## UK Sinha Physician, P.C.

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October 21, 2022

Re: Kataev, Erica DOB: 09/26/1995 DOA: 08/15/2022

## **POST-OPERATIVE NOTE**

The patient is status post arthroscopy of the right shoulder on 10/06/2022 and comes today for postoperative follow-up. The patient comes from Dolphin Family Chiropractic, P.C., 430 W Merrick Road, Valley Stream, NY 11580.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient has 5-6/10 pain.

The patient may start home exercise program.

The patient was advised physical therapy 3 times a week for 4 weeks to regain full mobility of the right shoulder.

CPM and ice machine use.

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The patient is to return to office in 4 weeks.

U.K. Sinha, MD, MS (Ortho), FAAOS

Board Certified Orthopedic Surgeon

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