

# rajukaka

Year of birth: 1962

Weight: 47

Smoking: Yes

Height: 5'6" (167 cm)

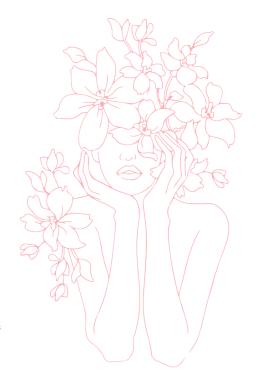
Weight: 47

Checklist completed: 15<sup>th</sup> August 2023

#### **Remember to mention:**

• Pre-existing health conditions you have

• Prescriptions you currently take



## **MY SYMPTOMS**

#### Vasomotor:

- o Hot flashes Yes
- Night sweats Yes
- o Cold flashes Yes

## **Psychological:**

• Painful sex

#### **Physical:**

Joint Pain

# **MY CYCLES**

- Last period January 1970
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

# **MY MANAGEMENT**

• Have had received a menopause diagnosis

### **HRT Routine:**

- o yes
- Skin patches
- Continuous Combined HRT
- o 3 Monthly HRT