

KDV Medical, P.C.

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September 28, 2022

Re: Thomas, Tiffany

DOB: 08/14/1981

DOA: 09/26/2021

Location: Cruz Banting Imelda MD PT

ORTHOPEDIC RE-EVALUATION

CHIEF COMPLAINT: Right wrist pain.

HISTORY OF PRESENT ILLNESS: This is a 41-year-old right-hand dominant female who presents for follow-up evaluation of injuries sustained in a motor vehicle accident on 09/26/2021. Patient is status post right wrist arthroscopy done on 8/17/2022

Right wrist pain is 4/10, described as intermittent pain with weakness and aching. Pain is worsened with lifting, carrying, driving and in the morning.

PHYSICAL EXAMINATION:

Right Wrist: Scars are noted. Tenderness to palpation over the ulnar styloid of wrist. Tinel's sign is negative. Phalen's sign is negative. Range of motion reveals flexion 50/80 degrees, extension 40/70 degrees, radial deviation 15/20 degrees, ulnar deviation 20/30 degrees. Grip strength is 4/5.

FINAL DIAGNOSES:

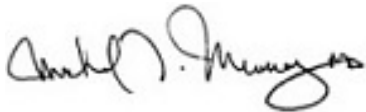
1. Status post right wrist arthroscopy.

PLAN:

2. Imaging studies and clinical examinations were reviewed with the patient.
3. All treatment options discussed with the patient.
4. Continue with home stretching and strengthening exercises as demonstrated and provided in the clinic.
5. Continue anti-inflammatory and muscle relaxant medications p.r.n.
6. Continue physical therapy for right wrist 3 days/week.
7. Continue with wearing brace with activity and at night.
8. Follow up in 4-6 weeks.

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CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the right wrist on September 26, 2021. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

A handwritten signature in black ink, appearing to read "Michael Murray", written over a horizontal line.

Nadezhda Bababekova, NP-BC
Michael Murray, MD

NB/AEI