

# Divyesh

Year of Birth: 1934

Ethnic Origin: Indian

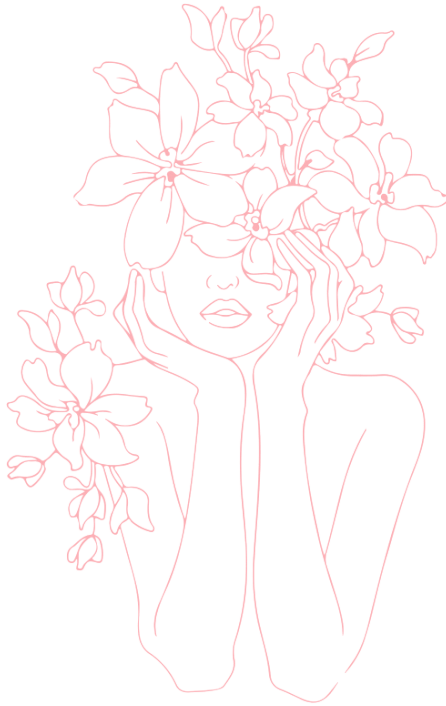
Smoking : Yes

Height : 4'0" ( 121 cm )

Weight: 30kg

Drinking: Regularly

Exercise: Regularly I exercise more than before



Checklist completed: 26<sup>th</sup> September 2023

## Remember to mention:

- Pre-existing health conditions you have
- Prescriptions you currently take

## MY SYMPTOMS

### Vasomotor:

- Hot flashes - 0-10 times a day
- Night sweats - 0-10 times a day
- Cold flashes - 0-10 times a day

### Psychological:

- Loss of focus
- Mood swings

### Physical:

- Vaginal atrophy
- Palpitations
- Skin changes

## MY CYCLES

- Last period - January-2023
- Yes Cycle lengths have changed
- Yes Heavier Bleeding

## MY MANAGEMENT

- Have had received a menopause diagnosis

### HRT Routine:

- HRT Yes
- Tablets, Skin patches
- Cyclic HRT
- Monthly HRT