

STAND-UP MRI OF YONKERS

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Report Date:

08/14/2022

CRAIG ARMSTRONG

DOB:

04/12/1989

Exam Date: 08/13/2022

JORDAN FERSEL 2426 EASTCHESTER RD STE 100 BRONX, NY 10469

MAGNETIC RESONANCE IMAGING OF THE LEFT SHOULDER

N10118432-YK

TECHNIQUE: Multiplanar, multisequential MRI was performed in the 30 degree tilt position.

HISTORY: The patient complains of shoulder pain.

INTERPRETATION: The supraspinatus and infraspinatus tendons are both inhomogeneous distally representing insertional tendinosis/tendinopathy.

There is acromioclavicular joint space narrowing and hypertrophic change with slightly low-lying position of the anterior acromion which demonstrates a laterally downsloping type II configuration which abuts the underlying supraspinatus. The acromioclavicular joint is also abutting the underlying supraspinatus at the more proximal aspect of the musculotendinous junction. There is accumulation of fluid in the subacromial bursa representing bursitis.

There is a paralabral cyst anteroinferiorly at the 5 o'clock location measuring 5 mm. There is thinning of the chondral surface of the anteroinferior glenoid and erosion of the labrum at this region but without focal defect, although given the presence of the paralabral cyst, potential of an occult anteroinferior labral tear would be difficult to exclude, and if warranted on clinical basis, further characterization of the labrum in a more detailed manner may be obtained with MR arthrography.

There is distal subscapularis tendinosis/tendinopathy.

Examination otherwise demonstrates the osseous structures of the shoulder to be otherwise unremarkable in signal and morphology. Muscular and tendinous structures including remaining portions of the rotator cuff are also felt to remain otherwise unremarkable in signal and morphology. The bicipital tendon otherwise appears unremarkable in position and morphology.

IMPRESSION:

• The supraspinatus and infraspinatus tendons are both inhomogeneous distally representing insertional tendinosis/tendinopathy.

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- Acromioclavicular joint space narrowing and hypertrophic change with slightly <u>low-lying position</u> of the
 anterior acromion which demonstrates a laterally downsloping type <u>II</u> configuration which abuts the
 underlying supraspinatus. Acromioclavicular joint is also abutting the underlying supraspinatus at the
 more proximal aspect of the musculotendinous junction. Accumulation of fluid in the subacromial bursa
 representing bursitis.
- Paralabral cyst anteroinferiorly at the 5 o'clock location measuring 5 mm. Thinning of the chondral surface of the anteroinferior glenoid and erosion of the labrum at this region but without focal defect, although given the presence of the paralabral cyst, potential of an occult anteroinferior labral tear would be difficult to exclude, and if warranted on clinical basis, further characterization of the labrum in a more detailed manner may be obtained with MR arthrography.
- Distal subscapularis tendinosis/tendinopathy.

IDS raxserver

Thank you for referring your patient to us for evaluation.

Sincerely,

Steven Winter, M.D.

Diplomate of the American Board of Radiology Fellowship Trained in Musculoskeletal Radiology

SW/KA