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Year of Birth: 2002

Ethnic Origin: Indian

Smoking: No

Height: 4'1" (124 cm)

Weight: 30

Drinking: Rarely

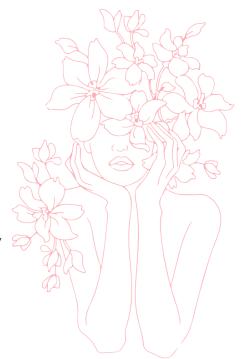
Exercise: I excercise the same amount Occasionally

Checklist completed: 24th November 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- o Hot flashes -
- o Night sweats -
- o Cold flashes -

Psychological:

• Loss of memory

Physical:

- Low libido
- o Joint pain

MY CYCLES

• Last period - April-2022

MY MANAGEMENT

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