

KEEP STOMACH PROBLEMS AT BAY, THE TULSI PUDINA WAY

Indigestion, stomach pain, abdominal bloating, flatulence, heaviness in the stomach, and acidity are common problems caused by improper eating habits or adulterated food.

Well Puding with Tulsi - Superior Formulation

A natural blend of herbal ingredients - Puding and Tulsi - not only helps the digestive system heal itself but also fights infections and enhances immunity.

Pudina (Mint): Rich in phytonurients that work wonders for your stomach, it is carminative (anti gas), anti-inflammatory and antispasmodic. The menthol present in pudina assists enzymes in digestion. Pudina relaxes the smooth muscles of the stomach, reducing the chances of indigestion and spasms. It expels gas and gives relief in digestive disorders such as indigestion, heartburn, and IBS (Irritable Bowel Syndrome), and helps relieve stomach pain. Tulsi (Basil): Very potent germicidal, fungicidal, anti-bacterial and antibiotic properties. Tulsi has been used for thousands of years for its diverse healing



- A promise of good health
- Contains herbal ingredients that are natural and safe
- Keeps the gastrointestinal tract healthy by inhibiting the growth of harmful bacteria and fungus
- Provides quick, natural relief from indigestion, gas, bloating, flatulence, acid reflux, heartburn, stomach pain
- Cooling action in stomach
- Helpful in irritable bowel syndrome (IBS)
- Promotes a healthy immune system
- Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap

Directions for Use

1 to 2 softgels as and when required or as directed by the Physician.

MRP: Rs. 295/-

Pack Size: 100 Softgels Product Code: FS5046



Disclaimer: The information given here is not medical advice and is for educational purposes Consumers with specific medical conditions should consult their physicians before taking the product.

Modicare Limited (An ISO 9001:2008 Certified Company) 5. Community Centre. New Friends Colony, New Delhi - 110025. Tel.: 011-66623000 www.modicare.com

Leaflet

: ₹ 3.20/- (Incl. of all taxes)

: 1 Piece Packed: June 2016 600823 - English

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I personally guarantee full refund* of your money if you are not 100% satisfied with the quality of the product



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Well Flax Oil, Well Garlic Pearls, Well Amrit Shakti, Well Pudina with Tulsi - A Proprietary Ayurvedic Medicine



THE GOODNESS OF FLAXSEED

Getting balanced Omega 3, 6, 9 fatty acids in the diet is important for maintaining good health. Essential fatty acids work throughout the body to protect cell membranes, keeping them efficient at admitting healthy substances while keeping out harmful ones. In most individuals, dietary intake of Omega-3 fats is very low. The right amount of Omega-3s is important as the body uses them to form special molecules that maintain health and protect from diseases.

Concentrated Source of Omega 3, 6, 9 fatty acids

- Omega 3: Alpha Linolenic Acid (ALA)
- Omega 6: Linoleic Acid (LA)
- · Omega 9: Oleic Acid

The Omega 3 & Omega 6 fatty acids are two essential fatty acids (EFA) that cannot be made by the body and hence must be obtained from diet or supplements.

Well

Cold Pressed

Omega 3,6,9



Flaxseed Oil is known as a multi-health tonic in the natural medicine world. Several studies suggest that it is good for almost every health system - cardiovascular system, nervous system, immune system, circulatory system. It can help:

- Lower cholesterol levels, protect against heart disease and control high blood pressure
- · Counter inflammation associated with gout, lupus and fibrocystic breasts
- · Promote healthy skin: treat acne, eczema, psoriasis, sunburn and rosacea
- Promote healthy hair and nails
- Minimize nerve damage that causes numbness and tingling as well as other disorders
- Support menstrual health
- Guard against the effects of ageing
- · Maintain healthy metabolism
- Support energy production

Well Flax Oil - Superior Formulation

An excellent source of Omega 3, 6 and 9 fatty acids needed for normal human development and growth. Well Flaxseed Oil is made using cold-pressed extraction methods using minimal or no heat to preserve the chemical structure of Omega 3, Omega 6 and Omega 9 fatty acids. When excess heat is applied to Flaxseed Oil, its fatty acid profile can be altered, thus reducing its health benefits.

Directions for Use

1 to 3 softgels daily or as directed by the Physician.

- A promise of good health
- Pure & natural source of Omega 3, 6 and 9 fatty acids
- Cold Press extraction technique for unmatched purity and potency
- Concentrated 500 mg dose in small, easy to swallow softgels
- Consuming 2-3 softgels daily can provide approx. 550-825 mg of Alpha Linolenic Acid (ALA)
- Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap

MRP: Rs. 515/-Pack Size: 90 Softgels Product Code: FS5048



GARLIC, THE WONDER HERB

People have been using garlic for thousands of years for its healing properties to treat an array of illnesses and to increase the body's strength

and energy. Garlic is one of the most effective anti-microbial herbs with anti-fungal, anti-bacterial and anti-viral properties. It exhibits antioxidant activity and also contains compounds that are good for the heart and body.

The characteristic odour and health benefits of garlic come from naturally occurring sulfur-containing compounds (allicin, diallyl disulfide & other sulphides). These potent compounds are known for preventing or treating a range of health conditions.

Health Benefits of Garlic

- · Lowers bad cholesterol (LDL) levels and triglycerides that negatively impact the heart
- · Helpful in controlling blood pressure
- Helps combat plaque formation in the arteries (atherosclerosis)
- Promotes better blood circulation
- * Enhances the body's energy and strength
- · Protects cells against damage by free radicals
- Protects from cough, cold, flu and allergies
- Aids digestion
- Helps to regulate blood sugar
- · Helpful in preventing certain cancers

Well Garlic Pearls – Superior Formulation

Garlic has traditionally been used for its ability to promote well-being. Significant properties of garlic are lost if it is consumed in cooked or raw form without crushing. To benefit from the potent health benefits of garlic, one has to crush and preserve it.



Well

Well Garlic Pearls is a convenient way to get the benefits of garlic in easy to swallow soft-gelatin capsules.

- A promise of good health
- ✓ No strong pungent odour of crushed garlic
- No bad odour in breath
- Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap.

Directions for Use

1 to 2 softgels twice a day or as directed by the Physician.

MRP: Rs. 295/-Pack Size: 100 Softgels Product Code: FS5049



NATURE'S CURE FOR INDIGESTION

Indigestion, heaviness in the stomach, acidity, gas, heartburn and flatulence are so common that many regard them as a normal part of their lives. Almost all

of us are likely to experience these health conditions from time to time, often after a heavy, spicy or fatty meal, sometimes when we have rushed our food but quite often when we have simply had too much to eat or drink. Most of the time these conditions are irritating and unpleasant, and can lead to diarrhoea, vomiting, stomach pain and constipation.

Well Amrit Shakti - Superior Formulation

The goodness of natural ingredients and ayurvedic herbs - camphor, thymol, menthol and clove oil - helps the digestive system heal itself. The product acts on the gastrointestinal tract, building digestive immunity and reducing the recurrence of digestive problems.

Camphor (Kapur): Warms the stomach, stimulates secretion, improves peristalsis, and expels gas. It helps in relieving vomiting and diarrhoea.

Thymol (Ajwain Satva): Promotes secretion of digestive juices; also used in relieving indigestion, flatulence, spasmodic disorders and stomach pain.

Menthol (Pudina Satva): Excellent anti-gas and digestive properties; provides quick, natural relief from stomach pain, gas and indigestion.

Clove Oil (Laung ka Tel): Stimulates peristalsis in the gastrointestinal tract.

- ✓ A promise of good health
- Contains herbal extracts & essential oils that keep the gastrointestinal tract healthy
- Stimulates peristalsis, improves digestion and promotes a healthy colon
- Helps in stopping vomiting, diarrhoea and nausea
- Provides quick natural relief from acidity, bloating, flatulence, heartburn, stomach discomfort
- Helpful in irritable bowel syndrome (IBS), cramping and constipation
- Premium packaging that comes with a convenient pull-up seal and easy to use flip-top cap



Directions for Use

1 to 3 softgels as and when required or as directed by the Physician.

MRP: Rs. 295/-Pack Size: 100 Softgels Product Code: FS5050





Flax Oil