

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

November 09, 2022

Office seen at:

Chiro 4226
4226-A 3rd Ave
Bronx, NY 10457
Phone# (718) 684-7676

Re: Washington, Bernita
DOB: 12/13/1957
DOA: 06/12/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 10/29/2022 and comes today for postoperative follow-up. The patient comes from Bronx County Medical Care PC, 4014A Boston Rd, Bronx, NY 10475.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 70% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

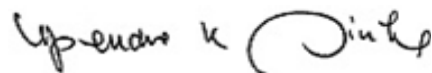
CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon