

bakaj

Year of Birth: 2004

Ethnic Origin: Indian

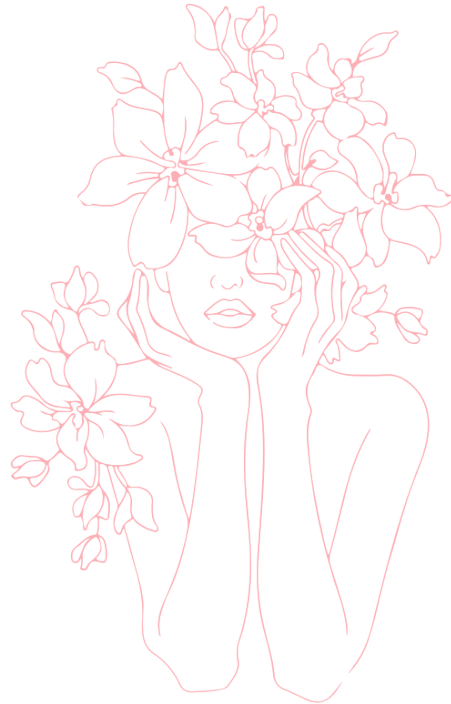
Smoking : Yes

Height : 4'0" (122 cm)

Weight: 30

Drinking: Occasionally

Exercise: I exercise the same amount Occasionally



Checklist completed: 26th August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - Yes

Psychological:

- Mood Swings
- Loss of focus
- Loss of memory
- Anxiety

Physical:

- Vaginal atrophy
- Painful sex
- Low libido

MY CYCLES

- Last period - January 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- Yes
- Tablets, Skin Patches, Oestrogen gel, Implants, Vaginal Oestrogen, Progesterone, Testosterone gel
- Cyclic HRT
- 3-Monthly HRT