UK Sinha Physician, P.C.

102-31 Jamaica Ave. Richmond Hill, NY 11418 Ph: 718-480-1130 Fax: 718-480-1132

October 31, 2022

Office seen at: Merrick Medical PC 243-51 Merrick Blvd Rosedale, NY 11422 Phone# (718) 413-5499

Re: Francis, Tricia DOB: 02/28/1971 DOA: 06/28/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 10/20/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient has no pain.

The patient may start home exercise program.

The patient has regained almost 95% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks

Mellita Shakhmurov, PA-C

U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon

MS/AEI