Comprehensive Perinatal Services Program Prenatal Assessment/Reassessment and Individualized Care Plan

Initial:/ 2 nd Trimester: _	
Date Weeks (14-27 Weeks)	Date Weeks (28 Weeks – Delivery) Date Weeks
·	Date of Birth:
Health Plan:	
•	Hospital: <u>Paperwork Demo Ho</u> spita
Case Coordinator: Casey Coordination	
Dx. OB High Risk Condition:	Gravida: Para:
Personal Information	Individualized Care Plan
1. Client age: ☐ Less than 12 years ☐ 12-17 years ☒ 18-34 years ☐ 35 years or older	Intervention/Referral: □ Reviewed/discussed □ STT FS: Approaching Clients of Different Ages □ STT PSY: Teen Pregnancy and Parenting □ Child Abuse Report filed (if younger than 18 and abuse suspected)/date: □ Discussed importance of genetic counseling (if over 35) □ Signed up for Text4Baby by texting BABY or (BEBE for Spanish) to 511411 □ Referred to Adolescent Family Life Program/date: □ Referred to home visitation program/date: □ Referred to/date:
2. Are you: □ Married □ Single □ Divorced/Separated □ In a relationship □ Other □ Widowed	Intervention/Referral: □ Referred to/date:
3. How long have you lived at your current home? X Over one year ☐ Under one year, previously lived: ☐ Familiar with local area Place of birth: ☐ Not familiar with local area	Intervention/Referral: □ Reviewed/discussed STT FS: □ Cultural Considerations □ Cross Cultural Communication □ Client's with Alternative Health Care Experiences □ STT PSY: New Immigrant □ Provided additional orientation about:
 4. Do you plan to stay in this area for the rest of your pregnancy? X Yes No, explain: Unsure, explain: 	Intervention/Referral: □ Provided assistance in transferring her care □ Referred to/date:
 5. How many years of school have you completed? □ 0-8 years □ 9-11 years ★ 12-16 years □ 16+ years 6. What language do you prefer to speak? What language do you read? 	Intervention/Referral: □ Referred to school program for pregnant/parenting teens/date: □ Referred to adult school/GED Program/date: □ Referred to English as a Second Language (ESL) Program/date: □ Referred to/date: Intervention/Referral: □ Reviewed/discussed STT FS: □ Cross Cultural Communication □ Dealing with
✗ English □ English □ Spanish □ Other: □ Other: □	Language Barriers □ Guidelines for Using Interpreters □ Provided education in preferred language □ Interpretation services requested from:
 7. Which of the following bests describes how you read: X Like to read and read often □ Can read, but don't read very often □ Can't read 	Intervention/Referral: □ Provided verbal/visual/written information appropriate for client's ability □ Reviewed STT FS: Low Literacy Skills □ Referred to Public Library or Adult Literacy Program/date: □ Referred to/date:
8. Father of baby: Name: John Doe Language: English Education: High School Age: 31	Intervention/Referral: □ Referred to legal assistance/date: □ Provided information on declaring paternity (per STT PSY: Teen Pregnancy and Parenting — even if client is not a teen) □ Reviewed/discussed STT PSY: □ Child Abuse and Neglect □ Legal/Advocacy Concerns □ Child Abuse Report filed (based on client/partner ages or suspected abuse)/date: □ Referred to/date:

					Client Name			
□ No □ Yes, explain:				-				
b) In the past 12 months, did you experience bought just didn't last and you didn't had more?	ce that the food	you	□ Referred	to food bank/	date:	Easy Meals and Snacks		
16. a) In the past 12 months, have you worried would run out before you got money to □ No □ Yes, explain:	buy more?		Food Sho	d/discussed S' ppping \square Yo	u Can Buy He	Getting Healthy Foods Tips for Healthy Tips for Healthy Tips for Healthy		
Other:								
Pregnancy disability benefits								
Emergency Food Assistance								
Medi-Cal								
CalFresh (Food Stamps)								
WIC CalFresh (Food Stamps)								
Yes	s No	Ye	es No	Yes	No	Referral & Date		
)-13 Weeks		14-27 Weeks	28-40	Weeks	D.O. 110-		
15. Are you receiving any of the following?				· ·				
Other sources of financial help:		☐ Reviewed/discussed STT PSY: Legal/Advocacy Concerns ☐ Referred to LA County Child Support Services: 1-866-901-3212/date: ☐ Referred to/date:						
14. Will the father of the baby provide financia the baby? ☐ Yes ☐ No ☐ Unsure	al support for yo	ou and	Intervention/Referral: □ Reviewed/discussed STT PSY: Financial Concerns for information on the father's requirement to pay child support					
□ Yes □ No	-							
 b) Do you plan to work or go to school whi □ Yes □ No c) Do you plan to return to work/school after 		STT PSY: □ Financial Concerns, □ Legal/Advocacy Concerns □ Reviewed/discussed pumping/storing breastmilk per STT NUTR: Breastfeeding □ Referred to childcare/date:						
Hours per week:			□ Reviewed/	discussed ST	T HE: □ Work	th School Proficiency Exam/date: place Safety, □ Keep Safe at Work		
□ No □ Yes, Type of school/work:			□ Referred to	school prog		nt/parenting teens (if under 18 and has not		
Economic Resources 13. a) Are you currently working or going to so	chool?		Intervention/R	eferral:				
Economia Passassass								
Your friends?				discussed ST vocacy Conc		al: Financial Concerns and		
Your family?			Parenting -	even if clien	t is not a teen)			
			□ Referred to□ Provided in	home visitation on	ion program/da	ate:ernity (per STT PSY: Teen Pregnancy and		
Explain:		?	Intervention/Re	eferral:				
	roubled							
Explain:			Concerns					
14-27 Weeks: □ Good □ Unsure □ T	roubled		□ Referred to□ Reviewed/o	home visitati discussed ST	ion program/da ΓPSY: □ <i>Fina</i>	ate: ncial Concerns 🗆 Legal/Advocacy		
0-13 Weeks: □ Good □ Unsure □ T Explain:	roubled		□ Referred to	mental healt	h clinic/date: _			
11. How do you feel about being pregnant no			Intervention/Re	eferral:				
			□ Referred to□ Referred to		er/date:			
□ No □ Yes: □ Adoption □ Abortion			□ Referred to	provider for	/date:			
10. Are you thinking about abortion or adoptio	n?							
□ No, descri	ibe:		☐ Provided in	nformation ab	out Safe Surre	nder program/date:		
☐ Yes ☐ Yes ☐ Unsure			□ Reviewed/	discussed ST in About Pres	ΓPSY: □ Unw ?nancv?	anted Pregnancy □ Choices		
	nted pregnancy	?	Intervention/Referral: □ Reviewed/discussed STT PSY: □ Unwanted Pregnancy					

Housing 17. What type of housing do you currently live in? Intervention/Referral: □ House □ Hotel/Motel ☐ Reviewed/discussed STT PSY: Financial Concerns □ Apartment ☐ Farm Worker Camp Referred to LA County Housing Resource Center: 1-877-428-8844/date: Trailer Park □ Emergency Shelter Referred to emergency housing/homeless shelter/date:_____ □ Public Housing ☐ Referred to LA County Lead Poisoning Prevention Hotline: □ Other:_ 1-800-LA-4-LEAD/date: □ Referred to/date:__ Any changes in housing? 14-27 Weeks: □ No □ Yes, explain:_ 28-40 Weeks: □ No □ Yes, explain:_ 18. Members of household (not including client): Number of adults: Relationship to client: Number of children: Relationship to client:____ 19. Was your house or apartment built before 1978? ☐ Unsure □ Yes □ No Is there chipping or peeling paint inside or outside the home? □ Unsure 20. Is your current housing safe and adequate for you and your children)? 0-13 Weeks: ☐ Yes ☐ No, explain:_____ 14-27 Weeks: ☐ Yes ☐ No, explain:_____ 28-40 Weeks: ☐ Yes ☐ No, explain:____ 21. Do any of your children or your partner's children live with Intervention/Referral: someone else? □ Reviewed/discussed STT PSY: □ Parenting Stress □ New Immigrant \square N/A □ Legal/Advocacy Concerns □ No Referred to National Parent Helpline: 1-855-427-2736/date:_ ☐ Yes, explain:_____ Referred to family support/counseling or child abuse prevention program/date:_ Referred to/date: _ 22. Do you have the following where you live? Intervention/Referral: 0-13 Wks 14-27 Wks 28-40 Wks ☐ Reviewed/discussed STT NUTR: ☐ Cooking and Food Storage_ □ Food Safety □ When You Cannot Refrigerate: Choose These Foods □ Tips for Cooking and Storing Food □ Yes No Yes No Yes No Toilet □ Don't Get Sick From the Foods You Eat__ Stove/place to cook Referred to LA County Housing Resource Center 1-877-428-8844/date: Tub/shower Referred to HUD 1-213-894-8000/date: Electricity Referred to Housing Rights Center 1-800-477-5977/date: R

Refrigerator			Ш	Ш	Referred to Housing Rights Center 1 000 477 3777 date.		
Hot/cold water					□ Referred to local fire department/date:		
Phone					☐ Referred to social worker/date:		
Smoke detectors							
Windows that open/close							
23. Do you have a gun in y No Yes, how is it sto					Intervention/Referral: □ Provided information about safe gun storage □ Educated client that unwanted guns may be turned in to most local law enforcement agencies/date: □ Referred to/date:		

Transportation				
24. Will you have any problems coming to your appointments or attending classes due to transportation, childcare, work, school, or another reason? 0-13 Weeks: □ No □ Yes: 14-27 Weeks: □ No □ Yes: 28-40 Weeks: □ No □ Yes:	Intervention/Referral: Referred to childcare/date: Referred to transportation services/date: Referred to/date: Provided bus tokens or taxi vouchers/date:			
25. a) When you ride in a car, do you use seatbelts? seat belt when pregnant? Always Yes Sometimes No	Intervention/Referral: □ Reviewed/discussed STT HE Handout: <i>Pregnant? Steps for a Healthy Baby</i>			
26. Do you have a car seat for the new baby? 14-27 Weeks: □ Yes □ No 28-40 Weeks: □ Yes □ No 27. How will you get to the hospital?	Intervention/Referral: □ Reviewed/discussed to STT HE: □ Infant Safety and Health □ Keep Your Baby Safe and Healthy □ Give referral to free or low-cost car seat program/date: □ Delivery hospital provides car seat prior to discharge Intervention/Referral:			
14-27 Weeks: Unsure No transportation available 28-40 Weeks: Unsure No transportation available	□ Reviewed/discussed STT HE: □ Preterm Labor □ Hospital Orientation □ If Your Labor Starts Too Early □ □ Assist client in scheduling tour of delivery hospital/date: □ □ Provided bus tokens or taxi vouchers/date: □ □ Referred to childcare/date: □ □ Referred to transportation services/date: □			
Current Health Practices 28. Do you have a primary care doctor for you and your family? ☐ Yes ☐ No	Intervention/Referral: □ Reviewed/discussed to STT Appendix: Introduction to Managed Care □ Referred to/date:			
29. Do you have a doctor for your baby? 14-27 Weeks: □ No □ Yes, who? 28-40 Weeks: □ No □ Yes, who?	Intervention/Referral: □ Reviewed/discussed STT HE: □ Infant Safety and Health □ When Your Newborn Baby is Ill □ Your Baby Needs to be Immunized □ Referred to CHDP provider/date: □			
30. a) Have you been to a dentist in the last 6 months? \[\text{Yes} \text{No} \] b) Do you have any problems with your teeth, gums or mouth such as toothaches, bleeding gums, or a bad taste or smell? \[\frac{0-13 \text{Weeks:}}{14-27 \text{Weeks:}} \text{No} \text{Yes:} \] 28-40 \text{Weeks:} \text{No} \text{Yes:} \]	Intervention/Referral: □ Reviewed/discussed STT HE □ Oral Health During Pregnancy □ Prevent Gum Problems When You Are Pregnant □ Keep Your Teeth and Mouth Healthy! Protect Your Baby Too □ Referred to registered dietitian/date: □ Referred to dentist/date:			
31. How many total hours do you sleep at night? How many total min/hours do you nap during the day? 0-13 Weeks: 0-13 Weeks: 14-27 Weeks: 14-27 Weeks: 28-40 Weeks:	Intervention/Referral: □ Discuss using extra pillows for joint or back discomfort. To improve relaxation, offer deep breathing, visualization and relaxation techniques/date: □ Reviewed/discussed STT PSY: □ Emotional or Mental Health Concerns □ □ Depression □ □ How Bad are Your Blues? □ □ □ Referred to/date: □			
32. Do you exercise? 0-13 Weeks: □ No □ Yes, type/frequency: 14-27 Weeks: □ No □ Yes, type/frequency: 28-40 Weeks: □ No □ Yes, type/frequency:	Intervention/Referral: □ Reviewed/discussed STT HE: □ Safe Exercise and Lifting □ Exercises To Do When You Are Pregnant □ Stay Active When You Are Pregnant □ Keep Safe When You Exercise □ Referred to provider for discussion of vigorous exercise (lifting heavy weights, running, etc.) during pregnancy/date: □ Referred to exercise or fitness resources that are low-cost/date:			
	Client Name/ID:			

33. Are you currently smoking or using any tobacco products	Intervention/Referral:			
(including hookah or vaping)?	□ Reviewed/discussed STT HE: □ Tobacco Use □ You Can Quit			
	Smoking Secondhand Tobacco Smoke			
	Referred to California Smokers' Helpline for free counseling or information			
	about secondhand smoke: 1-800-NO-BUTTS or 1-800-45-NO-FUME			
Have you tried to quit? ☐ Yes ☐ No	(Spanish)/date:			
14-27 Weeks: No Yes, how much per day?	Referred to smoking cessation program/date:			
Have you tried to quit? Yes No	☐ Referred to provider for additional counseling on smoking cessation/date:			
28-40 Weeks: No See See See See See See See See See Se				
34. Are you often around other people who smoke cigarettes or any				
other tobacco products? □ Yes □ No				
35. Do you use or have exposure to any of the following at	Intervention/Referral:			
home, work, or doing any hobbies?	□ Reviewed/discussed STT HE: □ Cautions While Pregnant			
0-13 14-27 28-40	□ Workplace Safety □ Pregnant? Steps for a Healthy			
Weeks Weeks Weeks	Baby Reep Safe at Work			
Products like bleach, ammonia or oven cleaners	Baby □ Keep Safe at Work □ Referred to provider to discuss any harmful exposure to chemicals at home or			
Pesticides or chemicals	work/date: Referred to MotherToBaby: www.mothertobaby.org or 1-866-626-6847/date:			
Cooking with clay pottery	кетентей to infomer 1 овару: www.mothertopapy.org or 1-866-626-684 //date:			
Jewelry making				
Glue				
Fertilizers				
Cat litter box				
Pet turtles or reptiles				
Rodents \square \square				
Douching				
Hot baths or saunas				
X-Rays				
Other:				
None \square				
36. At home, where do you store the following?:	Intervention/Referral:			
Vitamins	☐ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i>			
Vitamins Medications	☐ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i>			
Vitamins Medications Cleaning Supplies	☐ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i>			
Medications Cleaning Supplies	Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i>			
Medications Cleaning Supplies Are these things kept out of the reach of children?	□ Reviewed/discussed STT HE Handout: <i>Keep Your New Baby Safe</i>			
Medications Cleaning Supplies Are these things kept out of the reach of children?				
Medications Cleaning Supplies Are these things kept out of the reach of children? □ Yes □ No 37. Have either of your parents had a drug or alcohol problem?	Intervention/Referral:			
Medications Cleaning Supplies Are these things kept out of the reach of children?	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use			
Medications Cleaning Supplies Are these things kept out of the reach of children? Yes □ No No No Yes, describe:	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal			
Medications Cleaning Supplies Are these things kept out of the reach of children? Yes □ No 37. Have either of your parents had a drug or alcohol problem? No □ Yes, describe: Does your partner have a problem with drugs or alcohol?	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No,"			
Medications Cleaning Supplies Are these things kept out of the reach of children? □ Yes □ No 37. Have either of your parents had a drug or alcohol problem? □No □Yes, describe: Does your partner have a problem with drugs or alcohol? □No □Yes, describe:	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date:			
Medications Cleaning Supplies Are these things kept out of the reach of children? □ Yes □ No 37. Have either of your parents had a drug or alcohol problem? □No □Yes, describe: Does your partner have a problem with drugs or alcohol? □No □Yes, describe: Have you had a problem with drugs or alcohol in the past? □No □Yes, describe:	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," Drugs and Alcohol, When You Want to STOP Using Notified provider of client's drug/alcohol use/date: Referred to Alcoholics Anonymous (AA)/date: Referred to Narcotics Anonymous (NA)/date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," Drugs and Alcohol, When You Want to STOP Using Notified provider of client's drug/alcohol use/date: Referred to Alcoholics Anonymous (AA)/date: Referred to Narcotics Anonymous (NA)/date: Referred client to Medi-Cal drug treatment facility/date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," Drugs and Alcohol, When You Want to STOP Using Notified provider of client's drug/alcohol use/date: Referred to Alcoholics Anonymous (AA)/date: Referred to Narcotics Anonymous (NA)/date: Referred client to Medi-Cal drug treatment facility/date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			
Medications	Intervention/Referral: □ Reviewed/discussed STT HE: □ Drug and Alcohol Use □ You Can Quit Using Drugs or Alcohol STT PSY: □ Perinatal Substance Use/Abuse □ Your Baby Can't Say "No," □ Drugs and Alcohol, When You Want to STOP Using □ Notified provider of client's drug/alcohol use/date: □ Referred to Alcoholics Anonymous (AA)/date: □ Referred to Narcotics Anonymous (NA)/date: □ Referred client to Medi-Cal drug treatment facility/date: □ Referred to social worker/date: □ Referred to Adult Children of Alcoholics, Al-Anon, or Alateen/ date:			

39. Are you taking a prenatal vitamin every day?	Intervention/Referral:
$0-13$ Weeks: \Box Yes \Box No:	☐ Prenatal vitamins prescribed by provider/date:
<u>14-27 Weeks:</u> □ Yes □ No	☐ Encouraged client to continue taking prenatal vitamins (and any other
$28-40 \text{ Weeks:} \qquad \Box \text{ Yes} \qquad \Box \text{ No}$	supplements recommended by provider)/date:
40. Are you taking any prescription, over-the-counter, or herbal	□ Notified provider of any medication/supplement use to ensure safety during
medications? Examples: iron, pain medication, antidepressants,	pregnancy/date:
antacids, allergy medication, laxatives, or herbal remedies like	☐ Reviewed/discussed STT NUTR: ☐ Prenatal Supplements: Vitamins, Minerals,
yerba buena, ginseng, or manzanilla?	and Other Supplements \[\tag{Take Prenatal Vitamins and} \]
	Minerals □ If You Need Iron Pills □ You May Need
0-13 Weeks: □ No □ Yes:	Extra Calcium
14-27 Weeks: □ No □ Yes:	☐ Referred to MotherToBaby: www.mothertobaby.org or 1-866-626-6847/date:
28-40 Weeks: □ No □ Yes:	- D.C. 1./1.
	□ Referred to/date:
Pregnancy Care	
41. Besides having a healthy baby, what are your goals for this	Intervention/Referral:
pregnancy?	□ Referred to/for:
42. Do you plan to have someone with you:	Intervention/Referral:
During labor?	□ Refer to childbirth classes/date:
14-27 Weeks: □ No □ Yes:	□ Refer to home visitation program/date:
28-40 Weeks: No Yes:	□ Referred to/date:
When you first come home with the baby?	
14-27 Weeks: No Yes:	
28-40 Weeks: □ No □ Yes:	
43. If you had a baby before, where was it delivered?	Intervention/Referral:
N/A Clinic	□ Notified provider of prior complications:
□ Hospital □ Home	☐ Provided information about the delivery hospital, including tours, registration,
□ Other:	parking, and how to get there from her home
Did you or the baby have any problems?	
□ No □ Yes, explain:	
44. Have you ever lost any children? (miscarriage, stillbirth, SIDS,	Intervention/Referral:
immigration, custody, etc.)	☐ Reviewed/discussed STT PSY: ☐ Perinatal Loss ☐ Loss of Your Baby
□ <u>No</u>	□ Ways to Remember Your Baby
☐ Yes, please explain:	☐ Referred to grief and loss resources
	□ Referred to grief support line at: 1-800-221-7437
	☐ Referred to social worker/date:
	□ Referred to/date:
45. Do you have any questions about any prenatal tests or	Intervention/Referral:
procedures?	☐ Reviewed/discussed STT Appendix: Prenatal Laboratory and Diagnostic
0-13 Weeks: □ No □ Yes:	Tests
14-27 Weeks:	☐ Answered questions/concerns:
28-40 Weeks:	☐ Referred to provider for/date:
46. Have you experienced any of these discomforts during your	Intervention/Referral:
pregnancy? 0-13 14-27 28-40	Referred to/for:
Weeks Weeks Weeks	Reviewed/discussed STT HE: Preterm Labor
Edema (Swelling in hands/feet)	Starts Too Early Safe Exercise & Lifting
Diarrhea	□ Exercises To Do When You Are Pregnant STT NUTR: □ Heartburn □ Heartburn: What You Can
Constipation	Do \(\text{Heartourn} \) Heartburn: What You Can Do \(\text{Heartourn} \) Heartburn: Should You Use Antacids?
Nausea/Vomiting	□ Nausea & Vomiting □ Nausea: Tips that Help □
Leg cramps	□ Nausea: What To Do When You Vomit □ Nausea: Choose
	These Foods \(\text{Constipation} \) \(\text{Constipation} \) \(\text{Constipation} \)
	You Can Do Constipation: What Products You Can and
	Cannot Use \[\sqrt{Lactose Intolerance} \sqrt{Do You Have} \]
	Trouble with Milk Foods? \[\sigma Foods Rich in Calcium
	Additional education (describe in progress note if more space
7 118-11-11	needed):
	/
None \square	
	Client Name/ID:

47. Does the doctor say there are any problems with this pregnancy? 0-13 Weeks: □ No □ Yes: 14-27 Weeks: □ No □ Yes: 28-40 Weeks: □ No □ Yes:	Intervention/Referral: □ Reviewed/discussed as needed: STT HE: □ Preterm Labor □ If Your Labor Starts Too Early □ Kick Counts □ Count Your Baby's Kicks □ Labor Induction □ What You Need to Know About Labor Induction □ Multiple Births - Twins and More □ Getting Ready for Multiples □ Referred to Prenatal Diagnostic Center (PDC)/date: □ Referred to/date: □ Referred to/date: □ Referred to/date: □ □
48. Compared to your previous pregnancies, is there anything you would like to change about the care you receive this time? □ N/A □ No □ Yes, explain:	Intervention/Referral: Notified provider of the client's requests or concerns Referred to/date:
49. Who has given you the most advice about your pregnancy? Mother	Intervention/Referral: Notified provider regarding any harmful advice Encouraged client to have support person participate in prenatal education/classes Referred to/date:
Describe: 51. Do you have any traditions, customs or religious beliefs about pregnancy? □ No □ Yes: Please explain: If yes, Conflicts with medical recommendations? □ No □ Yes	Intervention/Referral: □ Reviewed/discussed STT First Steps: □ Cultural Considerations □ Cross-Cultural Communication □ Clients with Alternative Health Care Experiences □ Refer to provider for: □
S2. Would you like to become pregnant in the next 18 months? 14-27 Weeks: Yes No 28-40 Weeks: Yes No	Intervention/Referral: Discussed the importance of spacing 18 months between pregnancies/date: Reviewed/discussed STT HE: Family Planning Choices
Less effective methods (higher failure rate) □ Condoms □ Diaphragm □ Abstinence □ Spermicides □ Cervical cap □ Withdrawal □ Fertility awareness methods □ Other:	Client Name/ID:

55. These questions help us identify chlamydia, gonorrhea, herpes, he	patitis C,			ases]		risky sexual behaviors or symptoms of		
Have you or your partner recently had with anybody else?	l sex	Yes	□ Uns	ure	□ No	STIs/date:	T HE: □ STIs (Sexually Transmitted	
Have you or any partners ever had an	STD?	Yes	□ Uns	ure	□ No	$Infections)$ \Box \Box	HIV and Pregnancy □ What You Should □ What You Should Know About HIV	
Have you ever had sex while using all or drugs?	cohol	Yes	□ Uns	ure	□ No	□ You Can Protect You	rself and Your Baby from STDs	
Have you or any partners exchanged s	sex			_			s County STD Program Hotline for more s to STD clinics and HIV test sites in Los Angeles	
for drugs, money, or shelter?		Yes	□ Uns	ure	□ No	County: English/Spanish: 1-800-758-0880/date:		
Have you or any partners ever shared needles?		Yes	□ Uns	ure	□ No		/anonymous STD testing location/date:	
56. Any change in HIV/STI risk star								
14-27 Weeks: ☐ Yes 28-40 Weeks: ☐ Yes	1 🗆 1 🗆							
Educational Interests								
57. How do you like to learn new thi					Intervention/Referral:			
8 11	One-on-o Videos	ne edi	ucation			☐ Signed up for Text4Bab 511411	y by texting BABY or (BEBE for Spanish) to	
	Other:						lient's preferred learning methods	
58. Will someone be able to attend p						Intervention/Referral:	1 0	
□ No			J				share prenatal education materials with a support	
☐ Unsure ☐ Yes, who?						person like the father of	the baby, friend, parent, or close relative	
59. Do you have any physical, menta	l or emot	ional	conditio	ns si	uch as	Intervention/Referral:		
learning disabilities, Attention-D							lth Plan or visit Medi-Cal's website for more	
depression, hearing or vision pro	blems that	may	affect th	e wa	ıy you		ng and/or vision services and eligibility	
learn?						☐ Referred to/date:		
□ No □ Yes:								
				_				
60. Do you have experience with pre					&	Intervention/referral:	ov texting RARV or (RERE for Spanish) to 511411	
60. Do you have experience with pre delivery, postpartum self-care, as □ Yes □ No					&	☐ Enrolled in Text4Baby b	by texting BABY or (BEBE for Spanish) to 511411 Γ HE Handouts: □ <i>Pregnant? Steps for a Healthy</i>	
delivery, postpartum self-care, ar					&	 □ Enrolled in Text4Baby b □ Reviewed/discussed STI Baby □ Keep Your Ne 	Γ HE Handouts: □ Pregnant? Steps for a Healthy w Baby Safe and Healthy	
delivery, postpartum self-care, ar					&	 □ Enrolled in Text4Baby b □ Reviewed/discussed STI Baby □ Keep Your Ne □ Referred to home visitati 	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy on program/date:	
delivery, postpartum self-care, ar □ Yes □ <mark>No</mark>	nd infant c	are an	nd safety			□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar		are an		?	& 28-40 Weeks	 □ Enrolled in Text4Baby b □ Reviewed/discussed STI Baby □ Keep Your Ne □ Referred to home visitati 	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy on program/date:	
delivery, postpartum self-care, ar Ves No 61. Would you like information about the following topics? How your baby grows (fetal	0-13 Weeks	are an	nd safety 14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development)	0-13	are an	nd safety	?	28-40	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, ar Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant health & safety)	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant health & safety) Infant development Circumcision Immunizations needed during	O-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	
delivery, postpartum self-care, an Yes No 61. Would you like information about the following topics? How your baby grows (fetal development) How your body changes during pregnancy Habits for a healthy pregnancy/baby What happens during labor/delivery Preparing for the delivery hospital Helping your child(ren) get ready for a new baby How to take care of yourself after the baby comes Breastfeeding How to take care of your baby (infant health & safety) Infant development Circumcision	0-13 Weeks	are an	14-27 Weeks	?	28-40 Weeks	□ Enrolled in Text4Baby b □ Reviewed/discussed STT Baby □ Keep Your Ne □ Referred to home visitati □ Referred to group educat	HE Handouts: Pregnant? Steps for a Healthy Baby Safe and Healthy ion program/date: tion classes/date:	

62. Do you plan on receiving Tdap vaccine in your 3 rd trimester	2
	Intervention/Referral:
14-27 Weeks: □ Yes □ No □ Unsure	□ Provided education on the benefits of Tdap in the 3 rd trimester
28-40 Weeks: □ Yes □ No □ Unsure	Intervention/Referral:
28-40 Weeks. I ies I io Ullsuie	☐ Provided additional education on the benefits of Tdap in the 3 rd trimester
	□ Referred for Tdap/date:
	☐ Tdap administered/date:
	☐ Client plans to receive Tdap after delivery
	☐ Client declines Tdap
63. Is there anything else that you would like to learn?	Intervention/Referral:
	□ Provided education on:
Nutrition: Anthropometric	
64. Weight gain in last pregnancy:	Intervention/Referral:
lbs. □ Unknown □ N/A	☐ Refer to STT NUTR: Weight Gain During Pregnancy- Section: "How to
IOS. 🗆 UIIKIIOWII 🗆 IV/A	Determine Gestational Weight Gain Goals and Assess Weight Gain"
65. Pre-pregnant weight:lbs.	☐ Review/discussed STT NUTR Handout: <i>MyPlate for Moms</i>
	Underweight:
Height:	☐ Reviewed/discussed STT NUTR: Weight Gain During Pregnancy – Section: "Underweight"
Recommended weight gain goal for this pregnancy:	☐ Recommended regular meals and larger portions
Single Pregnancy	\Box Discussed weight gain goal per month = 3-4 lbs for single pregnancy
Underweight: 28-40 lbs	Overweight:
□ Normal weight: 25-35 lbs □ Overweight: 15-25 lbs	□ Reviewed/discussed STT NUTR: Weight Gain During Pregnancy – Section:
☐ Overweight: 15-25 lbs ☐ Obese: 11-20 lbs	"Overweight"
000sc. 11-20 10s	☐ Recommended smaller portions, more fruits and vegetables, and low/nonfat
Twin Pregnancy	foods
□ Normal: 37-54 lbs	\Box Discussed weight gain goal per month = 2-3 lbs after 16 th week for single
□ Overweight: 31-50 lbs	pregnancy
□ Obese: 25-42 lbs	Obese:
	☐ Reviewed/discussed STT NUTR: Weight Gain During Pregnancy – Section: "Obese"
	☐ Recommended smaller portions, more fruits and vegetables, and low/nonfat
	foods
	☐ Discussed weight gain goal per month = 2.5 lbs after 16 th week for single
Mat Waint Cain	pregnancy
66. Net Weight Gain	Intervention/Referral □ Determined client's recommended net weight gain per STT NUTR: Weight
<u>0-13 Weeks:</u> lbs.	Gain During Pregnancy
□ Adequate □ Inadequate	□ Provided education about age-related nutritional needs/date:
□ Excessive □ Weight Loss	☐ If excessive weight gain, reviewed/discussed STT NUTR: <i>Tips to Slow Weight</i>
	Gain
<u>14-27 Weeks:</u> lbs.	☐ Recommended low fat foods, more water, and less sugary drinks like soda and
□ Adequate □ Inadequate	juice
□ Excessive □ Weight Loss	☐ If inadequate weight gain (or if weight loss), reviewed/discussed STT NUTR: Tips to Gain Weight
<u>28-40 Weeks:</u> lbs.	☐ Recommended more frequent, calorie-dense meals
□ Adequate □ Inadequate_	□ Notified provider/date: □ Referred to registered dietitian for/date:
□ Excessive □ Weight Loss	☐ Discussed risks associated with weight gain/loss:

57.	nemical			Intervention/Referral:
0-13 Weeks:	Date blood drawn:			☐ Consult with provider on abnormal lab values and education
•	(<11g/L)	Hct:	(<33%)	interventions/date: Anemia, iron prescribed/date:
Glucose:		MCV:		Referred to/date:
	Date blood drawn			
Hgb:	(<10.5g/L)	Hct:	(<32%)	
Glucose: _		MCV:		
28-40 Weeks:	Date blood drawn	:		
Hgb:	(<11g/L)	Hct:	(<33%)	
Glucose: _		MCV:		
GTT				
	Visit (if applicable)			
Date:		2.11		
Fasting:	1 Hr:	2 Hr:		
□ 1 \ //1				
24-28 weeks				
Date :	1 II	2 11		
rasting:	1 Hr:	_ 2 пг	_	
Nutrition: Clini	cal			
	nfections? (Ex: Kidn	ey infection, HI	V, TB, etc.)	Intervention/Referral:
0-13 Weeks:		:		□ Referred to registered dietitian/date:
14-27 Weeks:		:		□ Referred to provider/date:
28-40 Weeks:	□ No □ Yes	<u></u>		□ Referred to/date:
9. Anemia	- N V	L		Intervention/Referral: □ Reviewed/discussed STT NUTR: Iron Deficiency and Other
0-13 Weeks:		:		Anemias
14-27 Weeks: 28-40 Weeks:		: :		☐ For Iron Deficiency Anemia, reviewed/discussed STT NUTR: ☐ Get the
20-40 WCCRS.		•		Iron You Need □ Iron Tips □ Iron Tips – Take
				Two! D My Action Plan for Iron
				☐ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR:
				☐ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: ☐ Get the Folic Acid You Need ☐ Folic Acid: Every Woman,
				 □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR:
				 □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need
				 □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important
				 □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important □ Referred to registered dietitian/date:
0. Diabetes				 □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date:
0. Diabetes Pre-pregnan	cv: □ No	□ V ec		 □ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B₁₂ is Important □ Referred to registered dietitian/date:
Pre-pregnan		□ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date:
		□ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM)
Pre-pregnan Past pregnar Current preg	ncy: \square No gnancy:	□ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes □ If You Have
Pre-pregnan Past pregnar Current preg 0-13 Weeks:	nancy:	□ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes □ If You Have Diabetes While You Are Pregnant: Questions You May Have
Pre-pregnan Past pregnar Current preg 0-13 Weeks: 14-27 Week	nancy: ☐ No nancy: ☐ No ss: ☐ No	□ Yes □ Yes □ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes You May Have Diabetes While You Are Pregnant: Questions You May Have □ If You Have Diabetes While You Are Pregnant: Ways to Lower Your Stress
Pre-pregnan Past pregnar Current preg 0-13 Weeks:	nancy: ☐ No nancy: ☐ No ss: ☐ No	□ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes You May Have □ If You Have Diabetes While You Are Pregnant: Ways to Lower Your Stress □ Referred to diabetes specialist or California Diabetes and Pregnancy
Pre-pregnan Past pregnar Current preg 0-13 Weeks: 14-27 Week	nancy: ☐ No nancy: ☐ No ss: ☐ No	□ Yes □ Yes □ Yes		□ For Folic Acid Deficiency Anemia, reviewed/discussed: STT NUTR: □ Get the Folic Acid You Need □ Folic Acid: Every Woman, Every Day □ For Vitamin B ₁₂ Deficiency Anemia: reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are Vegetarian: What You Need to Know □ Vitamin B ₁₂ is Important □ Referred to registered dietitian/date: □ Referred to provider/date: □ Intervention/Referral: □ Discussed importance of keeping all prenatal appointments and labs, as well as maintaining a healthy diet and moderate exercise/date: □ Reviewed/discussed STT GDM: □ Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes Mellitus (GDM) □ MyPlate for Moms for Gestational Diabetes You May Have Diabetes While You Are Pregnant: Questions You May Have □ If You Have Diabetes While You Are Pregnant: Ways to Lower Your Stress

Client Name/ID:

71. Hypertension	Intervention/Referral:
Pre-pregnancy: \square No \square Yes	☐ Discussed importance of keeping all health care provider appointments/date:
Past pregnancy: \square No \square Yes	□ Reviewed/Discussed STT HE: Signs and Symptoms of Heart Disease
Comment	During Pregnancy and Postpartum
Current pregnancy: 0-13 Weeks: □ No □ Yes	☐ Referred to MotherToBaby for information on medications and maternal
$ \begin{array}{c cccc} \underline{0-13 \text{ Weeks.}} & \Box \text{ No} & \Box \text{ Tes} \\ \underline{14-27 \text{ Weeks.}} & \Box \text{ No} & \Box \text{ Yes} \end{array} $	medical conditions. The client or provider can call 1-866-626-6847 or visit
$\frac{14-27 \text{ Weeks:}}{28-40 \text{ Weeks:}} \qquad \Box \text{ No} \qquad \Box \text{ Yes}$	www.mothertobaby.org /date:
	□ Referred to registered dietitian/date:
72. History of poor pregnancy outcome (low birth weight, preterm	□ Referred to provider/date:
labor/delivery, large for gest. age)	
□ No □ Yes:	
73. Other medical/OB problems? (Ex: thyroid, cancer, lupus, etc.)	
0-13 Weeks: □ No □ Yes:	
14-27 Weeks: No Yes:	
28-40 Weeks: No Yes:	
74. Pregnancy interval < 18 months?	Intervention/Referral:
, in Freguency Interval (15 monato) = 2.00	☐ Discussed the importance of a healthy diet to get the nutrients and calories
75. High parity? (≥ 4 births) \Box Yes \Box No	she needs
	☐ Discussed the importance of taking prenatal vitamins every day
	☐ Discussed increased risk of low birth weight, preterm delivery and the
	pregnancy interval recommended by her healthcare provider
76. Multiple gestation? □ Yes □ No	Intervention/Referral:
	□ Reviewed/discussed STT HE: □ Multiple Births—Twins and More,
	☐ Getting Ready for Multiples ☐ Baby Products: Discounts and Coupons
	☐ If Your Labor Starts Too Early ☐ Referred to reciptored distition/dates
	□ Referred to registered dietitian/date:
77. Are you currently breastfeeding? □ Yes □ No	Intervention/Referral:
	☐ Referred to provider due to history of miscarriage or preterm labor
	☐ Discussed the importance of adequate food intake and meeting weight gain goals each month
	□ Referred to registered dietitian/date:
	Terefred to registered dioditian/date.
Nutrition: Dietary	
78. Have your eating habits changed since you've been pregnant?	Intervention/Referral:
<u>0-13 Weeks:</u> □ No □ Yes:	□ Reviewed/discussed STT NUTR: MyPlate for Moms
14-27 Weeks: □ No □ Yes:	□ Referred to/date:
28-40 Weeks: □ No □ Yes:	
79. Do you ever crave/eat any of the following:	Intervention/Referral:
☐ Yes: Ice, freezer frost, corn starch, dirt, paint chips,	□ Reviewed/discussed STT NUTR: □ Pica, □ MyPlate for Moms
plaster, clay, pottery, paste, other:	□ Referred to provider/date:
	□ Referred to registered dietitian/date:
No 80. a) Number of meals/day:	Intervention/Referral:
· · · · · · · · · · · · · · · · · · ·	Reviewed/discussed STT NUTR Handout: <i>MyPlate for Moms</i> and discussed
b) Meals often skipped?	importance of eating foods from all of the different food groups, and the need
□ Yes □ No	to eat meals and snacks at regular times throughout the day
	□ Referred to provider/date:
c) Number of snacks/day:	□ Referred to registered dietitian/date:
81. Who does the following in your home?	Intervention/Referral:
a) Buys food:	☐ Reviewed/discussed STT NUTR: ☐ Getting Healthy Foods, ☐ Tips for
	Healthy Food Shopping D You Can Buy Healthy Food on a Budget
b) Cooks/prepares food:	□ You Can Stretch Your Dollars: Choose These Easy Meals
	☐ Reviewed/discussed STT NUTR: ☐ Cooking & Food Storage ☐ Food Safety
	☐ Tips for Cooking and Storing Food ☐ Don't Get Sick From the Foods You
	Eat
	Chances of Eating Food with Unsafe Chemicals in Them Tips for
	Keeping Foods Safe

Client Name/ID:

82. Are you on any special diet (medical diet, personal diet, etc.)? 0-13 Weeks:	Intervention/Referral: Reviewed/discussed STT NUTR: Weight Gain During Pregnancy and discussed her specific weight gain goals Reviewed/discussed STT NUTR: MyPlate for Moms Referred to provider/date: Referred to registered dietitian/date:
83. Any food allergies? No Yes: Any foods/beverages you avoid? No Yes: 84. Are you vegetarian or vegan? No Yes: Do you eat:	Intervention/Referral: □ Reviewed/discussed STT NUTR: □ Lactose Intolerance □ Do You Have Trouble with Milk Foods? □ Foods Rich in Calcium □ Referred to provider/date: □ Referred to registered dietitian/date: □ Intervention/Referral: □ Notified provider client is Vegan/date: □ Reviewed/discussed STT NUTR: □ Vegetarian Eating □ When You Are a
☐ Milk Products ☐ Eggs ☐ Nuts ☐ Beans ☐ Chicken/Fish	Vegetarian: What You Need to Know □ Vitamin B12 is Important □ Referred to/date: Intervention/Referral:
O-13 Weeks: a) How do you plan to feed your baby? □ Breastfeed □ Formula □ Breastfeed + Formula □ Undecided b) Have you ever breastfed or tried to breastfeed? □ If yes, for how long? □ No □ N/A c) Did you breastfeed for as long as you wanted? □ Yes □ No, explain: □ N/A	 □ Discussed benefits of breastfeeding and risks of formula feeding and supplementation/date: □ Reviewed/discussed STT NUTR: □ Breastfeeding □ Tips for Addressing Breastfeeding Concerns □ My Birth Plan □ WIC Handout: □ How Does Formula Compare to Breastmilk? □ Referred to WIC/date: □ Referred to breastfeeding education classes/date: □ Referred to/date: □ Ref
14-27 Weeks: a) What do you think about breastfeeding your new baby? Not interested Thinking about it Wants to Definitely will Other: b) What questions do you have about feeding your baby?	Intervention/Referral: □ Answered breastfeeding questions/concerns □ Reviewed/discussed STT NUTR: □ Breastfeeding □ Tips for Addressing Breastfeeding Concerns □ My Birth Plan □ □ My Action Plan for Breastfeeding □ Referred to WIC/date: □ Referred to breastfeeding education classes: □ Referred to/date: □ Referred to/date:
28-40 Weeks: a) How do you plan to feed your baby during the first month? Breastfeed Formula Breastfeed + Formula b) If you are going to breastfeed, who can you go to for breastfeeding help? c) What questions do you have about feeding your baby?	Intervention/Referral: □ Reviewed/discussed STT NUTR: □ Breastfeeding □ Tips for Addressing Breastfeeding Concerns □ What to Expect While Breastfeeding: Birth to Six Weeks □ My Action Plan for Breastfeeding □ My Birth Plan □ Nutrition and Breastfeeding: Common Questions and Answers □ Provided education on safe formula preparation and feeding □ Discussed how supplementing with formula can decrease milk production □ Referred to WIC/date: □ Referred to breastfeeding education classes/date: □ Referred to/date:

OC Distings	.1_4_ J.	
86. Diet intake assessment comp	pleted:	Intervention/Referral:
O-13 Weeks: ☐ Perinatal Food Group ☐ 24-hour Perinatal Dio ☐ Perinatal Food Frequ Diet adequate as assessed?:	etary Recall ency Questionnaire (PFFQ)	Reviewed/discussed STT NUTR: Reviewed/discussed STT NUTR: MyPlate for Moms My Nutrition Plan for Moms Referred to CalFresh Referred to WIC Referred to food bank Referred to registered dietitian/date: Notified provider/date:
Diet adequate as assessed?: 28-40 Weeks: Perinatal Food Group 24-hour Perinatal Die Perinatal Food Freque	etary Recall ency Questionnaire (PFFQ) Yes No Recall (PFGR) etary Recall ency Questionnaire (PFFQ)	Intervention/Referral - Update: Reviewed/discussed STT NUTR: MyPlate for Moms Referred to CalFresh Referred to WIC Referred to food bank Referred to registered dietitian/date: Notified provider/date: Intervention/Referral - Update: Reviewed/discussed STT NUTR: MyPlate for Moms Referred to CalFresh Referred to CalFresh Referred to WIC
Diet adequate as assessed?:	□ Yes □ No	☐ Referred to food bank
Coping Skills		
87. Are you currently having provided with any of the following? Divorce/separation Recent death Illness (cancer, abnormal Papsmear, etc.) Unemployment Immigration Legal Probation/parole Child Protective Services/DCFS Other: None	0-13 14-27 28-40 Weeks	Intervention/Referral: Reviewed/discussed: STT PSY: Financial Concerns Legal/Advocacy Concerns New Immigrant Emotional or Mental Health Concerns Referred to legal assistance (free or low cost): Referred to social worker/date: Referred to home visitation program/date: Referred to/date:
88. What things in your life do you feel good about?		Intervention/Referral:
Other:91. What do you do when you are	onal support? nily member	Referred to provider/date:
92. What do you do when you an	d your partner have disagreements?	
		Client Name/ID:

93. Patient Health Questionnaire 9 (PHQ-9)	
0-13 Weeks:	Intervention/Referral:
Total Score:	□ Notified provider of PHQ-9 score of 10 or higher
□ 0-4 (None – Minimal)	☐ Reviewed/discussed STT PSY: ☐ Emotional/Mental Health Concerns
	□ Depression □ □ How Bad Are Your Blues? □
	Reviewed the "Speak Up When You're Down" brochure
□ 10-14 (Moderate)	☐ Encouraged client to inform provider if symptoms worsen
□ 15-19 (Moderate Severe)	□ Referred to Postpartum Support International at: 1-800-944-4773 □ Referred to home visitation program/date:
□ 20-27 (Severe)	□ Referred to nome visitation program/date. □ Referred to mental health clinic/date: □ □
	□ Referred to social worker/date:
	Referred to mental health urgent care clinic/date:
	☐ Contacted psychiatric mobile response services at: 1-800-854-
	7771/date: Contacted 911 or local law enforcement agency/date:
14-27 Weeks:	Intervention/Referral:
Total Score:	□ Notified provider of PHQ-9 score of 10 or higher
□ 0-4 (None – Minimal)	☐ Reviewed/discussed STT PSY: ☐ Emotional/Mental Health Concerns
	□ Depression □ How Bad Are Your Blues?
	☐ Reviewed the "Speak Up When You're Down" brochure
□ 10-14 (Moderate)	☐ Encouraged client to inform provider if symptoms worsen
□ 15-19 (Moderate Severe)	☐ Referred to Postpartum Support International at: 1-800-944-4773
\square 20-27 (Severe)	□ Referred to home visitation program/date:
	□ Referred to incital health elime date:
	Referred to mental health urgent care clinic/date:
	□ Contacted psychiatric mobile response services at: 1-800-854-
	7771/date:
	☐ Contacted 911 or local law enforcement agency/date:
28-40 Weeks:	Intervention/Referral:
Total Score:	□ Notified provider of PHQ-9 score of 10 or higher
\Box 0-4 (None – Minimal)	□ Reviewed/discussed STT PSY: □ Emotional/Mental Health Concerns
□ 5-9 (Mild)	□ Depression □ □ How Bad Are Your Blues? □ □
$\square 10-14 (Moderate)$	□ Reviewed the "Speak Up When You're Down" brochure □ Encouraged client to inform provider if symptoms worsen
☐ 15-19 (Moderate Severe)	□ Referred to Postpartum Support International at: 1-800-944-4773
	□ Referred to Fostpartain Support international at: 1-000-944-4773
\square 20-27 (Severe)	□ Referred to mental health clinic/date:
	□ Referred to social worker/date:
	□ Referred to mental health urgent care clinic/date:
	☐ Contacted psychiatric mobile response services at: 1-800-854-7771/date:
	□ Contacted 911 or local law enforcement agency/date:
94. Are you currently receiving services from a local agency such as	Intervention/referral:
case management, home visiting, counseling, etc.?	☐ Obtained client's signed consent to contact agency and coordinate
□ No □ Yes, please explain:	services using an authorization to release information form
	☐ Agency information: ☐ Client declined case coordination
95. Have you ever attended individual or group counseling or therapy?	Intervention/referral:
□ No □ If Yes, when and why?	□ Reviewed/discussed STT PSY: □ Emotional or Mental Health Concerns
= 1.00 = 1.100, when the willy.	□ Depression.
Have you ever been prescribed medications for emotional	□ Notified provider of history:
problems (sadness, anger, nervousness, irritability, difficulty	☐ Referred to home visitation program/date:
sleeping, etc.)?	□ Referred to social worker /date:
□ No □ If Yes, when and why?	= D C 14 4.11 14 12 4.14
in rest, when and why:	Referred to mental health clinic/date:
<u> </u>	□ Referred to mental health clinic/date: Referred to/date:
Have you ever been hospitalized for emotional problems, or	
<u> </u>	

96. Have you ever been emotionally or physically abused by your partner or someone important to you? No Yes, please explain:	Intervention/referral: □ Informed client of mandatory reporting requirement if (1) she has current physical injuries from abuse, or (2) she is under the age of 18/date: □ Notified provider immediately: □ Danger Assessment form completed by provider/date: □ Contacted local law enforcement agency/date: □ Completed Suspicious Injury Report/date: □ Referred to domestic violence shelter/date: □ Referred to local law enforcement agency/date: □ Reviewed/discussed STT PSY: □ Spousal/Intimate Partner Abuse □ Cycle of Violence □ Safety When Preparing to Leave □ Child Abuse and Neglect (if under age of 18)/date: □ Referred to LA County Domestic Violence Hotline: 1-800-978-3600/date: or the National Domestic Violence Hotline: 1-800-978-3600/date: or the National Domestic Violence Hotline:		
How many times?	□ Reviewed/discussed STT HE: Family Planning Choices/date: □ Referred to family planning provider/date: □ Referred to social worker/date: □ Referred to/date:		
100. Within the last year, has anyone forced you to have sexual activities? O-13 Weeks: No Yes, by whom? How many times?			
14-27 Weeks: No Yes, by whom? How many times?			
28-40 Weeks: □ No □ Yes, by whom? How many times?			
101. Are your children, or have your children ever been, victims of physical abuse, sexual abuse, or neglect? □ N/A □ No □ Yes, please explain:	Intervention/referral: Notified provider: Contacted LA County Child Protection Hotline: 1-800-540-4000/date: Child Abuse Report filed/date: Reviewed/discussed STT PSY: Child Abuse and Neglect Referred to/date:		
Initial Assessment Completed By:	Date Minutes		
2 nd Trimester Reassessment Completed By:	Date Minutes		
3 rd Trimester Reassessment Completed By:	Date Minutes		
Page 15 of 17 Los Angeles County CPSP Prenatal Assessment/Reassessment and Individualized Care Pl	Client Name/ID: an 6/2017		

Provider Signature:			Date:	
Client	Strengths:			
Prena #	tal Individualized Care Plan St Problem/Risk/Concern	ummary Client Goal	Updates & Outcomes	
"	Troben/Alsa/Concern	CHER GOAL	2	
			<u>^3</u>	
			P	
			<u>^</u>	
			<u>/3\</u>	
			P	
			<u>/2\</u>	
			<u>/3\</u>	
			P	
			<u>/2</u> \	
			<u>/3\</u>	
			P	
			<u>^2</u>	
			<u>/3\</u>	
			P	

CPSP Progress Note Each entry must include date, time (in minutes), staff signature and CPSP title