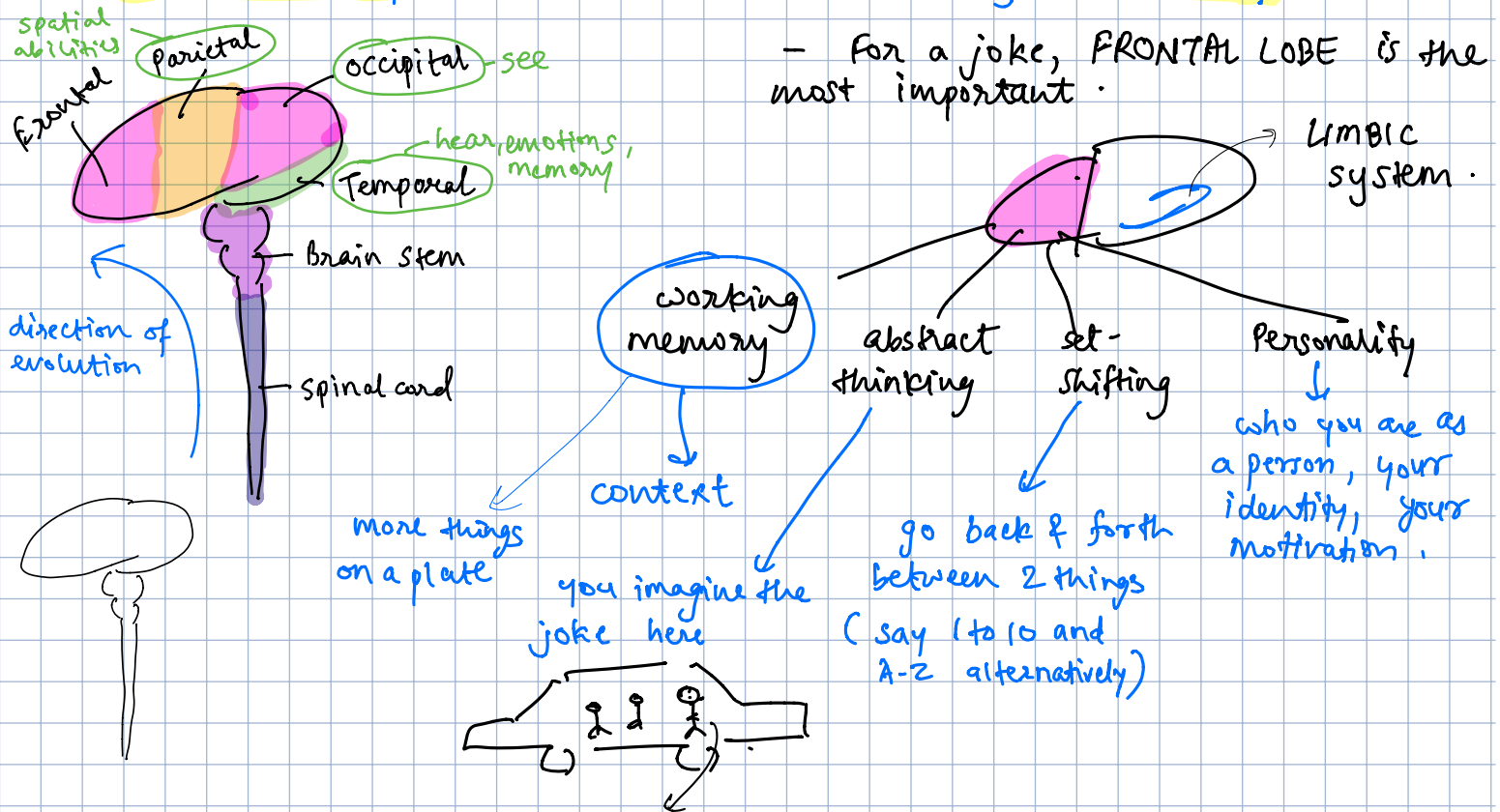


"I want to die peacefully & sleeping like my grandfather, not screaming and terrified like the passengers of the car he was driving in"

JOKE - SETUP, MISDIRECTION, SURPRISE

What happens in the Brain during a JOKE?



During the joke, there is **PROBLEM SOLVING**, there is a conflict in your brain

↳ is the grandfather at home peacefully sleeping?

PAUSE → ????

Resolved conflict

Brain rewards itself → **DOPAMINE** is the reward.
DOPAMINE is the base hormone related to **ADDICTION**

ALL GAMES, SOCIAL MEDIA etc. are dopamine houses.

Gaming is like **LIFE IN A MINUTE**. BORN, PURPOSE, ACHIEVE, DIE.

Why does the brain reward itself on understanding a joke?

It's not about the JOKE.

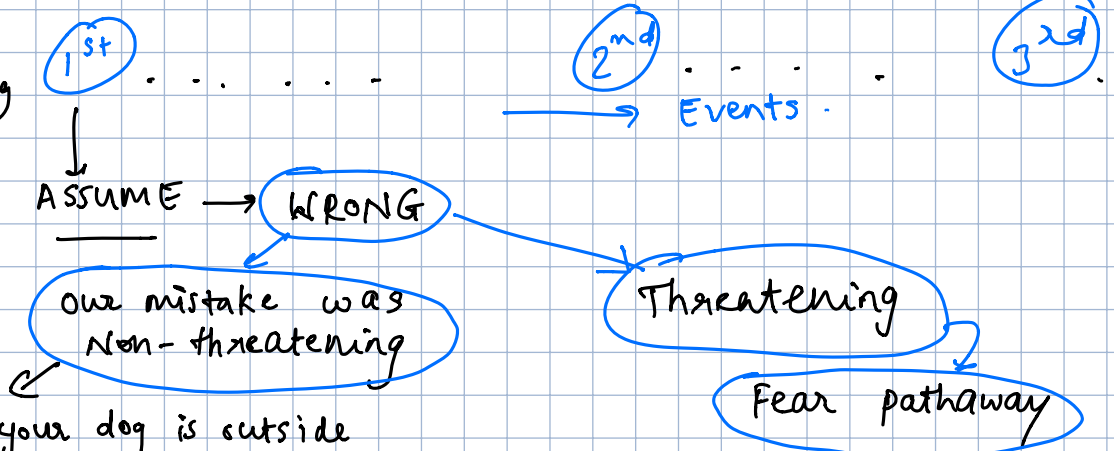
It's about the brain's capacity to recognise patterns.

→ This is extremely important for survival. Every time you recognize a pattern, your brain will reward you.

Joke and OFFENSE.

events of pattern of things.

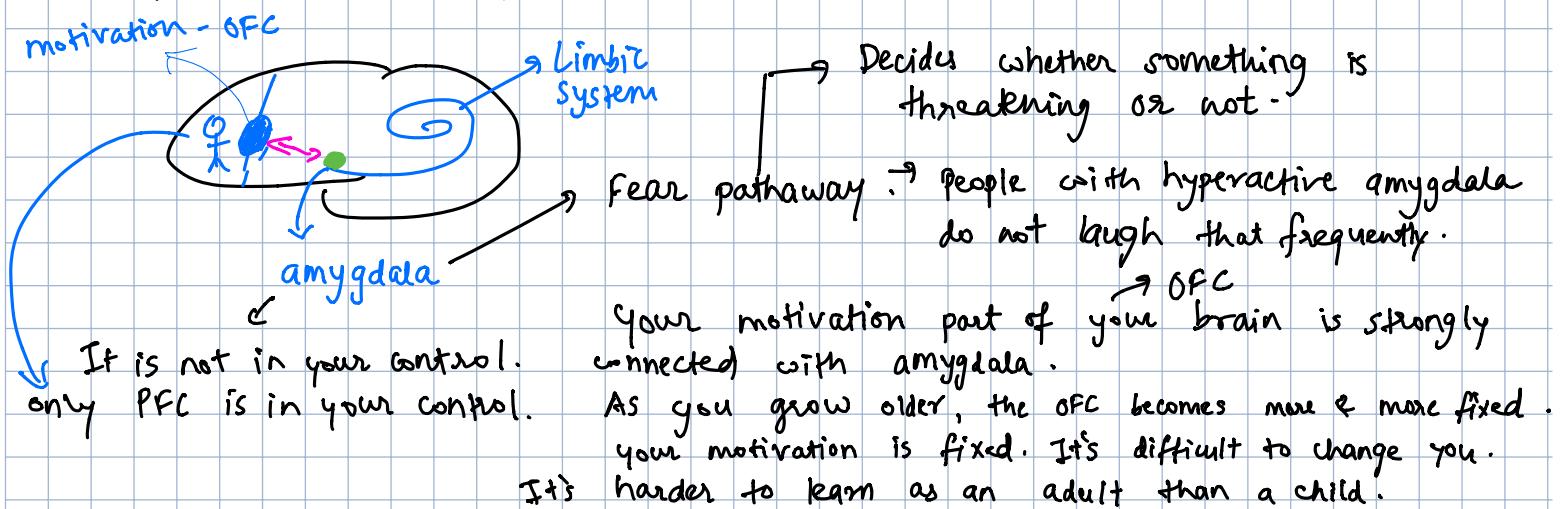
The brain cannot tolerate not knowing things. Hence it sometimes assumes things. More often than not, it is proven wrong.



ex. you think your dog is outside the door, but it turns out to be a lion. you will not LAUGH at that. even though its a surprise.

This is the difference between enjoying a JOKE and being offended by it. You are threatened by it. and you respond by getting angry.

Dopamine is everywhere → Parkinson's disease is lack of dopamine. It plays a role in depression.



PFC doesn't care about rewards. Its job is problem solving and sends this info to other brain parts.

Issac Asimov's THE LAST QUESTION. — READ in Kindle.