

UK Sinha Physician, P.C.

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October 10, 2022

Office seen at:

Baxter Medical Care, PC
8106 Baxter Ave # Mc2
Elmhurst, NY 11373
Phone# (718) 639-1110

Re: Botero, Juan
DOB: 12/16/1982
DOA: 09/06/2022

INITIAL ORTHOPEDIC CONSULT EXAMINATION

CHIEF COMPLAINT: Right elbow pain.

HISTORY OF PRESENT ILLNESS: A 39-year-old right-hand dominant male involved in a work-related accident on 09/06/2022. The patient missed steps on job while working and landed on outstretched hand, heard a pop in right elbow. The EMS arrived on the scene. The patient was transported via ambulance to NYC Health + Hospitals/Elmhurst and was treated and released the same day. The patient had an x-ray in the ER and was told undisplaced fracture of head of radius (right). The patient presents today complaining of right elbow pain sustained in the work-related accident. The patient was attending physical therapy 3-4 times a week with little relief.

WORK HISTORY: The patient is currently not working.

PAST MEDICAL HISTORY: Noncontributory. There is no previous history of trauma.

PAST SURGICAL HISTORY: Noncontributory.

DRUG ALLERGIES: NO KNOWN DRUG ALLERGIES.

MEDICATIONS: The patient is taking pain medications p.r.n.

SOCIAL HISTORY: The patient is a nonsmoker. The patient does not use recreational drugs.

ADL CAPABILITIES: As a direct result of the injuries sustained in this accident, the patient states that he is unable to do the following activities: driving, lifting heavy objects, carrying, reaching overhead, laundry, shopping, running errands, and exercising.

PRESENT COMPLAINTS: Right elbow: Right elbow pain is 5/10, described as intermittent, dull, achy pain. The patient has pain with lifting, carrying, and driving.

The patient had a repeat x-ray 3 weeks ago, seen by ortho, and was told it had healed well.

REVIEW OF SYSTEMS: Temperature taken at the time of exam was 98.6 degrees Fahrenheit.

General: No fever, chills, night sweats, weight gain, or weight loss.

HEENT: No double vision, eye pain, eye redness, decreased hearing, earache, ear ringing, nosebleeds, sore throat or hoarseness.

Endocrine: No cold intolerance, appetite changes or hair changes.

Skin: Clear, no rashes or lesions.

Neuro: No headaches, dizziness, vertigo or tremor.

Respiratory: No wheezing, coughing, shortness of breath or difficulty breathing.

Cardiovascular: No chest pain, murmurs, irregular heart rate or hypertension.

GI: No nausea, vomiting, diarrhea, constipation, jaundice or changes in bowel habits.

GU: No blood in urine, painful urination, loss of bladder control or urinary retention.

Hematology: No active bleeding, bruising, anemia or blood clotting disorders.

Psychiatric: No anxiety, change in sleep pattern, depression or suicidal thoughts.

PHYSICAL EXAMINATION: The patient's height is 5 feet 11 inches, weight is 210 pounds, and BMI is 29.3. The right elbow reveals negative Varus test. Negative Valgus test. Range of motion reveals flexion -95/150 degrees, extension -45/150 degrees, supination 80/90 degrees, pronation 85/90 degrees.

DIAGNOSTIC TESTING: MRI of the right elbow, done on 10/01/2022, shows undisplaced fracture of the radial head. Joint effusion.

ASSESSMENT:

1. Undisplaced fracture of the radial head, right elbow.

PLAN:

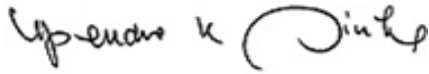
1. Imaging studies and clinical examinations were reviewed with the patient.
2. All treatment options discussed with the patient.
3. Cold compresses for right elbow.
4. Continue anti-inflammatory and muscle relaxant medications p.r.n.
5. Continue physical therapy for right elbow 3 days/week.
6. The patient has significant stiffness (-45 to 95 degrees) Arc of motion. He did physical therapy only 3 times in the last 5 weeks. He is going to see another orthopedic surgeon this week. He needs repeat x-ray.
7. MRI of the right elbow, done on 10/01/2022, shows undisplaced fractured head of radius. No localized pain or tenderness over the head of radius.

8. Follow up in 4 weeks.

IMPAIRMENT RATING: 100%.

CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

AFFIRMATION: Being duly licensed to practice medicine in the state of New York, pursuant to the applicable provisions of the Civil Practice Laws and Rules, I hereby affirm under penalty of perjury that the statements contained herein are true and accurate.

A handwritten signature in black ink, appearing to read "U.K. Sinha", written over a horizontal line.

U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

UKS/AEI