## **Physical Activity Exemption Request** Name Age Grade **Address School** To the teacher/coach: The student was examined on and presented with the following conditions: Participation in regular physical education classes and/or sports activities should be as follows: No restrictions; Student may return to regular athletic activity as of: Complete. Student should not participate in any athletic activity. Partial; Please excuse the student from the following activities: **Endurance tests** All, other than exercises prescribed. Swimming Marching Speed exercises Strength tests Dancing Competitive physical games Warm-ups Others: **Duration of the exemption:** For school year For the following period: Until: Until next examination Other details & Notes: **Doctor's Signature:**