

# srikanth

Year of birth: 1960

Weight: 68

Smoking : No

Height: 5'11" (180 cm)

Weight: 68

Checklist completed: 10<sup>th</sup> August 2023

#### **Remember to mention:**

• Pre-existing health conditions you have

• Prescriptions you currently take



# **MY SYMPTOMS**

### Vasomotor:

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

## **Psychological:**

• Vaginal atrophy

### **Physical:**

• Palpitations

# **MY CYCLES**

- Last period January 1970
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

# **MY MANAGEMENT**

• Have had received a menopause diagnosis

### **HRT Routine:**

- yes
- o Tables
- o Cyclic HRT
- Monthly HRT