



3620 East Tremont Ave., Suite 104  
Bronx, New York 10465

Patient Name: YOUSAF, MUHAMMAD  
RDI #: 4635 MY  
Study Date: 11/08/2021  
Exam: MRI LT KNEE  
Physician: DR IMELDA CRUZ-BANTING

AGE: 060Y (M)  
DOB: 05/19/1961

### FINAL REPORT

**HISTORY:** 060Y status post injury with knee pain

**PRIORS:** none

**PROTOCOL:** Sagittal proton density and T2 weighted images and coronal T1 and STIR images were obtained. Additional axial fat suppressed T2 weighted images were obtained. Images were obtained on a high field MRI.

### FINDINGS:

**Cruciate Ligaments:** Fluid in the posterior fibers anterior cruciate ligament consistent with intrasubstance tear/sprain. No disruption is identified. The posterior cruciate ligament is intact.

**Collateral Ligaments:** The medial collateral ligament is intact. The lateral ligamentous complex is intact.

**Menisci:** There is a tear within the posterior horn of both the medial lateral menisci.

**Osseous Structures:** Cystic change within the medial patellar facet is identified consistent with chondromalacia patella.

There is also osseous edema within the intercondylar region of the femur.

**Extensor Mechanism:** The patella tendon is intact. The visualized portion of the quadriceps tendon is likewise intact. The patella retinaculæ are intact.

**Joint Effusion:** There is a joint effusion present

### IMPRESSION

**TEAR WITHIN THE POSTERIOR HORN OF BOTH THE MEDIAL LATERAL MENISCI.**

**INTRASUBSTANCE TEAR/SPRAIN OF THE POSTERIOR FIBERS OF THE ANTERIOR CRUCIATE LIGAMENT**

**CHONDROMALACIA PATELLA MEDIAL PATELLAR FACET AS WELL AS OSSEOUS EDEMA IN THE INTERCONDYLAR REGION OF THE DISTAL FEMUR.**



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### JOINT EFFUSION

Thank you for referring this patient to us for evaluation.

Very truly yours,

MICHAEL CARLIN MD  
Electronically signed: 11/09/2021 10:41

10/3  
11/1/21