

# UK Sinha Physician, P.C.

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August 12, 2022

Office seen at:  
S.P. Physical Therapy  
1320 Louis Nine Boulevard  
Bronx, NY 10459  
Phone# (347) 862-0003

Re: Balerio, Armando  
DOB: 08/27/1983  
DOA: 04/30/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left knee on 07/30/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

There is no calf tenderness.

There is negative Homans sign.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the knee.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 95% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left knee.

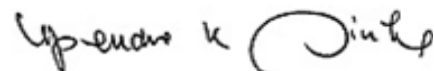
CPM and ice machine use.

The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.

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Mellita Shakhmurov, PA-C



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Board Certified Orthopedic Surgeon

MS/AEI