

UK Sinha Physician, P.C.

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November 07, 2022

Office seen at:
Graham Wellness Medical P.C.
150 Graham Avenue Suite A
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Re: Rickards, Rashad
DOB: 07/25/1992
DOA: 08/12/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right knee on 10/27/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
There is no calf tenderness.
There is negative Homans sign.
The patient is afebrile.
The patient has regained almost full mobility of the knee.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 90% of mobility.
The patient is ambulating and full weight-bearing without any support.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right knee.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



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Board Certified Orthopedic Surgeon