

# UK Sinha Physician, P.C.

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August 26, 2022

Re: Kaur, Navjot  
DOB: 05/30/1983  
DOA: 03/30/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right ankle on 07/18/2022 and comes today for postoperative follow-up.

There is no evidence of any drainage, redness, or discharge from the surgical site.

Mild edema of the ankle.

There is no calf tenderness.

There is negative Homans sign.

The patient is afebrile.

Pain comes and goes and increase in activity causes increase in pain.

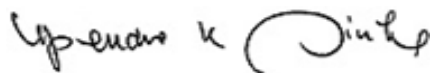
The patient may start home exercise program.

The patient has regained almost 50% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right ankle.

The patient is to return to office in 4 weeks



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UKS/AEI