UK Sinha Physician, P.C.

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October 19, 2022

Office seen at: Brooklyn Medical 5205 Church Avenue Brooklyn, NY 11203 Phone# (845) 201-5909

Re: Thomas, Wallas DOB: 01/31/1964 DOA: 08/14/2022

INITIAL ORTHOPEDIC CONSULT EXAMINATION

CHIEF COMPLAINT: Back, neck, and low back pain.

HISTORY OF PRESENT ILLNESS: A 58-year-old right-hand dominant male involved in a motor vehicle accident on 08/14/2022. The patient was a rear passenger and was wearing a seatbelt. The vehicle was struck on the driver side rear and T-boned on the passenger's side. The EMS arrived on the scene. The police were called to the scene of the accident. The patient went to NYC Health + Hospitals/Kings County after 2 days. The patient presents today complaining of back, neck, and low back pain sustained in the motor vehicle accident. The patient was attending physical therapy 4-5 times a week with little relief.

WORK HISTORY: The patient is currently not working.

PAST MEDICAL HISTORY: Noncontributory. There is no previous history of trauma.

PAST SURGICAL HISTORY: Noncontributory.

DRUG ALLERGIES: NO KNOWN DRUG ALLERGIES.

MEDICATIONS: The patient is taking metformin and insulin, 2-3 years.

SOCIAL HISTORY: The patient is a nonsmoker. The patient drinks alcohol occasionally. The patient does not use recreational drugs.

ADL CAPABILITIES: As a direct result of the injuries sustained in this accident, the patient states that he is unable to do the following activities: driving, lifting heavy objects, carrying, reaching overhead, laundry, shopping, running errands, and exercising.

PRESENT COMPLAINTS: Predominant low back pain plus referred pain in the right lower extremity up to ankle. The patient is waiting for MRI of the lumbar spine.

REVIEW OF SYSTEMS: Temperature taken at the time of exam was 98.6 degrees Fahrenheit.

General: No fever, chills, night sweats, weight gain, or weight loss.

HEENT: No double vision, eye pain, eye redness, decreased hearing, earache, ear ringing,

nosebleeds, sore throat or hoarseness.

Endocrine: No cold intolerance, appetite changes or hair changes.

Skin: Clear, no rashes or lesions.

Neuro: No headaches, dizziness, vertigo or tremor.

Respiratory: No wheezing, coughing, shortness of breath or difficulty breathing. Cardiovascular: No chest pain, murmurs, irregular heart rate or hypertension.

GI: No nausea, vomiting, diarrhea, constipation, jaundice or changes in bowel habits. **GU**: No blood in urine, painful urination, loss of bladder control or urinary retention.

Hematology: No active bleeding, bruising, anemia or blood clotting disorders. **Psychiatric:** No anxiety, change in sleep pattern, depression or suicidal thoughts.

PHYSICAL EXAMINATION: The patient's height is 5 feet 11 inches, weight is 140 pounds, and BMI is 19.5.

DIAGNOSTIC TESTING: Pending.

ASSESSMENT:

1. No joint problem.

PLAN:

1. The patient is referred back to chiropractor.

<u>CAUSALITY</u>: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

AFFIRMATION: Being duly licensed to practice medicine in the state of New York, pursuant to the applicable provisions of the Civil Practice Laws and Rules, I hereby affirm under penalty of perjury that the statements contained herein are true and accurate.

U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon

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