

UK Sinha Physician, P.C.

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June 23, 2022

Office seen at:
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Re: Govea, Ofelia
DOB: 12/22/1986
DOA: 08/06/2021

POST-OPERATIVE NOTE

The patient is status post arthroscopy of the right shoulder on 06/16/2022 and comes today for postoperative follow-up.

The surgical site has healed beautifully.

The dressing and sutures were removed. The surgical site was cleaned with alcohol pad.

There is no evidence of any drainage, redness, or discharge from the surgical site.

There is no swelling or edema.

There is no wound dehiscence or complications.

The patient is afebrile.

The patient is very happy with the results of surgery.

The patient has regained almost full mobility of the right shoulder.

The patient has minimal pain.

The patient may start home exercise program.

The patient has regained almost 80% of mobility.

The patient is ambulating and full weight-bearing without any support.

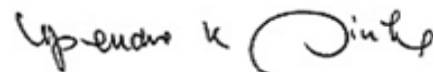
The patient was advised physical therapy 3 times a week for 6 weeks to regain full mobility of the right shoulder.

CPM and ice machine use x3 daily.

The patient is to return to office in 4 weeks

Otherwise, the patient is discharged from my care.

Mellita Shakhmurov, PA-C



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Board Certified Orthopedic Surgeon

MS/AEI