

# UK Sinha Physician, P.C.

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June 7, 2022

Office seen at:  
Merrick Medical PC  
243-51 Merrick Blvd  
Rosedale, NY 11422  
Phone# (718) 413-5499

Re: Etienne, Shinda  
DOB: 01/21/1977  
DOA: 03/21/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 05/20/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the left shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 95% of mobility.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.

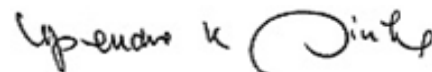
CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.

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Mellita Shakhmurov, PA-C



U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon

MS/AEI

Etienne, Shinda

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