

Table 1 Some of the main correspondences of the 5 elements

	Wood	Fire	Earth	Metal	Water
Seasons	Spring	Summer	None ¹⁹	Autumn	Winter
Directions	East	South	Centre	West	North
Colours	Green	Red	Yellow	White	Black
Tastes	Sour	Bitter	Sweet	Pungent	Salty
Climates	Wind	Heat	Dampness	Dryness	Cold
Stage of development	Birth	Growth	Transformation	Harvest	Storage
Numbers	8	7	5	9	6
Planets	Jupiter	Mars	Saturn	Venus	Mercury
Yin-Yang	Lesser	Utmost	Centre	Lesser	Utmost
	Yang	Yang		Yin	Yin
Animals	Fish	Birds	Human	Mammals	Shell-covered
					Pig
Domestic Animals	Sheep	Fowl	Ox	Dog	
Grains	Wheat	Beans	Rice	Hemp	Millet
Yin organs	Liver	Heart	Spleen	Lungs	Kidneys
Yang organs	Gall-Bladder	Small Intestine	Stomach	Large Intestine	Bladder
Sense organs	Eyes	Tongue	Mouth	Nose	Ears
Tissues	Sinews	Vessels	Muscles	Skin	Bones
Emotions	Anger	Joy	Pensive-ness	Sadness	Fear
Sounds	Shouting	Laughing	Singing	Crying	Groaning