



## PARUL UNIVERSITY

### Activity Report

INSTITUTE	Parul Institute of Medical Sciences & Research
ACTIVITY TYPE	NGO Visit: Community Health and Outreach Experience
DATE	15/04/2025
PLACE	Tribhuvan Das Foundation, Anand, Gujarat, India
MODE	Physical
DATE AND DURATION	15/04/2025   10:00 am to 1:00 pm
BENEFICIARIES	Postgraduate residents of Community Medicine
No. of PARTICIPANTS	6 PG Residents
FACULTIES NAME WITH DESIGNATION	Dr. Niraj Bharadva (Professor & Head) Dr. Utkarsh Shah (Professor) Dr. Prashant Dave (Associate Professor) Dr. Dharti Kansagra (Assistant Professor)
NAME OF ORGANIZATION	Department of Community Medicine, PIMSR
FACULTY CONTACT DETAILS	Dr. Niraj Bharadva: 09913765135 Dr. Utkarsh Shah: 09879149295

### ABOUT NGO:

Tribhuvandas Foundation is a pioneering NGO in Anand, Gujarat, supported by NDDB and AMUL. It works towards strengthening rural health infrastructure with a focus on maternal and child healthcare. Operating across 627 villages in 5 blocks, it runs a Rural Health Programme (RHP) that serves over 20 lakh people. Services include antenatal and postnatal care, immunization, malnutrition prevention, and community-based health education. Their field staff, called 'Sakhis', are trained female health workers who monitor and support rural women and children through regular home visits and health camps. The Foundation uses a well-established data monitoring system to track health indicators and deliver quality services. It is a model of public-private partnership in the healthcare sector.

### DETAILS ABOUT NGO VISIT:

The visit aimed to expose postgraduate students to community-based healthcare models. Students learn about the operational framework of the foundation, interact with health workers (Sakhis), also interaction with health programme instructor- Dr. Vinita Das. Buse for the visit leave from medical college at around 10:30 am and reached to the NGO, Activity started at around 11:30 am. First the faculties and pg students meet with health programme instructor- Dr. Vinita Das. Then Dr. Vinita Das gave brief introduction of Tribhuvan das Foundation Ngo and also gave information about health programmes run by ngo. Then pg students and Faculties visited store of handmade bags which was also the part of ngo.

**Date & Time :** 15/04/2025 , 10:30am to 1:00pm

**Place:** Tribhuvan das Foundation, Anand, Gujarat, India



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### KEY FEATURES OF NGO VISIT:

- insightful exposure
- Field-based learning
- Community engagement
- Practical understanding
- Public health interface
- Health service delivery observation
- Real-world application
- Holistic community care approach

### OUTCOME OF NGO VISIT:

The NGO visit enriched students' understanding of practical community medicine, especially rural health delivery systems. They gained insights into the role of NGOs in public health and appreciated the integration of data, outreach, and local engagement in healthcare delivery. The visit aimed to expose postgraduate students to community-based healthcare models. Students learned about the operational framework of the foundation, interacted with health workers (Sakhis) and health programme instructor



**Introduction of Ngo and health programmes run by Ngo given by Dr. Vinita Das**



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### Pg students and Faculties Group photo in Ngo



### Visit of handcraft store



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Anand, Gujarat, India  
20, Anand, Gujarat 388110, India  
Lat 22.548032° Long 72.980461°  
15/04/2025 12:47 PM GMT +05:30

### Discussion at NGO

Professor and Head  
Department of Community Medicine (PCM)  
Parul Institute of Medical Sciences & Research  
Parul University, P.O. Limda, Tal. Waghdadia,  
Vadodara - 391760