

UK Sinha Physician, P.C.

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October 11, 2022

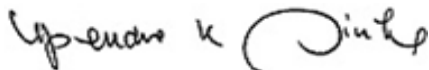
Office seen at:
JL Medical PC
172-17 Jamaica Avenue
Jamaica, NY 11432
Phone# (929) 499-3003

Re: Martin, Leonard
DOB: 05/25/1959
DOA: 06/03/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder (cuff repair) on 10/06/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
No active ROM (only passive ROM - 6 weeks). Then, active assisted ROM for next 6 weeks.
Muscle stretching after 12 weeks postop.
The patient is afebrile.
The patient has minimal pain 2-3/10.
The patient may start home exercise program (pendulum only).
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.
CPM and ice machine use.
The patient is to return to office in 4 weeks.



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

UKS/AEI