



**AKLIEF®**  
trifarotene cream 50 mcg/g

## PATIENT INSTRUCTIONS

**DON'T LET  
YOUR ACNE  
BE THE  
FOCUS**



AKLIEF® is used to treat *acne vulgaris* on the face and/or body (upper, middle and lower back, shoulders, and chest) for patients 12 years and older.

# TREAT ACNE BEYOND JUST YOUR FACE

If you're feeling frustrated with acne, you're not alone. Almost half the people with facial acne also have acne on their back, chest, or shoulders. Now, there's something you can do about it.

## INTRODUCING AKLIEF

AKLIEF is used to treat *acne vulgaris* on the face and/or body (upper, middle and lower back, shoulders, and chest) for patients 12 years and older.

Take a moment to learn how AKLIEF can help treat your acne. And remember, speak with your doctor if you have any questions about acne or your medication.



# TARGET ACNE WITH TRIFAROTENE

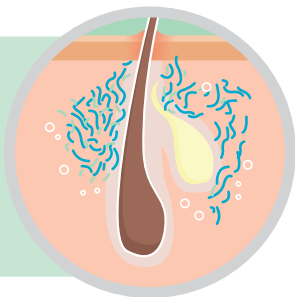


## HOW AKLIEF WORKS

The active ingredient in AKLIEF is trifarotene, which belongs to a group of medicines called retinoids that specifically targets acne on the face, chest, shoulders, and back.

AKLIEF starts to work quickly and is proven to be effective in treating acne on the face as well as on the chest, shoulders, and back.

AKLIEF works by unplugging blocked pores (hair follicles) and preventing these plugs from forming in the first place.



Your acne should improve in 4–8 weeks and you should see more improvement as you continue to use AKLIEF.

# FOLLOW THIS SIMPLE DAILY ROUTINE

## 1. CLEANSE

Gently clean the area to be treated with a mild, non-medicated or soapless cleanser and pat dry.

Avoid using skin products that may dry or irritate your skin.



## 2. APPLY

Apply a small amount of AKLIEF to provide a thin layer over the affected areas of the body and/or face once a day, in the evening. Be sure to wash your hands before and after applying AKLIEF.

Use 1 pump for the face and 2 pumps to cover upper back, shoulders, and chest.

You can use an additional pump to cover the middle or lower back if acne is present.

Using too much AKLIEF or using it more than once a day may increase your chance of skin irritation.

If a single dose is missed, continue to use AKLIEF as usual the following evening and apply the usual amount. Do not apply extra.



### 3. MOISTURIZE

To help minimize irritation, use a moisturizer before or after applying AKLIEF. You can use a moisturizer as frequently as you need.



### 4. AVOID SUN

Minimize your exposure to sunlight, including sunlamps. Use a good sunscreen with SPF 15 or higher and wear protective clothing.

Avoid using sunlamps, tanning beds, and ultraviolet light during treatment with AKLIEF.



**Please refer to the Consumer Information Leaflet inside your AKLIEF package for full instructions.**

**Remember  
to use  
AKLIEF  
exactly as  
your doctor  
told you to  
use it.**

BEFORE USING AKLIEF:

## HERE ARE A FEW THINGS TO KNOW

- You shouldn't use AKLIEF if you are pregnant or are planning a pregnancy
  - o If breastfeeding, AKLIEF should not be applied to the chest, in order to avoid contact with the child
- Avoid applying AKLIEF on skin with cuts, abrasions, or eczema, and sunburned skin. In case of sunburns, allow the skin to heal before using AKLIEF.
- You shouldn't use AKLIEF at the same time as products that irritate or dry your skin, such as harsh soaps, cleansers, astringents, cosmetics that have strong drying effects, and products containing high levels of alcohol, spices, or limes
- You should avoid electrolysis, "waxing", or chemical hair removers on skin treated with AKLIEF—this may increase your skin sensitivity
- Use non-comedogenic cosmetics
- AKLIEF shouldn't be used in combination with other acne medications unless your doctor tells you to use them



## WHAT TO EXPECT

When you first start using AKLIEF, you may experience some skin redness, dryness, itching, peeling, burning, stinging, and pigment loss of the skin.

■ If these problems persist, be sure to talk to your doctor.

These are not all the possible side effects you may experience when using AKLIEF. Contact your doctor if you experience any symptoms not mentioned in this brochure.

In case of drug overdose, contact a healthcare professional, hospital emergency department, or regional Poison Control Centre immediately, even if there are no symptoms.

## IF YOU EXPERIENCE SKIN IRRITATION, YOUR DOCTOR MAY RECOMMEND



**Increasing your use** of a **non-comedogenic moisturizer** before or after applying AKLIEF.



**Decreasing the frequency of application until you tolerate AKLIEF.** Your doctor may tell you to wait until the skin irritation goes down and then re-start the treatment. They may change how often you use the medication. If that helps, you may be able to resume applying it every day again. If these problems continue or get worse, discontinue treatment and speak with your doctor.

# GET CLOSER TO CLEARER SKIN

## SOME HELPFUL TIPS

### STAY FRESH

When building up a sweat, avoid wearing tight clothing, then try to shower and change clothes as soon as you can.

### BE GENTLE

Scrubbing skin clean may seem best, but it can actually worsen acne-prone skin. Use a gentle cleanser—steer clear of abrasive cleansing products and don't scrub your skin.

### THINK CLEAN

Avoid using skin products containing harsh chemicals. Use only non-comedogenic cosmetics and skincare products.

- Colour cosmetics, such as blushes and powders are acceptable; however, make-up cosmetics should be water based only.

**Be sure to ask your doctor if you have any questions about AKLIEF.**

### LIGHTEN YOUR LOAD

Avoid wearing a backpack or sports equipment with a chin strap or anything that rubs against your skin, which can cause acne to flare.

### GUARD AGAINST THE SUN

You may have heard spending time in the sun can help clear up skin, but in fact sunlight may darken the appearance of acne.



Taking weekly pictures on your phone can help you keep track of your progress, which you can share with your doctor at your follow-up appointments!



## STORING AKLIEF

Store AKLIEF at room temperature (15°C to 30°C).

Keep from freezing.

Keep out of reach and sight of children.



The purpose of this brochure is to give you important information about acne and AKLIEF. However, it is only a summary and will not tell you everything about treating your acne with AKLIEF. It does not replace your doctor's or pharmacist's advice. It is very important that you consult the Consumer Information Leaflet included with your bottle of AKLIEF.

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