

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

September 14, 2022

Office seen at:
Chiro 4226
4226-A 3rd Ave
Bronx, NY 10457
Phone# (718) 684-7676

Re: Tejada, Kenia
DOB: 12/05/1976
DOA: 01/21/2022

POST-OPERATIVE NOTE

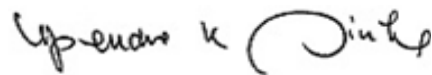
The patient is status post arthroscopy of the right shoulder on 08/25/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
The patient is afebrile.
The patient has regained almost full mobility of the shoulder.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 90% of mobility.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon