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Year of Birth: 2001

Ethnic Origin: Indian

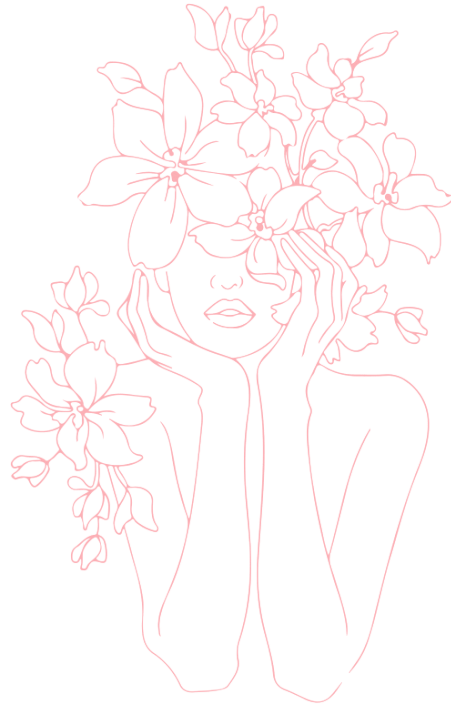
Smoking : No

Height : 4'3" (130 cm)

Weight: 31

Drinking: Not applicable

Exercise: I exercise the same amount Occasionally



Checklist completed: 2nd September 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - Yes

Psychological:

- Mood Swings
- Loss of focus
- Loss of memory
- Anxiety

Physical:

- Low libido
- Painful sex
- Vaginal atrophy
- Fatigue
- Burning sensation
- Joint pain
- Skin changes
- Palpitations

MY CYCLES

- Last period - February 2022

MY MANAGEMENT

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