UK Sinha Physician, P.C.

102-31 Jamaica Ave. Richmond Hill, NY 11418 Ph: 718-480-1130 Fax: 718-480-1132

September 28, 2022

Office seen at: Chiro 4226 4226-A 3rd Ave Bronx, NY 10457 Phone# (718) 684-7676

Re: De La Cruz Reyes, Karidad

DOB: 05/01/1998 DOA: 05/20/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 09/15/2022 and comes today for postoperative follow-up. The patient comes from Liberty Rhea Ranada Ebarle PT PC, 14 Bruckner Blvd, Bronx, NY 10454.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has regained almost full mobility of the shoulder.

The patient has no pain.

The patient may start home exercise program.

The patient has regained almost 100% of mobility.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the left shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks.

Mellita Shakhmurov, PA-C

U.K. Sinha, MD, MS (Ortho), FAAOS Board Certified Orthopedic Surgeon

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MS/AEI