## UK Sinha Physician, P.C.

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October 28, 2022

Re: Rivera, Melanie DOB: 05/10/1995 DOA: 02/14/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left shoulder on 10/13/2022 and comes today for postoperative follow-up. The patient comes from Graham Wellness Medical P.C., 150 Graham Avenue Suite A, Brooklyn NY 11206.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has 5/10 pain.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use.

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The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

**UKS/AEI**