

## Allergy Log

Name: \_\_\_\_\_ Epi-Pen Stored: \_\_\_\_\_

Allergies	Itching	Cramping	Runny Nose	Changing Facial Color	Hives	Swelling	Rash	Constipation	Diarrhea	Breathing Difficulties	Scratchy Throat
Animal(s):											
Insect(s):											
Antibiotic(s):											
Pain Medication(s)											
Chemical(s):											
Dust											
Grass											
Mold											
Dairy											
What/Gluten											
Soy											
Eggs											
Alcohol(s):											
Other:											