

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

November 04, 2022

Office seen at:

Liberty Rhea Ranada Ebarle PT PC
14 Bruckner Blvd
Bronx, NY 10454
Phone# (718) 402-5200

Re: Sidhilall, Melissa
DOB: 06/10/1997
DOA: 03/18/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 10/29/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has minimal pain.


The patient may start home exercise program.

The patient has regained almost 95% of mobility.

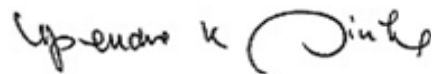
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.

CPM and ice machine use 3 times daily.

The patient is to return to office in 4 weeks.



Mellita Shakhmurov, PA-C
MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon