

# **Hello Test**

Year of Birth: 1994

Ethnic Origin: Indian

Smoking: Yes

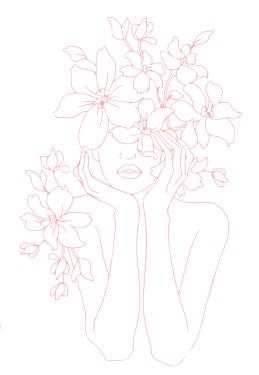
Height: 5'10" (177 cm)

Weight: 42

Checklist completed: 18th August 2023

#### **Remember to mention:**

- Pre-existing health conditions you have
- Prescriptions you currently take



### **MY SYMPTOMS**

#### Vasomotor:

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

#### **Psychological:**

- Vaginal atrophy
- Low libido

#### **Physical:**

- Palpitations
- o Joint Pain
- Skin changes
- Burnings sensation
- Fatigue

## **MY CYCLES**

- o Last period January-2022
- 0

### **MY MANAGEMENT**

• Have had received a menopause diagnosis

#### **HRT Routine:**

- HRTYes
- Tables, Skin patches, Oestrogengel, Implants, Vaginal, Testosterone, Progesterone
- Cyclic HRT
- Monthly HRT