## UK Sinha Physician, P.C.

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November 09, 2022

Office seen at: P.R. Medical, P.C. 79-09B Northern Boulevard Jackson Heights, NY 11372 Phone# (718) 507-1438

Re: Budhu, Jaipal DOB: 10/12/1994 DOA: 05/05/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the right knee on 08/18/2022 and comes today for postoperative follow-up.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

There is no calf tenderness.

There is negative Homans sign.

The patient is afebrile.

The patient has regained almost full mobility of the knee.

The patient has minimal pain, 2-3/10. The patient has no difficulty rising from a chair or going up and down stairs.

The patient may start home exercise program.

The patient is ambulating and full weight-bearing without any support.

Range of motion reveals flexion 120/130 degrees and extension 0/5 degrees.

Knee is stable with varus and valgus stress test.

The patient has no motor or sensory deficit of the right lower extremity.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right knee.

The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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