## UK Sinha Physician, P.C.

102-31 Jamaica Ave. Richmond Hill, NY 11418 Ph: 718-480-1130 Fax: 718-480-1132

August 19, 2022

Re: Joseph, Jose DOB: 11/16/1981 DOA: 11/17/2021

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the right shoulder on 08/04/2022 and comes today for postoperative follow-up. This patient comes from Bronx County Medical Care PC, 4014A Boston Rd, Bronx, NY 10475.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient may start home exercise program.

The patient has regained almost 50% of mobility.

The patient was advised physical therapy 3 times a week to regain full mobility of the right shoulder.

CPM and ice machine use.

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The patient is to return to office in 4 weeks.

The patient also has torn lateral meniscus, sprain in ACL, and grade I MCL. Plan is for arthroscopy of left knee.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

**UKS/AEI**