## UK Sinha Physician, P.C.

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August 12, 2022

Re: Nicholas, Nadine

DOB: 03/30/1977 DOA: 06/15/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left wrist on 07/30/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The dressings were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the left wrist.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 40% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left wrist.

CPM and ice machine use.

Soft splint removed.

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The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

**UKS/AEI**