

Pregnancy Hospital Bag Checklist

Essentials		Non-Essentials	
Driver's License/Photo I.D.		Reading Material	
Insurance Information		Rolling Pin/Tennis Ball	
Hospital Forms		Birthing Ball	
Birth Plan		Stop Watch	
1-2 Pairs of Non-Skid Socks		Snacks	
Eyeglasses/Case		Water Bottle	
Contacts/Case/Solution		Spray Bottle	
Sanitary Pads		Dressing Gown	
Maternity Bra		Make-Up	
Parking/Vending Machine Money		Lotion	
Soft Hairbands/Headbands		Tissues	
Cell Phone/Charger		Lip Balm	
Contact List/Calling Card		Extra Pillow for Labor	
Camera/Charger/Batteries		Feeding Pillow	
Nipple Cream		MP3 Player	
Breast Pump		Ear Plugs	
Nursing Pads		Bath Towel	
Nursing Gown		Hair Dryer	
Nursing Bra		Slippers	
Going-Home Clothes		Lozenges/Hard Candy	
Soap		Pen/Paper	
Toothbrush/Toothpaste		For Baby	
Hairbrush/Comb		Car Seat	
Shampoo/Conditioner		Going-Home Outfit	
Deodorant		Socks	
For Partner		Hat	
Toiletries		Blankets	
Change of Clothes		Seasonally Appropriate Gear	
Comfortable Shoes		Diapers	
Camera/Charger/Batteries		Baby Wipes	