

# Magnetic Resonance Methods for Functional and Anatomical Neuroimaging *(and for obesity related research)*

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- Functional MRI
- Voxel Based Morphometry

# Functional MRI

- Overview
- Resolution
- Interpretation
- Contrast
- Patterns
- Fluctuations
- Obesity Research

# Overview of fMRI

Functional Contrast:

Blood volume

Blood flow/perfusion

Blood oxygenation

Spatial resolution:

Typical:  $3 \text{ mm}^3$

Upper:  $0.5 \text{ mm}^3$

Temporal resolution:

Minimum duration: < 16 ms

Minimum onset diff: 100 ms to 2 sec

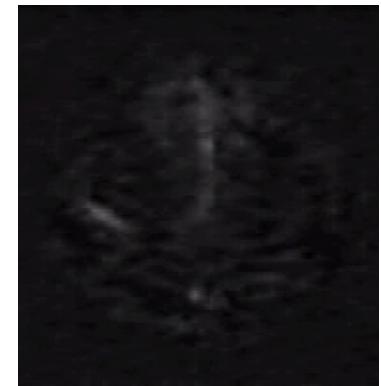
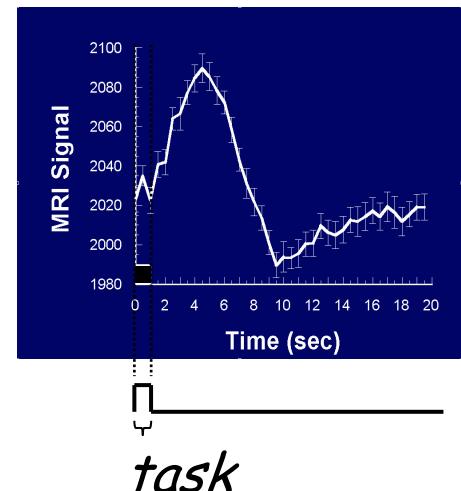
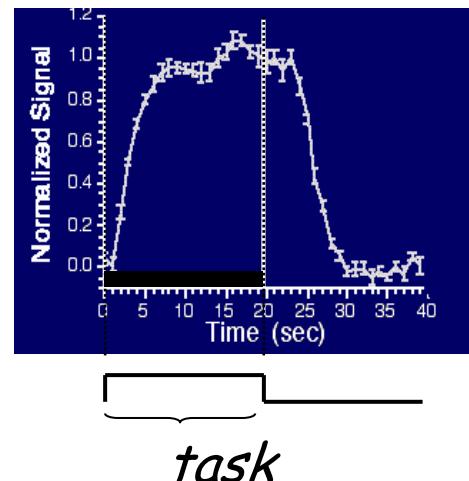
Sensitivity:

$t\text{SNR} = 40/1$  to  $120/1$

$f\text{CNR} = 1/1$  to  $6/1$

Interpretability issues:

Neurovascular coupling, vascular sampling, blood, physiologic noise, motion and other artifacts, etc..



# How fMRI Is Currently Being Used

## Research Applications

- map networks involved with specific behavior, stimulus, or performance
- characterize changes over time (seconds to years)
- determine correlates of behavior (response accuracy, etc...)
- characterization of groups or individuals

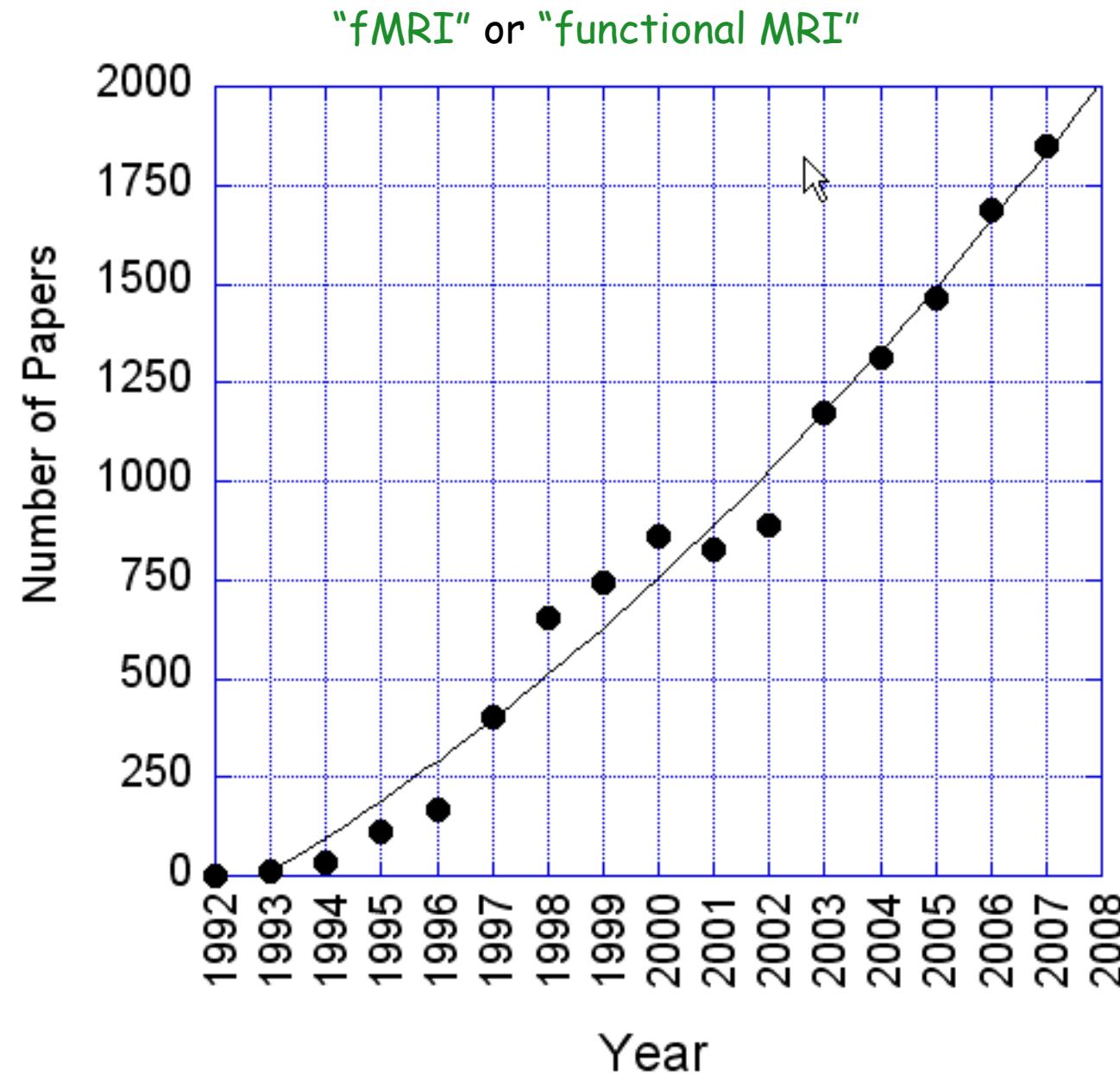
## Clinical Research

- clinical population characterization (probe task or resting state)
- assessment of recovery and plasticity
- attempts to characterize (classify) individuals

## Clinical Applications

- presurgical mapping (CPT code in place as of Jan, 2007)

# Scopus: Articles or Reviews Published per Year



# Technology

- Coil arrays
- High field strength
- High resolution
- Novel functional contrast

# Methodology

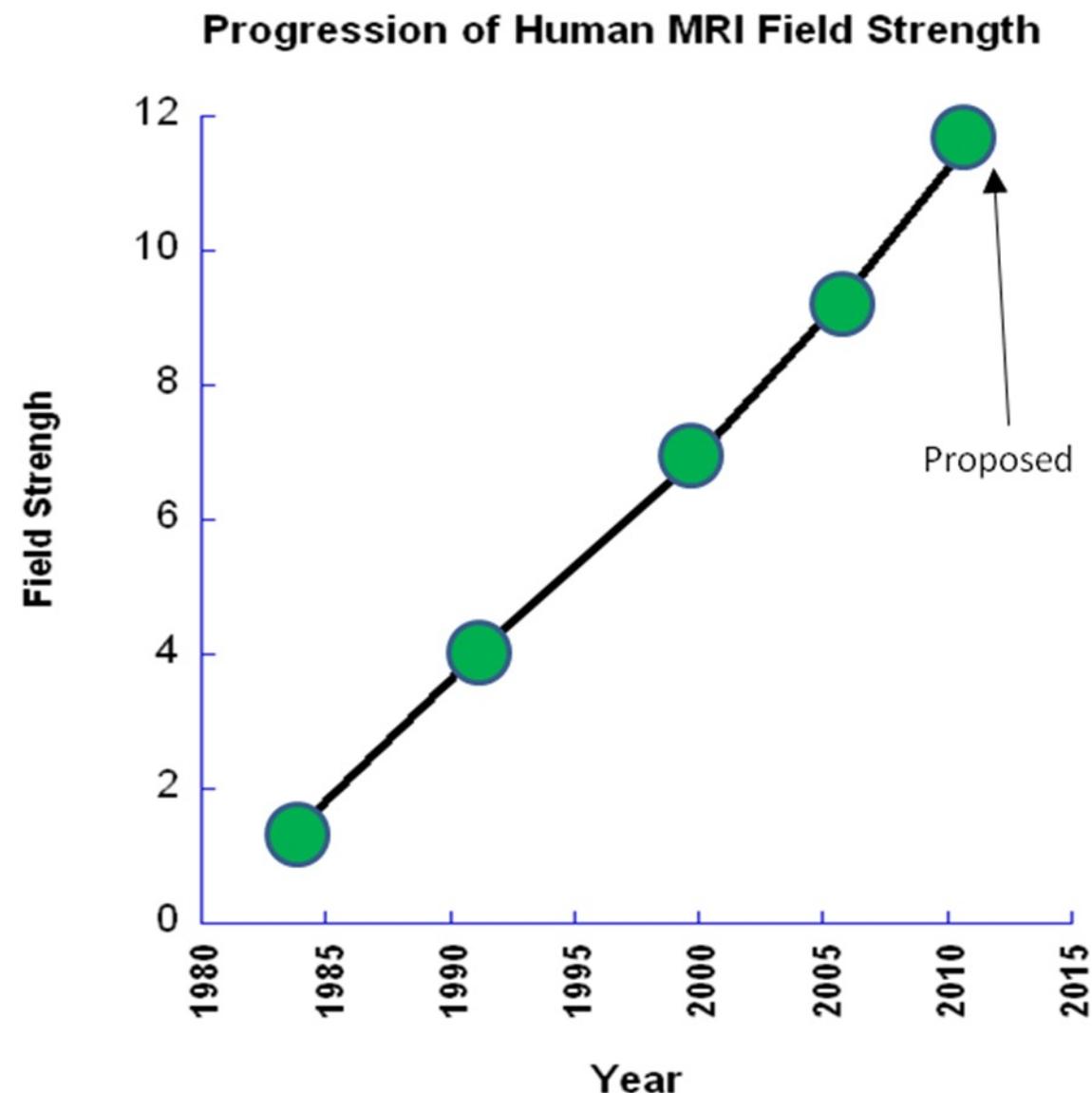
- Functional Connectivity Assessment
- Multi-modal integration
- Pattern classification
- Real time feedback
- Task design (fMRIa...)

# Interpretation

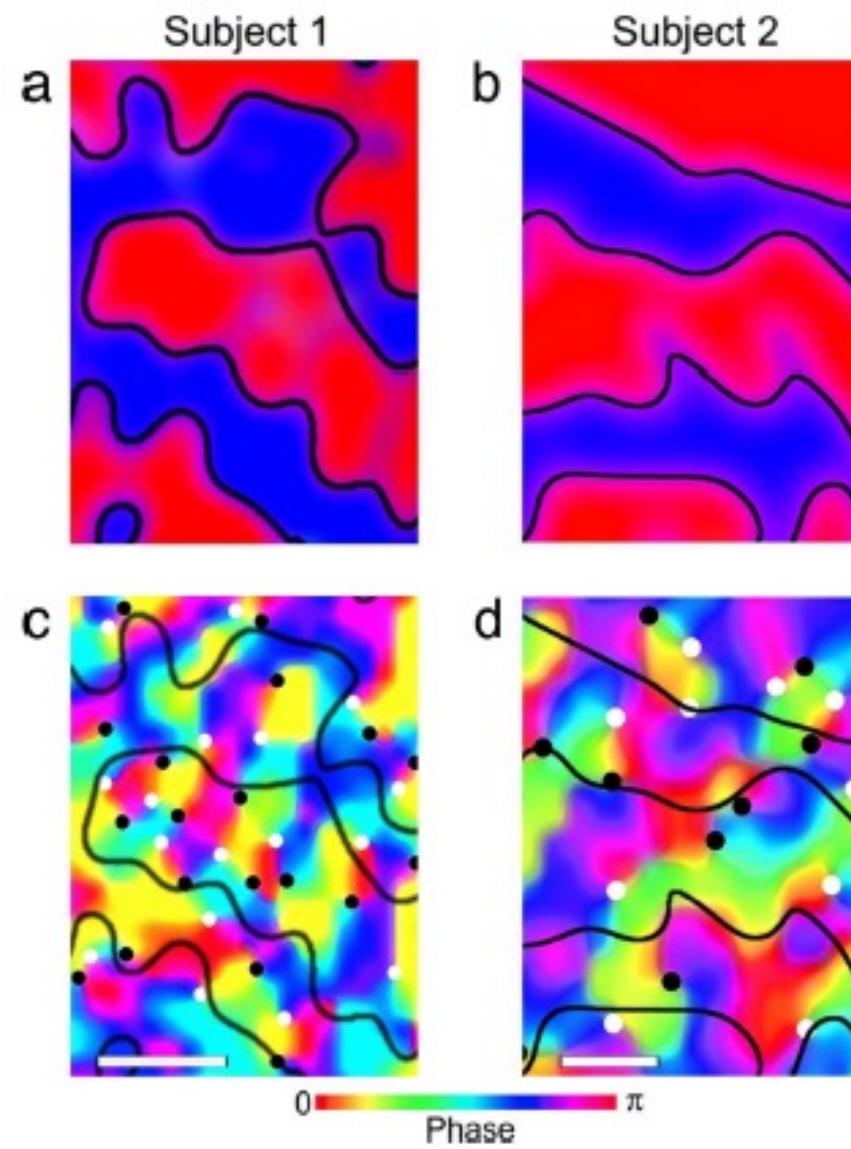
- Fluctuations
- Dynamics
- Spatial patterns

# Applications

- Basic Neuroscience
- Behavior correlation/prediction
- Pathology assessment



# Spatial Resolution

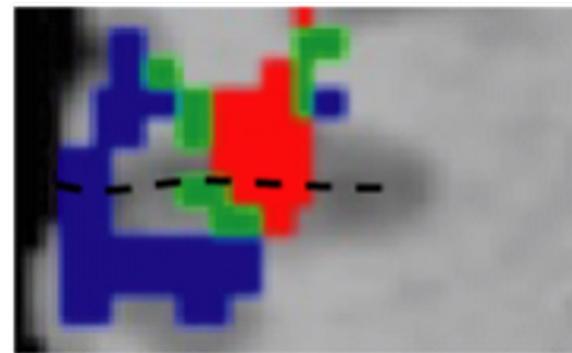
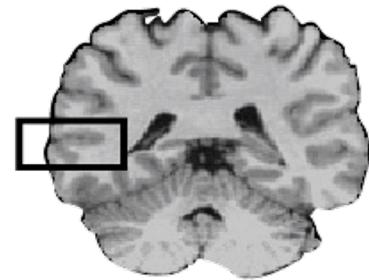


Yacoub et al. PNAS 2008

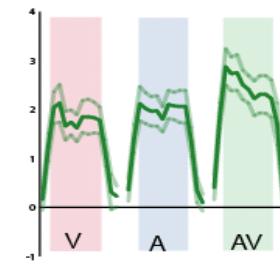
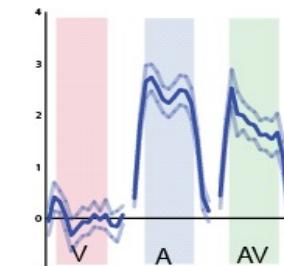
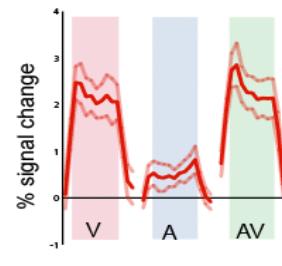
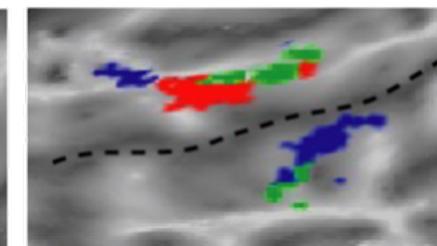
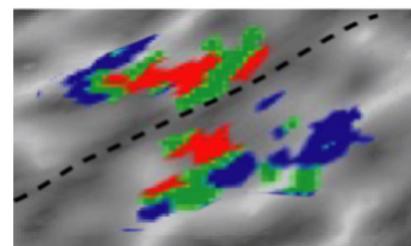
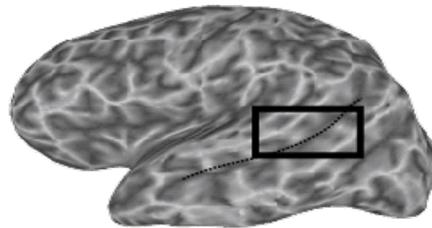
## Spatial Resolution

## Multi-sensory integration

M.S. Beauchamp et al.,

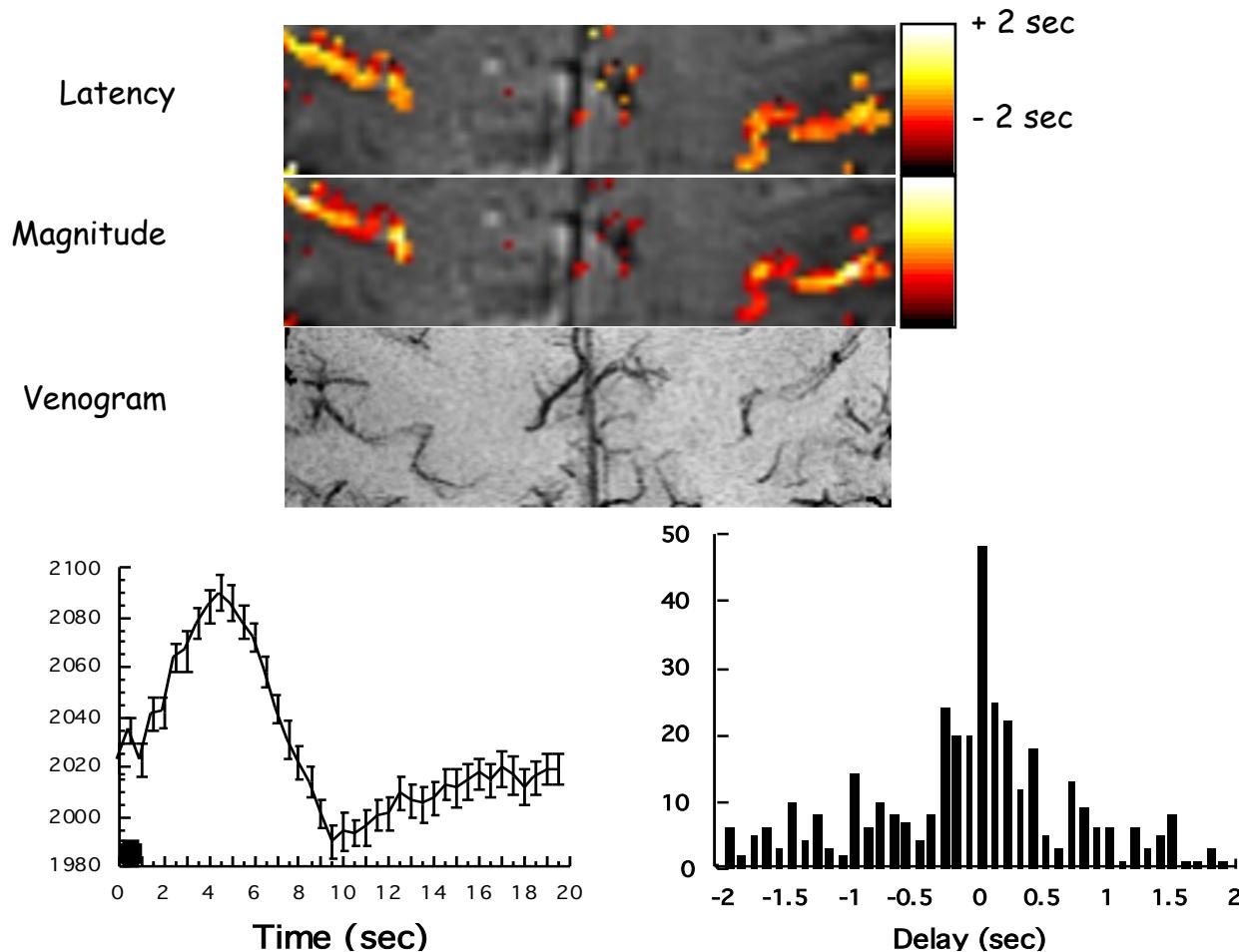


Visual  
Auditory  
Multisensory



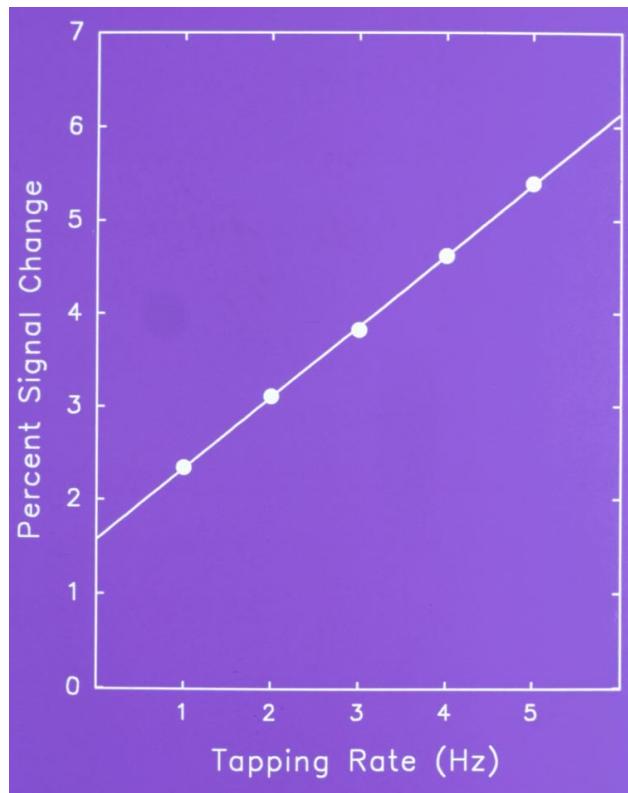
# Temporal Resolution

## Latency Variation



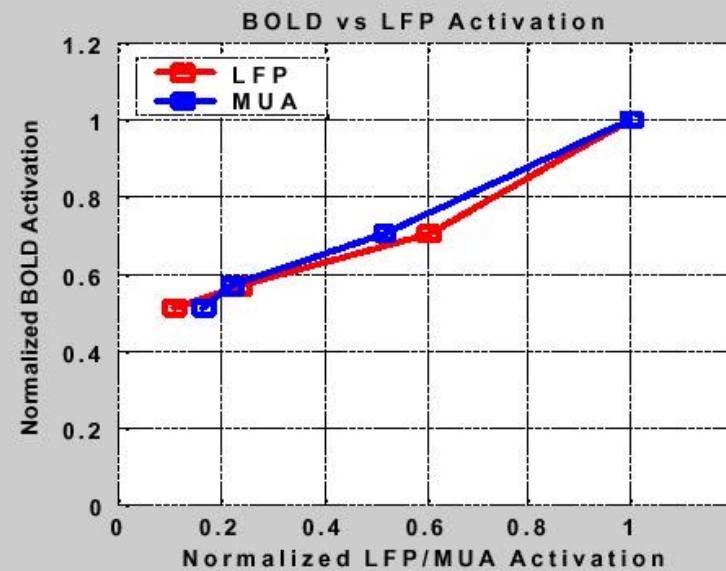
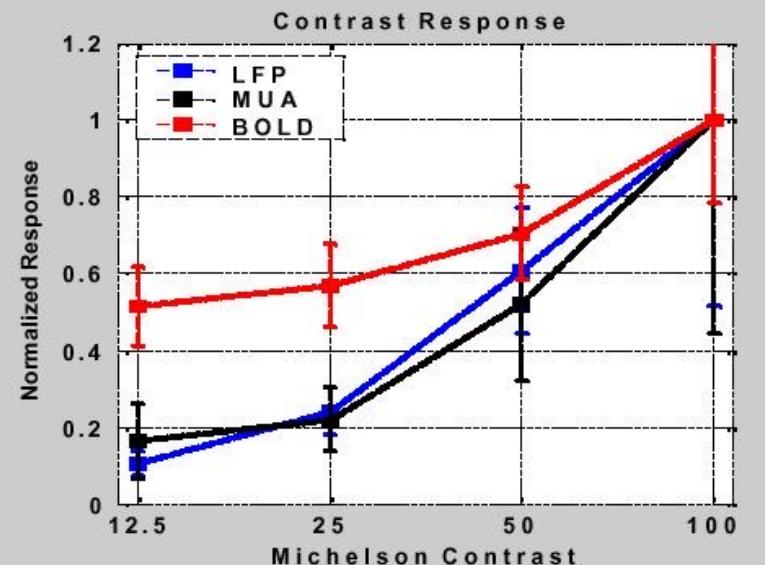
P. A. Bandettini, (1999) "Functional MRI" 205-220.

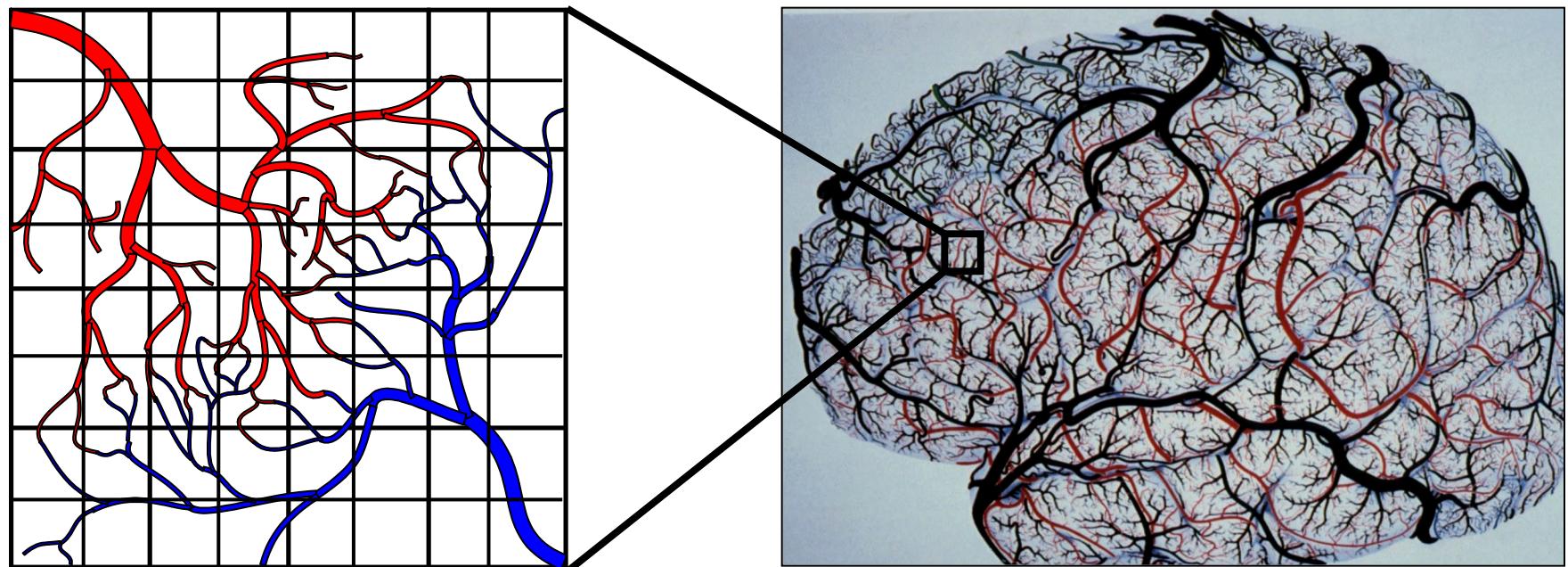
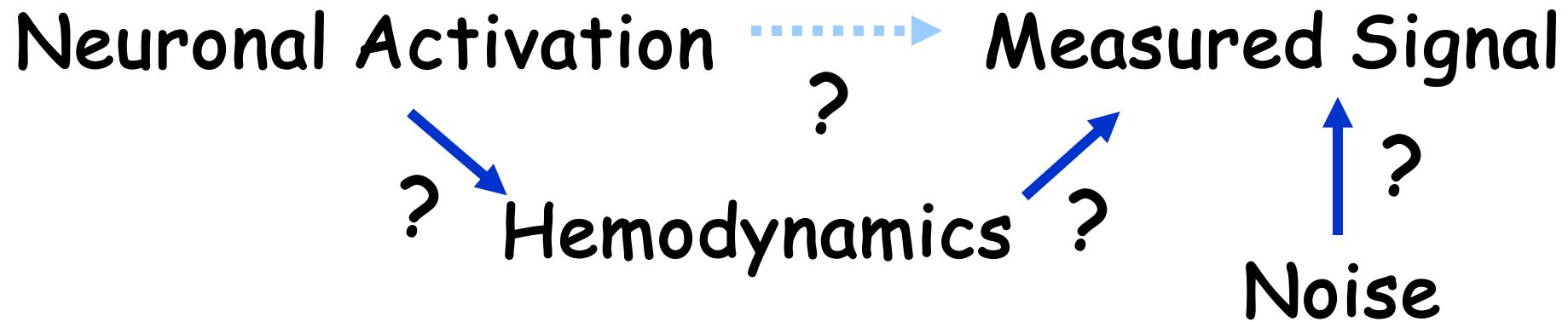
## Relationship to Neuronal Activity



S. M. Rao et al, (1996) "Relationship between finger movement rate and functional magnetic resonance signal change in human primary motor cortex." *J. Cereb. Blood Flow and Met.* 16, 1250-1254.

Logothetis et al. (2001)  
 "Neurophysiological investigation of the basis of the fMRI signal" *Nature*, 412, 150-157



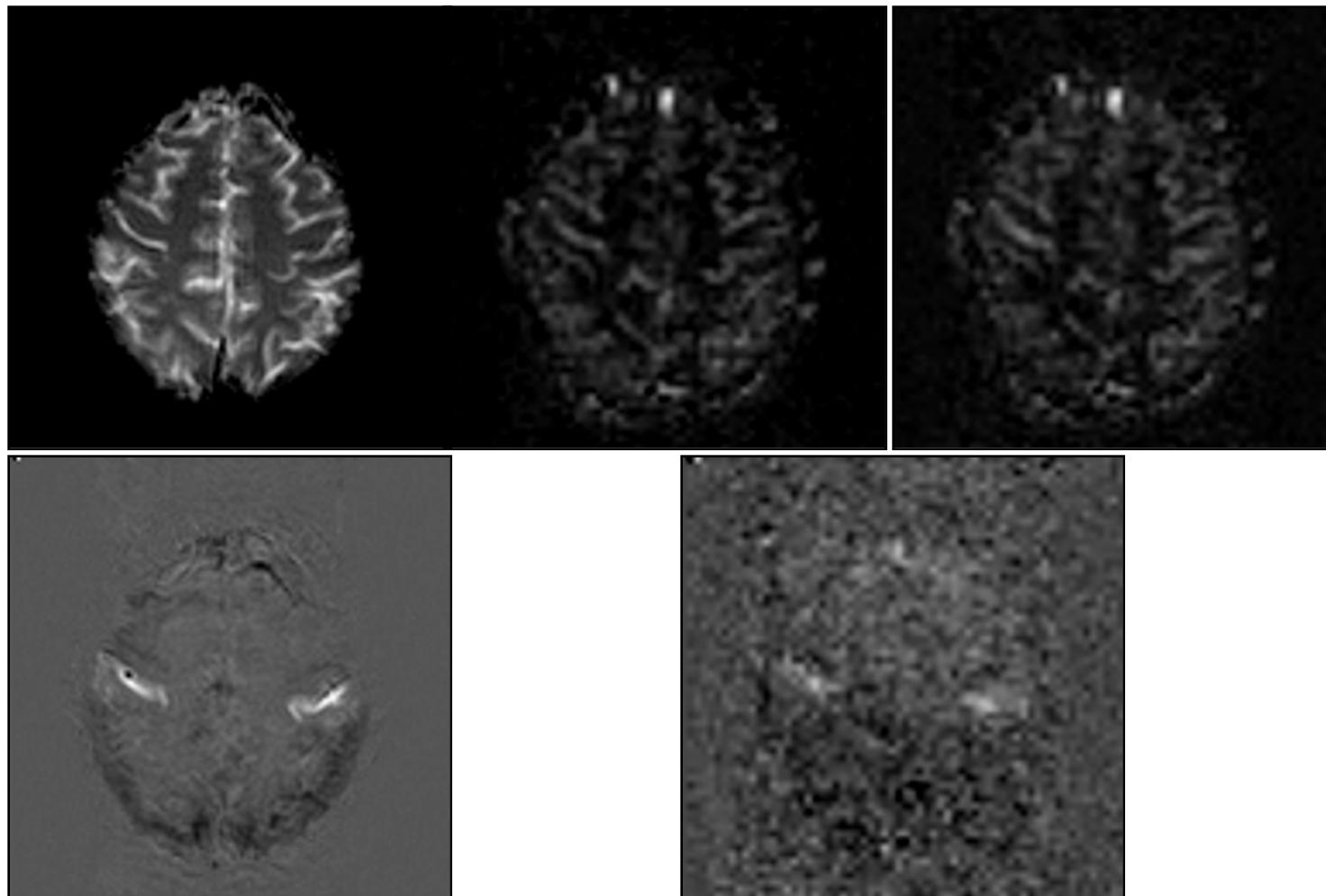


# fMRI Contrast

- Volume (gadolinium)
- BOLD
- Perfusion (ASL)
- $\Delta\text{CMRO}_2$
- $\Delta$ Volume (VASO)
- Neuronal Currents
- Diffusion coefficient
- Temperature

## Perfusion

BOLD

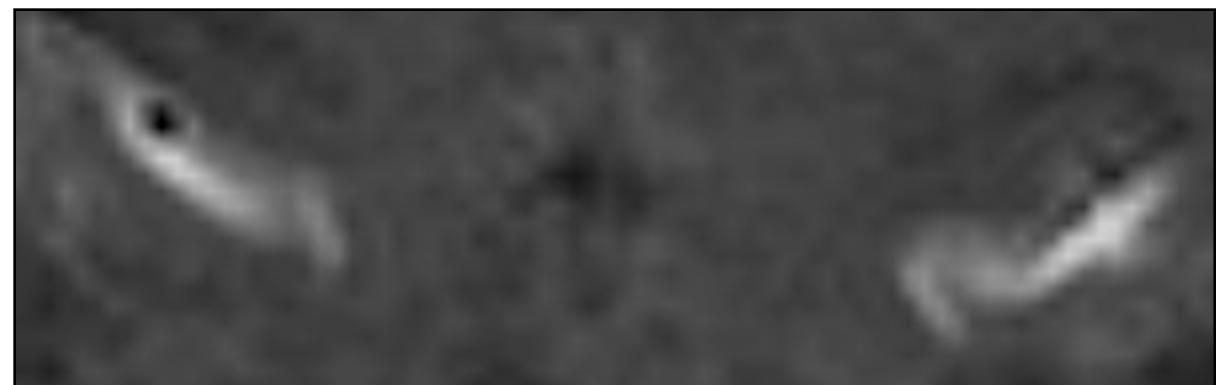
*Rest**Activation*

P. A. Bandettini, E. C. Wong, Magnetic resonance imaging of human brain function: principles, practicalities, and possibilities, *in* "Neurosurgery Clinics of North America: Functional Imaging" (M. Haglund, Ed.), p.345-371, W. B. Saunders Co., 1997.

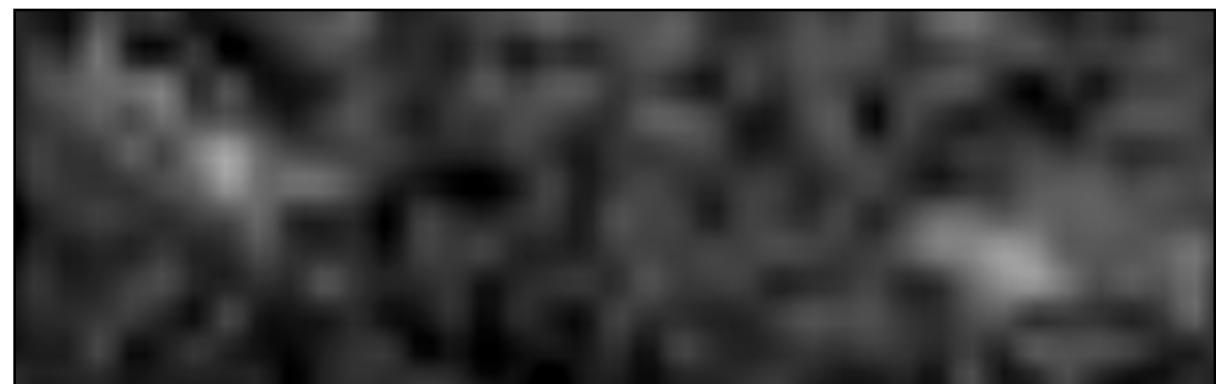
# Anatomy



# BOLD



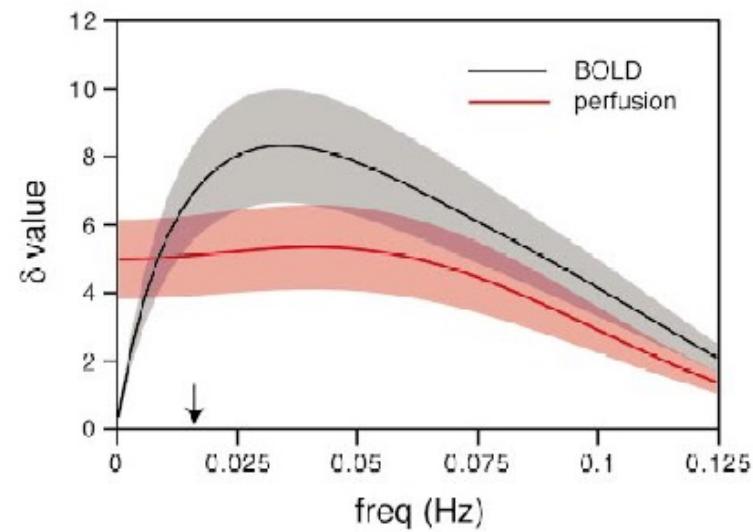
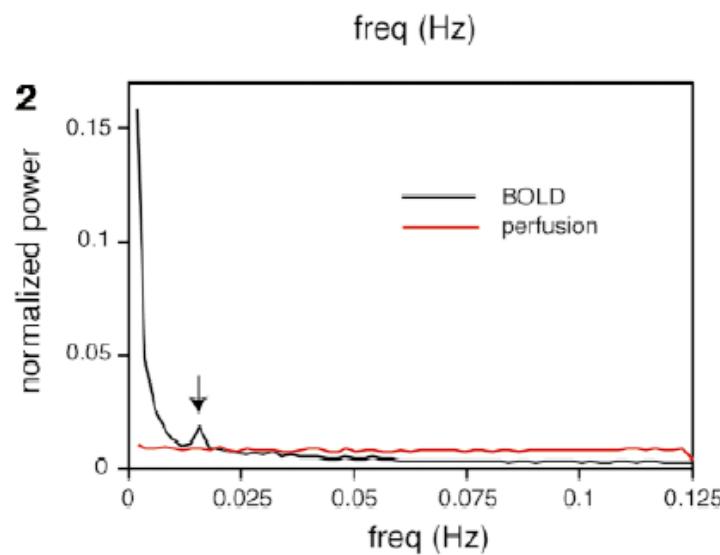
# Perfusion



P. A. Bandettini, E. C. Wong, **Magnetic resonance imaging of human brain function: principles, practicalities, and possibilities**, in "Neurosurgery Clinics of North America: Functional Imaging" (M. Haglund, Ed.), p.345-371, W. B. Saunders Co., 1997.

# Stability of Perfusion Imaging

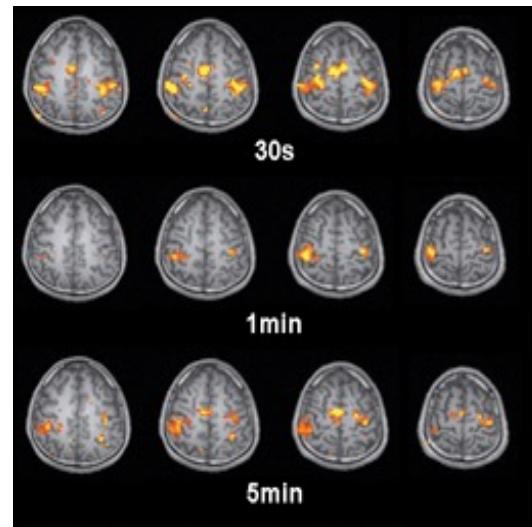
Perfusion is better than BOLD for slow "state change" comparisons..



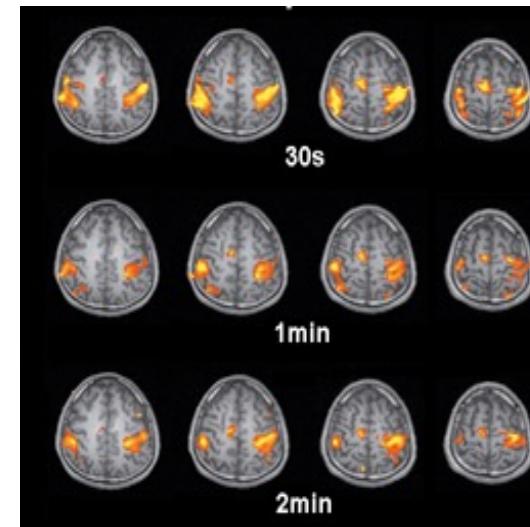
GK Aguirre et al, (2002) NeuroImage 15 (3): 488-500

# Perfusion vs. BOLD: Low Task Frequency

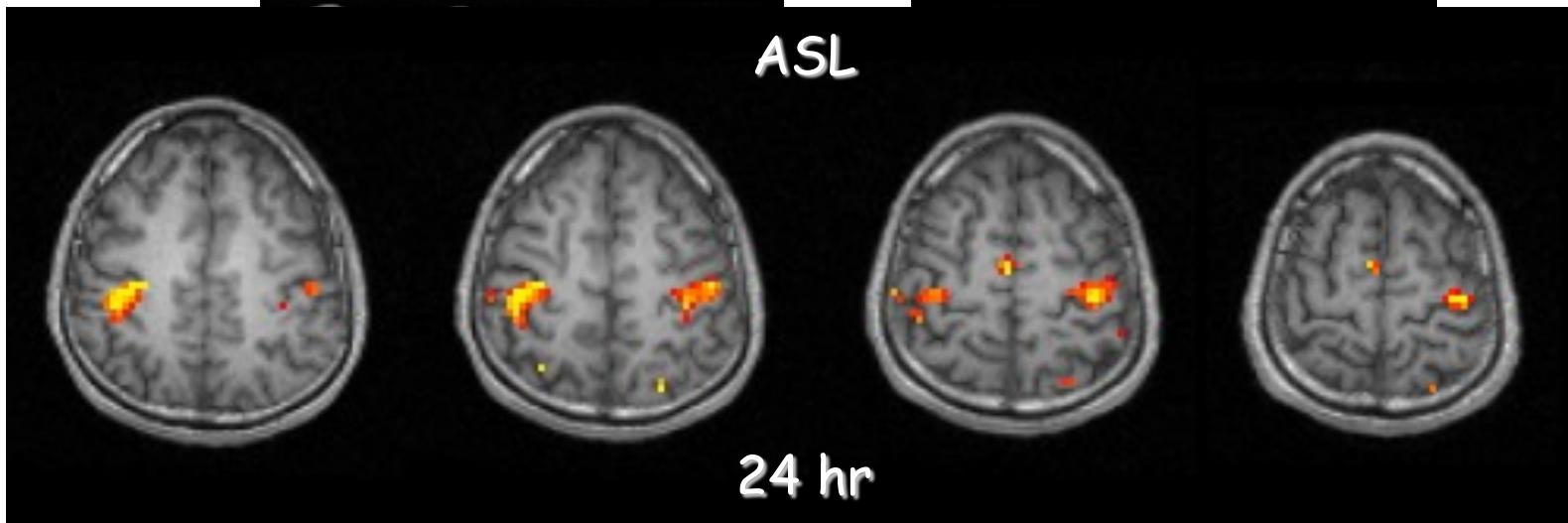
Perfusion



BOLD



ASL

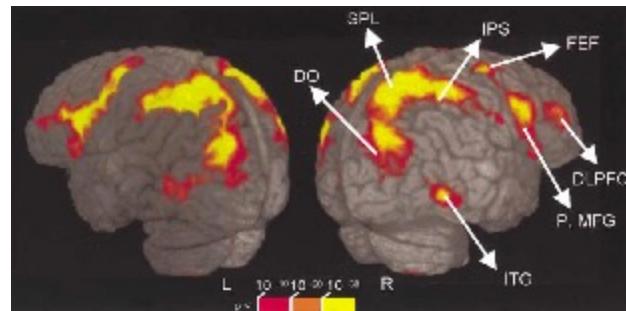


- Classical fMRI analysis:  
*What's activated during a task?*
- Pattern-information analysis:  
*Does a pattern carry a particular kind of information?*

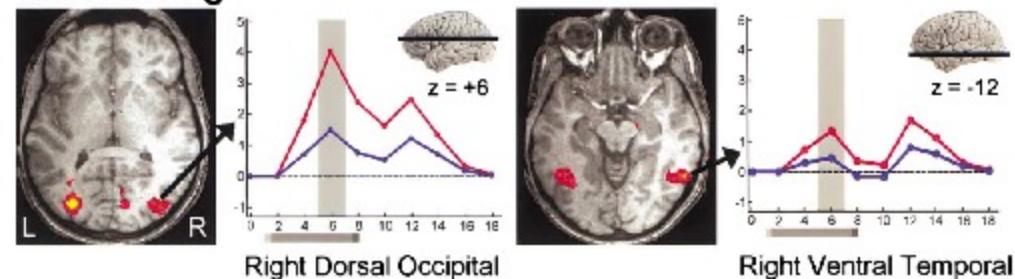


# Neural Correlates of Visual Working Memory: fMRI Amplitude Predicts Task Performance

Luiz Pessoa,<sup>1</sup> Eva Gutierrez, Peter A. Bandettini,  
and Leslie G. Ungerleider  
Laboratory of Brain and Cognition  
National Institute of Mental Health  
National Institutes of Health  
Bethesda, Maryland 20892



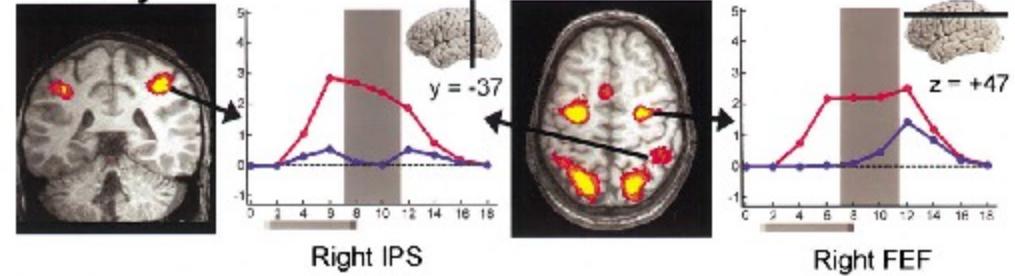
## A. Encoding



Right Dorsal Occipital

Right Ventral Temporal

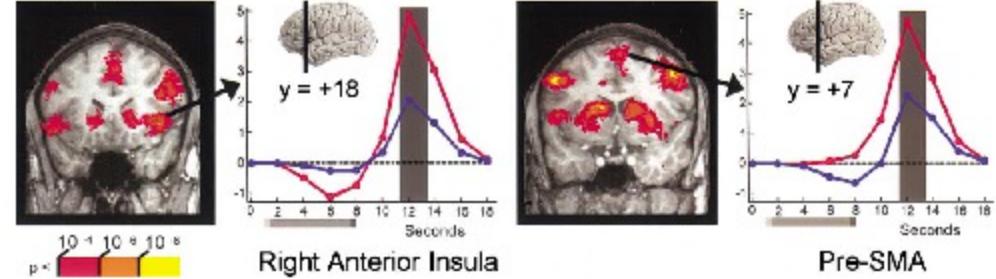
## B. Delay



Right IPS

Right FEF

## C. Test

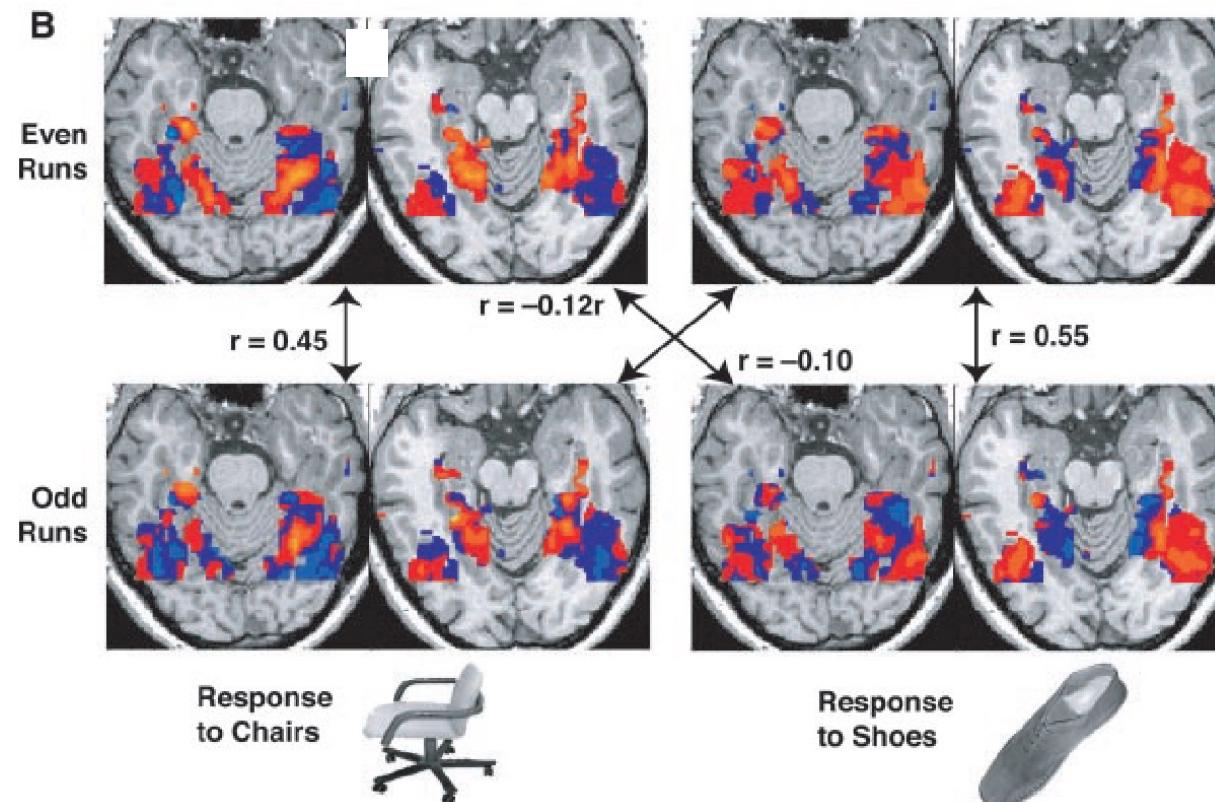


Right Anterior Insula

Pre-SMA

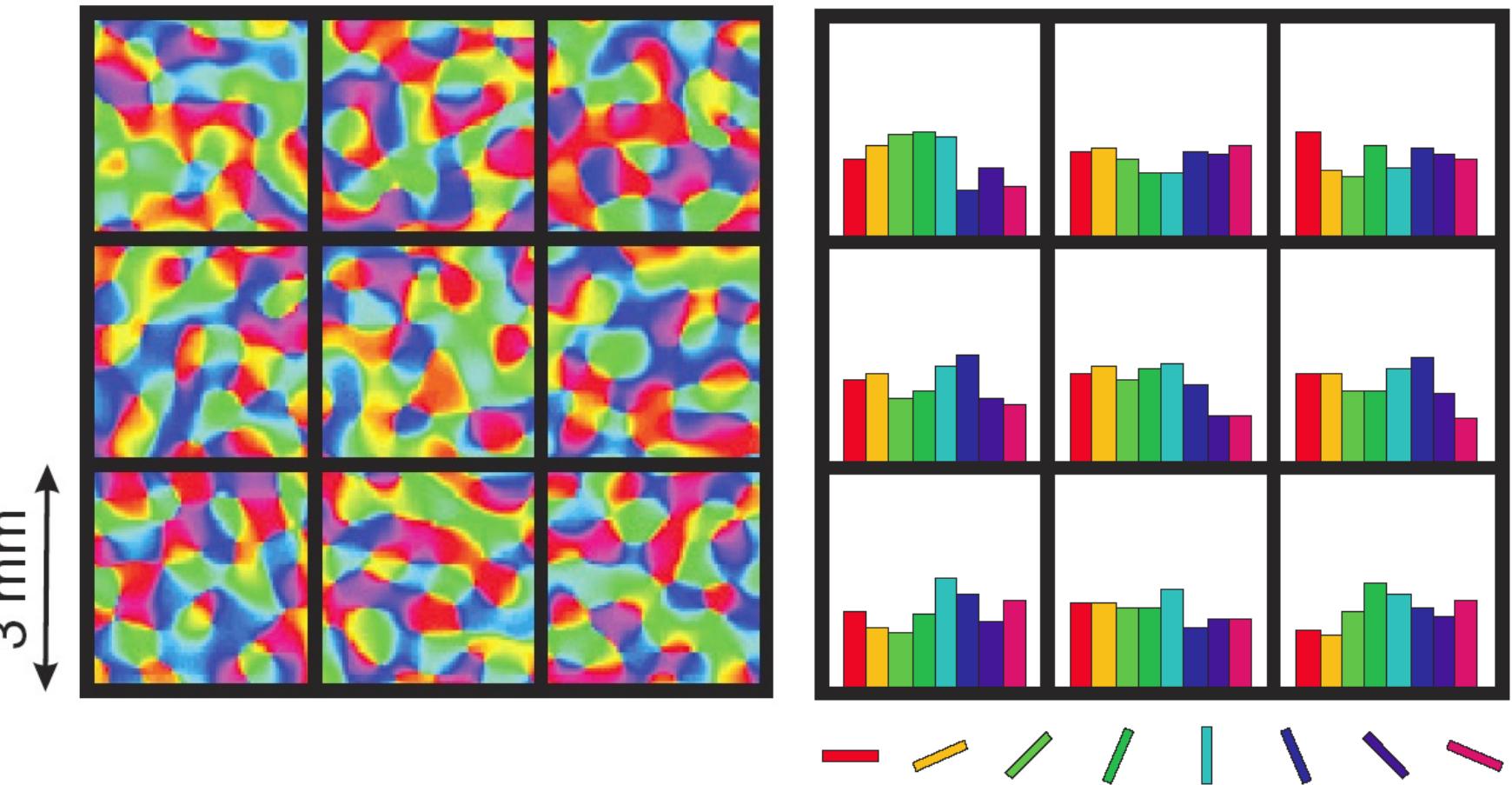
# Ventral temporal category representations

Object categories are associated with distributed representations in ventral temporal cortex



Haxby et al. 2001

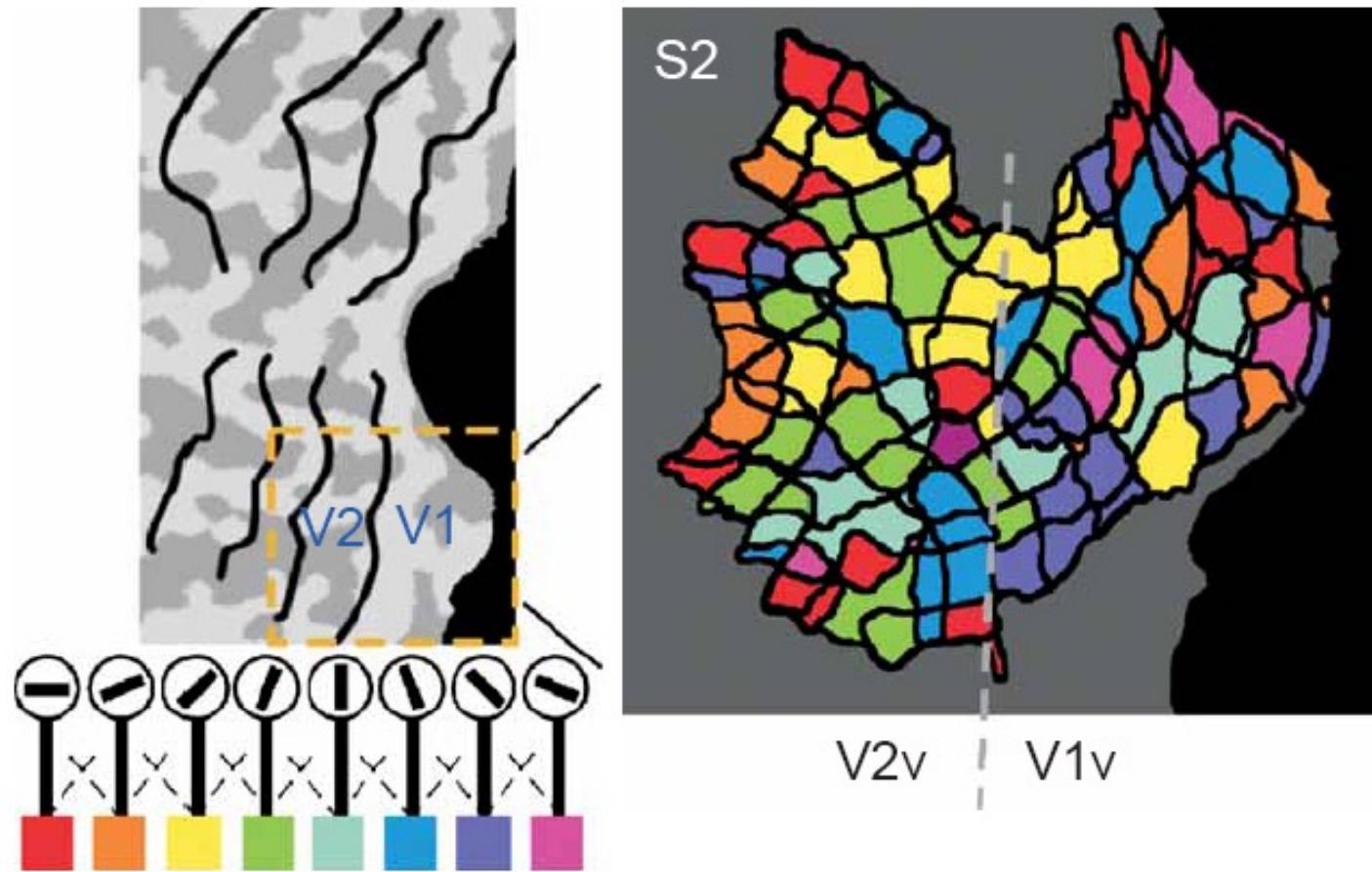
# fMRI - patterns



Boynton (2005), News & Views on Kamitani & Tong (2005) and Haynes & Rees (2005)

Lower spatial frequency clumping

Orientation viewing decoding

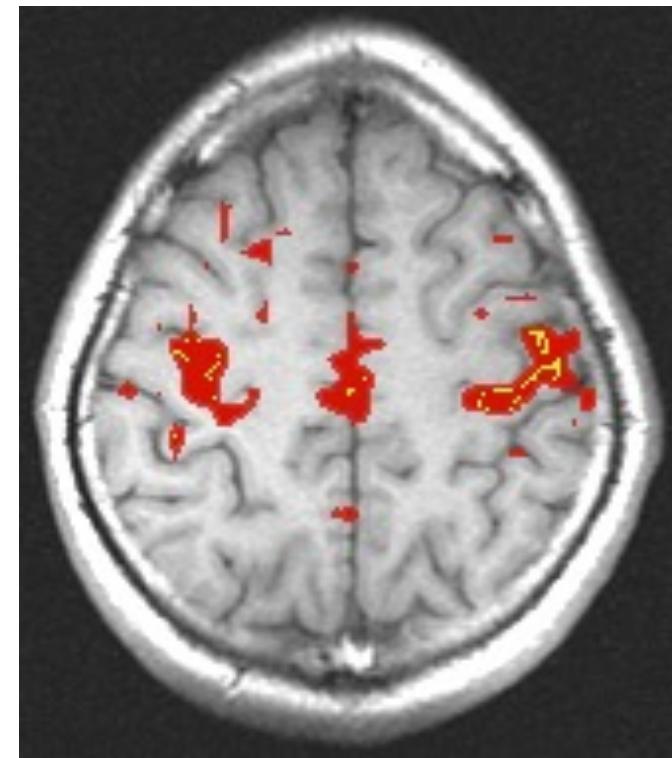
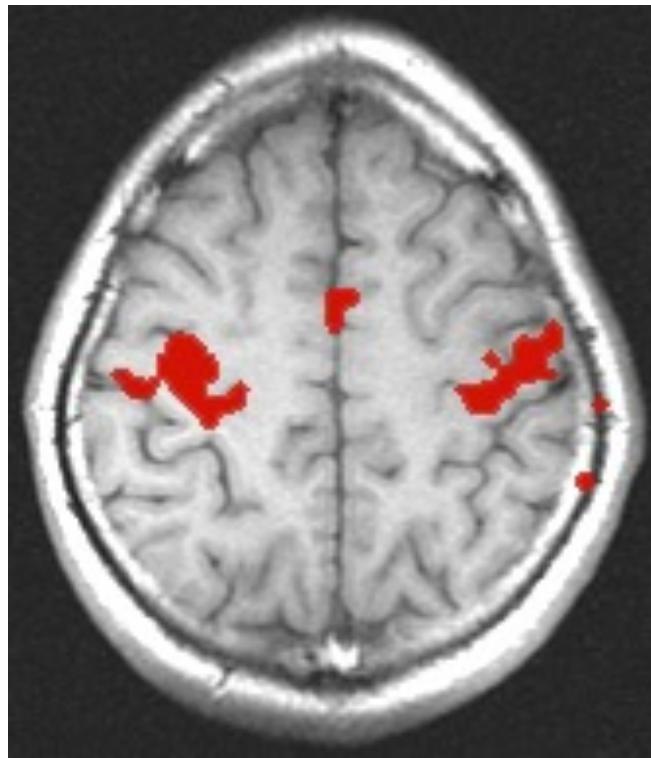


Kamitani & Tong (2005)

## Sources of time series fluctuations:

- Blood, brain and CSF pulsation
- Vasomotion
- Breathing cycle ( $B_0$  shifts with lung expansion)
- Bulk motion
- Scanner instabilities
- Changes in blood  $CO_2$  (changes in breathing)
- Spontaneous neuronal activity

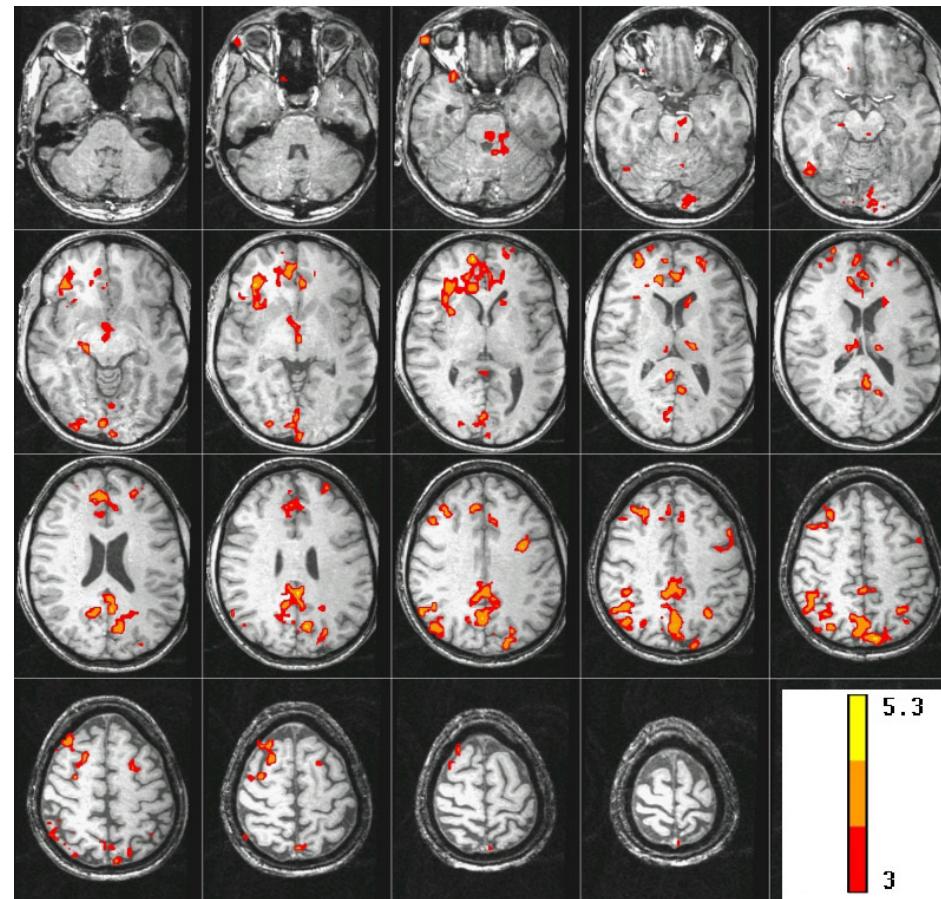
## Resting State Correlations



Activation:  
correlation with reference function

Rest:  
seed voxel in motor cortex

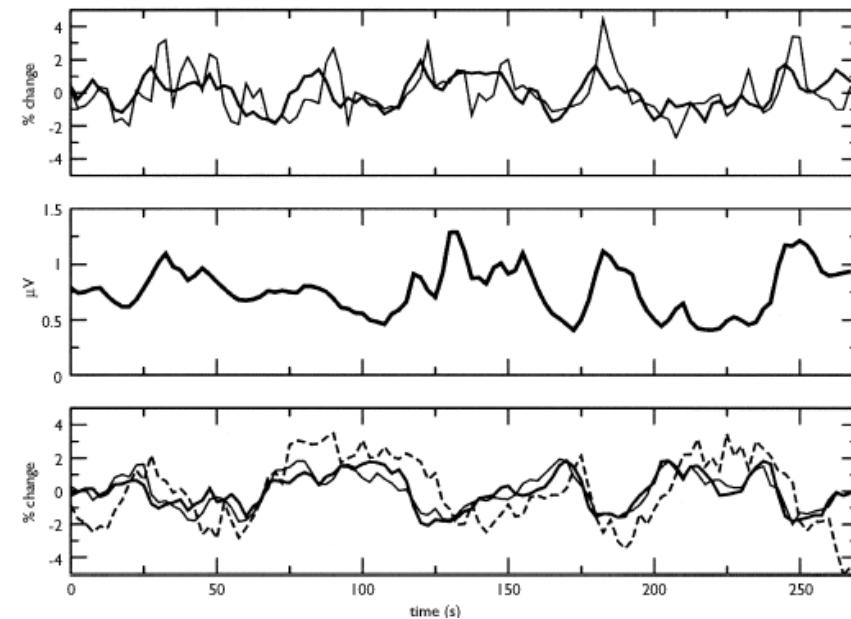
BOLD correlated with SCR during "Rest"



J. C. Patterson II, L. G. Ungerleider, and P. A Bandettini,  
*NeuroImage 17: 1787-1806, (2002).*

BOLD correlated with 10 Hz power during "Rest"

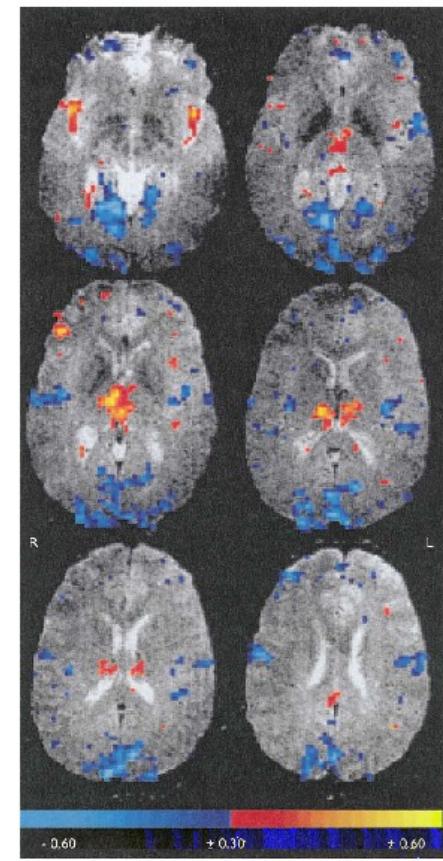
Positive



10 Hz power

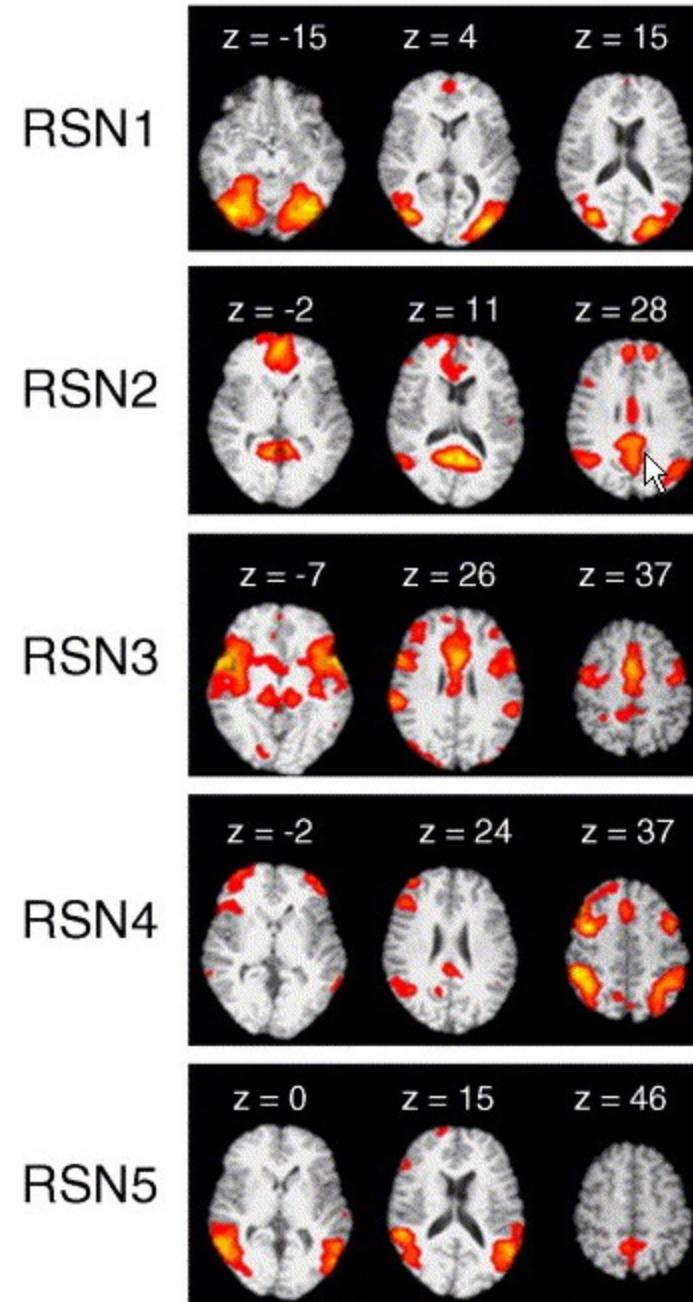
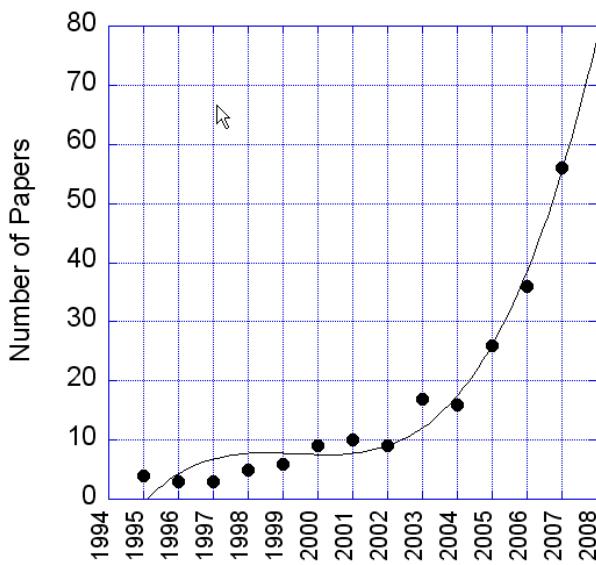
Negative

Goldman, et al (2002), Neuroreport



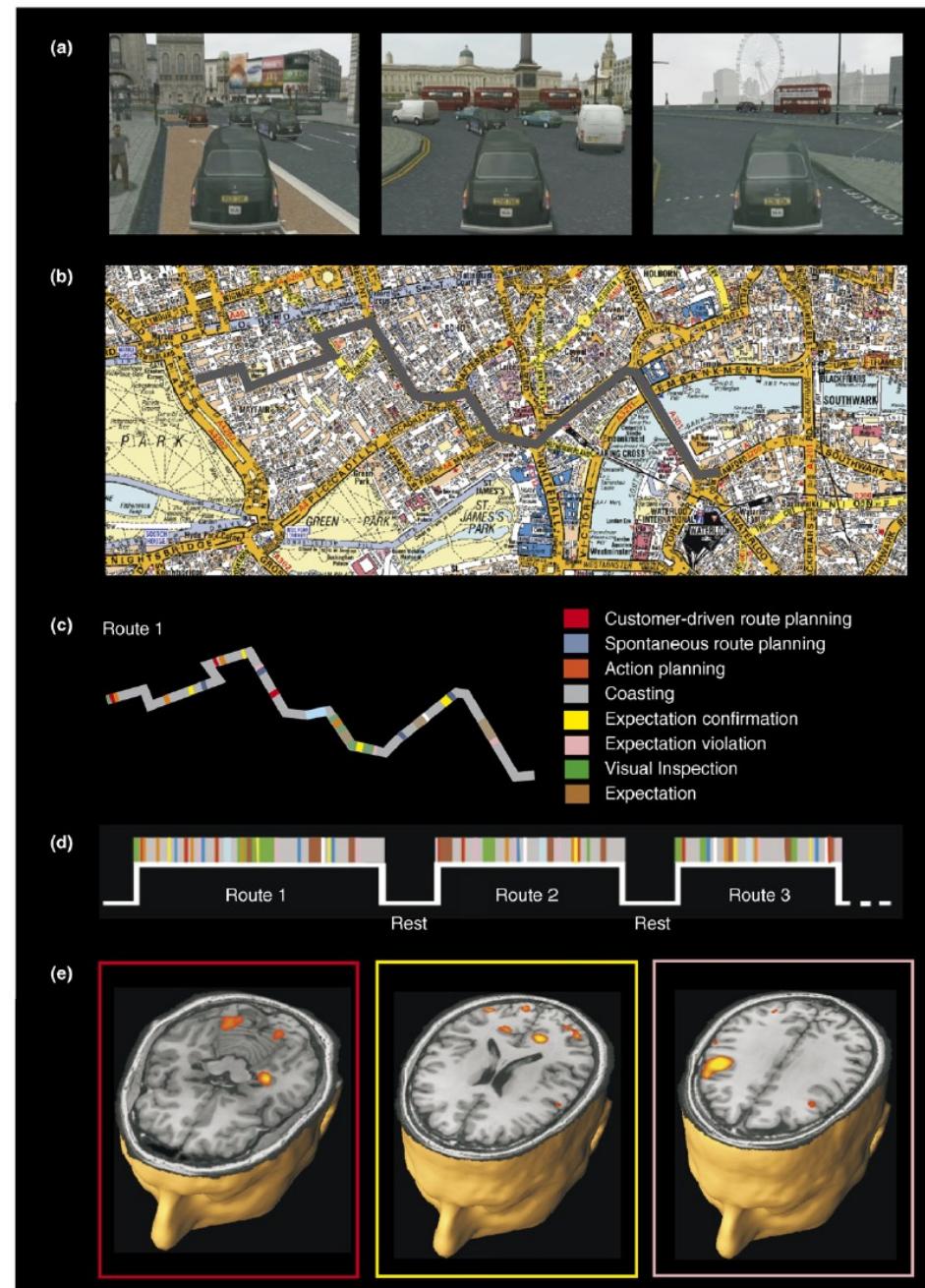
## Resting state networks identified with ICA

M. DeLuca, C.F. Beckmann, N. De Stefano,  
P.M. Matthews, S.M. Smith, fMRI  
resting state  
networks define distinct modes  
of long-distance  
interactions in the human brain.  
NeuroImage, 29, 1359-1367



## Decoding human brain activity during real-world experiences

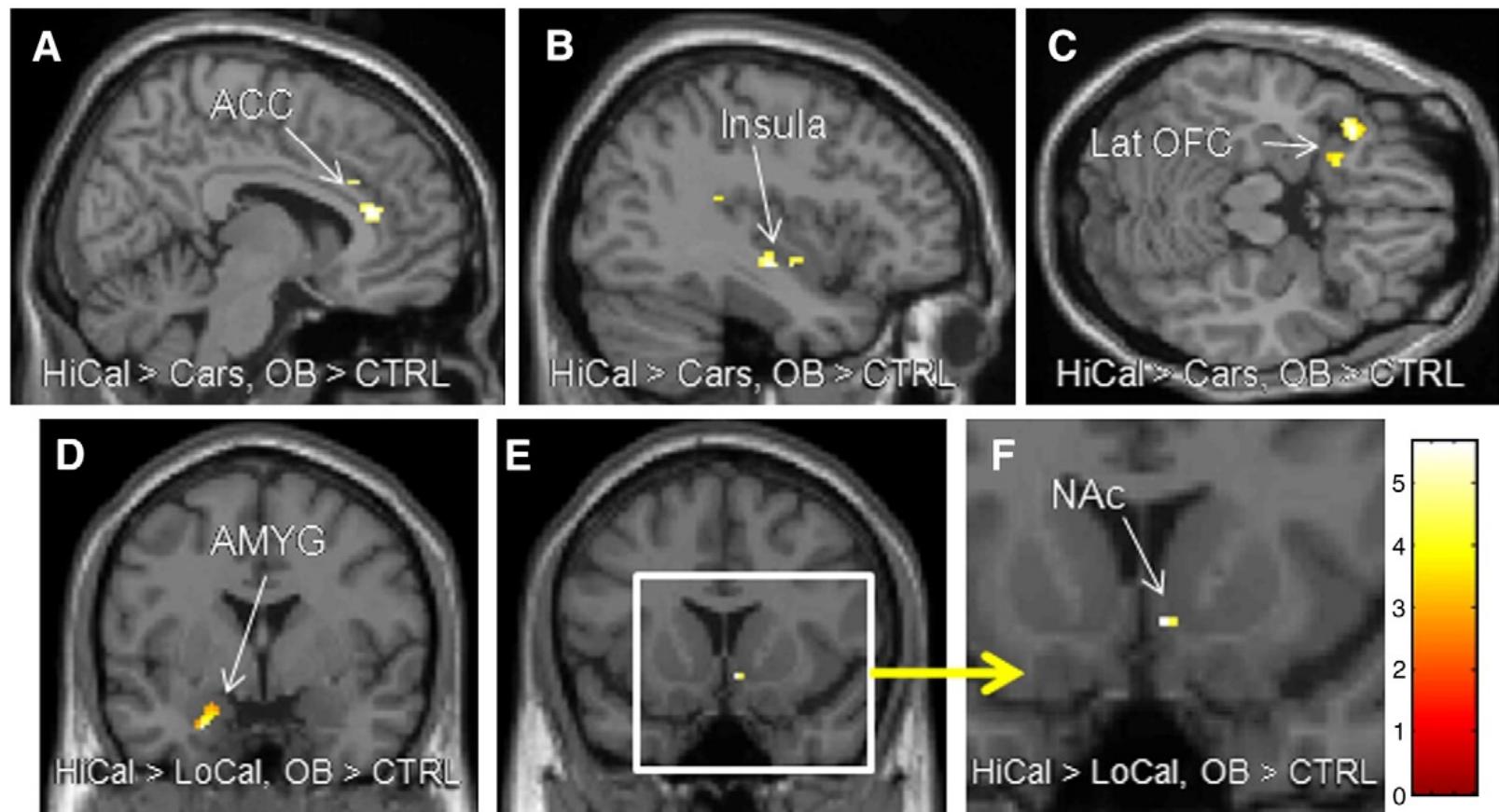
Hugo J. Spiers and Eleanor A. Maguire  
TICS, 2007



# Some Applications to Obesity Research

- High vs. Low Calorie Food Viewing
- Hunger vs. Satiety while viewing food
- Food vs. Non-food viewing
- Food craving induction
- Leptin Modulation
- Hypothalamus activity with glucose ingestion

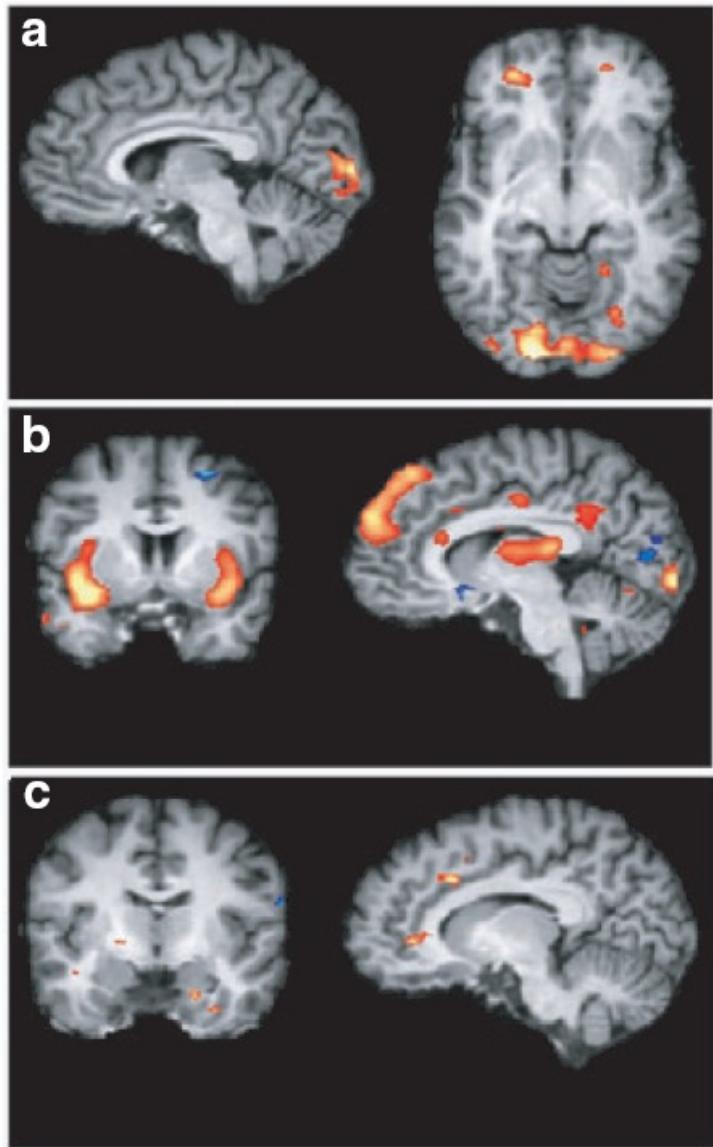
## Greater activation in Obese subjects to high calorie foods



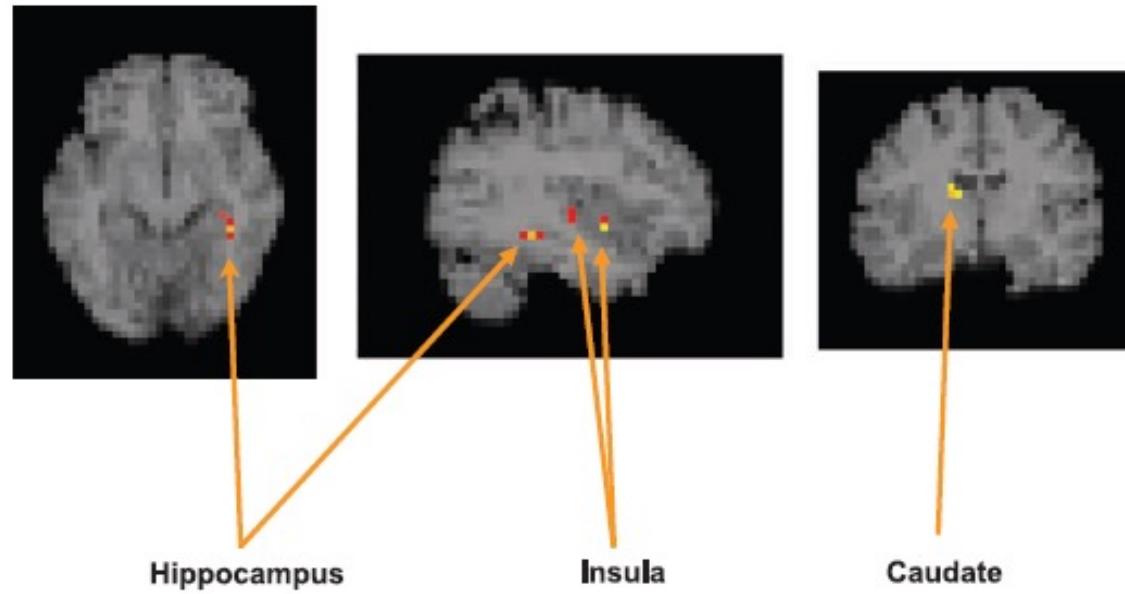
Stoeckel, L. E., et al. 2008. *Widespread reward-system activation in obese women in response to pictures of high-calorie foods.*  
*NeuroImage. 41: 636-647.*

# Effects of Hunger and Food Viewing

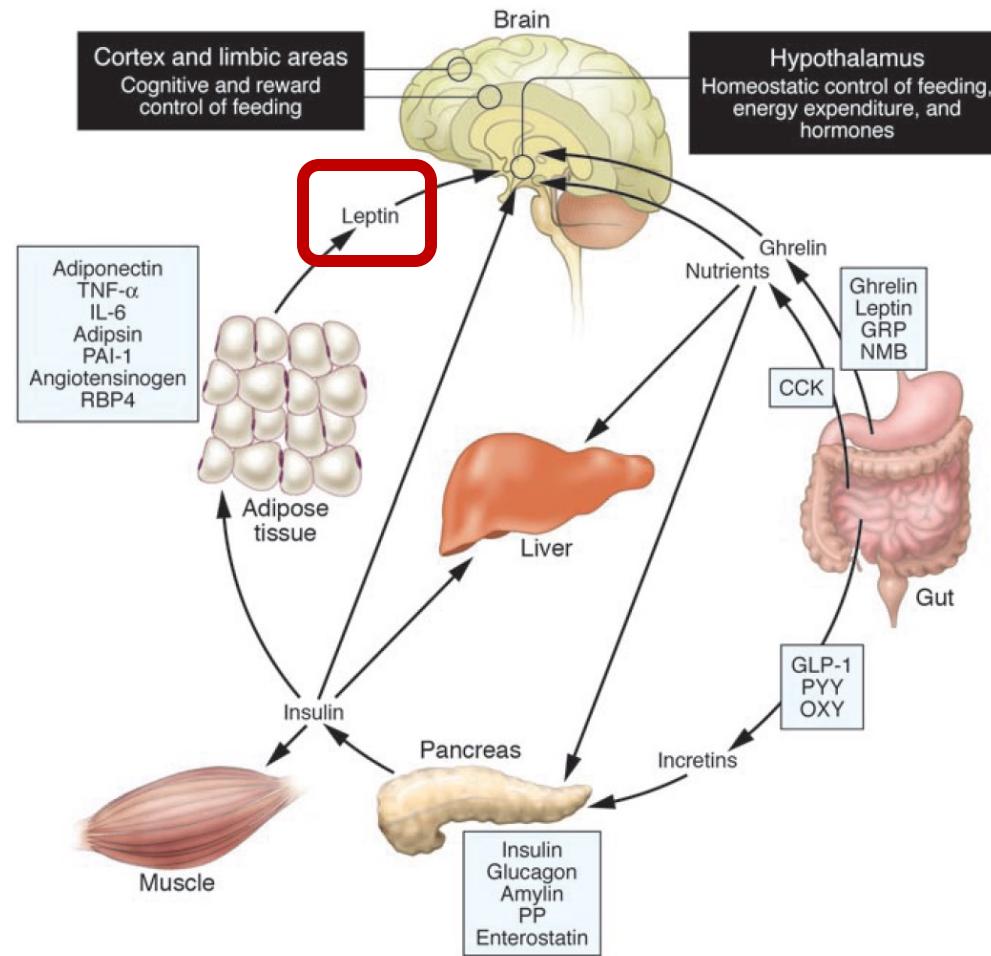
Führer, D., S. Zysset & M. Stumvoll. 2008.  
**Brain activity in hunger and satiety: An exploratory visually stimulated fMRI study.** Obesity. 16: 945-950.



## Areas Involved with Craving



Pelchat, M. L., et al. 2004. *Images of desire: Food-craving activation during fMRI*. *NeuroImage*. 23: 1486-1493.



Ahima, R. S. 2008. Revisiting leptin's role in obesity and weight loss. *Journal of Clinical Investigation*. 118: 2380-2383.

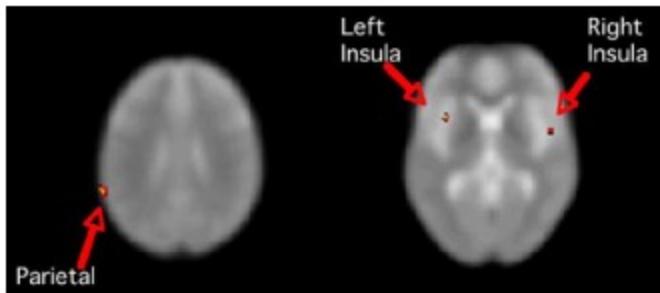
## Viewing food with/without Leptin supplement

Baicy, K., et al. 2007. *Leptin replacement alters brain response to food cues in genetically leptin-deficient adults.*  
*Proceedings of the National Academy of Sciences of the United States of America.*  
*104: 18276-18279.*

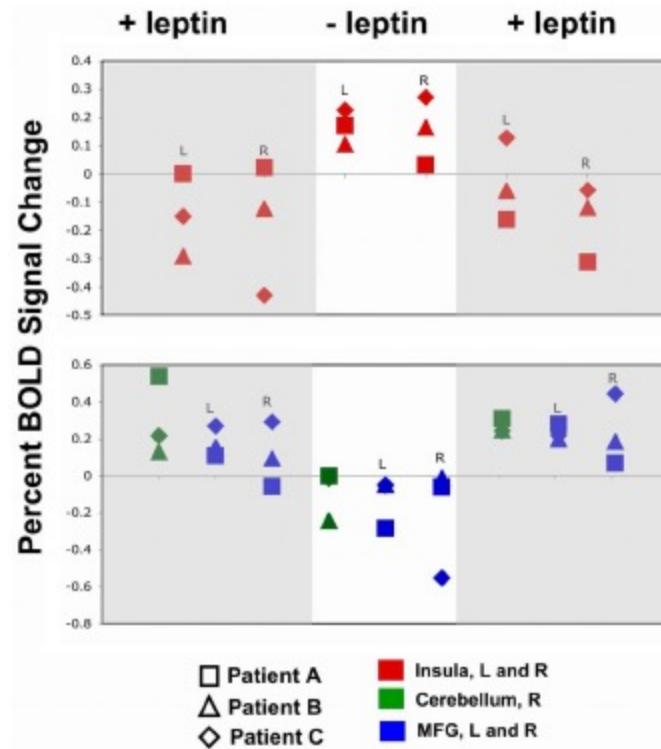
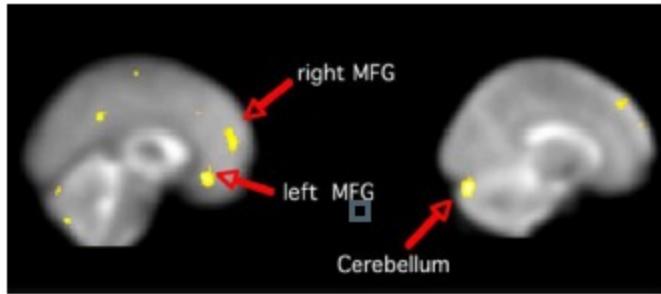
Rosenbaum, M., et al. 2008. *Leptin reverses weight loss-induced changes in regional neural activity responses to visual food stimuli.*  
*Journal of Clinical Investigation.* *118:* 2583-2591.

# Leptin replacement effects in leptin-deficient adults

## Reduced Leptin



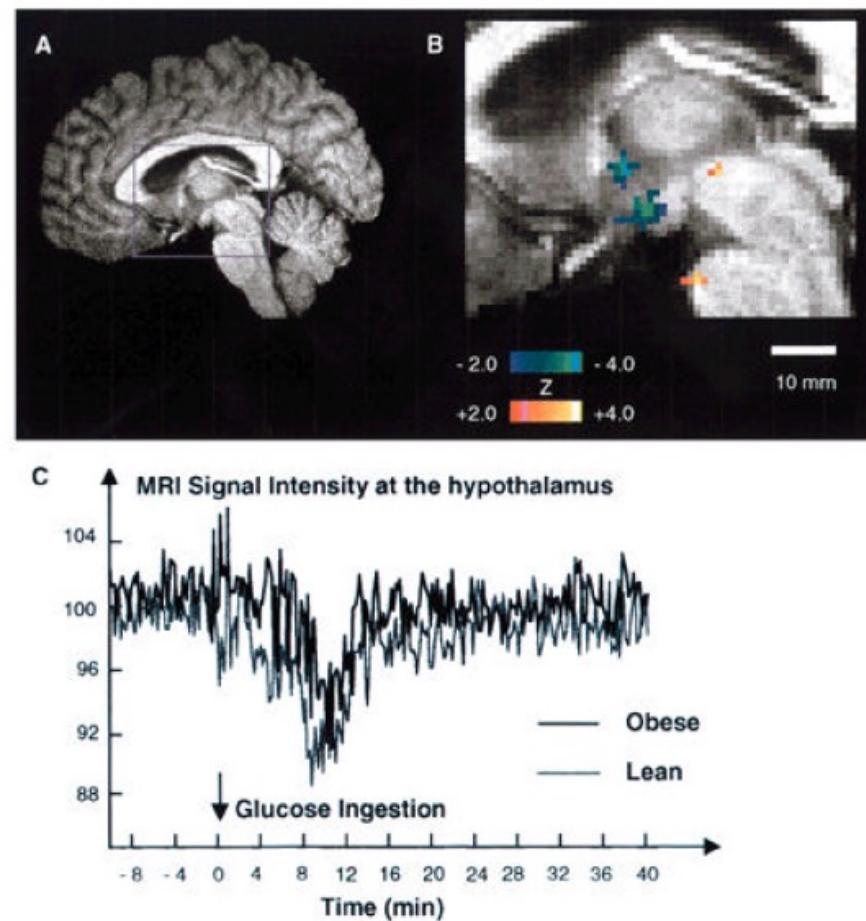
## Increased Leptin



Baicy, K., et al. 2007. *Leptin replacement alters brain response to food cues in genetically leptin-deficient adults.*

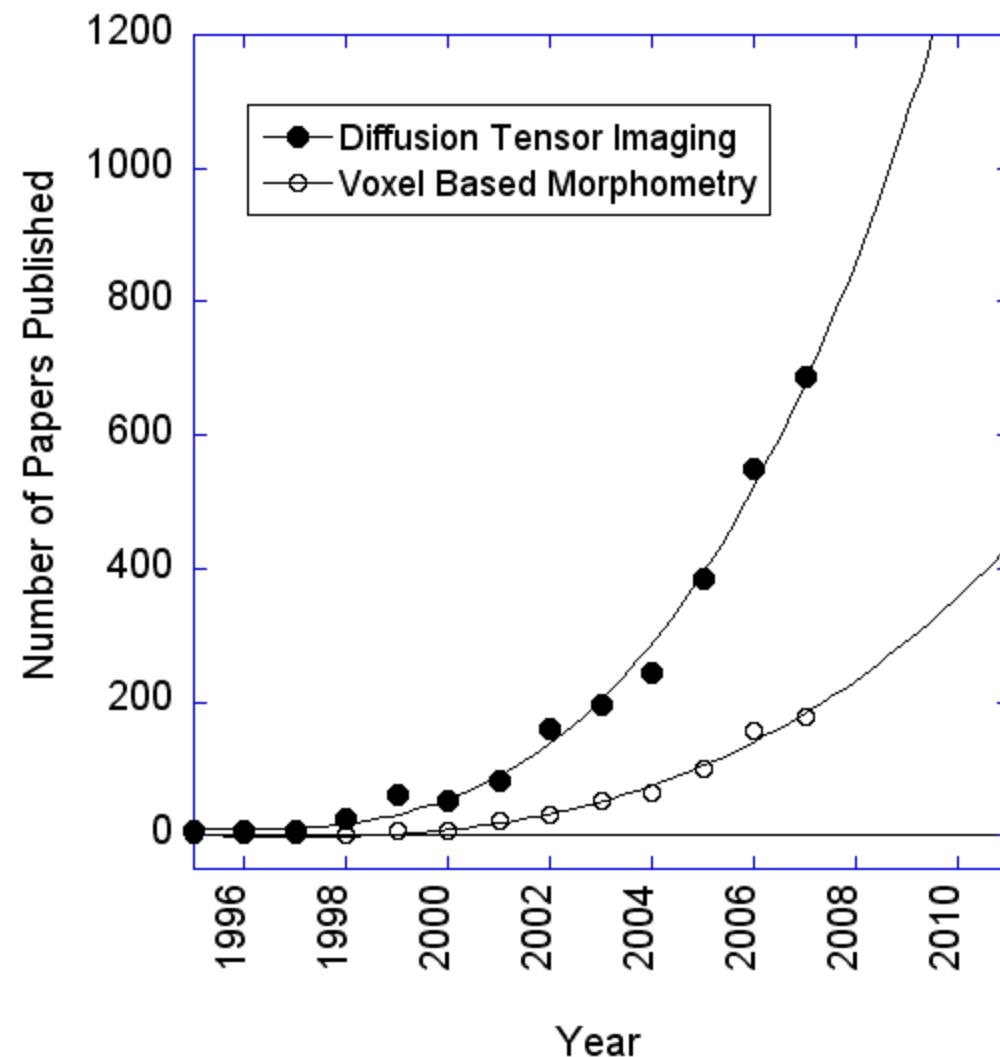
*Proceedings of the National Academy of Sciences of the United States of America.*  
104: 18276-18279.

## Reduced Glucose ingestion - induced Hypothalamus Inhibition with Obese subjects

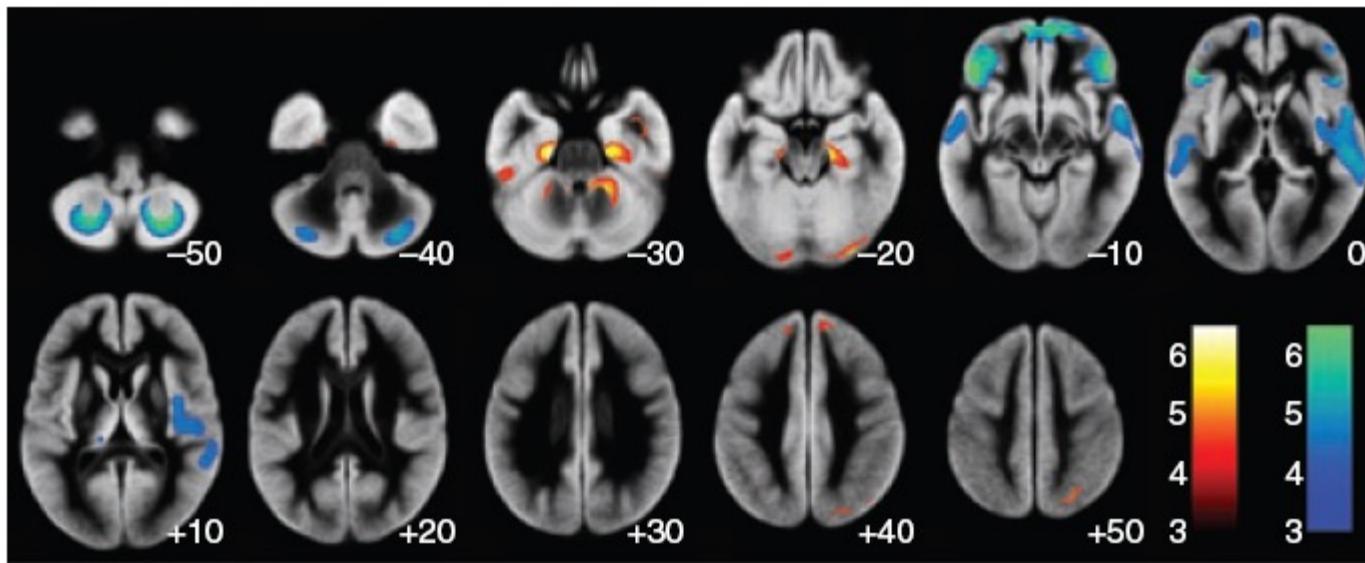


Matsuda, M., et al. 1999. Altered hypothalamic function in response to glucose ingestion in obese humans. *Diabetes*. 48: 1801-1806.

- Functional MRI
- Voxel Based Morphometry



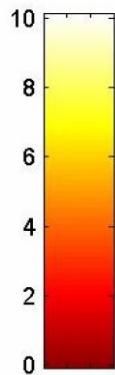
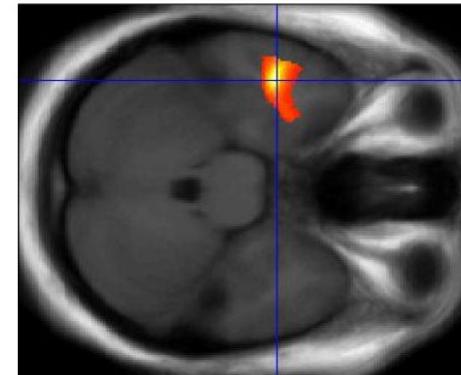
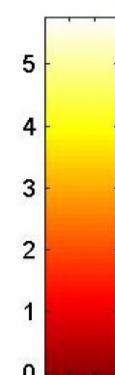
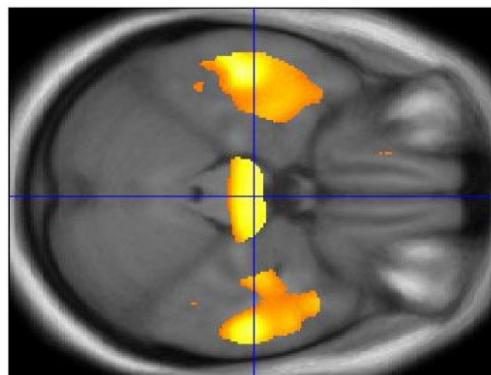
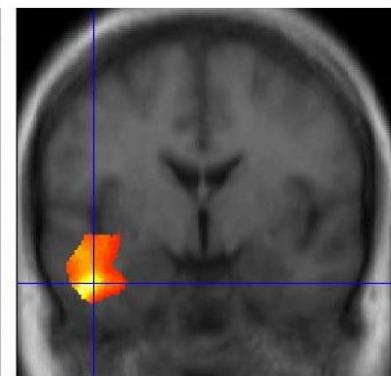
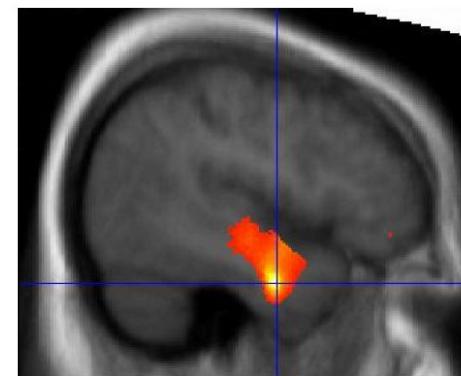
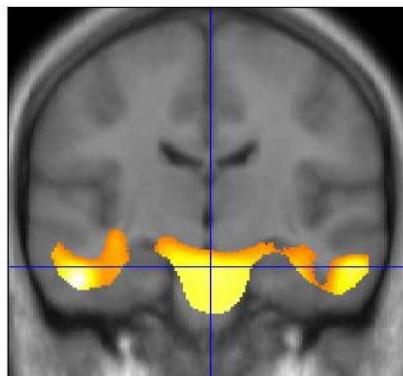
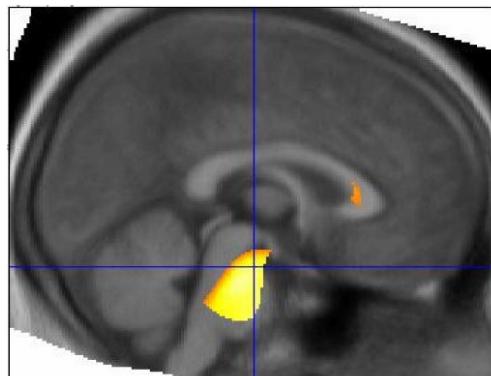
## Relationship to Body Mass Index



Taki, Y., et al. 2008. *Relationship between body mass index and gray matter volume in 1,428 healthy individuals. Obesity.* **16:** 119-124.

# White Matter Changes

Difference in White Matter: Decreases in White Matter  
Obese vs. Non-obese With Dieting



Haltia, L. T., et al. 2007. *Brain white matter expansion in human obesity and the recovering effect of dieting*. Journal of Endocrinology and Metabolism. **92**: 3278-2495.

# Future Directions

Focus more on individuals rather than group studies

- Assessment of causes
- Assessment of types of treatment and therapy
- Use of real time fMRI for therapy
- Resting state fluctuations
- More detailed moment to moment assessment of changes
- High resolution and pattern classification coupled with therapy