## UK Sinha Physician, P.C.

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October 19, 2022

Office seen at: Bronx County Medical Care PC 4014A Boston Rd Bronx, NY 10475 Phone# (718) 346-6580

Re: Clayton, Brandon

DOB: 04/04/1990 DOA: 07/11/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 10/06/2022 and comes today for postoperative follow-up. The patient comes from Renew Chiropractic, 2426 Eastchester Road, Bronx, NY 10469.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 95% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.

Mellita Shakhmurov, PA-C

U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon

MS/AEI