



## raju

Year of Birth: 1924

Ethnic Origin: Indian

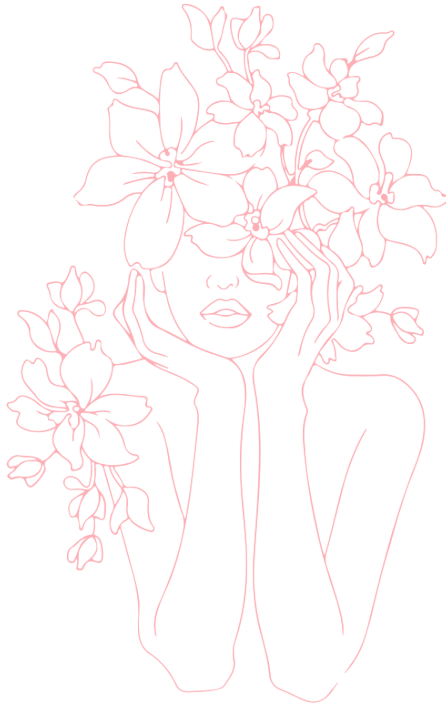
Smoking : Yes

Height : 4'0" ( 121 cm )

Weight: 30kg

Drinking: Regularly

Exercise: RegularlyI excercise more than before



Checklist completed: 21<sup>st</sup> August 2023

### Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

## MY SYMPTOMS

### Vasomotor:

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - Yes

### Psychological:

- Moodswings
- Lossoffocus

### Physical:

- Low libidoSkin changes
- Joint Pain

## MY CYCLES

- Last period - January 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

## MY MANAGEMENT

- Have had received a menopause diagnosis

### HRT Routine:

- HRTYes
- Skin patches, Oestrogengel, Implants
- Continuous Combined HRT
- 3 Monthly HRT