

**KDV Medical, P.C.**

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September 28, 2022

Re: Nicaj, Peter

DOB: 07/01/1971

DOA: 12/29/2021

Location: Cruz Banting Imelda MD PT

**ORTHOPEDIC RE-EVALUATION**

**CHIEF COMPLAINT:** Left wrist pain.

**HISTORY OF PRESENT ILLNESS:** This is a 51-year-old right-hand dominant male who presents for follow-up evaluation of injuries sustained in a work related incident on 12/29/2021.

Left wrist pain is 4/10, described as intermittent pain. Pain is worsened with lifting and carrying. Pain is improved with treatment. Patient is status post left wrist arthroscopy on 08/17/2022.

**PHYSICAL EXAMINATION:**

Left Wrist: Scars are noted. Range of motion reveals flexion 60/80 degrees, extension 50/70 degrees, radial deviation 15/20 degrees, ulnar deviation 25/30 degrees. Grip strength is 4+/5. Patient reports numbness of the 5th digit.

**FINAL DIAGNOSES:**

1. Status post arthroscopy of the left wrist.

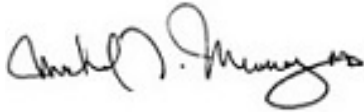
**IMPAIRMENT RATING:** Patient is currently and temporarily 100% disabled and is not working.

**PLAN:**

2. Imaging studies and clinical examinations were reviewed with the patient.
3. All treatment options discussed with the patient.
4. Continue anti-inflammatory and muscle relaxant medications p.r.n.
5. Continue physical therapy for left wrist and left elbow 3 days/week.
6. Follow-up with neurology to repeat EMG for left 5th digit numbness.
7. Wear wrist brace with activity.
8. Follow-up in 4 weeks.

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**CAUSALITY:** It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the left wrist on December 29, 2021. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

A handwritten signature in black ink, appearing to read "Michael Murray", written over a horizontal line.

Nadezhda Bababekova, NP-BC  
Michael Murray, MD

NB/AEI