## UK Sinha Physician, P.C.

102-31 Jamaica Ave. Richmond Hill, NY 11418 Ph: 718-480-1130 Fax: 718-480-1132

August 09, 2022

Office seen at: Gurvansh Anand Chiropractic PC 2598 3rd Avenue Bronx, NY 10454 Phone#: (718) 975-7144

Re: Santiago, Esualdo

DOB: 08/03/1974 DOA: 01/15/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 07/30/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 90% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.

Otherwise, the patient is discharged from my care.

Mellita Shakhmurov, PA-C

U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon

spendo k

MS/AEI