

# **UK Sinha Physician, P.C.**

102-31 Jamaica Ave.  
Richmond Hill, NY 11418  
Ph: 718-480-1130 Fax: 718-480-1132

---

June 29, 2022

Office seen at:

Renew Chiropractic  
2426 Eastchester Road  
Bronx, NY 10469  
Phone# (347) 843-6230

Re: Vazquez, Regina  
DOB: 08/04/1971  
DOA: 03/05/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the right knee on 06/16/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

There is no calf tenderness.

There is negative Homans sign.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the knee.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 90% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the knee.

CPM and ice machine use x3 daily.

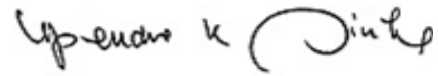
The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.

---

Mellita Shakhmurov, PA-C

MS/AEI

A handwritten signature in black ink, appearing to read "U.K. Sinha". The signature is written in a cursive, flowing style with a large loop at the end.

---

U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon