

ughcgvj

Year of Birth: 1924

Ethnic Origin: African

Smoking: Yes

Height: 4'1" (124 cm)

Weight: 31kg

Drinking: Occasionally

Exercise: OccasionallyI excercise tha same amount

Checklist completed: 28th August 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- o Hot flashes No
- o Night sweats No
- o Cold flashes No

Psychological:

o None

Physical:

• NoneNone

MY CYCLES

- Last period January 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

• Have had received a menopause diagnosis

HRT Routine:

- HRTYes
- o Other
- Continuous Combined HRT
- 3 Monthly HRT