

Test

Year of Birth: 2000

Ethnic Origin: Indian

Smoking: Yes

Height: 5'6" (167 cm)

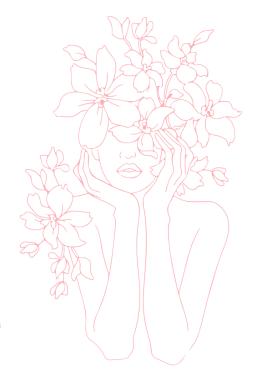
Weight: 44

Checklist completed: 18th August 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

Psychological:

- Vaginal atrophy
- Low libido

Physical:

- Palpitations
- Skin changes
- Joint Pain
- Fatigue
- Burnings sensation

MY CYCLES

- o Last period January-2022
- 0

MY MANAGEMENT

• Have had received a menopause diagnosis

HRT Routine:

- HRTYes
- Tables, Skin patches, Oestrogengel, Implants, Vaginal, Testosterone, Progesterone
- Continuous Combined HRT
- Monthly HRT