

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

September 30, 2022

Re: Kaushal, Yogeshwar
DOB: 02/19/1974
DOA: 11/18/2019

To Whom It May Concern

Mr. Yogeshwar Kaushal was seen in the office recently. I also reviewed the recent MRI of lumbar spine which shows multiple level disc disruption, especially L3-L4 and L4-L5. The patient complains of low back pain and referral pain in both lower extremities. No neurological deficit. Clinically, the patient has restricted painful range of motion of lumbosacral spine.

The patient has history of work-related injury on November 18, 2019, and since then, the patient is not working.

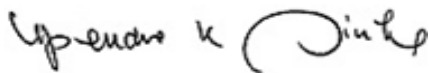
The patient had an epidural cortisone injection in 2021 which helped for a short time.

The patient has a history of car accident in 2008 but got better after conservative treatment and claims no back pain until he had injury in November 2019.

Impression: Discogenic disc disease in lumbosacral spine (mainly L3-L4, L4-L5).

Plan: Three epidural cortisone injection 2 weeks apart for lumbosacral spine. At the present time, the patient is unable to do his job.

If you have any questions, please let me know.



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

UKS/AEI