



hemant

Year of Birth: 1989

Ethnic Origin: Indian

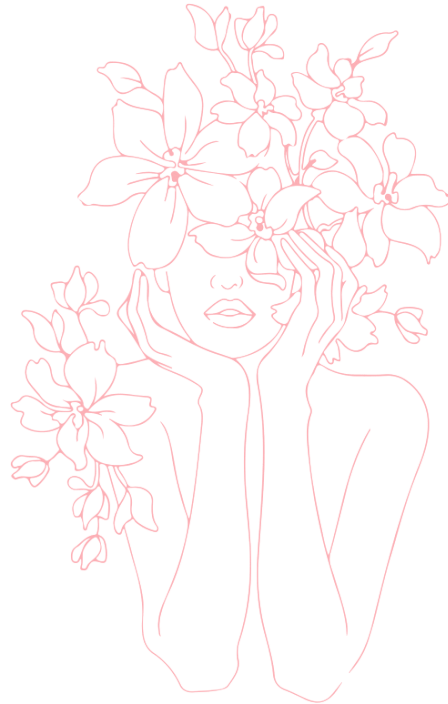
Smoking : No

Height : 5'7" (170 cm)

Weight: 85

Drinking: Not applicable

Exercise: I exercise more than before Regularly



Checklist completed: 19th August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - Yes

Psychological:

- Mood Swings

Physical:

- None

MY CYCLES

- Last period - December 2021

MY MANAGEMENT

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