

## **History and Physical Note**

Patient: David Thompson

DOB: 03/14/1972

Gender: Male

Phone: +91-98450-11223

Address: 17 MG Road, Indiranagar, Bangalore

Visit Date: 01/10/2024

### **Subjective Notes:**

David, a 51-year-old male, presents for follow-up of Type 2 Diabetes. Reports increased thirst and urination over the past week. No chest pain or shortness of breath. Diet mostly vegetarian; exercises 3x a week. Sleep and mood are normal.

### **Objective Notes:**

Vitals: BP 140/88, Pulse 82, Temp 98.7°F. Physical exam unremarkable. No signs of foot ulcers. Normal heart and lung sounds.

### **Assessment Notes:**

Diagnosis: Type 2 Diabetes Mellitus (E11.9)

### **Plan Notes:**

Increase metformin dosage to 1000mg BID. Order HbA1c, Lipid Profile. Schedule nutritionist follow-up. Return in 3 months.