

# UK Sinha Physician, P.C.

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October 18, 2022

Office seen at:  
Gurvansh Anand Chiropractic PC  
2598 3rd Avenue  
Bronx, NY 10454  
Phone#: (718) 975-7144

Re: Medina, Carlos  
DOB: 08/31/1954  
DOA: 03/18/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left knee on 09/29/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
There is no calf tenderness.  
There is negative Homans sign.  
The patient is afebrile.  
The patient has regained almost full mobility of the knee.  
The patient has minimal pain.  
The patient may start home exercise program.  
The patient has regained almost 95% of mobility.  
The patient is ambulating and full weight-bearing without any support.  
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left knee.  
CPM and ice machine use x3 daily.  
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon