## UK Sinha Physician, P.C.

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June 20, 2022

Office seen at: Gurvansh Anand Chiropractic PC 2598 3rd Avenue Bronx, NY 10454 Phone#: (718) 975-7144

Re: Roman, Edwardo

DOB: 07/28/1978 DOA: 06/13/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 06/09/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 95% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the right shoulder.

CPM and ice machine use 3 times a day.

Otherwise, the patient is discharged from my care.

Mellita Shakhmurov, PA-C MS/AEI U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon