## UK Sinha Physician, P.C.

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August 31, 2022

Office seen at: Chiro 4226 4226-A 3rd Ave Bronx, NY 10457 Phone# (718) 684-7676

Re: Frias, Evaristo DOB: 10/26/1958 DOA: 03/24/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 08/18/2022 by Dr. Berkowitz and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 95% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks

Mellita Shakhmurov, PA-C

U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon

MS/AEI