

UK Sinha Physician, P.C.

102-31 Jamaica Ave.
Richmond Hill, NY 11418
Ph: 718-480-1130 Fax: 718-480-1132

November 07, 2022

Office seen at:
Graham Wellness Medical P.C.
150 Graham Avenue Suite A
Brooklyn NY 11206
Phone# (718) 218-6616

Re: Garnes, Ayana
DOB: 02/12/1987
DOA: 07/05/2022

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 10/27/2022 and comes today for postoperative follow-up. The patient comes from Bronx County Medical Care PC, 4014A Boston Rd, Bronx, NY 10475.

The sutures were removed. The surgical site was cleaned with alcohol pad.
There is no evidence of any drainage, redness, or discharge from the surgical site.
There is no swelling or edema.
There is no wound dehiscence or complications.
The patient is afebrile.
The patient has regained almost full mobility of the shoulder.
The patient has minimal pain.
The patient may start home exercise program.
The patient has regained almost 95% of mobility.
The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.
CPM and ice machine use x3 daily.
The patient is to return to office in 4 weeks



Mellita Shakhmurov, PA-C

MS/AEI



U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon