



## Program Overview

**Duration :** 6 Days

**Highlights:** Experience the Culinary & Gastronomic Journeys in Thailand with accommodation at the Luxury Hotel i.e. Four Seasons in Bangkok.

### Day 1

#### Arrive Bangkok

Arriving at Suvarnabhumi International Airport off (flight ##), and immediately after disembarking your plane, you will be met by a representative of Abercrombie & Kent who will accompany you through immigration and customs formalities and assist you to collect your luggage. (Fast track service for clearing immigration)

The Airport Representative will remain with you until you are met by your local Abercrombie & Kent guide and transferred by private vehicle to hotel in Bangkok.

Remainder of the day at leisure

Enjoy dinner this evening aboard a private rice barge as it cruises along the Chao Phraya River. Return to the hotel

#### Overnight Stay : Four Seasons Hotel Bangkok

### Day 2

#### Bangkok

Breakfast at the hotel

Set off this morning on a private long tail boat to explore the Thonburi Klongs, crisscrossing the face of Bangkok, the network of klongs (canals) highlights the traditional Thai way of life that once gave Bangkok the title of “The Venice of the East”, on the mighty Chao Phraya River (the River of the Kings). The trip provides a glimpse of the still-active waterborne life of the residents of the canals, from their stilted homes to floating bank barges.

Pass the Temple of Dawn (Wat Arun), embedded with pieces of multi-colored porcelain which catch the rays of the morning sun. Wat Arun once housed the Emerald Buddha before it was moved across the river by Rama I.

Continuing on to the Ta Chang Pier where you will disembark your boat and walk the short distance to the Grand Palace and the Temple of the Emerald Buddha.

The Grand Palace is one of the most beautiful examples of an ancient Siamese court, which incorporates several palaces and halls used for different occasions. Bangkok's former royal palace is an intriguing blend of Italian Renaissance architecture and classical Thai roofing. It was begun in 1782 by King Rama I and improved upon by subsequent rulers. See the Throne Hall, the Coronation Hall, the Reception Palace and the Funeral Palace.

Go on to see The Emerald Buddha Temple (Wat Phra Kaeo). Bangkok's most important and sacred wat Built at the end of the 18th century by King Rama I, this splendid example of Thai aesthetics and religious architecture houses the Emerald Buddha, Thailand's most venerated image. So small and distant that it can hardly be seen, the jade image symbolizes the independence, strength and good fortune of the country. The Interior walls are painted with superb frescoes, while murals between the window frames depict Jataka scenes from the life of Buddha.

Please Note: That when visiting The Grand Palace, you are required to wear appropriate attire, therefore: shorts, short skirts and sleeveless attire are NOT permitted to be worn within the grounds.

Continues visit Wat Pho, built by King Rama I nearly 200 years ago and housing the gigantic Reclining Buddha or Phra Buddhasaiyas. This distinctive image is 150 ft long and almost 50ft high and entirely covered in gold leaf. The soles of the feet are intricately inlaid with 108 auspicious signs of the Buddha. Wat Pho is also regarded as the first center of public education and the birthplace of traditional Thai massage, and as such is sometimes referred to as "Thailand's First University".

Lunch on own arrangement

After lunch, visit the Floral Museum to learn the significance of flowers in culture across Asia. Conclude the tour surrounded by flowers in the elegant museum garden with afternoon tea and Thai snacks. Return to the hotel.

In the evening, enjoy Indian dinner at Indus Restaurant.

## **Overnight Stay : Four Seasons Hotel Bangkok**

### **Day 3** **Bangkok**

Breakfast at the hotel

After breakfast at your hotel, meet up with your guide early morning and transfer the century-old Nanglerng Food Market, one of the oldest and most significant markets in inner Bangkok. Set in old-style wooden shop houses, the market offers insights into old Thai architectural styles as well as traditional Thai dishes.

Following that, takes you to Thammasart University where you can sample the wide array of tasty snacks and drinks sold by vendors surrounding the campus.

Last stop at Yaowarat, Bangkok's Chinatown famed for the abundance of Chinese delicacies sold along the streets. If you are lucky you might even have a chance to try a bite of fried insects - a local specialty in Thailand! Return to the hotel

Lunch on own arrangement

In the evening, enjoy dinner at "Nahm Restaurant" one of the Michelin Star Chef in Thai Cuisine

## **Overnight Stay : Four Seasons Hotel Bangkok**

### **Day 4** **Bangkok**

Breakfast at the hotel

The canals are some of the authentic remnants of old Bangkok in this rapidly modernizing city. Take class at the renowned Amita Thai cooking school (closed on Wednesday) located within the canals. Learn about Thai herbs and spices while picking them fresh from the garden. Learn some basic Thai cooking techniques and cook dishes yourself. Relish in your culinary success by feasting on your creations.

Lunch at Amita Thai cooking school

Return to the hotel

Dinner on own arrangement

## **Overnight Stay : Four Seasons Hotel Bangkok**

### **Day 5** **Bangkok**

Breakfast at the hotel

Day free for shopping, Spa Treatments or Relax on own arrangement.

Lunch and dinner on own arrangement

## **Overnight Stay : Four Seasons Hotel Bangkok**

### **Day 6** **Departure**

Breakfast at the hotel

After checking-out of your hotel you will be met and transferred to Bangkok's Suvarnabhumi International Airport where you will take your return flight or to next destination.