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INITIAL INTAKE SHEET

WC NF LIEN

Patient Name: Rosa, Anthony DOB: 1/15/1975 Age: 47 Height: 6.3 Weight: 280 Handed: R L
Chief Complaint: R/SH L/SH R/KN L/KN R/Elb L/Elb R/Hip L/Hip R/Ank L/Ank

Type of Injury: MVA Work-Related Working: Y / N Degree of Disability: _____ %
Asymptomatic prior to accident: Y N History of prior trauma: Y N
Pain in: _____
Other: _____

Pedestrian Bicyclist Motorcyclist Bus pass. Driver Front Pass. Rear Pass
Vehicle hit: Rear Front Driver-side front Driver side rear Passenger side front
Passenger side rear T-Boned Driver side T-Bone Passenger side

Airbags deployed: Y N EMS Arrived: Y N Police at Scene: Y N
Went to Hospital: Y N Hospital name: X-rays (-) to d/c game day
PMH: None Diabetes HTN HLD Asthma Cardiac Thyroid CA of Pain
PSH: None Knee Arthroscopy 2014
Meds: None / Pain meds PRN Metformin

Drug Allergy: Y N Sec. His: Smoke Y N Alcohol Y N Recreational Drugs Y N
PT/Chiro: Y N Duration: 7 Weeks Months Years Relief: Good Little None
Walk: Y / N blocks Stand: Y / N mins Sit Y / N mins
Unable to: Garden Play sports Drive Lift Childcare Carry Reach overhead
Laundry Shopping Errands Kneel Squat Stairs Jog Exercise

PRESENT COMPLAINTS:
R SH Pain 6-7/10 L SH Pain 2-9/10 R KN Pain 7-9/10 L KN Pain ___/10
Constant Intermittent Constant Intermittent Constant Intermittent Constant Intermittent
Stiff Weak Pop Click Stiff Weak Pop Click Stiff Weak Pop Click Stiff Weak Pop Click
Reach overhead Y N Reach overhead Y N Diff rising from chair Y N Diff rising from chair Y / N
Reach back Y N Reach back Y N Diff w/ stairs Y N Diff w/ stairs Y / N
Unable to sleep at night Y Unable to sleep at night Y Click Pop Buckl Lock Click Pop Buckl Lock
Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice

R HIP Pain ___/10 **L HIP** Pain ___/10 **R ANK** Pain ___/10 **L ANK** Pain ___/10
Constant Intermittent Lock Constant Intermittent Lock Constant Intermittent Lock Constant Intermittent Lock
Pain w/ stand walk climb Pain w/ stand walk climb Pain w/ stand walk climb Pain w/ stand walk climb
Standing from sitting Standing from sitting Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice
Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice

R WRI Pain ___/10 **L WRI** Pain ___/10 **R ELB** Pain ___/10 **L ELB** Pain ___/10
Constant Intermittent Constant Intermittent Constant Intermittent Constant Intermittent
Weak Numb Tingle Weak Numb Tingle Weak Numb Tingle Weak Numb Tingle
Pain w/ lift carry drive Pain w/ lift carry drive Pain w/ lift carry drive Pain w/ lift carry drive
Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice Imp w/ Rest Med PT Ice

Other Complaints: _____

ROS: _____

General: Fevers chills night sweats weight gain weight loss

HEENT: Double vision eye pain eye red. hearing loss earache ear ringing nose bleeds sore throat hoarseness

Endocrine: Cold intolerance appetite changes hair changes

Skin: Clear no rashes or lesions

Neuro: Headaches dizziness vertigo tremors

Respiratory: Wheezing coughing shortness of breath difficulty breathing

Cardiovascular: Chest pain murmurs irregular heart rate hypertension

GI: Nausea vomiting diarrhea constipation jaundice change in bowel habits

GU: Blood in urine painful urination loss of bladder control urinary retention

Hematology: Active bleeding bruising anemia blood clotting disorders

Psychiatric: Anxiety change in sleep pattern depression suicidal thoughts

PHYSICAL EXAMINATION:

C SPINE: Pain Sharp Shoot Burn Constant Intermittent Numb Tingling Radiates to R L

Pain w/ neck bend lift carry Improves w/ Rest Med PT Ice

ROM: Flex. ___/45 Ext. ___/45 R Lat Flex. ___/45 L Lat Ext. ___/45 Rot ___/60

L SPINE: Pain Sharp Shoot Burn Constant Intermittent Numb Tingling Radiates to R L

Pain w/ stand walk sit bend Improves w/ Rest Med PT Ice

ROM: Flex. ___/80 Ext. ___/25 R Lat Flex. ___/35 L Lat Ext. ___/45 Sac Hip Flex ___/45

subacromial space

R/SH: Swelling/Tender to palp → Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula
Heat Erythema Crepitus Deformity
Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy
O'Brien's Impingement Lift off test Hawkins
ROM: Abd. 150/180 Add. 30/45 For Flex. 160/180 Ext. ___/60 IR to 45/90 ER 80/90
IR: sacrum mid back no motor or sensory deficit

subacromial space

L/SH: Swelling/Tender to palp → Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula
Heat Erythema Crepitus Deformity
Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy
O'Brien's Impingement Lift off test Hawkins
ROM: Abd. 150/180 Add. 30/45 For Flex. 160/180 Ext. ___/60 IR to 45/90 ER 70/90
IR: sacrum mid back no motor or sensory deficit

R /KN: Swelling/Tender along → Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa
Heat Swelling Erythema Crepitus Deformity patella
McMurray Lachmans Pat. fem grind Ant. draw Post. draw muscle strength 4-5
ROM: Flexion 120/130 Extension ___/5 Stable varus/valgus no motor or sensory deficit

L /KN: Swelling/Tender along → Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa
Heat Swelling Erythema Crepitus Deformity
McMurray Lachmans Pat. fem. grind Ant. draw Post. draw
ROM: Flexion ___/130 Extension ___/5 Stable varus/valgus no motor or sensory deficit

R /HIP: Swelling/Hematoma/Effusion/bruise Trendelenburg +ve -ve
Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful.
ROM: Abd. ___/45 Add. ___/35 Flex. ___/120 Ext. ___/30 IR ___/45 ER ___/45

L /HIP: Swelling/Hematoma/Effusion/bruise Trendelenburg +ve -ve
Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful.
ROM: Abd. ___/45 Add. ___/35 Flex. ___/120 Ext. ___/30 IR ___/45 ER ___/45

R/ANK: Swell/Hemato/bruise → Ant. Post. Lat. Malleo Ant Draw +ve -ve Inv Stress +ve -ve
Tenderness to palpation → Med. aspect Lat. aspect. ROM: Full Limited and painful.
ROM: Dorsi flexion ___/20 Plantar flex. ___/50 Inversion ___/15 Eversion ___/15

L/ANK: Swell/Hemato/bruise → Ant. Post. Lat. Malleo Ant Draw +ve -ve Inv Stress +ve -ve
Tenderness to palpation → Med. aspect Lat. aspect. ROM: Full Limited and painful.
ROM: Dorsi flexion ___/20 Plantar flex. ___/50 Inversion ___/15 Eversion ___/15

R/WRI: Pain to palp. → Ulnar styl. Distal rad. Scaphoid ___/5 grip strength Swell Erythema Bruise
Tinel +ve -ve Phalen +ve -ve
ROM: Flexion ___/80 Extension ___/70 Radial dev. ___/20 Ulnar dev. ___/30

L/WRI: Pain to palp. → Ulnar styl. Distal rad. Scaphoid ___/5 grip strength Swell Erythema Bruise
Tinel +ve -ve Phalen +ve -ve
ROM: Flexion ___/80 Extension ___/70 Radial dev. ___/20 Ulnar dev. ___/30

R/ELB: Swell Erythema Bruise Deltoid atrophy ___/5 musc stren Tender → Med Epi Lat Epi Ole Pro
Varus +ve -ve Valgus +ve -ve Tinel +ve -ve
ROM: Flexion ___/150 Extension ___/150 Supin. ___/90 Pron. ___/90

L/ELB: Swell Erythema Bruise Deltoid atrophy ___/5 musc stren Tender → Med Epi Lat Epi Ole Pro
Varus +ve -ve Valgus +ve -ve Tinel +ve -ve
ROM: Flexion ___/150 Extension ___/150 Supin. ___/90 Pron. ___/90

Dx:

Right Shoulder

S46.011A Partial rot cuff tear
M75.121 Complete rot cuff tear
M24.811 Internal derangement
M75.01 Adhesive Capsulitis
~~M75.81 Shoulder tendinitis~~
~~S43.431A Labral tear~~
S43.431A SLAP tear
~~M75.41 Impingement~~
M65.811 Tenosynovitis
M75.51 Bursitis
M75.21 Bicipital tendinitis
M25.511 Pain
S49.91XA Injury
S46.101A Biceps tendon tear
M24.10 Glenoid chondr defect
M94.211 Chondromal, glen/HH
M67.211 Hypertroph. synovitis
M89.311 AC joint hypertrophy
M24.011 Loose Bodies
M25.311 Shoulder instability
M19.011 Primary osteoarthritis
M25.411 Joint Effusion

Left Shoulder

S46.012A Partial rot cuff tear
M75.122 Complete rot cuff tear
M24.812 Internal derangement
M75.02 Adhesive Capsulitis
~~M75.82 Shoulder tendinitis~~
~~S43.432A Labral tear~~
S43.432A SLAP tear
~~M75.42 Impingement~~
M65.812 Tenosynovitis
M75.52 Bursitis
M75.22 Bicipital Tendinitis
M25.512 Pain
S49.92XA Injury
S46.102A Biceps tendon tear
M24.10 Glenoid chondr defect
M94.212 Chondromal, glen/HH
M67.212 Hypertroph. synovitis
M89.312 AC joint hypertrophy
M24.012 Loose Bodies
M25.312 Shoulder instability
M19.012 Primary osteoarthritis
M25.412 Joint Effusion

Right Knee

~~S83.241A Med. Men. tear~~
S83.281A Lat. Men. tear
M23.91 Internal derangement
~~S83.519A ACL tear~~
S83.511A ACL sprain
~~S83.411 MCL sprain~~
M94.261 Chondromalacia
S83.31XA Tear artic. cartilage
M22.2X1 PF chondral injury
~~M25.461 Joint effusion~~
M12.569 Trauma. arthropathy
S80.911A Injury
M25.561 Pain
M65.161 Synovitis
M23.40 Loose body in knee
M24.10 Chondral lesion
M93.261 Osteochondral lesion
M17.11 Osteoarthritis
M24.661 Adhesions
M67.51 Medial plica
M25.761 Osteophyte
M70.41 Prepatellar bursitis

Left Knee

S83.242A Med. Men. tear
S83.282A Lat. Men. tear
M23.92 Internal derangement
S83.519A ACL tear
S83.512A ACL sprain
S83.412A MCL sprain
M94.262 Chondromalacia
S83.32XA Tear artic. cartilage
M22.2X2 PF chondral injury
M25.462 Joint effusion
M12.569 Trauma. arthropathy y
S80.912A Injury
M25.562 Pain
M65.162 Synovitis
M23.40 Loose body in knee
M24.10 Chondral lesion
M93.262 Osteochondral lesion
M17.12 Osteoarthritis
M24.662 Adhesions
M67.52 Medial plica
M25.762 Osteophyte
M70.42 Prepatellar bursitis

contusion

