

# **UK Sinha Physician, P.C.**

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June 30, 2022

Office seen at:  
Primavera PT, P.C.  
4250 White Plains Road  
Bronx, NY 10466  
Phone# (718) 515-1080

Re: Abreu, Jorge  
DOB: 09/28/1991  
DOA: 05/07/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left knee on 06/23/2022 and comes today for postoperative follow-up. This patient comes from Gurvansh Anand Chiropractic PC, 2598 3rd Avenue, Bronx, NY 10454.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

There is no calf tenderness.

There is negative Homans sign.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the knee.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 80% of mobility.

The patient is ambulating and full weight-bearing without any support.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left knee.

CPM and ice machine use x3 daily.

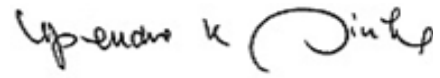
The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.

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Mellita Shakhmurov, PA-C

MS/AEI

A handwritten signature in black ink, appearing to read "U.K. Sinha". The signature is written in a cursive, flowing style.

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U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon