

— Never to be forgotten **SCRIPTURES, POEMS, and QUOTES** —

MEMORIZATIONS

**MIDDLE AND
HIGH SCHOOL**



MEMORIZATIONS

Great power can come from memorizing scriptures. To memorize a scripture is to forge a new friendship. It is like discovering a new individual who can help in time of need, give inspiration and comfort, and be a source of motivation for needed change. —Elder Richard G. Scott

Dear Parents,

Many hours have gone into gathering and publishing this memorization collection, which features many passages that American Heritage School teachers and students memorize together in grades 7–12. Celebrating memorization is an emphasis on American Heritage School's campus, and we invite you to consider how memorization can become a tradition in your home could help maximize your family's divine potential. Please enjoy this wonderful resource of American Heritage School.

A few thoughts on the purposes and blessings of memorization follow below.

Memorization is the art of recording in our minds an understanding and exact articulation of any principle or idea. The purpose of memorization is to engrave and store up for later memory scriptures, poems, quotes, or other information that will become useful to us in building the kingdom of God on earth.

In his 1828 *American Dictionary of the English Language*, Noah Webster defined memorization as

1. to record, to commit to memory...
2. to cause to be remembered...

The process of memorizing, of placing truths upon "the fleshy tables of our hearts" (2 Corinthians 3:3) changes us just as consuming a nutritious meal changes us. We become different people because of what has nourished our minds and hearts. We are better prepared to serve in the Lord's kingdom, we are more secure in mortality because of that which fills us, we are better able to discern between right and wrong because of the "internal property" which becomes the foundation of our thinking, and we have the "internal equipment" to sustain us in serving mankind.

Many LDS Church leaders have taught the importance and value of memorization.

President Ezra Taft Benson said, "I have a vision of thousands of missionaries going into the mission field with hundreds of passages memorized from the Book of Mormon so that they might feed the needs of a spiritually famished world" ("Flood the Earth with the Book of Mormon," General Conference, Oct. 1988).

Elder Gene R. Cook of the Seventy said: "I have discovered that many times you don't fully understand a scripture until you memorize it. And sometimes I have memorized a passage because it seemed important and valuable to me—then afterwards I discovered deeper meanings that I hadn't even known were there" (*Searching the Scriptures: Bringing Power to Your Personal and Family Study* [1997], 114).

Susan Tanner, former president of the General Young Women's organization taught: Learning by heart...means to learn something so deeply that it becomes part of our core: it fills us; it changes us.... Learning by heart in its richest sense is a gospel duty. It is a twin commandment to remembering. We are to learn spiritual truth by heart and then retain in remembrance what we have placed deep in our hearts.

Memorization can be accomplished through a regular routine of reciting a noteworthy passage a few times in a row, personally or in a group setting. The passage can be recited a few times per week until the passage is mastered. Long-term memory is enhanced when a learned passage is reviewed and recited occasionally.

Memorization should always be a cherished part of our curriculum and our activities; it is our privilege and our duty. May the passages in this collection bring joy and light to you and your family.

Sincerely,

The Family School Team at American Heritage School

Memorizations: Never to be forgotten scriptures, poems, and quotes

Table of Contents

7th Grade Memorization	8
Exodus 19:5	9
Psalms 136:1	10
Isaiah 52:7	11
Matthew 22:36–39.....	12
Timothy 4:12	13
Doctrine and Covenants 109:22.....	14
Life Is like a Grindstone	15
Helaman 5:12	16
D&C 121:45	17
D&C 93:53	18
D&C 135:3.....	19
Hope of Israel	20
Improve Your Understanding.....	21
The Highest Glory.....	22
Let Each Citizen Remember	23
American Heritage School Mission Statement	24
My Life Is but a Weaving	25
Proverbs 3:5–6	26
As a Man Thinketh	27
Anyone Can Give Up	28
Overcoming Pride.....	29
Friends with the Lord	30
Principles of Wisdom	31
Watch Your Thoughts.....	32

Providence	33
Young People	34
Nephi 2:26	35
History Is Not an Accident.....	36
Righteousness and Liberty	37
Pride	38
Quest of Obedience	39
Following Christ.....	40
Putting God First	41
Choice Spirits.....	42
Good Conscience.....	43
Earth and Heaven.....	44
Five Kernels of Corn	45
Atonement	48
Adversity	49
Faithful Stewardship	50
Prodigal Son	51
Story of Christ.....	52
Three Gates of Gold	53
The Book of Martyrs.....	54
He Ate and Drank the Precious Words	55
Read, sweet, how others strove... ..	56
Potential of Man	57
Count that Day Lost.....	58
What Will Heaven Be Like?	59
Choose Our Influence.....	60
Christian Education	61
Diligence.....	62
Virtue.....	63
Law of Liberty.....	64
God's Love	65
Soul's Impress	66

Along the Road.....	67
Liberty or Death	68
Hinckley on Dickens	69
Christ is the Cornerstone	70
Focal Point of History	71
It Will All Work Out	72
Joy of the Gospel.....	73
Hatred vs Virtue	74
Standards to Judge.....	75
Begins with You.....	76
Sacrifice for Faith	77
Both Sides of the Veil	78
No Other Way	79
Conscience	80
Like a Rock.....	81
James 1:6.....	82
Humility II	83
Potential.....	84
Foreordination	85
Sun Rises	86
Family’s Design.....	87
Virtue Exalts a Nation.....	88
Work.....	89
What Makes Us Happy.....	90
New Testament.....	91
Neutrality Is Evil	92
We Will Speak Out	94
My Savior Liveth.....	95
I Cannot Retract	96
Self-Government.....	97
Be Present	98
Goal	99

Success	100
Character and Education.....	101
What We Become	102
Citizenship and Noble Character.....	103
Testimony.....	104
Work II.....	105
On The Last Massacre in Piedmont.....	106
Try	107
Prepare.....	108
Thanksgiving and Gratitude	109
Only Christianity Offers a Savior	110
Happiness in Obedience.....	111
Serve Your Organization	112
Atonement	113
The First Vision.....	114
Definition of a Principle.....	115
Christ	116
From a Quaker Calendar	117
Ruth 1:16,17	118
Obedience to Principles	119
Line of Demarcation.....	120
Plan of Salvation.....	121
Character Is Power	122
Words of Wisdom from Wycliffe	123
I Nephi 13:12.....	124
From The Declaration of Independence	125
Doctrine and Covenants 101:77.....	126
I Am Only One	127
Shakespeare “Henry IV” Part I, I–1:18–27	128
Experience.....	129
Power of the Bible.....	130
Faith and Hard Work.....	131

A Stanza on Freedom	132
Fill	133
Sonnet 116	134
Duty and Obedience	135
Approved in the Sight of God.....	136
What Is True	137
The AHS History Timeline.....	138
General George Washington’s Instructions to the Colonial Army.....	139
George Washington First Inaugural Address, April 1789.....	140
General Washington’s Thanks to God	141
Check Your Thoughts	142
The Gospel Is a Compass.....	143
Teachings of the Bible	144
Avoid what Weakens Your Reason	145
Do All the Good.....	146
Adams, John Quincy, Diary entry, January 1, 1829.....	147
“The Magnificence of Man.....	148
Albert Schweitzer	149
Small Powers.....	150
Indifference.....	151
8th Grade Memorization	152
Doctrine and Covenants 64:34.....	152
Doctrine and Covenants 64:33.....	153
1 Nephi 9:6	154
Helaman 5:12	155
Example of Hope and Liberty	156
Wisdom and Virtue	157
Beauty	158
Doctrine and Covenants 93:36–37.....	159
Doctrine and Covenants 130:18–19.....	160
Doctrine and Covenants 115:5.....	161
Matthew 22:36–39.....	162

The Seven Principles	163
The Family: A PROCLAMATION TO THE WORLD	164
9th Grade Memorization	166
American Heritage School Mission Statement	166
If	167
Invictus	169
The Soul's Captain	170
The Road Not Taken	171
Stopping by Woods on a Snowy Evening	172
The Cat and Moon	173
The Gettysburg Address	176
D&C 88:118–126	177
D&C 136:32	178
10th Grade Memorization	179
John 8:31–34	179
Matthew 12:33–35	180
D&C 101:77–80	181
Jacob 5:71–74	182
Success despite Failures	183
11th and 12th Grade Memorization	184
Jacob 2	184
Line upon Line	185
28 Principles of Liberty	186
Joseph Smith	188
Genesis 3	189
Moral Laws	190
Thomas Jefferson, 50 th Anniversary of the Declaration of Independence	191
Marquis Beccaria	192
Alma 29	193
D&C 84	194
D&C 88	195
I Samuel 8	196

Mosiah 29.....	197
2 Nephi 1	198
Marion G. Romney	199
Pain Poem	200
Meade McGuire	201
D&C 134	202
Articles of the US Constitution.....	203
Article I: Summary Specifics	204
Article I, Section 8, Powers of Congress.....	205
Article II: Summary Specifics	206
Article III: Summary Specifics	207
Article IV: Summary Specifics.....	208
Article V: Summary Specifics.....	209
Article VI: Summary Specifics.....	210
Article VII: Summary Specifics.....	211
Amendments to the US Constitution.....	212
Declaration of Independence Abuses	214
Joseph Smith, On Education	217
Excerpt of Thomas Jefferson Letter to Nephew Peter Carr, 1785	218

7th Grade Memorization

The Blessings and Cursings of the Abrahamic Covenant as found in Deuteronomy Chapter 28.

The Lord's blessings upon the House of Israel predicated upon obedience:

The House of Israel would become the greatest nation on earth. They would be blessed with an abundance of food, raiment and comfortable homes.

They would be blessed with good health and strong children. The House of Israel would be blessed with great military strength so that surrounding nations would fear to attack them; nevertheless, if there were a war, Israel would be blessed with victory.

They would be blessed with abundant rains and flourishing crops. They would be blessed with so much wealth that other nations would come to borrow from them, but Israel would never have to borrow.

The Lord's cursings upon the House of Israel predicated upon disobedience:

Instead of being the highest, Israel would be the lowest.

Instead of prosperity, there would be poverty.

Instead of health, there would be pestilence.

Instead of fertility, the land would become a desert.

Instead of military victory, there would be humiliating defeat.

Instead of happy marriages, wives would be kidnapped and ravished.

Instead of happy families, children would be sold into slavery.

Instead of flourishing flocks and herds, Israel would be left destitute.

Instead of enjoying religious freedom, the children of the Covenant would be compelled to worship man-made idols.

Instead of comfort and abundance, there would be hunger, thirst and nakedness.

Exodus 19:5

“The Lord said,...if you
will obey my voice indeed,
and keep my covenant, ye
shall be a peculiar
treasure unto me above
all people...”

Psalm 136:1

“O give thanks unto the
Lord; for He is good:
for His mercy endureth
forever.”

Isaiah 52:7

“How beautiful upon the mountains are the feet of him that bringeth good tidings, that publisheth peace; that bringeth good tidings of good, that publisheth salvation; that saith unto Zion, Thy God reigneth!”

Matthew 22:36-39

“Master, which is the great commandment in the law? Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbor as thyself.”

Timothy 4:12

“...but be thou an example of the believers, in word, in conversation, in charity, in spirit, in faith, in purity.”

Doctrine and Covenants 109:22

“And we ask thee, Holy Father, that thy servants may go forth from this house armed with thy power, and that thy name may be upon them, and thy glory be round about them, and thine angels have charge over them.”

Life Is like a Grindstone

Life is like a grindstone.
Whether it polishes you up
or grinds you down depends
upon what you are
made of.

—Anonymous

Helaman 5:12

“And now, my sons,
remember, remember that
it is upon the rock of our
Redeemer, who is Christ,
the Son of God, that ye
must build your
foundation...”

D&C 121:45

“...let virtue garnish thy thoughts unceasingly; then shall thy confidence wax strong in the presence of God; and the doctrine of the priesthood shall distil upon thy soul as the dews from heaven.”

D&C 93:53

“And, verily I say unto you, that it is my will that you should hasten to translate my scriptures, and to obtain a knowledge of history, and of countries, and of kingdoms, of laws of God and man, and all this for the salvation of Zion. Amen.”

D&C 135:3

“Joseph Smith, the Prophet and Seer of the Lord, has done more, save Jesus only, for the salvation of men in this world, than any other man that ever lived in it. In the short space of twenty years, he has brought forth the Book of Mormon, which he translated by the gift and power of God, and has been the means of publishing it on two continents; has sent the fulness of the everlasting gospel, which it contained, to the four quarters of the earth; has brought forth the revelations and commandments which compose this book of Doctrine and Covenants, and many other wise documents and instructions for the benefit of the children of men; gathered many thousands of the Latter-day Saints, founded a great city, and left a fame and name that cannot be slain. He lived great, and he died great in the eyes of God and his people; and like most of the Lord’s anointed in ancient times, has sealed his mission and his works with his own blood; and so has his brother Hyrum. In life they were not divided, and in death they were not separated!”

Hope of Israel

Hope of Israel, Zion's army,
Children of the promised day,
See, the Chieftain signals onward,
And the battle's in array!

Chorus

See the foe in countless numbers,
Marshaled in the ranks of sin.
Hope of Israel, on to battle;
Now the vict'ry we must win!

Strike for Zion, down with error;
Flash the sword above the foe!
Ev'ry stroke disarms a foeman;
Ev'ry step we conq'ring go.

Soon the battle will be over,
Ev'ry foe of truth be down.
Onward, onward, youth of Zion;
Thy reward the victor's crown.

Chorus

Hope of Israel, rise in might
With the sword of truth and right;
Sound the warcry, "Watch and pray!"
Vanquish ev'ry foe today.

Improve Your Understanding

“Improve your understanding by acquiring useful knowledge and virtue, such as will render you an ornament to society, an honor to your country, and a blessing to your parents. Great learning and superior abilities, should you ever possess them, will be of little value and small estimation, unless virtue, honor, truth, and integrity are added to them. Adhere to those religious sentiments and principles which were early instilled into your mind, and remember, that you are accountable to your Maker for all your words and actions.”

— Abigail Adams to John Quincy Adams, June 1778

The Highest Glory

“The highest glory of the American Revolution was this: it connected, in one indissoluble bond, the principles of civil government with the principles of Christianity.”

—John Quincy Adams

Let Each Citizen Remember

“Let each citizen remember at the moment he is offering his vote that he is... executing one of the most solemn trusts in human society for which he is accountable to God and his country.”

—Samuel Adams

American Heritage School Mission Statement

My work this year will develop my mind, heart and body to:

1. Be useful in the hands of the Lord in building the kingdom of God on earth;
2. Increase knowledge of and faith in the Plan of Salvation;
3. Develop a love, understanding and appreciation for America and the Founding Fathers;
4. Develop the basic academic knowledge and skills necessary to be able to make self-education a life-long pursuit;
5. Learn to reason and discern between right and wrong, truth and error;
6. Develop character and self-discipline of mind and body; and
7. Conduct myself in all aspects of life as a Christian.

My Life Is but a Weaving

My life is but a weaving, between my
God and me;
I do not choose the colors, He worketh
steadily.
Oftimes He weaveth sorrow, and I in
foolish pride,
Forget He sees the upper, and I the
underside.
Not till the loom is silent, and shuttles
cease to fly,
Will God unroll the canvas and explain
the reason why.
The dark threads are as needful in the
skillful
Weaver's hand,
As the threads of gold and silver in the
pattern He has planned.

—Anonymous

Proverbs 3:5–6

“Trust in the Lord with all
thine heart; and lean not
unto thine own
understanding,

In all thy ways
acknowledge him, and he
shall direct thy paths.”

As a Man Thinketh

“Man is made or unmade by himself; in the armory of thought he forges the weapons by which he destroys himself. He also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace. By the right choice and true application of thought, man ascends to the Divine Perfection; by the abuse and wrong application of thought, he descends below the level of the beast. Between these two extremes are all the grades of character, and man is their maker and master.

Of all the beautiful truths pertaining to the soul which have been restored and brought to light in this age, none is more gladdening or fruitful of divine promise and confidence than this—that man is the master of thought, the molder of character, and maker and shaper of condition, environment, and destiny.

As a being of Power, Intelligence, and Love, and the lord of his own thoughts, man holds the key to every situation, and contains within himself that transforming and regenerative agency by which he may make himself what he wills.”

—James Allen

Anyone Can Give Up

“Anyone can give up; it’s the easiest thing in the world to do. But to hold it together when everyone else would understand if you fell apart, that is true strength.”

—Anonymous

Overcoming Pride

“If you can overcome pride, you can overcome anything; and, therefore, become perfect. Humility is not to think less of yourself, but to think of yourself less.”

—Anonymous

Friends with the Lord

Either you get to be friends
with the world
and you are in trouble with the
Lord,
or you make friends with the
Lord
and you are in trouble with the
world.
It all comes down
to deciding which kind of
trouble you would rather be
in!

—Anonymous

Principles of Wisdom

The three primary principles of wisdom are:

- 1) obedience to the laws of God,
- 2) concern for the welfare of mankind, and
- 3) suffering with fortitude all the difficulties of life.

—Anonymous

Watch Your Thoughts

Watch your thoughts,
they become words.

Watch your words,
they become actions.

Watch your actions,
they become habits.

Watch your habits,
they become character.

Watch your character,
for it becomes your destiny.

—Anonymous

Providence

Providence is the light of history and the soul of the world. God is in history and all history has a unity because God is in it.

—George Bancroft

Young People

Young people increasingly need to be learners who act and thereby receive additional light and knowledge by the power of the Holy Ghost—and not merely passive students who primarily are acted upon.

—Elder David A. Bednar

Nephi 2:26

“And the Messiah cometh in the fulness of time, that he may redeem the children of men from the fall. And because that they are redeemed from the fall they have become free forever, knowing good from evil; to act for themselves and not to be acted upon...”

History Is Not an Accident

History is not an accident.
Events are foreknown to
God. His superintending
influence is behind righteous
men's actions. And though
mortal eyes and minds
cannot fathom the end from
the beginning, God does.
[Truly, History is
Christ—His Story.]

—President Ezra Taft Benson

Righteousness and Liberty

“Many Americans have lost sight of the truth that righteousness is the one indispensable ingredient to liberty.”

—Ezra Taft Benson

Pride

Pride does not look up to God and care about what is right. It looks sideways to man and argues who is right. Pride is manifest in the spirit of contention. Was it not through pride that the devil became the devil? Christ wanted to bring men to where He was. The devil wanted to be above men. Christ removed self as the force in His perfect life. It was not *my will*, but *thine* be done. Pride is characterized by “What do I want out of life?” rather than by “What would God have me do with my life?” It is self-will as opposed to God’s will. It is the fear of man over the fear of God. Beware of pride.

—President Ezra Taft Benson

Quest of Obedience

When obedience
ceases to be an
irritant and
becomes our quest,
in that moment
God will endow us
with power.

—Ezra Taft Benson

Following Christ

When you choose to follow Christ,
You choose to be changed.
The world works from the outside in;
The Lord works from the inside out.

The world would take people out of the slums.
Christ takes the slums out of people and then
they take themselves out of the slums.

The world would mold men by changing their
environment.
Christ changes men who then change their
environment.

The world would shape human behavior,
but Christ can change human nature.

Christ changes men and changed men can
change the world.

—President Ezra Taft Benson

Putting God First

When [we] put God first, all other things fall into their proper place or drop out of our lives. Our love of the Lord will govern the claims for our affection, the demands of our time, the interests we pursue, and the order of our priorities.

—President Ezra Taft Benson

Choice Spirits

You are not just ordinary young men and young women. You are choice spirits, many of you having been held back in reserve for almost 6,000 years to come forth in this day, at this time, when the temptations, responsibilities, and opportunities are the very greatest.

—Ezra Taft Benson

Good Conscience

To keep a good conscience and walk in such way as God had prescribed in His word, is a thing which I must prefer before you all, and above life itself. Wherefore, since it is for a good cause that I am likely to suffer the disasters which you lay before me, you have no cause to be either angry with me, or sorry for me. Yea, I am not only willing to part with everything that is dear to me in this world for this cause but I am thankful that God hath given me heart so to do; and will accept me so to suffer for Him.

—William Bradford

Earth and Heaven

Earth's crammed with heaven,
And every common bush
afire with God;
But only he who sees takes off his
shoes;
The rest sit around it and pluck
blackberries.

—Elizabeth Barrett Browning

Five Kernels of Corn

T'was the year of the famine in Plymouth
of old,
The ice and the snow from the thatched
roofs had rolled;
Through the warm purple skies steered
the geese o'er the seas,
And the woodpeckers tapped in the clocks
of the trees;
And the boughs on the slopes to the south
winds lay bare,
And dreaming of summer the buds
swelled in the air.
The pale Pilgrims welcomed each
reddening morn;
There were left but for rations Five
Kernels of Corn.
Five Kernels of Corn!
Five Kernels of Corn!
But to Bradford a feast were Five Kernels
of Corn!

“Five Kernels of Corn! Five Kernels of
Corn!
Ye people, be glad for Five Kernels of
Corn!”
So Bradford cried out on bleak Burial
Hill,
And the thin women stood in their doors,

white and still.
“Lo, the harbor of Plymouth rolls bright
in the Spring,
The maples grow red, and the wood
robins sing.
The west wind is blowing, and fading the
snow.
And the pleasant pines sing, and the
arbutuses blow.
Five Kernels of Corn!
Five Kernels of Corn!
To each one be given Five Kernels of
Corn!”
Oh, Bradford of Austerfield, haste on thy
way.
The west winds are blowing o’er
Provincetown Bay.
The white avens bloom, but the pine domes
are chill,
And new graves have furrowed Precisioner’s
Hill!
Give thanks, all ye people, the warm skies
have come,
The hilltops are sunny, and green grows the
holm.
And the trumpets of winds and the white
March is gone,
And ye still have left you Five Kernels of
Corn.
Five Kernels of Corn!

Five Kernels of Corn!
Ye have for Thanksgiving Five Kernels of Corn!

The raven's gift eat and be humble and
prayer,
A new light is breaking, and Truth leads
your way.
One taper a thousand shall kindle: rejoice
That to you has been given the wilderness
voice!
O Bradford of Austerfield, daring the wave,
And safe through the sounding blasts
leading the brave;
Of deeds such as thine was the free nation
born,
And the festal world sings the "Five Kernels
of Corn."
Five Kernels of Corn!
Five Kernels of Corn!
The nation gives thanks for Five Kernels of
Corn!
To the Thanksgiving Feast bring Five
Kernels of Corn!

—Hezekiah Butterworth

Atonement

One does not speak lightly of the Atonement or casually express appreciation. It is the most sacred and sublime event in eternity. It deserves our most intense thoughts, our most profound feelings, and our noblest deeds. One speaks of it in reverential tones; one contemplates it in awe; one learns of it in solemnity. This event stands alone, now and throughout eternity.

— Tad R. Callister

Adversity

God has never worked out his purpose through the pampered victims of ease and luxury and riotous living. Always he has used to meet the great crisis of his work, those in whom hardship, privation, and persecution had built characters and wills of iron. God shapes his servants in the forge of adversity; ...he does not fashion them in the hothouse of ease and luxury.

—J. Reuben Clark

Faithful Stewardship

God requires faithful stewardship of all His gifts, especially the internal property of conscience. This is a tool for self-government as each child learns the revelation of consent. Each individual governs his life through the voluntary consent to do right or wrong.

—The Foundation for American
Christian Education

Prodigal Son

The story of the
Prodigal Son is the
most beautiful
story ever told.

—Charles Dickens

Story of Christ

...everybody ought to know about [Jesus Christ]. No one ever lived, who was so good, so kind, so gentle...

—Charles Dickens

Three Gates of Gold

If you are tempted to reveal
A tale to you someone has told
About another, make it pass,
Before you speak, three gates of gold;
These narrow gates: First, “Is it true?”
Then, “Is it needful?” In your mind
Give truthful answer. And the next
Is last and narrowest. “Is it kind?”
And if to reach your lips at last
It passes through these gateways, three,
Then you may tell the tale, nor fear
What the result of speech may be.

—Beth Day

The Book of Martyrs

Read, sweet, how others strove,
Till we are stouter;
What they renounced,
Till we are less afraid;
How many times they bore
The faithful witness,
Till we are helped,
As if a kingdom cared!

Read then of faith
That shone above the fagot;
Clear strains of hymn
The river could not drown;
Brave names of men
And celestial women,
Passed out of record
Into renown!

— Emily Dickinson

He Ate and Drank the Precious Words

He ate and drank the precious
words,
His spirit grew robust;
He knew no more that he was
poor
Nor that his frame was dust.

He danced along the dingy days,
And this bequest of wings
Was but a book. What liberty
A loosened spirit brings -

—Emily Dickinson

Read, sweet, how others strove...

Read, sweet, how others strove,
Till we are stouter;
What they renounced,
Till we are less afraid;
How many times they bore
The faithful witness,
Till we are helped,
As if a kingdom cared!
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That shone above the fagot;
Clear strains of hymn
The river could not drown;
Brave names of men
And celestial women,
Passed out of record
Into renown!

—Emily Dickinson

Potential of Man

Unless a man
undertakes more
than he possibly
can do, he will
never do all that he
can.

—Henry Drummond

Count that Day Lost

If you sit down at set of sun
And count the acts that you have done,
And, counting, find
One self-denying deed, one word
That eased the heart of him who heard,
One glance most kind
That fell like sunshine where it went—
Then you may count that day well spent.

But if, through all the livelong day,
You've cheered no heart, by yea or nay—
If, through it all
You've nothing done that you can trace
That brought the sunshine to one face—
No act most small
That helped some soul and nothing cost—
Then count that day as worse than lost.

—George Eliot (Mary Ann Evans)

What Will Heaven Be Like?

I desire no future that
would deny the blessings
of the past. Heaven
would not be heaven
without family and
friends.

—George Eliot

Choose Our Influence

Men and women have falsely argued from the beginning of time, that to take counsel from the servants of God is to surrender God-given rights of independence. But the argument is false because it misrepresents reality. When we reject the counsel that comes from God, we do not choose to be independent of outside influence. We choose another influence. We reject the protection of a perfectly loving, all-powerful, all-knowing Father in Heaven, whose whole purpose, as that of His Beloved Son, is to give us eternal life, to give us all that He has, and to bring us home again in families to the arms of His love. In rejecting His counsel, we choose the influence of another power, whose purpose is to make us miserable and whose motive is hatred. We have moral agency as a gift of God. Rather than the right to choose to be free of influence, it is the inalienable right to submit ourselves to whichever of those powers we choose.

— President Henry B. Eyring

Christian Education

The mark of Principle Approach curriculum is that it causes the student to produce his own learning... All Christian education aims to form character and scholarship worthy of Christ... resulting in a student who has the character and skill to fulfill the great commission—discipling the nations for Christ.

— The Foundation for American
Christian Education

Diligence

Plough deep while
sluggards sleep.

—Benjamin
Franklin

Virtue

Without virtue, man can have no happiness in this world.

—Benjamin Franklin

Law of Liberty

The gospel of Jesus Christ
is the perfect law of
liberty.

—President Heber J.
Grant

God's Love

When filled with God's love, we can do and see and understand things that we could not otherwise do or see or understand. Filled with His love, we can endure pain, quell fear, forgive freely, avoid contention, renew strength, and bless and help others in ways surprising even to us.

— Elder John H. Groberg

Soul's Impress

Nothing touches the soul but
leaves its impress and thus, little
by little, we are fashioned into the
image of all we have seen and
heard, known and meditated; and
if we learn to live with all that is
fairest and purest and best, the
love of it all will, in the end,
become our very lives.

— David B. Haight

Along the Road

I walked a mile with Pleasure.
She chattered all the way,
But left me none the wiser
For all she had to say.
I walked a mile with Sorrow,
And ne'er a word said she;
But, oh, the things I learned from
her
When Sorrow walked with me!

—Robert Hamilton

Liberty or Death

There is a just God who presides over the destinies of nations, and who will raise up friends to fight our battles for us. The battle, sir, is not to the strong alone; it is to the vigilant, the active, the brave....

Is life so dear, or peace so sweet, as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take; but as for me, give me liberty or give me death!

— Patrick Henry

Hinckley on Dickens

[Charles Dickens] was... one who loved the Lord and who wanted his children to love the Lord.

...the story of the Son of God... has been told with beauty and understanding... love and respect by Charles Dickens, the most popular English author of his times.

—President Hinckley

Christ is the Cornerstone

[Christ] is the chief cornerstone of the Church... There is no other name given among men whereby we can be saved. He is the Author of our salvation, the Giver of eternal life. There is none to equal Him. There never has been. There never will be. Thanks be to God for the gift of His Beloved Son, who gave His life that we might live and who is the chief, immovable cornerstone of our faith and His Church. ...One thing we do know. Like the Polar Star in the heavens, regardless of what the future holds, there stands the Redeemer of the world, the Son of God, certain and sure as the anchor of our immortal lives. He is the rock of our salvation, our strength, our comfort, the very focus of our faith.

In sunshine and in shadow we look to Him, and He is there to assure and smile upon us.

He is the central focus of our worship. He is the Son of the living God, the Firstborn of the Father, the Only Begotten in the flesh. He is “risen from the dead ... the first fruits of them that slept.” He is the Lord who shall come again “to reign on the earth over his people.”

None so great has ever walked the earth. None other has made a comparable sacrifice or granted a comparable blessing. He is the Savior and the Redeemer of the world. I believe in Him. I declare His divinity without equivocation or compromise. I love Him. I speak the name of Jesus Christ in reverence and wonder. He is our King, our Lord, our Master, the living Christ, who stands on the right hand of His Father. He lives! He lives, resplendent and wonderful, the living Son of the living God.

—Gordon B. Hinckley

Focal Point of History

Christ is the focal point of all of history for it is because of his great act of atoning love that eternal life with the Father of us all is made possible.

Providence, God's loving care, is the key to understanding history.

Everything depended on Him—His atoning sacrifice. That was the key.

That was the keystone in the arch of the great plan which the Father had brought forth for the eternal life of His sons and daughters.

—Gordon B. Hinckley

It Will All Work Out

It isn't as bad as you sometimes think it is. It will all work out. Don't worry. I say that to myself every morning. It will all work out. Put your trust in God and move forward with faith and confidence in the future. The Lord will not forsake us. He will not forsake us. If we will put our trust in Him, if we will pray to Him, if we will live worthy of His blessings, He will hear our prayer.

— Gordon B. Hinckley

Joy of the Gospel

The gospel is a thing of joy. It provides us with a reason for gladness. Of course there are times of sorrow. Of course there are hours of concern and anxiety. We all worry. But the Lord has told us to lift our hearts and rejoice.

— Gordon B. Hinckley

Hatred vs Virtue

Hatred always fails and bitterness always destroys. Are there virtues more in need of application in our day, a time marked by litigious proceedings and heated exchanges, than those of forgiving, forgetting, and extending mercy to those who may have wronged us or let us down?

— Gordon B. Hinckley

Standards to Judge

I should like to suggest three standards by which to judge each of the decisions that determine the behavior patterns of your lives. These standards are so simple as to appear elementary, but I believe their faithful observance will provide a set of moral imperatives by which to govern without argument or equivocation each of our actions and which will bring unmatched rewards. They are:

1. Does it enrich the mind?
2. Does it discipline and strengthen the body?
3. Does it nourish the spirit?

This, my brethren and sisters, is our divine right—to choose. This is our divine obligation—to choose the right.

- Gordon B. Hinckley

Begins with You

Reformation of the world
begins with reformation of
self.

—President Hinckley

Sacrifice for Faith

Should we be surprised to endure a little criticism, to make some small sacrifice for our faith when our forebears paid so great a price for theirs?

—President Hinckley

Both Sides of the Veil

In the gospel of Jesus Christ you have help from both sides of the veil, and you must never forget that. When disappointment and discouragement strike—and they will—you remember and never forget that if our eyes could be opened we would see horses and chariots of fire as far as the eye can see riding at reckless speed to come to our protection. They will always be there, these armies of heaven, in defense of Abraham's seed.

—Jeffrey R. Holland

No Other Way

“The task of the children of God in these concluding days of the world’s history is to proceed with ‘unshaken faith in him, relying wholly upon the merits of him who is mighty to save,’ to ‘press forward with a steadfastness in Christ, having a perfect brightness of hope, and a love of God and of all men[,]... feasting upon the word of Christ, and endur[ing] to the end. This is the way; and there is none other way nor name given under heaven whereby man can be saved in the kingdom of God’.” (2 Nephi 32:19–21)

— Elder Holland

Conscience

One common man who
holds to his conscience
can ultimately influence
the destiny of
nations.

—by Helene Holt
Regarding John Lothrop

Like a Rock

In matters of principle
stand like a rock.

—Thomas Jefferson

James 1:6

He that wavereth is like a
wave of the sea driven
with the wind and tossed.

—James 1:6

Humility II

I resonate to the English author John Ruskin's memorable statement that "the first test of a truly great man is his humility." He continued: "I do not mean, by humility, doubt of his own power... [But truly] great men... have a curious... feeling that... greatness is not in them but *through* them... And they see something Divine... in every other man... and are endlessly foolishly, incredibly merciful."

— Elder Marlin K. Jensen

Potential

We can be transformed into the magnificent beings we were created to be, if we will simply listen and obey the Master's voice...

He cares profoundly.

It is His presence which gives us peace.

It is His nearness which gives us hope.

It is His protection which gives us life.

—Phillip Keller

Foreordination

Before we came here, faithful women were given certain assignments while faithful men were foreordained to certain priesthood tasks. While we do not now remember the particulars, this does not alter the glorious reality of what we once agreed to. You are accountable for those things which long ago were expected of you just as are those we sustain as prophets and apostles!”

– President Spencer W. Kimball

Sun Rises

I believe in Christianity as I
believe that the Sun has risen,
not only because I see it, but
because by it I see everything
else.

— C.S. Lewis

Family's Design

God's design for the human family is the most obvious and self-evident truth of the created order. To reject this truth is to open oneself to every destructive folly to which the mind of man is susceptible, for it is to reject the foundation of logic itself. For this reason the acceptance of homosexuality by a society is the surest predictor of its collapse.

— Scott Lively

Virtue Exalts a Nation

Righteousness alone can exalt...a nation...practice virtue thyself, and encourage it in others.

— Patrick Henry

Work

Work is a developer
of character...

—Benjamin Rush

What Makes Us Happy

All that we call human history—money, poverty, ambition, war, prostitution, classes, empires, slavery—is the long terrible story of man trying to find something other than God which will make him happy.

— C.S. Lewis

New Testament

“The study of morality... of this there are books enough writ both by ancient and modern philosophers; but the morality of the Gospel doth so exceed them all, that, to give a man a full knowledge of true morality, I shall send him to no other book, but the New Testament.”

— John Locke

Neutrality Is Evil

Neutrality is a myth, a glorified myth.

Neutrality is a Trojan horse, professing some advantage

but being inherently full of danger.

Neutrality isn't neutrality at all.

It always favors the despot. It adds to his power.

If a man steals from his neighbor, his act is evil.

If that man happens to be your employer, his act is still evil.

If nobody questions the evil actions of his thieving employer,

on the idea that it is better for him to remain neutral,

then the employer continues to steal.

Remaining neutral will destroy everyone involved.

Neutrality refuses to keep evil in check.

Evil unchecked will destroy good.

That is why neutrality is so dangerous.

Moreover, real neutrality refuses even to identify evil as evil;

in which case there is no activity to promote good as well as

no activity to prevent evil.

By default neutrality is the great sympathizer and nurturer of evil.

The most deadly enemy of righteousness is not evil, it's neutrality.

If you are neither hot nor cold, but lukewarm, God will spue you out of His mouth.

— The Reverend John Lathrop

(attributed to him in the book *Exiled* by Helene Holt)

We Will Speak Out

We will speak out, we will be heard,
 Though all the earth's systems crack;
We will not bate a single word,
 Nor take a letter back.
Let liars fear, let cowards shrink,
 Let traitors turn away;
Whatever we have dared to think
 That dare we also say.
We speak the truth, and what care we
 For hissing and for scorn,
While some faint gleamings we can see
 Of Freedom's coming morn?

—James Russell Lowell

My Savior Liveth

What though my joys and comforts die,
the Lord, my Savior, liveth.

What though the darkness gather round,
songs in the night He giveth.

No storm can shake my inmost calm while
to
this refuge clinging.

Since Christ is Lord of heaven and earth,
how can I keep from singing?

—Robert Lowrey

I Cannot Retract

...unless my conscience is thus bound by the Word of God, I cannot and will not retract; for it is unsafe and injurious to act against one's own conscience. Here I stand, I can do no other: may God help me!

Amen.

—Martin Luther

Self-Government

The law is made
only for slaves; a
free man does right
because it is right.

—Karl G. Maeser

Be Present

“Be present. In life, there are no ordinary moments. Most of us never really recognize the most significant moments of our lives when they’re happening.”

—Kathleen Magee

Goal

If you have not chosen the Kingdom of God as your goal in life, it will in the end make no difference what you choose instead.

—Elder Neal A. Maxwell

Success

...we can be comforted to know that God, who knows our capacity perfectly, placed us here to succeed. No one was fore-ordained to fail... let us remember that we were measured before and we were found equal to our tasks; and, therefore, let us continue, but with a more determined discipleship. When we feel overwhelmed, let us recall the assurance that God will not overprogram us; He will not press upon us more than we can bear.

—Elder Neal A. Maxwell

Character and Education

Character is the aim of true education; and science, history, and literature are but means used to accomplish this desired end. Character is not the result of chance, but of continuous right thinking and right acting. True education seeks to make men and women not only good mathematicians, proficient linguists, profound scientists, or brilliant literary lights, but also, honest men, with virtue, temperance, and brotherly love. It seeks to make men and women who prize truth, justice, wisdom, benevolence, and self-control as the choicest acquisitions of a successful life.

—President McKay

What We Become

So we can clearly see that
it is not what we know
but what we become that
matters.

—Mr. Gaylord Swim

Citizenship and Noble Character

In my opinion, the highest, noblest purpose in
all our education

from the grades to the university

is to teach citizenship and noble character...

A man's character is greater than intellectual
attainments or social privileges;

that every thought creates character;

that every act is an incarnation of character;

that every decision is a revelation of character;

that habit is a pillar in the edifice of character.

—David O. McKay

Testimony

A testimony of the gospel of Jesus Christ is the most sacred, the most precious gift in our lives, obtained only by adherence to the principles of the gospel, not by following the paths of the world.

—David O. McKay

Work II

Let us realize that...

the privilege to work
is a gift,

that the power to work
is a blessing,

that the love of work
is success.

—President David O. McKay

On The Last Massacre in Piedmont

Avenge, O Lord, thy slaughtered Saints,
Whose bones lie scattered on the
Alpine mountains cold;
Even them who kept thy truth so pure of old, when all
our fathers worshiped stocks and stones.
Forget not: in thy book,
Record their groans who are
Thy sheep,
And in their ancient fold slain...
Their martyred blood and ashes sown o'er all the
Italian fields...
That from these may grow a
Hundred-fold, who having learned
Thy ways early,
May fly the Babylonian woe.

—John Milton

Try

If you don't try, you
don't do, and if you
don't do, then why
are you here?

—Pres. Monson

Prepare

Remember the promise of the Lord: “If ye are prepared ye shall not fear.” Fear is a deadly enemy of progress.

It is necessary to prepare and to plan so that we don’t fritter away our lives. Without a goal, there can be no real success...

Success is the progressive realization of a worthy ideal.

Someone has said the trouble with not having a goal is that you can spend your life running up and down the field and never cross the goal line... Preparation is hard work but absolutely essential for our progress.

Our journey into the future will not be a smooth highway stretching from here to eternity. Rather, there will be forks and turnings in the road, to say nothing of the unanticipated bumps. We must pray daily to a loving Heavenly Father, who wants each of us to succeed in life.

Prepare for the future.

—President Thomas S. Monson

Thanksgiving and Gratitude

To express gratitude is gracious and honorable, to enact gratitude is generous and noble, but to live with gratitude ever in our hearts is to touch heaven.

—President Thomas S. Monson

Only Christianity Offers a Savior

Freedom from the bondage and guilt of individual sin and transgression is the highest form of liberty and it only comes from Christ. Only Christianity offers a savior.

One of the amazing things about pure Christianity is that it requires no force to bring about change. It is so silent, so gentle, so calming and yet so persuasive that without the use of force it proves to be the most powerful means to change the hearts of men. It is revolutionary in nature, not because it uses force of arms, but because converted souls will embrace it at the cost of their own lives.

But pure Christianity does need one thing to survive—freedom of conscience. Men must be allowed to embrace it if they so choose. Hence the need for government to guarantee freedom of religion. Government must be kept from either establishing religious doctrines or preventing them from being believed and lived.

America's most sublime message is the message of Christmas. If we really understood the impact the message of Christ's birth could have on the world, Americans would do much more to help the rest of the world enjoy Christ's most bounteous blessings.

—The National Center for Constitutional Studies

Happiness in Obedience

Youth. You will remain much safer and infinitely happier if you will place your energy into current obedience rather than saving it for future repentance. When we are obedient, we establish a base from which the challenges of the future can be addressed.

—Elder Glenn L. Pace

Serve Your Organization

If you will serve your organization, your cause- the Relief Society—your every need shall be fulfilled now, and in the eternities; every neglect will be erased; every abuse will be corrected. All of this can come to you and come quickly when you devote yourself to the Relief Society.

—Elder Boyd K. Packer

Atonement

Restoring what you cannot restore, healing the wound you cannot heal, fixing that which you broke and cannot fix is the very purpose of the atonement of Christ.

—Elder Boyd K. Packer

The First Vision

Few events in all of
human history surpass
the spiritual majesty of
the First Vision.

—Elder Boyd K. Packer

Definition of a Principle

A principle is an enduring truth, a law, a rule you can adopt to guide you in making decisions. General principles are not spelled out in detail. That leaves you free to find your way with an enduring truth, a principle, as your anchor.

—Elder Boyd K. Packer

Christ

The most important and most significant of all events that have happened in the history and life of mankind are the birth, life, death, and resurrection of our Lord and Savior Jesus Christ, the Only Begotten of God the Eternal Father.

—N. Eldon Tanner

From a Quaker Calendar

When the song of the angel is stilled,
When the star in the sky is gone,
When the kings and princes are home,
When the shepherds are back with their flocks,
The work of Christmas begins:

To find the lost,
To heal the broken,
To feed the hungry,
To release the prisoner,
To rebuild the nation,
To bring peace among brothers,
To make music in the heart...

—Howard Thomas

Ruth 1:16,17

“Intreat me not to leave thee, or to return from following after thee: for wither thou goest, I will go; and where thou lodgest, I will lodge: thy people shall be my people, and thy God my God: Where thou diest, will I die, and there will I be buried: the Lord do so to me, and more also, if ought but death part thee and me.”

Obedience to Principles

Man has always benefited from obedience to true principles.

Principles are anchors of safety.

They are like the steel anchors a mountaineer uses to conquer otherwise impossible cliffs. They will help you have confidence in new and unfamiliar circumstances. They will provide you protection in life's storms of adversity.

—Richard G. Scott

Line of Demarcation

“There is a line of demarcation well defined that separates the Lord’s territory from Lucifer’s. If we live on the Lord’s side of the line Lucifer cannot come there to influence us, but if we cross the line into his territory we are in his power. By keeping the commandments of the Lord we are safe on His side of the line, but if we disobey His teachings we voluntarily cross into the zone of temptation and invite the destruction that is ever present there. Knowing this, how anxious we should always be to live on the Lord’s side of the line.”

—George Albert Smith

Plan of Salvation

The great plan of salvation is a theme which ought to occupy our strict attention, and be regarded as one of heaven's best gifts to mankind.

—Joseph Smith

Character Is Power

I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has had to overcome while trying to succeed.

Character is power.

—Washington, Booker T.

Words of Wisdom from Wycliffe

We cannot keep a faithful church without the word of God.

Every man and every woman must have the Word of God in their own language.

God has given us the scriptures so we may learn to think and serve.

The fact that something is believed by the multitudes does not make it true.

I Nephi 13:12

And I [Nephi] looked and beheld a man among the Gentiles, who was separated from the seed of my brethren by the many waters; and I beheld the Spirit of God, that it came down and wrought upon the man; and he went forth upon the many waters, even unto the seed of my brethren who were in the promised land.

From The Declaration of Independence

When in the Course of human Events, it becomes necessary for one People to dissolve the Political Bands which have connected them with another... a decent Respect to the Opinions of Mankind requires that they should declare the causes which impel them to the Separation.

We hold these Truths to be self-evident, that all Men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty, and the Pursuit of Happiness...

Doctrine and Covenants 101:77

...the laws and constitution of the people, I have suffered to be established, and should be maintained for the rights and protection of all flesh, according to just and holy principles.

I Am Only One

I am only one, but I am one. I can't do everything, but I can do something.

What I can do, that I ought to do. And what I ought to do, by the grace of Heaven, I SHALL do!

Shakespeare “Henry IV” Part I, I-1:18-27

Therefore, friends,
As far as to the sepulchre of
Christ,
Whose soldier now, under whose
blessed cross
We are impressed and engaged to fight...
Holy fields
Over whose acres walked those
blessed feet,
Which fourteen hundred years
ago were nail'd
For our advantage on the bitter
cross.

Experience

Every experience God gives us, every person He puts in our lives is the perfect preparation for the future that only He can see.

—Corrie Ten Boom

Power of the Bible

The Bible in the hands of the individual brings salvation, reformation and liberty.

—President
Joseph Fielding
Smith

Faith and Hard Work

Our Father in Heaven does not wish us to cower. He does not want us to wallow in our misery. He expects us to square our shoulders, roll up our sleeves, and overcome our challenges.

That kind of spirit—that blend of faith and hard work—is the spirit we should emulate as we seek to reach a safe harbor in our own lives...Use your ingenuity, your strength, your might to resolve challenges. Do all you can do and then leave the rest to the Lord.”

—Joseph B. Wirthlin

A Stanza on Freedom

They are slaves who fear to speak
For the fallen and the weak;
They are slaves who will not choose
Hatred, scoffing, and abuse,
Rather than in silence shrink
From the truth they needs must
think;
They are slaves who dare not be
In the right with two or three.

—James Russell Lowell

Fill

Fill your minds with truth.

Fill your hearts with love.

Fill your lives with service.

—President Thomas S.
Monson

Sonnet 116

Let me not to the marriage of true minds
Admit impediments; love is not love
Which alters when it alteration finds,
Or bends with the remover to remove.
O no, it is an ever-fixed mark
That looks on tempests and is never shaken;
It is the star to every wand'ring bark,
Whose worth's unknown, although his highth be
taken.

Love's not Time's fool, though rosy lips and cheeks
Within his bending sickle's compass come,
Love alters not with his brief hours and weeks,
But bears it out even to the edge of doom.

If this be error and upon me proved,
I never writ, nor no man ever loved.

—William Shakespeare

Duty and Obedience

If there are any of us who lack faith in this work it is because we have not kept the commandments of God. If there are any who do not know that this is the work of our Father, it is because they have not done their duty.

—Pres. George Albert Smith

Approved in the Sight of God

...No consideration whatever ought to deter us from showing ourselves approved in the sight of God, according to His divine requirement. Men not unfrequently forget that they are dependent upon heaven for every blessing which they are permitted to enjoy, and that for every opportunity granted them they are to give an account.

—The Prophet Joseph Smith

What Is True

We say that God is true;
that the Constitution of
the United States is true;
that the Bible is true.

—Joseph Smith

The AHS History Timeline

Premortality	Before time was measured
The Creation and the Fall	Before time was measured
The Dispensation of Adam	4,000 B.C.
The Dispensation of Enoch	3,300 B.C.
The Dispensation of Noah	2350 B.C.
The Dispensation of Abraham	2150 B.C.
The Dispensation of Moses	1500 B.C.
The Nephites	600 B.C.
Jesus Christ	Meridian of Time
The Early Church and Apostasy	50 A.D.
John Wycliffe and the Bible in English	1384
Christopher Columbus Discovers America	1492
The American Christian Founding	1620
The American Christian Republic	1776–1787
Enlightenment and Secularization of America	1800s and 1900s
The Dispensation of the Fullness of Times and Joseph Smith	1830
The Gathering and Building of Zion	Present Day
My Place in God's Plan	Present Day
The Second Coming and Millennium	Future

General George Washington's Instructions to the Colonial Army

The blessings and protection of heaven are at all times necessary, but especially so in times of public distress and danger. The General hopes and trusts that every officer and man will endeavor so to live and act as becomes a Christian soldier defending the dearest rights and liberties of his country.

George Washington First Inaugural Address, April 1789

No people can be bound to
acknowledge and adore the
Invisible Hand which conducts
the affairs of men more than
those of the United States.

General Washington's Thanks to God

Providence has a... claim to my humble and grateful thanks for its protection and direction of me through the many difficult and intricate scenes which this contest [the Revolutionary War] has produced, and for the constant interposition in our behalf when the clouds were heaviest and seemed ready to burst upon us... We have... abundant reason to thank Providence for its many favorable [blessings] in our behalf. It has at times been my only dependence, for all other resources seemed to have failed us.

Check Your Thoughts

If you first gain power to check your words, you will then begin to have power to check your judgment, and at length actually gain power to check your thoughts and reflections.

—President Brigham Young

The Gospel Is a Compass

You cannot find a compass on the earth that points so directly as the gospel plan of salvation. It has a place for everything and puts everything in its place.

—Brigham Young

Teachings of the Bible

All the miseries and evils which men suffer from vice, crime, ambition, injustice, oppression, slavery and war, proceed from their despising or neglecting the precepts contained in the Bible.

—Noah Webster,

Avoid what Weakens Your Reason

Avoid whatever weakens your reason, impairs the tenderness of your conscience, obscures your sense of God, takes off your relish for spiritual things... increases the authority of the body over the mind.

—Susannah Wesley

Do All the Good

Do all the good you can do,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can.

—John Wesley

Adams, John Quincy, Diary entry, January 1, 1829

But, in good or in evil fortune,
It is not in man that walketh to
direct his steps. Let him look to
the Fountain of all good; let him
consult the oracles of God.

“The Magnificence of Man

Appetites for...degrading forces can become addictive. Physical or mental addictions become doubly serious because, in time, they enslave *both* the body and the spirit. Full repentance from these shackles, or any other yokes of sin, must be accomplished in this life while we still have the aid of a mortal body to help us develop self-mastery...In daily prayer we may gratefully acknowledge God as our Creator, thank him for the magnificence of our physical temple, and then heed his counsel.”

— Elder Russell M. Nelson

Albert Schweitzer

No ray of sunshine is ever lost, but the green which it wakes needs time to sprout, and it is not always given to the sower to live to see the harvest. All work worth anything is done by faith.

Small Powers

An immense effect may be produced by small powers wisely and steadily directed.

—Webster, Noah

Indifference

There is a tendency on the part of some to become indifferent. There are those who drift off seeking the enticements of the world, forsaking the cause of the Lord. I see others who think it is all right to lower their standards, perhaps in small ways. In this very process they lose the cutting edge of enthusiasm for this work. For instance, they think the violation of the Sabbath is a thing of unimportance. They neglect their meetings. They become critical. They engage in backbiting. Before long they have drifted from the Church.

—Gordon B. Hinckley

8th Grade Memorization

Doctrine and Covenants 64:34

“Behold, the Lord requireth the heart and a willing mind; and the willing and obedient shall eat the good of the land of Zion in these last days.”

Doctrine and Covenants

64:33

“Wherefore, be not weary in well-doing, for ye are laying the foundation of a great work. And out of small things proceedeth that which is great.”

1 Nephi 9:6

“But, the Lord knoweth all things from the beginning; wherefore, he prepareth a way to accomplish all his works among the children of men; for behold, he hath all power unto the fulfilling of all his words. And thus it is. Amen.”

Helaman 5:12

“And now, my sons, remember, remember that it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation; that when the devil shall send forth his mighty winds, yea, his shafts in the whirlwind, yea, when all his hail and his mighty storm shall beat upon you, it shall have no power over you to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build they cannot fall.”

Example of Hope and Liberty

“The happy union of these states is a wonder; their Constitution is a miracle; their example the hope of liberty throughout the world. Woe to the ambition that would meditate the destruction of either!”

—James Madison

Wisdom and Virtue

“Nothing is of more importance ... than to form and train up youth in wisdom and virtue.

Wise and good men are ... the strength of the state; more so than riches or arms.”

—Benjamin Franklin

Beauty

“Though we travel the world over to find the beautiful, we must carry it with us or we find it not.”

—Ralph Waldo Emerson

Doctrine and Covenants

93:36–37

“The glory of God is intelligence, or, in other words, light and truth.

Light and truth forsake that evil one.”

Doctrine and Covenants

130:18–19

“Whatever principle of intelligence we attain unto in this life, it will rise with us in the resurrection.

And if a person gains more knowledge and intelligence in this life through his diligence and obedience than another, he will have so much the advantage in the world to come.”

Doctrine and Covenants

115:5

“Arise and shine forth, that thy light may be a standard for the nations.”

Matthew 22:36–39

“Master, which is the great commandment in the law? Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment.

And the second is like unto it, Thou shalt love thy neighbor as thyself.”

The Seven Principles

God's Principle of Individuality

The Christian Principle of Self-Government

America's Heritage of Christian Character

Conscience Is the Most Sacred of All Property

The Christian Form of Our Government

How the Seed of Local Self-Government Is Planted

Unity with Union

The Family: A PROCLAMATION TO THE WORLD

The First Presidency and Council of the Twelve Apostles of the Church of Jesus Christ of Latter-Day Saints

WE, THE FIRST PRESIDENCY and the Council of the Twelve Apostles of The Church of Jesus Christ of Latter-day Saints, solemnly proclaim that marriage between a man and a woman is ordained of God and that the family is central to the Creator's plan for the eternal destiny of His children.

ALL HUMAN BEINGS—male and female—are created in the image of God. Each is a beloved spirit son or daughter of heavenly parents, and, as such, each has a divine nature and destiny. Gender is an essential characteristic of individual premortal, mortal, and eternal identity and purpose.

IN THE PREMORTAL REALM, spirit sons and daughters knew and worshipped God as their Eternal Father and accepted His plan by which His children could obtain a physical body and gain earthly experience to progress toward perfection and ultimately realize their divine destiny as heirs of eternal life. The divine plan of happiness enables family relationships to be perpetuated beyond the grave. Sacred ordinances and covenants available in holy temples make it possible for individuals to return to the presence of God and for families to be united eternally.

THE FIRST COMMANDMENT that God gave to Adam and Eve pertained to their potential for parenthood as husband and wife. We declare that God's commandment for His children to multiply and replenish the earth remains in force. We further declare that God has commanded that the sacred powers of procreation are to be employed only between man and woman, lawfully wedded as husband and wife.

WE DECLARE the means by which mortal life is created to be divinely appointed. We affirm the sanctity of life and of its importance in God's eternal plan.

HUSBAND AND WIFE have a solemn responsibility to love and care for each other and for their children. "Children are an heritage of the Lord" (Psalm 127:3). Parents have a sacred duty to rear their children in love and righteousness, to provide for their physical and

spiritual needs, and to teach them to love and serve one another, observe the commandments of God, and be law-abiding citizens wherever they live. Husbands and wives—mothers and fathers—will be held accountable before God for the discharge of these obligations.

THE FAMILY is ordained of God. Marriage between man and woman is essential to His eternal plan. Children are entitled to birth within the bonds of matrimony, and to be reared by a father and a mother who honor marital vows with complete fidelity. Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ. Successful marriages and families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, and wholesome recreational activities. By divine design, fathers are to preside over their families in love and righteousness and are responsible to provide the necessities of life and protection for their families. Mothers are primarily responsible for the nurture of their children. In these sacred responsibilities, fathers and mothers are obligated to help one another as equal partners. Disability, death, or other circumstances may necessitate individual adaptation. Extended families should lend support when needed.

WE WARN that individuals who violate covenants of chastity, who abuse spouse or offspring, or who fail to fulfill family responsibilities will one day stand accountable before God. Further, we warn that the disintegration of the family will bring upon individuals, communities, and nations the calamities foretold by ancient and modern prophets.

WE CALL UPON responsible citizens and officers of government everywhere to promote those measures designed to maintain and strengthen the family as the fundamental unit of society.

9th Grade Memorization

American Heritage School Mission Statement

American Heritage School exists for the purpose of serving parents in assisting in developing the minds, the hearts, and the bodies of students in order that they may:

- be useful in the hands of the Lord in building the kingdom of God on earth;
- increase faith in and knowledge of the Plan of Salvation;
- develop a love, understanding and appreciation for America and the founding fathers;
- develop the basic academic knowledge and skills necessary to be able to make self-education a life- long pursuit;
- learn to reason and discern between right and wrong, truth and error;
- develop character and self-discipline of mind and body; and
- conduct themselves in all aspects of life as Christians.

All activities, teaching, governance, and administration are to be accomplished in light of the above objectives and in so far as possible in harmony with revealed principles of the restored gospel of Jesus Christ and laws of the land.

All teachers, staff, administrators, and trustees shall strive to be living examples of the values, principles, and skills taught at the school.

If

If you can keep your head when all about you
Are losing theirs and blaming it on you;
If you can trust yourself when all men doubt
you,

But make allowance for their doubting too:
If you can wait and not be tired by waiting,
Or, being lied about, don't deal in lies,
Or being hated don't give way to hating,
And yet don't look too good, nor talk too wise;

If you can dream—and not make dreams your
master;

If you can think—and not make thoughts your
aim,

If you can meet with Triumph and Disaster
And treat those two impostors just the same:.
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to,
broken,

And stoop and build'em up with worn-out
tools;

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings,

And never breathe a word about your loss:
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on!"

If you can talk with crowds and keep your
virtue,
Or walk with Kings—nor lose the common
touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much:
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And—which is more—you'll be a Man, my son!

—Rudyard Kipling

Invictus

Out of the night that covers me,
Black as the Pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.

In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.

Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds, and shall find, me unafraid.

It matters not how strait the gate,
How charged with punishments the scroll.
I am the master of my fate:
I am the captain of my soul.

—William Ernest Henley

The Soul's Captain

(A reply to William Ernest Henley's poem "Invictus")

Art thou in truth? Then what of him
Who bought thee with his blood?
Who plunged into devouring seas
And snatched thee from the flood?

Who bore for all our fallen race
What none but him could bear—
The God who dies that man might live,
And endless glory share?

Of what avail thy vaunted strength,
Apart from his vast might?
Pray that his Light may pierce the gloom,
That thou mayest see aright.

Men are as bubbles on the wave,
As leaves upon the tree.
Thou, captain of thy soul, forsooth!
Who gave that place to thee?

Free will is thine—free agency,
To wield for right or wrong;
But thou must answer unto him
To whom all souls belong.

Bend to the dust that head "unbowed,"
Small part of life's great whole!
And see in him, and him alone,
The Captain of thy soul.

—Orson F. Whitney

The Road Not Taken

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim
Because it was grassy and wanted wear,
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I,
I took the one less traveled by,
And that has made all the difference.

—Robert Frost

Stopping by Woods on a Snowy Evening

Whose woods these are I think I know.
His house is in the village though;
He will not see me stopping here
To watch his woods fill up with snow.

My little horse must think it queer
To stop without a farmhouse near
Between the woods and frozen lake
The darkest evening of the year.

He gives his harness bells a shake
To ask if there is some mistake.
The only other sound's the sweep
Of easy wind and downy flake.

The woods are lovely, dark and deep.
But I have promises to keep,
And miles to go before I sleep,
And miles to go before I sleep.

—Robert Frost

The Cat and Moon

There is an inn, a merry old inn
beneath an old grey hill,
And there they brew a beer so brown
That the Man in the Moon himself came down
on night to drink his fill.

The ostler has a tipsy cat
that plays a five-stringed fiddle;
And up and down he runs his bow,
Now squeaking high, now purring low,
now sawing in the middle.

The landlord keeps a little dog
that is mighty fond of jokes;
When there's good cheer among the guests
He cocks an ear at all the jests
and laughs until he chokes.

They also keep a horned cow
as proud as any queen;
But music turns her head like ale,
And makes her wave her tufted tail
and dance upon the green.

And O! the rows of silver dishes
and the store of silver spoons!

For Sunday there's a special pair,
And these they polish up with care
on Saturday afternoons.

The Man in the Moon was drinking deep,
and the cat began to wail;
A dish and a spoon on the table danced,
The cow in the garden madly pranced,
and the little dog chased his tail.

The Man in the Moon took another mug,
and then rolled beneath his chair;
And there he dozed and dreamed of ale,
Till in the sky the stars were pale,
and dawn was in the air.

Then the ostler said to his tipsy cat:
"The white horses of the Moon,
They neigh and champ their silver bits:
But their master's been and drowned his wits,
and the Sun'll be rising soon!"

So the cat on his fiddle played hey-diddle-
diddle,
a jig that would wake the dead:
He squeaked and sawed and quickened the
tune,
While the landlord shook the Man in the Moon:
It's after three! He said.

They rolled the Man slowly up the hill
and bundled him into the Moon,
While his horses galloped up in rear,
And the cow came capering like a deer,
and a dish ran up with the spoon.

Now quicker the fiddle went deedle-dum-diddle;
the dog began to roar,
The cow and the horses stood on their heads;
The guests all bounded from their beds
and danced upon the floor.

With a ping and a pang the fiddle-strings
broke!

The cow jumped over the Moon,
And the little dog laughed to see such fun,
And the Saturday dish went off at a run
with the silver Sunday spoon.

The round Moon rolled behind the hill,
as the Sun raised up her head.
She hardly believed her fiery eyes;
for though it was day, to her surprise
they all went back to bed!

—J.R.R. Tolkien

The Gettysburg Address

Four score and seven years ago our fathers brought forth on this continent, a new nation, conceived in Liberty, and dedicated to the proposition that all men are created equal.

Now we are engaged in a great civil war, testing whether that nation, or any nation so conceived and so dedicated, can long endure. We are met on a great battle-field of that war. We have come to dedicate a portion of that field, as a final resting place for those who here gave their lives that that nation might live. It is altogether fitting and proper that we should do this.

But, in a larger sense, we can not dedicate—we can not consecrate—we can not hallow—this ground. The brave men, living and dead, who struggled here, have consecrated it, far above our poor power to add or detract. The world will little note, nor long remember what we say here, but it can never forget what they did here. It is for us the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced. It is rather for us to be here dedicated to the great task remaining before us—that from these honored dead we take increased devotion to that cause for which they gave the last full measure of devotion—that we here highly resolve that these dead shall not have died in vain—that this nation, under God, shall have a new birth of freedom—and that government of the people, by the people, for the people, shall not perish from the earth.

—Abraham Lincoln

D&C 88:118–126

118 And as all have not faith, seek ye diligently and teach one another words of wisdom; yea, seek ye out of the best books words of wisdom; seek learning, even by study and also by faith.

119 Organize yourselves; prepare every needful thing; and establish a house, even a house of prayer, a house of fasting, a house of faith, a house of learning, a house of glory, a house of order, a house of God;

120 That your incomings may be in the name of the Lord; that your outgoings may be in the name of the Lord; that all your salutations may be in the name of the Lord, with uplifted hands unto the Most High.

121 Therefore, cease from all your light speeches, from all laughter, from all your lustful desires, from all your pride and light-mindedness, and from all your wicked doings.

122 Appoint among yourselves a teacher, and let not all be spokesmen at once; but let one speak at a time and let all listen unto his sayings, that when all have spoken that all may be edified of all, and that every man may have an equal privilege.

123 See that ye love one another; cease to be covetous; learn to impart one to another as the gospel requires.

124 Cease to be idle; cease to be unclean; cease to find fault one with another; cease to sleep longer than is needful; retire to thy bed early, that ye may not be weary; arise early, that your bodies and your minds may be invigorated.

125 And above all things, clothe yourselves with the bond of charity, as with a mantle, which is the bond of perfectness and peace.

126 Pray always, that ye may not faint, until I come. Behold, and lo, I will come quickly, and receive you unto myself. Amen.

D&C 136:32

32 Let him that is ignorant learn wisdom by humbling himself and calling upon the Lord his God, that his eyes may be opened that he may see, and his ears opened that he may hear;

33 For my Spirit is sent forth into the world to enlighten the humble and contrite, and to the condemnation of the ungodly.

10th Grade Memorization

John 8:31-34

31 Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;

32 And ye shall know the truth, and the truth shall make you free.

33 They answered him, We be Abraham's seed, and were never in bondage to any man: how sayest thou, Ye shall be made free?

34 Jesus answered them, Verily, verily, I say unto you, Whosoever committeth sin is the servant of sin.

Matthew 12:33–35

Either make the tree good, and his fruit good; or else make the tree corrupt, and his fruit corrupt: for the tree is known by his fruit.

34 O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh.

35 A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things.

D&C 101:77–80

77 According to the laws and constitution of the people, which I have suffered to be established, and should be maintained for the rights and protection of all flesh, according to just and holy principles;

78 That every man may act in doctrine and principle pertaining to futurity, according to the moral agency which I have given unto him, that every man may be accountable for his own sins in the day of judgment.

79 Therefore, it is not right that any man should be in bondage one to another.

80 And for this purpose have I established the Constitution of this land, by the hands of wise men whom I raised up unto this very purpose, and redeemed the land by the shedding of blood.

Jacob 5:71-74

And the Lord of the vineyard said unto them: Go to, and labor in the vineyard, with your might. For behold, this is the blast time that I shall nourish my vineyard; for the end is nigh at hand, and the season speedily cometh; and if ye labor with your might with me ye shall have joy in the fruit which I shall lay up unto myself against the time which will soon come.

72 And it came to pass that the servants did go and labor with their mights; and the Lord of the vineyard labored also with them; and they did obey the commandments of the Lord of the vineyard in all things.

73 And there began to be the natural fruit again in the vineyard; and the natural branches began to grow and thrive exceedingly; and the wild branches began to be plucked off and to be cast away; and they did keep the root and the top thereof equal, according to the strength thereof.

74 And thus they labored, with all diligence, according to the commandments of the Lord of the vineyard, even until the bad had been cast away out of the vineyard, and the Lord had preserved unto himself that the trees had become again the natural fruit; and they became like unto a one body; and the fruits were equal; and the Lord of the vineyard had preserved unto himself the natural fruit, which was most precious unto him from the beginning.

Success despite Failures

Far better is it to dare mighty things, to win glorious triumphs, even though checkered by failure... than to rank with those poor spirits who neither enjoy nor suffer much, because they live in a gray twilight that knows not victory nor defeat.

—Theodore Roosevelt

11th and 12th Grade Memorization

Jacob 2

17 Think of your brethren like unto yourselves, and be familiar with all and free with your substance, that they may be rich like unto you.

18 But before ye seek for riches, seek ye for the kingdom of God.

19 And after ye have obtained a hope in Christ ye shall obtain riches, if ye seek them; and ye will seek them for the intent to do good—to clothe the naked, and to feed the hungry, and to liberate the captive, and administer relief to the sick and the afflicted.

Line upon Line

“He knows not how to rule a kingdom, that cannot manage a Province; nor can he wield a Province, that cannot order a City; nor he order a City, that knows not how to regulate a Village; nor he a Village that cannot guide a Family; nor can that man Govern well a family that knows not how to Govern himself; neither can any Govern himself unless Reason be Lord, Will and Appetite her Vassals; nor can Reason rule unless herself be ruled by God, and (wholly) be obedient to Him.”

—Hugo Grotius

28 Principles of Liberty

1. The only reliable basis for sound government and just human relations is Natural Law.
2. A free people cannot survive under a republican constitution unless they remain virtuous and morally strong.
3. The most promising method of securing a virtuous and morally stable people is to elect virtuous leaders.
4. Without religion the government of a free people cannot be maintained.
5. All things were created by Providence (God), therefore upon Him all mankind are equally dependent, and to Him they are equally responsible.
6. All men are created equal.
 - Equal before God.
 - Equal before the law.
 - Equal in their rights.
7. The proper role of government is to protect equal rights, not provide equal things.
8. Men are endowed by their Creator with certain unalienable rights.
(Declaration of independence)
9. To protect man's rights, God has revealed certain principles of divine law.
10. The God-given right to govern is vested in the sovereign authority of the whole people.
11. The majority of the people may alter or abolish a government that has become tyrannical.
12. The United States of America shall be a republic.
13. A constitution should be structured to permanently protect the people from the human frailties of their rulers.
14. Life and liberty are secure only so long as the right of property is secure.
15. The highest level of prosperity occurs when there is a free-market economy and a minimum of government regulations.
 - The Freedom to try.
 - The Freedom to buy.
 - The Freedom to sell.
 - The Freedom to fail.
16. The government should be separated into three branches—legislative, executive, and judicial.

17. A system of checks and balances should be adopted to prevent the abuse of power.
18. The unalienable rights of people are most likely to be preserved if the principles of government are set forth in a written constitution.
19. Only limited and carefully defined powers should be delegated to government, all others being retained in the people.
20. Efficiency and dispatch require government to operate according to the will of the majority, but constitutional provisions must be made to protect the right of the minority.
21. Strong local self-government is the keystone to preserving human freedom.
22. A free people should be governed by law and not by the whims of men.
23. A free society cannot survive as a republic without a broad program of general education.
24. A free people will not survive unless they stay strong.
25. "Peace, commerce, and honest friendship with all nations—entangling alliances with none.")
26. The core unit which determines the strength of any society is the family; therefore, the government should foster and protect its integrity.
27. The burden of debt is as destructive to freedom as subjugation by conquest.
28. The United States has a manifest destiny to be an example and a blessing to the entire human race.

—W. Cleon Skousen

Joseph Smith

“I teach them correct principles and they govern themselves.”

Genesis 3

16 Unto the woman he said, I will greatly multiply thy sorrow and thy conception; in sorrow thou shalt bring forth children; and thy desire shall be to thy husband, and he shall rule over thee.

17 And unto Adam he said, Because thou hast hearkened unto the voice of thy wife, and hast eaten of the tree, of which I commanded thee, saying, Thou shalt not eat of it: cursed is the ground for thy sake; in sorrow shalt thou eat of it all the days of thy life;

18 Thorns also and thistles shall it bring forth to thee; and thou shalt eat the herb of the field;

19 In the sweat of thy face shalt thou eat bread, till thou return unto the ground; for out of it wast thou taken: for dust thou art, and unto dust shalt thou return.

Moral Laws

“Legislatures are as powerless to **abrogate** moral and economic laws as they are to abrogate physical laws. They cannot convert wrong into right nor divorce effect from cause, either by parliamentary majorities, or by unity of supporting public opinion. The penalties of such legislative folly will always be **exacted** by **inexorable** time.”

—John Mackay

Thomas Jefferson, 50th Anniversary of the Declaration of Independence

“May [the Declaration of Independence] be to the world, what I believe it will be, (to some parts sooner, to others later, but finally to all,) the Signal of arousing men to burst the chains, under which **monkish** ignorance and superstition had persuaded them to bind themselves, and *to assume the blessings & security of self-government*. That form which we have substituted, restores the free right to the unbounded exercise of reason and freedom of opinion. All eyes are opened, or opening, to the rights of man. The general spread of the light of science has already laid open to every view the **palpable** truth, that the mass of mankind has not been born with saddles on their backs, nor a favored few booted and spurred, ready to ride them **legitimately**...”

Marquis Beccaria

“In every human society, there is an effort continually tending to confer on one part the height of power and happiness and on the other the extreme of weakness and misery. The intent of good laws is to oppose this effort and diffuse their influence universally and equally.”

Alma 29

1 O that I were an angel, and could have the wish of mine heart, that I might go forth and speak with the trump of God, with a voice to shake the earth, and cry repentance unto every people!

2 Yea, I would declare unto every soul, as with the voice of thunder, repentance and the plan of redemption, that they should repent and come unto our God, that there might not be more sorrow upon all the face of the earth.

3 But behold, I am a man, and do sin in my wish; for I ought to be content with the things which the Lord hath allotted unto me.

D&C 84

106 And if any man among you be strong in the Spirit, let him take with him him that is weak, that he may be edified in all meekness, that he may become strong also.

D&C 88

77 And I give unto you a commandment that you shall teach one another the doctrine of the kingdom.

78 Teach ye diligently and my grace shall attend you, that you may be instructed more perfectly in theory, in principle, in doctrine, in the law of the gospel, in all things that pertain unto the kingdom of God, that are expedient for you to understand;

79 Of things both in heaven and in the earth, and under the earth; things which have been, things which are, things which must shortly come to pass; things which are at home, things which are abroad; the wars and the perplexities of the nations, and the judgments which are on the land; and a knowledge also of countries and of kingdoms—

80 That ye may be prepared in all things when I shall send you again to magnify the calling whereunto I have called you, and the mission with which I have commissioned you.

I Samuel 8

5 And said unto him, Behold, thou art old, and thy sons walk not in thy ways: now make us a king to judge us like all the nations.

6 But the thing displeased Samuel, when they said, Give us a king to judge us. And Samuel prayed unto the Lord.

7 And the Lord said unto Samuel, Hearken unto the voice of the people in all that they say unto thee: for they have not rejected thee, but they have rejected me, that I should not reign over them.

Mosiah 29

26 Now it is not common that the voice of the people desireth anything contrary to that which is right; but it is common for the lesser part of the people to desire that which is not right; therefore this shall ye observe and make it your law—to do your business by the voice of the people.

27 And if the time comes that the voice of the people doth choose iniquity, then is the time that the judgments of God will come upon you; yea, then is the time he will visit you with great destruction even as he has hitherto visited this land.

2 Nephi 1

9 Wherefore, I, Lehi, have obtained a promise, that inasmuch as those whom the Lord God shall bring out of the land of Jerusalem shall keep his commandments, they shall prosper upon the face of this land; and they shall be kept from all other nations, that they may possess this land unto themselves. And if it so be that they shall keep his commandments they shall be blessed upon the face of this land, and there shall be none to molest them, nor to take away the land of their inheritance; and they shall dwell safely forever.

10 But behold, when the time cometh that they shall dwindle in unbelief, after they have received so great blessings from the hand of the Lord—having a knowledge of the creation of the earth, and all men, knowing the great and marvelous works of the Lord from the creation of the world; having power given them to do all things by faith; having all the commandments from the beginning, and having been brought by his infinite goodness into this precious land of promise—behold, I say, if the day shall come that they will reject the Holy One of Israel, the true Messiah, their Redeemer and their God, behold, the judgments of him that is just shall rest upon them.

Marion G. Romney

“We who hold the priesthood must beware concerning ourselves, that we do not fall into the traps [Satan] lays to rob us of our freedom. We must be careful that we are not led to accept or support in any way any organization, cause or measure which in its remotest effort, would jeopardize free agency, whether it be in politics, government, religion, employment, education, or in any other field. It is not enough for us to be sincere in what we support. We must be right!”

Pain Poem

Pain stayed so long I said to him today,
“I will not have you with me any more.”
I stamped my foot and said, “Be on your way,”
And paused there, startled at the look he wore.
“I, who have been your friend,” he said to me,
“I, who have been your teacher—all you know
Of understanding love, of sympathy,
And patience, I have taught you. Shall I go?”
He spoke the truth, this strange unwelcome
guest;
I watched him leave, and knew that he was
wise.
He left a heart grown tender in my breast,
He left a far, clear vision in my eyes.
I dried my tears, and lifted up a song—
Even for one who’d tortured me so long.

Quoted in *Tragedy or Destiny*
by Spencer W. Kimball

Meade McGuire

Father, where shall I work today?
And my love flowed warm and free
Then He pointed out a tiny spot
And said, "Tend that for me."
I answered quickly, "Oh no; not that!
Why, no one would ever see,
No matter how well my work was done;
Not that little place for me."
And the word He spoke, it was not stern;
He answered me tenderly:
"Ah, little one, search that heart of thine.
Art thou working for them or for me?
Nazareth was a little place,
And so was Galilee."

D&C 134

1 We believe that governments were instituted of God for the benefit of man; and that he holds men accountable for their acts in relation to them, both in making laws and administering them, for the good and safety of society.

2 We believe that no government can exist in peace, except such laws are framed and held inviolate as will secure to each individual the free exercise of conscience, the right and control of property, and the protection of life.

4 We believe that religion is instituted of God; and that men are amenable to him, and to him only, for the exercise of it, unless their religious opinions prompt them to infringe upon the rights and liberties of others; but we do not believe that human law has a right to interfere in prescribing rules of worship to bind the consciences of men, nor dictate forms for public or private devotion; that the civil magistrate should restrain crime, but never control conscience; should punish guilt, but never suppress the freedom of the soul.

Articles of the US Constitution

Article I

Legislative Department-organization, powers, restraints.

Article II

Executive Department-powers, restraints, duties, and elections

Article III

Judicial Department-powers, jurisdiction, Restraints, Definition of treason.

Article IV

Relations of the States-To each other and to the federal government. Guarantees to states. Government of territories.

Article V

Amendment Process.

Article VI

Debts of Confederation, “**supremacy** clause,” **duties** of officials.

Article VII

Ratification

Article I: Summary Specifics

- 1.1 All lawmaking power in **Congress**
- 1.2 **House** of Representatives
- 1.3 **Senate**
- 1.4 **Elections and meetings** for both houses
- 1.5 **Rules** for each house
- 1.6 Rights and duties of **Congressmen**
- 1.7 **Making Laws**
- 1.8 **Powers** granted to Congress
- 1.9 Powers **forbidden** to **Congress**
 - Habeas corpus guaranteed
- Powers **forbidden** to **states**

Article I, Section 8, Powers of Congress

- 1.8.1 Collect taxes to pay debts and provide for common defense and general welfare
- 1.8.2 Borrow money on credit of U.S.
- 1.8.3 Regulate commerce with nations, among states and Indian tribes
- 1.8.4 Establish rules and laws of naturalization and bankruptcies
- 1.8.5 Coin money, regulate value, fix weights and measures
- 1.8.6 Provide for punishment of counterfeiting
- 1.8.7 Establish post office and post roads
- 1.8.8 Promote sciences and arts by securing rights of authors and inventors
- 1.8.9 Establish inferior courts to the Supreme Court
- 1.8.10 Define and punish piracies and felonies
- 1.8.11 To declare war
- 1.8.12 To raise and support armies
- 1.8.13 To raise and support a navy
- 1.8.14 To make rules governing land and naval forces
- 1.8.15 To call militia to execute laws
- 1.8.16 To provide organization of militia
- 1.8.17 To govern seat of government [Washington, D.C.] and other federal lands
- 1.8.18 To make laws necessary for carrying our foregoing powers ["Elastic Clause"]

Article II: Summary Specifics

2.1 The **office** of President

2.2 **Powers** of President

- *Military and civil duties*
- *Making treaties and appointing officers*
- *Filling vacancies during recess of Congress*

2.3 Responsibilities of President

- *Give state of the Union information*
- *May specially convene Congress and adjourn in cases of disagreement*
- *Shall receive ambassadors, execute laws*

2.4 **Impeachment** of President

- *Treason, bribery, or high crimes and misdemeanors*

Article III: Summary Specifics

3.1 **One Supreme Court**-inferior courts

3.2 **Jurisdiction** of courts, all crimes tried by **jury**

- *Original and appellate jurisdiction of Supreme Court; congress can limit appellate jurisdiction*

3.3 **Treason** defined—punishment

- *Treason—giving aid and comfort to enemies*
- *Congress to declare punishment*

Article IV: Summary Specifics

4.1 Full **faith and credit** to each state

- *Full faith and credit given in each state to public acts, records, and judicial proceedings of all other states*

4.2 **Citizens'** rights and fugitives

4.3 New **states** and **territories**

- *Creation and admission of new states*
- *Congressional power over public lands*

4.4 **Protection** of states

- *Protection and republican government guaranteed to states*

Article V: Summary Specifics

5.1 Amendments proposed by **2/3**, ratified by $\frac{3}{4}$

- *Amendments proposed by 2/3 of both houses or by constitutional convention called by 2/3 of states; ratified by 3/4 state legislatures or by 3/4 state conventions*

Article VI: Summary Specifics

6.1 Public **debts, supremacy** of Constitution, **pledge** of officials to uphold Constitution

- Public debts under Articles of Confederation to be assumed and paid
- Supreme law of land defined
 - “This Constitution, and the Laws of the United States which shall be made in Pursuance thereof; and **all Treaties made, or which shall be made, under the Authority of the United States, shall be the supreme Law of the Land**; and the Judges in every State shall be bound thereby, any Thing in the Constitution or Laws of any State to the Contrary notwithstanding.”
- Duty of federal and state officials to uphold Constitution; no religious test required

Article VII: Summary Specifics

7.1 Method of ratification

- Constitution takes effect when 9 states approve

Amendments to the US Constitution

Bill of Rights (1791)

1. Freedom of religion, speech, press; right of assembly, petition
 2. Right to keep and bear arms
 3. Limitation on quartering of soldiers
 4. Limitations on searches and seizures
 5. Protection of accused in capital crimes
 6. Right to speedy trial of accused by impartial jury
 7. Trial by jury in civil suits
 8. Excessive bail or cruel and unusual punishments forbidden
 9. This enumeration of rights does not deny other rights retained by people
 10. Un delegated powers reserved to the states and the people
-

11. Exemption of states from federal suits by citizens of another state **(1798)**

12. New method of electing President and Vice President **(1804)**

(Supersedes part of Art. I, sec. 2.)

13. Slavery prohibited **(1865)**

14. 1. Guarantee of due process and equal protection of all citizens

2. Apportionment of Representatives in Congress
(Supersedes part on Art. I, sec. 2.)

3. Statue of public officials engaged in insurrection
4. Status of Civil War debts **(1868)**
15. Protecting of Voting rights **(1870)**
16. Income tax **(1913)**
17. Election of Senators by the people; senatorial vacancies **(1913)**
18. Prohibition of intoxicating liquors **(1919)**
(Repealed in 1933)
19. Women's suffrage **(1920)**
20. Abolition of "lame duck" session in Congress—change in date of assembly **(1933)**
21. Repeal of Prohibition **(1933)**
22. Limitation of President to two terms of office **(1951)**
23. Right of people in District of Columbia to vote for electors of President and Vice President **(1961)**
24. Failure to pay taxes not a restriction on federal voting rights **(1964)**
25. Succession to the Presidency in case of vacancy or disability **(1967)**
26. Suffrage extended to 18, 19, 20-year-olds in all state, local, and federal elections **(1971)**
27. No pay increase for Senators and Representatives during current term of office **(1992)**

Declaration of Independence Abuses

1. He has refused his Assent to Laws, the most wholesome and necessary for the public Good.
2. He has forbidden his Governors to pass Laws of immediate and pressing Importance, unless suspended in their Operation till his Assent should be obtained; and when so suspended, he has utterly neglected to attend to them.
3. He has refused to pass other Laws for the Accommodation of large Districts of People; unless those People would relinquish the Right of Representation in the Legislature, a Right inestimable to them, and formidable to Tyrants only.
4. He has called together Legislative Bodies at Places unusual, uncomfortable, and distant from the Depository of their public Records, for the sole Purpose of fatiguing them into Compliance with his Measures.
5. He has dissolved Representative Houses repeatedly, for opposing with manly Firmness his Invasions on the Rights of the People.
6. He has refused for a long Time, after such Dissolutions, to cause others to be elected; whereby the Legislative Powers, incapable of Annihilation, have returned to the People at large for their exercise; the State remaining in the mean time exposed to all the Dangers of Invasion from without, and Convulsions within.
7. He has endeavoured to prevent the population of these States; for that purpose obstructing the Laws for Naturalization of Foreigners; refusing to pass others to encourage their migrations hither, and raising the conditions of new Appropriations of Lands.

8. He has obstructed the Administration of Justice, by refusing his Assent to Laws for establishing Judiciary Powers. _
9. He has made Judges dependent on his Will alone, for the Tenure of their Offices, and Amount and Payment of their Salaries.
10. He has erected a Multitude of new Offices, and sent hither Swarms of Officers to harass our People, and eat out their Substance.
11. He has kept among us, in Times of Peace, Standing Armies, without the consent of our Legislature.
12. He has affected to render the Military independent of and superior to the Civil Power.

Parliament destroying right to self-rule

13. He has combined with others to subject us to a Jurisdiction foreign to our Constitution, and unacknowledged by our Laws; giving his Assent to their Acts of pretended Legislaton:
14. For quartering large Bodies of Armed Troops among us:
15. For protecting them, by a mock Trial, from Punishment for any Murders which they should commit on the Inhabitants of these States:
16. For cutting off our Trade with all Parts of the World:
17. For imposing taxes on us without our Consent:
18. For depriving us, in many Cases, of the Benefits of Trial by Jury:
19. For transporting us beyond the Seas to be tried for pretended Offences:
20. For abolishing the free System of English Laws in a neighbouring Province, establishing therein an arbitrary Government, and enlarging its Boundaries, so as to

render it at once an Example and fit Instrument for introducing the same absolute Rule in these Colonies:

21. For taking away our Charters, abolishing our most valuable Laws, and altering fundamentally the Forms of our Governments:
22. For suspending our own Legislatures, and declaring themselves invested with Powers to legislate for us in all Cases whatsoever.

King George of Great Britain abandoning the colonies, waging war against them

23. He has abdicated Government here, by declaring us out of his Protection and waging War against us.
24. He has plundered our seas, ravaged our Coasts, burnt our Towns, and destroyed the Lives of our People.
25. He is, at this Time, transporting large Armies of foreign Mercenaries to complete the Works of Death, Desolation, and Tyranny, already begun with circumstances of Cruelty and Perfidy, scarcely paralleled in the most barbarous Ages, and totally unworthy the Head of a civilized Nation.
26. He has constrained our fellow Citizens taken Captive on the high Seas to bear Arms against their Country, to become the Executioners of their Friends and Brethren, or to fall themselves by their Hands.
27. He has excited domestic Insurrections among us, and has endeavoured to bring on the Inhabitants of our Frontiers, the merciless Indian Savages, whose known Rule of Warfare, is an undistinguished Destruction, of all Ages, Sexes and Conditions.

Joseph Smith, On Education

“Among the changes for the worse, which the world has witnessed within the last century, we include that specious, superficial, incomplete way of doing certain things which were formerly thought to be deserving of care, labor and attention. It would seem that appearance is now considered of more moment than reality. The modern mode of education is an example in point. Children are so instructed as to acquire a smattering of everything, and as a matter of consequence, they know nothing properly. Seminaries and academies deal out their moral and natural philosophy, their geometry, trigonometry, and astronomy, their chemistry, botany, and mineralogy, until the mind of the pupil becomes a chaos; and like the stomach when it is overloaded with a variety of food, it digests nothing, but converts the superabundant nutriment to poison. This mode of education answers one purpose—it enables people to seem learned; and seemingly, by a great many, is thought all sufficient. Thus we are schooled in quackery, and are early taught to regard showy and superficial attainments as most desirable. Every boarding school miss is a Plato in petticoats, without an ounce of that genuine knowledge, that true philosophy, which would enable her to be useful in the world and to escape those perils with which she must necessarily be encompassed. Young people are taught to use a variety of hard terms which they understand but imperfectly—to repeat lessons which they are unable to apply—to astonish their grandmothers with a display of their parrot-like acquisitions; but their mental energies are clogged and torpified with a variety of learned lumber, most of which is discarded from the brain long before the possessor knows how to use it. This is the quackery of education.” (Nauvoo, Ill 1844)

Excerpt of Thomas Jefferson Letter to Nephew Peter Carr, 1785

“When your mind shall be well improved with science, nothing will be necessary to place you in the highest points of view, but to pursue the interests of your country, the interests of your friends, and your own interests also, with the purest integrity, the most chaste honor. The defect of these virtues can never be made up by all the other acquirements of body and mind. Make these then your first object. Give up money, give up fame, give up science, give up the earth itself and all it contains, rather than do an immoral act. And never suppose, that in any possible situation, or under any circumstances, it is best for you to do a dishonorable thing, however slightly so it may appear to you.

“Whenever you are to do a thing, though it can never be known but to yourself, ask yourself how you would act were all the world looking at you, and act accordingly. Encourage all your virtuous dispositions, and exercise them whenever an opportunity arises; being assured that they will gain strength by exercise, as a limb of the body does, and that exercise will make them habitual. From the practice of the purest virtue, you may be assured you will derive the most sublime comforts in every moment of life, and in the moment of death.

“If ever you find yourself environed with difficulties and perplexing circumstances, out of which you are at a loss how to extricate yourself, do what is right, and be assured that that will extricate you the best out of the

worst situations. Though you cannot see, when you take one step, what will be the next, yet follow truth, justice, and plain dealing, and never fear their leading you out of the labyrinth, in the easiest manner possible. The knot which you thought a Gordian one, will untie itself before you. Nothing is so mistaken as the supposition, that a person is to extricate himself from a difficulty, by intrigue, by chicanery, by dissimulation, by trimming, by an untruth, by an injustice. This increases the difficulties tenfold; and those who pursue these methods, get themselves so involved at length, that they can turn no way but their infamy becomes more exposed.

“It is of great importance to set a resolution, not to be shaken, never to tell an untruth. There is no vice so mean, so pitiful, so contemptible; and he who permits himself to tell a lie once, finds it much easier to do it a second and third time, till at length it becomes habitual; he tells lies without attending to it, and truths without the world’s believing him. This falsehood of the tongue leads to that of the heart, and in time depraves all its good dispositions.

“An honest heart being the first blessing, a knowing head is the second. It is time for you now to begin to be choice in your reading; to begin to pursue a regular course in it; and not to suffer yourself to be turned to the right or left by reading anything out of that course.”