## UK Sinha Physician, P.C.

102-31 Jamaica Ave. Richmond Hill, NY 11418 Ph: 718-480-1130 Fax: 718-480-1132

September 16, 2022

Re: Vargas, Luz DOB: 06/01/1996 DOA: 10/05/2020

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the right knee on 09/01/2022 and comes today for postoperative follow-up.

Reconstruction of patellofemoral ligament, right knee.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

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The patient has low pain tolerance. The patient is not putting weight at all and not doing physical therapy or ROM. She is a good candidate to develop stiffness. Plan more aggressive physical therapy.

The patient may start home exercise program.

The patient was advised physical therapy 4 times a week for 4 weeks to regain full mobility of the right knee.

The patient is to return to office in 2 weeks.

**IMPAIRMENT RATING**: 100%. The patient is currently not working.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

**UKS/AEI**