

UK Sinha Physician, P.C.

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June 30, 2022

Office seen at:
Primavera PT, P.C.
4250 White Plains Road
Bronx, NY 10466
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Re: Thompson, Mark
DOB: 10/29/1986
DOA:

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 06/23/2022 and comes today for postoperative follow-up. This patient comes from S.P. Physical Therapy, 1320 Louis Nine Boulevard, Bronx, NY 10459.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 80% of mobility.

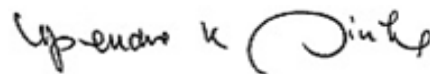
The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.



Mellita Shakhmurov, PA-C

U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

MS/AEI