#### Quantitative methods for cognitive scientists

An opinionated intro by Charles Zheng

#### Some quantitative methods

- two-sample t-test
- ANOVA
- linear/nonlinear regression, general linearized models, mixed-effects models
- probabilistic models
- recurrent neural networks

## Stages of development in using methods

- Stage 1: Ignorance. Fear and distrust formalized methods and rely only on intuition.
- Stage 2: Method idolatry. Found a method that works but do not fully understand it. Discard intuition in favor of dogma and blind belief in method outputs.
- Stage 3: Holistic. Understands deep principles; uses methods to extend (rather than replace) intuition.

# Psychology would be OK without quantitative methods

- Progress would be much slower
- Publication standards would be in terms of "you need X number of samples" rather than "<=0.05 significance"</li>
- Experiments would be much simpler

# Dealing with confounds is the main reason for using quantitative methods

# Example: does mood influence risk-taking?

# You could study this easily with a simple experiment

- Randomize subjects to treatment and control, ask them to rate mood
- In the treatment group, intervene with their mood (by showing a funny video, giving a compliment, etc.)
- In the control group, do nothing
- Ask them to rate mood, then have them decide whether or not to take a gamble (e.g. flip a coin, heads +1 dollar, tails -1 dollar)

- The only problem with the simple experiment is that it is not very *powerful* at finding effects
- You will need a lot of sessions with a lot of subjects to get a robust effect
- Why does it lack power?
- 1. You cannot get alot of repeats in one session
- You may not be able to change their mood by a large amount

### Here's another experiment

- Every subject plays the same task
- Task is a series of game rounds, and interspersed mood prompts
- Game round: take a certain amount \$C or gamble to receive either \$A or \$B
- Game rounds are grouped into a number of blocks,
   "favorable" and "unfavorable"

### Pros to this new experiment

- Get more data per subject
- You can better characterize behavior at an individual level
- Subjects find it more engaging than repeats of "simple experiment"
- You may get larger mood variation

#### Cons to this new experiment

- More complicated
- The decision to gamble is confounded with the past trial values and outcomes
- If you wanted to study the relationship between mood and gambling using ANOVA or correlations, you might be better off with "simple experiment"

#### Causal inference 101

- The trial values are a potential confound for the effect of mood on gambling probability
- Two main ways to correct for this confound
- 1. Matching
- 2. Modeling the joint effect of trial and mood on gambling

### Matching

- Within a subject, pair up trials where they saw the same values but where they had different mood ratings.
- One trial in each pair goes to a "low mood" group, the other to a "high mood" group
- Not all trials may be paired
- Test to see if the groups differ by gambling probability

#### Open question

Can we apply matching to the MMI data to investigate the effect of mood on behavior?

### Modeling

- Come up with at least one plausible model of how both the variable of interest (mood) and all measured confounders (trials) affect the outcome (gambling)
- Actually, come up with multiple models and use data to eliminate bad models
- If you have a good model, you can make inferences about the effect of interest that are less contaminated by confounding than a naïve analysis

### Cons to using modeling

- No guarantee that it will work (protect you from false conclusions) if your model is wrong
- "All models are wrong..." George E. Box
- Difficult work that requires technical knowledge
- Danger of over-interpreting models

### Pros to using modeling

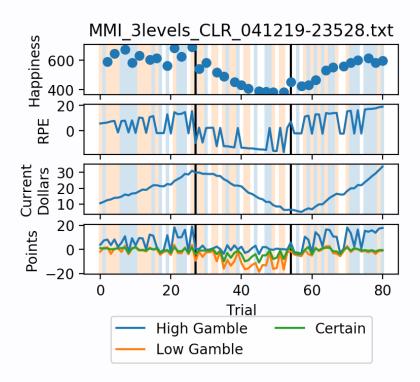
- "...but some [models] are useful" G. E. Box
- If you find good models, and can control for confounds...
- ...this allows you to use more complicated experiments, giving you more power to detect effects.
- Having a quantitative model allow you to test a theory very precisely and thoroughly

### Modeling approaches

- Approach I: curve-fitting
- Approach IIa: probabilistic models
- Approach IIb: probabilistic models with uncertainty quantification

### Approach I: curve-fitting

Suppose you have some data that you want to explain



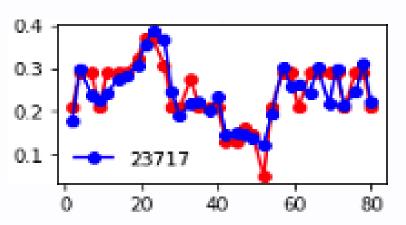
### You think there is some simple function of the known variables that approximates your data, like

$$M(T) = M_0 + \sum_{t=1}^T \lambda^{T-t} (eta_{RPE} RPE(t) + eta_E E(t))$$

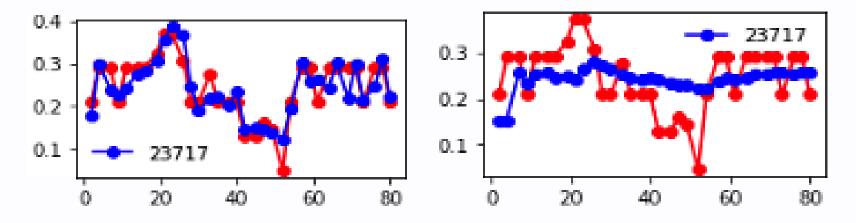
where

$$E(t) = \frac{1}{t-1} \sum_{u=1}^{t-1} A(u)$$
 $RPE(t) = A(t) - E(t)$ 

You can find parameters of that function which best match the fit to your data (e.g. in squared-error loss or absolute-error loss)



Different theories may suggest different families of functions. You can see which family fits the data best.



• Pitfalls: A family may fit the data better simply because it is more complicated, and hence *overfits* more

### Validated curve-fitting

Predicting on held-out data is a better assessment of which function family is a better fit to the data

### Regularized curve-fitting

Without sufficient amount of data, parameter estimates become very unstable. Regularization constrains the parameters (e.g. to be small) which stabilizes estimates.

https://quantumcomputingtech.blogspot.com/2019/06/machine-learning-regularization-term.html

#### Methods in python

- Nonlinear least-squares: in scipy
- Regularized methods: elastic net, multinomial logistic regression in sklearn
- Custom function families: use pytorch (or tensorflow)

#### A problem with joint models

- Suppose you want to predict both mood and choice...
- Mood measured in MSE, choice measured in accuracy...
- How can you combine both into a single metric?

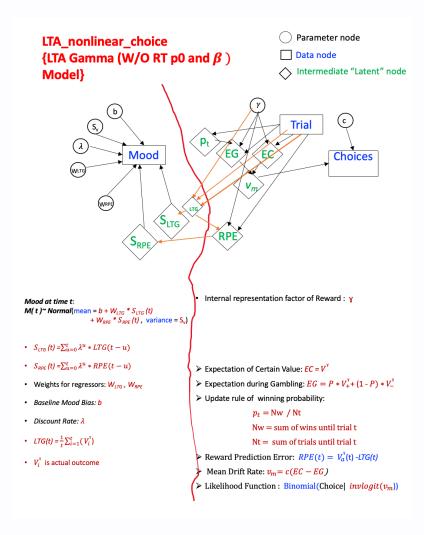
# A problem with assessing model reliability

- A reviewer asks you to assess how reliable the parameter fits you obtain via curve-fitting
- But you don't know the ground truth!
- If only you could simulate the data with a known ground truth... (Wilson and Collins 2019)

# Approach II: probabilistic models

- Specify a probability model for generating your data from parameters
- Advantage 1: we have an omnibus measure of fit for all predictions--the data likelihood  $p(D|\theta)$ .
- Advantage 2: you have a recipe for generating data from your model

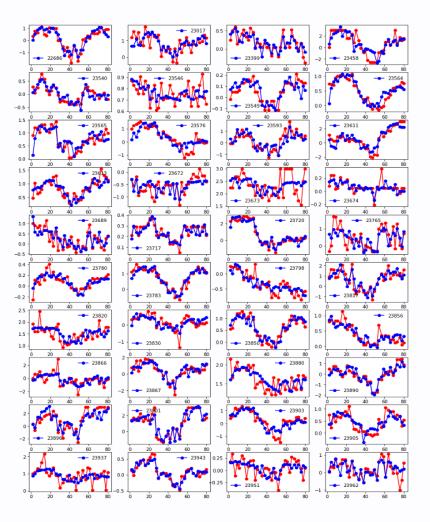
#### Example: A likelihood model for mood and choice



# Approach IIa: Point estimates

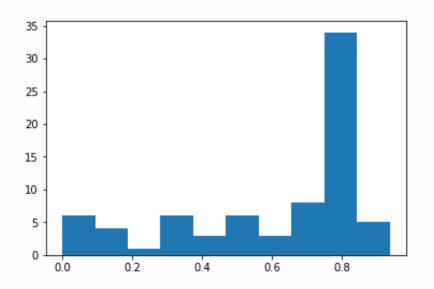
- ullet Maximum likelihood (MLE): Find parameters heta maximizes the data likelihood p(D| heta)
- Maximum a posterior (MAP): Maximize the priorweighted likelihood  $p(D|\theta)p(\theta)$
- MAP behaves like a regularized form of MLE
- Methods: scipy.optimize, pytorch, tensorflow

### Example: MAP fits for LTA nonlinear choice model. (Fits to choice not shown.)



# How uncertain are your parameter estimates?

Say you fit MAP/MLE and you find a range of parameters (e.g. for the discount factor  $\lambda$ ) across subjects.



- Can we conclude from this that subjects actually differ from each other in the parameter  $\lambda$ ?
- The problem is that there is noise in the estimate of  $\lambda$ . So even if all subjects had the same  $\lambda$ , you could get different estimates per subject.
- How tightly does your data and model allow you to constrain your parameter estimates?

#### Approach IIb: uncertainty quantification

- Nonparametric Bootstrap. Resample your data and see how much your parameter estimates vary within subject. Requires IID assumption on data!
- **Bayesian inference**. Assume a *prior distribution* over parameters, and condition on your data to get a *posterior distribution*.
- Variational Bayes. Also assumes a prior distribution, but uses optimization to obtain an approximation to the Bayesian posterior.

#### Nonparametric Bootstrap

This is a great method, but I will skip it because we cannot usually apply it in our non-i.i.d. settings. (But see the **Resources** at the end)

Link to an image: https://towardsdatascience.com/an-introduction-to-the-bootstrap-method-58bcb51b4d60

#### Bayesian inference

Demonstration of prior vs. posterior distributions in RunDEMC for MMI data.

#### Variational Bayes

Demonstration in Pyro for MMI data.

#### Resources

#### Curve-fitting

- Textbook: Introduction to Statistical Learning by James et al. An accessible introduction to the principles behind machine learning.
  - http://faculty.marshall.usc.edu/gareth-james/ISL/
- Textbook: The Elements of Statistical Learning by Hastie et al. A graduate-level text on machine learning.
   Particularly good for understanding regularization. Free PDF online.

https://web.stanford.edu/~hastie/ElemStatLearn/

#### Maximum likelihood

 "Probability concepts explained: Maximum likelihood estimation" by Jonny Brooks-Bartlett. A very gentle introduction to maximum likelihood.

https://towardsdatascience.com/probability-concepts-explained-maximum-likelihood-estimation-c7b4342fdbb1

#### Bayesian methods

 "Probability concepts explained: Bayesian inference for parameter estimation." by Jonny Brooks-Bartlett.
 Explains Bayesian inference starting with coin-flipping examples and Bayes rule.

https://towardsdatascience.com/probability-concepts-explained-bayesian-inference-for-parameter-estimation-90e8930e5348

 "MCMC for dummies" by Thomas Wiecki. Explains how to sample posterior distributions using Markov Chain Monte Carlo.

https://twiecki.io/blog/2015/11/10/mcmc-sampling/

#### Nonparametric bootstrap

• "Introduction to Bootstrapping in Statistics with an Example" by Jim Frost. This is a very applied intro to bootstrapping that runs the risk of oversimplifying, but it is good for a first intro.

https://statisticsbyjim.com/hypothesistesting/bootstrapping/

 "Bootstrap Confidence Intervals" by DiCiccio and Efron. If you want to implement bootstrap confidence intervals, this paper is a must-read.

https://projecteuclid.org/euclid.ss/1032280214

#### Variational Bayes

- "Variational Inference: A Review for Statisticians" by Blei et al. https://arxiv.org/pdf/1601.00670.pdf
- "A Beginner's Guide to Variational Methods: Mean-Field Approximation" by Erik Jang. Incomplete but has some good insights.

https://blog.evjang.com/2016/08/variational-bayes.html