UK Sinha Physician, P.C. 102-31 Jamaica Ave. Richmond Hill, NY 11418

INITIAL INTAKE SHEET

Petient Name: DOB:	١ -	, wc (I	NF/ LIEN	
Chief Complaint INST LISH RIKN UKN R/EIb UEIb R/Hip UHip R/Ank UAnk Working: Y/N Degree of Disability: **Sec. History of prior trauma: Y N History of prior trauma: Y N Degree of Disability: **Sec. History of prior trauma: Y N Pala in: Other: **Other Lish Rikn Working: Y/N Degree of Disability: **Sec. History of prior trauma: Y N Degree of Disability: **Sec. History of prior trauma: Y N Degree of Disability: **Sec. History of prior trauma: Y N Degree of Disability: **Sec. History of prior trauma: Y N Degree of Disability: **Sec. History of prior trauma: Y N Driver side rear Passenger side front Driver side rear Passenger side T-Bone Passenger side T-Bo	Patient Name: + 10016	W TAMES	M F DOA	: 4/07/202
Type of Injury: IVWi IVWi Neck Mid-back Low-back Type of Injury: MVR Work-Related Asymptomatic prior to accident Y N History of prior trauma: Y N Paln in: Other: Pedestrian	DOB: 10 191957	Age:/_ Height:		
Type of Injury: (NVR) Work-Related Asymptomatic prior to accident Y N History of prior trauma: Y N Pela in: Other: O	Chief Complaint R/SA	L/SH R/KN L/KN F	VEID LYEID IRVHIP LY	Hip R/Ank L/Ank
Asymptomatic prior to accident Y N History of prior trauma: Y N Pela in: Other: Othe	R/Wri			6
Paln in: Other: Credestrian Bicyclist Motorcyclist Bus pass. Driver Front Pass. Rear Pass Wehl Lewin: Bhar Front Driver-side front Driver side rear T-Boned Driver side T-Bone Passenger side front T-Bone Passenger side Front T-Bone Passenger side Front T-Bone Passenger side To-Bone Passenger	Type of Injury: (MVA) Work-			ity:%
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PT/Chiro: Y N Duration: 2. Weeks Months/Years Walk: Y N Dive Lift Childcare Carry Reach overhead Laundry Shorping Erfands Kneel Squat Stairs Jog Exercise PRESENT COMPLAINTS: RSH Pain 10 Constant Intermittent Stiff Weak Pop Click Reach overhead Y N Reach back Y N Unable to sleep at night Imp w/ Rest Med PT Ice RHIP Pain 10 Constant Intermit Lock Pain w/ stand walk climb Standing from sitting PT/Chiro: Y N Diff Good Little None Relief: Good Little None Reach overhead Reach overhead Reach overhead Reach overhead Reach overhead Reach overhead Constant Intermittent Stiff Weak Diff rising from chair Y/N Diff w/ stairs Y/N Click Pop Buckl Lock Imp w/ Rest Med PT Ice RHIP Pain 10 Constant Intermit Lock Pain w/ stand walk climb Standing from sitting RHIP Pain 10 Constant Intermit Lock Pain w/ stand walk climb Imp w/ Rest Med PT Ice REACH Overhead Relief: Good Little None Reach overhead Rakk Pain 10 Constant Intermittent Constant Intermittent Pain w/ stand walk climb Imp w/ Rest Med PT Ice REACH Overhead Reach overhead Constant Intermittent Reach overhead Reach overhead Reach overhead Constant Intermittent Stiff Weak Diff rising from chair Y/N Diff w/ stairs Y/N Click Pop Buckl Lock Imp w/ Rest Med PT Ice REACH Overhead Reach overhead REACH Overhead Reach overhead Constant Intermittent Reach back Y/N Diff w/ stairs Y/N Diff w/ stairs Y/N Click Pop Buckl Lock Imp w/ Rest Med PT Ice REACH Overhead Reach back Y/N Diff w/ stairs Y/N Diff	Soc. His: Smoke Y / N	ppd Alcohol (Y) N R	ecreational Drugs Y /(N	
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Imp w/ Rest Med PT Ice		· ·	-	
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ROS: General: Fevers chills night sweats weight gain weight loss HEENT: Double vision eye pain eye red. hearing loss earache ear ringing nose bleeds sore throat hoarseness Endocrine: Cold intolerance appetite changes hair changes Skin: Clear no rashes or lesions Neuro: Headaches dizziness vertigo tremors Respiratory: Wheezing coughing shortness of breath difficulty breathing Cardiovascular: Chest pain murmurs irregular heart rate hypertension GI: Nausea vomiting diarrhea constipation jaundice change in bowel habits GU: Blood in urine painful urination loss of bladder control urinary retention Hematology: Active bleeding bruising anemia blood clotting disorders Psychiatric: Anxiety change in sleep pattern depression suicidal thoughts
PHYSICAL EXAMINATION: CSPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L Pain w/ neck bend lift carry Impoves w/ Rest Med PT Ice ROM: Flex/45 Ext/45 R Lat Flex/45 L Lat Ext/45 Rot/60
LSPINE: Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L Pain w/ stand walk sit bend Impoves w/ Rest Med PT Ice ROM: Flex/80 Ext/25 R Lat Flex/35 L Lat Ext/45 Sac Hip Flex/45
R/SH: Swelling/Tender to palp -> Supraspiratus AG joint Trap. Prex biceps Coracoid Deffoid Scapula Heat Erythema Crepitus Deformity Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy O/Brien's Impungament Littoff test Hawkins ROM: Abd. 17/180 Add. 17/45 For Flex / 180 Ext. 1/2/60 IR / 90 ER / 90 IR: sacrum mid back no motor or sensory deficit
L/SH: Swelling/Tender to palp-> Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula
Heat Erythema Crepitus Deformity
Drop Arm Cross-Over Empty Can Yergason Deltoid Atrophy O'Brien's Impingement Lift off test Hawkins
ROM: Abd/180 Add/45 For Flex/180 Ext/60 IR/90 ER/90
IR: sacrum mid backno motor or sensory deficit
R /KN: Swelling / Tender along -> Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa Heat Swelling Erythema Crepitus Deformity McMurray Lachmans Pat. fem. grind Ant. draw Post. draw ROM: Flexion/130 Extension/5Stable varus/valgusno motor or sensory deficit L/ KN: Swelling / Tender along -> Med joint line Lat joint line Sup. patella Inf. Patella Pop. fossa
Heat Swelling Frythems Crenitus Deformity
Heat Swelling Erythema Crepitus Deformity McMurray Lachmans Pat. fem. grind Ant. draw Post. draw
ROM: Flexion/130 Extension/5Stable varus/valgusno motor or sensory deficit
R/HIP: Swelling /Hematoma / Effusion / bruise Trendelenburg +ve -ve Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful. ROM: Abd/45 Add/35 Flex/120 Ext/30 IR/45 ER/45 L/HIP: Swelling /Hematoma / Effusion / bruise Trendelenburg +ve -ve Tenderness to palpation → Great Troch Groin Medial thigh. ROM: Full Limited and painful.

ROM: Abd/45 Add R /ANK: Swell /Hemato/ bru Tenderness to palpation -> ROM: Dorsi flexion/2 L/ANK: Swell /Hemato/ bru Tenderness to palpation -> ROM: Dorsi flexion/2	ise → Ant. Post. Lat. M Med. aspect Lat. aspect Plantar flex/50 ise → Ant. Post. Lat. Managery Med. aspect Lat. aspect.	alleo Ant Draw +ve -ve ct. ROM: Full Limited Inversion/15 Evers alleo Ant Draw +ve -ve ROM: Full Limited	and painful. sion/15 Inv Stress +ve - ve i and painful.		
<u>R /WRI</u> : Pain to palp. → Ul	nor and Dictal rad Scan	hoid /5 arin strenath S	well Erythema Bruise		
Tinel +ve -ve Phalen		noteo grip on onger	•		
ROM: Flexion/80 E	extension /70 Radial d	ev/20 Ulnar dev	/30		
L/WRI: Pain to palp. → Uli	per etyl Dietal rad Scan	hoid /5 arip strenath S	well Erythema Bruise		
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ROM: Flexion/80 E	rve - ve Sytension /70 Radial d	ev. /20 Ulnar dev	/30		
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Varus +ve -ve Valgus	+ve -ve Tinel +ve -	ve			
ROM: Flexion/150	Extension/150 Supin	/90 Pron/90			
L/ELB: Swell Erythema Bi	ruise Deltoid atrophy	_/5 musc stren Tender → M	ed Epi Lat Epi Ole Pro		
Varus +ve -ve Valgus +ve -ve Tinel +ve -ve					
ROM: Flexion/150					
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Dx:			1 - 4 W		
Right Shoulder	Left Shoulder	Right Knee	Left Knee S83,242A Med, Men, tear		
S46.011A Partial rot cuff tear M75.121 Complete rot cuff tear		S83 281 & Lat Men. tear	S83.282A Lat. Men. tear		
IVI/5.121 COMPLETE FOLCUTTERY	MIND 155 COMPLETE LOCCOLL TEST	CONTRACTAL FOR INTO IN FORT			

M24:811 Internal derangement M75.01 Adhesive Cansulitis M75:81 Shoulder tendinities \$43.431A Labral tear S43.431A SLAP tear M75.41 Impingement> M65.811 Tenosynovitis M75.51 Bursitis M75.21 Bicipital tendinitis M25.511 Pain \$49.91XA Injury) S46.101A Biceps tendon tear M24.10 Glenoid chondr defect M94.211 Chondromal, glen/HH M67.211 Hypertroph. synovitis M89.311 AC joint hypertrophy M24.011 Loose Bodies M25.311 Shotilder instability M18:011 Primary osteoarthritis M25.411 Joint Effusion

M24.812 Internal derangement M75.02 Adhesive Capsulitis M75.82 Shoulder tendinitis S43.432A Labral tear S43,432A SLAP tear M75.42 Impingement M 65.812 Tenosynovitis M75.52 Bursitis M 75.22 Bicipital Tendinitis M25.512 Pain S49.92XA Injury S46.102A Biceps tendon tear M24.10 Glenoid chondr defect M94.212 Chondromal, glen/HH M67.212 Hypertroph. synovitis M89.312 AC joint hypertrophy M24.012 Loose Bodies M25.312 Shoulder instability M19.012 Primary osteoarthritis M25.412 Joint Effusion

M23.91 Internal derangement S83.519A ACL tear S83.511A ACL sprain S83.411 MCL sprain M94.261 Chondromalacia S83.31XA Tear artic. cartilage M22.2X1 PF chondral injury M25.461 Joint effusion M12.569 Trauma, arthropathy \$80,911A Injury M25.561 Pain M65.161 Synovitis M23.40 Loose body in knee M24.10 Chondral lesion M93.261 Osteochondral lesion M17.11 Osteoarthritis M24,661 Adhesions M67.51 Medial plica M25.761 Osteophyte M70.41 Prepatellar bursitis

M23.92 Internal derangement S83.519A ACL tear S83.512A ACL sprain S83,412A MCL sprain M94,262 Chondromalacia \$83.32XA Tear artic. cartilage M22.2X2 PF chondral injury M25.462 Joint effusion M12.569 Trauma. arthropathy y S80,912A Injury M25.562 Pain M65,162 Synovitis M23.40 Loose body in knee M24.10 Chondral lesion M93.262 Osteochondral lesion M17.12 Osteoarthritis M24.662 Adhesions M67.52 Medial plica M25.762 Osteophyte M70.42 Prepatellar bursitis

Type III a gramby

Right Hip Left Hip Right Ankle Left Ankle Right Wrist Left Wrist Right Elbow Left Elbow C Spine L Spine C Spine L Spine L Spine L Spine Plan: Recommend steroid inj. for pain mgmt. R/SH L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB C Spine L Spine Patient Accepts				
CSpine LSpine Plan: Recommend steroid inj. for pain mgmt. R/SEP L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB CSpine LSpine PatientAccepts	Right Hip	Left Hip	Right Ankle	Left Ankle
CSpine LSpine Plan: Recommend steroid inj. for pain mgmt. R/SP L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB CSpine LSpine PatientAccepts				
CSpine LSpine Plan: Recommend steroid inj. for pain mgmt. R/SH/ L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB C Spine L	Right Wrist	Left Wrist	Right Elbow	Left Elbow
Plan: Recommend steroid inj. for pain mgmt. R/SH L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB C Spine L Spine PatientAccepts				
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MRI ordered R/SH L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB C Spine L Spine Follow up in CS C Weeks / Months / PRN. Discussed R/SP L/SH R/KN L/KN R/HIP L/HIP R/ANK L/ANK R/WRI L/WRI R/ELB L/ELB C Spine L Spine Proceed w/ Sx Wants to think about it Proceed with Sx after rehab on Med Clearance needed prior to Sx W/C authorization needed prior to Sx Patient consents to Sx. Patient scheduled for R/SH L/SH R/KN L/KN Surgery on	Brace ordered R/	SH L/SH R/KN L/	KN R/HIP L/HIP R/ANK	L/ANK R/WRI L/WRI
Follow up in CS+	MRI ordered R /\$	SH L/SH R/KN L/H		L/ANK R/WRI L/WRI
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THURSDAY 7/14	Patient scheduled for	R/SH) L/SH R/KN	L/KN Surgery on	
(THURSO	M 7/14	