

## Blood Glucose Testing Chart for Pregnant Women

Name: \_\_\_\_\_

Use copies of this form to keep track of your blood glucose numbers, your urine or blood ketone test results, and your insulin levels. Print a copy for each week of your pregnancy and do not forget to carry along these records when visiting your doctor.

My Daily Blood Glucose Record																			
Week Starting:	Fasting Blood Glucose	Urine or Blood Ketones	Insulin	Breakfast Blood Glucose	Insulin	Other Blood Glucose	Insulin	Lunch Blood Glucose	Insulin	Other Blood Glucose	Insulin	Dinner Blood Glucose	Insulin	Other Blood Glucose	Insulin	Bedtime Blood Glucose	Insulin	Other Blood Glucose	Notes
Sun																			
Mon																			
Tue																			
Wed																			
Thu																			
Fri																			
Sat																			