

SWORD POSITIONS1. T'ai Yang Chien:

- palm faces up; the edges of the sword are aligned horizontally
- as in: "Phoenix Spreads Its Wings"; Intercept and Sweep (left style)"; The Vigilant Catches The Mouse"; "The Compass"; etc.

2. T'ai Yin Chien:

- palm faces down; the edges of the sword are aligned horizontally.
- as in: "Intercept and Sweep (right style)"; "To Brush Off Dust Against The Wind (right)"; etc.

3. Shao Yang Chien:

- palm faces left; the edges of the sword are aligned vertically; the point is directed up at a 45° angle.
- as in: "White Tiger Twists Tail"; etc.

4. Shao Yin Chien:

- palm faces right; the edges of the sword are aligned vertically; the point is directed down at a 45° angle.
- there are two types: the first is as in "The Junior Star of the Dipper"; "To Drift With the Current"; Raise the Curtain"; the second is as in "Fishing".

5. Chung Yang Chien:

- palm faces right; the edges of the sword are aligned

vertically; the point is directed straight ahead, level with the ground.

- there are two types: the first is where the sword is on the right side of the body, as in: "The Chief Star of the Dipper"; etc.
- the second is where the sword is on the left side of the body, as in: "Embrace the Moon"; etc.

#### 6. Chung Yin Chien:

- palm faces left; the edges of the sword are aligned vertically; the point is directed straight ahead, level with the ground.
- as in: "The Meteor Pursues the Moon"; "The Skylark Flies Over the Waterfall"; etc.

#### 7. Lao Yang Chien:

- palm faces right; the edges of the sword are aligned vertically; the point is directed up at a 45° angle.
- this is similar to Chung Yang Chien, except for the angle of the blade.

#### 8. Lao Yin Chien:

- palm faces left; the edges of the sword are aligned vertically; the point is directed down at a 45° angle.
- as in: "Shoot the Goose"; etc.