## UK Sinha Physician, P.C.

Gurvansh Anand Chiropractic PC 2598 3rd Avenue Bronx, NY 10454 Phone#: (718) 975-7144

November 15, 2022

Office seen at: Gurvansh Anand Chiropractic PC 2598 3rd Avenue Bronx, NY 10454 Phone#: (718) 975-7144

Re: South, Michael DOB: 12/27/1956 DOA: 01/27/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left shoulder on 11/10/2022 and comes today for postoperative follow-up. This patient comes from Chiro 4226, 4226-A 3rd Avenue, Bronx, NY 10457.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 75% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.

Mellita Shakhmurov, PA-C

MS/AEI

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon