

UK Sinha Physician, P.C.

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November 03, 2022

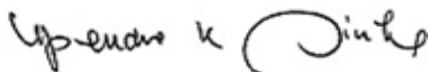
Office seen at:
Medical Office
2088 Flatbush Ave
Brooklyn, NY 11234
Phone# (718) 975-8176

Re: Mayne, Sophia
DOB: 02/15/1972
DOA: 07/20/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 10/20/2022 and comes today for postoperative follow-up. The patient comes from Alignment Chiropractic P.C., 4720 Avenue N, Brooklyn, NY 11234.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
The patient is afebrile.
The patient has regained almost full mobility of the shoulder.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 85% of mobility.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks.



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

UKS/AEI