

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418

POST-OPERATIVE NOTE

Patient Name:

Judy, SOTOMAYOR

Date of Visit:

06/23/2022

The patient is status post arthroscopy of the

L shoulder / knee on

6/16

and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The dressing/sutures was removed. The surgical site was cleaned with alcohol pad

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

There is no calf tenderness.

There is a negative Homans sign.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the shoulder/knee.

The patient has no/minimal pain.

The patient may start their home exercise program.

The patient has regained almost 60% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the L shoulder / knee.

CPM and ice machine use

3x daily

The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.