



hello

Year of Birth: 2003

Ethnic Origin: Pakistani

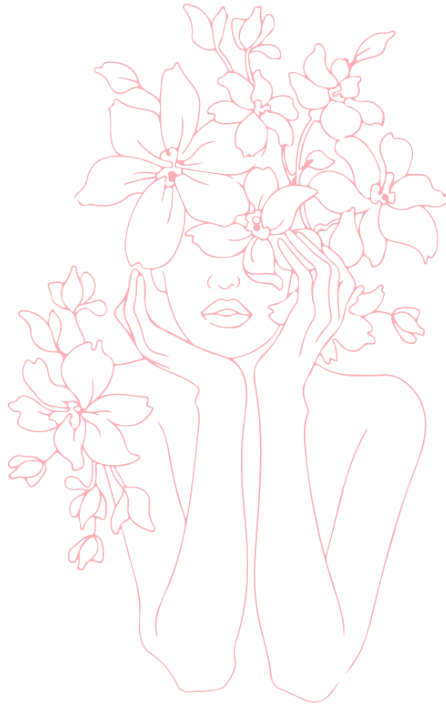
Smoking : Yes

Height : 4'0" (121 cm)

Weight: 30kg

Drinking: Rarely

Exercise: OccasionallyI excercise more than before



Checklist completed: 21st August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

MY SYMPTOMS

Vasomotor:

- Hot flashes - No
- Night sweats - No
- Cold flashes - No

Psychological:

- Moodswings
- Loss of focus

Physical:

- Low libido Palpitations
- Skin changes
- Joint Pain
- Burning sensation
- Fatigue

MY CYCLES

- Last period - January 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- HRT Yes
- Tablets, Skin patches, Oestrogel, Implants, Vaginal, Testosterone, Progesterone
- Cyclic HRT
- Monthly HRT