

Ingredient Scan Report

Ingredients:

skim milk, concentrated skim milk, water, sugar, cream from milk, thickeners from maize, from maize milk solids, gelatine, flavours, acidity regulators, enzyme lactase, live cultures:

Recommendation: Consume in Moderation

Health Score: 6/10

Health Summary:

skim milk - Moderate

concentrated skim milk - Good

water - Good

sugar - Moderate

cream from milk - Moderate

thickeners from maize - Good

from maize milk solids, gelatine, flavours - Moderate

acidity regulators - Good

enzyme lactase - Good

live cultures: - Good