

# UK Sinha Physician, P.C.

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September 02, 2022

Re: Etienne, Shinda  
DOB: 01/21/1977  
DOA: 03/21/2022

## POST-OPERATIVE NOTE

The patient is 1 week status post arthroscopy of the left wrist on 08/25/2022 and comes today for postoperative follow-up. The patient comes from Merrick Medical PC, 243-51 Merrick Blvd, Rosedale, NY 11422.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

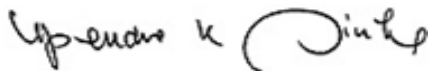
The patient has 3-4/10 pain.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left wrist.

CPM and ice machine use.

The patient is to return to office in 4 weeks.



U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon

UKS/AEI