rank title	sash	uniform	Years	Core Forms	Blocking Systems	Patterns	Weapons	Healings
			stated				(not ordered)	(not ordered)
Sidi	black	black with white piping	no	playing Leopard,	plum tree	22 - 30	staff	aroma
Sidi Dai Lou	kangi added		yes	Buddha, stalking tiger		31 - 40	spear	energy fields
							knife, star	herbs
Si Hing	black with black tassel	black with white piping	yes	Inengli South, old frame	pine tree	41 - 50	short sticks, cane	acupoints
Si Hing Dai Lo	kangi added		yes	Inengli North		51 - 60	sword(s)	western med.
							rope	jows
Sisuk	black with white tassel	black with white piping	yes	Southern Tiger	Iron Wire	61 - 70	fan	meditations
Sisuk Dai Lou	kangi added		yes	Northern Tiger		71 - 80	chain	metals
							poisons	psychology
Sifu	black with white & black tassel	white with black piping	yes	Sho Tung Quak,	Masters	81 - 90	2&3 sectional	sounds
				Snake, Invincible Wall,			pole arms	husbandry
Si Bok	black with red tassel	red piping	yes	Flying Dragons	No hands	91 - 108	archery	kinetics
				1001 Buddhas			short & long gun	philosophy
Si Gung	black with gold tassel	gold piping	yes	Water wind & earth	Stone meets water		animals	teas
							explosives	
Si Tai Gung	black with red & gold tassel	gold piping	no	5 pattern				
				10 ways				
Si Jo	black with grey tassel	grey piping	no					

notes: for simplicity, rank titles are generally expressed in Cantonese male gender form.

2 yr. renewals for instructor posstions

3 yr. renewals for ranks below sifu

4 yr renewals for sifu & above

teacher	gau si; sin sang; lou si
instructor	gau lin
elder brother	go go; dai lou
kung fu	g-owng foo
elder sister	dze dze; ga je; je je
coach	gaau lin

Female rank titles
Si Mui
Si Mui Gaje
Si Jei
Si Jei Gaje
Si Goo Mui
Si Goo Mui Gaje
Si Moo
Si Digoo
Si Poo
Is Tai Poo