

# PASSIVE DYNAMIC SYSTEM FOR ENERGY RETURNING ON TRANSTIBIAL PROSTHESES

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## DAAD CALL FOR RESEARCH PROPOSALS

### RESEARCH PROPOSAL

**NAME:** Edwin Nikolay Prieto Parrado **ID:**C.C 1071162895.

**DEGREE:** B.E. in Mechatronics - Universidad de San Buenaventura  
M.Sc. in Mechatronical Engineering - Universidad Militar Nueva Granada.

**POSITION:** PhD Student of Mechanics and Mechatronics School at Universidad Nacional de Colombia (UNAL)  
Student Auxiliary Professor at UNAL.

**DATE OF BIRTH:** February 17th 1987.

**NATIONALITY:** Colombian

**HOME ADDRESS:** 12th St. 3rd. Av. -05 - La Calera, Cundinamarca, Colombia.

**WORK ADDRESS:** 45th Av. 26th St -85 - Edificio Uriel Gutiérrez Bogotá D.C., Colombia.

**PHONE NUMBER:** +57 (1) 3003501177 - +57 (1) 8600428.

**E-mail:** [enprietop@unal.edu.co](mailto:enprietop@unal.edu.co)

**FIELD OF STUDY:** Mechanical Engineering.

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# Summary

<b>1</b>	<b>MOTIVATION</b>	<b>4</b>
<b>2</b>	<b>STATE OF THE ART</b>	<b>5</b>
2.1	State of the art about Ankle-foot prosthesis: . . . . .	5
2.2	Additive Manufacturing on Prosthesis: . . . . .	10
<b>3</b>	<b>PROBLEM STATEMENT</b>	<b>12</b>
3.1	Research question: . . . . .	13
3.2	Hipotesis: . . . . .	13
3.3	General and Specific objectives . . . . .	13
3.3.1	General Objective: . . . . .	13
3.3.2	Specific objectives: . . . . .	13
3.4	Methodology and Activities: . . . . .	13
3.5	Implications and expected results: . . . . .	17
<b>4</b>	<b>SCHEDULE:</b>	<b>18</b>
	<b>REFERENCES</b>	<b>18</b>

## Abstract

Nowadays, Lower Limb Prostheses (LLP) are changing at a very fast pace, due to technological developments implemented in such devices. In addition, users have new demands about their prostheses and they require absolute comfort and good performance. Unfortunately, the demand of LLP has risen mostly in third world countries because of the especially increment of the vascular diseases (e.g., Diabetes Mellitus). However, they do not have the enough funds to acquire advanced prostheses that return the capabilities of walking or jogging in a proper way.

Despite the fact that active prostheses help people to reduce metabolic cost, those devices produce uncomfortable noises, they are heavier than *Energy Storage and Return*(ESR) prosthesis and require more maintenance than passive ones. Moreover, the price of active prostheses are higher than passives, and the prostheses components (i.e., actuators, battery, gearbox, among others) make the system highly inefficient, thus the required energy does not allow the user having enough autonomy for a daily use.

The current work is a Ph.D. thesis, which purpose is building a new customizable configuration of transtibial prostheses. This device will provide the positive work needed for an amputee at the final stance phase through a passive dynamic system, taking advantage of cellular solids properties so that recycling the energetic lost at the initial contact of the gait.

## Nomenclature

AM	Additive Manufacturing
CAD	Computer Aided Design
COM	Center Of Mass
DES	<i>Discrete Element Method</i>
ER	Energetic Requirement
ESR	Energy Storage and Return prosthesis
FEM	Finite Element Method
FEM	<i>Finite Element Method</i>
IC	Initial Contact
IDF	International Diabetes Federation
PP	Peak Power

QoL Quality of Life

SEA Series Elastic Actuator

## 1 MOTIVATION

The demand of Lower Limb Prosthesis (LLP) is higher every day around the world, due to the constant increment of principal causes of amputations. According to Ziegler *et al.* [1] in the United States of America, amputations in 2008 were given by: Vascular disease (including diabetes) with 53,95%, followed by trauma (e.g. accidents, warfare, among others) with 44,90%, and finally cancer with 1,15%. They estimated that in 2050 the number of amputees will have risen to 3,6 millions [1].

Recently, the *International Diabetes Federation (IDF)* in 2015 published the IDF atlas, which has announced that the number of people with diabetes is between 340-536 millions [2]. Moreover, They estimate this sickness will have affected to 642 million of people worldwide.

In addition, It is believed diabetes affects mostly the lower limbs, having potential risks to suffer peripheral arterial illness, diabetic foot and as a result, an amputation. The possibility of suffering an amputation will depend on race, gender, and age of the population, being different on many countries. Below, It is showed the number of amputations per 100.000 habitants caused by diabetes according to Kroger and Knut [3].

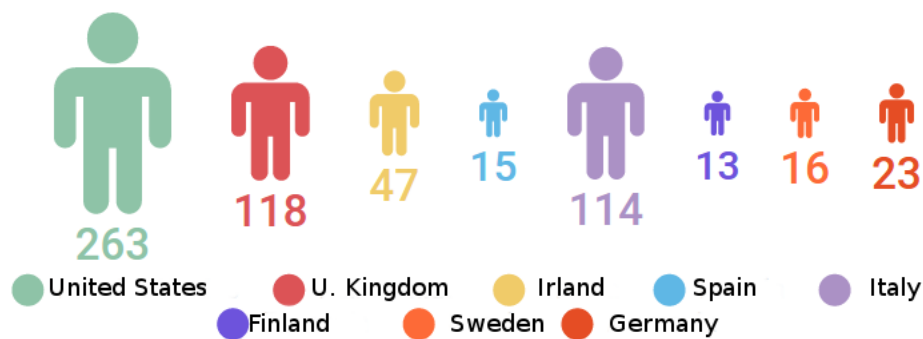


Figure 1: Population affected per 100.000 inhabitants during an specific period of time in each country. Adapted from Kroger and Knut [3].

Despite not having statistics of amputations in all countries, it is thought that the diabetes is the main cause of amputation around the world.

Even though bionic prostheses supply more amount of energy than ESR at final stance phase, those are extremely expensive for developed countries. thus We have to take into account those communities with limited economic capacity to get those devices. In consequence, third world countries sacrifice good Quality of Life (QoL) with low technology prosthesis instead [4].

To sum up, contributing to the development of prosthetic devices for lower limbs has great relevance so that improving disorders in pathological gait and therefore obtain better QoL. The strategy to recover the absence of limbs work is recycling energy of Initial Contact (IC) and returning at final stance phase. It is thought this strategy could be cheaper than prosthesis with active actuators inside.

## **2 STATE OF THE ART**

### **2.1 State of the art about Ankle-foot prosthesis:**

Motivation encourages to do more research on devices that restore energy loss in gait as efficiently as possible. Moreover, replacing ankle joint is a complex task due to It should be able to manage its stiffness regardless the terrain or the type of gait. Great technological advances in prosthesis has been made worldwide, and there are clearly two kinds of strategies in foot prosthesis: ESR prosthesis, which state-of-the-art were described by Versluys *et al.* [5], and bionic prosthesis, were Cherelle *et al.* [6] described what is considered a bionic prosthesis and consequently their types. Fig. 2 depicts a generalized representation of foot prosthesis classes, where the most implemented foot prosthesis is the SACH, despite not having returning energy benefits in gait.

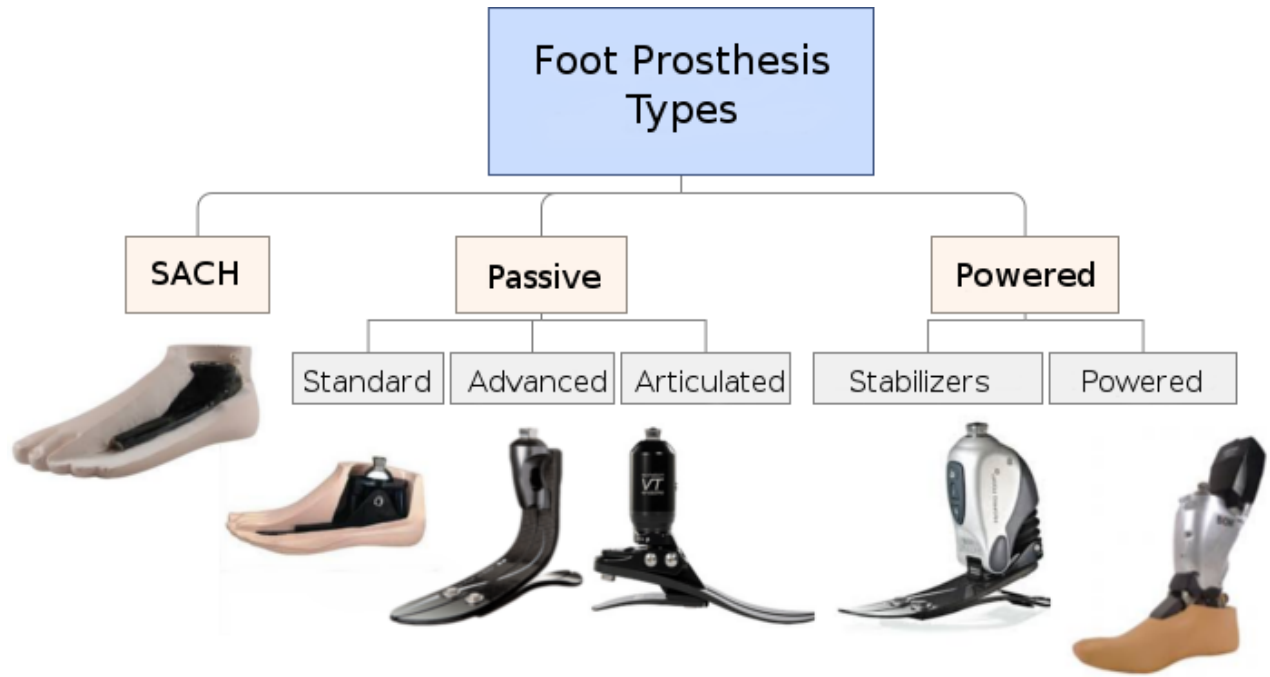


Figure 2: Generalized categorization of foot prosthesis according to Cherelle *et al.*[6] and Versluys *et al.* [5]. From left to right: SACH foot, sagittal degree of freedom foot, OSSUR® flex foot, Echelon foot®, Proprio foot from OSSUR® and BiOM® de iWalk Inc.

To date, principal strenghts and weaknesses in prosthesis have been found, both for ESR and bionic prosthesis, which are depicted in Tables 1, 3 and 4, respectively.

Furthermore, weaknesses in prosthesis generate biomechanical disorders in gait, which are mentioned in Table 2 for ESR and in the case of Bionics, these are reported in Table 5.

Table 1: Strenghts and weaknesses on ESR prosthesis.

<b>Passive prosthesis strenghts</b>	Price of ESR are cheaper than bionic ones.
	Good source of positive external work at final stance phase without requiring batteries.[7]
<b>Passive prosthesis weaknesses</b>	Can only react at final compression of material while actives act and react. [8].
	Significant ankle power difference between the affected and unaffected sides during ankle-powered plantar flexion. [9, 10].
	Poorer Shock absortion on affected side [11]
	Cannot replicate the positive work phases of the human joint. [12, 13].
	As prosthetic foot deforms during loading, It will exert a braking effect on centre of mass progression. [14].

Table 2: Biomechanical disorders in ESR prosthesis users.

<b>Biomechanical disorders.</b>	Users expend between 20% and 30% more metabolic power to walk. [9, 15].
	Users walk between 30% and 40% slower at the same distance in comparison with an able-bodied person. [9, 16, 17, 18, 19, 15].
	Presentan patrones asimétricos en la marcha [9, 20, 19].
	Higher than normal hip extension, knee flexion and ankle dorsiflexion on unaffected side. [21, 22].
	Affected limb has higher stance phase time, higher step length, less swing phase time and less inertia moment than unaffected side.[23].
	People with unilateral transtibial amputation have an increased susceptibility to knee osteoarthritis. [24].
	Biomechanical disorders in gait might be the main cause of dorso-lumbar pain.[25].

In spite of the fact that bionic prosthesis provide more benefits than passive ones in terms of dynamic improvements in gait, nowadays those prosthesis present disadvantages and some dynamic disorders in gait (See Table 5).

Table 3: Bionic prosthesis strenghts in comparison to passive ones.

<b>Bionic prosthesis strenghts</b>	System replace musculoskeletal work in gait [8].
	Capable of recognizing different terrain and velocities of gait [26].
	Capable of producing positive mechanical power [12].
	Reduce the metabolic demand up to 16% [17, 13].
	Present more stable trajectory in comparison to passives [19].
	Subjects had a 10% faster self-selected walking speed when wearing the powered compared with ESR on uneven ground. [18].
	Reductions in: peak impact resultant force, impact resultant force loading rate, in peak heel-strike foot pressure and minor peak knee external adduction moment when the powered ankle-foot prosthesis was compared to the conventional passive prosthesis. [19].
	Decrease in peak resultant force and adductor knee moments on unaffected limb [24].

Table 5: Biomechanical disorders on powered prosthesis lately.

<b>Biomechanical disorders</b>	Since the user gait is more dynamic, pressure in stump is higher in comparison to ESR users. Hence, the risk of suffering ulcers, dermatitis or any trauma in that area, is higher. [31]
	To date, It only has been designed for adult population. It is not suitable for children [28].

Table 4: Recent weaknesses on powered prosthesis.

<b>Powered prosthesis weaknesses</b>	Electric-based machines make noises. [27].
	Most of them are not scalable, pediatric users cannot use it. [28].
	Still Require Biomimetic ankle intervention. [19].
	High cost, Up to U\$40.000 - U\$50.000. Price of BiOM® according to Boston Magazine[27] could be around U\$ 40.000. The Proprio® prosthesis from Ossur could be around U\$25.000 [29]. On the other hand, an ESR prosthesis is between U\$ 500 and U\$3.000.
	Most of ESR prosthesis are lighter than powered.
	Require more maintenance than passive ones.
	Need tuning of technical parameters (i.e. power, torque, cycle times, etc) according to antropometric requirements.
	Inefficient system since mechanical design incur in energetic losses. [27, 6], thus autonomy is lower than passive prosthesis.
	Specific implementation of Control strategies - as Reis mentioned in [30] - are needed for powered prosthesis. Consequently, hardware and software are more demanding.

ESR prosthesis are not able to reestablish the dynamic walking due to the absence of the lower limb, nor the metabolic cost as a consequence of the mentioned impairment. On the other hand, powered prosthesis have restored the positive work needed to return the controlled energy, satisfying the quasi-stiffness slope [32, 33] of lost ankle. However, methods to reestablish the energy are highly inefficient [6], making those devices more complex and expensive compared to ESR.

Literature has reported a variety of actuators, which are divided in: Stiff Actuators and Compliance actuators. The pros and cons are described in [Appendix A: State-of-the-art of prosthetic actuators](#). According to Vanderborght *et al.* [34] those actuators will undergo continuous development for the purpose of achieving the best energetic efficiency, stability, autonomy and a regular walking.

Even though some actuators have not been made to date (because of the geometric constraints to implement those components), some others have been implemented in commercial prosthesis



(e.g Series Elastic Actuator). Those kind of actuators have shown an improvement in walking, nevertheless, high electric power is required by the actuator, thus autonomy<sup>1</sup> is reduced.

Two variables were taken into account by Grimmer [35, 36] and Eslamy[37, 38] to determine efficiency on actuators. Those are: *Peak Power (PP)* and *Energetic Requirement (ER)*, the more PP and ER per cycle in the motor, the more electric energy required.

To date, some actuators mentioned in Appendix A were studied to verify requirements from the motor, with the purpose of figure out which is the more efficient. In Fig. 3 is shown the results of the most popular actuators used in foot prosthesis for a subject of 75 kg of mass and cadence at 1 m/s.

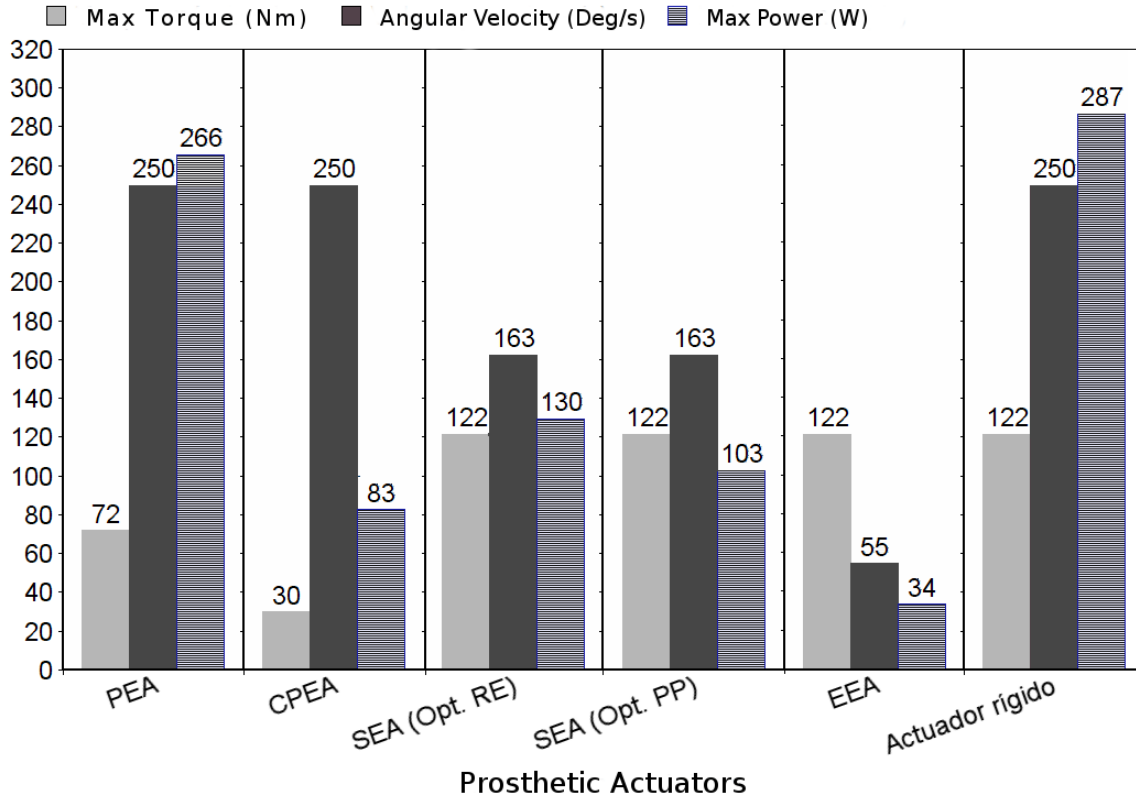


Figure 3: Mechanical requirements of varied prosthetic actuators. Results were obtained by mathematical modeling of each one [6]. Nomenclature: PEA: Parallel Elastic Actuator, CPEA: Clutched PEA, SEA Opt RE: SEA actuator focused on optimizing ER, SEA Opt PP: SEA actuator focused on optimizing ER, EEA: Explosive Elastic Actuator.

It must be taken into account that power required for each actuator does not consider energy

<sup>1</sup>Autonomy is calculated by number of steps until the powered prosthesis discharges. Generally, It must satisfy between in 3000 to 5000 steps per day[24].

losses made by the system, which are around 50-60%, hence to generate pure power of 287 W by the motor, in fact, 600 W are needed [6].

Based on the foregoing, from the gait analysis, It has been found that energy dissipation occur when Center Of Mass (COM) velocity vector is redirected at each step-to-step transition [39]. In other words, the stance leg in every gait cycle, acts similarly to an inverted pendulum, in order to support the body COM. Consequently, when transition is made - in double support phase - the COM velocity is redirected and energy is lost at collision of the heel with ground [40]. A graphic explanation can be seen in Fig. 4A).

Therefore, Collins and Kuo [40] built a prosthetic foot which initially recycled the energy lost at initial contact of the gait through the implementation of a compression string, which store the energy until late stance phase of gait to finally release It and provide positive work to amputees. Nevertheless, neither shock absorption was reduced, or the system provided all energy needed to reestablish a regular gait.

In general, powered prosthesis follow the next procedure: an ESR foot is used as base, later the actuator is implemented for push-off, a control strategy is needed for Its use and finally a battery is installed as source of power. Based on the previous technique for restoring limb loss, a question arised of what other strategy could be implemented in prosthesis that, as a result obtain a better efficiency.

To sum up, pathologies caused by lower limb amputations befall in extra expenditure of energy (i.e. metabolic cost) for patients, due to the absence of *triceps surae* group, which generates approximately 80% of work needed for push-off. In spite of the fact that ESR prosthesis provide positive work at final stance phase, those are not able to provide the work needed to date. On the other hand, powered prosthesis are capable of supplying positive work needed for an amputee, however, that prosthesis class has lower autonomy than ESR since the integrated actuator is inefficient. Hence, a necessity of being involved in the design of passive dynamic systems (concept defined by McGeer [41]) for foot prosthesis has emerged.

## 2.2 Additive Manufacturing on Prosthesis:

The evolution of technological development in medicine is growing faster nowadays, since manufacturing prototypes for academic purposes to cloning a cell, a tissue or an organ to implant [42]. All the above range of facilities are due to Additive Manufacturing - well known as 3D printing -, which principle is based on making pieces layer by layer, on the basis of CAD models. AM pros and cons in comparison to traditional manufacturing are well described by Weller *et al.* [43] and Diegel *et al.* [44].

Those advantages suited the necessities of prosthesis makers, who demonstrated that mechan-

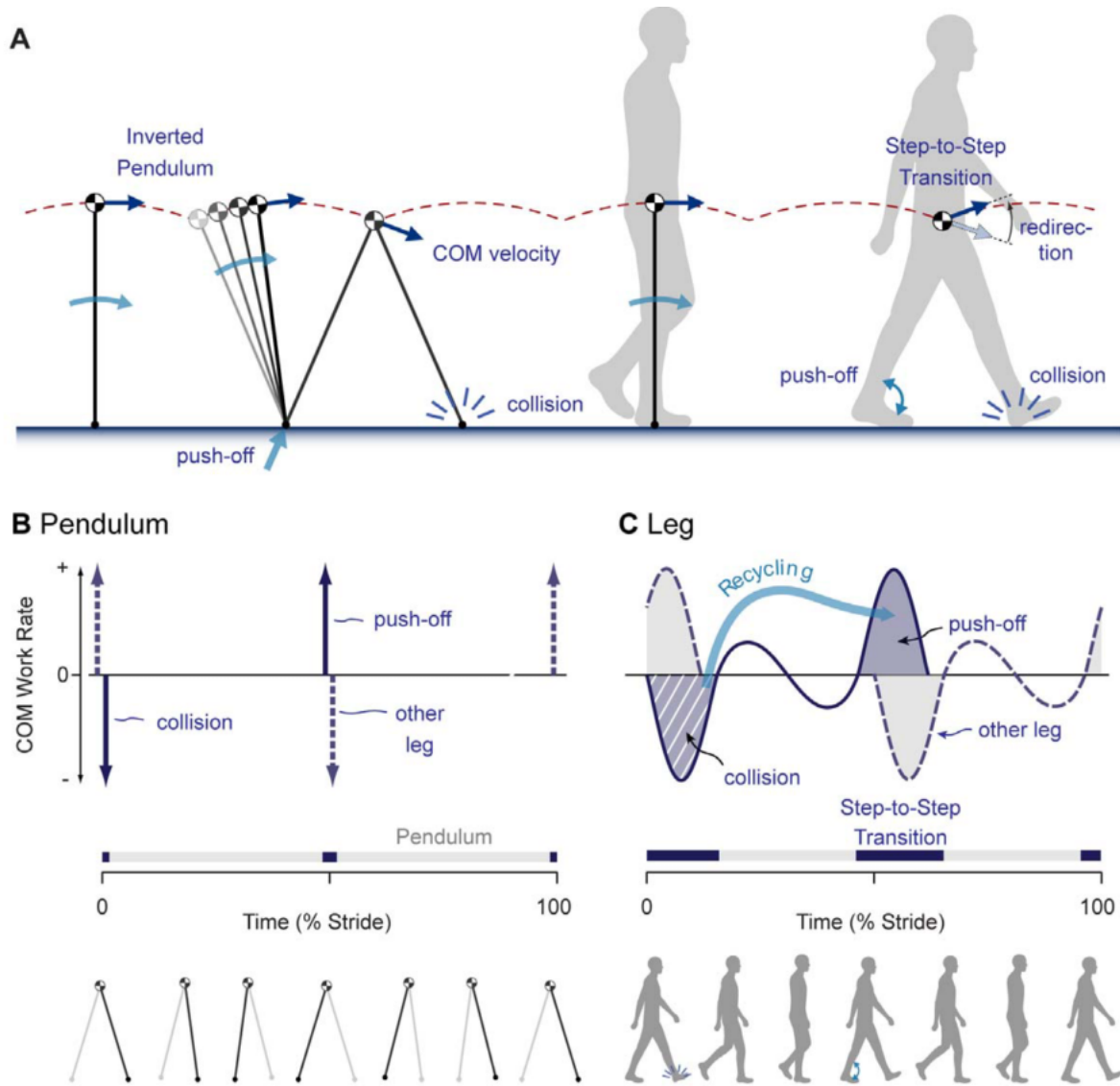


Figure 4: "(A) The stance leg acts similarly to an inverted pendulum to support the body center of mass. The center of mass velocity is redirected between steps when the other leg contacts the ground with a dissipative collision. (B) The rate of work performed on the center of mass by ideal pendulum-like legs vs. stride time. Work is theoretically minimized by pushing off impulsively (indicated by arrows) just before the opposite leg's collision (step-to-step transition indicated by darkened intervals above time axis). (C) Conceptual plot of center of mass work rate for human-like legs vs. stride time. Imperfectly rigid legs will smooth out the impulses, but the collision (hatched area) is nevertheless a possible source of energy for recycling if it can be captured, stored, and later released for push-off." Paragraph and figure taken from Collins and Kuo[40].

ical properties of materials able to be printed were capable of accomplishing the task demanded by a foot prosthesis [45, 46]. It is believed that concepts of prosthesis with AM will adapt new shapes and possibly could change dynamically its mechanical properties due to the combination of self-assembly technique and 3D printing. Some experiments have been reported by Tibbits *et al.*[47, 48] and Yu *et al.*[49].

Even though few foot prosthesis are made from AM, all of them have uniform mechanical properties over all its structure, aspect that affects negatively the accomplishment of elastic properties needed for satisfying ankle quasi-stiffness on the prosthesis. In addition, given the ability to add material freely in AM without manufacturing penalties, the shape and geometry could be adapted easily in case of the user change its antropomorphicity (i.e. pediatric users).

As a result of the above requirement and facilities given by AM, It is proposed the use of cellular solids in order to configure different sub-domains with varied mechanical properties. These materials show some advantages respect to true-solids, such as: i) Good thermal conductivity (e.g. insulation); ii) Low weight (e.g. structural sandwich panels); iii) Can undergo large deformations (80-90%) at roughly constant (low) stress (e.g. helmets); and iv) Have good mass-strength relationship [50]. Thus, Cellular Solids can yield a suitable solution of the desired application; for instance, Wang *et al.* [51] configured a meta-material structure that keeps mechanical properties regardless the lengthening of the material and Chu *et al.* [52] investigated design synthesis methods for designing lattice cellular structures to achieve an specific desired stiffnesses through optimization algorithms.

However, predict experimentally the mechanical behavior of these materials implies a high cost-benefit relationship, as well, some estructural characteristics such as crystal plasticity, mechanics at different micro-scales, among others, are tediously obtained or cannot be measured by this method [53].

Accordingly, many studies on cellular solids have been made *In silico* through Finite Element Method (FEM), such as Heimbs [54], who made virtual testing of honeycomb sandwich core structures using dynamic FEM simulations varying some parameters on the model (See Figure 5).

### 3 PROBLEM STATEMENT

- The recent passive prostheses for transtibial amputees provoke disorders in the dynamic parameters of the gait, owing to the absence of positive work of the limb loss.

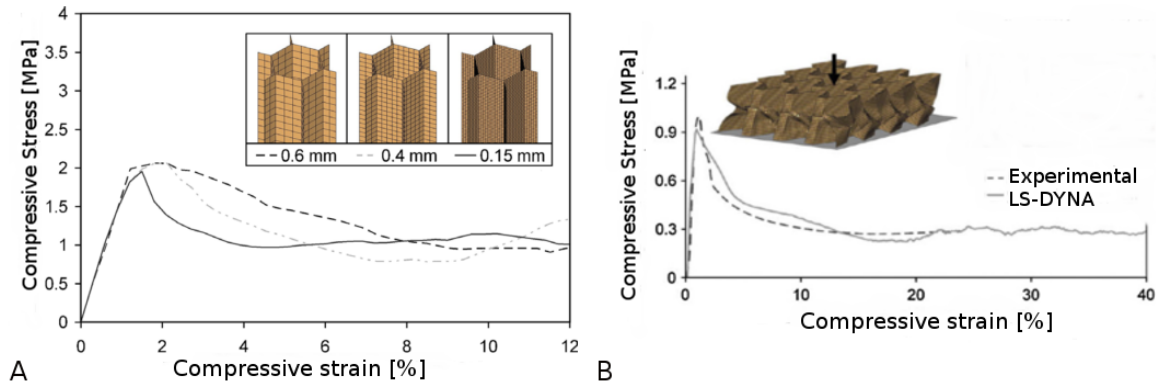


Figure 5: A) Influence of element size (from coarse mesh (0.6 mm) to fine mesh (0.15 mm)) on compressive stress–strain curve for honeycomb model. Reproduced from Heimbs *et al.* B) Validation of virtual testing results vs. experimental testing at compression load. Taken from Heimbs *et al.* [54].

### 3.1 Research question:

Which passive ankle-foot prosthesis based on cellular solids configurations, will generate the positive work needed for push-off, taking advantage of the energy lost at initial contact of the gait?

### 3.2 Hypothesis:

A passive dynamic system (compound by cellular solids) within a passive ankle-foot prosthesis, configured to store energy in a controlled manner at initial contact of the early stance phase, will enable to return the stored energy after dorsi-flexion phase.

### 3.3 General and Specific objectives

#### 3.3.1 General Objective:

To suggest an ankle-foot prosthesis being able to generate - through a passive dynamic system - the positive work needed for push-off after dual-flexion phase, taking advantage of the energy lost at initial contact of the gait.

#### 3.3.2 Specific objectives:

1. Identify biomechanical parameters and the work-loop slope of ESR prosthesis users and non-amputees with the aim to obtain the ankle quasi-stiffness of both cases.
2. Obtain preliminary model of the ankle-foot prosthesis capable of store energy (during initial contact until late Dual-flexion phase), and return it at dorsi-flexion phase in a controlled

manner through the passive dynamic system.

3. Determine detailed configurations of cellular solids that accomplish the requirements of the preliminary model.
4. Validate the dynamic model of the ankle-foot prosthesis in comparison to an ESR prosthesis.

### 3.4 Methodology and Activities:

The methodological procedure will carry out through extraction of statistical data, in order to obtain the ankle quasi-stiffness slope of prosthesis users and non-amputees to compare the energetic gap between those cases. On the other hand, an *In-Silico* process to design the prosthesis is needed, in which We will make the design and verification of its functionality. This simulation process will be done by the tentative computational framework proposed in Figure 6.

**Objective 1:** Identify biomechanical parameters and the work-loop slope of ESR prosthesis users and non-amputees with the aim to obtain the ankle quasi-stiffness of both cases.

**Methodology:** Obtaining through extraction of data the most important biomechanical parameters (as mentioned by Sagawa [60]) for ankle quasi-stiffness slope so that We can compare the energetic demand of an ESR user with a non-amputee.

#### Activities:

1. To search in literature the most useful data and filter it.
2. To obtain biomechanical parameters so that We can get different ankle quasi-stiffness slopes for different ESR and able-bodied patients.
3. To make the biomechanical model of each subject with the purpose of acquiring non-measurable variables or to predict biomechanical behaviour through forward dynamic technique in specific software like Opensim®.
4. To obtain ankle quasi-stiffness slope by the combination of kinetic and kinematic variables.
5. To obtain energetic loss in collision at initial contact of the gait.
6. To verify biomechanical models with similar publications in literature.

**Objective 2:** Obtain preliminary model of the ankle-foot prosthesis capable of store energy (during initial contact until late Dual-flexion phase), and return it at dorsi-flexion phase in a controlled manner through the passive dynamic system.

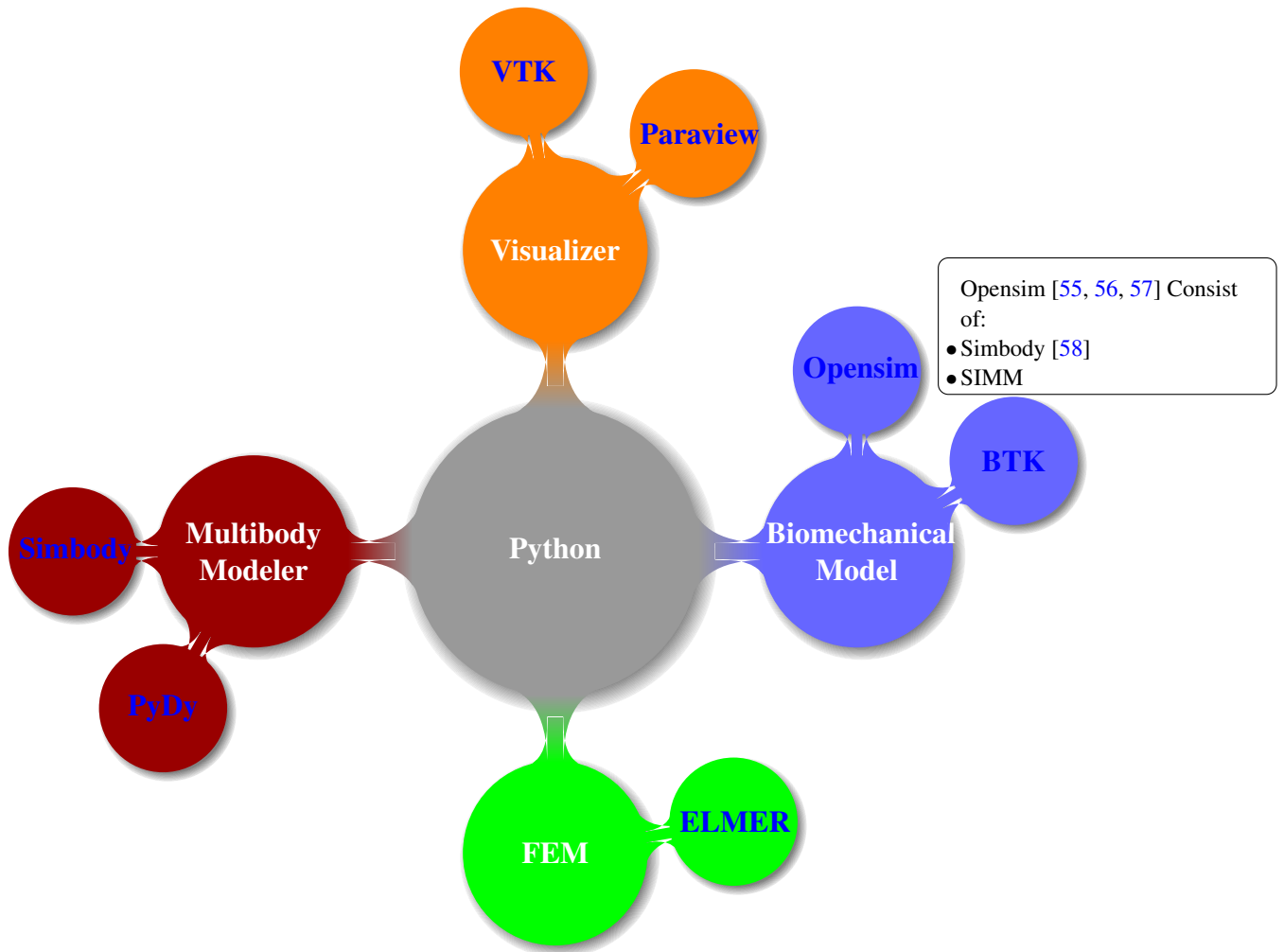


Figure 6: Computational framework of the proposed methodology. Click in the hyper-links to see more details of every open-source software.

**Methodology:** To suggest the preliminary model of the ankle-foot prosthesis capable of store energy, We will iterate the design of that model through FEM tools combined with flexible multi-body simulations until reaching the optimized configuration of sub-domains, conditioned to the anthropometric volume.

#### Activities:

1. Dividing the biomechanical models into gait sub-phases to analyze each one separately.
2. To determine the geometry restricted to the anthropometric volume by CAD software (e.g. Inventor®).
3. To define the elastic configuration needed to store the energy at each sub-phase of gait.

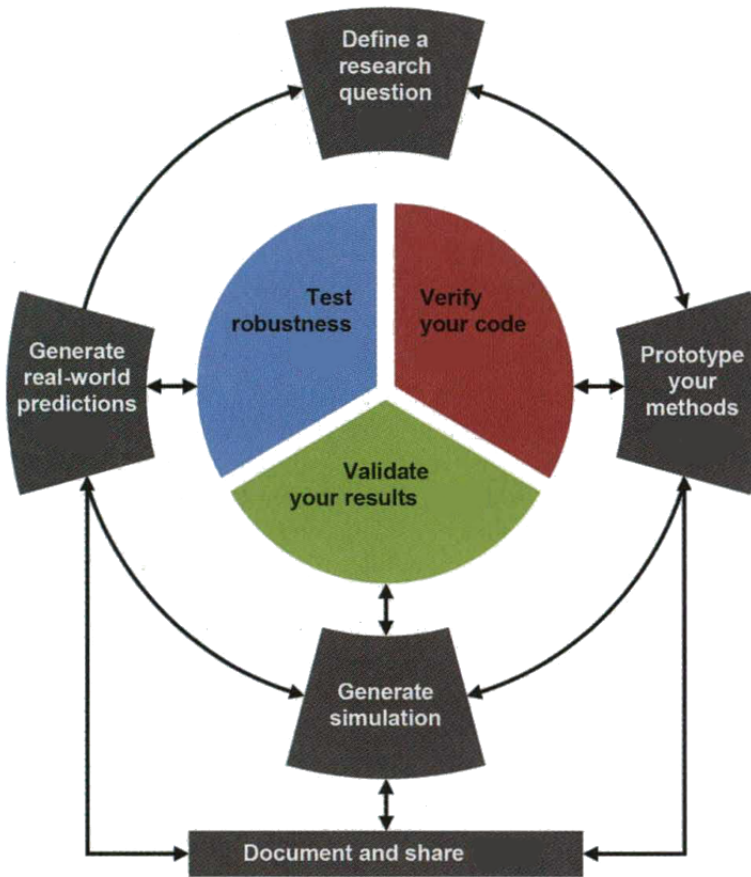


Figure 7: Best validation and verification practices for biomechanical models. Taken from Hicks *et al.* [59]

4. To split global domain into different sub-domains and define constitutive equation of each sub-domain according to the required energetic storage specifications. (PyDy®/Simbody® y ELMER®).
5. To design the mechanism, which store energy from initial contact to mid-stance phase with the aim of returning it at late stance phase.
6. To verify flexible multi-body models with FEM tools.

**Objective 3:** To determine detailed configurations of cellular solids that accomplish the requirements of the preliminary model.

**Methodology:** Departing from the obtained configuration, a cellular material might be applied to each sub-domain to equalize the mechanical requirements of the model obtained in the previous objective.

**Activities:**



1. Obtaining a cellular solid configuration to accomplish the specific elastic properties of each sub-domain.
2. Verifying the mechanical behaviour of each sub-domain with its cellular solid configuration.
3. Verifying the structural resistance of the entire model submitted to static loads through FEM or DES tools. o FEM.
4. To get the ankle quasi-stiffness slope of the new configuration by forward dynamics technique in the biomechanical model mentioned above.

**Objective 4:** Validate the dynamic model of the ankle-foot prosthesis in comparison to an ESR prosthesis.

**Methodology:** Manufacturing the ankle-foot prosthesis through 3D printing techniques in order to validate the storage and return efficiency. Finally, We will compare with an ESR prosthesis user.

**Activities:**

1. Accomplish the medical ethic procedure and request permission to do the validation process
2. Select ESR prosthesis users and adapt them to the new prototype.
3. To collect biomechanical parameters of ESR users as well as with the new prototype.
4. To compare the delivered work during step-to-step transition in gait with the new concept, the standard ESR prosthesis and able-bodied patients.
5. Determining the energy storage through the strain measurement of each sub-domains by optic equipment like [GOM](#).
6. Evaluate significant biomechanical differences between the new concept of prosthesis and ESR prosthesis on all over the gait.
7. Conclude the results and evaluate future work.

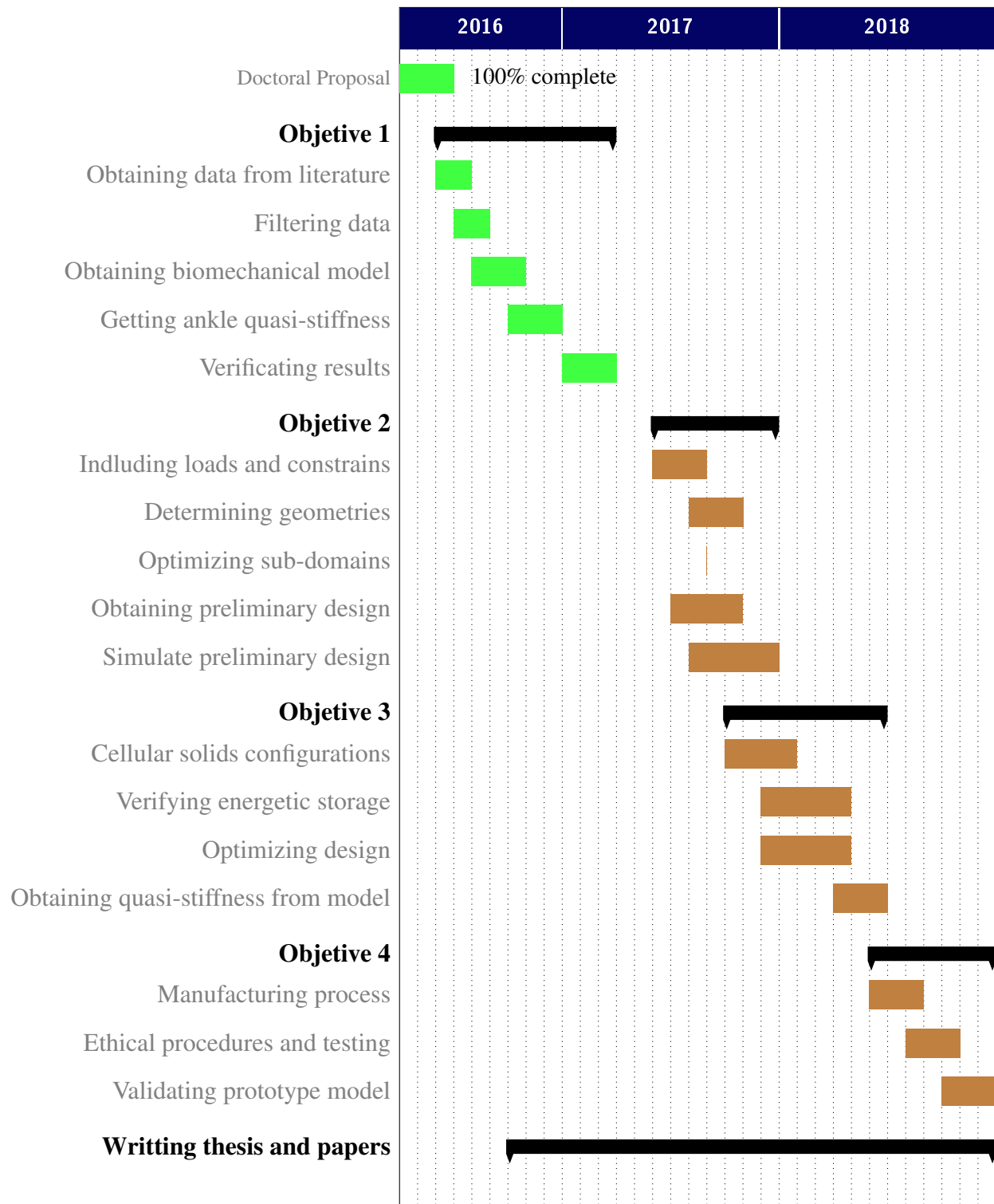
### **3.5 Implications and expected results:**

The level of impact in this research consist in a new concept of transtibial prosthesis capable of storing energy in many instances of the gait to return it in a controlled manner at final stance phase without the need of external power sources, stepping up energetic contribution in comparison to an ESR prosthesis.

On the other hand, ankle quasi-stiffness depends on weight and step length directly, therefore a customized ankle-foot prosthesis is needed to solve metabolic cost problems in users. In addition, uniform mechanical properties of ESR prosthesis are not able to reproduce the ankle quasi-stiffness properly. The more deficient ankle quasi-stiffness, the more metabolic cost is demanded. In contrast, powered prosthesis generate the positive work needed for an amputee, however its efficiency is much lower (compared to ESR), and as a result the autonomy is reduced. Despite the fact that its electronic components help to get the prosthesis controlled, It increase the cost and third-world countries (where the most amount of amputees live) are not able to acquire one of these.

Moreover, new manufacturing techniques are able to customized the prosthesis according to the anthropometry of users, and their specific biomechanical disorders, hence through a cellular solid configuration We can reach specific elastic properties at different sub-domains, aspect never seen in any kind of prosthesis.

## 4 SCHEDULE:



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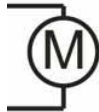
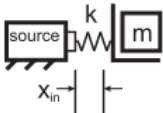
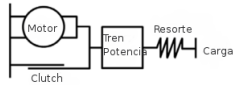
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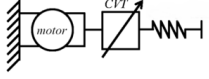
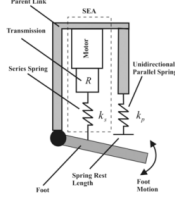
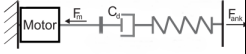

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## Appendix A: State-of-the-art of prosthetic actuators

Type of Actuator	Graphic Representation	Advantages	Disadvantages	Implemented in
<i>Direct Drive</i> (Stiff Actuator)		Generates positive power at swing phase in order to produce stability [61].	This device is not able to produce positive work at final stance phase[10].	Proprio Ossur®
SEA <sup>2</sup>		<i>"The series elasticity changes the operating velocity of the actuator and therefore changes the work and power output"</i> [62].	<i>"Issues may include actuator output mass, nonlinear(hardening) series elasticity, nonlinear force-velocity limitations, force-displacement limitations and actuator efficiency."</i> By the way, muscles have higher efficiency at low velocities, meanwhile electric motors have higher efficiencies at high velocities.[62].	-SPARKy (Spring Ankle with Regenerative Kinetics)[63, 64]. -Transfemoral prosthesis prototype by Vanderbilt University [65, 66, 8, 67].
CSEA <sup>3</sup>		During stance phase, clutch is employed to store elastic energy inside the actuator[68], in turn, a reduced energy (about 70%) was needed to propel the mass compared to conventional SEA [69].	Besides the same as SEA, invariable stiffness does not allow to provide maximum impedance to actuators. [68].	iWalk knee prototype®.

<sup>2</sup>SEA: Series Elastic Actuator.

<sup>3</sup>CSEA: Clutchable Series Elastic Actuator

Type of Actuator	Graphic Representation	Advantages	Disadvantages	Implemented in
CV-SEA <sup>4</sup>		Include a gear box inside actuator so that It can reduce torque sent by DC motor, thus the actuator might increase its energetic efficiency. Moreover, CV-SEA optimizes required velocity profile during gait, decreasing energy loss.[70].	I has not been implemented in a lower limb prosthesis.	
SEAPS <sup>6</sup>		This actuator has the advantage of changing torque and velocity independently at the same time. Tiene el potencial de variar el torque y la velocidad al mismo tiempo [6].	The same mentioned above.	BiOM®. prosthesis by iWalk®.[71, 10, 72, 73]
SEDA <sup>7</sup>		Actuator which requires the less Power Peak at down stair walking. [37].	It has no other benefit in walking gait in comparison to other simpler actuators.[37]	Not implemented to date.
PEDA <sup>8</sup>		It was found this actuator requires less motor force compared to SEA at the beggining of stance phase.[37]	Energetic requirements at the same moment are increased .[37]	Not implemented to date.

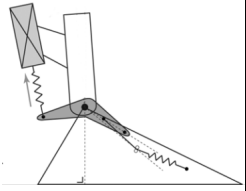
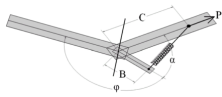
<sup>4</sup>CVSEA: Continuosly Variable Series Elastic Actuator

<sup>5</sup>CVT: Continuosly Variable Transmission.

<sup>6</sup>SEAPS: Series Elastic Actuator with Parallel Spring

<sup>7</sup>SEDA:Series Elastic Damper Actuator.

<sup>8</sup>PEDA: Parallel Elastic Damper Actuator.

Type of Actuator	Graphic Representation	Advantages	Disadvantages	Implemented in
EEA <sup>9</sup>		Principle of optimal distribution power is implemented in this actuator[74]. Produce up to 3.3 W/kg of peak power with an energetic motor requirement of 60 W.  Acts during all stance phase [75].	There are some kinematic variations at ankle joint. It is not anthropometric [76].	AMP-foot 2.0 [76] y 2.1 [75].
VSA <sup>10</sup>		Robotic system able to change joint stiffness through the tightening of springs. Capable to provide up to 100% of the propulsion power needed.[6]	Requires two motors for its operation, hence more electric power is required[77]. The system is heavier and more complex (in technological terms) than SEA[6].	CYBERLEG project (Prototype)

<sup>9</sup>EEA: Explosive Elastic Actuator.

<sup>10</sup>VSA: Variable Stiffness Actuator.