

# krupa

Year of Birth: 1924

Ethnic Origin: African

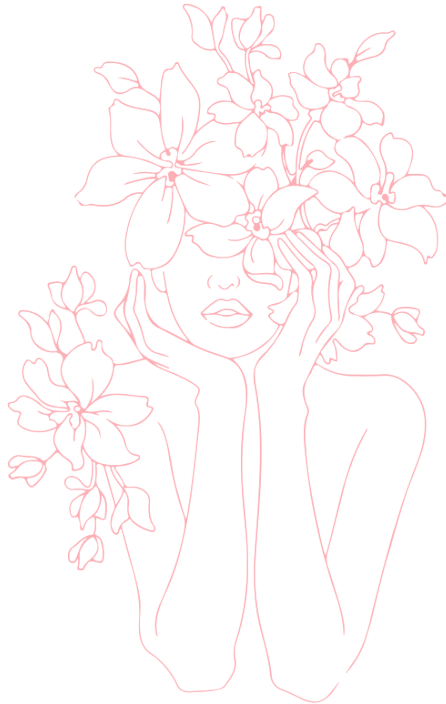
Smoking : Yes

Height : 4'1" ( 124 cm )

Weight: 32kg

Drinking: Regularly

Exercise: OccasionallyI exercise more than before



Checklist completed: 23<sup>rd</sup> August 2023

## Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

## MY SYMPTOMS

### Vasomotor:

- Hot flashes - 0-10 times a day
- Night sweats - Few Times
- Cold flashes - 0-10 times a day

### Psychological:

- Moodswings
- Loss of focus

### Physical:

- Vaginal atrophy Palpitations
- Skin changes

## MY CYCLES

- Last period - January 2014
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

## MY MANAGEMENT

- Have had received a menopause diagnosis

### HRT Routine:

- HRT Yes
- Tablets, Skin patches
- Continuous Combined HRT
- 3 Monthly HRT