Comprehensive Perinatal Services Program Prenatal Assessment/Reassessment and Individualized Care Plan

| Initial:/ 2 nd Trimester: _ | |
|---|---|
| Date Weeks (14-27 Weeks) | Date Weeks (28 Weeks – Delivery) Date Weeks |
| | Date of Birth: |
| Health Plan: | |
| Provider: | |
| Case Coordinator: | |
| Dx. OB High Risk Condition: | Gravida: Para: |
| Personal Information | Individualized Care Plan |
| 1. Client age: □ Less than 12 years □ 12-17 years □ 18-34 years □ 35 years or older | Intervention/Referral: □ Reviewed/discussed □ STT FS: Approaching Clients of Different Ages □ STT PSY: Teen Pregnancy and Parenting □ Child Abuse Report filed (if younger than 18 and abuse suspected)/date: □ Discussed importance of genetic counseling (if over 35) □ Signed up for Text4Baby by texting BABY or (BEBE for Spanish) to 511411 □ Referred to Adolescent Family Life Program/date: □ Referred to home visitation program/date: □ Referred to/date: |
| 2. Are you: □ Married □ Living with partner □ In a relationship □ Other □ Other | Intervention/Referral: □ Referred to/date: |
| 3. How long have you lived at your current home? □ Over one year □ Under one year, previously lived: □ Familiar with local area Place of birth: □ Not familiar with local area | Intervention/Referral: □ Reviewed/discussed STT FS: □ Cultural Considerations □ Cross Cultural Communication □ Communication □ Client's with Alternative Health Care Experiences □ STT PSY: New Immigrant □ Provided additional orientation about: |
| 4. Do you plan to stay in this area for the rest of your pregnancy? ☐ Yes ☐ No, explain: ☐ Unsure, explain: | Intervention/Referral: □ Provided assistance in transferring her care □ Referred to/date: |
| 5. How many years of school have you completed? □ 0-8 years □ 9-11 years □ 12-16 years □ 16+ years | Intervention/Referral: Referred to school program for pregnant/parenting teens/date: Referred to adult school/GED Program/date: Referred to English as a Second Language (ESL) Program/date: Referred to/date: |
| 6. What language do you prefer to prefer to speak? read? □ English □ English □ Spanish □ Spanish □ Other: □ Other: □ Other: | Intervention/Referral: □ Reviewed/discussed STT FS: □ Cross Cultural Communication □ Dealing with Language Barriers □ Guidelines for Using Interpreters □ Provided education in preferred language □ Interpretation services requested from: |
| 7. Which of the following bests describes how you read: □ Like to read and read often □ Can read, but don't read very often □ Can't read | Intervention/Referral: □ Provided verbal/visual/written information appropriate for client's ability □ Reviewed STT FS: Low Literacy Skills □ Referred to Public Library or Adult Literacy Program/date: □ Referred to/date: |
| 8. Father of baby: Name: Language: Education: Age: | Intervention/Referral: □ Referred to legal assistance/date: □ Provided information on declaring paternity (per STT PSY: Teen Pregnancy and Parenting — even if client is not a teen) □ Reviewed/discussed STT PSY: □ Child Abuse and Neglect □ Legal/Advocacy Concerns □ Child Abuse Report filed (based on client/partner ages or suspected abuse)/date: □ Referred to/date: |

| | | | | | Client Name | | | |
|---|-------------------|--|---|-------------------------------|---------------------------------------|--|--|--|
| □ No □ Yes, explain: | | | | - | | | | |
| b) In the past 12 months, did you experience bought just didn't last and you didn't had more? | ce that the food | you | □ Referred | to food bank/ | date: | Easy Meals and Snacks | | |
| 16. a) In the past 12 months, have you worried would run out before you got money to □ No □ Yes, explain: | buy more? | | Food Sho | d/discussed S' | u Can Buy He | Getting Healthy Foods Tips for Healthy Tips for Healthy Tips for Healthy | | |
| Other: | | | | | | | | |
| Pregnancy disability benefits | | | | | | | | |
| Emergency Food Assistance | | | | | | | | |
| Medi-Cal | | | | | | | | |
| CalFresh (Food Stamps) | | | | | | | | |
| WIC CalFresh (Food Stamps) | | | | | | | | |
| Yes | s No | Ye | es No | Yes | Weeks No | Referral & Date | | |
| |)-13 Weeks | | 14-27 Weeks | D.O. 110- | | | | |
| 15. Are you receiving any of the following? | | | | · · | | | | |
| Other sources of financial help: | | □ Reviewed/discussed STT PSY: Legal/Advocacy Concerns □ Referred to LA County Child Support Services: 1-866-901-3212/date: □ Referred to/date: | | | | | | |
| 14. Will the father of the baby provide financia the baby? ☐ Yes ☐ No ☐ Unsure | al support for yo | ou and | Intervention/Referral: □ Reviewed/discussed STT PSY: Financial Concerns for information on the father's requirement to pay child support | | | | | |
| □ Yes □ No | - | | | | | | | |
| b) Do you plan to work or go to school whi □ Yes □ No c) Do you plan to return to work/school after | | STT PSY: □ Financial Concerns, □ Legal/Advocacy Concerns □ Reviewed/discussed pumping/storing breastmilk per STT NUTR: Breastfeeding □ Referred to childcare/date: | | | | | | |
| Hours per week: | | | □ Reviewed/ | discussed ST | T HE: □ Work | th School Proficiency Exam/date: place Safety, □ Keep Safe at Work | | |
| □ No □ Yes, Type of school/work: | | | □ Referred to | school progr | | nt/parenting teens (if under 18 and has not | | |
| Economic Resources 13. a) Are you currently working or going to so | chool? | | Intervention/R | eferral: | | | | |
| Economia Passassass | | | | | | | | |
| | | | | | | | | |
| Your friends? | | | | discussed ST vocacy Conc | | al: Financial Concerns and | | |
| Your family? | | | Parenting - | even if clien | t is not a teen) | | | |
| | | | □ Referred to□ Provided in | home visitation on | ion program/da | ate:ernity (per STT PSY: Teen Pregnancy and | | |
| Explain: | | ? | Intervention/Re | eferral: | | | | |
| | roubled | | | | | | | |
| Explain: | | | Concerns | | | | | |
| 14-27 Weeks: □ Good □ Unsure □ T | roubled | | □ Referred to□ Reviewed/o | home visitati discussed ST | ion program/da ΓPSY: □ <i>Fina</i> | ate: ncial Concerns 🗆 Legal/Advocacy | | |
| 0-13 Weeks: □ Good □ Unsure □ T Explain: | roubled | | □ Referred to | mental healt | h clinic/date: _ | | | |
| 11. How do you feel about being pregnant no | | | Intervention/Re | eferral: | | | | |
| | | | □ Referred to□ Referred to | | er/date: | | | |
| □ No □ Yes: □ Adoption □ Abortion | | | □ Referred to | provider for | /date: | | | |
| 10. Are you thinking about abortion or adoptio | n? | | | | | | | |
| □ No, descri | ibe: | | ☐ Provided in | nformation ab | out Safe Surre | nder program/date: | | |
| ☐ Yes ☐ Yes ☐ Unsure | | | □ Reviewed/ | discussed ST in About Pres | ΓPSY: □ Unw ?nancv? | anted Pregnancy □ Choices | | |
| | nted pregnancy | ? | Intervention/Referral: □ Reviewed/discussed STT PSY: □ Unwanted Pregnancy | | | | | |
| | | | | | | | | |

Housing 17. What type of housing do you currently live in? Intervention/Referral: □ House □ Hotel/Motel ☐ Reviewed/discussed STT PSY: Financial Concerns □ Apartment ☐ Farm Worker Camp Referred to LA County Housing Resource Center: 1-877-428-8844/date: Trailer Park □ Emergency Shelter Referred to emergency housing/homeless shelter/date:_____ □ Public Housing ☐ Referred to LA County Lead Poisoning Prevention Hotline: □ Other:_ 1-800-LA-4-LEAD/date: □ Referred to/date:__ Any changes in housing? 14-27 Weeks: □ No □ Yes, explain:_ 28-40 Weeks: □ No □ Yes, explain:_ 18. Members of household (not including client): Number of adults: Relationship to client: Number of children: Relationship to client:____ 19. Was your house or apartment built before 1978? ☐ Unsure □ Yes □ No Is there chipping or peeling paint inside or outside the home? □ Unsure 20. Is your current housing safe and adequate for you and your children)? 0-13 Weeks: ☐ Yes ☐ No, explain:_____ 14-27 Weeks: ☐ Yes ☐ No, explain:_____ 28-40 Weeks: ☐ Yes ☐ No, explain:____ 21. Do any of your children or your partner's children live with Intervention/Referral: someone else? □ Reviewed/discussed STT PSY: □ Parenting Stress □ New Immigrant \square N/A □ Legal/Advocacy Concerns □ No Referred to National Parent Helpline: 1-855-427-2736/date:_ ☐ Yes, explain:_____ Referred to family support/counseling or child abuse prevention program/date:_ Referred to/date: _ 22. Do you have the following where you live? Intervention/Referral: 0-13 Wks 14-27 Wks 28-40 Wks ☐ Reviewed/discussed STT NUTR: ☐ Cooking and Food Storage_ □ Food Safety □ When You Cannot Refrigerate: Choose These Foods □ Tips for Cooking and Storing Food □ Yes No Yes No Yes No Toilet □ Don't Get Sick From the Foods You Eat__ Stove/place to cook Referred to LA County Housing Resource Center 1-877-428-8844/date: Tub/shower Referred to HUD 1-213-894-8000/date: Electricity Referred to Housing Rights Center 1-800-477-5977/date: R

| Refrigerator | | | Ш | Ш | Referred to Housing Rights Center 1 000 477 3777 date. | | |
|---|--|--|---|---|--|--|--|
| Hot/cold water | | | | | □ Referred to local fire department/date: | | |
| Phone | | | | | ☐ Referred to social worker/date: | | |
| Smoke detectors | | | | | | | |
| Windows that open/close | | | | | | | |
| 23. Do you have a gun in y No Yes, how is it sto | | | | | Intervention/Referral: □ Provided information about safe gun storage □ Educated client that unwanted guns may be turned in to most local law enforcement agencies/date: □ Referred to/date: | | |
| | | | | | | | |

| Transportation | |
|---|---|
| 24. Will you have any problems coming to your appointments or attending classes due to transportation, childcare, work, school, or another reason? 0-13 Weeks: □ No □ Yes: 14-27 Weeks: □ No □ Yes: 28-40 Weeks: □ No □ Yes: | Intervention/Referral: Referred to childcare/date: Referred to transportation services/date: Referred to/date: Provided bus tokens or taxi vouchers/date: |
| 25. a) When you ride in a car, do you use seatbelts? seat belt when pregnant? Always Yes Sometimes No | Intervention/Referral: □ Reviewed/discussed STT HE Handout: <i>Pregnant? Steps for a Healthy Baby</i> |
| 26. Do you have a car seat for the new baby? 14-27 Weeks: □ Yes □ No 28-40 Weeks: □ Yes □ No 27. How will you get to the hospital? | Intervention/Referral: □ Reviewed/discussed to STT HE: □ Infant Safety and Health □ Keep Your Baby Safe and Healthy □ Give referral to free or low-cost car seat program/date: □ Delivery hospital provides car seat prior to discharge Intervention/Referral: |
| 14-27 Weeks: Unsure No transportation available 28-40 Weeks: Unsure No transportation available | □ Reviewed/discussed STT HE: □ Preterm Labor □ Hospital Orientation □ If Your Labor Starts Too Early □ □ Assist client in scheduling tour of delivery hospital/date: □ □ Provided bus tokens or taxi vouchers/date: □ □ Referred to childcare/date: □ □ Referred to transportation services/date: □ |
| Current Health Practices 28. Do you have a primary care doctor for you and your family? ☐ Yes ☐ No | Intervention/Referral: □ Reviewed/discussed to STT Appendix: Introduction to Managed Care □ Referred to/date: |
| 29. Do you have a doctor for your baby? 14-27 Weeks: □ No □ Yes, who? 28-40 Weeks: □ No □ Yes, who? | Intervention/Referral: □ Reviewed/discussed STT HE: □ Infant Safety and Health □ When Your Newborn Baby is Ill □ Your Baby Needs to be Immunized □ Referred to CHDP provider/date: □ |
| 30. a) Have you been to a dentist in the last 6 months? \[\text{Yes} \text{No} \] b) Do you have any problems with your teeth, gums or mouth such as toothaches, bleeding gums, or a bad taste or smell? \[\frac{0-13 \text{ Weeks:}}{14-27 \text{ Weeks:}} \text{No} \text{Yes:} \] 28-40 \text{ Weeks:} \text{No} \text{Yes:} \] | Intervention/Referral: □ Reviewed/discussed STT HE □ Oral Health During Pregnancy □ Prevent Gum Problems When You Are Pregnant □ Keep Your Teeth and Mouth Healthy! Protect Your Baby Too □ Referred to registered dietitian/date: □ Referred to dentist/date: |
| 31. How many total hours do you sleep at night? How many total min/hours do you nap during the day? 0-13 Weeks: 0-13 Weeks: 14-27 Weeks: 14-27 Weeks: 28-40 Weeks: | Intervention/Referral: □ Discuss using extra pillows for joint or back discomfort. To improve relaxation, offer deep breathing, visualization and relaxation techniques/date: □ Reviewed/discussed STT PSY: □ Emotional or Mental Health Concerns □ □ Depression □ □ How Bad are Your Blues? □ □ □ Referred to/date: □ |
| 32. Do you exercise? 0-13 Weeks: □ No □ Yes, type/frequency: 14-27 Weeks: □ No □ Yes, type/frequency: 28-40 Weeks: □ No □ Yes, type/frequency: | Intervention/Referral: □ Reviewed/discussed STT HE: □ Safe Exercise and Lifting □ Exercises To Do When You Are Pregnant □ Stay Active When You Are Pregnant □ Keep Safe When You Exercise □ Referred to provider for discussion of vigorous exercise (lifting heavy weights, running, etc.) during pregnancy/date: □ Referred to exercise or fitness resources that are low-cost/date: |
| | Client Name/ID: |

| 33. Are you currently smoking or using any tobacco products | Intervention/Referral: |
|--|---|
| (including hookah or vaping)? | □ Reviewed/discussed STT HE: □ Tobacco Use □ You Can Quit |
| | Smoking Secondhand Tobacco Smoke |
| | Referred to California Smokers' Helpline for free counseling or information |
| | about secondhand smoke: 1-800-NO-BUTTS or 1-800-45-NO-FUME |
| Have you tried to quit? ☐ Yes ☐ No | (Spanish)/date: |
| 14-27 Weeks: No Yes, how much per day? | Referred to smoking cessation program/date: |
| Have you tried to quit? Yes No | ☐ Referred to provider for additional counseling on smoking cessation/date: |
| 28-40 Weeks: No See See See See See See See See See Se | |
| | |
| 34. Are you often around other people who smoke cigarettes or any | |
| other tobacco products? □ Yes □ No | |
| 35. Do you use or have exposure to any of the following at | Intervention/Referral: |
| home, work, or doing any hobbies? | □ Reviewed/discussed STT HE: □ Cautions While Pregnant |
| 0-13 14-27 28-40 | □ Workplace Safety □ Pregnant? Steps for a Healthy |
| Weeks Weeks Weeks | Baby Reep Safe at Work |
| Products like bleach, ammonia or oven cleaners | Baby □ Keep Safe at Work □ Referred to provider to discuss any harmful exposure to chemicals at home or |
| Pesticides or chemicals | work/date: Referred to MotherToBaby: www.mothertobaby.org or 1-866-626-6847/date: |
| Cooking with clay pottery | кетентей to infomer 1 овару: www.mothertopapy.org or 1-866-626-684 //date: |
| Jewelry making | |
| Glue | |
| Fertilizers | |
| Cat litter box | |
| Pet turtles or reptiles | |
| Rodents \square \square | |
| Douching | |
| Hot baths or saunas | |
| X-Rays | |
| Other: | |
| None \square | |
| 36. At home, where do you store the following?: | Intervention/Referral: |
| | |
| Vitamins | ☐ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i> |
| Vitamins Medications | ☐ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i> |
| Vitamins Medications Cleaning Supplies | ☐ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i> |
| Medications Cleaning Supplies | Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i> |
| Medications Cleaning Supplies Are these things kept out of the reach of children? | □ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i> |
| Medications Cleaning Supplies Are these things kept out of the reach of children? | |
| Medications Cleaning Supplies Are these things kept out of the reach of children? Yes No 37. Have either of your parents had a drug or alcohol problem? | Intervention/Referral: |
| Medications Cleaning Supplies Are these things kept out of the reach of children? | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use |
| Medications Cleaning Supplies Are these things kept out of the reach of children? Yes □ No No No No Yes, describe: | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal |
| Medications Cleaning Supplies Are these things kept out of the reach of children? Yes □ No 37. Have either of your parents had a drug or alcohol problem? No □ Yes, describe: Does your partner have a problem with drugs or alcohol? | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," |
| Medications Cleaning Supplies Are these things kept out of the reach of children? □ Yes □ No 37. Have either of your parents had a drug or alcohol problem? □No □Yes, describe: Does your partner have a problem with drugs or alcohol? □No □Yes, describe: | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: |
| Medications Cleaning Supplies Are these things kept out of the reach of children? □ Yes □ No 37. Have either of your parents had a drug or alcohol problem? □No □Yes, describe: Does your partner have a problem with drugs or alcohol? □No □Yes, describe: Have you had a problem with drugs or alcohol in the past? □No □Yes, describe: | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," Drugs and Alcohol, When You Want to STOP Using Notified provider of client's drug/alcohol use/date: Referred to Alcoholics Anonymous (AA)/date: Referred to Narcotics Anonymous (NA)/date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," Drugs and Alcohol, When You Want to STOP Using Notified provider of client's drug/alcohol use/date: Referred to Alcoholics Anonymous (AA)/date: Referred to Narcotics Anonymous (NA)/date: Referred client to Medi-Cal drug treatment facility/date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," Drugs and Alcohol, When You Want to STOP Using Notified provider of client's drug/alcohol use/date: Referred to Alcoholics Anonymous (AA)/date: Referred to Narcotics Anonymous (NA)/date: Referred client to Medi-Cal drug treatment facility/date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |
| Medications | Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date: |

| 39. Are you taking a prenatal vitamin every day? | Intervention/Referral: |
|---|--|
| $0-13$ Weeks: \Box Yes \Box No: | ☐ Prenatal vitamins prescribed by provider/date: |
| <u>14-27 Weeks:</u> □ Yes □ No | ☐ Encouraged client to continue taking prenatal vitamins (and any other |
| $28-40 \text{ Weeks:} \qquad \Box \text{ Yes} \qquad \Box \text{ No}$ | supplements recommended by provider)/date: |
| 40. Are you taking any prescription, over-the-counter, or herbal | □ Notified provider of any medication/supplement use to ensure safety during |
| medications? Examples: iron, pain medication, antidepressants, | pregnancy/date: |
| antacids, allergy medication, laxatives, or herbal remedies like | ☐ Reviewed/discussed STT NUTR: ☐ Prenatal Supplements: Vitamins, Minerals, |
| yerba buena, ginseng, or manzanilla? | and Other Supplements \[\tag{Take Prenatal Vitamins and} \] |
| | Minerals □ If You Need Iron Pills □ You May Need |
| 0-13 Weeks: □ No □ Yes: | Extra Calcium |
| 14-27 Weeks: No Yes: | ☐ Referred to MotherToBaby: www.mothertobaby.org or 1-866-626-6847/date: |
| 28-40 Weeks: □ No □ Yes: | - D.C. 1./1. |
| | □ Referred to/date: |
| Pregnancy Care | |
| 41. Besides having a healthy baby, what are your goals for this | Intervention/Referral: |
| pregnancy? | □ Referred to/for: |
| 42. Do you plan to have someone with you: | Intervention/Referral: |
| During labor? | □ Refer to childbirth classes/date: |
| 14-27 Weeks: □ No □ Yes: | □ Refer to home visitation program/date: |
| 28-40 Weeks: No Yes: | □ Referred to/date: |
| | |
| When you first come home with the baby? | |
| 14-27 Weeks: No Yes: | |
| 28-40 Weeks: □ No □ Yes: | |
| 43. If you had a baby before, where was it delivered? | Intervention/Referral: |
| N/A Clinic | □ Notified provider of prior complications: |
| □ Hospital □ Home | ☐ Provided information about the delivery hospital, including tours, registration, |
| □ Other: | parking, and how to get there from her home |
| | |
| Did you or the baby have any problems? | |
| □ No □ Yes, explain: | |
| 44. Have you ever lost any children? (miscarriage, stillbirth, SIDS, | Intervention/Referral: |
| immigration, custody, etc.) | ☐ Reviewed/discussed STT PSY: ☐ Perinatal Loss ☐ Loss of Your Baby |
| □ <u>No</u> | □ Ways to Remember Your Baby |
| ☐ Yes, please explain: | ☐ Referred to grief and loss resources |
| | □ Referred to grief support line at: 1-800-221-7437 |
| | ☐ Referred to social worker/date: |
| | □ Referred to/date: |
| 45. Do you have any questions about any prenatal tests or | Intervention/Referral: |
| procedures? | ☐ Reviewed/discussed STT Appendix: Prenatal Laboratory and Diagnostic |
| 0-13 Weeks: □ No □ Yes: | Tests |
| 14-27 Weeks: | ☐ Answered questions/concerns: |
| 28-40 Weeks: | ☐ Referred to provider for/date: |
| | |
| 46. Have you experienced any of these discomforts during your | Intervention/Referral: |
| pregnancy? 0-13 14-27 28-40 | Referred to/for: |
| Weeks Weeks Weeks | Reviewed/discussed STT HE: Preterm Labor |
| Edema (Swelling in hands/feet) | Starts Too Early Safe Exercise & Lifting |
| Diarrhea | □ Exercises To Do When You Are Pregnant STT NUTR: □ Heartburn □ Heartburn: What You Can |
| Constipation | Do \(\text{Heartourn} \) Heartburn: What You Can Do \(\text{Heartourn} \) Heartburn: Should You Use Antacids? |
| Nausea/Vomiting | □ Nausea & Vomiting □ Nausea: Tips that Help □ |
| Leg cramps | □ Nausea: What To Do When You Vomit □ Nausea: Choose |
| | These Foods \(\text{Constipation} \) \(\text{Constipation} \) \(\text{Constipation} \) |
| | You Can Do Constipation: What Products You Can and |
| | Cannot Use \[\sqrt{Lactose Intolerance} \sqrt{Do You Have} \] |
| | Trouble with Milk Foods? \[\sigma Foods Rich in Calcium |
| | Additional education (describe in progress note if more space |
| 7 118-11-11 | needed): |
| | / |
| None \square | |
| | Client Name/ID: |

| 47. Does the doctor say there are any problems with this pregnancy? 0-13 Weeks: □ No □ Yes: 14-27 Weeks: □ No □ Yes: 28-40 Weeks: □ No □ Yes: | Intervention/Referral: □ Reviewed/discussed as needed: STT HE: □ Preterm Labor □ If Your Labor Starts Too Early □ Kick Counts □ Count Your Baby's Kicks □ Labor Induction □ What You Need to Know About Labor Induction □ Multiple Births - Twins and More □ Getting Ready for Multiples □ Referred to Prenatal Diagnostic Center (PDC)/date: □ Referred to/date: □ Referred to/date: □ Referred to/date: □ □ |
|---|--|
| 48. Compared to your previous pregnancies, is there anything you would like to change about the care you receive this time? □ N/A □ No □ Yes, explain: | Intervention/Referral: Notified provider of the client's requests or concerns Referred to/date: |
| 49. Who has given you the most advice about your pregnancy? Mother | Intervention/Referral: Notified provider regarding any harmful advice Encouraged client to have support person participate in prenatal education/classes Referred to/date: |
| Describe: 51. Do you have any traditions, customs or religious beliefs about pregnancy? □ No □ Yes: Please explain: If yes, Conflicts with medical recommendations? □ No □ Yes | Intervention/Referral: □ Reviewed/discussed STT First Steps: □ Cultural Considerations □ Cross-Cultural Communication □ Clients with Alternative Health Care Experiences □ Refer to provider for: □ |
| S2. Would you like to become pregnant in the next 18 months? 14-27 Weeks: Yes No 28-40 Weeks: Yes No | Intervention/Referral: Discussed the importance of spacing 18 months between pregnancies/date: Reviewed/discussed STT HE: Family Planning Choices |
| Less effective methods (higher failure rate) □ Condoms □ Diaphragm □ Abstinence □ Spermicides □ Cervical cap □ Withdrawal □ Fertility awareness methods □ Other: | Client Name/ID: |

| 55. These questions help us identify chlamydia, gonorrhea, herpes, he | patitis C, | | | ases] | like | | risky sexual behaviors or symptoms of |
|---|--------------------|--------|-------------------------|--------|------------------------|--|--|
| Have you or your partner recently had with anybody else? | l sex | Yes | □ Uns | ure | □ No | STIs/date: | T HE: □ STIs (Sexually Transmitted |
| Have you or any partners ever had an | STD? | Yes | □ Uns | ure | □ No | $Infections)$ \Box \Box | HIV and Pregnancy □ What You Should □ What You Should Know About HIV |
| Have you ever had sex while using all or drugs? | cohol | Yes | □ Uns | ure | □ No | □ You Can Protect You | rself and Your Baby from STDs |
| Have you or any partners exchanged s | sex | | | _ | | | s County STD Program Hotline for more s to STD clinics and HIV test sites in Los Angeles |
| for drugs, money, or shelter? | | Yes | □ Uns | ure | □ No | | 1: 1-800-758-0880/date: |
| Have you or any partners ever shared needles? | | Yes | □ Uns | ure | □ No | | /anonymous STD testing location/date: |
| 56. Any change in HIV/STI risk star | | | | | | | |
| 14-27 Weeks: ☐ Yes 28-40 Weeks: ☐ Yes | 1 🗆 1 🗆 | | | | | | |
| Educational Interests | | | | | | | |
| 57. How do you like to learn new thi | | | | | Intervention/Referral: | | |
| 8 11 | One-on-o Videos | ne edi | ucation | | | ☐ Signed up for Text4Bab 511411 | y by texting BABY or (BEBE for Spanish) to |
| | Other: | | | | | | lient's preferred learning methods |
| 58. Will someone be able to attend p | | | | | | Intervention/Referral: | 1 0 |
| □ No | | | J | | | | share prenatal education materials with a support |
| ☐ Unsure ☐ Yes, who? | | | | | | person like the father of | the baby, friend, parent, or close relative |
| 59. Do you have any physical, menta | l or emot | ional | conditio | ns si | uch as | Intervention/Referral: | |
| learning disabilities, Attention-D | | | | | | | lth Plan or visit Medi-Cal's website for more |
| depression, hearing or vision pro | blems that | may | affect th | e wa | ıy you | | ng and/or vision services and eligibility |
| learn? | | | | | | ☐ Referred to/date: | |
| □ No □ Yes: | | | | | | | |
| | | | | _ | | | |
| 60. Do you have experience with pre | | | | | & | Intervention/referral: | ov texting RARV or (RERE for Spanish) to 511411 |
| 60. Do you have experience with pre delivery, postpartum self-care, as □ Yes □ No | | | | | & | ☐ Enrolled in Text4Baby b | by texting BABY or (BEBE for Spanish) to 511411 Γ HE Handouts: □ <i>Pregnant? Steps for a Healthy</i> |
| delivery, postpartum self-care, ar | | | | | & | □ Enrolled in Text4Baby b □ Reviewed/discussed STI Baby □ Keep Your Ne | Γ HE Handouts: □ Pregnant? Steps for a Healthy w Baby Safe and Healthy |
| delivery, postpartum self-care, ar | | | | | & | □ Enrolled in Text4Baby b □ Reviewed/discussed STI Baby □ Keep Your Ne □ Referred to home visitati | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy on program/date: |
| delivery, postpartum self-care, ar □ Yes □ <mark>No</mark> | nd infant c | are an | nd safety | | | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar | | are an | | ? | & 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STI Baby □ Keep Your Ne □ Referred to home visitati | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy on program/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal | 0-13 Weeks | are an | nd safety 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) | 0-13 | are an | nd safety | ? | 28-40 | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant health & safety) | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant health & safety) Infant development Circumcision Immunizations needed during | O-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |
| delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant health & safety) Infant development Circumcision | 0-13 Weeks | are an | 14-27 Weeks | ? | 28-40 Weeks | □ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat | HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date: |

| 62. Do you plan on receiving Tdap vaccine in your 3 rd trimester | 2 |
|---|--|
| | Intervention/Referral: |
| 14-27 Weeks: □ Yes □ No □ Unsure | □ Provided education on the benefits of Tdap in the 3 rd trimester |
| 28-40 Weeks: □ Yes □ No □ Unsure | Intervention/Referral: |
| 28-40 Weeks. I ies I io Ulisure | ☐ Provided additional education on the benefits of Tdap in the 3 rd trimester |
| | □ Referred for Tdap/date: |
| | ☐ Tdap administered/date: |
| | ☐ Client plans to receive Tdap after delivery |
| | ☐ Client declines Tdap |
| 63. Is there anything else that you would like to learn? | Intervention/Referral: |
| | □ Provided education on: |
| | |
| Nutrition: Anthropometric | |
| 64. Weight gain in last pregnancy: | Intervention/Referral: |
| lbs. □ Unknown □ N/A | ☐ Refer to STT NUTR: Weight Gain During Pregnancy- Section: "How to |
| IOS. 🗆 UIIKIIOWII 🗆 IV/A | Determine Gestational Weight Gain Goals and Assess Weight Gain" |
| 65. Pre-pregnant weight:lbs. | ☐ Review/discussed STT NUTR Handout: <i>MyPlate for Moms</i> |
| | Underweight: |
| Height: | ☐ Reviewed/discussed STT NUTR: Weight Gain During Pregnancy – Section: "Underweight" |
| Recommended weight gain goal for this pregnancy: | ☐ Recommended regular meals and larger portions |
| Single Pregnancy | \Box Discussed weight gain goal per month = 3-4 lbs for single pregnancy |
| Underweight: 28-40 lbs | Overweight: |
| □ Normal weight: 25-35 lbs □ Overweight: 15-25 lbs | □ Reviewed/discussed STT NUTR: Weight Gain During Pregnancy – Section: |
| ☐ Overweight: 15-25 lbs ☐ Obese: 11-20 lbs | "Overweight" |
| 000sc. 11-20 ibs | ☐ Recommended smaller portions, more fruits and vegetables, and low/nonfat |
| Twin Pregnancy | foods |
| □ Normal: 37-54 lbs | \Box Discussed weight gain goal per month = 2-3 lbs after 16 th week for single |
| □ Overweight: 31-50 lbs | pregnancy |
| □ Obese: 25-42 lbs | Obese: |
| | ☐ Reviewed/discussed STT NUTR: Weight Gain During Pregnancy – Section: "Obese" |
| | ☐ Recommended smaller portions, more fruits and vegetables, and low/nonfat |
| | foods |
| | ☐ Discussed weight gain goal per month = 2.5 lbs after 16 th week for single |
| Mat Waint Cain | pregnancy |
| 66. Net Weight Gain | Intervention/Referral □ Determined client's recommended net weight gain per STT NUTR: Weight |
| <u>0-13 Weeks:</u> lbs. | Gain During Pregnancy |
| □ Adequate □ Inadequate | □ Provided education about age-related nutritional needs/date: |
| □ Excessive □ Weight Loss | ☐ If excessive weight gain, reviewed/discussed STT NUTR: <i>Tips to Slow Weight</i> |
| | Gain |
| <u>14-27 Weeks:</u> lbs. | ☐ Recommended low fat foods, more water, and less sugary drinks like soda and |
| □ Adequate □ Inadequate | juice |
| □ Excessive □ Weight Loss | ☐ If inadequate weight gain (or if weight loss), reviewed/discussed STT NUTR: Tips to Gain Weight |
| <u>28-40 Weeks:</u> lbs. | ☐ Recommended more frequent, calorie-dense meals |
| □ Adequate □ Inadequate_ | □ Notified provider/date: □ Referred to registered dietitian for/date: |
| □ Excessive □ Weight Loss | ☐ Discussed risks associated with weight gain/loss: |
| | |
| | |
| | |

| 57. | nemical | | | Intervention/Referral: |
|--|------------------------------------|-------------------|--------------|---|
| 0-13 Weeks: | Date blood drawn: | | | ☐ Consult with provider on abnormal lab values and education |
| • | (<11g/L) | Hct: | (<33%) | interventions/date: Anemia, iron prescribed/date: |
| Glucose: | | MCV: | | Referred to/date: |
| | Date blood drawn | | | |
| Hgb: | (<10.5g/L) | Hct: | (<32%) | |
| Glucose: _ | | MCV: | | |
| 28-40 Weeks: | Date blood drawn | : | | |
| Hgb: | (<11g/L) | Hct: | (<33%) | |
| Glucose: _ | | MCV: | | |
| GTT | | | | |
| | Visit (if applicable) | | | |
| Date: | | 2.11 | | |
| Fasting: | 1 Hr: | 2 Hr: | | |
| □ 1 \ //1 | | | | |
| 24-28 weeks | | | | |
| Date : | 1 II | 2 11 | | |
| rasting: | 1 Hr: | _ 2 пг | _ | |
| Nutrition: Clini | cal | | | |
| | nfections? (Ex: Kidn | ey infection, HI | V, TB, etc.) | Intervention/Referral: |
| 0-13 Weeks: | | : | | □ Referred to registered dietitian/date: |
| 14-27 Weeks: | | : | | □ Referred to provider/date: |
| 28-40 Weeks: | □ No □ Yes | <u></u> | | □ Referred to/date: |
| 9. Anemia | - N V | L | | Intervention/Referral: □ Reviewed/discussed STT NUTR: Iron Deficiency and Other |
| 0-13 Weeks: | | : | | Anemias |
| 14-27 Weeks: 28-40 Weeks: | | : : | | ☐ For Iron Deficiency Anemia, reviewed/discussed STT NUTR: ☐ Get the |
| 20-40 WCCRS. | | • | | Iron You Need □ Iron Tips □ Iron Tips – Take |
| | | | | |
| | | | | Two! D My Action Plan for Iron |
| | | | | ☐ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: |
| | | | | ☐ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: ☐ Get the Folic Acid You Need ☐ Folic Acid: Every Woman, |
| | | | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: |
| | | | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need |
| | | | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important |
| | | | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important □ Referred to registered dietitian/date: |
| 0. Diabetes | | | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: |
| 0. Diabetes Pre-pregnan | cv: □ No | □ V ec | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important □ Referred to registered dietitian/date: |
| Pre-pregnan | | □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: |
| | | □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) |
| Pre-pregnan Past pregnar Current preg | ncy: \square No gnancy: | □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes □ If You Have |
| Pre-pregnan Past pregnar Current preg 0-13 Weeks: | nancy: | □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes □ If You Have Diabetes While You Are Pregnant: Questions You May Have |
| Pre-pregnan Past pregnar Current preg 0-13 Weeks: 14-27 Week | nancy: ☐ No nancy: ☐ No ss: ☐ No | □ Yes □ Yes □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes You May Have Diabetes While You Are Pregnant: Questions You May Have □ If You Have Diabetes While You Are Pregnant: Ways to Lower Your Stress |
| Pre-pregnan Past pregnar Current preg 0-13 Weeks: | nancy: ☐ No nancy: ☐ No ss: ☐ No | □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes You May Have □ If You Have Diabetes While You Are Pregnant: Ways to Lower Your Stress □ Referred to diabetes specialist or California Diabetes and Pregnancy |
| Pre-pregnan Past pregnar Current preg 0-13 Weeks: 14-27 Week | nancy: ☐ No nancy: ☐ No ss: ☐ No | □ Yes □ Yes □ Yes | | □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes You May Have Diabetes While You Are Pregnant: Questions You May Have □ If You Have Diabetes While You Are Pregnant: Ways to Lower Your Stress |

Client Name/ID:

| 71. Hypertension | Intervention/Referral: |
|---|---|
| Pre-pregnancy: \square No \square Yes | ☐ Discussed importance of keeping all health care provider appointments/date: |
| Past pregnancy: \square No \square Yes | □ Reviewed/Discussed STT HE: Signs and Symptoms of Heart Disease |
| Comment | During Pregnancy and Postpartum |
| Current pregnancy: 0-13 Weeks: □ No □ Yes | ☐ Referred to MotherToBaby for information on medications and maternal |
| $ \begin{array}{c cccc} \underline{0-13 \text{ Weeks.}} & \Box \text{ No} & \Box \text{ Tes} \\ \underline{14-27 \text{ Weeks.}} & \Box \text{ No} & \Box \text{ Yes} \end{array} $ | medical conditions. The client or provider can call 1-866-626-6847 or visit |
| $\frac{14-27 \text{ Weeks:}}{28-40 \text{ Weeks:}} \qquad \Box \text{ No} \qquad \Box \text{ Yes}$ | www.mothertobaby.org /date: |
| | □ Referred to registered dietitian/date: |
| 72. History of poor pregnancy outcome (low birth weight, preterm | □ Referred to provider/date: |
| labor/delivery, large for gest. age) | |
| □ No □ Yes: | |
| 73. Other medical/OB problems? (Ex: thyroid, cancer, lupus, etc.) | |
| 0-13 Weeks: □ No □ Yes: | |
| 14-27 Weeks: □ No □ Yes: | |
| 28-40 Weeks: No Yes: | |
| 74. Pregnancy interval < 18 months? | Intervention/Referral: |
| , in Freguency Interval (15 monato) = 2.00 | ☐ Discussed the importance of a healthy diet to get the nutrients and calories |
| 75. High parity? (≥ 4 births) \Box Yes \Box No | she needs |
| | ☐ Discussed the importance of taking prenatal vitamins every day |
| | ☐ Discussed increased risk of low birth weight, preterm delivery and the |
| | pregnancy interval recommended by her healthcare provider |
| 76. Multiple gestation? □ Yes □ No | Intervention/Referral: |
| | □ Reviewed/discussed STT HE: □ Multiple Births—Twins and More, |
| | ☐ Getting Ready for Multiples ☐ Baby Products: Discounts and Coupons |
| | ☐ If Your Labor Starts Too Early ☐ Referred to reciptored distition/dates |
| | □ Referred to registered dietitian/date: |
| 77. Are you currently breastfeeding? □ Yes □ No | Intervention/Referral: |
| | ☐ Referred to provider due to history of miscarriage or preterm labor |
| | ☐ Discussed the importance of adequate food intake and meeting weight gain goals each month |
| | □ Referred to registered dietitian/date: |
| | Terefred to registered dioditian/date. |
| Nutrition: Dietary | |
| 78. Have your eating habits changed since you've been pregnant? | Intervention/Referral: |
| <u>0-13 Weeks:</u> □ No □ Yes: | □ Reviewed/discussed STT NUTR: MyPlate for Moms |
| 14-27 Weeks: □ No □ Yes: | □ Referred to/date: |
| 28-40 Weeks: □ No □ Yes: | |
| 79. Do you ever crave/eat any of the following: | Intervention/Referral: |
| ☐ Yes: Ice, freezer frost, corn starch, dirt, paint chips, | □ Reviewed/discussed STT NUTR: □ Pica, □ MyPlate for Moms |
| plaster, clay, pottery, paste, other: | □ Referred to provider/date: |
| | ☐ Referred to registered dietitian/date: |
| No 80. a) Number of meals/day: | Intervention/Referral: |
| · · · · · · · · · · · · · · · · · · · | Reviewed/discussed STT NUTR Handout: <i>MyPlate for Moms</i> and discussed |
| b) Meals often skipped? | importance of eating foods from all of the different food groups, and the need |
| □ Yes □ No | to eat meals and snacks at regular times throughout the day |
| | □ Referred to provider/date: |
| c) Number of snacks/day: | □ Referred to registered dietitian/date: |
| 81. Who does the following in your home? | Intervention/Referral: |
| a) Buys food: | ☐ Reviewed/discussed STT NUTR: ☐ Getting Healthy Foods, ☐ Tips for |
| | Healthy Food Shopping D You Can Buy Healthy Food on a Budget |
| b) Cooks/prepares food: | □ You Can Stretch Your Dollars: Choose These Easy Meals |
| | ☐ Reviewed/discussed STT NUTR: ☐ Cooking & Food Storage ☐ Food Safety |
| | ☐ Tips for Cooking and Storing Food ☐ Don't Get Sick From the Foods You |
| | Eat |
| | Chances of Eating Food with Unsafe Chemicals in Them Tips for |
| | Keeping Foods Safe |

Client Name/ID:

| 82. Are you on any special diet (medical diet, personal diet, etc.)? 0-13 Weeks: | Intervention/Referral: Reviewed/discussed STT NUTR: Weight Gain During Pregnancy and discussed her specific weight gain goals Reviewed/discussed STT NUTR: MyPlate for Moms Referred to provider/date: Referred to registered dietitian/date: |
|---|---|
| 83. Any food allergies? No Yes: Any foods/beverages you avoid? No Yes: 84. Are you vegetarian or vegan? No Yes: Do you eat: | Intervention/Referral: □ Reviewed/discussed STT NUTR: □ Lactose Intolerance □ Do You Have Trouble with Milk Foods? □ Foods Rich in Calcium □ Referred to provider/date: □ Referred to registered dietitian/date: □ Intervention/Referral: □ Notified provider client is Vegan/date: □ Reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are a |
| ☐ Milk Products ☐ Eggs ☐ Nuts ☐ Beans ☐ Chicken/Fish | Vegetarian: What You Need to Know □ Vitamin B12 is Important □ Referred to/date: Intervention/Referral: |
| O-13 Weeks: a) How do you plan to feed your baby? □ Breastfeed □ Formula □ Breastfeed + Formula □ Undecided b) Have you ever breastfed or tried to breastfeed? □ If yes, for how long? □ No □ N/A c) Did you breastfeed for as long as you wanted? □ Yes □ No, explain: □ N/A | □ Discussed benefits of breastfeeding and risks of formula feeding and supplementation/date: □ Reviewed/discussed STT NUTR: □ Breastfeeding □ Tips for Addressing Breastfeeding Concerns □ My Birth Plan □ WIC Handout: □ How Does Formula Compare to Breastmilk? □ Referred to WIC/date: □ Referred to breastfeeding education classes/date: □ Referred to/date: □ Ref |
| 14-27 Weeks: a) What do you think about breastfeeding your new baby? Not interested Thinking about it Wants to Definitely will Other: b) What questions do you have about feeding your baby? | Intervention/Referral: □ Answered breastfeeding questions/concerns □ Reviewed/discussed STT NUTR: □ Breastfeeding □ Tips for Addressing Breastfeeding Concerns □ My Birth Plan □ □ My Action Plan for Breastfeeding □ Referred to WIC/date: □ Referred to breastfeeding education classes: □ Referred to/date: □ Referred to/date: |
| 28-40 Weeks: a) How do you plan to feed your baby during the first month? Breastfeed Formula Breastfeed + Formula b) If you are going to breastfeed, who can you go to for breastfeeding help? c) What questions do you have about feeding your baby? | Intervention/Referral: □ Reviewed/discussed STT NUTR: □ Breastfeeding □ Tips for Addressing Breastfeeding Concerns □ What to Expect While Breastfeeding: Birth to Six Weeks □ My Action Plan for Breastfeeding □ My Birth Plan □ Nutrition and Breastfeeding: Common Questions and Answers □ Provided education on safe formula preparation and feeding □ Discussed how supplementing with formula can decrease milk production □ Referred to WIC/date: □ Referred to breastfeeding education classes/date: □ Referred to/date: |

| OC Distings | .1_4_ J. | |
|---|--|--|
| 86. Diet intake assessment comp | pleted: | Intervention/Referral: |
| O-13 Weeks: ☐ Perinatal Food Group ☐ 24-hour Perinatal Dio ☐ Perinatal Food Frequ Diet adequate as assessed?: | etary Recall ency Questionnaire (PFFQ) | Reviewed/discussed STT NUTR: Reviewed/discussed STT NUTR: MyPlate for Moms My Nutrition Plan for Moms Referred to CalFresh Referred to WIC Referred to food bank Referred to registered dietitian/date: Notified provider/date: |
| Diet adequate as assessed?: 28-40 Weeks: Perinatal Food Group 24-hour Perinatal Die Perinatal Food Freque | etary Recall ency Questionnaire (PFFQ) Yes No Recall (PFGR) etary Recall ency Questionnaire (PFFQ) | Intervention/Referral - Update: Reviewed/discussed STT NUTR: MyPlate for Moms Referred to CalFresh Referred to WIC Referred to food bank Referred to registered dietitian/date: Notified provider/date: Intervention/Referral - Update: Reviewed/discussed STT NUTR: MyPlate for Moms Referred to CalFresh Referred to CalFresh Referred to WIC |
| Diet adequate as assessed?: | □ Yes □ No | ☐ Referred to food bank |
| Coping Skills | | |
| 87. Are you currently having provided with any of the following? Divorce/separation Recent death Illness (cancer, abnormal Papsmear, etc.) Unemployment Immigration Legal Probation/parole Child Protective Services/DCFS Other: None | 0-13 14-27 28-40 Weeks | Intervention/Referral: Reviewed/discussed: STT PSY: Financial Concerns Legal/Advocacy Concerns New Immigrant Emotional or Mental Health Concerns Referred to legal assistance (free or low cost): Referred to social worker/date: Referred to home visitation program/date: Referred to/date: |
| 88. What things in your life do you feel good about? | | Intervention/Referral: |
| Other:91. What do you do when you are | onal support? nily member | Referred to provider/date: |
| 92. What do you do when you an | d your partner have disagreements? | |
| | | Client Name/ID: |

| 93. Patient Health Questionnaire 9 (PHQ-9) | |
|---|---|
| 0-13 Weeks: | Intervention/Referral: |
| Total Score: | □ Notified provider of PHQ-9 score of 10 or higher |
| □ 0-4 (None – Minimal) | ☐ Reviewed/discussed STT PSY: ☐ Emotional/Mental Health Concerns |
| | □ Depression □ □ How Bad Are Your Blues? □ |
| | Reviewed the "Speak Up When You're Down" brochure |
| □ 10-14 (Moderate) | ☐ Encouraged client to inform provider if symptoms worsen |
| □ 15-19 (Moderate Severe) | □ Referred to Postpartum Support International at: 1-800-944-4773 □ Referred to home visitation program/date: |
| □ 20-27 (Severe) | □ Referred to nome visitation program/date. □ Referred to mental health clinic/date: □ |
| | □ Referred to social worker/date: |
| | □ Referred to mental health urgent care clinic/date: |
| | |
| | ☐ Contacted psychiatric mobile response services at: 1-800-854- |
| | 7771/date: Contacted 911 or local law enforcement agency/date: |
| 14-27 Weeks: | Intervention/Referral: |
| Total Score: | □ Notified provider of PHQ-9 score of 10 or higher |
| □ 0-4 (None – Minimal) | ☐ Reviewed/discussed STT PSY: ☐ Emotional/Mental Health Concerns |
| | □ Depression □ How Bad Are Your Blues? |
| | ☐ Reviewed the "Speak Up When You're Down" brochure |
| □ 10-14 (Moderate) | ☐ Encouraged client to inform provider if symptoms worsen |
| □ 15-19 (Moderate Severe) | ☐ Referred to Postpartum Support International at: 1-800-944-4773 |
| \square 20-27 (Severe) | □ Referred to home visitation program/date: |
| | □ Referred to social worker/date: |
| | Referred to mental health urgent care clinic/date: |
| | |
| | ☐ Contacted psychiatric mobile response services at: 1-800-854- |
| | 7771/date: |
| | ☐ Contacted 911 or local law enforcement agency/date: |
| 28-40 Weeks: | Intervention/Referral: |
| Total Score: | □ Notified provider of PHQ-9 score of 10 or higher |
| \Box 0-4 (None – Minimal) | □ Reviewed/discussed STT PSY: □ Emotional/Mental Health Concerns |
| □ 5-9 (Mild) | □ Depression □ □ How Bad Are Your Blues? □ □ |
| □ 10-14 (Moderate) | □ Reviewed the "Speak Up When You're Down" brochure □ Encouraged client to inform provider if symptoms worsen |
| ☐ 15-19 (Moderate Severe) | □ Referred to Postpartum Support International at: 1-800-944-4773 |
| | □ Referred to Fostpartain Support international at: 1-000-944-4773 |
| \square 20-27 (Severe) | □ Referred to mental health clinic/date: |
| | ☐ Referred to social worker/date: |
| | □ Referred to mental health urgent care clinic/date: |
| | |
| | ☐ Contacted psychiatric mobile response services at: 1-800-854-7771/date: |
| | □ Contacted 911 or local law enforcement agency/date: |
| 94. Are you currently receiving services from a local agency such as | Intervention/referral: |
| case management, home visiting, counseling, etc.? | ☐ Obtained client's signed consent to contact agency and coordinate |
| □ No □ Yes, please explain: | services using an authorization to release information form |
| | ☐ Agency information: ☐ Client declined case coordination |
| 95. Have you ever attended individual or group counseling or therapy? | Intervention/referral: |
| □ No □ If Yes, when and why? | □ Reviewed/discussed STT PSY: □ Emotional or Mental Health Concerns |
| = 1.00 = 1.100, when the willy. | □ Depression. |
| Have you ever been prescribed medications for emotional | □ Notified provider of history: |
| problems (sadness, anger, nervousness, irritability, difficulty | ☐ Referred to home visitation program/date: |
| sleeping, etc.)? | □ Referred to social worker /date: |
| □ No □ If Yes, when and why? | = D C 14 4.11 14 12 4.14 |
| in rest, when and why: | Referred to mental health clinic/date: |
| <u> </u> | □ Referred to mental health clinic/date: Referred to/date: |
| Have you ever been hospitalized for emotional problems, or | |
| <u> </u> | |

| 96. Have you ever been emotionally or physically abused by your partner or someone important to you? No Yes, please explain: | Intervention/referral: □ Informed client of mandatory reporting requirement if (1) she has current physical injuries from abuse, or (2) she is under the age of 18/date: □ Notified provider immediately: □ Danger Assessment form completed by provider/date: □ Contacted local law enforcement agency/date: □ Completed Suspicious Injury Report/date: □ Referred to domestic violence shelter/date: □ Referred to local law enforcement agency/date: □ Reviewed/discussed STT PSY: □ Spousal/Intimate Partner Abuse □ Cycle of Violence □ Safety When Preparing to Leave □ Child Abuse and Neglect (if under age of 18)/date: □ Referred to LA County Domestic Violence Hotline: 1-800-978-3600/date: or the National Domestic Violence Hotline: 1-800-978-3600/date: or the National Domestic Violence Hotline: | | |
|--|--|--|--|
| How many times? | □ Reviewed/discussed STT HE: Family Planning Choices/date: □ Referred to family planning provider/date: □ Referred to social worker/date: □ Referred to/date: | | |
| 100. Within the last year, has anyone forced you to have sexual activities? O-13 Weeks: No Yes, by whom? How many times? | | | |
| 14-27 Weeks: No Yes, by whom? How many times? | | | |
| 28-40 Weeks: □ No □ Yes, by whom? How many times? | | | |
| 101. Are your children, or have your children ever been, victims of physical abuse, sexual abuse, or neglect? □ N/A □ No □ Yes, please explain: | Intervention/referral: Notified provider: Contacted LA County Child Protection Hotline: 1-800-540-4000/date: Child Abuse Report filed/date: Reviewed/discussed STT PSY: Child Abuse and Neglect Referred to/date: | | |
| Initial Assessment Completed By: | Date Minutes | | |
| 2 nd Trimester Reassessment Completed By: | Date Minutes | | |
| 3 rd Trimester Reassessment Completed By: | Date Minutes | | |
| | | | |
| Page 15 of 17 Los Angeles County CPSP Prenatal Assessment/Reassessment and Individualized Care P | Client Name/ID: an 6/2017 | | |

| Provider Signature: | | | Date: | |
|---------------------|---|-----------------------|--------------------|--|
| Client | Strengths: | | | |
| | | | | |
| Prena # | tal Individualized Care Plan St Problem/Risk/Concern | ummary Client Goal | Updates & Outcomes | |
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| CPSP Progress Note Each entry must include date, time (in minutes), staff signature and CPSP title |
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