

UK Sinha Physician, P.C.

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September 09, 2022

Office seen at:

Liberty Rhea Ranada Ebarle PT PC
14 Bruckner Blvd
Bronx, NY 10454
Phone # (718) 402-5200

Re: Martinez, Hillary
DOB: 12/26/1998
DOA: 04/26/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left knee on 08/25/2022 and comes today for postoperative follow-up.

The patient removed the sutures by herself. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

There is no calf tenderness.

There is negative Homans sign.

The patient is afebrile.

The patient has regained almost full mobility of the knee.

The patient has no pain.

The patient may start home exercise program.

The patient has regained almost 100% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left knee.

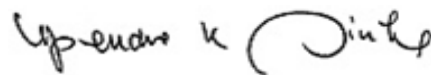
CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon