

Keeping my hands busy

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When I feel overwhelmed contemplating issues in life, especially the environment, I self soothe by keeping my hands busy. This is the sweater that's been keeping me sane for the last several weeks, and I am very proud of how it turned out. Knitting a sweater is so much more about the process than the result itself, and I would like to carry that mentality forward when approaching difficult to answer questions.

