UK Sinha Physician, P.C.

102-31 Jamaica Ave. Richmond Hill, NY 11418 Ph: 718-480-1130 Fax: 718-480-1132

September 30, 2022

Re: Hernandez, Desiree

DOB: 08/18/1967 DOA: 12/17/2021

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 09/15/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use.

The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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