UK Sinha Physician, P.C.

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August 02, 2022

Office seen at: JL Medical PC 172-17 Jamaica Avenue Jamaica, NY 11432 Phone# (929) 499-3003

Re: Gil-Pena, Domingo

DOB: 12/31/1968 DOA: 06/20/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 05/20/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

10 weeks postop left shoulder arthroscopy. No local inflammation, but significant painful ROM.

The patient has pain 10/10.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.

The patient is recently diagnosed with diabetes and is going to see PCP in 2 days.

Plan for blood work and MRI of the left shoulder.

The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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