

**ts**

Year of birth: 1999

Weight: 52 kg

Smoking : No

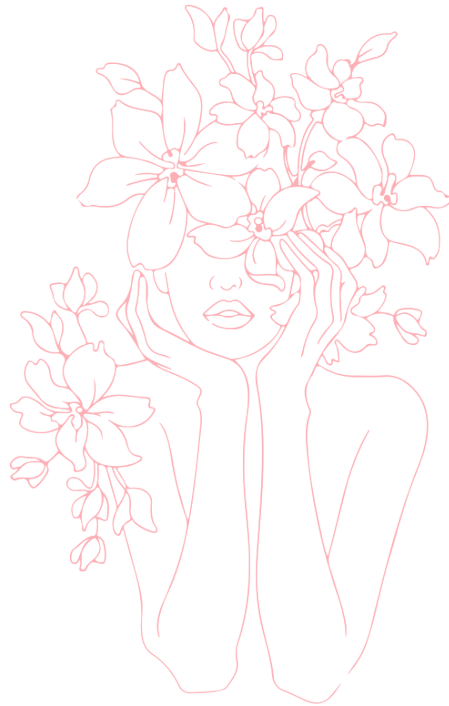
Height : 4'4" (132 cm)

Weight: 52 kg

Checklist completed: 5<sup>th</sup> August 2023

**Remember to mention:**

- Pre-existing health conditions you have
- Prescriptions you currently take



## MY SYMPTOMS

**Vasomotor:**

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - No

**Psychological:**

- Mood Swings
- Loss of Focus

**Physical:**

- Low libido
- Vaginal atrophy

## MY CYCLES

- Last period - January 1970
- Yes Cycle lengths have changed
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## MY MANAGEMENT

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