

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

September 12, 2022

Office seen at:

Baxter Medical Care, PC
8106 Baxter Ave # Mc2
Elmhurst, NY 11373
Phone# (718) 639-1110

Re: Ali, Md
DOB: 01/15/1978
DOA: 06/05/2022

FOLLOW-UP NOTE

CHIEF COMPLAINT: Follow up of left hip pain.

HISTORY OF PRESENT ILLNESS: The patient presents today in followup with continued pain in the left hip.

PAST MEDICAL HISTORY: The patient has diabetes and is on metformin for 9 years.

ADL CAPABILITIES: The patient states that he can walk for 4 blocks. He can stand for 60 minutes before he has to sit. He can sit for 30 minutes before needing to change positions secondary to pain. As a direct result of the injuries sustained in this accident, the patient states that he is unable to do the following activities: Garden, play sports, driving, lifting heavy objects, carrying heavy objects, reaching overhead, laundry, shopping, running errands, kneeling, squatting, negotiating stairs, jogging and exercising.

PRESENT COMPLAINTS: Left hip: Left hip pain is 8/10, described as constant, sharp, stabbing, dull, achy pain. The patient has pain with standing from sitting.

PHYSICAL EXAMINATION: The left hip reveals negative Trendelenburg test. Tenderness to palpation in the greater trochanter. Range of motion is full. ROM: Abduction 40/45 degrees, adduction 35/35 degrees, flexion 95/120 degrees, extension 30/30 degrees, internal rotation 40/45 degrees, and external rotation 40/45 degrees.

DIAGNOSTIC TESTING: MRI of the left hip, done on 07/25/2022, shows no significant abnormality.

ASSESSMENT:

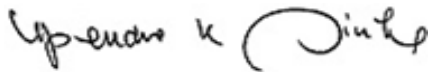
1. Impingement syndrome, left hip.

PLAN:

1. Imaging studies and clinical examinations were reviewed with the patient.
2. All treatment options discussed with the patient.
3. Cold compresses for left hip.
4. Continue anti-inflammatory and muscle relaxant medications p.r.n.
5. Continue physical therapy for left hip 3 days/week.
6. Recommend steroid injections with pain management for left hip. The patient accepts.
The patient has diabetes and needs medical clearance prior to injection.

CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

AFFIRMATION: Being duly licensed to practice medicine in the state of New York, pursuant to the applicable provisions of the Civil Practice Laws and Rules, I hereby affirm under penalty of perjury that the statements contained herein are true and accurate.



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon

UKS/AEI