

test

Year of birth: 1925

Weight: 30

Smoking: Yes

Height: 4'0" (121 cm)

Weight: 30

Checklist completed: 9th August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

Psychological:

• Vaginal atrophy

Physical:

• Palpitations

MY CYCLES

- Last period January 1970
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

• Have had received a menopause diagnosis

HRT Routine:

- o yes
- o Other
- o Cyclic HRT
- Monthly HRT