## **MENTAL ILLNESS MEDICATION TRACKER**

| Day             |     | Medication  | Dose               | Time |       | Medication |     | Time  |                 | Side Effects       |  |
|-----------------|-----|-------------|--------------------|------|-------|------------|-----|-------|-----------------|--------------------|--|
| Example         | ~   | Haloperidol | 5mg                | 7:00 | ~     | Ritalin    | 5mg | 12:00 | Headaches at 1: | 00, Nausea at 2:00 |  |
| Monday          |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Tuesday         |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Wednesday       |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Thursday        |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Friday          |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Saturday        |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Sunday          |     |             |                    |      |       |            |     |       |                 |                    |  |
|                 |     |             |                    |      |       |            |     |       |                 |                    |  |
| Medication N    | lam | e:          |                    |      |       |            |     |       |                 |                    |  |
| Monday Count:   |     |             |                    |      |       |            |     |       |                 |                    |  |
| Sunday Count:   |     |             |                    |      |       |            |     |       |                 |                    |  |
| Pills Taken:    |     |             |                    |      |       |            |     |       |                 |                    |  |
| Refill Needed?: |     | Y / N       | Y / N Y            |      | Y / N | / N Y      |     |       | Y/N             | Y / N              |  |
| Supervisor:     |     |             | Patient Signature: |      |       |            |     |       |                 |                    |  |