

UK Sinha Physician, P.C.

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September 22, 2022

Office seen at:
Dolphin Family Chiropractic, P.C.
430 W Merrick Road
Valley Stream, NY 11580
Phone# (516) 612-7288

Re: Welch, Jennifer
DOB: 12/13/1982
DOA: 04/04/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 09/08/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
The patient is afebrile.
The patient has regained almost full mobility of the shoulder.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 80 % of mobility.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon