

Nikolaos Karalis

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Current position

Research fellow

2018 - now Friedrich Miescher Institute for Biomedical Research
Group leader: Andreas Lüthi

Education

Ph.D. candidate in Neuroscience

2013 - 2018 Faculty of Medicine, Ludwig-Maximilians University Munich
Thesis Mechanisms of memory consolidation across hippocampal and cortical circuits
Advisor Prof. Dr. Anton Sirota

M.Sc. Neurasmus Joint Master in Neuroscience

2011-2012 Charité University Medicine, Berlin – Medical Neuroscience
2012-2013 University Bordeaux II – Neuroscience and Neuropsychopharmacology Grade 18/20
Thesis Neuronal signatures of fear memory - Oscillatory synchronization underlying fear memory expression Ranking 1/5

B.Sc. & M.Sc. School of Applied Mathematics and Physical Sciences

2004 – 2011 National Technical University of Athens (NTUA) Grade 7.42/10
Majors Computational Mathematics, Statistics
Thesis EEG signal analysis methods for characterization of meditative states Grade 10/10

Research methods

in vivo electrophysiology, high-dimensional data analysis, closed-loop optogenetics

Selected Publications (Citations: 315 ; h-index: 5 ; *: equal contribution)

ORCID: 0000-0002-1804-9756

1. Prefrontal-Periaqueductal Gray-Projecting Neurons Mediate Context Fear Discrimination
Rozeske R, Jercog D, **Karalis N**, Chaudun F, Khoder S, Girard D, Winke N, Herry C **Neuron, 2018**
2. Prefrontal neuronal assemblies temporally control fear behavior.
Dejean C*, Courtin J*, **Karalis N***, Chaudun F, Wurtz H, Thomas Bienvenu, Herry C **Nature, 2016**
3. 4 Hz oscillations synchronize prefrontal - amygdala circuits during fear behaviour.
Karalis N, Dejean C, Chaudun F, Khoder S, Rozeske R, Wurtz H, Bagur S, Benchenane K, Sirota A, Courtin J, Herry C **Nature Neuroscience, 2016**
4. Prefrontal parvalbumin interneurons shape neuronal activity to drive fear expression.
Courtin J, Chaudun F, Rozeske R, **Karalis N**, Gonzalez-Campo C, Wurtz H, Abdi A, Baufreton J, Bienvenu T, Herry C **Nature, 2013**
5. Persistence of amygdala gamma oscillations during extinction learning predicts spontaneous fear recovery.
Courtin J, **Karalis N**, Gonzalez-Campo C, Wurtz H, Herry C **Neurobiology of Learning and Memory, 2013**
6. Effects of Himalayan tradition meditation during a SSVEP study.
Karalis N, Karanasiou I, Uzunoglu N, & Braboszcz C **Neuroscience Letters, 2011**

Invited Talks

2017	Neuronal synchrony and oscillatory coupling Neuronal correlates of breathing Respiratory entrainment of memory circuits Respiratory entrainment of prefrontal circuits Prefrontal oscillatory mechanisms of fear behavior	Coupling & Causality in Complex Systems Bernstein Conference PhD Symposium Harvard-LMU Young Scientists' Forum Japan Neuroscience Society meeting British Neuroscience Association meeting
2016	Oscillatory circuit organization during fear behavior Neuronal signatures of fear behavior	LMU lecture series Neurizons – Young Investigator Talks
2015	High-density characterization of network activity	German Neuroscience Society
2014	Neurophysiological correlates of rodent communication	Animal Communication Workshop
2013	Neuronal signatures of fear memory Neuronal signatures of fear memory	Neurasmus Workshop Neurasmus Orientation Week
2011	SSVEP effects of Himalayan tradition meditation	Breaking Convention
2007	Novel graph invariants for fast graph isomorphism Combinatorial and statistical analysis of keno game	Mitacs Industrial Math Summer School Canadian Undergraduate Mathematics Conference

Research Experience

2013 – 2018	PhD candidate Mechanisms of memory consolidation across hippocampal and cortical circuits Advisor Prof. Dr. Anton Sirota	Ludwig-Maximilians-Universität München Faculty of Medicine
2012 – 2013	M.Sc. Thesis Neuronal signatures of fear memory Supervisor Dr. Cyril Herry	Neurocenter Magendie, Bordeaux INSERM
2009 – 2011	M.Sc. Thesis EEG Analysis of the neurophysiological effects of meditation on visual evoked potentials Supervisors Dr. Irene Karanasiou & Dr. Nikolaos Uzunoglou	National Technical University of Athens Electrical Engineering Dept.
2005 – 2009	Research assistance CERN Grid Computing infrastructure - Network development and administration	National Technical University of Athens High Energy Physics Dept.

Scholarships and Grants

2014 – 2017	Ludwig-Maximilians-Universität München
2013 – 2014	Centre for Integrative Neuroscience (CIN) - University of Tübingen
2011 – 2013	Erasmus Mundus scholarship for the Neurasmus Joint Master degree program in Neuroscience
2010	University of Pennsylvania Grant
2009	Erasmus scholarship (Research exchange)
2007	MITACS scholarship

Awards

2010	“Thomaideio Award” for conference presentation from National Technical University of Athens for the presentation “Short term effects of Vipassanā meditation in a single subject SSVEP study”
2008	“Thomaideio Award” for best journal publication from National Technical University of Athens for the publication “Effect of meteorological variables on the incidence of lower urinary tract infections”

Experimental Techniques

Electrophysiology	<i>in vivo</i> extracellular recordings (tetrodes, silicon probes, ECoG) in freely behaving & head-fixed rodents high-dimensional neural data analysis, human EEG recordings
Imaging	calcium imaging in freely-behaving mice (miniscope), fiber photometry
Circuit manipulation	closed-loop optogenetics, pharmacogenetics & pharmacology
Programming	Matlab, Python, Julia, Java, C++
Electronics	circuit design and implementation, electrophysiology and behavioral equipment setup, 3D printing
Lab techniques	stereotaxic neurosurgeries, behavioral analysis, immunohistochemistry, microscopy, cell cultures

Workshops and summer schools

2017	Junior Scientist Workshop on Neural Circuits and Behavior, Janelia Farm, Washington
2015	Mechanisms of Memory Consolidation, Reconsolidation and Extinction, Lausanne Why trust a theory? – Modern Physics Scientific Methodology, LMU 3rd Baltic-Nordic Summer School on Neuroinformatics, University of Tartu Optogenetics Workshop SPP1665, Ruhr University Bochum 7th G-Node Winter Course in Neural Data Analysis, LMU
2014	NIN Interneuron Summer School, Amsterdam Understanding Sleep: Novel Perspectives in Neurosciences, European Sleep Research Society, Milan Optogenetics: controlling the brain with light, University of Oxford International Course on Animal Communication, University of Tübingen Practical course optical imaging in Neuroscience, University of Tübingen
2013	Models of Synaptic Plasticity Doctoral Course, University of Tübingen 1st Live Cell Imaging and Electrophysiology Workshop, Pasteur Institute, Athens 11th Summer Course on Computational Neuroscience, Göttingen Neurasmus Workshop, Coimbra 5th G-Node Winter Course in Neural Data Analysis, LMU Brain-Computer Interface workshop and hands-on seminar, INRIA, Bordeaux Super Resolution Imaging Techniques Workshop, Bordeaux Imaging Center
2012	Neurasmus Workshop, Barcelona Mathematical Cell Biology Graduate Summer Course, University of British Columbia, Vancouver Cerebral Ischemia: in vivo and in vitro models (Methods Course), Dept. Of Exp. Neurology, Charité, Berlin FELASA category B training (License for experimentation on living animals), Charité, Berlin
2010	5th International Summer School on Emerging Technologies in Biomedicine, Patras Summer Program in Computational Neuroscience, University of Pennsylvania, Philadelphia Study Group Mathematics with Industry, Amsterdam
2009	8th EEGLAB Workshop, Aspet
2008	Modern Methods in Industrial Mathematics Ph.D. Course, Technical University of Denmark, Copenhagen 66th European Study Group with Industry, Technical University of Denmark, Copenhagen Mathematics Summer School, University of Crete Graduate Industrial Mathematics Modeling Camp, University of Regina Industrial Problem Solving Workshop, University of Regina 2nd Workshop for Drug Design, National Hellenic Research Foundation, Athens
2007	MITACS Industrial Math Summer School, Simon Fraser University, Vancouver
2006	Arizona Winter School “Computational Aspects of Algebra and Arithmetic”, Tucson, Arizona Introduction to Grid Computing, Athens Next Generation Computing Systems - AIT Summer School, Athens BEST Robotics Summer School, Athens
2001 – 2004	Participation in national mathematical competitions

Travel grants

2018	Onassis Foundation nomination and grant to attend Lindau Nobel Laureate Meeting
2017	BCCN travel grant to attend Bernstein Conference Janelia Farm travel grant to attend Junior Scientist Workshop on Neural Circuits and Behavior FENS travel grant to attend JNS Annual Meeting Travel grant to attend EMBL Symposium on Neural Circuits Travel grant to attend 37th Blankenese Conference
2015	University of Tartu – INCF travel grant
2014	British Neuroscience Association travel grant
2013	Hellenic Pasteur Institute travel grant
2011	Thomaideio grant (NTUA) for active participation in conference.
2010	COST Grant (5th International Summer School on Emerging Technologies in Biomedicine) Centrum Wiskunde & Informatica (CWI) (Study group Mathematics with Industry)
2009	Centre de Recherche Cerveau et Cognition
2008	Danish Center for Applied Mathematics and Mechanics (DCAMM) University of Crete Pacific Institute for the Mathematical Sciences (PIMS) grant
2006	FORTH scholarship Athens Information Technology (AIT) National Science Foundation (NSF)

Student supervision

2016 – 2017	Jialiang Lu	M.Sc. Thesis	Currently: Graduate student at Caltech
2017	Auguste Schulz	Research Internship	Currently: M.Sc. student at TUM
2016	Sandra Reinert	Research Internship	Currently: Graduate student at LMU
2015 – 2016	Elena Itzcovich	Research Internship	Currently: Graduate student at LMU
2015 – 2016	Amar Roy	M.Sc. Thesis	Currently: Industry
2015 – 2016	Felix Brechtmann	Research Internship	Currently: Industry

Scientific outreach

2016 – today	Administrator of Systems Neuroscience mailing list
2016 – today	Peer reviewer
2015 – today	Organizer of Neurophysiology Nights seminar series, LMU
2012 – 2015	Writer & editorial board of the “CNS Charité Neuroscience Newsletter”
2012 – 2013	Neurasmus course representative at the Erasmus Mundus Association (EMA)
2012 – today	Scholarpedia Assistant Editor
2011 – 2014	TED talks translator
2008 – 2010	American Mathematical Society's (AMS) poster series “Mathematical Moments” translator
2004 – 2006	Organizer and invigilator - National mathematical competitions - Hellenic Mathematical Society (HMS)
2004	Coordinator, guide and invigilator at the International Mathematical Olympiad (IMO) 2004
2004	Coordinator, guide and invigilator at the International Informatics Olympiad (IOI) 2004

Teaching experience

2017	Assistance at Miniscope Workshop Munich
2015 - 2017	Student supervision
2015	Tutor at the 7th G-Node Winter Course in Neural Data Analysis
2012	“Speaking to the public” (M.Sc. course), Charité University Hospital, Berlin
2004 – 2012	Private and group tutor (university and high school students), Athens

Internships

2011 – 2012	Lab Rotations - Charité - Universitätsmedizin Berlin “Comparison of cell counting techniques for the assessment of cell death in tissue slices” “Effects of PEDF on primary neuronal cells after oxygen-glucose deprivation” Departments of Experimental Neurosurgery & Experimental Neurology Supervisors: Dr. Ana Luisa Piña – Dr. Marietta Zille
2010	Summer research scholar - University of Pennsylvania Department of Psychiatry, Supervisor: Dr. Ruben Gur
2009	M.Sc. Thesis - Université Paul Sabatier, Toulouse Centre de Recherche Cerveau et Cognition (CERCO), Supervisor: Dr. Arnaud Delorme
2008	Internship on Biostatistics - Alfa Institute of Biomedical Sciences (AIBS) Supervisors: Dr. Matthew E. Falagas - Dr. Dimitrios Matthaiou
2007	Graph theory research for MapleSoft – Simon Fraser University (SFU) “Algorithmic graph isomorphism determination” Centre for Experimental and Constructive Mathematics (CECM) Supervisors: Dr. Michael Monagan - Mohammad Ghebleh

Other publications

7. Combinatorial and statistical analysis of keno game. **CUMC Annual, 2007**
Karalis N
8. Effect of meteorological variables on the incidence of lower urinary tract infections. **European Journal of Clinical Microbiology and Infectious Diseases, 2009**
Falagas ME, Peppas G, Matthaiou DK, Karageorgopoulos DE,
Karalis N, Theocharis G
9. Novel graph invariants for fast graph isomorphism identification. **Mitacs Proceedings, 2007**
Karalis N, Aliaga R, Arnold R, Wu W

Conference abstracts

- 2018** Dynamic organization of limbic circuit dynamics by breathing
Karalis N, Sirota A [FENS forum 2018]
Oscillatory architecture of memory circuits
Karalis N, Sirota A [68th Lindau Nobel Laureate Meeting]]
- 2017** Respiratory entrainment of memory circuits
Karalis N, Sirota A [Junior Scientist Workshop on Neural Circuits and Behavior]
Respiratory entrainment of memory circuits
Karalis N, Sirota A [SfN Meeting 2017]
Neuronal synchrony and oscillatory coupling - Functional role and implementation
Karalis N, Sirota A [Coupling and Causality in Complex Systems Conference]
Respiratory entrainment of prefrontal circuits
Karalis N, Sirota A [Bernstein Conference 2017]
Respiratory entrainment of prefrontal circuits
Karalis N, Sirota A [40th Meeting of Japan Neuroscience Society]
Respiratory entrainment of prefrontal circuits
Karalis N, Sirota A [Causation, Explanation, Conditionals workshop]
Respiratory entrainment of prefrontal circuits
Karalis N, Sirota A [EMBL Symposium Neural Circuits in the Past, Present and Future]
Respiratory entrainment of prefrontal circuits
Karalis N, Sirota A [37th Blankenese Conference on Synaptic plasticity & stability]
- 2016** Manipulating and interpreting fast oscillatory dynamics using optogenetics
Karalis N, Lu J, Sirota A [3rd Bordeaux Neurocampus Conference]
Manipulating and interpreting network dynamics using optogenetics
Karalis N, Lu J, Sirota A [Bernstein Retreat - 10th Sparks Workshop]
Oscillatory circuit organization during fear behavior
Karalis N, Courtin, J, Dejean C, Chaudun F, Rozeske R, Wurtz H, Herry C [Neurizons]
- 2015** High-density electrophysiological characterization of the hippocampal and cortical network activity
Karalis N, Blanco-Hernandez E, Sirota A [11th Meeting of the German Neuroscience Society 2015]
Multichannel extracellular recordings in freely behaving rodents
Resnik E, **Karalis N**, Schwesig G, Sirota A [Center of Competence in Neuroengineering Meeting 2015]
- 2014** Synchronized prefrontal-amygdala 4Hz oscillations mediate fear behavior
Karalis N, Courtin, J, Dejean C, Chaudun F, Rozeske R, Wurtz H, Herry C [SfN Meeting 2014]
Prefrontal circuits of contextual fear discrimination and generalization
Rozeske R, Khoder S, Chaudun F, Karalis N, Wurtz H, Herry C [SfN Meeting 2014]
Towards the dissection of the olfactory sampling strategies during exploratory activity
Blanco-Hernandez E, Graboski J, **Karalis N**, Sirota A [Olfaction SPP 5th Annual Meeting].
Long-range synchronization of prefrontal-amygdala neuronal circuits during fear behavior
Karalis N, Courtin, J, Dejean C, Chaudun F, Rozeske R, Wurtz H, Herry C [FENS Meeting 2014]
Prefrontal Circuits of Contextual Fear Discrimination
Rozeske R, Chaudun F, Khoder S, **Karalis N**, Wurtz H, Herry C [FENS Meeting 2014]
Medial prefrontal cortex neuronal ensembles encode conditioned fear behavior
Dejean C, Courtin, J, **Karalis N**, Wurtz H, Herry C [FENS Meeting 2014]
Synchronized prefrontal-amygdala 4Hz oscillations mediate fear behavior
Karalis N, Courtin, J, Dejean C, Chaudun F, Rozeske R, Wurtz H, Herry C [NIN Interneurons Summer School]
- 2013** Increased prelimbic neuronal activity is associated with contextual fear discrimination
Rozeske R, **Karalis N**, Khoder S, Herry C [4th GDR Congress]
- 2011** Effects of Himalayan tradition meditation during a SSVEP study
Karalis N, Karanasiou I, Uzunoglu N [Meeting of the Society of Applied Neurosciences 2011]
- 2010** Short term effects of Vipassanā meditation in a single subject SSVEP study
Karalis N, Karanasiou I, Uzunoglu N [4th Congress for Electr. Engin. Students]
- 2006** Grid Computing [TEE Research and Technology Days]

Languages

Language	Level		Certification
Greek	First language		
English	Fluent	C2	Cambridge First Certificate in English (2001)
German	Intermediate	C1	Zentrale Mittelstufenprüfung (2002) Zertifikat Deutsch als Fremdsprache (2000)
Spanish	Intermediate	B2	
French	Intermediate	B2	

Soft skills courses

2017	Patent and IP workshop, Center for Nanoscience, Munich
2015	Project management workshop, LMU Graduate School, Munich
2015	Grant writing workshop, LMU Graduate School, Munich
2015	Academic presentation workshop, LMU Graduate School, Munich
2014	Educational course on manuscript and grant writing, Milan

Professional memberships

2017 – today	Japan Neuroscience Association
2014 – today	Society for Neuroscience
2013 – today	Bernstein Center for Computational Neuroscience
2013 – today	Neurasmus Alumni Association
2012 – today	Neuroscience in Bordeaux Association
2012 – today	Federation of European Neuroscience Societies
2012 – today	Hellenic Society for Neurosciences
2011 – today	“School of Applied Mathematics and Physics” Alumni Association
2004 – today	Hellenic Mathematical Society

Volunteering work

2011	Volunteering for EDASA (Forest Wildfire Protection), Athens
2010	JeffHOPE student-run free clinics, Philadelphia, PA
2010	Books Through Bars, Philadelphia, PA
2009 – 2012	Photographer in various artistic events
2007	Teaching computer skills to immigrants at the Underground Free University, Athens
2005	European Youth Week 2005, Athens

Non-academic work experience

2011 – 2012	Civic Consulting (Research assistance), Berlin, Germany
2011	Greek Population Census
2010 – 2012	Founder of tutoring and career counseling organization
2009 – 2011	Photographer (freelance, Demotix agency)
2007 – 2011	Animateur
2004 – 2012	Web development (PHP, HTML, CSS, Javascript, LaTeX, SQL)
2010	Hellenic Post
2004	Hellenic Telecommunications Organization (OTE)
2004	Athens Urban Transportation Organization (OASA)

Conference participation

2018	68 th Lindau Nobel Laureate Meeting in Physiology & Medicine 11 th FENS forum, Berlin
2017	Society for Neuroscience Meeting, Washington, DC Bernstein Conference 2017, Göttingen Coupling & Causality in Complex Systems, Cologne Harvard-LMU Young Scientists' Forum, Munich Japan Neuroscience Society annual meeting, Tokyo Bernstein Retreat and Causation, Explanation, Conditionals Workshop, Tutzing EMBL Symposium Neural Circuits in the Past, Present and Future, Heidelberg 37th Blankenese Conference on Synaptic plasticity & stability, Hamburg British Neuroscience Association festival, Birmingham Swiss Society for Neuroscience annual Meeting, Basel
2016	Probing neuronal circuits during behavior, Bordeaux Neurizons, Göttingen Bernstein Retreat and Multichannel Electrophysiology Workshop, Tutzing
2015	Bernstein Conference, Heidelberg Cutting Edge Technologies, Munich Bernstein Retreat and Virtual Reality Workshop, Tutzing 11 th Meeting of the German Neuroscience Society, Göttingen Center of Competence on Neuroengineering Meeting, Technical University of Munich
2014	Society for Neuroscience Meeting, Washington, DC 9 th FENS Forum of Neuroscience, Milan
2013	Bernstein Conference, Tübingen 1st European Neuroscience Conference by Doctoral Students, Bordeaux European Neuroscience Campus Annual Meeting, Bordeaux
2012	8 th FENS Forum of Neuroscience, Barcelona ENC Network Annual Joint Meeting, Barcelona Erasmus Mundus Association General Assembly, Prague 7 th International Symposium on Neuroprotection and Neurorepair, Potsdam
2011	Berlin Brain Days 22 nd European Students Conference on Regenerative Medicine, Berlin Society of Applied Neuroscience meeting, Thessaloniki Breaking Convention, University of Kent 34 th European Conference on Visual Perception, Toulouse 25 th Annual Hellenic Congress of Neurosurgery, Athens 25 th Annual Hellenic Congress of Neurology, Athens
2010	4 th Congress for Electrical Engineering Students, Patras
2009	The Brain: Function, Imaging and Repair, Athens
2007	Canadian Undergraduate Mathematics Conference, Simon Fraser University, Vancouver
2006	Which mathematics for biology?, FORTH, University of Crete

References

Anton Sirota, Ph.D.

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