

test

Year of birth: 1924

Weight: 30

Smoking: Yes

Height: 4'0" (121 cm)

Weight: 30

Checklist completed: 15th August 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

Psychological:

• Vaginal atrophy

Physical:

Skin changes

MY CYCLES

- Last period January 1970
- Yes Cycle lengths have changed
- NO Heavier Bleeding

MY MANAGEMENT

• Never had received menopause diagnosis