

UK Sinha Physician, P.C.

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October 19, 2022

Office seen at:
Bronx County Medical Care PC
4014A Boston Rd
Bronx, NY 10475
Phone# (718) 346-6580

Re: Sepulveda, Cynthia
DOB: 01/09/1998
DOA: 02/11/2022

POST-OPERATIVE NOTE

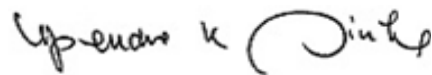
The patient is status post arthroscopy of the left knee on 10/13/2022 and comes today for postoperative follow-up. The patient comes from S.P. Physical Therapy, 1320 Louis Nine Boulevard, Bronx, NY 10459.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
There is no calf tenderness.
There is negative Homans sign.
The patient is afebrile.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 65% of mobility.
The patient is ambulating and full weight-bearing without any support.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left knee.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon