

KDV Medical, P.C.

Tel #: 1-877-SPINE-DR

Fax: (347) 708-8499

October 03, 2022

Re: Choudhury, Abdus

DOB: 05/03/1975

DOA: 11/29/2021

Location: TS Chiropractic Wellness

ORTHOPEDIC RE-EVALUATION

CHIEF COMPLAINT: Right shoulder and right knee pain.

HISTORY OF PRESENT ILLNESS: This is a 47-year-old right-hand dominant male who presents for follow-up evaluation of injuries sustained in a work related incident on 11/29/2021.

Right shoulder pain is 1/10, described as intermittent pain. The patient is able to reach overhead and behind.

Right knee pain is 1/10, described as intermittent. The patient complains of weakness. The patient has difficulty raising from a chair and walking up and down stairs. Pain is improved with rest.

IMPAIRMENT RATING: Patient is currently working part-time.

PHYSICAL EXAMINATION:

Right Shoulder: No heat, erythema or swelling noted. Reveals tenderness upon palpation of the supraspinatus. Positive Empty Can test. Range of motion, abduction is 170 degrees, normal is 180 degrees; adduction 45, normal is 45 degrees; forward flexion is 170 degrees, normal is 180 degrees; extension is 60 degrees, normal is 60 degrees; internal rotation is 75, normal is 90 degrees; external rotation is 90 degrees, normal is 90 degrees. The patient has no motor or sensory deficit of the right upper extremity.

Right Knee: No swelling, heat, erythema noted. Reveals tenderness to palpation over medial joint line. Range of motion, flexion is 120 degrees, normal is 135 degrees and extension 0 degrees, normal is 5 degrees. Positive posterior drawer test. Right knee is stable with varus and valgus stress test. The patient has no motor or sensory deficit of the right lower extremity.

DIAGNOSTIC STUDIES:

Right shoulder MRI, done on 01/22/2022, Impingement morphology. Tendinopathy/tendinitis of the supraspinatus tendon.

Right knee MRI, done on 02/04/2022, Anterior cruciate ligament sprain sequelae. Joint effusion. Patellar paratenonitis.

FINAL DIAGNOSES:

1. Pain, right shoulder - M25.511
2. Pain, right knee - M25.561

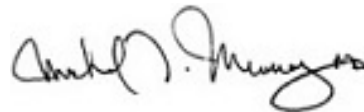
PLAN:

1. Imaging studies and clinical examinations were reviewed with the patient.
2. All treatment options discussed with the patient.
3. Continue anti-inflammatory and muscle relaxant medications p.r.n.
4. Continue physical therapy for right shoulder, right knee 3 days/week.
5. Follow up in 4 weeks.

CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnoses rendered are causally related to the injury the patient incurred on the right shoulder and right knee on July 23, 2022. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.



Rehan Khan, FNP-BC
RK/AEI



Michael Murray, MD