

KDV Medical P.C.

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August 31, 2022

Re: Hernandez, Concepcion

DOB: 10/21/1962

DOA: 12/25/2021

Location: TS Chiropractic Wellness

ORTHOPEDIC RE-EVALUATION

CHIEF COMPLAINT: Right shoulder pain.

HISTORY OF PRESENT ILLNESS: This is a 59-year-old right-hand dominant female who presents for follow-up evaluation of injuries sustained in a motor-vehicle related incident on 12/25/2021. The patient is status post right shoulder arthroscopy on 7/18/2022.

Right shoulder pain is 6/10, described as constant pain. The patient reports pain with reaching overhead and behind and is frequently woken up at night due to pain.

PHYSICAL EXAMINATION:

Right Shoulder: No heat, erythema or swelling noted. Right shoulder healed scars are noted.

Range of motion, abduction is 120 degrees, normal is 180 degrees; flexion is 130 degrees, normal is 180 degrees; internal rotation is 60 degrees, normal is 90 degrees; external rotation is 70 degrees, normal is 90 degrees. The patient has no motor or sensory deficit of the right upper extremity.

FINAL DIAGNOSES:

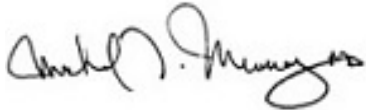
1. Adhesive Capsulitis, right shoulder - M75.01
2. Pain, right shoulder - M25.511
3. Status post arthroscopy, right shoulder.

PLAN:

1. Continue anti-inflammatory and muscle relaxant medications p.r.n.
2. Continue physical therapy, home stretching/strengthening exercises as demonstrated in the office.
3. Follow up in 4-6 weeks.

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CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnoses rendered is causally related to the injury the patient incurred on the right shoulder on December 25, 2021. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

A handwritten signature in black ink, appearing to read "Michael Murray", written over a horizontal line.

Nadezhda Bababekova, NP-BC
Michael Murray, MD

NB/AEI