

# Entry Questionnaire

## Instructions

Please provide your information and answer the following questions regarding your prior technology use and comfort with data interpretation. Fields marked with \* are required.

## Personal Information

Your Name \*

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## Technology Background

**Q1:** How often have you used wearable devices or health tracking applications in the past? \*

- Never
- Occasionally
- Regularly

**Q2:** If 'occasionally' or 'regularly,' please briefly describe the devices and applications you have used.

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## Data Literacy

**Q3:** How comfortable do you feel interpreting charts and graphs? \*

Please rate your comfort level on the following scale:



Not comfortable at all

Very comfortable

## AI Experience

**Q4:** How often have you used conversational AI (e.g., ChatGPT, voice assistants) before? \*

- Never
- Sometimes
- Often

*Thank you for completing this questionnaire!*