

HELP TREAT ACNE BEYOND JUST YOUR FACE

Over 50% of people with facial acne also have acne on their back, chest, or shoulders. Now there's a new option to treat your facial and truncal acne.



WHY AKLIEF®?

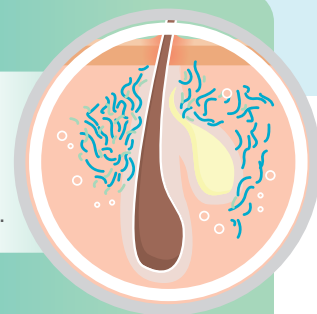
AKLIEF is used to treat *acne vulgaris* on the face and/or body (upper, middle, and lower back; shoulders; and chest) for patients 12 years and older.

HOW AKLIEF WORKS

The active ingredient in AKLIEF is trifarotene, which belongs to a group of medicines, called retinoids, that specifically target acne.

AKLIEF **starts to work quickly** and is proven to be **effective in treating acne** on the face as well as on the chest, shoulders, and back.

AKLIEF works by unplugging blocked pores (hair follicles) and preventing these plugs from forming in the first place.



Your **acne should improve in 4–8 weeks** and you should see more improvement as you continue to use AKLIEF.

BEFORE USING AKLIEF, HERE ARE A FEW THINGS TO KNOW

- Avoid applying AKLIEF on skin with cuts, abrasions, or eczema, and on sunburned skin. In cases of sunburns, allow the skin to heal before using AKLIEF
- You shouldn't use AKLIEF at the same time as products that irritate or dry your skin, such as harsh soaps, cleansers, astringents, cosmetics that have strong drying effects, and products containing high levels of alcohol, spices, or limes
- You should avoid electrolysis, "waxing", or chemical hair removers on skin treated with AKLIEF—this may increase your skin sensitivity
- Use non-comedogenic cosmetics
- AKLIEF shouldn't be used in combination with other acne medications unless your doctor tells you to use them

Do not use AKLIEF if you are pregnant or are planning a pregnancy. If breastfeeding, AKLIEF should not be applied to the chest, in order to avoid contact with the child.

HOW TO USE AKLIEF



Use AKLIEF once a day, in the evening, on clean and dry skin.

FOLLOW THESE SIMPLE STEPS:

1. CLEANSE

Gently clean the area to be treated with a mild, non-medicated, or soapless cleanser and pat dry.

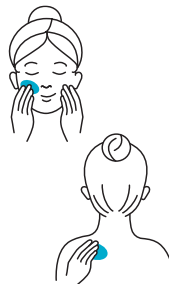
Avoid using skin products that may dry or irritate your skin.



2. TREAT WITH AKLIEF

Apply a small amount of AKLIEF to provide a thin layer over the affected areas of the body and/or face once a day, in the evening. Be sure to wash your hands before and after applying AKLIEF.

- 1 pump to cover the face (forehead, cheeks, nose, and chin)
- 1 additional pump to cover the middle or lower back if acne is present
- 2 pumps to cover upper back, shoulders, and chest



Using too much AKLIEF or using it more than once a day may increase your chance of skin irritation.

If a single dose is missed, continue to use AKLIEF as usual the following evening and apply the usual amount. **Do not apply extra.**

3. MOISTURIZE

To help minimize irritation, **use a moisturizer before or after applying AKLIEF.** You can use a moisturizer as frequently as you need.



4. AVOID SUN

Minimize your exposure to sunlight, including sunlamps. Use a good sunscreen with SPF 15 or higher and wear protective clothing.

Avoid using sunlamps, tanning beds, and ultraviolet light during treatment with AKLIEF.



Please refer to the Consumer Information Leaflet inside your AKLIEF package for full instructions.

Remember to use AKLIEF exactly as your doctor told you to use it.

WHAT TO EXPECT

When you first start using AKLIEF, you may experience some skin redness, dryness, itching, peeling, burning, stinging, and pigment loss of the skin.

- If these problems persist, be sure to talk to your doctor.

These are not all the possible side effects you may experience when using AKLIEF. Contact your doctor if you experience any symptoms not mentioned on this sheet.

IF YOU EXPERIENCE SKIN IRRITATION, YOUR DOCTOR MAY RECOMMEND



Increasing your use of a non-comedogenic moisturizer before or after applying AKLIEF.



Decreasing the frequency of application until you tolerate AKLIEF. Your doctor may tell you to wait until the skin irritation goes down and then restart the treatment. They may change how often you use the medication. If that helps, you may be able to resume applying it every day again. If these problems continue or get worse, discontinue treatment and speak with your doctor.



Taking weekly pictures on your phone can help you keep track of your progress, which you can share with your doctor at your follow-up appointments!

TIPS TO HELP YOU APPLY AKLIEF



Don't be afraid to ask someone for help applying AKLIEF on your back.



Try using a back applicator to help you get to those hard-to-reach areas.

NOTES:

When to book a follow-up appointment?

- ☐ ___ weeks ☐ 3 months
- ☐ ___ months ☐ 6 months

Date: _____

The purpose of this tearpad is to give you important information about acne and AKLIEF. However, it is only a summary and will not tell you everything about treating your acne with AKLIEF. It does not replace your doctor's or pharmacist's advice. It is very important that you consult the Consumer Information Leaflet included with your bottle of AKLIEF.

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