# Tables

| Characteristic | Overall | Female | Male |
| --- | --- | --- | --- |
| Sex | — | 217 (79.8%) | 55 (20.2%) |
| Age | 71.14 ± 6.03 | 70.73 ± 6.27 | 72.73 ± 4.7 |
| SBP (mm hg) | 130.23 ± 17.07 | 129.58 ± 17.37 | 132.8 ± 15.69 |
| DBP (mm hg) | 77.1 ± 9.58 | 76.68 ± 9.83 | 78.75 ± 8.4 |
| MAP (mm hg) | 94.81 ± 10.69 | 94.31 ± 10.95 | 96.76 ± 9.45 |
| PP (mm hg) | 53.14 ± 14.07 | 52.9 ± 14.26 | 54.05 ± 13.38 |
| BMI | 30.66 ± 5.43 | 30.7 ± 5.64 | 30.53 ± 4.53 |
| Weight (kg) | 75.06 ± 14.23 | 73.88 ± 14.09 | 79.69 ± 13.95 |
| Height (cm) | 156.56 ± 9.18 | 155.29 ± 8.46 | 161.55 ± 10.24 |

**Table 1**. Sample characteristics from which continuous RRi monitoring data was collected during a rest-exercise-rest protocol. Data is presented as Mean ± standard deviation (SD). SBP, systolic blood pressure; DBP, diastolic blood pressure; MAP, mean arterial pressure; PP, pulse pressure; BMI, body mass index.

| Parameter | Estimate1 | SE1 | Lower2 | Upper2 |
| --- | --- | --- | --- | --- |
|  | 861.78 | 5.73 | 850.57 | 872.85 |
|  | -345.49 | 7.41 | -359.81 | -330.97 |
|  | 0.84 | 0.01 | 0.82 | 0.86 |
|  | -3.05 | 0.06 | -3.16 | -2.94 |
|  | -2.60 | 0.06 | -2.71 | -2.48 |
|  | 6.71 | 0.05 | 6.61 | 6.81 |
|  | 3.24 | 0.10 | 3.05 | 3.44 |
|  | 27.57 | 0.57 | 26.45 | 28.70 |

**Table 2**. Population-parameter values estimated from group-level analysis. 1 Estimates and SE are computed as median and mean absolute deviation of the posterior distribution, respectively; 2 Lower and Upper bounds from the quantile-based CI95% of the posterior distribution.

| Parameter | Estimate1 | SE1 | Lower2 | Upper2 |
| --- | --- | --- | --- | --- |
|  | 0.61329 | 0.01756 | 0.57887 | 0.64771 |
|  | 0.06651 | 0.00286 | 0.06090 | 0.07212 |
|  | 0.18939 | 0.00815 | 0.17342 | 0.20536 |
|  | 0.00147 | 0.00007 | 0.00133 | 0.00161 |
|  | 0.00160 | 0.00008 | 0.00144 | 0.00176 |
|  | 0.04982 | 0.00172 | 0.04645 | 0.05319 |
|  | 0.07896 | 0.00239 | 0.07428 | 0.08364 |

**Table 3**. Estimated of model parameters. Each parameter’s reflects a uniform variation from the 95% CIs of the estimated parameter values.