

jdhwbh

Year of Birth: 1924

Ethnic Origin: Caribbean

Smoking : Yes

Height : 4'0" (121 cm)

Weight: 30kg

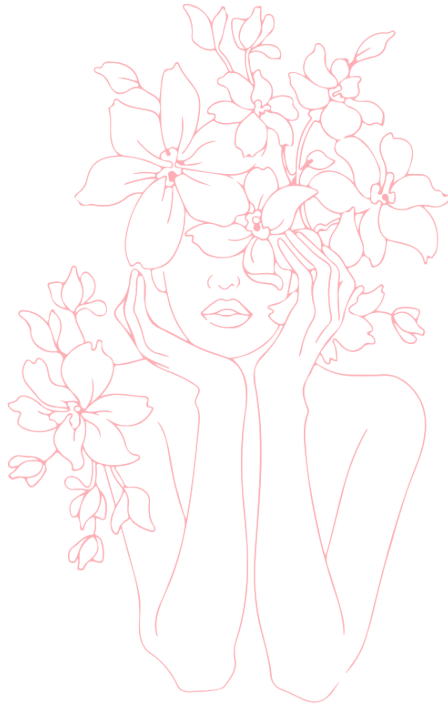
Drinking: Not applicable

Exercise: OccasionallyI excercise tha same amount

Checklist completed: 22nd August 2023

Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- Hot flashes - No
- Night sweats - No
- Cold flashes - 11-20 times a day

Psychological:

- Moodswings
- Loss of focus
- Loss of memory
- Anxiety

Physical:

- Vaginal atrophy
- Low libido Palpitations
- Skin changes
- Joint Pain
- Burning sensation
- Fatigue

MY CYCLES

- Last period - January 2014
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

- Have had received a menopause diagnosis

HRT Routine:

- HRT Yes
- Tablets, Skin patches, Oestrogen, Implants, Vaginal, Testosterone
- Continuous Combined HRT
- 3 Monthly HRT