

test99

Year of Birth: 1998

Ethnic Origin: African

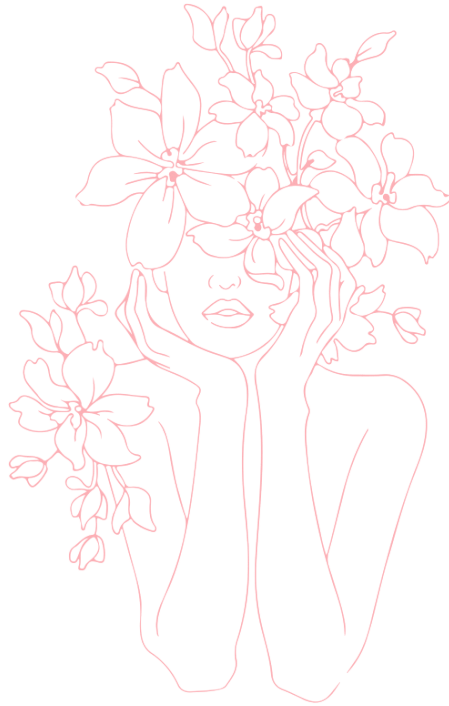
Smoking : Yes

Height : 4'1" (124 cm)

Weight: 32kg

Drinking: Rarely

Exercise: RarelyI excercise tha same amount



Checklist completed: 18th August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - Yes

Psychological:

- Moodswings
- Loss of focus

Physical:

- Vaginal atrophy
- Low libido
- Skin changes
- Palpitations
- Joint Pain
- Burning sensation
- Fatigue

MY CYCLES

- Last period - January 2021
- NO Cycle lengths NOT changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- HRT Yes
- Tables, Skin patches, Oestrogel, Implants, Vaginal, Testosterone, Progesterone
- Continuous Combined HRT
- Monthly HRT