

Coming of Age Under Trump

The Effect of First Electoral Exposure in a Trump Election on Long-Term Support for Liberal Democratic Protections of Media Freedom

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How do early political experiences during moments of democratic strain shape long-term attitudes toward liberal democratic protections of media freedom (media attitudes)? This paper examines whether coming of age politically in the context of the 2016 Trump election—characterized by persistent attacks against the press—durably alters individuals' attitudinal trajectories. Using a sharp regression discontinuity design (RDD), I compare Americans whose first eligible presidential election was 2012 to those whose first eligible election was 2016, leveraging the age-based cutoff in the 2020 ANES. The regression discontinuity (RD) results reveal little evidence of the predicted effects and, where effects do appear, they run largely counter to expectations. Across most subgroups, there is no detectable shift in media attitudes. The few significant estimates point in the opposite direction: Republicans first eligible to vote in 2016 expressed more positive media attitudes, whereas the inverse was true among independents. Taken together, the results raise the possibility that early exposure to Trump's norm-breaking campaign may have triggered a form of resistance or retrospective distancing rather than ideological adoption that was contingent on political engagement. These findings provide new insight into how political generations are formed under disruptive conditions while raising broader questions about the fragility and conditionality of democratic commitments in the electorate.

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1 Introduction

The 2016 U.S. presidential election marked a rupture in American political life. Supporters chanted “Lock her up!” as protestors were forcibly removed from rallies, while journalists and the media were routinely framed as enemies of the people. For many young voters, this was their first political memory as adults. If early political experiences are formative, what are the downstream consequences of coming of age during an election defined by persistent attacks against the liberal democratic media protections? This leads to the central question of this paper:

Does entering political life during a disruptive and polarizing election shape long-term attitudes toward liberal democratic protections of media freedom?

To answer this question, I use a sharp regression discontinuity design (RDD) leveraging the age-based cutoff for voting eligibility in the 2012 and 2016 presidential elections. By comparing individuals just eligible to vote in 2012 with those just eligible in 2016, I isolate the causal effect of entering the electorate during a conventional electoral context versus one characterized by intensified rhetoric against freedom of the press.

Across most partisanship-based subgroups, the results show no evidence that first-time exposure to the 2016 election increased hostility toward liberal protections of media freedom. Where significant effects do appear, they point in the opposite direction: Republicans exhibit *lower* levels of hostility, whereas the inverse is true for independents. Overall, the results run counter to prevailing expectations about impressionable-years sensitivity to elite cues.

1.1 Importance

Understanding whether and how attitudes toward liberal democratic protections of media freedom (hereinafter referred to as ‘media attitudes’) might take root is central to assessing the long-term resilience of liberal democracy. Young voters are particularly receptive to their political environment when they first engage with democratic institutions; early adulthood thus exerts disproportionate influence on long-term political attitudes and behaviors (Jennings and Niemi 2014; Ghitza, Gelman, and Auerbach 2023). Therefore, studying how this cohort responds to periods of elite norm violation can offer critical insights into the conditions under which hostile media attitudes can emerge and an erosion of democratic norms against the ‘fourth branch’ of government might gain traction.

This study can also contribute to understanding the ‘stickiness’ of elite cues during early adulthood. Such top-down cues play a central role in shaping how citizens interpret political conflict, particularly when elites signal that violations of democratic norms are permissible or necessary (Druckman 2024; Clayton et al. 2021). Although such cues influence the public broadly, their impact might be amplified among young adults. Their heightened sensitivity to their political context makes early adulthood a critical window for understanding how exposure to elite norm breaking may anchor long-term orientations toward hostile media attitudes.

Finally, the importance of this study extends beyond academia: if exposure to norm violations during early adulthood can lead to hostile media attitudes and weakened democratic commitments, the long-term costs of elite transgression may be generational as well as institutional. Democratic backsliding might thus unfold subtly, through shifts in what young citizens come to view as acceptable in a democracy. If such attitudes take root precisely when political identities are forming, the effects may endure long after the precipitating crisis has passed. This possibility raises the question of whether democracy can survive if its newest citizens come of age during moments of elite norm violation.

2 Literature Review

This paper draws on two strands of literature to examine how coming of age under a norm-breaking election may shape long-term media attitudes. The first explores how early adulthood functions as a sensitive period for political and civic development, with political attitudes and behaviors formed during this time often persisting throughout adulthood. Secondly, recent research on democratic backsliding highlights the importance of elite cues in shaping public attitudes and commitments to democratic norms. Taken together, these strands provide a framework for analyzing how exposure to the 2016 Trump election may have affected the political development of young voters.

2.1 Early Adulthood and Future Political Behavior

Existing research has underscored the enduring impact of childhood and early adulthood on later-life outcomes: one of the main domains in which this is most evident is political attitudes.

Mannheim (1928) introduces the concept of ‘fresh contact,’ arguing that initial encounters with political authority and conflict during this time help crystallize lasting political worldviews. Recent empirical work supports this idea: Neundorf, Smets, and García-Albacete (2013) use German panel data to show that political interest develops most dynamically during adolescence and early adulthood, stabilizing around age 25. Similarly, Dinas (2013), studying reactions to the Watergate scandal, finds that young adults adjust their political evaluations more flexibly than older cohorts by placing less weight on prior attitudes, suggesting an openness to new information.

A related line of research explores how generations differ in their long-term political behavior based on when they came of age. Ghitza, Gelman, and Auerbach (2023) find that political preferences are largely shaped by events encountered between ages 14 and 24, and that cohort-defining moments like the Kennedy, Reagan, or Trump years create stable partisan divides. Longitudinal data confirm that political orientations established in this period often endure: Jennings and Niemi (2014), drawing on decades of panel data, find that attitudes formed in early adulthood tend to persist across life, especially for individuals who engaged politically early on.

One of the clearest applications of the formative nature of early adulthood lies in the act of voting for the first time. Dinas (2012) finds that voting in a first election increases the likelihood of voting in subsequent elections, even decades later. This finding is echoed by Franklin (2004) , who argues that the overall ‘salience’ of a young person’s first election (whether it begins with a high- or low-turnout context) leaves a footprint in their participation trajectory. These findings reinforce the idea that initial political experiences, like exposure to and participation in salient elections, become reference points that influence later engagement.

Taken together, this literature positions early adulthood as a formative and fragile window, where social contexts and political experience leave lasting marks on civic behavior. Nevertheless, less is known about how this sensitivity interacts with moments of crisis. This paper contributes to this literature by examining whether coming of age during a period marked by elite violations of liberal democratic norms toward media freedom shapes long-term media attitudes. In doing so, it connects theories of developmental susceptibility with contemporary concerns about democratic backsliding.

2.2 Trump 2016 and the Trickling-Down of Media Attitudes

The 2016 U.S. presidential election marked an important rupture, both in tone and behavior, that distinguished it sharply from previous elections. In addition to being “one of the most

polarizing elections in U.S. history”, pitting two extremely ideologically opposed candidates, the 2016 election also stands out particularly due to candidacy of Donald Trump (Bekafigo et al. 2019).

2.2.1 Trump and the media

Trump’s campaign style was—and still is—in many ways unprecedented. Most importantly for the purposes of this paper, his 2016 campaign was characterized by systematic attacks on the news media as a core democratic institution. Through an extensive content analysis of Trump’s Twitter activity, Meeks (2020) shows that Trump attacked non-conservative and mainstream media using attack and bias frames. These attacks generated particularly high levels of engagement, suggesting strong resonance among his supporters. Such rhetoric targeted the media not merely as political adversaries but as enemies of the people, thereby undermining the liberal democratic norm of an independent press (Kenny 2020).

2.2.2 Elite cues and anti-democratic attitudes

While the 2016 election marked a clear breach in elite behavior, the broader effects of this rupture also depend on how citizens respond. Findings from the literature on democratic erosion suggest that elite norm violations can destabilize democratic institutions. Elites are uniquely positioned to violate norms, often under the guise of defending democracy itself whereas citizens function as latent legitimizers, responding to elite behavior and helping either to normalize or resist democratic erosion (Druckman 2024).

This is corroborated by empirical findings. Using a panel survey experiment, Clayton et al. (2021) examine the effect of exposure to Trump’s statements questioning the results of the 2020 presidential election and find that exposure to these statements eroded trust in the election’s legitimacy among his supporters. This suggests that anti-democratic elite cues can ‘trickle-down,’ impacting public attitudes toward democratic norms. Focusing specifically on the media, Smith (2010) shows that elite attacks against the media, regardless of partisanship or timing relative to news exposure, systematically increase citizens’ perceptions of media bias, benefiting political elites while weakening democratic accountability.

This study builds on these insights: while existing work documents the democratic consequences of Trump’s presidency, less is known about how exposure to this political moment shaped long-term political development. This paper addresses that gap by examining whether coming of age under Trump altered long-term media attitudes.

2.3 Theory and Hypotheses

Building on these insights, I introduce my theoretical framework and hypotheses outlining how early political socialization, partisan sensitivity, and the ideologically asymmetric effects of political context shape long-term liberal democratic attitudes.

2.3.1 H1: First-Time Sensitivity

Early adulthood is politically formative, as experiences during this period can leave long-lasting marks on political behavior. This paper applies this logic to the context of the 2016 presidential election; unlike earlier cohorts, first-time voters in 2016 ‘came of age’ politically during a time characterized by norm-breaking elite rhetoric like hostile media attitudes. Given this norm-eroding context, I argue that the process of attitude formation becomes distorted at the moment it is most sticky.

This leads to the central claim tested in this study, reflecting both the sensitivity of early political experiences and the unique nature of the 2016 election:¹

H1: Being first eligible to vote in the 2016 U.S. presidential election will have a negative effect on long-term media attitudes ('first-time sensitivity' hypothesis).

2.3.2 H2: Non-Partisan Insensitivity

Existing research suggests that political partisanship shapes how individuals interpret and respond to their political environment. Whereas partisan identifiers, especially strong ones, tend to be more psychologically and behaviorally sensitive to political stimuli, self-identified independents are generally less responsive.

Mandel and Omorogbe (2014) find that partisans report higher life satisfaction under favorable political conditions and lower satisfaction under unfavorable ones, while independents express intermediate levels. This ‘favorability effect’ suggests that partisans are more emotionally attuned to political developments whereas independents are less susceptible to affective spillover from the political context. In terms of political behavior, Magleby, Nelson, and Westlye (2011) find that independents vote at significantly lower rates than partisans. This turnout gap—nearly 20 percentage points in the 2008 election—suggests lower overall political involvement.

¹A negative effect indicates a *decrease* in support for liberal democratic protections of the media among those eligible to vote for the first time in 2016, compared to those eligible in 2012.

These findings suggest that independents are less likely to internalize elite cues associated with polarized political contexts and thus may have been less susceptible to the Trump's cues. This leads to my second hypothesis:

H2: The effect will be stronger among partisans (Republicans or Democrats) than among independents ('non-partisan insensitivity' hypothesis).

2.3.3 H3: Asymmetric Sensitivity

My final hypothesis builds on the “asymmetric sensitivity” hypothesis proposed Mandel and Omorogbe (2014), positing that Republicans are more affectively responsive to their political environment than Democrats: their retrospective and prospective well-being was more strongly conditioned by whether the political environment was favorable or not. Democrats, by contrast, were less reactive.

This pattern is consistent with research showing that conservatives are more likely to attend to and be affected by charged or threatening information. For example, Joel, Burton, and Plaks (2014) find that conservatives not only anticipate stronger emotional reactions to negative outcomes but also report experiencing them more intensely.

These findings, in addition to the fact that the elite cues of hostility toward liberal democratic protections of the media came primarily from the Republican side, imply that Republican first-time voters may have been more deeply affected by the political context of 2016. Rather than resisting Trump's anti-media cues, they may have internalized them as acceptable (Cremer 2023; Knuckey and Hassan 2022). This leads to my final hypothesis:

H3: Among partisans, the effect will be stronger among Republicans ('asymmetric sensitivity' hypothesis).

3 Research Design

This study uses a sharp RDD to identify the long-term causal impact of being first eligible to vote during a ‘conventional’ versus ‘unconventional’ period and political environment on voters' media attitudes. The core idea is that young people who were just old enough to vote in the 2012 U.S. presidential election (i.e., age 18 by November 2012) experienced a fundamentally different initial political environment than those who were just too young.

While the former ‘came of age’ politically during the 2012 election between Barack Obama and Mitt Romney, the latter were first eligible to vote in 2016, during the Trump era.

This design translates into a cutoff at age 26 in 2020 (the year for which data is used): respondents who were 26 or older in 2020 were just old enough to vote in 2012, while those under 26 were not. The assumption underlying the RDD is that, within a narrow bandwidth around this cutoff, the ‘treatment’ (being born after November 6, 2012) is as-good-as-randomly assigned. The local comparison around the threshold thus simulates an experiment where this ‘treatment’ is assigned by birth timing.

I estimate a flexible² RDD, since linear models may miss non-linearities in how the outcome evolves with age. This can be expressed as:

$$Y_i = \alpha + \tau D_i + f(X_i - c) + \varepsilon_i$$

Where:

- Y_i : Outcome, measuring media attitudes
- D_i : Dummy indicator equal to 1 if individual i ’s age *exceeds* the cutoff (i.e., *eligible* to vote in 2012), and 0 otherwise.³
- τ : Parameter capturing the Local Average Treatment Effect.
- X_i : Running variable (age in 2020)
- $f(X_i - c)$: Flexible function (e.g., first- or higher-order polynomial) of the centered running variable—distance from the cutoff c .
- $c = 26$: Cut-off, so $X_i - c$ represents the running variable centered at the threshold.
- ε_i : Error term.

For more details on the research design, including index construction, please refer to the online appendix.

3.1 Data and Index Construction

The analysis draws on the 2020 American National Election Studies (ANES 2021) cross-sectional survey. To capture media attitudes, I used factor analysis to construct a 0-1 index

²Of course, this version can take a linear form; however, it is also generalizable to higher polynomial degrees.

³This might seem counter-intuitive, since the group of interest (young voters) becomes, in a sense, the ‘control group’. This is due to the specific design of the R package used (*rdrobust*), which estimates causal effects when the running variable crosses the cut-off.

consisting of three items, presented in Table 1. Higher values indicate stronger support for liberal democratic protections of media freedom.

Table 1: Media Freedom Attitudes Items and Survey Wording

Shortened Name	Survey Question
Free Press	First, how important is it that news organizations are free to criticize political leaders?
Concern for Media Undermining	How concerned are you that some people in the government today might want to undermine the news media's ability to serve as a check on governmental power?
Journalist Access	Do you favor, oppose, or neither favor nor oppose elected officials restricting journalists' access to information about government decision-making?

3.2 Analysis

My analysis is organized around running separate regressions for different subgroups to test the three hypotheses (Table 2):

Table 2: Specific sub-dataset used for each hypothesis

Hypothesis	Subgroup
H1 (first-time sensitivity)	Full sample
H2 (non-partisan insensitivity)	Two subgroups: partisans (self-identified Democrats and Republicans), and independents (including leaners)
H3 (asymmetric sensitivity)	Two subgroups: Democrats and Republicans

I thus expect the causal effect to be stronger for (i) partisans than independents and (ii) Republicans than Democrats. For each subgroup and each index, I estimated two model specifications, shown in Table 3:

Table 3: Model specifications

Hypothesis	Subgroup
Simple Model	No controls
Control Model	Gender, education, and income as control variables.

4 Results

This section presents the findings of this paper. I begin by visualizing the discontinuity near the 26-year-old threshold for the full sample and subgroups. I then present the results, analyzing them by hypothesis.

4.1 Discontinuities

Figure 1 visualizes the discontinuity around the threshold for the full-sample. Upon visual inspection, there is no clear discontinuity and the overall clutter makes it difficult to discern any patterns.

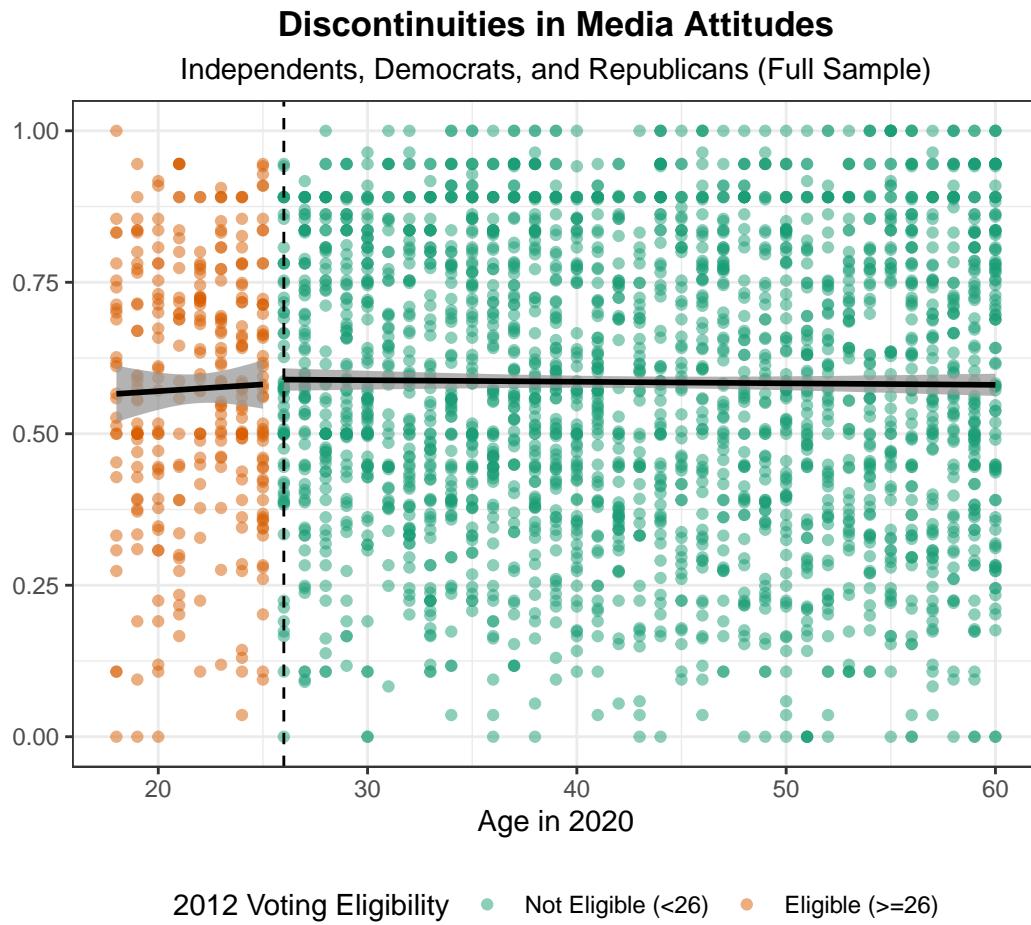


Figure 1: Discontinuity in Media Attitudes at Age 26 (Full Sample, First Degree Polynomial)

Figure 2 shows the discontinuity at the threshold for the subgroups. There appears to be a discontinuity in the Independents and Republicans subgroups, though CIs slightly overlap so no conclusions can be drawn from visual inspection. Interestingly, contrary to my predictions, ‘coming of age’ politically under Trump might have a positive effect⁴ on Republicans’ media attitudes and a negative effect on independents.

⁴A positive effect indicates an *increase* in support for liberal democratic protections of the media among those voting for the first time in 2016.

Discontinuities in Media Attitudes Among Different Partisanship Categories

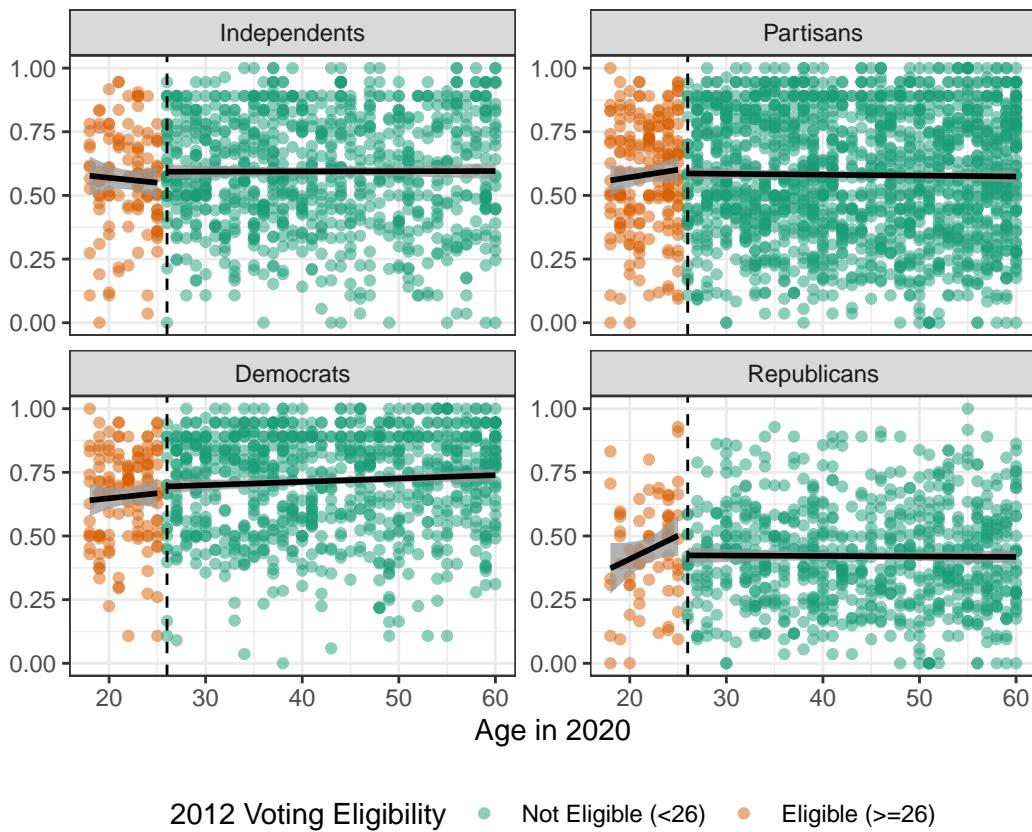


Figure 2: Discontinuity in Media Attitudes at Age 26 (Republican Subgroup, First Degree Polynomial)

4.2 RDD Results

Results are visualized in Figure 3. The points represent the estimated causal effect at the cutoff, and the horizontal lines show the associated 95% CIs.

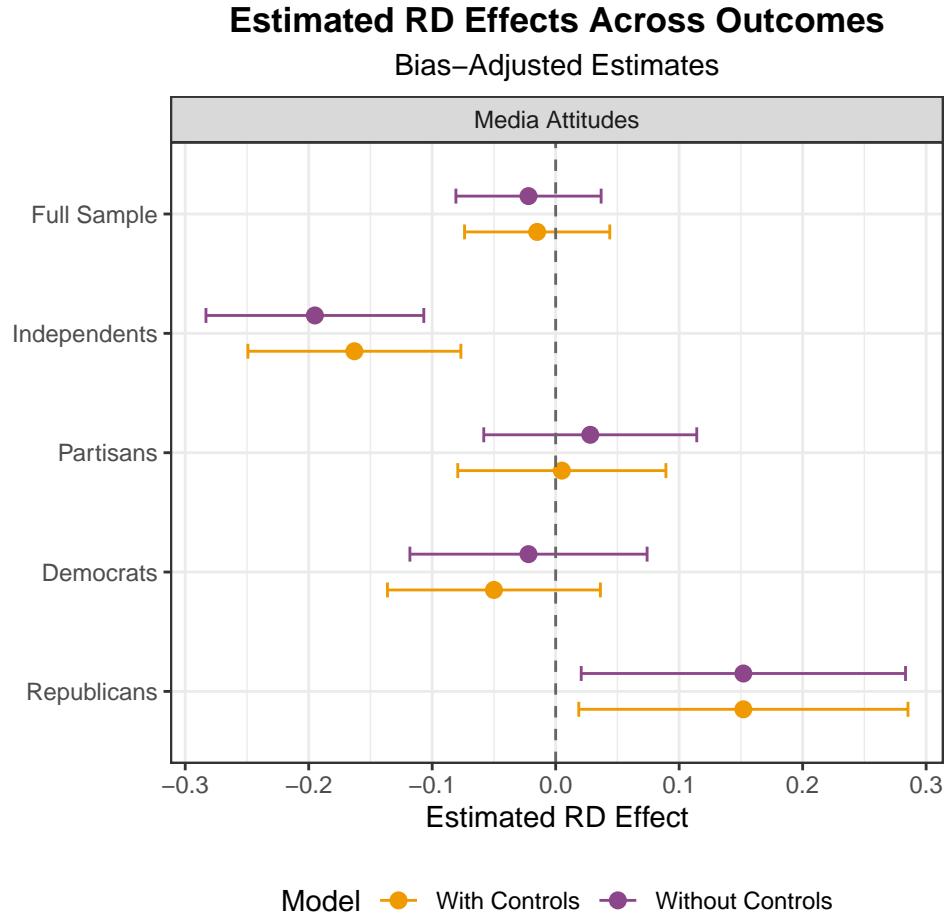


Figure 3: Coefficient plot for Media Attitudes showing estimated effects and confidence intervals. A positive effect indicates an increase in support for liberal democratic protections of the media among those voting for the first time in 2016.

The results, summarized below, are quite perplexing.⁵ First, most results are statistically insignificant, indicating that ‘coming of age’ under Trump mostly has no long-term effects on media attitudes. The first notable exception is the strong and statistically significant negative

⁵The direction of the results should be interpreted in accordance with the wording of the first-time sensitivity hypothesis: a positive effect indicates an increase in support for liberal democratic protections of the media among those voting for the first time in 2016

However, in reality, these results have been inverted. This is because of the *rdrobust* R package (Calonico, Cattaneo, and Farrell 2025). In the package, the threshold is “crossed” from left to right—hence, normally, a positive effect would suggest an *increase* in support for liberal democratic norms toward media freedom among those who voted for the first time in 2012. However, for clearer comprehension, the results have been reversed. For more details on index construction, please refer to the online appendix.

Due to the perplexing nature of these results, I ran a number of ‘rule-of-thumb’ tests to confirm that the direction of the index is the intended one, such as checking if it is negatively or positively correlated with items used in its construction or other variables that we would expect to be correlated with the outcomes in a specific way (for example, higher education levels correlated with lower support for authoritarianism). These tests confirmed that the direction of the indices is the intended one.

effect (~17%) on media attitudes among independents: this goes contrary to H2, which predicted that the negative effect would be greater among partisans. Even more surprisingly, there was a statistically significant strong positive effect (~15%) among Republicans. This suggests the exact opposite from what I predicted: Republicans who ‘came of age’ under Trump are *more* supportive of liberal democratic protections of media freedom. Both exceptions are robust to the inclusion of controls. Results are summarized in Table 4

Table 4: Summary of RD results

Hypothesis	Reject the Null?
H1 (first-time sensitivity)	No. The negative effect on media attitudes is statistically insignificant
H2 (non-partisan insensitivity)	No. The negative effect among independents is statistically significant, whereas there is no such effect among partisans.
H3 (asymmetric sensitivity)	No. The only significant result is that the <i>positive</i> attitude among. This contradicts H3’s prediction, despite suggesting some sort of asymmetric insensitivity.

5 Conclusion and Discussion

This paper set out to examine whether the timing of democratic initiation—specifically, becoming eligible to vote during the 2016 U.S. presidential election—shapes long-term media attitudes. Drawing on theories of political socialization, elite cue-taking, and asymmetric partisan sensitivity, I tested whether ‘coming of age’ politically in a moment of hostile elite rhetoric toward the media would leave a measurable imprint on voter attitudes.

The findings are counter-intuitive. First, independents voting for the first time in 2016 indicated more *negative* media attitudes than partisans, contradicting existing work suggesting that independents are *less* sensitive to their political context (Magleby, Nelson, and Westlye 2011). Even more surprisingly, ‘coming of age’ during the 2016 election led to *greater* long-term support for liberal democratic protections of media freedom among Republicans. This suggests a partisan asymmetry, albeit one in the reverse direction of what I hypothesized.

These findings have important implications on our understanding of political socialization and the stickiness of elite cues. At first, they suggest that first-time voters are resistant to the trickle-down adoption of negative media attitudes, pointing to a backlash effect where exposure to norm-questioning elite cues reinforces these norms among the public. Additionally, the presence of a negative effect among independents and a positive effect among Republicans (respectively, the least and most sensitive citizens to their political context, according to Mandel and Omorogbe (2014)) hints that political involvement might be an important predictor of whether this backlash takes place. Hence, increasing citizens' engagement with politics could be an antidote against democratic backsliding.

However, given the broader context of existing literature, these counter-intuitive findings also admit three darker interpretations. First, as Graham and Svolik (2020) argue, ordinary citizens often express broad opposition to illiberal or undemocratic attitudes when asked in the abstract, but this support may evaporate when those principles conflict with partisan interests. Because the ANES items used here were not embedded in a trade-off or priming design, they likely captured only nominal or superficial attitudes. Some Republicans might thus have voted for Trump not because of his hostile rhetoric toward the media but in spite of it: they might reject his rhetoric, yet continue to support him on policy grounds. A second possibility is one of anticipatory support for liberal democratic norms. Drawing from Kingzette et al. (2021), in affectively polarized contexts partisans whose party is in power often turn against liberal democratic norms whereas those in opposition seek to uphold them, recognizing them as vital for their political survival. Given Biden's consistent lead in the polls (Pew Research Center 2020), Republicans might have begun preparing for a scenario where they would find themselves in opposition by preemptively increasing their support for liberal democratic protections. In both scenarios, those who were first eligible in 2016 might have been more likely to accept these anti-democratic trade-offs due to having been socialized in a norm-questioning environment that normalized such attitudes.

However, these explanations do not account for the strong negative effect among independents, who presumably are the least likely to make such a trade-off (Graham and Svolik 2020). A final, albeit imperfect, explanation concerns differences in media consumption and the accidental and asymmetrical priming effects of the survey wording. Partisans increasingly follow like-minded sources (Peterson, Goel, and Iyengar 2021); as a result, when responding to the survey, Republicans—especially those who ‘came of age’ in 2016—might have been accidentally primed into ‘safeguarding’ only conservative media, which were also heavily praised by Trump in his campaign (Meeks 2020). Independents, on the other hand, might have been primed to think about the polarized media environment that characterized both the 2016 and 2020 electoral races. If this priming provokes a negative reaction (Arceneaux and

Johnson 2015), they might turn increasingly hostile to the media as a whole and, by extension, the liberal democratic norms protecting them. This effect might be more pronounced among those who were first eligible to vote in 2016 not because of a greater hostility toward the media environment but because of a greater willingness to translate this hostility into negative media attitudes, as a result of being socialized in a norm-violating context.

That said, several limitations temper the interpretation of these results. Most notably, not only is the sample size for each subgroup quite small but, while effects are robust to the addition of controls, they sometimes lose their significance under alternative polynomial degree or bandwidth specifications (see online appendix for robustness checks). Additionally, the assignment variable used to define voting eligibility (age in years) is a blunt proxy that fails to capture exact birthdates, introducing measurement error near the cutoff. Finally, this paper truly examines medium- rather than long-term effects, as it studies attitudes only four years later than the first exposure in 2016.

Future work could address these gaps in several ways. Researchers should replicate this design using datasets that include exact birthdates, improving causal precision near the eligibility threshold. Additionally, using more recent data (e.g., 2024 ANES) could allow for studying longer-term trends and help determine whether early exposure to hostile elite cues produces lasting attitudinal change. Third, this study assumed that the voting eligibility itself is enough to trigger this political ‘coming of age.’ However, this also includes a sizeable proportion of young adults who were eligible to vote but chose not to. Future research could instead examine the effect of first-time *voting*, through a fuzzy RDD design that uses eligibility as the instrumental variable. Finally, applying the same logic to other political transitions, like Bolsonaro’s 2018 election or the AfD’s third-place finish in Germany in 2017, could reveal whether these dynamics are context-dependent or broadly generalizable.

In sum, while these findings complicate our assumptions about the development of attitudes toward liberal democratic institutions, they might ultimately be reinforcing its most worrying implication: the resilience of liberal democracy cannot be taken for granted, not even among its newest members.

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7 Appendix

For additional materials, such as details on the RDD design and index construction, the specific items used for the construction of the indices, and additional visualizations, please refer to the online appendix.

Link (in case hyperlink breaks): <https://github.com/nikolaosvichos/Media-and-Politics-Paper/tree/main/Appendix>