## Ketan D Vora, DO, P.C.

## FOLLOW-UP

Patient Name: Artur	Jackec	Date of Visit: گ	3 pe 100			
Follow up / continual pain Right / Left shoulder Right / Left knee Other: BW						
Working (WC):						
Degree of disability (WC):						
PRESENT COMPLAINTS:						
Patient Presents today v	vith <b>ongoing pain / eval</b> u	nation of new body part				
RSH Pain/10 Constant Intermittent Stiff Weak Pop Click Reach overhead Y / N Reach back Y / N Unable to sleep at night Imp w/ Rest Med PT Ice	LSH Pain/10 Constant Intermittent Stiff Weak Pop Click Reach overhead Y / N Reach back Y / N Unable to sleep at night Imp w/ Rest Med PT Ice	RKN Pain/10 Constant Intermittent Stiff Weak Diff rising from chair Y / N Diff w/ stairs Y / N Click Pop Buckl Lock Imp w/ Rest Med PT Ice	LKN Pain/10 Constant Intermittent Stiff Weak Diff rising from chair Y / N Diff w/ stairs Y / N Click Pop Buckl Lock Imp w/ Rest Med PT Ice			
RHIP Pain/10 Constant Intermit Lock Pain w/ stand walk climb Standing from sitting Imp w/ Rest Med PT Ice	LHIP Pain/10 Constant Intermit Lock Pain w/ stand walk climb Standing from sitting Imp w/ Rest Med PT Ice	RANK Pain/10 Constant Intermittent Pain w/ stand walk climb Imp w/ Rest Med PT Ice	LANK Pain/10 Constant Intermittent Pain w/ stand walk climb Imp w/ Rest Med PT Ice			
RWRI Pain 4 /10 Constant Intermittent Weak Numb Timele Pain w/lift carry drive Imp w/ Rest Med Pi Ice	LWRI Pain	RELB Pain/10 Constant Intermittent Weak Numb Tingle Pain w/ lift carry drive Imp w/ Rest Med PT Ice	LELB Pain/10 Constant Intermittent Weak Numb Tingle Pain w/ lift carry drive Imp w/ Rest Med PT Ice			
Other Compleints:						
PHYSICAL EXAMINATION:  C SPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L  Pain w/ neck bend lift, carry Impoves w/ Rest Med PT Ice  ROM: Flex/45 Ext/45 R Lat Flex/45 L Lat Ext/45 Rot/60						
L SPINE: Pain Sharp Shoot Pain w/ stand walk sit to ROM: Flex/80 Ext	oend Impoves w/ Rest Mo	ed PT Ice				
O'Brien's Impir ROM: Abd/180 Add. IR: sacrum mid back L/SH: Swelling/Tender to palp-	ema Crepitus s-Over Empty Can ngement Lift off test/45 For Flexno motor or se	Deformity Yergason Delto Hawkins /180 Ext/60 IR nsory deficit ap. Prox biceps Coracoid I	oid Atrophy /90 ER/90			

Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy O'Brien's Impingement Lift off test Hawkins  ROM: Abd/180 Add/45 For Flex/180 Ext/60 IR/90 ER/90  IR: sacrum mid backno motor or sensory deficit				
R /KN: Swelling / Tender along -> Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa Heat Swelling Erythema Crepitus Deformity McMurray Lachmans Pat. fem. grind Ant. draw Post. draw				
ROM: Flexion/130 Extension/5Stable varus/valgusno motor or sensory deficit  L/KN: Swelling / Tender along → Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa  Heat Swelling Erythema Crepitus Deformity  McMurray Lachmans Pat. fem. grind Ant. draw Post. draw				
ROM: Flexion/130 Extension/5Stable varus/valgusno motor or sensory deficit				
R/HIP:Swelling /Hematoma / Effusion / bruise				
L/HIP: Swelling /Hematoma / Effusion / bruise Trendelenburg +ve - ve Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful.  ROM: Abd/45 Add/35 Flex/120 Ext/30 IR/45 ER/45				
R/ANK: Swell/Hemato/ bruise → Ant. Post. Lat. Malleo Ant Draw +ve - ve Inv Stress +ve - ve Tenderness to palpation → Med. aspect Lat. aspect. ROM: Full Limited and painful. ROM: Dorsi flexion/20 Plantar flex/50 Inversion/15 Eversion/15				
<u>L/ANK</u> : Swell/Hemato/ bruise → Ant. Post. Lat. Malleo Ant Draw +ve - ve Inv Stress +ve - ve Tenderness to palpation → Med. aspect Lat. aspect. ROM: Full Limited and painful. ROM: Dorsi flexion/20 Plantar flex/50 Inversion/15 Eversion/15				
R/WRI: Pain to palp. → Ulnar styl. Distal rad. Scaphoid 3 /5 grip strength Swell Erythema Bruise Tinel +ve - ve Phalen +ve - ve ROM: Flexion 40 /80 Extension 5/2 /70 Radial dev. 10 /20 Ulnar dev. 20/30				
L/WRI: Pain to palp. → Ulnar styl. Distal rad. Scaphoid 3 /5 grip strength Swell Erythema Bruise Tinel Fye - ve Phalen +ve - ve ROM: Flexion 40 /80 Extension 36 /70 Radial dev. 10 /20 Ulnar dev. 20 /30				
R/ELB: Swell Erythema Bruise Deltoid atrophy/5 musc stren Tender → Med Epi Lat Epi Ole Pro Varus +ve -ve Valgus +ve -ve Tinel +ve -ve ROM: Flexion/150 Extension/150 Supin/90 Pron/90				
<u>L/ELB</u> : Swell Erythema Bruise Deltoid atrophy/5 musc stren Tender → Med Epi Lat Epi Ole Pro Varus +ve - ve Valgus +ve - ve Tinel +ve - ve ROM: Flexion/150 Extension/150 Supin/90 Pron/90				
Dx: Right Shoulder Left Shoulder Right Knee Left Knee				

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S46.011A Partial rot cuff tear	S46.012A Partial rot cuff tear	S83.241A Med. Men. tear	S83.242A Med. Men. tear
M75.121 Complete rot cuff tear	M75.122 Complete rot cuff tear	S83.281A Lat. Men. tear	S83.282A Lat. Men. tear
M24.811 Internal derangement	M24.812 Internal derangement	M23.91 Internal derangement	M23.92 Internal derangement
M75.01 Adhesive Capsulitis	M75.02 Adhesive Capsulitis	S83.519A ACL tear	S83.519A ACL tear
M75.81 Shoulder tendinitis	M75.82 Shoulder tendinitis	S83.511A ACL sprain	S83.512A ACL sprain
S43.431A Labral tear	S43.432A Labral tear	S83.411 MCL sprain	S83.412A MCL sprain
S43.431A SLAP tear	S43.432A SLAP tear	M94.261 Chondromalacia	M94.262 Chondromalacia
M75.41 Impingement	M75.42 Impingement	S83.31XA Tear artic. cartilage	S83.32XA Tear artic. cartilage
M65.811 Tenosynovitis	M 65.812 Tenosynovitis	M22.2X1 PF chondral injury	M22.2X2 PF chondral injury
M75.51 Bursitis	M75.52 Bursitis	M25.461 Joint effusion	M25.462 Joint effusion
M75.21 Bicipital tendinitis	M 75.22 Bicipital Tendinitis	M12.569 Trauma. arthropathy	M12.569 Trauma. arthropathy y
M25.511 Pain	M25.512 Pain	S80.911A Injury	S80.912A Injury
S49.91XA Injury	S49.92XA Injury	M25.561 Pain	M25.562 Pain
S46.101A Biceps tendon tear	S46.102A Biceps tendon tear	M65.161 Synovitis	M65.162 Synovitis
M24.10 Glenoid chondr defect	M24.10 Glenoid chondr defect	M23.40 Loose body in knee	M23.40 Loose body in knee
M94.211 Chondromal, glen/HH	M94.212 Chondromal, glen/HH	M24.10 Chondral lesion	M24.10 Chondral lesion
M67.211 Hypertroph. synovitis	M67.212 Hypertroph. synovitis	M93.261 Osteochondral lesion	M93.262 Osteochondral lesion
M89.311 AC joint hypertrophy	M89.312 AC joint hypertrophy	M17.11 Osteoarthritis	M17.12 Osteoarthritis
M24.011 Loose Bodies	M24.012 Loose Bodies	M24.661 Adhesions	M24.662 Adhesions
M25.311 Shoulder instability	M25.312 Shoulder instability	M67.51 Medial plica	M67.52 Medial plica
M19.011 Primary osteoarthritis	M19.012 Primary osteoarthritis	M25.761 Osteophyte	M25.762 Osteophyte
M25.411 Joint Effusion	M25.412 Joint Effusion	M70.41 Prepatellar bursitis	M70.42 Prepatellar bursitis
Right Hip	Left Hip	Right Ankle	Left Ankle
Right Wrist	Left Wrist	Right Elbow	Left Elbow
2			
TEC	Spain/Spain		
	82-5/2		
TPC Sprain/Strawn	>pravu/Strain		
1	, , , , , , , , , , , , , , , , , , , ,		
C Cnino	I Cnino		
C Spine	L Spine		
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Plan:
Imaging studies and clinical examinations were reviewed with the patient.
All treatment options discussed with the patient.
continue anti-inflammatory and muscle relaxant medications PRN
Start or continue Physical Therapy $O-3$ /week.
Recommend steroid inj. for pain mgmt. R/SH L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK
R/WRI L/WRI R/ELB L/ELB C Spine L Spine
PatientAcceptsRefuses.
MRI ordered R/SH L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI
R /ELB L /ELB C Spine L Spine
Follow up in Weeks / Months / PRN.
Discussed R/SH L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI
R /ELB L /ELB C Spine L Spine
Proceed w/ SxWants to think about itProceed with Sx after rehab on
Med Clearance needed prior to SxW/C authorization needed prior to Sx
Patient consents to Sx.
Patient scheduled for R/SH L/SH R/KN L/KN Surgery on