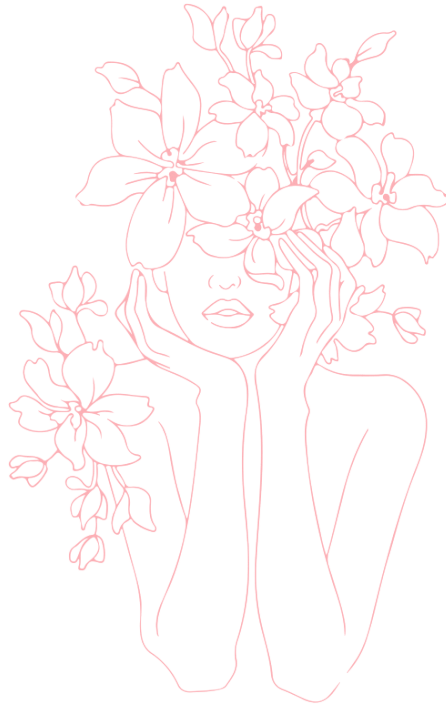
Smoking : Yes

Height : 4'0" (121 cm)

Weight: 30kg

Drinking: Regularly

Exercise: Regularly I exercise less than before



Checklist completed: 21st August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - 0-10 times a day
- Night sweats - 11-20 times a day
- Cold flashes - 0-10 times a day

Psychological:

- Moodswings

Physical:

- Vaginal atrophy Palpitations

MY CYCLES

- Last period - March 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- HRT Yes
- Vaginal
- Continuous Combined HRT
- Monthly HRT