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June 7, 2022

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Phone# (718) 413-5499

Re: Campbell Thompson, Ojyiede

DOB: 07/26/2002

DOA: 01/13/2022

INITIAL ORTHOPEDIC CONSULT EXAMINATION

CHIEF COMPLAINT: Left wrist and right ankle pain.

HISTORY OF PRESENT ILLNESS: A 19-year-old right-hand dominant female involved in a motor vehicle accident on 01/13/2022. The patient was a front passenger and was wearing a seatbelt. The vehicle was struck on the front passenger side. The airbags did not deploy. The EMS arrived on the scene. The police were called to the scene of the accident. The patient did not go to any hospital that same day. The patient presents today complaining of left wrist and right ankle pain sustained in the motor vehicle accident. The patient was attending physical therapy for the last 5 months with good relief.

WORK HISTORY: The patient is currently working.

PAST MEDICAL HISTORY: Noncontributory.

PAST SURGICAL HISTORY: Noncontributory.

DRUG ALLERGIES: NO KNOWN DRUG ALLERGIES.

MEDICATIONS: The patient is taking pain medications p.r.n.

SOCIAL HISTORY: The patient is a nonsmoker. The patient drinks alcohol socially. The patient does not use recreational drugs.

ADL CAPABILITIES: The patient states that she can walk for 3 blocks. She can stand for 5 minutes before she has to sit. She can sit for 5 minutes before needing to change positions

secondary to pain. As a direct result of the injuries sustained in this accident, the patient states that she is unable to do the following activities: squatting, negotiating stairs, and jogging.

PRESENT COMPLAINTS: Right ankle: Right ankle pain is 2/10, described as intermittent, dull, achy pain. Worse with range of motion and improves with rest.

Left wrist: Left wrist pain is 5/10, described as intermittent, dull, achy pain. Admits to weakness. Worse with range of motion and improves with rest.

REVIEW OF SYSTEMS: Temperature taken at the time of exam was 98.6 degrees Fahrenheit.

General: No fever, chills, night sweats, weight gain, or weight loss.

HEENT: No double vision, eye pain, eye redness, decreased hearing, earache, ear ringing, nosebleeds, sore throat or hoarseness.

Endocrine: No cold intolerance, appetite changes or hair changes.

Skin: Clear, no rashes or lesions.

Neuro: No headaches, dizziness, vertigo or tremor.

Respiratory: No wheezing, coughing, shortness of breath or difficulty breathing.

Cardiovascular: No chest pain, murmurs, irregular heart rate or hypertension.

GI: No nausea, vomiting, diarrhea, constipation, jaundice or changes in bowel habits.

GU: No blood in urine, painful urination, loss of bladder control or urinary retention.

Hematology: No active bleeding, bruising, anemia or blood clotting disorders.

Psychiatric: No anxiety, change in sleep pattern, depression or suicidal thoughts.

PHYSICAL EXAMINATION: The patient's height is 5 feet 5 inches, weight is 150 pounds, and BMI is 25. The right ankle reveals Negative anterior drawer test. Negative inversion stress test. Range of motion is full / limited and painful. ROM: Dorsiflexion 20/20 degrees, plantarflexion 45/50 degrees, inversion 15/15 degrees, eversion 15/15 degrees.

The left wrist reveals negative Tinel sign. Scaphoid 5/5 grip strength. Negative Phalen test. Range of motion reveals flexion 80/80 degrees, extension 70/70 degrees, radial deviation 20/20 degrees, ulnar deviation 30/30 degrees.

DIAGNOSTIC TESTING: MRI of the left wrist, done on 03/21/2022, shows presence of ankle joint fluid compatible with synovitis. In the given clinical setting of trauma, the study is otherwise inconclusive which implies the need for further clinical investigation. MRI of the right ankle, done on 03/21/2022, shows borderline carpal tunnel syndrome as described above. Findings compatible with TFCC tear as discussed in the body of the report. Clinical confirmation is requested.

ASSESSMENT:

1. Synovitis, left wrist.
2. TFCC tear, right ankle.

PLAN:

1. Imaging studies and clinical examinations were reviewed with the patient.
2. All treatment options discussed with the patient.

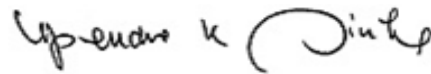
3. Cold compresses for left wrist and right ankle.
4. Continue anti-inflammatory and muscle relaxant medications p.r.n.
5. Continue physical therapy for left wrist and right ankle 3 days/week.
6. Recommend steroid injections with pain management for left wrist and right ankle. The patient refuses due to side effects.
7. Followup on an as needed basis.

CAUSALITY: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.

AFFIRMATION: Being duly licensed to practice medicine in the state of New York, pursuant to the applicable provisions of the Civil Practice Laws and Rules, I hereby affirm under penalty of perjury that the statements contained herein are true and accurate.

Mellita Shakhmurov, PA-C

MS/AEI



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Board Certified Orthopedic Surgeon