# **KDV Medical P.C.**

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September 27, 2022

Re: Lima, Olberto DOB: 06/05/1976 DOA: 08/20/2021

Location: 82nd Street - Ortho

### **ORTHOPEDIC RE-EVALUATION**

**CHIEF COMPLAINT:** Right knee pain.

**HISTORY OF PRESENT ILLNESS:** This is a 46-year-old right-hand dominant male who presents for follow-up evaluation of injuries sustained in a work-related accident on 08/20/2021.

Right knee pain is 5/10, described as an intermittent pain. The patient has difficulty raising from a chair and walking up and down stairs. Pain is improved with rest.

**IMPAIRMENT RATING:** Patient is working part-time and temporarily 50% disabled.

### PHYSICAL EXAMINATION:

Right Knee: No swelling, heat or erythema noted. Reveals tenderness to palpation along the medial joint line. Anterior and posterior Drawer test are positive. Right knee is stable with varus and valgus stress test. The patient has no motor or sensory deficit of the right lower extremity.

# **DIAGNOSTIC STUDIES:**

Right knee MRI, done on 03/15/2022, Subcortical cystic changes in the proximal tibia. Medial head of the gastrocnemius muscle strain. Significant edema in the prepatellar region compatible with trauma sequelae.

#### FINAL DIAGNOSES:

- 1. Injury, right knee S80.911A
- 2. Joint effusion, right knee M25.461
- 3. Pain, right knee M25.561

## PLAN:

- 1. Imaging studies and clinical examinations were reviewed with the patient.
- 2. All treatment options discussed with the patient.
- 3. Continue anti-inflammatory and muscle relaxant medications p.r.n.
- 4. Continue physical therapy to the right knee 3 days/week.

**<u>CAUSALITY:</u>** It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the

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injuries the patient incurred on the right knee on August 20, 2021. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

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RK/AEI

Michael Murray, MD