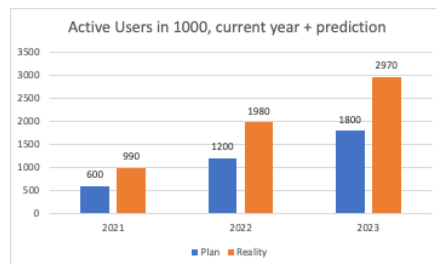




Preventative Healthy Habits Application by Kaiser Permanente

We have decided to improve lives by getting people healthier and preventing diseases. It is a known fact that only 1 in 4 US adults and 1 in 5 high school students get the recommended levels of physical activity, and most of us have health complications due to our sedentary lifestyles.

We launched our app that is automatically preparing individual fitness and food plans for each of our customers. Every user can see not only his progress but even what will change if he follows selected programs. We are performing very well, this year we have surpassed our plan to have 610k active users by almost 400k!



What our customers say about our app:

"Kristin: Not only I feel healthy, but even my doctor said that I am in much better shape than I was before!"

"Arthur: I always wanted to eat a balanced diet, but this is the first app that correctly connected my diet with my fitness regime. I love it!"

What is next? We have a major feature release prepared which will highly improve our AI prediction capabilities connected with major diseases. Be ready!

This launch would not be possible without the hard work of all the members of our team and our customers that help us shape the application to save lives, thank you all!

Sincerely Nikola Georgiev,
on behalf of "all my team members" and Kaiser Permanente

