



guocjl vj

Year of Birth: 1927

Ethnic Origin: Irish

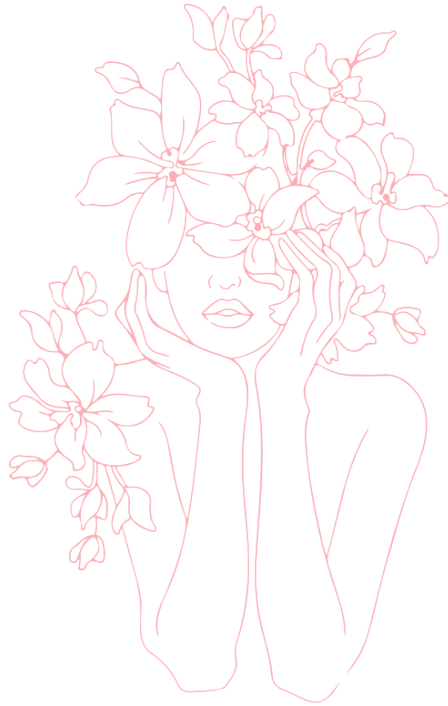
Smoking : Yes

Height : 4'1" (124 cm)

Weight: 31kg

Drinking: Regularly

Exercise: RegularlyI excercise more than before



Checklist completed: 25th September 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - 0-10 times a day
- Night sweats - 11-20 times a day
- Cold flashes - 0-10 times a day

Psychological:

- Moodswings
- Loss of focus
- Loss of memory
- Anxiety

Physical:

- Vaginal atrophy
- Low libido Palpitations
- Skin changes
- Joint Pain
- Burning sensation
- Fatigue

MY CYCLES

- Last period - February-2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- HRT Yes
- Tablets
- Continuous Combined HRT
- 3 Monthly HRT