

UK Sinha Physician, P.C.

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November 11, 2022

Office seen at:
S.P. Physical Therapy
1320 Louis Nine Boulevard
Bronx, NY 10459
Phone # (347) 862-0003

Re: Polanco, Yrbin
DOB: 10/25/1990
DOA: 06/22/2022

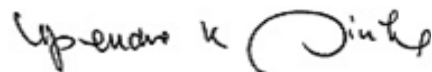
POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right knee on 10/20/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
There is no calf tenderness.
There is negative Homans sign.
The patient is afebrile.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 95% of mobility.
The patient is ambulating and full weight-bearing without any support.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right knee.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C
MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon