Parameter1	Parameter2	rho	CI_low	CI_high	p	n_Obs
VLF (post)	Winter sleep	-0.32	-0.51	-0.09	0.00	77
VLF (post)	Fall sleep	-0.31	-0.51	-0.09	0.01	77
VLF (post)	Summer sleep	-0.30	-0.50	-0.08	0.01	77
Water	Mean FC (pre)	-0.30	-0.50	-0.07	0.01	77
HF (post)	Weight (kg)	-0.30	-0.49	-0.07	0.01	77
Water	SNS (post)	-0.29	-0.49	-0.07	0.01	77
Total fat (%)	Mean RR (pre)	-0.29	-0.49	-0.06	0.01	77
Total fat (%)	Mean RR (post)	-0.29	-0.48	-0.06	0.01	77
Water	Mean FC (post)	-0.28	-0.48	-0.05	0.01	77
VLF (post)	Spring sleep	-0.28	-0.48	-0.05	0.01	77
VLF (pre)	Total SPPB	-0.27	-0.47	-0.04	0.02	77
RMSSD (post)	Weight (kg)	-0.27	-0.47	-0.04	0.02	77
Age	Winter sleep	-0.26	-0.46	-0.03	0.02	77
Water	Stress (post)	-0.26	-0.46	-0.03	0.02	77
Stress (post)	Total PSS	-0.26	-0.46	-0.03	0.02	77
Total fat (%)	PNS (post)	-0.25	-0.46	-0.03	0.03	77
SDNN (pre)	Total SPPB	-0.25	-0.46	-0.02	0.03	77
RMSSD (post)	Basal metabolism	-0.24	-0.44	-0.01	0.04	77
RMSSD (post)	Muscle mass	-0.23	-0.44	0.00	0.04	77
HF (post)	Basal metabolism	-0.23	-0.44	0.00	0.04	77
Spring sleep	BMI	-0.23	-0.44	0.00	0.04	77
Total fat (%)	HF (post)	-0.23	-0.44	0.00	0.04	77
HF (post)	Muscle mass	-0.23	-0.44	0.00	0.04	77
RMSSD (post)	Bone mass	-0.23	-0.43	0.00	0.05	77
Water	PNS (pre)	0.23	0.00	0.44	0.04	77
Total fat (%)	Stress (post)	0.24	0.01	0.45	0.03	77
Water	PNS (post)	0.24	0.01	0.45	0.03	77
Stress (pre)	Total SPPB	0.26	0.03	0.46	0.02	77
Water	Mean RR (post)	0.28	0.06	0.48	0.01	77
Total fat (%)	Mean FC (post)	0.29	0.06	0.48	0.01	77
Total fat (%)	SNS (post)	0.29	0.06	0.49	0.01	77
Total fat (%)	Mean FC (pre)	0.29	0.06	0.49	0.01	77
Water	Mean RR (pre)	0.30	0.08	0.50	0.01	77