

UK Sinha Physician, P.C.

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July 20, 2022

Office seen at:
Bronx County Medical Care PC
4014A Boston Rd
Bronx, NY 10475
Phone# (718) 346-6580

Re: Santiago, Jesenia
DOB: 05/31/1971
DOA: 12/24/2021

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the left shoulder on 07/07/2022 and comes today for postoperative follow-up. The patient comes from Gurvansh Anand Chiropractic PC, 2598 3rd Avenue, Bronx, NY 10454.

The surgical site has healed beautifully.

The sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 85% of mobility.

The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the left shoulder.

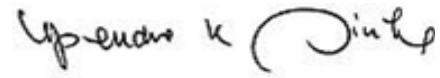
CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks to schedule left knee.

Otherwise, the patient is discharged from my care.

Mellita Shakhmurov, PA-C

MS/AEI

A handwritten signature in black ink, appearing to read "U.K. Sinha". The signature is written in a cursive, flowing style with a large, prominent loop at the end.

U.K. Sinha, MD, MS (Ortho), FAAOS
Board Certified Orthopedic Surgeon