

krupa

Year of birth: 2005

Weight: 30

Smoking: No

Height: 4'0" (121 cm)

Weight: 30

Checklist completed: 15th August 2023

Remember to mention:

• Pre-existing health conditions you have

• Prescriptions you currently take



MY SYMPTOMS

Vasomotor:

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

Psychological:

o None

Physical:

None

MY CYCLES

- Last period January 1970
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

MY MANAGEMENT

• Have had received a menopause diagnosis

HRT Routine:

- o yes
- o Tables
- o Cyclic HRT
- Monthly HRT