## UK Sinha Physician, P.C.

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October 07, 2022

Re: Burgher, Shaniquer

DOB: 11/18/1994 DOA: 08/09/2021

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left shoulder on 08/25/2022 and comes today for postoperative follow-up. The patient comes from Merrick Medical PC, 243-51 Merrick Blvd, Rosedale, NY 11422.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use.

The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

**Board Certified Orthopedic Surgeon** 

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