

# **SURGICARE OF BROOKLYN**

313 43<sup>rd</sup> St.

Brooklyn, NY 11232

Phone: (201) 549-9998 – Fax: (646) 585-4468

## **Right Knee Arthroscopy Operative Report**

Patient Name: Covington, Latoya

Medical Record Number: 11522

Date of Birth: 08/23/1983

Date of Procedure: 05/20/2022

Surgeon: Upendra K. Sinha, MD.

Assistant: Gennadiy Shamalov, P.A.

Preoperative Diagnosis: Internal derangement, right knee.

Postoperative Diagnoses: S83.281A Lateral meniscus tear, right knee.  
M65.161 Synovitis, right knee.  
M24.10 Chondral lesion, right knee.  
M24.661 Adhesions, right knee.

Operative Procedure: 29876 Synovectomy (major; 2 or more compartments).  
29881 PLM.  
20610 Intraarticular injection without ultrasound guidance.  
29999 Coblation arthroplasty, LTP.  
29999 Debridement of ACL.  
29884 Lysis of adhesions-suprapatellar pouch.

Anesthesia: General.

Position: Supine.

Estimated Blood Loss: Less than 10 mL.

Complications: None.

### **Intraoperative Findings:**

LMT.

LTP, grade 3 chondral lesion.

Synovitis.

Adhesions-suprapatellar pouch.

### **Indications for Surgery:**

After failing a course of non-operative therapy, the patient elected to undergo the above procedure. The risks and possible complications of knee arthroscopy were discussed in detail with the patient. These risks include but are not limited to continued pain, lack of motion, infection, vascular injury, DVT/PE, nerve injury including peroneal nerve dysfunction, reflex sympathetic dystrophy, compartment syndrome,

unforeseen medical and/or anesthesia complications, limb loss, and even death. The patient expressed an understanding of the risks and possible benefits of the procedure, and is also aware of the alternatives to surgery.

An informed consent was obtained, and was checked immediately pre-op.

**Description of Procedure:**

The patient was brought to the operating room, and placed supine on the operating table. The anesthesiologist administered appropriate anesthesia. All bony prominences were well-padded. The patient's right lower extremity was prepped and draped in the usual standard surgical fashion. A time out was done. The patient was given IV-antibiotic prophylaxis.

A stab incision was made in the right knee lateral portal site. A blunt cannula was passed from the lateral portal site into the patellofemoral joint paying careful attention to avoid damaging the articular surface. The arthroscope was placed and the patellofemoral joint was evaluated. The arthroscope was placed in the medial portal site. A spinal needle was placed through the medial portal site. The needle was visualized and a small stab incision was made. A blunt probe was placed in the medial portal site for further evaluation.

**Debridement of ACL:**

Using arthroscopic visualization and a probe, the anterior cruciate ligament was evaluated. A partial synovectomy was completed overlying the ACL to remove inflammatory synovitis and for better visualization. There was a partial tear. The ACL was debrided to smooth margins using a full radius shaver and radiofrequency wand. The ACL was then reevaluated with the arthroscope and a probe. It was stable. Hemostasis was well maintained. Arthroscopic pictures were taken.

**Major Synovectomy:**

Using arthroscopic visualization, inflammatory synovitis was seen in multiple compartments. A synovectomy procedure was done using a full radius shaver and radiofrequency wand. This removed the inflammatory synovitis and provided for arthroscopic visualization. Hemostasis was well maintained. Pictures were taken.

**Coblation Arthroplasty Lateral Tibial Plateau:**

While evaluating the lateral tibial plateau, there was noted to be grade 3 chondral lesion as evaluated by arthroscopic visualization and a probe. This was debrided using the shaver; however, there were unstable margins remaining and a coblation arthroplasty had to be performed. Using an ArthroCare wand and its plasma field, we melded the unstable margins down to a smooth and stable surface with minimal damage to the surrounding tissue. The remaining chondral surface was probed, and was stable. Hemostasis was well maintained. Arthroscopic pictures were taken.

**Lysis of Adhesions:**

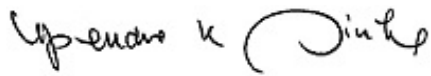
Using arthroscopic visualization, there was noted to be several adhesions at the suprapatellar pouch. The adhesions were excised using a full radius shaver and a radiofrequency wand. Hemostasis was well maintained. Arthroscopic pictures were taken.

The knee was suctioned and placed through a range of motion of 0 to 90 degrees and tracked well. The arthroscope and shaver were carefully removed. The incisions were closed using nylon interrupted sutures. An intraarticular injection was given using 20 cc of 0.025% Marcaine. A sterile dressing was

placed. The patient was then weaned from anesthesia, transferred to a postoperative stretcher and brought to the recovery room in satisfactory condition.

**Physician Assistant:**

Throughout the procedure, I was assisted by physician assistant, licensed in the State of New York. He assisted in positioning the patient on the operating room table as well as transferring the patient from the operating room table to the recovery room stretcher. He assisted me during the actual procedure with positioning of the patient's extremity to allow for ease of arthroscopic access to all areas of the joint. The presence of physician assistant as my operating assistant was medically necessary to ensure the utmost safety of the patient in the operative, interim and postoperative period.

A handwritten signature in black ink, appearing to read "U.K. Sinha", written over a horizontal line.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon