

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418

POST-OPERATIVE NOTE

Patient Name: Melanie, Jaugregue

Date of Visit: 06/24/2022

The patient is status post arthroscopy of the _____ shoulder / knee on _____ and comes today for postoperative follow-up.

On Knee (R)

✓ The surgical site has healed beautifully.

✓ The dressing/ sutures was removed. The surgical site was cleaned with alcohol pad.

✓ There is no evidence of any drainage, redness, or discharge from the surgical site.

✓ There is no swelling or edema.

✓ There is no wound dehiscence or complications.

✓ There is no calf tenderness.

✓ There is a negative Homans sign.

✓ The patient is afebrile.

✓ The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the shoulder/knee.

The patient has no / minimal pain.

✓ The patient may start their home exercise program.

The patient has regained almost _____% of mobility.

The patient is ambulating and full weight-bearing without any support.

✓ The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the _____ shoulder / knee.

✓ CPM and ice machine use _____

✓ The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.