

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

July 7, 2022

Office seen at:
Gordon C Davis Medical PC
1611 East New York Ave
Brooklyn, NY 11212
Phone# (718) 566-0022

Re: Haynes, Tiara
DOB: 02/17/1993
DOA: 02/10/2022

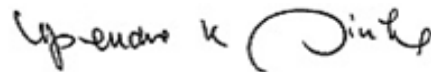
POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 06/23/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.
The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
The patient is afebrile.
The patient is very happy with the results of surgery.
The patient has regained almost full mobility of the shoulder.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 90% of mobility.
The patient is ambulating and full weight-bearing without any support.
The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks
Otherwise, the patient is discharged from my care.

Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon