

# nitya

Year of birth: 2000

Weight: 33

Smoking: No

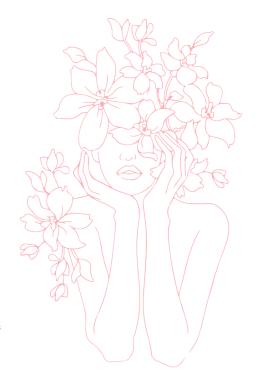
Height: 4'4" (132 cm)

Weight: 33

Checklist completed: 5<sup>th</sup> August 2023

#### Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take



## **MY SYMPTOMS**

#### Vasomotor:

- Hot flashes Yes
- o Night sweats No
- o Cold flashes Yes

## **Psychological:**

• Loss of memory

#### **Physical:**

• Painful sex

# **MY CYCLES**

- Last period January 1970
- Yes Cycle lengths have changed
- NO Heavier Bleeding

## **MY MANAGEMENT**

• Have had received a menopause diagnosis

### **HRT Routine:**

- No
- 0
- 0
- 0