

## Test

Year of Birth: 2002

Ethnic Origin: Pakistani

Smoking : No

Height : 4'6" (137 cm)

Weight: 39

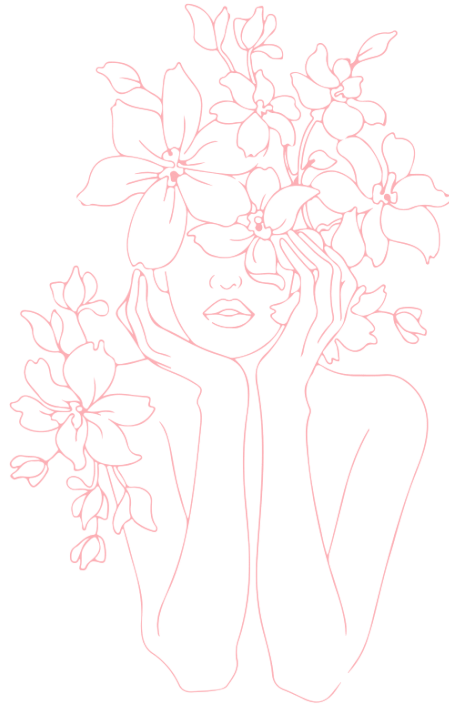
Drinking: Not applicable

Exercise: Occasionally

Checklist completed: 19<sup>th</sup> August 2023

### Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take



## MY SYMPTOMS

### Vasomotor:

- Hot flashes - No
- Night sweats - No
- Cold flashes - No

### Psychological:

- Anxiety

### Physical:

- Low libido
- Painful sex

## MY CYCLES

- Last period - July 2015

## MY MANAGEMENT

- Have had received a menopause diagnosis

### HRT Routine:

- Yes
- Skin Patches
- Continuous Combined HRT
- 3-Monthly HRT