

# UK Sinha Physician, P.C.

102-31 Jamaica Ave.  
Richmond Hill, NY 11418

## INITIAL INTAKE SHEET

Patient Name: Jimenez, Kathy WC NF LIEN M / F DOA: 02/10/2022  
 DOB: 05/31/1977 Age: 45 Height: 5'5" Weight: 145 Handed: R L  
 Chief Complaint: R/SH L/SH R/KN L/KN R/Elb L/Elb R/Hip L/Hip R/Ank L/Ank  
 R/Wri L/Wri Neck Mid-back Low-back  
 Type of Injury: MVA Work-Related Working: Y N Degree of Disability: 25 %  
 Asymptomatic prior to accident: Y N History of prior trauma: Y / N  
 Pain in: \_\_\_\_\_  
 Other: \_\_\_\_\_

Pedestrian Bicyclist Motorcyclist Bus pass. Driver Front Pass. Rear Pass  
 Vehicle hit: Rear Front Driver-side front Driver side rear Passenger side front  
Passenger side rear T-Boned Driver side T-Bone Passenger side  
 Airbags deployed: Y / N EMS Arrived: Y / N Police at Scene: Y / N  
 Went to Hospital: Y / N Hospital name: \_\_\_\_\_ Amb. Car  
 PMH: None Diabetes HTN HLD Asthma Cardiac Thyroid CA \_\_\_\_\_  
 PSH: None

Meds: None / Pain meds PRN \_\_\_\_\_  
 Drug Allergy: Y / N  
 Soc. His: Smoke Y / N ppd Alcohol Y / N Recreational Drugs Y / N  
 PT/Chiro: Y / N Duration: 4 Weeks / Months / Years Relief: Good Little None  
 Walk: Y / N blocks Stand: Y / N mins Sit Y / N mins  
 Unable to: Garden Play sports Drive Lift Childcare Carry Reach overhead  
 Laundry Shopping Errands Kneel Squat Stairs Jog Exercise

### PRESENT COMPLAINTS:

|  |   |   |   |
|--|---|---|---|
| <b>R SH</b> Pain <u>2</u> /10<br>Constant <u>Intermittent</u><br>Stiff Weak Pop Click<br>Reach overhead Y / <u>N</u><br>Reach back Y / <u>N</u><br>Unable to sleep at night<br>Imp w/ Rest Med <u>PT</u> Ice | <b>L SH</b> Pain ____/10<br>Constant Intermittent<br>Stiff Weak Pop Click<br>Reach overhead Y / N<br>Reach back Y / N<br>Unable to sleep at night<br>Imp w/ Rest Med PT Ice | <b>R KN</b> Pain ____/10<br>Constant Intermittent<br>Stiff Weak<br>Diff rising from chair Y / N<br>Diff w/ stairs Y / N<br>Click Pop Buckl Lock<br>Imp w/ Rest Med PT Ice | <b>L KN</b> Pain ____/10<br>Constant Intermittent<br>Stiff Weak<br>Diff rising from chair Y / N<br>Diff w/ stairs Y / N<br>Click Pop Buckl Lock<br>Imp w/ Rest Med PT Ice |
| <b>R HIP</b> Pain ____/10<br>Constant Intermittent Lock<br>Pain w/ stand walk climb<br>Standing from sitting<br>Imp w/ Rest Med PT Ice   | <b>L HIP</b> Pain ____/10<br>Constant Intermittent Lock<br>Pain w/ stand walk climb<br>Standing from sitting<br>Imp w/ Rest Med PT Ice                                      | <b>R ANK</b> Pain ____/10<br>Constant Intermittent<br>Pain w/ stand walk climb<br>Imp w/ Rest Med PT Ice  | <b>L ANK</b> Pain ____/10<br>Constant Intermittent<br>Pain w/ stand walk climb<br>Imp w/ Rest Med PT Ice  |
| <b>R WRI</b> Pain ____/10<br>Constant Intermittent<br>Weak Numb Tingle<br>Pain w/ lift carry drive<br>Imp w/ Rest Med PT Ice   | <b>L WRI</b> Pain ____/10<br>Constant Intermittent<br>Weak Numb Tingle<br>Pain w/ lift carry drive<br>Imp w/ Rest Med PT Ice  | <b>R ELB</b> Pain ____/10<br>Constant Intermittent<br>Weak Numb Tingle<br>Pain w/ lift carry drive<br>Imp w/ Rest Med PT Ice  | <b>L ELB</b> Pain ____/10<br>Constant Intermittent<br>Weak Numb Tingle<br>Pain w/ lift carry drive<br>Imp w/ Rest Med PT Ice  |

Other Complaints: \_\_\_\_\_

**ROS:**

**General:** Fevers chills night sweats weight gain weight loss  
**HEENT:** Double vision eye pain eye red. hearing loss earache ear ringing nose bleeds sore throat hoarseness  
**Endocrine:** Cold intolerance appetite changes hair changes  
**Skin:** Clear no rashes or lesions  
**Neuro:** Headaches dizziness vertigo tremors  
**Respiratory:** Wheezing coughing shortness of breath difficulty breathing  
**Cardiovascular:** Chest pain murmurs irregular heart rate hypertension  
**GI:** Nausea vomiting diarrhea constipation jaundice change in bowel habits  
**GU:** Blood in urine painful urination loss of bladder control urinary retention  
**Hematology:** Active bleeding bruising anemia blood clotting disorders  
**Psychiatric:** Anxiety change in sleep pattern depression suicidal thoughts

**PHYSICAL EXAMINATION:**

**C SPINE:** Pain Sharp Shoot Burn Constant Intermittent Numb Tingling Radiates to R L

|         |           |      |       |             |      |     |    |     |
|---------|-----------|------|-------|-------------|------|-----|----|-----|
| Pain w/ | neck bend | lift | carry | Improves w/ | Rest | Med | PT | Ice |
|---------|-----------|------|-------|-------------|------|-----|----|-----|

ROM: Flex. \_\_\_\_/45 Ext. \_\_\_\_/45 R Lat Flex. \_\_\_\_/45 L Lat Ext. \_\_\_\_/45 Rot \_\_\_\_/60

**LSPINE:** Pain Sharp Shoot Burn Constant Intermit Numb Tingling Radiates to R L

|         |       |      |     |      |             |      |     |    |     |
|---------|-------|------|-----|------|-------------|------|-----|----|-----|
| Pain w/ | stand | walk | sit | bend | Improves w/ | Rest | Med | PT | Ice |
|---------|-------|------|-----|------|-------------|------|-----|----|-----|

ROM: Flex. \_\_\_\_/80 Ext. \_\_\_\_/25 R Lat Flex. \_\_\_\_/35 L Lat Ext. \_\_\_\_/45 Sac Hip Flex \_\_\_\_/45

R/SH: Swelling /Tender to palp → Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula

Heat      Erythema      Crepitus      Deformity

Drop Arm / Cross-Over Empty Can Yergason Deltoid Atrophy

O'Brien's Impingement Lift off test, Hawkins

ROM: Abd. 16/180 Add. 45/45 For Flex. 160/180 Ext. 55/60 IR 85/90 ER 85/90

IR: sacrum mid back no motor or sensory deficit

**L/SH: Swelling/Tender to palp** → Supraspinatus AC joint Trap. Prox biceps Coracoid Deltoid Scapula

| Heat | Erythema | Crepitus | Deformity |
|------|----------|----------|-----------|
| +    | +        | +        | +         |

**Drop Arm      Cross-Over      Empty Can      Yergason      Deltoid Atrophy**

**O'Brien's**      **Impingement**      **Lift off test**      **Hawkins**

ROM: Abd. \_\_\_/180 Add. \_\_\_/45 For Flex. \_\_\_/180 Ext. \_\_\_/60 IR \_\_\_/90 ER \_\_\_/90

IR: sacrum mid back \_\_\_\_\_ no motor or sensory deficit

**R /KN: Swelling /Tender along → Med joint line    Lat joint line    Sup. patella    Inf. Patella    Pop. fossa**

| Heat | Swelling | Erythema | Crepitus | Deformity |
|------|----------|----------|----------|-----------|
| +    | +        | +        | +        | +         |

| McMurray | Lachmans | Pat. fem. grind | Ant. draw | Post. draw |
|----------|----------|-----------------|-----------|------------|
|----------|----------|-----------------|-----------|------------|

ROM: Flexion \_\_\_\_/130      Extension \_\_\_\_/5      Stable varus/valgus \_\_\_\_ no motor or sensory deficit

**L/KN: Swelling /Tender along → Med joint line    Lat joint line    Sup. patella    Inf. Patella    Pop. fossa**

| Heat | Swelling | Erythema | Crepitus | Deformity |
|------|----------|----------|----------|-----------|
| +    | +        | +        | +        | +         |

| McMurray | Lachmans | Pat. fem. grind | Ant. draw | Post. draw |
|----------|----------|-----------------|-----------|------------|
|          |          |                 |           |            |

ROM: Flexion \_\_\_/130      Extension \_\_\_/5      Stable varus/valgus \_\_\_ no motor or sensory deficit

**R/HIP:** Swelling /Hematoma / Effusion / bruise \_\_\_\_\_ Trendelenburg +ve -ve

**Tenderness to palpation →** Great Troch   Groin   Medial thigh.   ROM: Full   Limited and painful.

ROM: Abd. \_\_\_/45 Add. \_\_\_/35 Flex. \_\_\_/120 Ext. \_\_\_/30 IR \_\_\_/45 ER \_\_\_/45

**L/HIP:** Swelling /Hematoma / Effusion / bruise \_\_\_\_\_ Trendelenburg +ve -ve

**Tenderness to palpation →** Great Troch. Groin Medial thigh. ROM: Full Limited and painful.