

# **TestiosNewAllData**

Year of Birth: 1992

Ethnic Origin: Pakistani

Smoking: Yes

Height: 5'1" (155 cm)

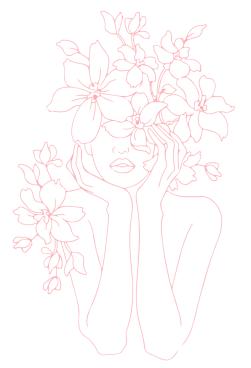
Weight: 31

Checklist completed: 17<sup>th</sup> August 2023

#### **Remember to mention:**

• Pre-existing health conditions you have

• Prescriptions you currently take



### **MY SYMPTOMS**

#### **Vasomotor:**

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes No

#### **Psychological:**

Anxiety

#### **Physical:**

- Low libido
- Painful sex
- Vaginal atrophy

## **MY CYCLES**

- Last period May 2023
- 0

### **MY MANAGEMENT**

• Have had received a menopause diagnosis

#### **HRT Routine:**

- Yes
- Oestrogen gel,Skin Patches,Implants,Vaginal Oestrogen,Testosterone gel,Progesterone
- o Cyclic HRT
- 3-Monthly HRT