



All Natural Stevia Powder

CALORIE FREE NATURAL SWEETENER





What is Stevia?

Native to South America, stevia has been used for hundreds of years due to its natural sweetness. It is a perfect choice for all who have a sweet tooth but are also health conscious.

Why is Stevia a better choice in comparison to Refined Sugar?

LOW IN CALORIE COUNT

A NATURAL SWEETENER

GREAT CHOICE FOR DIABETIC PATIENTS

IDEAL FOR FITNESS ENTHUSIASTS

Code: FP0013 | MRP: ₹465 | Pack Size: 200g

Make delicious **Moong Dal Halwa**with Soul Flavours All Natural Stevia Powder

INGREDIENTS

- Moong dal Powder 1 cup
- Soul Flavour Cow Ghee 2 3 tbsp
- Water 2 cup
- Soul Flavour All Natural Stevia Powder – 18 sugar free spoons
- Sugar free Condensed milk -1/4 cup
- Khoya (grated) 50 gm
- Elaichi (seeds crushed) -2
- Raisins -10 to 12
- Almonds (cut into long pieces) 10 to 12
- Cashew nuts (roasted) 8 to 10

HOW TO MAKE IT

- 1. In microwave safe bowl mix water, raisins, crushed elaichi, Soul Flavour All Natural Stevia Powder and heat it in the microwave for about 2 minutes.
- 2. Stir and again heat for 4 minutes.
- 3. Mix Soul Flavour Cow Ghee and moong dal powder in a flat dish.
- 4. Heat it again in the microwave. Remove and mix well immediately.
- 5. Add roasted moong dal powder in sugar syrup stirring continuously. Add sugar free condensed milk.
- 6. Heat in microwave for 3 to 4 minutes. Stir after 2 minutes.
- 7. Add grated khoya, mix well.
- 8. Sprinkle Almonds & roasted cashew nuts, heat for 1 minutes.





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