

# UK Sinha Physician, P.C.

102-31 Jamaica Ave.  
Richmond Hill, NY 11418  
Ph: 718-480-1130 Fax: 718-480-1132

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October 27, 2022

Office seen at:  
Gordon C Davis Medical PC  
1611 East New York Ave  
Brooklyn, NY 11212  
Phone# (718) 566-0022

Re: Florencio, Cindy  
DOB: 02/16/1994  
DOA: 06/29/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 10/13/2022 and comes today for postoperative follow-up. This patient comes from Graham Wellness Medical P.C., 150 Graham Avenue Suite A, Brooklyn NY 11206.

The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
The patient is afebrile.  
The patient has regained almost full mobility of the shoulder.  
The patient has minimal pain.  
The patient may start home exercise program.  
The patient has regained almost 80% of mobility.  
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.  
CPM and ice machine use x3 daily.  
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon