

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

October 18, 2022

Office seen at:
Gurvansh Anand Chiropractic PC
2598 3rd Avenue
Bronx, NY 10454
Phone#: (718) 975-7144

Re: Rodriguez, Carlos
DOB: 12/09/1968
DOA: 05/09/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left knee on 10/06/2022 and comes today for postoperative follow-up. The patient comes from Chiro 4226, 4226-A 3rd Ave, Bronx, NY 10457.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is minimal swelling or edema.
There is no wound dehiscence or complications.
There is no calf tenderness.
There is negative Homans sign.
The patient is afebrile.
The patient has regained almost full mobility of the knee.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 90% of mobility.
The patient is ambulating and full weight-bearing without any support.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left knee.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon