

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

October 06, 2022

Office seen at:
Gordon C Davis Medical PC
1611 East New York Ave
Brooklyn, NY 11212
Phone# (718) 566-0022

Re: Herman, Crystol
DOB: 12/02/1999
DOA: 07/30/2022

POST-OPERATIVE NOTE

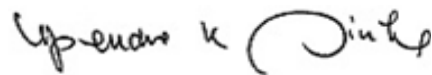
The patient is status post arthroscopy of the left shoulder on 09/22/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
The patient is afebrile.
The patient has regained almost full mobility of the shoulder.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 95% of mobility.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon