

UK Sinha Physician, P.C.

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June 29, 2022

Office seen at:

Renew Chiropractic
2426 Eastchester Road
Bronx, NY 10469
Phone# (347) 843-6230

Re: Fraser, Shellyann
DOB: 08/27/1985
DOA: 04/03/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 06/16/2022 and comes today for postoperative follow-up. This patient comes from Bronx County Medical Care PC, 4014A Boston Rd, Bronx, NY 10475.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the right shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 90% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the right shoulder.

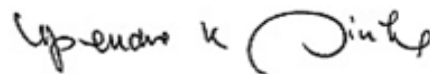
CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.

Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon