

# UK Sinha Physician, P.C.

102-31 Jamaica Ave.  
Richmond Hill, NY 11418  
Ph: 718-480-1130 Fax: 718-480-1132

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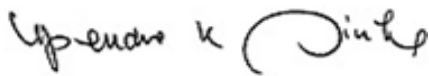
September 09, 2022

Re: Hiotis, Theodora  
DOB: 07/29/1993  
DOA: 07/01/2022

## POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 08/25/2022 and comes today for postoperative follow-up. This patient comes from P.R. Medical, P.C., 79-09B Northern Boulevard, Jackson Heights, NY 11372.

The sutures were removed. The surgical site was cleaned with alcohol pad.  
There is no evidence of any drainage, redness, or discharge from the surgical site.  
There is no swelling or edema.  
There is no wound dehiscence or complications.  
The patient is afebrile.  
The patient has minimal pain.  
The patient may start home exercise program.  
The patient has regained almost 60% of mobility.  
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.  
CPM and ice machine use.  
The patient is to return to office in 4 weeks



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U.K. Sinha, MD, MS (Ortho), FAAOS  
Board Certified Orthopedic Surgeon

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