## UK Sinha Physician, P.C.

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October 07, 2022

Re: Guerrier, Yolette

DOB: 02/05/1957 DOA: 05/09/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the left shoulder on 09/22/2022 and comes today for postoperative follow-up. The patient comes from KMR Medical, 222-01 Hempstead Avenue, Queens Village, NY 11429.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use.

Left rotator cuff repair. The patient is not being on arm sling and was told no active abduction/external rotation for 6 weeks, only passive ROM, and muscle stretching after 12 weeks.

The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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