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**Initial Comprehensive Medical Evaluation**

Date: 06/20/2022

RE: Ayub Khan

DOB: 10/12/1958

Location: TS Chiropractic Wellness, Richmond Hill

Case Type: WC

1<sup>st</sup> Evaluation

**Degree of Disability:** 100%.

**Work Status:** Not working-temporarily totally disabled.

Continue PT. Recent injection to shoulder. MRI pending. Follow-up in 1 month.

**HISTORY:**

On 06/20/2022, Mr. Ayub Khan, a right-handed 63-year-old male presents for the evaluation of the injuries sustained in a work-related incident which occurred on the date of 04/19/2022. The patient states he was the restrained driver of a vehicle which was involved in a rear-end collision. The patient states that an EMS team arrived. He went to Elmhurst Hospital via ambulance same day the accident occurred. He was evaluated and released. The patient worked as part time Taxi driver when rear-ended. The patient reports no injury to the head and no loss of consciousness. During the accident, the patient reports injuries to right shoulder.

**CHIEF COMPLAINTS:**

The patient complains of right shoulder pain that is 8/10, with 10 being the worst, which is sharp in nature. Right shoulder pain is worsened with lying, movement, lifting objects, rotation and walking.

**REVIEW OF SYSTEMS:** The patient denies seizures, chest pain, shortness of breath, jaw pain, abdominal pain, fevers, night sweats, diarrhea, blood in urine, bowel/bladder incontinence, double vision, hearing loss, recent weight loss, episodic lightheadedness and rashes.

**PAST MEDICAL HISTORY:** High blood pressure.

**PAST SURGICAL/HOSPITALIZATION HISTORY:** Noncontributory.

**MEDICATIONS:** None.

**ALLERGIES:** No known drug allergies.

**SOCIAL HISTORY:** Unknown.

**PHYSICAL EXAM:**

**General:** The patient presents in an uncomfortable state.

**Neurological Examination:** The patient is alert and cooperative and responding appropriately. Cranial nerves II-XII grossly intact.

**Deep Tendon Reflexes:** Are 2+ and equal.

**Sensory Examination:** It is intact.

**Manual Muscle Strength Testing:** Testing is 5/5 normal.

**Right shoulder Examination:** Reveals tenderness upon palpation of the right AC joint, supraspinatus and scapular region with muscle spasm present at trapezius muscle. Neer's test is positive, Hawkins test is positive and reverse beer can test is positive. ROM is as follows: Abduction is 90 degrees, normal is 180 degrees; flexion is 80 degrees, normal is 180 degrees; external rotation is 40 degrees, normal is 90 degrees and internal rotation is 30 degrees, normal is 90 degrees.

**GAIT:** Normal.

**Diagnostic Studies:** None reviewed.

**Diagnoses:**

Right shoulder pain - (M25.511).

Right shoulder sprain/strain - (S43.401A).

**Plan:**

1. **Physical therapy:** The patient is to start physical therapy 3 times a week for 4-6 weeks.

**Procedures:** If the patient continues to have tender palpable taut bands/trigger points with referral patterns as noted in the future on examination, I will consider doing trigger point injections.

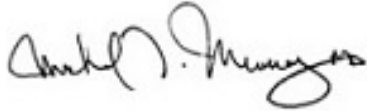
**Care:** Acupuncture, chiropractic and physical therapy. Avoid heavy lifting, carrying, excessive bending and prolonged sitting and standing.

**Goals:** To increase range of motion, strength, flexibility, to decrease pain and to improve body biomechanics and activities of daily living and improve the functional status.

**Precautions:** Universal.

**Follow-up:** 1 month.

It is my opinion that the injuries and symptoms Mr. Ayub Khan sustained to right shoulder are causally related to the incident that occurred on 04/19/2022 as described by the patient.

A handwritten signature in black ink, appearing to read "Michael Murray", written in a cursive style.

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Michael Murray, MD  
Kevin Ball, PA

Dictated but not proofread