

krishna new

Year of Birth: 1925

Ethnic Origin: Indian

Smoking: Yes

Height: 4'0" (121 cm)

Weight: 31kg

Drinking: Regularly

Exercise: OccasionallyI excercise less than before

Checklist completed: 26th September 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- Hot flashes No
- Night sweats No
- o Cold flashes No

Psychological:

Lossofmemory

Physical:

o Vaginal atrophyJoint Pain

MY CYCLES

- Last period February-2023
- Yes Cycle lengths have changed
- o NO Heavier Bleeding

MY MANAGEMENT

• Have had received a menopause diagnosis

HRT Routine:

- HRTNo
- 0
- 0
- 0