

UK Sinha Physician, P.C.

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September 14, 2022

Office seen at:

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Re: Holmes, Aja
DOB: 12/26/1981
DOA: 08/09/2021

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 09/01/2022 and comes today for postoperative follow-up. The patient comes from Bronx County Medical Care PC, 4014A Boston Rd, Bronx, NY 10475.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 80% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.

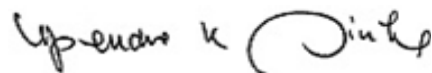
CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C

MS/AEI



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Board Certified Orthopedic Surgeon