

# UK Sinha Physician, P.C.

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October 18, 2022

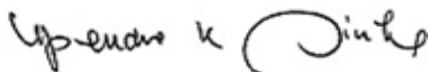
Office seen at:  
Dolphin Family Chiropractic, P.C.  
430 W Merrick Road  
Valley Stream, NY 11580  
Phone# (516) 612-7288

Re: Welch, Jennifer  
DOB: 12/13/1982  
DOA: 04/04/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 09/08/2022 and comes today for postoperative follow-up. The patient is doing well.

The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
There is no calf tenderness.  
There is negative Homans sign.  
The patient is afebrile.  
The patient has minimal pain.  
The patient may start home exercise program.  
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.  
The patient can go back to work on 10/21/2022 full duty with no restriction.  
CPM and ice machine use x3 daily.  
The patient is to return to office in 4 weeks.



U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon

UKS/AEI