

# **UK Sinha Physician, P.C.**

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November 11, 2022

Office seen at:  
S.P. Physical Therapy  
1320 Louis Nine Boulevard  
Bronx, NY 10459  
Phone # (347) 862-0003

Re: Valerio, Jose  
DOB: 05/01/1961  
DOA: 12/21/2021

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left knee on 10/13/2022 and comes today for postoperative follow-up. The patient comes from Liberty Rhea Ranada Ebarle PT PC, 14 Bruckner Blvd, Bronx, NY 10454. On postoperative day #18, the patient took flight to Florida. Pain started on 11/07/2022 in Florida and he returned from Florida on 11/09/2022 when he noticed swelling and pain in the left lower extremities.

The surgical site has healed well.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is swelling in left knee, left leg and left foot.

There is wound dehiscence and complications.

There is calf tenderness.

There is positive Homans sign.

The patient is afebrile.

The patient may start home exercise program.

The patient has regained almost 65% of mobility.

The patient is ambulating and full weight-bearing with a cane.

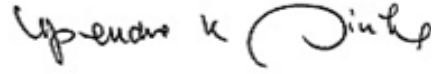
The patient was referred to emergency room to rule out DVT. After hospital ER visit to rule out DVT, the patient was advised to start physical therapy 3 times a week for 4 weeks and home exercises to regain full mobility of the left knee.

The patient was also advised to apply ice 3 times a day.

The patient is to return to office Liberty Rhea Ranada Ebarle PT PC, 14 Bruckner Blvd, Bronx, NY 10454 on 11/21/2022.

A handwritten signature in black ink, consisting of a large, stylized 'S' shape with a horizontal line extending to the right.

Mellita Shakhmurov, PA-C  
MS/AEI

A handwritten signature in black ink, featuring a cursive 'U.K.' followed by a large, stylized 'S' shape.

U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon