

nmjs

Year of birth: 1999

Ethnic Origin: mhjbh

Smoking: No

Height: 4'4" (132 cm)

Weight: 52 kg

Checklist completed: 16th August 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- Hot flashes Yes
- Night sweats Yes
- o Cold flashes No

Psychological:

- Mood Swings
- Loss of Focus

Physical:

- Low libido
- Vaginal atrophy

MY CYCLES

- Last period May 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

• Have had received a menopause diagnosis

HRT Routine:

- o txt
- o txt
- o txt
- o txt