## Doctor Visit 36 – 37 Weeks

Blood Pressure: Changes? Urine Sample: Signs of Preeclampsia? Weight: Weight Gained: Nausea?	Physician or Midwi	fe:	Eighth Exam:
Urine Sample: Signs of Preeclampsia?  Weight: Weight Gained:  Nausea? Baby Movements:  Swelling in Hands: Swelling in Feet:  Headaches: UTIs:  Contractions: Frequency:  Leaking Fluid: Spotting/Bleeding:  Baby Breeched: Baby Dropped:  Uterus Size: Tested: Vaginally Belly Ultrasound  Baby's Heartbeat: Growth Rate:  Tests Done  Pelvic Exam Result: Breast Exam Result: Pap Smear Result: Ultrasound Result: Group B Strep Result:			
Nausea? Baby Movements:  Swelling in Hands: Swelling in Feet:  Headaches: UTIs:  Contractions: Frequency:  Leaking Fluid: Spotting/Bleeding:  Baby Dropped:  Uterus Size: Tested: Vaginally Belly Ultrasound  Baby's Heartbeat: Growth Rate:  Tests Done  Pelvic Exam Result:  Pap Smear Result:  Pap Smear Result:  Doppler Scan Result:  Doppler Scan Result:  Group B Strep Result:  Nonstress Test Result:  Things to Do  Food to Eat:	Urine Sample:		Signs of Preeclampsia?
Nausea? Baby Movements:  Swelling in Hands: Swelling in Feet:  Headaches: UTIs:  Contractions: Frequency:  Leaking Fluid: Spotting/Bleeding:  Baby Dropped:  Uterus Size: Tested: Vaginally Belly Ultrasound  Baby's Heartbeat: Growth Rate:  Tests Done  Pelvic Exam Result:  Pap Smear Result:  Pap Smear Result:  Doppler Scan Result:  Doppler Scan Result:  Group B Strep Result:  Nonstress Test Result:  Things to Do  Food to Eat:	Weight:		Weight Gained:
Swelling in Hands:  Headaches:  UTIS:  Contractions:  Leaking Fluid:  Baby Breeched:  Uterus Size:  Tested:  Growth Rate:  Tests Done  Pelvic Exam Result:  Pap Smear Result:  Pap Smear Result:  Doppler Scan Result:  Growth Result:  Growth Result:  Tests Done  Tests Done  Tests Done  Tests Done  Tests Done  Tests Done	Nausea?		_
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Uterus Size: Tested: Vaginally Belly Ultrasound Baby's Heartbeat: Growth Rate:  Tests Done  Pelvic Exam Result: Pap Smear Result: Ultrasound Result: Doppler Scan Result: Blood Test Result: Group B Strep Result: Nonstress Test Result: Things to Do  Food to Eat:	Leaking Fluid:		
Baby's Heartbeat: Growth Rate:  Tests Done  Pelvic Exam Result:  Breast Exam Result:  Pap Smear Result:  Ultrasound Result:  Doppler Scan Result:  Blood Test Result:  Group B Strep Result:  Nonstress Test Result:  Things to Do	Baby Breeched:		Baby Dropped:
Baby's Heartbeat: Growth Rate:  Tests Done  Pelvic Exam Result:  Breast Exam Result:  Pap Smear Result:  Ultrasound Result:  Doppler Scan Result:  Blood Test Result:  Group B Strep Result:  Nonstress Test Result:  Things to Do	Uterus Size:		Tested: □ Vaginally □ Belly □ Ultrasound
□ Pelvic Exam Result: □ Breast Exam Result: □ Pap Smear Result: □ Ultrasound Result: □ Doppler Scan Result: □ Blood Test Result: □ Group B Strep Result: □ Nonstress Test Result: □ Things to Do  Food to Eat:			
□ Breast Exam Result: □ Pap Smear Result: □ Ultrasound Result: □ Doppler Scan Result: □ Blood Test Result: □ Group B Strep Result: □ Nonstress Test Result: □ Things to Do  Food to Eat:			<b>Tests Done</b>
□ Breast Exam Result: □ Pap Smear Result: □ Ultrasound Result: □ Doppler Scan Result: □ Blood Test Result: □ Group B Strep Result: □ Nonstress Test Result: □ Things to Do  Food to Eat:	☐ Pelvic Exam	Result:	
☐ Ultrasound Result: ☐ Doppler Scan Result: ☐ Blood Test Result: ☐ Group B Strep Result: ☐ Nonstress Test Result: ☐ Things to Do  Food to Eat:	☐ Breast Exam	Th 1.	
☐ Ultrasound Result: ☐ Doppler Scan Result: ☐ Blood Test Result: ☐ Group B Strep Result: ☐ Nonstress Test Result: ☐ Things to Do  Food to Eat:	☐ Pap Smear	Result:	
□ Doppler Scan Result: □ Blood Test Result: □ Group B Strep Result: □ Nonstress Test Result:  Things to Do  Food to Eat:	☐ Ultrasound	Result:	
□ Blood Test Result: □ Group B Strep Result: □ Nonstress Test Result:  Things to Do  Food to Eat:	☐ Doppler Scan	Result:	
☐ Group B Strep Result: ☐ Nonstress Test Result: ☐ Things to Do  Food to Eat:	☐ Blood Test		
□ Nonstress Test Result:  Things to Do  Food to Eat:	☐ Group B Strep		
Things to Do  Food to Eat:	☐ Nonstress Test		
	Food to Eat:		
Exercises to Do:	Exercises to Do:		
Classes to Take:	Classes to Take:		
Books to Read:	Books to Read:		
Warning Signs:	Warning Signs:		
Questions for Next Appt.			
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