



## PARUL UNIVERSITY

### Activity Report

**NAME(TITLE) OF EVENT:** Integrated Session on National health programs related to child health

<b>INSTITUTE</b>	Parul institute of medical sciences& research		
<b>ACTIVITY TYPE</b>	Integrated session		
<b>TOPIC</b>	National health programs related to child health		
<b>DATE PLACE</b>	10/10/2024 PIMSR, Vadodara	<b>DATE AND DURATION</b>	10/10/2024 03:00 pm to 05:00 pm
<b>BENEFICIARIES</b>	Final Year MBBS Students Ad. Year 2020	<b>No. of PARTICIPANTS</b>	140
<b>FACULTIES NAME WITH DESIGNATION</b>	Dr. Utkarsh Shah (Professor) Dr. Hemal Dave (Associate Professor)		
<b>NAME OF ORGANIZATION</b>	Department of Community Medicine & Department of Paediatrics Parul institute of medical sciences& research		
<b>FACULTY CONTACT DETAILS</b>	Dr. Utkarsh Shah (Professor): 09879149295		
<b>FACULTY COORDINATOR</b>			

#### **Details about the activity:**

The Community Medicine and Pediatrics departments jointly conducted an awareness session on various National Health Programmes using short educational videos. This initiative aimed to enhance understanding among students and healthcare professionals regarding key government schemes that support maternal and child health. The session covered the following programs:

**Janani Shishu Suraksha Karyakram (JSSK):** This program ensures free and cashless services to pregnant women, sick newborns, and infants in public health institutions. It includes free drugs, diagnostics, blood transfusion, and transportation services to reduce maternal and neonatal mortality.

**Rashtriya Bal Swasthya Karyakram (RBSK):** RBSK focuses on early identification and intervention for children from birth to 18 years for four "D"s—Defects at birth, Diseases, Deficiencies, and Developmental delays, including disabilities. Mobile health teams screen children in schools and Anganwadi centers to provide early treatment and care.

**Rashtriya Kishor Swasthya Karyakram (RKSK):** This adolescent health program addresses nutrition, sexual and reproductive health, substance abuse, mental health, and non-communicable diseases. It aims to empower adolescents through peer education and counseling services available at Adolescent Friendly Health Clinics (AFHCs).

**Janani Suraksha Yojana (JSY):** A conditional cash transfer scheme under the National Health Mission, JSY promotes institutional deliveries to reduce maternal and neonatal mortality. It



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provides financial assistance to pregnant women, especially from below-poverty-line households, encouraging them to deliver in health facilities.

**Pradhan Mantri Jan Arogya Yojana (PMJAY):** This flagship health insurance scheme under Ayushman Bharat provides financial protection to economically vulnerable families. It covers hospitalization expenses for secondary and tertiary care up to ₹5 lakh per family per year, reducing out-of-pocket healthcare expenses.

The session was well received, enhancing awareness among students. Feedback suggested that video-based learning was engaging and effective in simplifying complex health policies.

### Photos with caption



Introduction by Faculty



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*Video Presentation on Various Health program*

Professor and Head  
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