

Test

Year of Birth: 2002

Ethnic Origin: Indian

Smoking : No

Height : 4'7" (140 cm)

Weight: 36

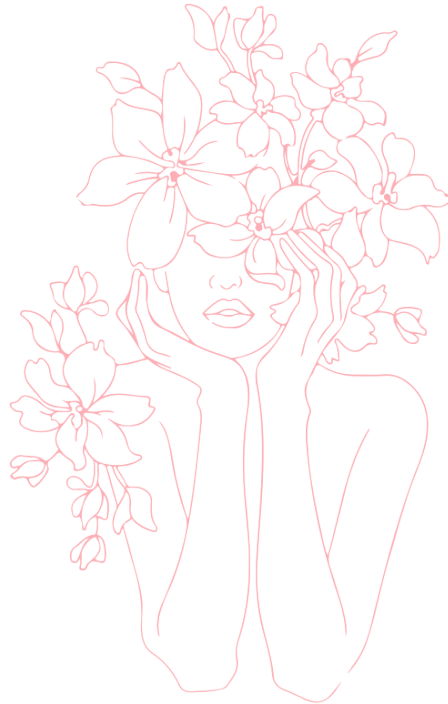
Drinking: Occasionally

Exercise: I exercise more than before Occasionally

Checklist completed: 19th August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- Hot flashes - No
- Night sweats - No
- Cold flashes - No

Psychological:

- Anxiety

Physical:

- Low libido

MY CYCLES

- Last period - August 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- Yes
- Testosterone gel
- Continuous Combined HRT
- 3-Monthly HRT