

**KDV Medical P.C.**

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September 27, 2022

Re: Chimbo, Christian

DOB: 09/25/1996

DOA: 06/07/2022

Location: 82nd Street - Ortho

**INITIAL ORTHOPEDIC CONSULTATION**

**CHIEF COMPLAINT:** Right knee pain.

**HISTORY OF PRESENT ILLNESS:** This is an initial orthopedic evaluation for a 26-year-old right-hand dominant male, involved in a motor vehicle accident on 06/07/2022. Patient riding a bike when a car pulling out of a garage hit him on the right side. The EMS arrived on the scene. The police were called to the scene of the accident. The patient went via ambulance to Elmhurst Hospital and was treated and released the same day. The patient presents today complaining of right knee pain sustained in the motor related accident.

Right knee pain is 5/10, described as intermittent. The patient has difficulty raising from a chair. The patient also has clicking of the right knee. Rest improves the pain.

**PAST MEDICAL HISTORY:** Noncontributory.

**PAST SURGICAL HISTORY:** Noncontributory.

**DRUG ALLERGIES:** NO KNOWN DRUG ALLERGIES.

**MEDICATIONS:** The patient is taking over-the-counter.

**ADL CAPABILITIES:** The patient states that he can walk for 4 blocks. He can stand for 20 minutes before he has to sit. He can sit for 60 minutes before needing to change positions secondary to pain. As a direct result of the injuries sustained in this accident, the patient states that he is unable to do the following activities: carrying heavy objects, laundry, shopping, running errands, kneeling, squatting, negotiating stairs, jogging, and exercising.

**REVIEW OF SYSTEMS: General:** No fever, chills, night sweats, weight gain, or weight loss.

**PHYSICAL EXAMINATION:** The patient's height is 5 feet 1 inch, weight is 135 pounds. Patient is alert, oriented and cooperative.

Right Knee: No swelling, heat, erythema noted. Reveals tenderness to palpation over medial joint line. Range of motion, flexion is 110 degrees, normal is 135 degrees, and full extension

noted. Positive posterior drawer test. The patient has no motor or sensory deficit of the right lower extremity.

**DIAGNOSTIC STUDIES:** Right knee MRI, done on 08/20/2022, Horizontal signal extending to the periphery within the body the medial meniscus may represent a tear in the appropriate clinical setting. Joint effusion. Contusion within the superior lateral aspect of Hoffa's fat pad.

**FINAL DIAGNOSES:**

1. Injury, right knee - S80.911A
2. Medial Meniscus tear, right knee - S83.241A
3. Pain, right knee - M25.561

**PLAN:**

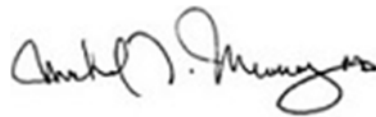
1. Imaging studies and clinical examinations were reviewed with the patient.
2. All treatment options discussed with the patient.
3. Continue anti-inflammatory and muscle relaxant medications p.r.n.
4. Start physical therapy for right knee 3 days/week.
5. Follow up in 4 weeks p.r.n.

**CAUSALITY:** It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnoses rendered are causally related to the injury the patient incurred on the right knee on June 07, 2022. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.



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Rehan Khan, FNP-BC  
RK/AEI



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Michael Murray, MD