

# UK Sinha Physician, P.C.

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July 20, 2022

Office seen at:  
Bronx County Medical Care PC  
4014A Boston Rd  
Bronx, NY 10475  
Phone# (718) 346-6580

Re: Authers, Nicola  
DOB: 09/23/1973  
DOA: 04/02/2022

## POST-OPERATIVE NOTE

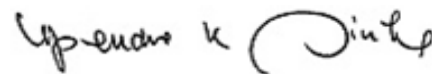
The patient is status post arthroscopy of the left shoulder on 06/30/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.  
The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
The patient is afebrile.  
The patient is very happy with the results of surgery.  
The patient has regained almost full mobility of the shoulder.  
The patient has minimal pain.  
The patient may start home exercise program.  
The patient has regained almost 100% of mobility.  
The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.  
CPM and ice machine use x3 daily.  
The patient is to return to office in 4 weeks.  
Otherwise, the patient is discharged from my care.

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Mellita Shakhmurov, PA-C

MS/AEI



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U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon