Ketan D Vora, DO, P.C.

INITIAL INTAKE SHEET

| | · WC'(NF | / LIEN | |
|--|-------------------------------|---------------------------------------|---|
| | e: 47 Height 6.6/KN L/ KN R/E | 5 Weight: 280 Ha | it 6 202 inded: R L p R/Ank L/Ank |
| B/Wri L/ | Wri Neck Mid-back | Low-back | |
| Type of Injury: MVA Work-Re | lated Working: Y / | / N D egree of Disability | :% |
| Asymptomatic prior to accident: | · | r trauma: Y N | |
| Pain in: | | | |
| Other: | | | |
| Other. | | 1-Sest B | et con |
| Pedestrian <u>Bicvclist</u> | MotorcyclistBus pass. | - | Rear Pass |
| Vehicle hit: Rear | Front Driver-side fro | | Passenger side front |
| Passeng er s ide r | | 1 | |
| Airbags deployed: N | EMS Arrived: | Y N Police at Sc X-TCuS (-) | ene: Y / N |
| Went to Hospital: N Ho | spital name: | | tod come day |
| PMH: None Diabetes HTN HL | Act hos core | 2014 | el Peres |
| PSH:None Pain meds PRN | Not Consis | 7 | |
| Drug Allergy: Y N | 7-10-1-1-1 | | |
| Sec. His: Smoke | ppd Alcohol Y N Rec | creational Drugs Y (N) | |
| PT/Chiro: (Y) N Duration: _ | 2 Weeks Months Years | Relief: Good Litt | le None |
| Walk: Y / Nblocks | | Sit Y / N | mins |
| Unable to: Garden | | Childcare Carry | Reach overhead |
| Laundry Shopping | Errands Kneel Sq | uat Stairs log Exercise | rse of Ambur |
| PRESENT COMPLAINTS: | | | standing |
| | (LSH) Pain 3-9/10 | (RKN) Pain 7-9/10 | LKN Pain |
| RSH Pain 6-1710 Constant Intermittent | Constant Intermittent | Constant Intermittent | Constant Intermittent |
| Stiff Weak Pop Click | Stiff Weak Pop Click | Stiff Weak of Actu | 1 |
| Reach overhead Y N | Reach overhead N | Diff rising from chair Y N | Diff rising from chair Y / N |
| | Reach back Y N | Diff w/ stairs Y/ N | Diff w/ stairs Y / N |
| Reach back (Y)/ N | Unable to sleep at night | Click Pop Buckl Lock | Click Pop Buckl Lock |
| Unable to sleep at night | Imp w/ Rest Med PT Ice | Imp w/ Rest Med PT Ice | · |
| Imp w/ Rest Med PT Ice | Imp W Rest Med F1 Ice | Imp vv/ flest ivied 11 for | imp w noce mod 1. Tes |
| | 1 JUD D | R ANK Pain/10 | LANK Pain/10 |
| <u>R HIP</u> Pain/10 | LHIP Pain/10 | RANK Pain/10 Constant Intermittent | Constant Intermittent |
| Constant Intermit Lock | Constant Intermit Lock | Pain w/ stand walk climb | Pain w/ stand walk climb |
| Pain w/ stand walk climb | Pain w/ stand walk climb | • • • • • • • • • • • • • • • • • • • | Imp w/ Rest Med PT Ice |
| Standing from sitting | Standing from sitting | Imp w/ Rest Med PT Ice | IIIIp w/ nest wed 11 ice |
| Imp w/ Rest Med PT Ice | Imp w/ Rest Med PT Ice | | |
| D. 140 | LANDI Dain /10 | R ELB Pain/10 | L ELB Pain/10 |
| <u>R WRI</u> Pain/10 | <u>L WRI</u> Pain/10 | | Constant Intermittent |
| Constant Intermittent | Constant Intermittent | · | Weak Numb Tingle |
| Weak Numb Tingle | Weak Numb Tingle | Weak Numb Tingle | 1 |
| Pain w/ lift carry drive | Pain w/ lift carry drive | Pain w/ lift carry drive | Pain w/ lift carry drive |
| Imp w/ Rest Med PT Ice | Imp w/ Rest Med PT Ice | Imp w/ Rest Med PT Ice | Imp w/ Rest Med PT Ice |
| | | | |
| Other Complaints: | | | |

ROS:

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General: Fevers chills night sweats weight gain weight loss
HEENT: Double vision eye pain eye red. hearing loss earache ear ringing nose bleeds sore throat hoarseness
Endocrine: Cold intolerance appetite changes hair changes
Skin: Clear no rashes or lesions
Neuro: Headaches dizziness vertigo tremors
Respiratory: Wheezing coughing shortness of breath difficulty breathing
Cardiovascular: Chest pain murmurs irregular heart rate hypertension
GI: Nausea vomiting diarrhea constipation jaundice change in bowel habits
GU: Blood in urine painful urination loss of bladder control urinary retention
Hematology: Active bleeding bruising anemia blood clotting disorders
Psychiatric: Anxiety change in sleep pattern depression suicidal thoughts
PHYSICAL EXAMINATION:
CSPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L
Pain w/ neck bend lift carry Impoves w/ Rest Med PT Ice
ROM: Flex. _____/45 Ext. _____/45 R Lat Flex. _____/45 L Lat Ext. _____/45 Rot _____/60
LSPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L
Pain w/ stand walk sit bend Impoves w/ Rest Med PT Ice
ROM: Flex. ____/80 Ext. ____/25 R Lat Flex. ____/35 L Lat Ext. ____/45 Sac Hip Flex ____/45
R/SH: Swelling Tender to palp - Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula
                 Erythema
                                      Crepitus
                                                         Deformity
                                     Crepitus Deformity

Empty Can Yergasen Deltoid Atrophy
      Heat
      Drop Arm Cross-Over
ROM: Abd. 150180 Add. 20/45 For Flex. 160/180 Ext. 160 IR 190 ER 19090
IR: sacrum mid back no motor or sensory deficit
L/SH: Swelling Tender to palp Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula
Heat Erythema Crepitus Deformity

Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy

O'Brien's Impingement Lift off Dest Hawkins

ROM: Abd. 50/180 Add. 30/45 For Plex. 60/180 Ext. /60 IR 60/90 ER 70/90
                                       no motor or sensory deficit
     sacrum mid back
R /KN: Swelling Tender along - Wed joint line Lat joint line Sup. patella Inf. Patella Pop. fossa
       Heat Swelling Erythema Crepitus Deformity Patella
       McMurray Lachmans Pat fem grind Ant. draw Post draw muscle street
ROM: Flexion 120/130 Extension /5 _stable varus/valgus _no motor or sensory deficit
L/KN: Swelling / Tender along → Med joint line Lat joint line Sup. patella Inf. Patella
                                                                                      Pop. fossa
              Swelling Erythema
                                                    Crepitus
                                                                      Deformity
        McMurray Lachmans Pat. fem. grind Ant. draw Post. draw
ROM: Flexion _____/130 Extension_____/5 ___Stable varus/valgus _____no motor or sensory deficit
R/HIP: Swelling /Hematoma / Effusion / bruise ______ Trendelenburg +ve - ve Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful.
 ROM: Abd. ____/45 Add. ____/35 Flex. ____/120 Ext. ____/30 IR ____/45 ER ____/45
                                                        Trendelenburg +ve - ve
 L/HIP: Swelling /Hematoma / Effusion / bruise _____
Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful.
 ROM: Abd. ____/45 Add. ____/35 Flex. ____/120 Ext. ____/30 IR ____/45 ER ____/45
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| R/ANK: Swell/H | ICHIQLO, DIGISO | Alli. FUSI. Lai. IVIC | nlleo Ant Draw +ve -ve + ROM: Full Limited | and nainful |
|--|--|---|---|--|
| Tenderness to pa | alpation → IVIe | d, aspect Lat. aspec | t. ROM: Full Limited | sion /15 |
| ROM: Dorsi fle | xion/20 | Plantar flex/50 | Inversion/15 Evers | 30117 13 |
| L/ANK: Swell/H | lemato/ bruise 🗦 | → Ant. Post. Lat. Ma | illeo Ant Draw +ve - ve | Inv Stress +ve - ve |
| Tondarness to n | alnation → Me | d aspect Lat. aspect. | ROM: Full Limited | l and painful. |
| DOM: Develop | ulpudon / Wo | Plantar flay /50 | Inversion/15 Evers | sion /15 |
| KOM: Dotsi ile | XION/ ZU | Flantal nex/50 | mversion | |
| D MAIDI. Dain to | noln 🗕 Illnars | etyl Distalrad Scan | noid/5 grip strength S | Swell Erythema Bruise |
| | | | 70107 0 g. sp + 111 g | , |
| Tinel +ve -ve | e Phalen +ve | - ve | (20 Illnor dov | /20 |
| ROM: Flexion | /80 Exter | nsion//U Radiai d | ev/20 Ulnar dev | |
| L/WRI: Pain to | palp.→ Uinars | styl. Distal rad. Scapl | noid/5 grip strength S | well Erythema Bruise |
| Tinel +ve - ve | Phalen +ve | - ve | • | |
| ROM: Flexion | /80 Exter | nsion /70 Radial d | ev/20 Ulnar dev | /30 |
| | | | | |
| R /ELB: Swell | Erythema Bruis | se Deltoid atrophy | _/5 musc stren Tender $ ightarrow$ N | Ned Epi Lat Epi Ole Pro |
| Varus +ve - | ve Valous + | ve -ve Tinel +ve - | ve | |
| ROM: Flexion | /150 Evt | ension /150 Supin | /90 Pron/90 | |
| NOW. HEXION | /130 EX | - Daltaid atrophy | | led Eni Lat Eni Ole Pro |
| r/Frr: 2meil f | rytnema Bruis | e Deltoid alrophy | _/5 musc strem remace > 10 | 10d Epi |
| Varus +ve - | ve Valgus + | ve -ve Tinel +ve - | /00 Dunn /00 | |
| ROM: Flexion | /150 Ext | ension/150 Supin | /90 Pron/90 | |
| | | | | |
| . | | | | |
| Dx; | | t Choulder | Right Knee | Left Knee |
| Right Shoulder | | | Right Knee | Left Knee S83.242A Med. Men. tear |
| Right Shoulder S46.011A Partial r | ot cuff tear S4 | 6.012A Partial rot cuff tear | \$83.241A Med. Men. tea | · |
| Right Shoulder S46.011A Partial r M75.121 Complete | ot cuff tear S4 e rot cuff tear M7 | 6.012A Partial rot cuff tear 75.122 Complete rot cuff tear | \$83.241A Med. Men. tea \$83.281A Lat. Men. tear | S83.242A Med. Men. tear |
| Right Shoulder S46.011A Partial r M75.121 Complete M24.811 Internal | ot cuff tear S4 e rot cuff tear M2 derangement M2 | 6.012A Partial rot cuff tear 275.122 Complete rot cuff tear 24.812 Internal derangement | \$83.241A Med. Men. tea | S83.242A Med. Men. tear S83.282A Lat. Men. tear |
| Right Shoulder S46.011A Partial r M75.121 Complete M24.811 Internal M75.01 Adhesive | ot cuff tear S4 e rot cuff tear M2 derangement M2 Capsulitis M3 | 6.012A Partial rot cuff tear 275.122 Complete rot cuff tear 24.812 Internal derangement 75.02 Adhesive Capsulitis | S83.241A Med. Men. tea S83.281A Lat. Men. tear M23.91 Internal derangement | S83.242A Med. Men. tear S83.282A Lat. Men. tear M23.92 Internal derangement |
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