

# UK Sinha Physician, P.C.

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October 19, 2022

Office seen at:  
Bronx County Medical Care PC  
4014A Boston Rd  
Bronx, NY 10475  
Phone# (718) 346-6580

Re: Washington, Bernita  
DOB: 12/13/1957  
DOA: 06/12/2022

## POST-OPERATIVE NOTE

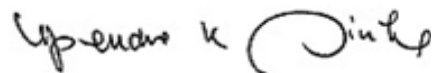
The patient is status post arthroscopy of the right shoulder on 10/13/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
The patient is afebrile.  
The patient has regained partial mobility of his shoulder.  
The patient has minimal pain.  
The patient may start home exercise program.  
The patient has regained almost 65% of mobility.  
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.  
CPM and ice machine use x3 daily.  
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon