

## test

Year of Birth: 2003

Ethnic Origin: Indian

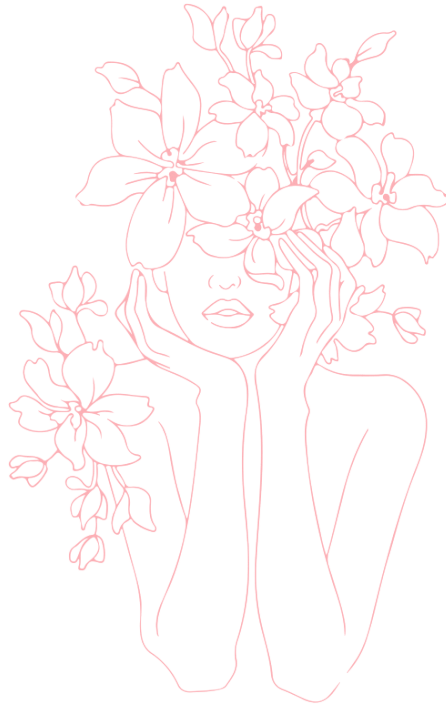
Smoking : Yes

Height : 4'0" (122 cm)

Weight: 31

Drinking: Regularly

Exercise: I exercise more than before Regularly



Checklist completed: 22<sup>nd</sup> August 2023

### Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

## MY SYMPTOMS

### Vasomotor:

- Hot flashes - Yes
- Night sweats - Yes
- Cold flashes - Yes

### Psychological:

- Mood Swings
- Loss of focus

### Physical:

- Painful sex

## MY CYCLES

- Last period - February 2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

## MY MANAGEMENT

- Have had received a menopause diagnosis

### HRT Routine:

- Yes
- Skin Patches
- Continuous Combined HRT
- 3-Monthly HRT