

UK Sinha Physician, P.C.

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October 21, 2022

Re: Phillips, Joshua
DOB: 11/13/1984
DOA: 05/06/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 10/06/2022 and comes today for postoperative follow-up. The patient comes from Renew Chiropractic P.C., 2426 Eastchester Road, Suite 204, Bronx, NY 10469.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

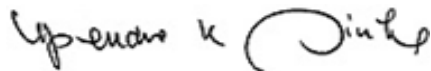
The patient has 1-2/10 pain.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use.

The patient is to return to office in 4 weeks.



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

UKS/AEI