## UK Sinha Physician, P.C.

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November 11, 2022

Re: Lopez, Melissa DOB: 03/17/1980 DOA: 02/14/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left shoulder on 11/03/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient may start home exercise program.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use.

The patient is to return to office in 4 weeks.

**IMPAIRMENT RATING**: 100%. The patient is currently not working.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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