

Ketan D. Vora, D.O., P.C.

Tel #: 1-877-SPINE-DR

Fax: (347) 708-8499

July 25, 2022

Re: Jachec, Artur

DOB: 03/21/1997

DOA: 06/23/2022

Location: Woodside Ortho

INITIAL ORTHOPEDIC CONSULT EXAMINATION

CHIEF COMPLAINT: Right wrist and left wrist pain.

HISTORY OF PRESENT ILLNESS: This is an initial orthopedic evaluation for a 25-year-old right-handed dominant male, involved in a motor vehicle accident on 06/23/2022. Patient was the driver when another vehicle rear ended him. Airbags did not deploy. The patient was wearing a seatbelt. The EMS arrived on the scene. The police were called to the scene of the accident. The patient was transported via ambulance to Elmhurst Hospital and was treated and discharged next day with pain medications. CT scan and x-rays were done. The patient presents today complaining of right wrist and left wrist pain. The patient has been treated with physical therapy for the last month without adequate relief of pain. The patient states that the pain is interfering with day-to-day activities.

Right Wrist: Right wrist pain is 8 out of 10, described as constant pain with numbness and tingling of bilateral hands in 3rd and 4th digits. Pain is worsened with lifting and carrying.

Left Wrist: Left wrist pain is 8 out of 10, described as constant pain with numbness and tingling of bilateral hands in 3rd and 4th digits. Pain is worsened with lifting and carrying.

WORK HISTORY: The patient is currently working.

PAST MEDICAL HISTORY: Noncontributory.

PAST SURGICAL HISTORY: Noncontributory.

DRUG ALLERGIES: NO KNOWN DRUG ALLERGIES.

MEDICATIONS: The patient is taking Tylenol PRN.

SOCIAL HISTORY: The patient is a nonsmoker. The patient does not drink alcohol.

ADL CAPABILITIES: Patient was unable to lift and carry.

REVIEW OF SYSTEMS: General: No fever, chills, night sweats, weight gain, or weight loss.

Re: Jachec, Artur
Page 2

PHYSICAL EXAMINATION: The patient's height is 6 feet 0 inches, weight is 214 pounds, and BMI is 29.

DIAGNOSTIC STUDIES: Pending

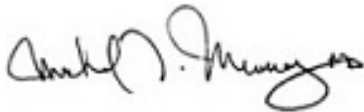
FINAL DIAGNOSES:

1. Internal derangement, left wrist.
2. M25.532 Pain, left wrist.
3. Internal derangement, right wrist.
4. M25.531 Pain, right wrist

PLAN:

1. All treatment options discussed with the patient.
2. Continue anti-inflammatory and muscle relaxant medications p.r.n.
3. Continue physical therapy for bilateral wrists 3 days/week.
4. MRI ordered right and left wrists to rule out injury.
5. Follow-up in 4 weeks for MRI review and further management.

CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on 06/23/2022. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.



Nadezhda Bababekova, NP-BC
Michael Murray, MD

NB/AEI