
QUICK REFERENCE GUIDE

FOR MOOD JOURNAL BY CRUNCH TIME (TEAM 8)
NIKITA TRAN (NIKITAT@CLEMSON.EDU) • TAYLOR MILLER (TJM2@CLEMSON.EDU)

HOW TO USE

IN GENERAL

This app is intended to be used as a tool for self-reflection. The emotion analysis provided by the Emotion Analysis API by ParallelDots, Inc. is intended to help users identify the ratio of emotions they reflect in their journal entries.

CREATING A NEW ENTRY

1. Press the + button in the lower right corner to create a new journal entry.
2. Tap once on the title bar or the lined area to start typing.
3. When you are finished, click the check button next to the title bar. You can review what you have wrote before going back to the home page.
4. Once you have pressed the back button (the one in the action bar or your device's back softkey), your entry will be saved and analyzed by ParallelDots' Emotion Analysis v5 API.

Note: Empty entries will not be saved. This includes entries containing only spaces and/or line breaks.

Note: To have your journal entries analyzed, you must have an internet connection. See tip under "Editing an existing entry" for more details.

DELETING AN ENTRY

In the home page, swipe an entry off the screen to the right to delete it. You can undo your action by pressing "UNDO" on the Snackbar pop-up message that appears afterwards.

VIEWING AN EXISTING ENTRY

In the home page, tap on the entry you want to view in detail. You will be directed to the Details page, where you can look over what you have written. You can also swipe left or tap “Analysis” in the tab bar to view the emotion analysis of the selected entry.

EDITING AN EXISTING ENTRY

In the Details page, tap on the pencil icon in the action bar. If you don’t see the pencil icon, make sure you are currently viewing the “Entry” tab. Once you are in the edit screen, you can follow the same procedure as creating a new entry: tap to start typing, click the check button to review your writings, click back to save. As stated before, empty entries will not be saved.

Upon return to the Details page, the API will re-analyze your entry. This may take a few seconds or longer depending on the length of your entry. If the values are not updating from 0.0%, please check your internet connection.

Tip: If you saved a new/edited entry while disconnected from the internet, when connectivity is returned, you can re-analyze an entry by editing and saving it.

Note: If you don’t make any changes to your text before leaving the edit screen, the API will not be called, and your emotion analysis values will not be re-calculated. Adding only spaces and line breaks do not count as changes. This is to prevent unnecessary additional calls to the API during regular use.

VIEWING YOUR ANALYSIS BREAKDOWN

In the home page, swipe left or tap “Breakdown” in the tab bar to view your average emotion values over a 7 day and 30 day period.