

# UK Sinha Physician, P.C.

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August 01, 2022

Office seen at:  
Graham Wellness Medical P.C.  
150 Graham Avenue Suite A  
Brooklyn NY 11206  
Phone# (718) 218-6616

Re: Palma, Manuel  
DOB: 11/27/1957  
DOA: 05/04/2022

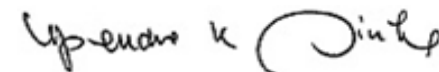
## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 07/14/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.  
The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
The patient is afebrile.  
The patient is very happy with the results of surgery.  
The patient has no pain.  
The patient may start home exercise program.  
The patient has regained almost 95% of mobility.  
The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.  
CPM and ice machine use 3 times daily.  
The patient is to return to office in 4 weeks.

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Mellita Shakhmurov, PA-C  
MS/AEI



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Board Certified Orthopedic Surgeon