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ANOTHER PROOF THAT CONVEX FUNCTIONS ARE LOCALLY LIPSCHITZ

A. W. ROBERTS AND D. E. VARBERG

The Wayne State Mathematics Department Coffee Room recently brewed the following result [this Monthly, vol. 79 (1972), 1121–1124]. Every convex function f defined on an open convex set in R^n is locally Lipschitz. A different recipe yields the same result with less work and applies in much more general spaces. It goes like this: (1) control the size of f by showing (local) boundedness, (2) mix boundedness with convexity to obtain a Lipschitz condition, (3) embellish with desired generalizations. Here are the details.

LEMMA A. A convex function f, defined on an open convex set U in \mathbb{R}^n , is locally bounded; that is, it is bounded in a neighborhood of each point x_0 in U.

Proof. Choose a cube K in U centered at x_0 and with vertices v_1, v_2, \dots, v_m $(m=2^n)$. Since a cube is the convex hull of its vertices, we may for any x in K find scalars λ_i satisfying

$$x = \sum_{i=1}^{m} \lambda_i v_i, \qquad \lambda_i \geq 0, \qquad \sum_{i=1}^{m} \lambda_i = 1.$$

By convexity (Jensen's inequality for convex functions),

$$f(x) \leq \sum_{1}^{m} \lambda_{i} f(v_{i}) \leq \max_{1 \leq i \leq m} f(v_{i}) \equiv M,$$

so f is bounded above on K.

On the other hand, for x in K we may choose y in K so that $x_0 = \frac{1}{2}x + \frac{1}{2}y$. Thus,

$$f(x_0) \le \frac{1}{2}f(x) + \frac{1}{2}f(y),$$

or

$$f(\mathbf{x}) \ge 2f(\mathbf{x}_0) - f(\mathbf{y}) \ge 2f(\mathbf{x}_0) - M,$$

and f is also bounded below on K.

Theorem A. Let f be convex on an open convex set U in \mathbb{R}^n . Then f is locally Lipschitz on U; that is, it is Lipschitz on a neighborhood of each point x_0 of U. Consequently, f is Lipschitz on any compact subset of U.

Proof. According to the lemma, f is locally bounded; so given x_0 , we may find a spherical neighborhood $N_{2\epsilon}(x_0)$ of radius 2ϵ on which f is bounded, say by M. For distinct x_1 and x_2 in $N_{\epsilon}(x_0)$, set $x_3 = x_2 + (\epsilon/\alpha)(x_2 - x_1)$ where $\alpha = ||x_2 - x_1||$ and note that x_3 is in $N_{2\epsilon}(x_0)$. If we solve for x_2 , we obtain

$$x_2 = \frac{\varepsilon}{\alpha + \varepsilon} x_1 + \frac{\alpha}{\alpha + \varepsilon} x_3$$

and so by convexity,

$$f(x_2) \leq \frac{\varepsilon}{\alpha + \varepsilon} f(x_1) + \frac{\alpha}{\alpha + \varepsilon} f(x_3).$$

Then

$$f(x_2) - f(x_1) \le \frac{\alpha}{\alpha + \varepsilon} \left[f(x_3) - f(x_1) \right] \le \frac{\alpha}{\varepsilon} \left| f(x_3) - f(x_1) \right|,$$

which combined with $|f| \leq M$ and $\alpha = ||x_2 - x_1||$ yields

$$f(x_2) - f(x_1) \le (2M/\varepsilon) ||x_2 - x_1||$$
.

Since the roles of x_1 and x_2 can be interchanged, we have

$$|f(x_2) - f(x_1)| \le (2M/\varepsilon) ||x_2 - x_1||,$$

that is, f is Lipschitz on $N_{\varepsilon}(x_0)$. We conclude that f is locally Lipschitz on U.

Now let D be a compact subset of U. The collection $\{N_{\epsilon}(x_0)\}$ of neighborhoods obtained above covers D, as does some finite subcollection N_1, N_2, \dots, N_m . Let $K = \max\{K_1, K_2, \dots, K_m\}$ where K_i is the Lipschitz constant corresponding to $N_i, i = 1, 2, \dots, m$. Finally let $x \in N_i$ and $y \in N_j$ be any two distinct points of D and choose a segment [w, z] containing segment [x, y] in its interior so that $w \in N_i$ and $z \in N_j$. From the convexity of f on segment [w, z],

$$-K \le \frac{f(x) - f(w)}{\|x - w\|} \le \frac{f(y) - f(x)}{\|y - x\|} \le \frac{f(z) - f(y)}{\|z - y\|} \le K$$

which yields the conclusion $|f(y) - f(x)| \le K ||y - x||$.

Now for the embellishments. The definitions of convex, bounded, and Lipschitz all extend without modification to an arbitrary normed linear space. So does the proof of Theorem A; only the lemma offers any difficulties, but they are real. A convex function on an infinite dimensional normed linear space may be locally unbounded. For example, the linear functional $f: p \to p'(0)$ on the space of polynomials normed by

$$||p|| = \max_{-1 \le x \le 1} |p(x)|$$

has this property. A slight additional condition fixes everything up.

LEMMA B. Let f be convex on an open convex set U in a normed linear space. If f is bounded above in a neighborhood of just one point, then f is locally bounded on U.

Proof. For convenience of notation, we suppose that the given point is the origin and that f is bounded above by M on a spherical neighborhood $N = N_{\varepsilon}(0)$. Let y be any other point of U and choose $\rho > 1$ so that $z = \rho y$ is in U. If $\lambda = 1/\rho$, then

$$V = \{v : v = (1 - \lambda)x + \lambda z, x \text{ in } N\}$$

is a neighborhood of $y = \lambda z$ with radius $(1 - \lambda)\varepsilon$. Moreover,

$$f(\mathbf{v}) \le (1 - \lambda)f(\mathbf{x}) + \lambda f(\mathbf{z}) \le M + f(\mathbf{z}).$$

Thus, f is bounded above in some neighborhood of each point y in U. A repetition of the second paragraph in the proof of Lemma A shows that it is also bounded below on each such neighborhood.

We have all the ingredients for a tangy generalization.

THEOREM B. Let f be convex on an open convex set U in a normed linear space. If f is bounded above in a neighborhood of one point of U, then f is locally Lipschitz on U, hence Lipschitz on any compact subset of U.

Compactness is a strong requirement, often missing, especially for sets in infinite dimensional spaces. We can make a substitute for it; and the proof of the resulting theorem is still essentially that of Theorem A.

THEOREM C. Let f be convex with $|f| \leq M$ on an open convex set U in a normed linear space. If U contains an ε -neighborhood of a subset V, then f is Lipschitz (with Lipschitz constant $2M/\varepsilon$) on V.

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ON POLARS OF CONVEX POLYGONS

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In discussions concerning convexity and linear inequalities, it is often necessary to find the polar of a convex set in Euclidean space. The purpose of this note is to give a very elementary method for completely determining the polars of certain convex polygons in \mathbb{R}^2 . We feel this is worthwhile for two reasons. First, it is an interesting geometric result that can be easily understood by students with a minimal background in geometry. Second, while it is usually stated that the polar of a convex polyhedron is a convex polyhedron (cf. [1, p. 174]), no mention is made of how the vertices of the polar can be explicitly found, and this is the content of our result.

Given a set U in the real linear space \mathbb{R}^2 , the polar of U is defined by

$$U^{\circ} = \{(u, v) \in \mathbb{R}^2 : |ux + vy| \leq 1 \text{ for all } (x, y) \in U\}.$$

If z = (a, b) and $(a, b) \neq (0, 0)$, it is simple to show that $\{z\}^{\circ}$ is the infinite strip