

krupa

Year of Birth: 2001

Ethnic Origin: Pakistani

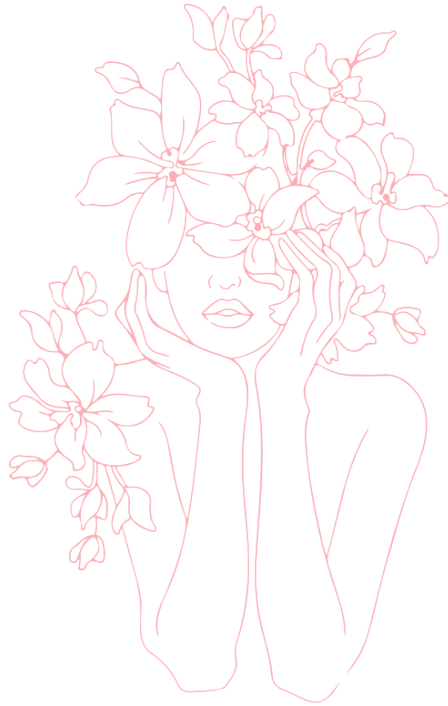
Smoking : Yes

Height : 4'2" (127 cm)

Weight: 36

Drinking: Regularly

Exercise: I exercise more than before Regularly



Checklist completed: 30th October 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - More Than 20 times a day
- Night sweats - 11-20 times a day
- Cold flashes - 0-10 times a day

Psychological:

- Anxiety
- Loss of memory
- Loss of focus
- Mood Swings

Physical:

- Low libido
- Painful sex
- Vaginal atrophy
- Fatigue
- Burning sensation
- Joint pain
- Skin changes
- Palpitations

MY CYCLES

- Last period - January-2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- Yes
- Progesterone, Testosterone gel, Vaginal Oestrogen, Implants, Oestrogen gel, Skin Patches, Tablets
- Continuous Combined HRT
- Monthly HRT