## UK Sinha Physician, P.C.

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October 21, 2022

Re: Etienne, Shinda DOB: 01/21/1977 DOA: 03/21/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left wrist on 08/25/2022 and comes today for postoperative follow-up. The patient came from Merrick Medical PC, 243-51 Merrick Blvd, Rosedale, NY 11422.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has minimal pain, 5/10.

Range of motion: Grip strength is 4/5. Range of motion reveals flexion 70/80 degrees, extension 60/70 degrees, radial deviation 15/20 degrees, ulnar deviation 25/30 degrees.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left wrist.

The patient is to return to office in 4 weeks

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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