## Ketan D Vora, DO, P.C.

## INITIAL INTAKE SHEET

	( wc) n	F LIEN	1 1	
DOB: 12 17-198\A			landed R L L Ank	
R/Wri 1	/Wri Neck Mid-back	Low-back	- 64	
Type of Injury: MVA Work-Re Asymptomatic prior to accident		Degree of Disabili or trauma: Y N	ty: <u>100 %</u>	
Pain in:				
Other:				
PedestrianBicyclist	MotorcyclistBus pass	sDriverFront Pass	Rear Pass P+ Cuest	
Vehicle hit: Rear	Front Driver-side fr		Passenger side front	
Passenger side	rear T-Boned Driv		ide (SCO)	
Airbags deployed: Y N	EMS Arrived:	Y / N Police at S	cene: Y / N (R) (eq	
went to nospital.	Spital Hame.	me x-rande)	we Car got &	
PMH: None Diabetes HTN HI	LD Asthma Cardiac Thyroid	CA ~ ale	save Blu	
PSH(None	Amodipine		day fortelit	
Drug Allergy: (Y) N	eltish = G.W	2111 yes / Itelans	a + pau	
Soc. His: Smeke Y / N	nnd × Alcohol (7)/ N Re	creational Drugs Y / (N)	<del></del>	
Soc. His: Smeke Y / N	Weeks /Months/Years	Scana Relief: Good Lit	tle None	
	s Stand Nmins	Sit Y / N	mins	
Unable to: Garden	Play sports Drive Lif		- Reach overhead	
Laundry Shopping	Errands Knee So	uat Stairs Jog Exercise		
PRESENT COMPLAINTS:				
<b>R SH</b> Pain/10	<b>LSH</b> Pain/10	(RKN ) Pain 3 /10	<u>LKN</u> Pain/10	
Constant Intermittent	Constant Intermittent	Constant Intermittent	Constant Intermittent	
Stiff Weak Pop Click	Stiff Weak Pop Click	Stiff Weak at Activ	Stiff Weak	
Reach overhead Y / N	Reach overhead Y / N	Diff rising from chair (1/N	Diff rising from chair Y / N	
Reach back Y / N	Reach back Y / N	Diff w/ stairs Y N	Diff w/ stairs Y / N	
Unable to sleep at night	Unable to sleep at night	Click Pop Buck Lock	Click Pop Buckl Lock	
Imp w/ Rest Med PT Ice	Imp w/ Rest Med PT Ice	Imp w/ Rest Med PT Ice	Imp w/ Rest Med PT Ice	
<u>R HIP</u> Pain/10	<u>LHIP</u> Pain/10	<u><b>R ANK</b></u> Pain/10	<u>LANK</u> Pain/10	
Constant Intermit Lock	Constant Intermit Lock	Constant Intermittent	Constant Intermittent	
Pain w/ stand walk climb	Pain w/ stand walk climb	Pain w/ stand walk climb	Pain w/ stand walk climb	
Standing from sitting	Standing from sitting	Imp w/ Rest Med PT Ice	Imp w/ Rest Med PT Ice	
Imp w/ Rest Med PT Ice	Imp w/ Rest Med PT Ice			
DIAIDI Doin /10	L WRI Pain /10	<b>RELB</b> Pain/10	LELB Pain/10	
RWRI Pain/10 Constant Intermittent	<u>L WRI</u> Pain/10 Constant Intermittent	Constant Intermittent	Constant Intermittent	
1			Weak Numb Tingle	
Weak Numb Tingle	Weak Numb Tingle	Weak Numb Tingle	<del>-</del>	
Pain w/ lift carry drive	Pain w/ lift carry drive	Pain w/ lift carry drive Imp w/ Rest Med PT Ice	Pain w/lift carry drive Imp w/ Rest Med PT Ice	
Imp w/ Rest Med PT Ice	Imp w/ Rest Med PT Ice	mup w/ nest wied F1 108	mith AM treat rater Lt res	
Other Complaints:				

ROS:

General: Fevers chills night sweats weight gain weight loss HEENT: Double vision eye pain eye red. hearing loss earache ear ringing nose bleeds sore throat hoarseness Endocrine: Cold intolerance appetite changes hair changes Skin: Clear no rashes or lesions Neuro: Headaches dizziness vertigo tremors Respiratory: Wheezing coughing shortness of breath difficulty breathing Cardiovascular: Chest pain murmurs irregular heart rate hypertension
GI: Nausea vomiting diarrhea constipation jaundice change in bowel habits GU: Blood in urine painful urination loss of bladder control urinary retention Hematology: Active bleeding bruising anemia blood clotting disorders Psychiatric: Anxiety change in sleep pattern depression suicidal thoughts
PHYSICAL EXAMINATION:  C SPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L  Pain w/ neck bend lift carry Impoves w/ Rest Med PT Ice  ROM: Flex/45 Ext/45 R Lat Flex/45 L Lat Ext/45 Rot/60
LSPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L Pain w/ stand walk sit bend Impoves w/ Rest Med PT Ice ROM: Flex/80 Ext/25 R Lat Flex/35 L Lat Ext/45 Sac Hip Flex/45
R/SH: Swelling /Tender to palp → Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula  Heat Erythema Crepitus Deformity  Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy  O'Brien's Impingement Lift off test Hawkins  ROM: Abd/180 Add/45 For Flex/180 Ext/60 IR/90 ER/90  IR: sacrum mid backno motor or sensory deficit  L/SH: Swelling/Tender to palp → Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula  Heat Erythema Crepitus Deformity  Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy  O'Brien's Impingement Lift off test Hawkins  ROM: Abd/180 Add/45 For Flex/180 Ext/60 IR/90 ER/90  IR: sacrum mid backno motor or sensory deficit
R/KN: Swelling / Tender along Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa Heat Swelling Erythema Crepitus Deformity McMurray Lachmans Pat. fem. gripo Ant. draw Post draw
McMurray Lachmans Pat. fem. grip Ant. draw Post draw  ROM: Flexion 120/130 Extension 5 Stable varus/valgus no motor or sensory deficit  L/KN: Swelling / Tender along → Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa  Heat Swelling Erythema Crepitus Deformity  McMurray Lachmans Pat. fem. grind Ant. draw Post. draw  ROM: Flexion 130 Extension 5 Stable varus/valgus no motor or sensory deficit
R/HIP:Swelling /Hematoma / Effusion / bruise

<b>R/ANK</b> : Swell /Hemato/ bruise → Ant. Post. Lat. Malleo Ant Draw +ve - ve Tenderness to palpation → Med. aspect Lat. aspect. ROM: Full Limited ROM: Dorsi flexion/20 Plantar flex/50 Inversion/15 Ever	l and painful.
L/ANK: Swell /Hemato/ bruise → Ant. Post. Lat. Malleo Ant Draw +ve -ve Tenderness to palpation → Med. aspect Lat. aspect. ROM: Full Limite ROM: Dorsi flexion/20 Plantar flex/50 Inversion/15 Ever	Inv Stress +ve - ve d and painful.
R/WRI: Pain to palp. → Ulnar styl. Distal rad. Scaphoid/5 grip strength	Swell Erythema Bruise
Tinel +ve -ve Phalen +ve -ve	
ROM: Flexion/80 Extension/70 Radial dev/20 Ulnar dev	/30
L/WRI: Pain to palp. → Ulnar styl. Distal rad. Scaphoid/5 grip strength S	Swell Erythema Bruise
Tinel +ve -ve Phalen +ve -ve	
ROM: Flexion/80 Extension/70 Radial dev/20 Ulnar dev	/30
R /ELB: Swell Erythema Bruise Deltoid atrophy/5 musc stren Tender → I	Med Epi Lat Epi Ole Pro
Varus +ve -ve Valgus +ve -ve Tinel +ve -ve	
ROM: Flexion/150 Extension/150 Supin/90 Pron/90	
L/ELB: Swell Erythema Bruise Deltoid atrophy/5 musc stren Tender → N	Med Epi Lat Epi Ole Pro
Varus +ve -ve Valgus +ve -ve Tinel +ve -ve	
ROM: Flexion/150 Extension/150 Supin/90 Pron/90	
TIOTAL FIONDER	
Dx:	
Right Shoulder Left Shoulder Right Knee	Left Knee
S46 011A Partial rot cuff tear S46.012A Partial rot cuff tear S83.241A Med. Men. tear	S83.242A Med. Men. tear

M75.121 Complete rot cuff tear M24.811 Internal derangement M75.01 Adhesive Capsulitis M75.81 Shoulder tendinitis S43.431A Labral tear S43.431A SLAP tear M75.41 Impingement M65,811 Tenosynovitis M75.51 Bursitis M75.21 Bicipital tendinitis M25.511 Pain S49.91XA Injury S46.101A Biceps tendon tear M24.10 Glenoid chondr defect M94,211 Chondromal, glen/HH M67.211 Hypertroph. synovitis M89.311 AC joint hypertrophy M24.011 Loose Bodies M25.311 Shoulder instability M19.011 Primary osteoarthritis

M25.411 Joint Effusion

M75,122 Complete rot cuff tear M24,812 Internal derangement M75.02 Adhesive Capsulitis M75.82 Shoulder tendinitis S43.432A Labral tear S43.432A SLAP tear M75.42 Impingement M 65.812 Tenosynovitis M75.52 Bursitis M 75.22 Bicipital Tendinitis M25.512 Pain S49.92XA Injury S46.102A Biceps tendon tear M24.10 Glenoid chondr defect M94.212 Chondromal, glen/HH M67.212 Hypertroph. synovitis M89.312 AC joint hypertrophy M24.012 Loose Bodies M25.312 Shoulder instability M19.012 Primary osteoarthritis M25.412 Joint Effusion

S83.241A Med. Men. tear
83.281A Lat. Men. tear
M23.91 Internal derangement
S83.519A ACL tear
S83.511A ACL sprain
S83.411 MCL sprain
M94.261 Chondromalacia
S83.31XA Tear artic. cartilage

M25.461 Joint effusion
M12.569 Trauma, arthropathy
S80.911A Injury

M22.2X1 PF chondral injury

M25.561 Pain M65.161 Synovitis

M23.40 Loose body in knee M24.10 Chondral lesion M93.261 Osteochondral lesion

M17.11 Osteoarthritis

M24.661 Adhesions M67.51 Medial plica M25.761 Osteophyte

M70.41 Prepatellar bursitis

S83.282A Lat. Men. tear M23.92 Internal derangement S83.519A ACL tear S83.512A ACL sprain S83.412A MCL sprain M94.262 Chondromalacia S83.32XA Tear artic. cartilage M22,2X2 PF chondral injury M25,462 Joint effusion M12.569 Trauma, arthropathy y S80.912A Injury M25.562 Pain M65.162 Synovitis M23.40 Loose body in knee M24.10 Chondral lesion M93.262 Osteochondral lesion M17.12 Osteoarthritis M24.662 Adhesions M67.52 Medial plica M25.762 Osteophyte M70.42 Prepatellar bursitis

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