

# NLTS Hamiltonians from good quantum codes

Chinmay Nirke (IBM Research)\*

joint with Anurag Anshu (Harvard)

& Niko Breuckmann (Bristol)

\* prev. Berkeley

Understanding classical proofs

## Understanding classical proofs

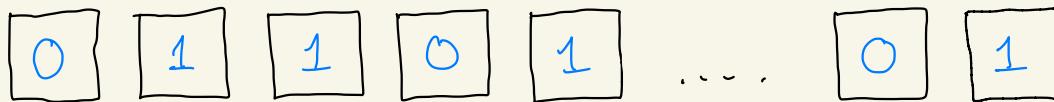
NP = the class of all efficiently ( $\text{poly}(n)$  time) checkable proofs.

NP has complete problems such as Constraint Satisfaction Problems (CSPs).

## Understanding classical proofs

NP = the class of all efficiently ( $\text{poly}(n)$  time) checkable proofs.

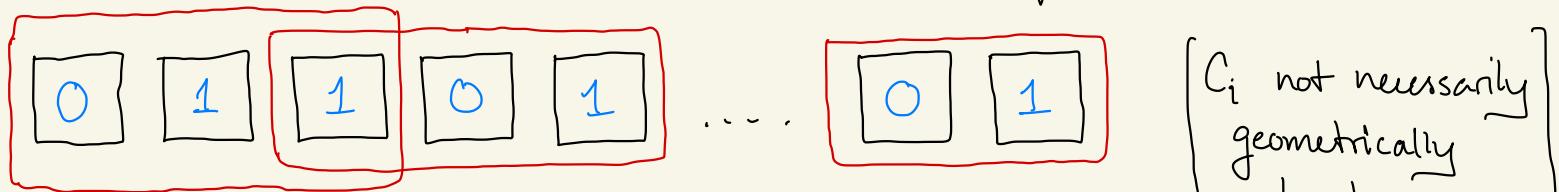
NP has complete problems such as Constraint Satisfaction Problems (CSPs).



# Understanding classical proofs

NP = the class of all efficiently ( $\text{poly}(n)$  time) checkable proofs.

NP has complete problems such as Constraint Satisfaction Problems (CSPs).



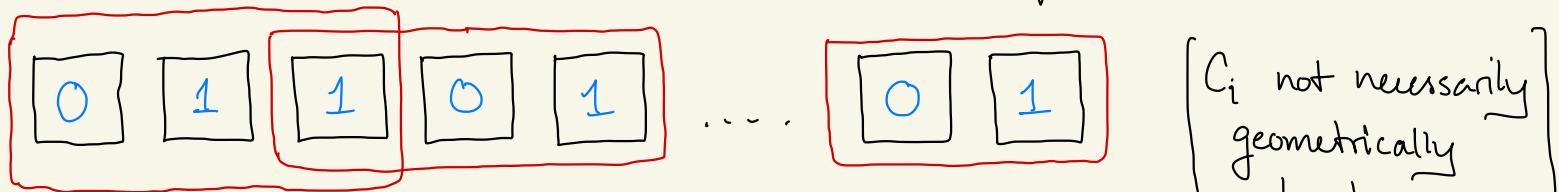
local check  $C_i = x_1 \oplus x_2 \oplus x_3 = 0$ .

$$C_i : \{0, 1\}^3 \rightarrow [0, 1].$$

# Understanding classical proofs

NP = the class of all efficiently ( $\text{poly}(n)$  time) checkable proofs.

NP has complete problems such as Constraint Satisfaction Problems (CSPs).

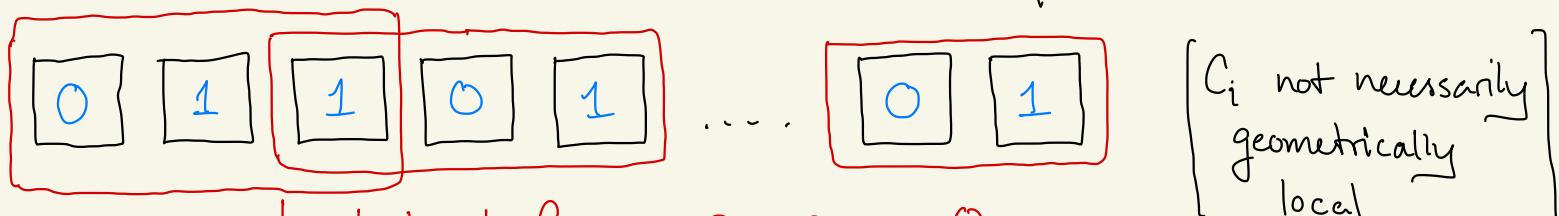


$$C : \{0, 1\}^n \rightarrow [0, m] \quad \text{by} \quad C(x) = \sum_{i=1}^m c_i(x)$$

# Understanding classical proofs

NP = the class of all efficiently ( $\text{poly}(n)$  time) checkable proofs.

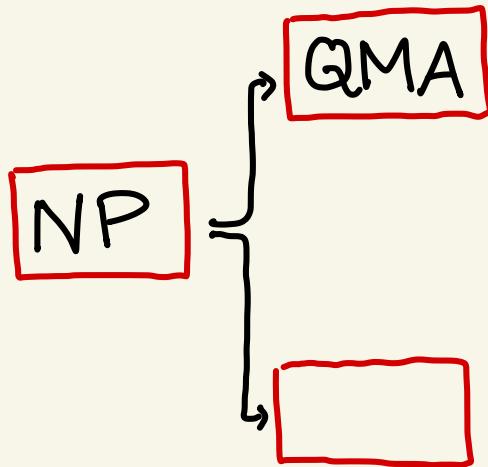
NP has complete problems such as Constraint Satisfaction Problems (CSPs).



$$C : \{0, 1\}^n \rightarrow [0, m] \quad \text{by} \quad C(x) = \sum_{i=1}^m c_i(x)$$

- Decide if
- ①  $\exists x, C(x) = 0$ .
  - ②  $\forall x, C(x) \geq 1$ .

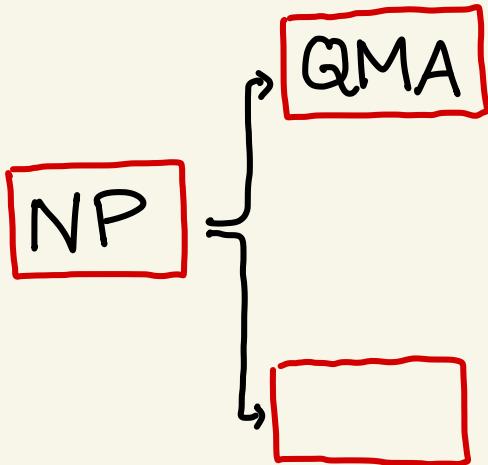
## Two extensions of the notion of proofs



## Two extensions of the notion of proofs

• M • M • M • M • M • M • M

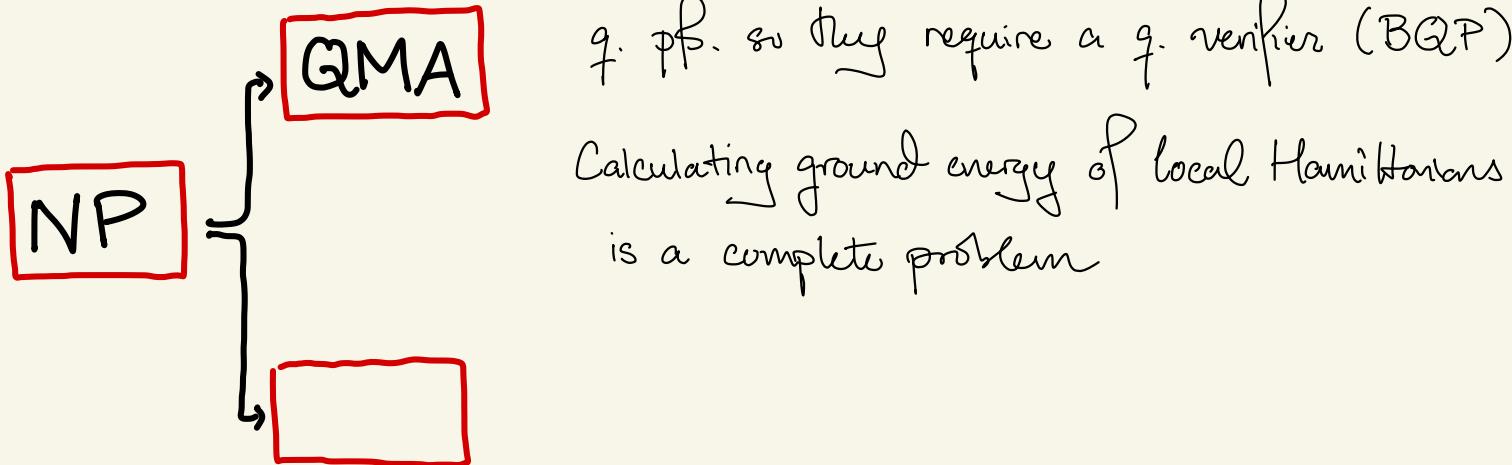
q. pf. so they require a q. verifier (BQP)



## Two extensions of the notion of proofs

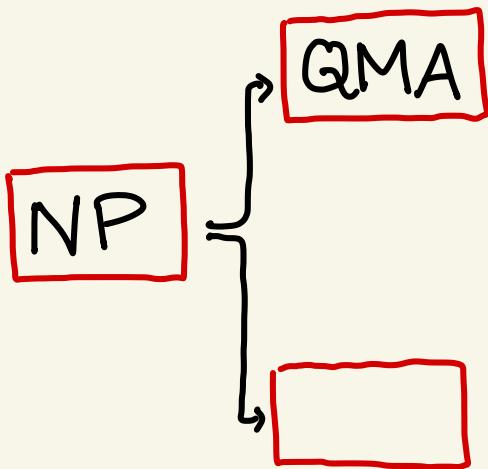
• M • M • M • M • M • M • M

q. pf. so they require a q. verifier (BQP)



Calculating ground energy of local Hamiltonians  
is a complete problem

## Two extensions of the notion of proofs

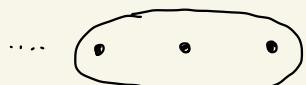


• M • M • M • M • M • M • M • M

q. pf. so they require a q. verifier (BQP)

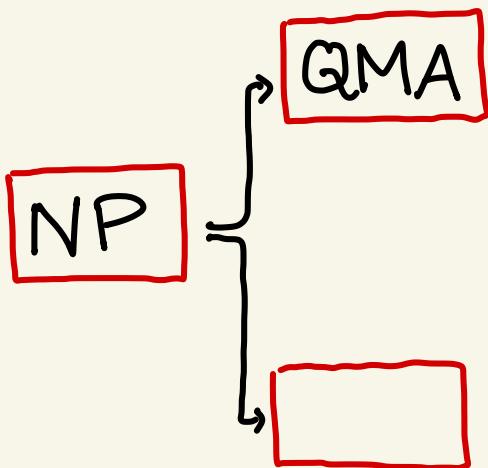
Calculating ground energy of local Hamiltonians  
is a complete problem

$h_i$  = linear local operator calculating energy



$$\dots h_i = |000\rangle\langle 000| + |\text{III}\rangle\langle \text{III}|$$

## Two extensions of the notion of proofs



• M • M • M • M • M • M • M

q. pf. so they require a q. verifier (BQP)

Calculating ground energy of local Hamiltonians  
is a complete problem

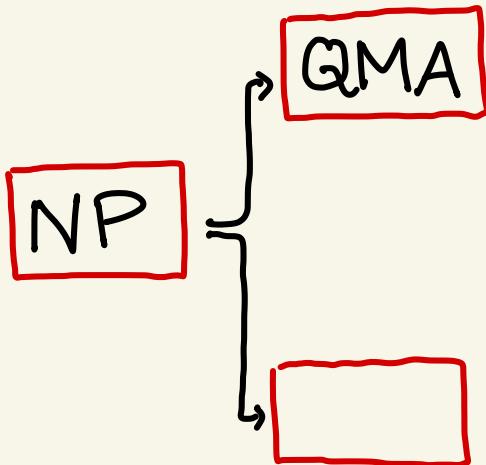
$h_i$  = linear local operator calculating energy



$$\dots h_i = |000\rangle\langle 000| + |\text{III}\rangle\langle \text{III}|$$

$$H = \sum_{i=1}^m h_i \quad |\psi\rangle \mapsto \langle \psi | H | \psi \rangle \text{ (energy)}$$

## Two extensions of the notion of proofs

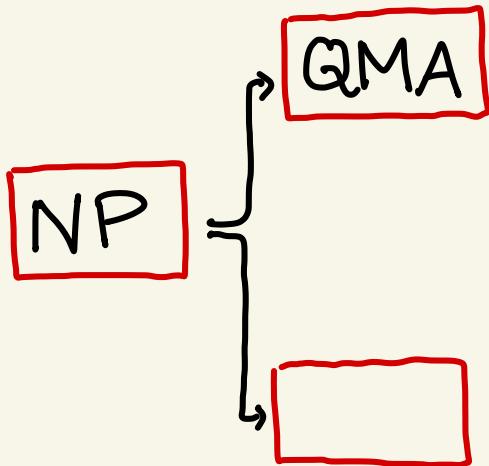


$h_i$  = linear local operator calculating energy

...  ...  $h_i = |000\rangle\langle 000| + |111\rangle\langle 111|$

$$H = \sum_{i=1}^m h_i$$
$$|\psi\rangle \mapsto \langle\psi|H|\psi\rangle \text{ (energy)}$$

# Two extensions of the notion of proofs

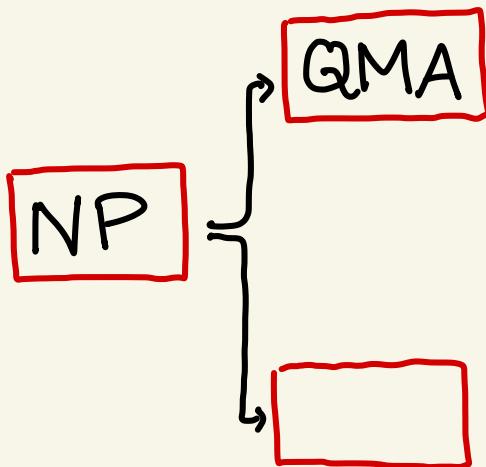


$h_i$  = linear local operator calculating energy  
... ...  $h_i = |000\rangle\langle 000| + |111\rangle\langle 111|$

$H = \sum_{i=1}^m h_i$        $|\psi\rangle \mapsto \langle\psi|H|\psi\rangle$  (energy)

ground energy       $\lambda_{\min}(H) = \min_{|\psi\rangle} \langle\psi|H|\psi\rangle$

## Two extensions of the notion of proofs



$h_i$  = linear local operator calculating energy

... ...  $h_i = |000\rangle\langle 000| + |111\rangle\langle 111|$

$H = \sum_{i=1}^m h_i$        $|\psi\rangle \mapsto \langle\psi|H|\psi\rangle$  (energy)

ground energy       $\lambda_{\min}(H) = \min_{|\psi\rangle} \langle\psi|H|\psi\rangle$

QMA-hard to decide for  $b-a = 1/\text{poly}(m)$ ,

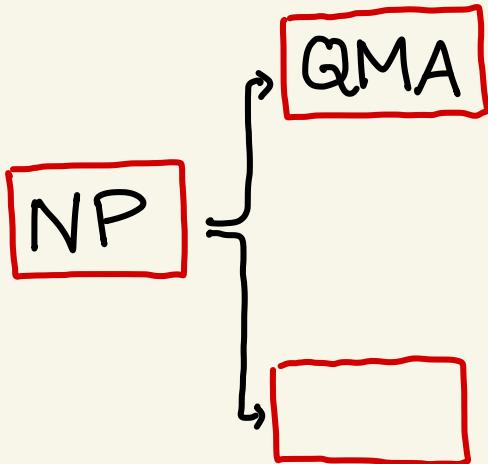
$$\textcircled{1} \quad \lambda_{\min}(H) \leq a \iff \exists |\psi\rangle, \langle\psi|H|\psi\rangle \leq a$$

$$\textcircled{2} \quad \lambda_{\min}(H) \geq b \iff \forall |\psi\rangle, \langle\psi|H|\psi\rangle \geq b$$

## Two extensions of the notion of proofs

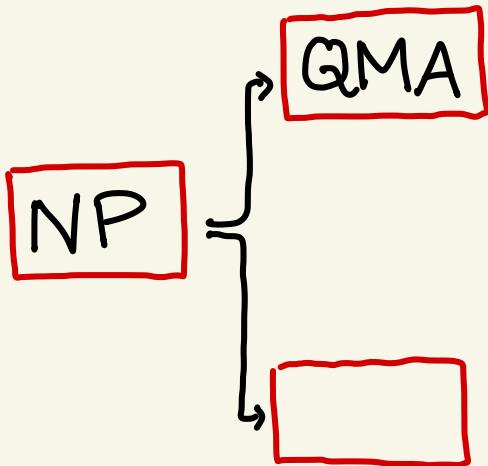
QMA-hard to decide for  $b-a = 1/\text{poly}(m)$ ,

- ①  $\lambda_{\min}(H) \leq a \iff \exists |\psi\rangle, \langle \psi | H | \psi \rangle \leq a$
- ②  $\lambda_{\min}(H) \geq b \iff \forall |\psi\rangle, \langle \psi | H | \psi \rangle \geq b$



## Two extensions of the notion of proofs

QMA-hard to decide for  $b-a = 1/\text{poly}(m)$ ,



- ①  $\lambda_{\min}(H) \leq a \iff \exists |\psi\rangle, \langle \psi | H | \psi \rangle \leq a$
- ②  $\lambda_{\min}(H) \geq b \iff \forall |\psi\rangle, \langle \psi | H | \psi \rangle \geq b$

$\Rightarrow$  groundstates of local Hamiltonians  
are a "canonical" form for all q. pfs.

## Two extensions of the notion of proofs

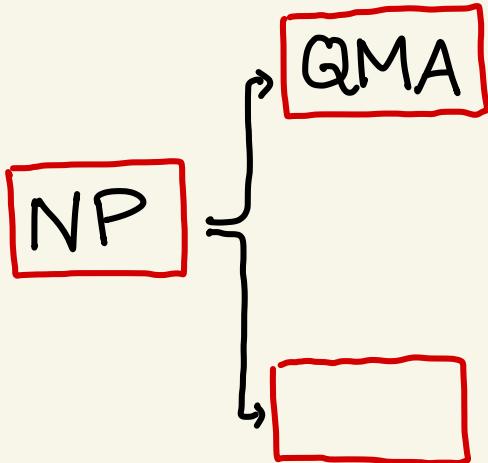
QMA-hard to decide for  $b-a = 1/\text{poly}(m)$ ,

$$\textcircled{1} \quad \lambda_{\min}(H) \leq a \iff \exists |\psi\rangle, \langle \psi | H | \psi \rangle \leq a$$

$$\textcircled{2} \quad \lambda_{\min}(H) \geq b \iff \forall |\psi\rangle, \langle \psi | H | \psi \rangle \geq b$$

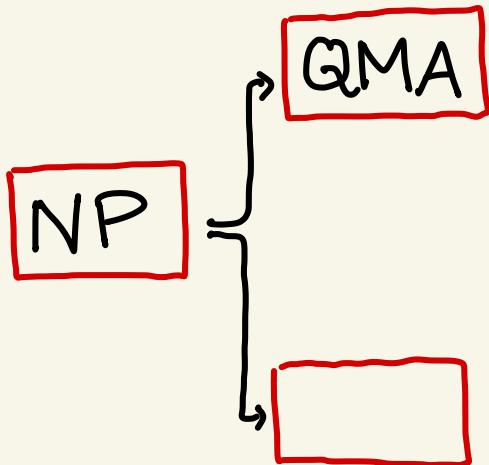
$\Rightarrow$  groundstates of local Hamiltonians  
are a "canonical" form for all q. pfs.

It's widely believed that  $\text{NP} \neq \text{QMA}$



## Two extensions of the notion of proofs

QMA-hard to decide for  $b-a = 1/\text{poly}(m)$ ,



$$\textcircled{1} \quad \lambda_{\min}(H) \leq a \iff \exists |\psi\rangle, \langle \psi | H | \psi \rangle \leq a$$

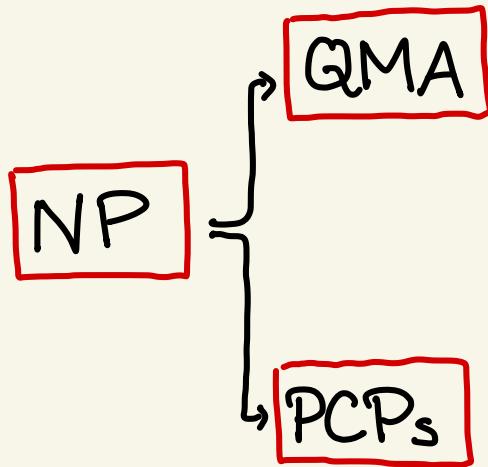
$$\textcircled{2} \quad \lambda_{\min}(H) \geq b \iff \forall |\psi\rangle, \langle \psi | H | \psi \rangle \geq b$$

$\Rightarrow$  groundstates of local Hamiltonians  
are a "canonical" form for all q. pfs.

It's widely believed that  $NP \neq QMA$

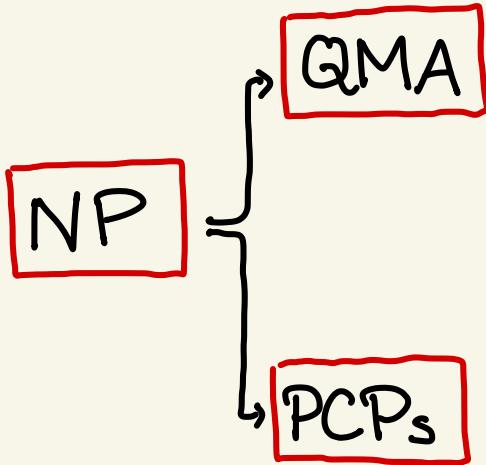
Therefore, not all groundstates of local Hamiltonians can  
be classically described (in an efficiently verifiable manner)

## Two extensions of the notion of proofs



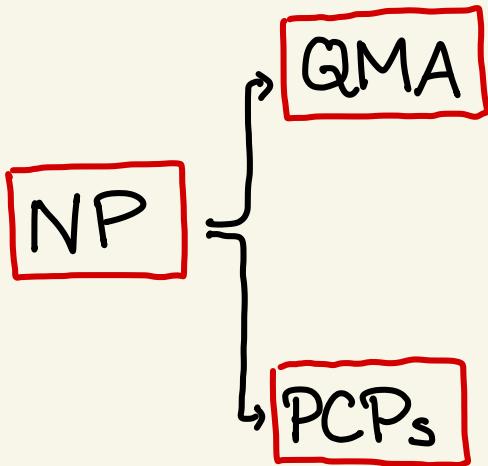
## Two extensions of the notion of proofs

we think of pfs as requiring step-by-step checking.



# Two extensions of the notion of proofs

we think of pf's as requiring step-by-step checking.

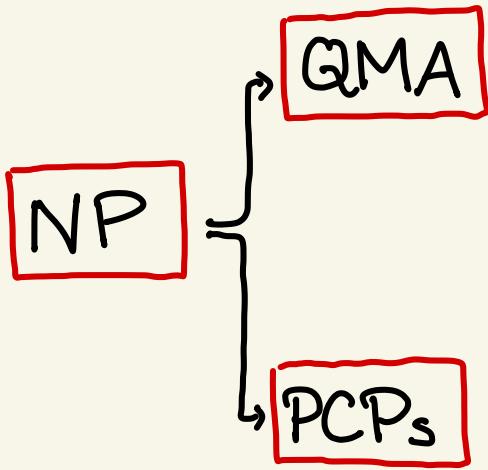


PCP theorem Every NP problem (i.e. every pf.) can be converted into a form s.t. only  $O(1)$  bits need to be read to be 99% confident in validity.

Aronov-Safra et al 98, Dinur

# Two extensions of the notion of proofs

we think of pf's as requiring step-by-step checking.



PCP theorem Every NP problem (i.e. every pf.) can be converted into a form s.t. only  $O(1)$  bits need to be read to be 99% confident in validity.

Aaron-Saphra et al '98, Dinur

NP-hard to decide if

$$[C(x) = \text{analog of } \langle \psi | H | \psi \rangle]$$

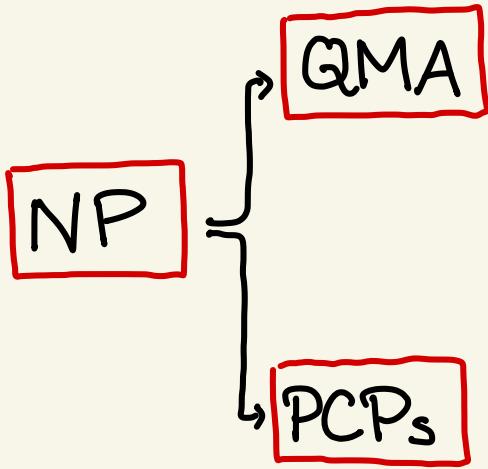
$$\textcircled{1} \exists x, C(x) = 0$$

$$\textcircled{2} \forall x, C(x) \geq \frac{m}{2} \quad (\text{prev. 1})$$

# Two extensions of the notion of proofs

we think of pfs as requiring step-by-step checking.

Arona-Safra et al 98, Dinur



PCP theorem Every NP problem (i.e. every pf.) can be converted into a form s.t. only  $O(1)$  bits need to be read to be 99% confident in validity.

NP-hard to decide if

$[C(x) = \text{analog of } \langle \psi | H | \psi \rangle]$

$$\textcircled{1} \exists x, C(x) = 0$$

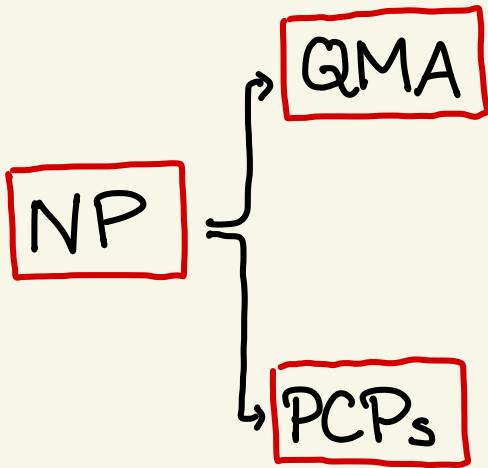
$$\textcircled{2} \forall x, C(x) \geq \frac{m}{2} \quad (\text{prev. 1})$$

Important consequence:

Noisy pfs suffice!

# Two extensions of the notion of proofs

we think of pfs as requiring step-by-step checking.



PCP theorem Every NP problem (i.e. every pf.) can be converted into a form s.t. only  $O(1)$  bits need to be read to be 99% confident in validity.

Aronov-Safra et al 98, Dinur

NP-hard to decide if

$$[C(x) = \text{analog of } \langle \psi | H | \psi \rangle]$$

$$\textcircled{1} \exists x, C(x) = 0$$

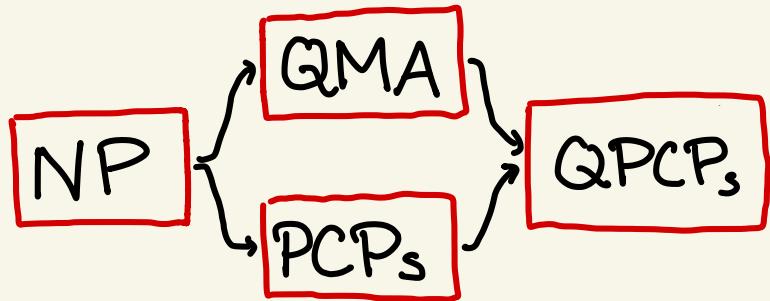
$$\textcircled{2} \forall x, C(x) \geq \frac{m}{2} \quad (\text{prev. 1})$$

Important consequence:

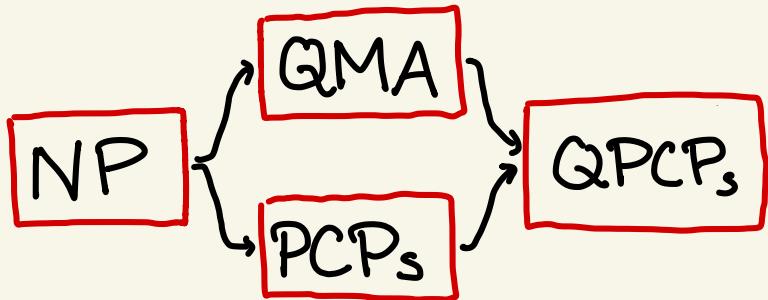
Noisy pfs suffice!

Any  $x$  s.t.  $C(x) < \frac{m}{4}$  can be prob. verified with  $O(1)$  queries.

# The Quantum Prob. Checkable PFs. Conjecture

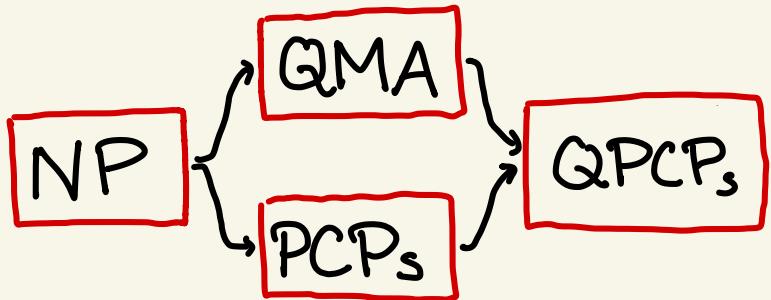


# The Quantum Prob. Checkable Pf. Conjecture



Conjecture: Every QMA problem (i.e. quantum pf!) can be converted into a form s.t. only  $O(1)$  qubits need to be measured

# The Quantum Prob. Checkable Pf. Conjecture

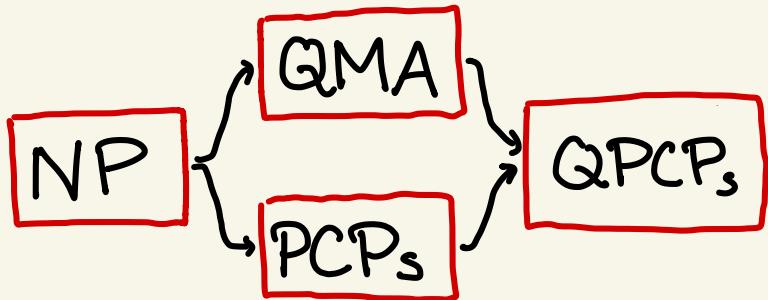


Conjecture: Every QMA problem (i.e. quantum pf!) can be converted into a form s.t. only  $O(1)$  qubits need to be measured

Conj. For  $\varepsilon > 0$ , it's QMA-hard to decide

- ①  $\exists |\Psi\rangle$  s.t.  $\langle \Psi | H | \Psi \rangle = 0$  (morally)
- ②  $\forall |\Psi\rangle$ ,  $\langle \Psi | H | \Psi \rangle \geq \varepsilon m$

# The Quantum Prob. Checkable Pf's. Conjecture



Conjecture: Every QMA problem (i.e. quantum pf!) can be converted into a form s.t. only  $O(1)$  qubits need to be measured

Conj. For  $\varepsilon > 0$ , it's QMA-hard to decide

①  $\exists |\Psi\rangle$  s.t.  $\langle \Psi | H | \Psi \rangle = 0$  (morally)

②  $\forall |\Psi\rangle$ ,  $\langle \Psi | H | \Psi \rangle \geq \varepsilon m$

Similar to PCP theorem, every state of energy  $\leq \frac{\varepsilon}{2}m$  is a valid pf. for a QPCP local Hamiltonians.

Set of pfs is much larger!

## An important consequence of QPCPs

- (A) (if  $\text{NP} \neq \text{QMA}$ ) quantum pfs. cannot be classically described (in any efficiently checkable manner)
- (B) low-energy states of QPCP local Hamiltonians are also valid pfs (since they are noisy pfs.)

## An important consequence of QPCPs

- (A) (if  $\text{NP} \neq \text{QMA}$ ) quantum pfs. cannot be classically described (in any efficiently checkable manner)
- (B) low-energy states of QPCP local Hamiltonians are also valid pfs (since they are noisy pfs.)

$\Rightarrow$  There exist local Hamiltonians with no succinct classical descriptions for any low-energy state

## An important consequence of QPCPs

- (A) (if  $\text{NP} \neq \text{QMA}$ ) quantum pfs. cannot be classically described (in any efficiently checkable manner)
- (B) low-energy states of QPCP local Hamiltonians are also valid pfs (since they are noisy pfs.)

$\Rightarrow$  There exist local Hamiltonians with no succinct classical descriptions for any low-energy state

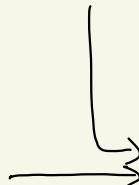
Constant depth q. circuit  
descriptions are classically  
checkable pfs for output state

# An important consequence of QPCPs

- (A) (if  $\text{NP} \neq \text{QMA}$ ) quantum pfs. cannot be classically described (in any efficiently checkable manner)
- (B) low-energy states of QPCP local Hamiltonians are also valid pfs (since they are noisy pfs.)

$\Rightarrow$  There exist local Hamiltonians with no succinct classical descriptions for any low-energy state

Constant depth q. circuit descriptions are classically checkable pfs for output state



No low energy trivial states There exist local Hams. s.t. no low-energy state is the output of a constant depth circuit.

[Freedman-Hastings '14]

No low energy trivial states There exist local Hams. s.t. no low-energy state is the output of a constant depth circuit.

[Freedman-Hastings '14]

No low energy trivial states There exist local Hams. s.t. no low-energy state is the output of a constant depth circuit.

[Freedman-Hastings 14]

- If it was false, then QPCP would have been trivially false.
- Makes a statement about physically realizable robust entanglement.

No low energy trivial states There exist local Hams. s.t. no low-energy state is the output of a constant depth circuit.

[Freedman-Hastings '14]

- If it was false, then QPCP would have been trivially false.
- Makes a statement about physically realizable robust entanglement.

Theorem [Anurag Anshu, Niko Breuckmann, & C.N. '22]

Local Hamiltonians corresponding to most\* linear-rate and -distance QLDPC error-correcting codes are NLTS Hamiltonians.

No low energy trivial states There exist local Hams. s.t. no low-energy state is the output of a constant depth circuit.

[Freedman-Hastings '14]

- If it was false, then QPCP would have been trivially false.
- Makes a statement about physically realizable robust entanglement.

Theorem [Anurag Anshu, Niko Breuckmann, & C.N. '22]

Local Hamiltonians corresponding to most\* linear-rate and -distance QLDPC error-correcting codes are NLTS Hamiltonians.

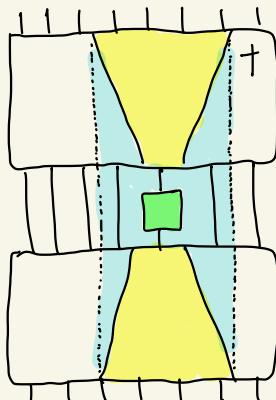
$\exists \epsilon > 0$ , and Hamiltonian family  $H$  s.t. every state  $\Psi$  of energy  $\leq \epsilon n$ , the minimum depth circuit to generate  $\Psi$  is  $\Omega(\log n)$ .

# Proof sketch of the NLTS theorem

①

Trivial states  $\Rightarrow$  Local Hamiltonians

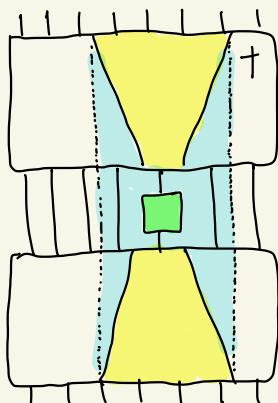
$\Rightarrow$  Circuit depth lower bounds



Lightcones for  
low depth circuits

# Proof sketch of the NLTS theorem

① Trivial states  $\Rightarrow$  Local Hamiltonians  
 $\Rightarrow$  Circuit depth lower bounds



Lightcones for  
low depth circuits

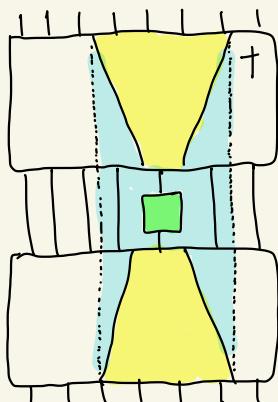
Error Correction Codes (ECC)

②

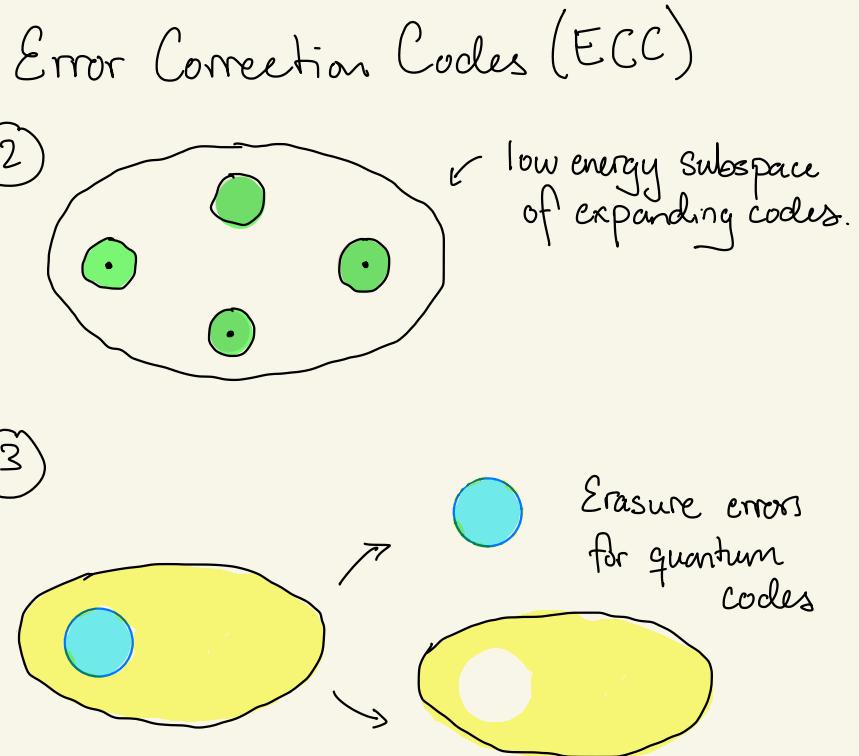
low energy subspace  
of expanding codes.

# Proof sketch of the NLTS theorem

- ① Trivial states  $\Rightarrow$  Local Hamiltonians  
 $\Rightarrow$  Circuit depth lower bounds

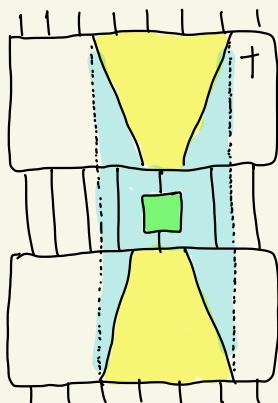


Lightcones for  
low depth circuits

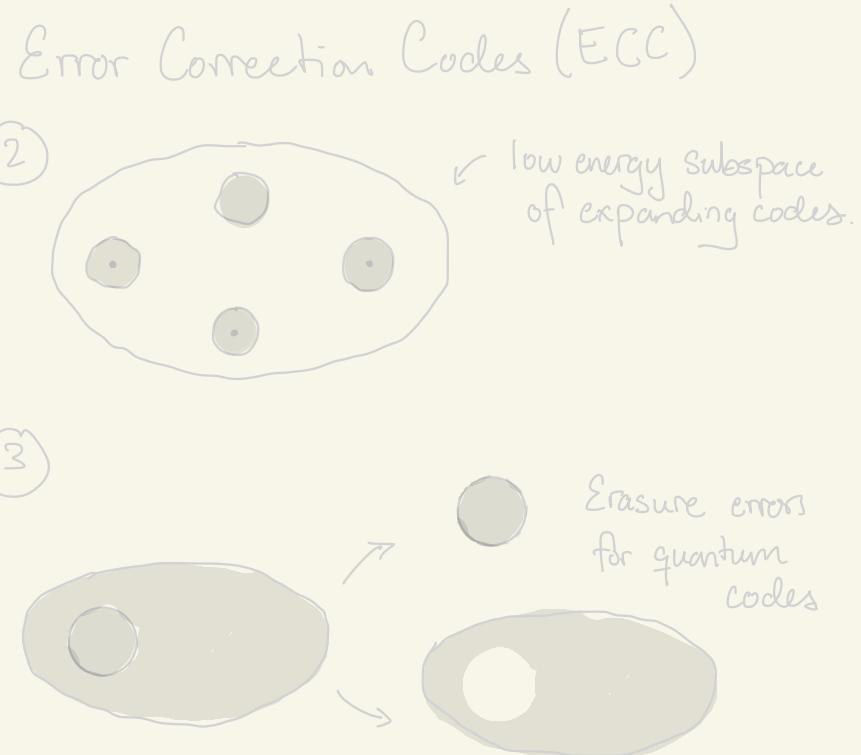


# Proof sketch of the NLTS theorem

- ① Trivial states  $\Rightarrow$  Local Hamiltonians  
 $\Rightarrow$  Circuit depth lower bounds



Lightcones for  
low depth circuits



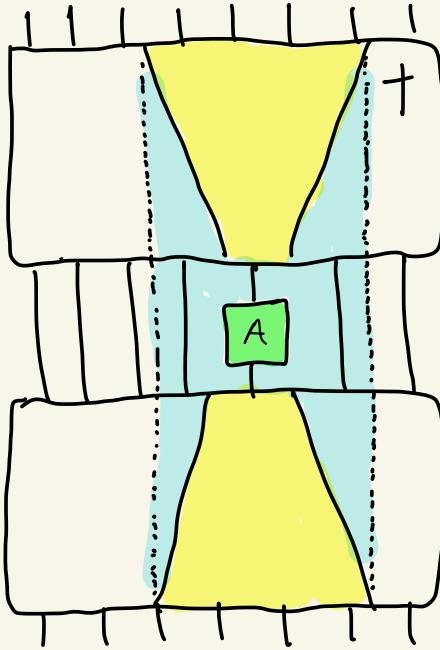
Lightcones and quantum circuits

# Lightcones and quantum circuits

Low-depth states are  
classical witnesses for energy

## Lightcones and quantum circuits

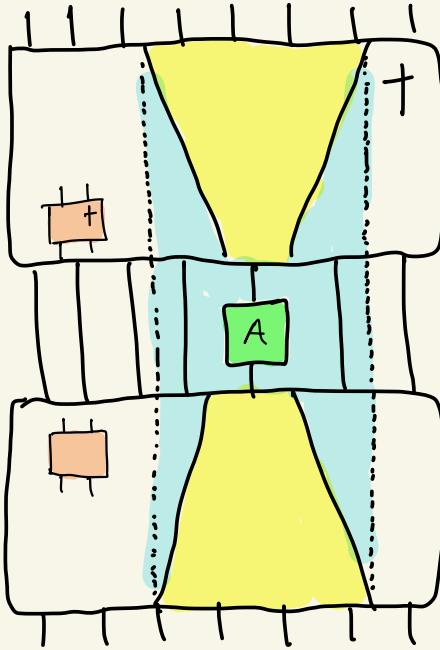
If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.



Low-depth states are  
classical witnesses for energy

## Lightcones and quantum circuits

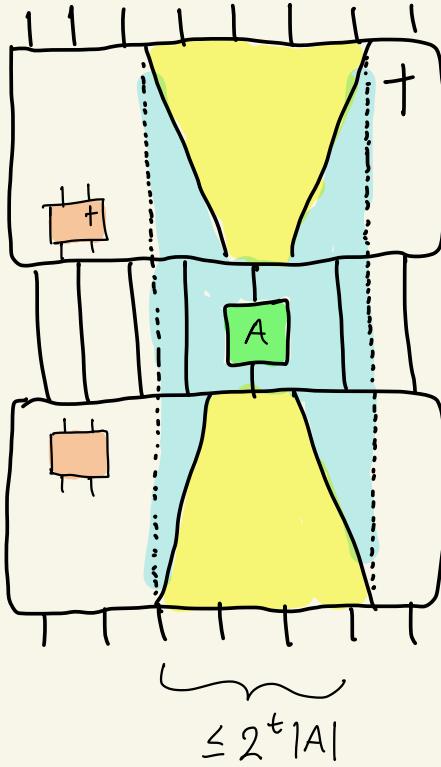
If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.



Low-depth states are  
classical witnesses for energy

## Lightcones and quantum circuits

If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.



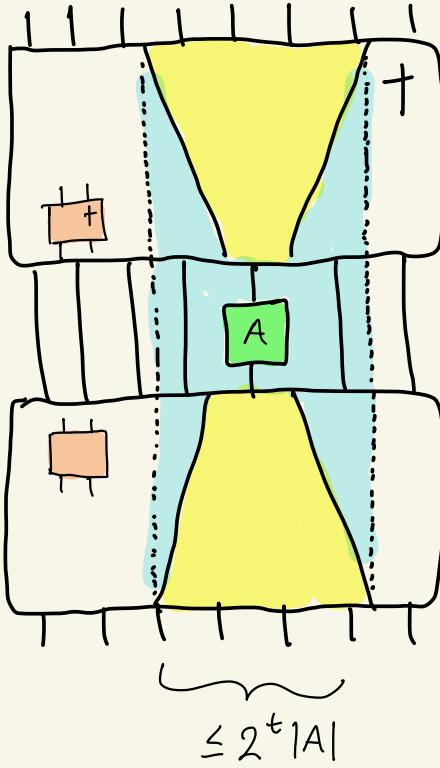
Low-depth states are  
classical witnesses for energy

## Lightcones and quantum circuits

If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.

Given a local Hamiltonian  $H = \sum_i^m h_i$  and a state  $|\psi\rangle = \mathcal{U}|0^n\rangle$ , we can evaluate  $\langle\psi|H|\psi\rangle$  in classical time  $2^{2^t} \cdot \text{poly}(n) = \text{poly}(n)$  when  $t = O(1)$ .

Low-depth states are  
classical witnesses for energy

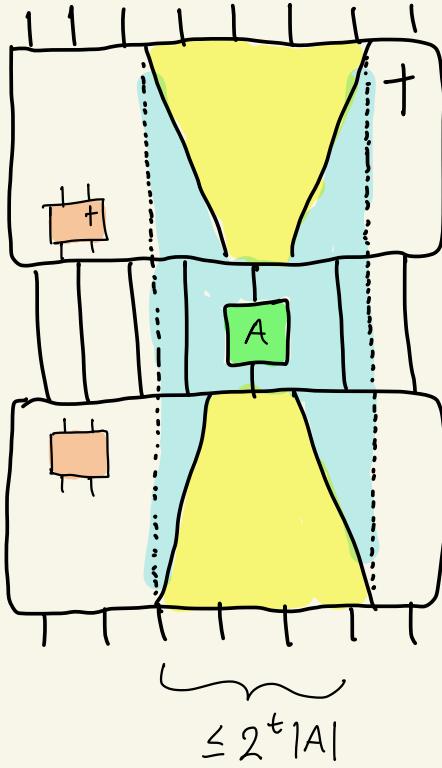


# Lightcones and quantum circuits

If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.

Given a local Hamiltonian  $H = \sum_i^m h_i$  and a state  $| \Psi \rangle = \mathcal{U}|0^n\rangle$ , we can evaluate  $\langle \Psi | H | \Psi \rangle$  in classical time  $2^{2^t} \cdot \text{poly}(n) = \text{poly}(n)$  when  $t = O(1)$ .

$$\begin{aligned}\langle \Psi | H | \Psi \rangle &= \sum_i^m \langle \Psi | h_i | \Psi \rangle \\ &= \sum_i^m \langle 0^n | \mathcal{U}^\dagger h_i \mathcal{U} | 0^n \rangle\end{aligned}$$



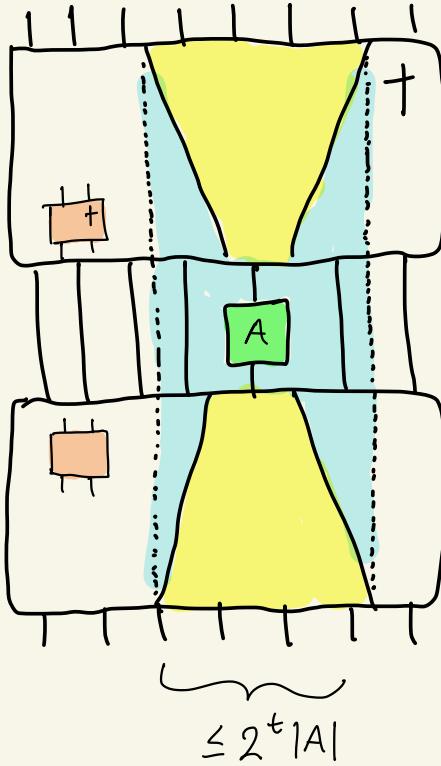
# Lightcones and quantum circuits

If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.

Given a local Hamiltonian  $H = \sum_i^m h_i$  and a state  $|0^n\rangle = \mathcal{U}|0^n\rangle$ , we can evaluate  $\langle \psi | H | \psi \rangle$  in classical time  $2^{2t} \cdot \text{poly}(n) = \text{poly}(n)$  when  $t = O(1)$ .

$$\begin{aligned}\langle \psi | H | \psi \rangle &= \sum_i^m \langle \psi | h_i | \psi \rangle \\ &= \sum_i^m \underbrace{\langle 0^n | \mathcal{U}^\dagger h_i \mathcal{U} | 0^n \rangle}_{\leq 2^t |A|}\end{aligned}$$

Computation on  $O(2^t)$  qubits



$$\leq 2^t |A|$$

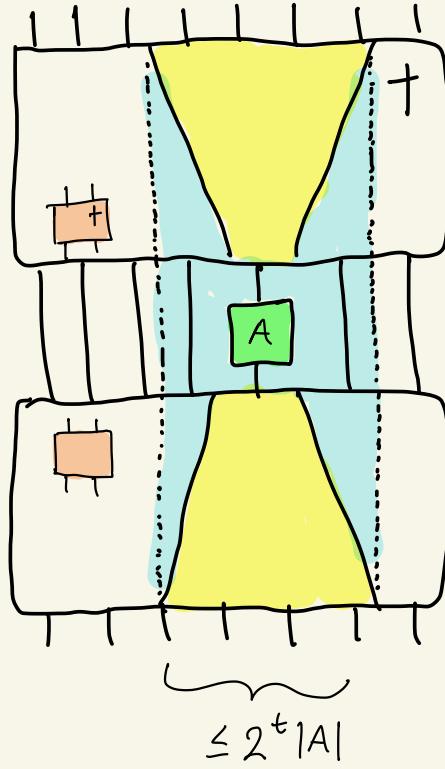
# Lightcones and quantum circuits

If  $A$  is a local operator and  $\mathcal{U}$  is a q. circuit of depth  $t$ , then  $\mathcal{U}^\dagger A \mathcal{U}$  is a  $\leq 2^t \cdot |A|$  local operator.

Given a local Hamiltonian  $H = \sum_i^m h_i$  and a state  $|0^n\rangle = \mathcal{U}|0^n\rangle$ , we can evaluate  $\langle \psi | H | \psi \rangle$  in classical time  $2^{2t} \cdot \text{poly}(n) = \text{poly}(n)$  when  $t = O(1)$ .

$$\begin{aligned}\langle \psi | H | \psi \rangle &= \sum_i^m \langle \psi | h_i | \psi \rangle \\ &= \sum_i^m \underbrace{\langle 0^n | \mathcal{U}^\dagger h_i \mathcal{U} | 0^n \rangle}_{\text{Computation on } O(2^t) \text{ qubits}}\end{aligned}$$

Low-depth states are  
classical witnesses for energy



## Trivial states $\Rightarrow$ Local Hamiltonians

The state  $|0^n\rangle$  is the unique solution to a very simple local Hamiltonian.

## Trivial states $\Rightarrow$ Local Hamiltonians

The state  $|0^n\rangle$  is the unique solution to a very simple local Hamiltonian.

$$H_0 = \sum_{i=1}^{n'} |1\rangle\langle 1|_i \leftarrow \text{qubit-wise projectors enforcing qubits equal } |0\rangle.$$

## Trivial states $\Rightarrow$ Local Hamiltonians

The state  $|0^n\rangle$  is the unique solution to a very simple local Hamiltonian.

$$H_0 = \sum_{i=1}^{n'} |1\rangle\langle 1|_i \leftarrow \text{qubit-wise projectors enforcing qubits equal } |0\rangle.$$

$H_0$  is commuting and has a spectrum of  $0, 1, 2, \dots, n'$ , with eigenvectors  $|x\rangle$  of eigenvalue  $|x|$ .

## Trivial states $\Rightarrow$ Local Hamiltonians

The state  $|0^n\rangle$  is the unique solution to a very simple local Hamiltonian.

$$H_0 = \sum_{i=1}^{n'} |1\rangle\langle 1|_i \leftarrow \text{qubit-wise projectors enforcing qubits equal } |0\rangle.$$

$H_0$  is commuting and has a spectrum of  $0, 1, 2, \dots, n'$ , with eigenvectors  $|x\rangle$  of

Let  $H_U = U^\dagger H_0 U$  for depth  $t$  circuit  $U$ . eigenvalue  $|x|$ .

## Trivial states $\Rightarrow$ Local Hamiltonians

The state  $|0^n\rangle$  is the unique solution to a very simple local Hamiltonian.

$$H_0 = \sum_{i=1}^{n'} |1\rangle\langle 1|_i \leftarrow \text{qubit-wise projectors enforcing qubits equal } |0\rangle.$$

$H_0$  is commuting and has a spectrum of  $0, 1, 2, \dots, n'$ , with eigenvectors  $|x\rangle$  of

Let  $H_U = U^\dagger H_0 U$  for depth  $t$  circuit  $U$ . eigenvalue  $|x\rangle$ .

$H_U$  is commuting and has a spectrum of  $0, 1, 2, \dots, n'$ , with eigenvectors  $U|x\rangle$  of eigenvalue  $|x\rangle$ .

And  $H_U$  is a  $2^t$ -local Hamiltonian.

## Local indistinguishability

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

## Local indistinguishability

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

Ex. The states  $|\text{cat}_\pm\rangle = \frac{|0^n\rangle \pm |1^n\rangle}{\sqrt{2}}$

are  $(n-1)$  locally indistinguishable.

## Local indistinguishability

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

Ex. The states  $|\begin{array}{c} \text{cat} \\ \pm \end{array}\rangle = \frac{|0^n\rangle \pm |1^n\rangle}{\sqrt{2}}$

are  $(n-1)$  locally indistinguishable.

Any strict reduced density matrix equals

$$\left(\begin{array}{c} \text{cat} \\ \pm \end{array}\right)_{-S} = \frac{|0\rangle\langle 0|^{n-|S|} + |1\rangle\langle 1|^{n-|S|}}{2}.$$

## Local indistinguishability

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}$$

## Local indistinguishability $\Rightarrow$ Ckt \ depth \ lower \ bounds

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

## Local indistinguishability $\Rightarrow$ Ckt \ depth \ lower \ bounds

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

Lemma If  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\Psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow \boxed{t \geq \log d}$ .

## Local indistinguishability $\Rightarrow$ Ckt \ depth \ lower \ bounds

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

Lemma If  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\Psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow \boxed{t \geq \log d}$ .

Pf.  $\langle \Psi' | H_U | \Psi' \rangle = \sum_i \langle \Psi' | h_i | \Psi' \rangle$  since  $H_U$  is  $2^t$ -local  
 $= \sum_i \langle \Psi | h_i | \Psi \rangle$  and are  $d > 2^t$  locally indistinguishable

## Local indistinguishability $\Rightarrow$ Ckt \ depth \ lower \ bounds

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

Lemma If  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\Psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow \boxed{t \geq \log d}$ .

Pf.  $\langle \Psi' | H_U | \Psi' \rangle = \sum_i \langle \Psi' | h_i | \Psi' \rangle$  since  $H_U$  is  $2^t$ -local  
and are  $d > 2^t$  locally indistinguishable

$$= \sum_i \langle \Psi | h_i | \Psi \rangle = \langle \Psi | H | \Psi \rangle = 0$$

## Local indistinguishability $\Rightarrow$ Ckt \ depth \ lower \ bounds

Two states  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable if for every region  $S$  of size  $\leq d$ ,

$$\boxed{\Psi_{-S} = \Psi'_{-S}}.$$

Lemma If  $|\Psi\rangle$  and  $|\Psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\Psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow \boxed{t \geq \log d}$ .

Pf.  $\langle \Psi' | H_U | \Psi' \rangle = \sum_i \langle \Psi' | h_i | \Psi' \rangle$  since  $H_U$  is  $2^t$ -local  
and are  $d > 2^t$  locally indistinguishable  
 $= \sum_i \langle \Psi | h_i | \Psi \rangle = \langle \Psi | H | \Psi \rangle = 0$

But groundstate  $|\Psi\rangle$  is unique!  $\Rightarrow |\Psi\rangle = |\Psi'\rangle$ , a contradiction!

## Local indistinguishability

Lemma If  $|\psi\rangle$  and  $|\psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\psi\rangle = \mathcal{U}|0^n\rangle$  for  $\mathcal{U}$  of depth  $t$ , then  $2^t \geq d$ .  $\Rightarrow$   $t \geq \log d$ .

## Local indistinguishability

Lemma If  $|\psi\rangle$  and  $|\psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow t \geq \log d$ .

Since, spectral gap of  $H_u$  is 1, this argument is only robust to perturbations of  $O(\frac{1}{n})$ .

## Local indistinguishability

Lemma If  $|\psi\rangle$  and  $|\psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow t \geq \log d$ .

Since, spectral gap of  $H_u$  is 1, this argument is only robust to perturbations of  $O(\frac{1}{n})$ .

Using mathematics from Chebyshev polynomials, we can make l.b. robust.

## Local indistinguishability

Lemma If  $|\psi\rangle$  and  $|\psi'\rangle$  are  $d$ -locally indistinguishable, then if  $|\psi\rangle = U|0^n\rangle$  for  $U$  of depth  $t$ , then  $2^t \geq d \Rightarrow t \geq \log d$ .

Since, spectral gap of  $H_u$  is 1, this argument is only robust to perturbations of  $O(\frac{1}{n})$ .

Using mathematics from Chebyshev polynomials, we can make l.b. robust.

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$  is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .

## Local indistinguishability

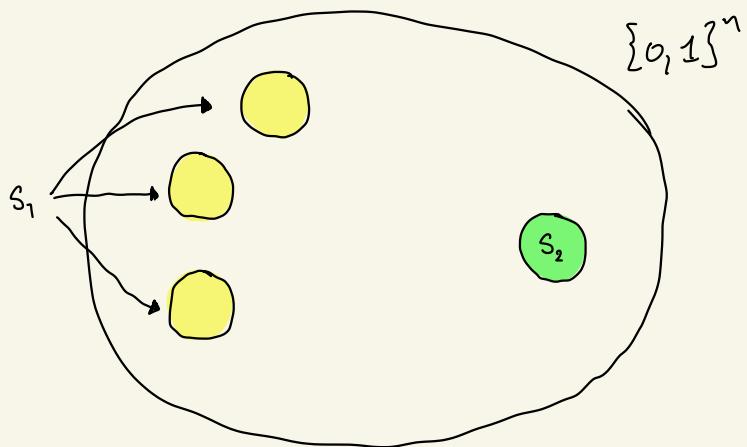
Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$

is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .

## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$

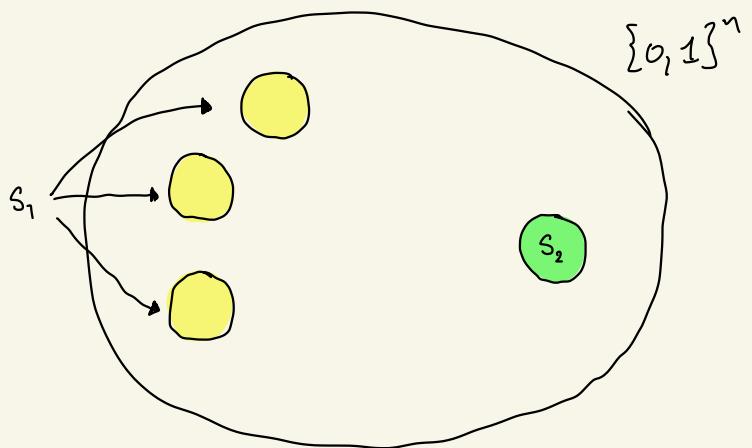
is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .



## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$

is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .

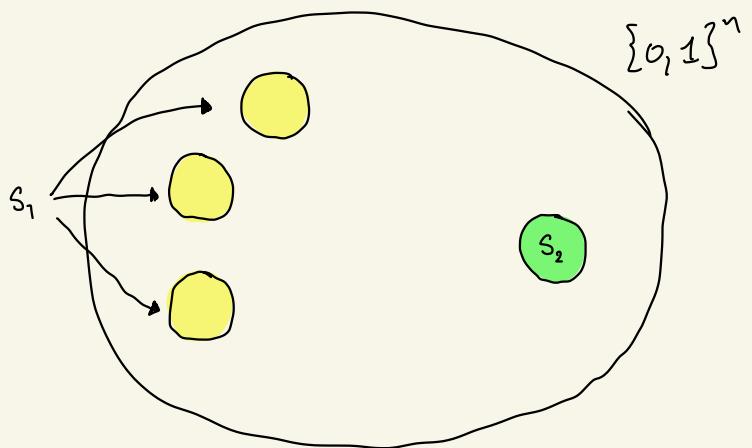


Pf sketch. Let  $|\Psi\rangle$  generate  $p$ .

## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$

is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .

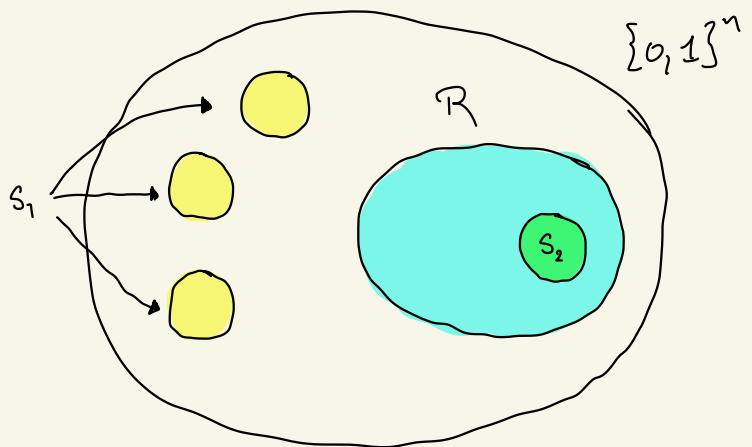


Pf sketch. Let  $|\Psi\rangle$  generate  $p$ .  
Then  $\exists$  region  $R$  s.t.

## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$

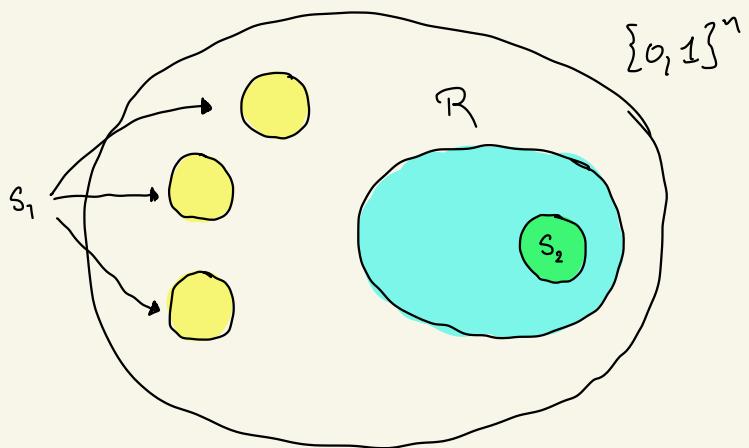
is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .



Pf sketch. Let  $|\Psi\rangle$  generate  $p$ . Then  $\exists$  region  $R$  s.t.

## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$  is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .



Pf sketch. Let  $|\Psi\rangle$  generate  $p$ . Then  $\exists$  region  $R$  s.t.  $|\Psi'\rangle = \text{"flip sign of } |\Psi\rangle \text{ on } R"$  and  $|\Psi\rangle$  and  $|\Psi'\rangle$  are approx. locally indistinguishable.

## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$

is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .

## Local indistinguishability

Theorem Let  $S_1, S_2 \subset \{0,1\}^n$  be sets and  $p(\cdot)$  a prob. dist. on  $\{0,1\}^n$ . If  $p(S_1), p(S_2) \geq \mu$ , then minimum q. ckt. depth to generate  $p$  is  $\Omega\left(\log\left(\frac{\text{dist}(S_1, S_2)^2 \cdot \mu}{n}\right)\right)$ .

When  $\text{dist}(S_1, S_2) \geq \omega(\sqrt{n})$  and  $\mu = \Omega(1)$ ,

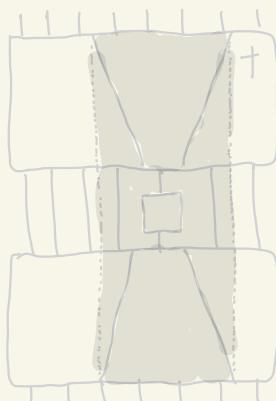
we call such distributions well spread. To prove NLTS, we need to show  $\exists$  a local Hamiltonians whose entire low-energy subspace induces well-spread distributions.

## Expanding codes & Tanner codes

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

# Proof sketch of the NLTS theorem

① Trivial states  $\Rightarrow$  Local Hamiltonians  
 $\Rightarrow$  Circuit depth lower bounds

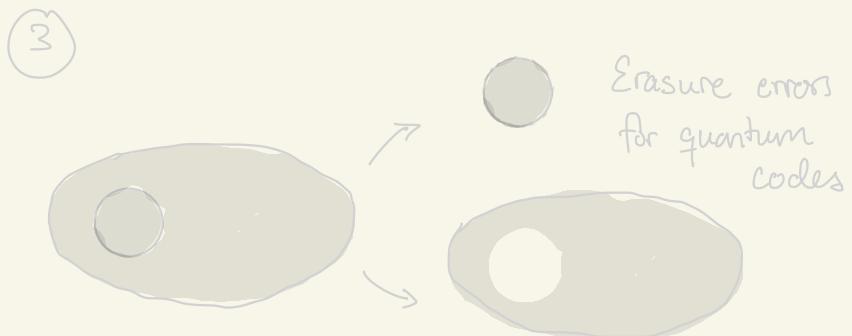


Lightcones for  
low depth circuits

Error Correction Codes (ECC)

②

low energy subspace  
of expanding codes.



## Expanding codes & Tanner codes

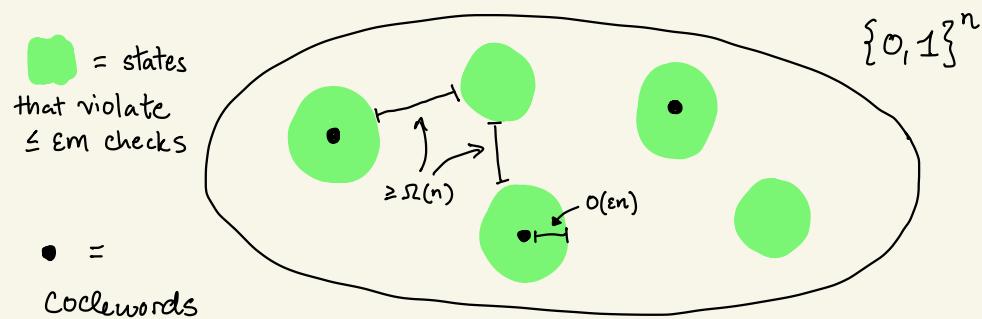
$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$



## Expanding codes & Tanner codes

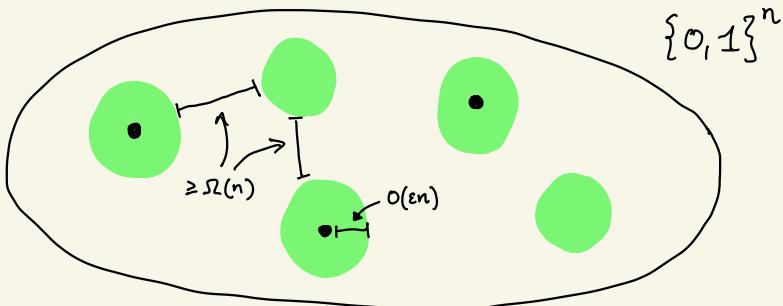
$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

The low-energy space of  
a code is a great support  
for a distribution that  
we hope to prove is  
well-spread.

 = states  
that violate  
 $\leq \epsilon m$  checks

• =  
codewords

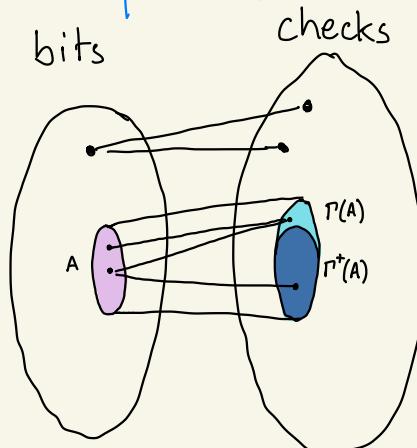


## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph corresponding to  $H$ .



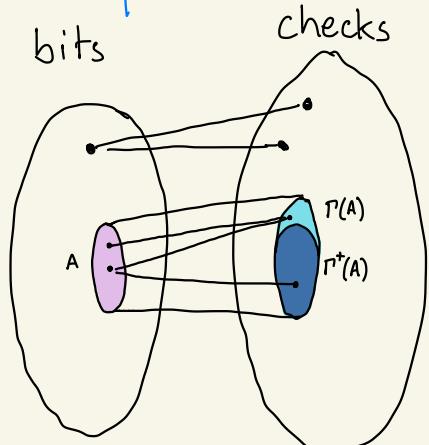
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

corresponding to  $H$ .



If the graph is small-set expanding,  $\Gamma(A) \geq (1 - \gamma)d|A|$  for all  $|A| \leq c_2 n$ , then the low-energy subspace of the code clusters into far-apart regions.

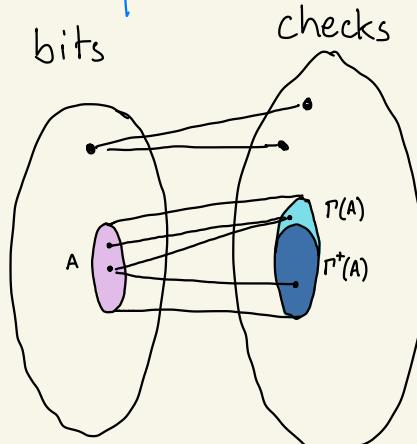
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

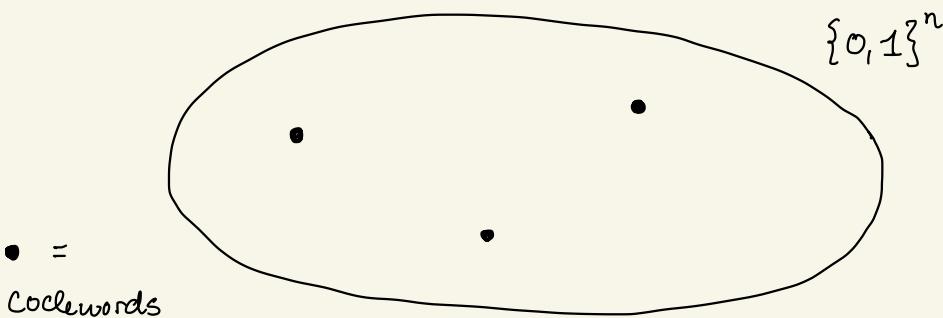
A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

corresponding to  $H$ .



If the graph is small-set expanding,  $\Gamma(A) \geq (1 - \gamma)d|A|$  for all  $|A| \leq c_2 n$ , then the low-energy subspace of the code clusters into far-apart regions.



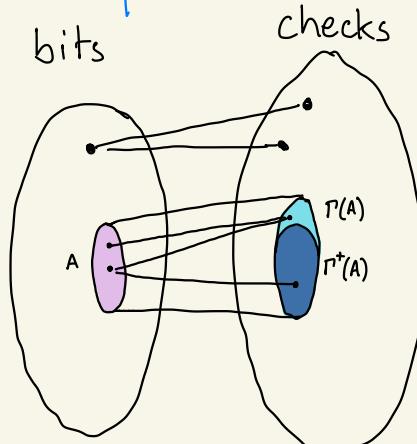
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

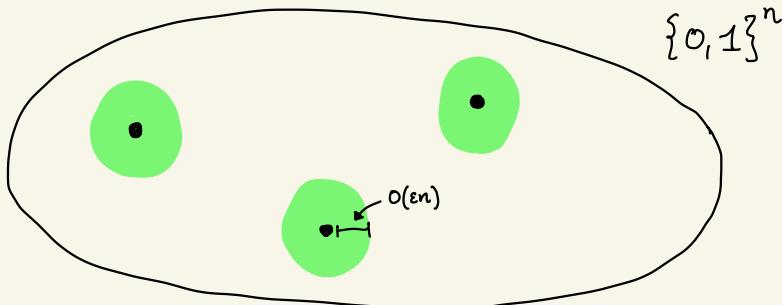
corresponding to  $H$ .



If the graph is small-set expanding,  $\Gamma(A) \geq (1 - \gamma)d|A|$  for all  $|A| \leq c_2 n$ , then the low-energy subspace of the code clusters into far-apart regions.

= states  
that violate  
 $\leq \epsilon m$  checks

• =  
codewords



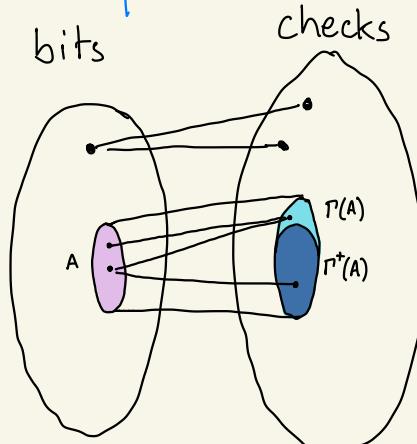
# Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

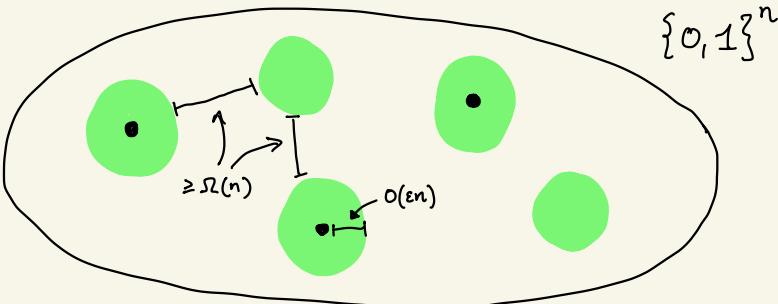
corresponding to  $H$ .



If the graph is small-set expanding,  $\Gamma(A) \geq (1 - \gamma)d|A|$  for all  $|A| \leq c_2 n$ , then the low-energy subspace of the code clusters into far-apart regions.

= states  
that violate  
 $\leq \epsilon m$  checks

=  
codewords



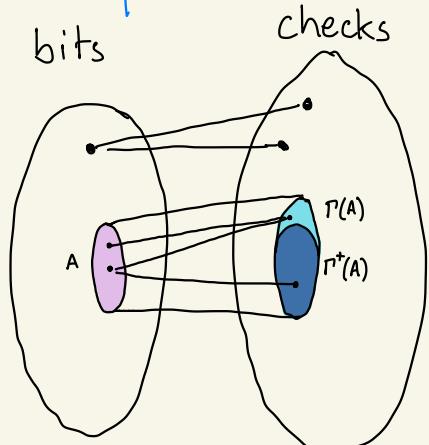
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

corresponding to  $H$ .



If the graph is small-set expanding,  $\Gamma(A) \geq (1 - \gamma)d|A|$  for all  $|A| \leq c_2 n$ , then the low-energy subspace of the code clusters into far-apart regions.

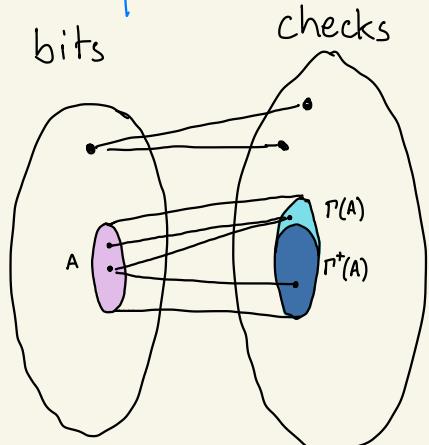
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

corresponding to  $H$ .



If the graph is small-set expanding,  $\Gamma(A) \geq (1 - \gamma)d|A|$  for all  $|A| \leq c_2 n$ , then the low-energy subspace of the code clusters into far-apart regions.

For all  $y \in \{0,1\}^n$  s.t.  $|Hy| \leq \epsilon m$ , then either  
①  $|y| \leq c_1 \cdot \epsilon n$  or ②  $|y| \geq c_2 n$

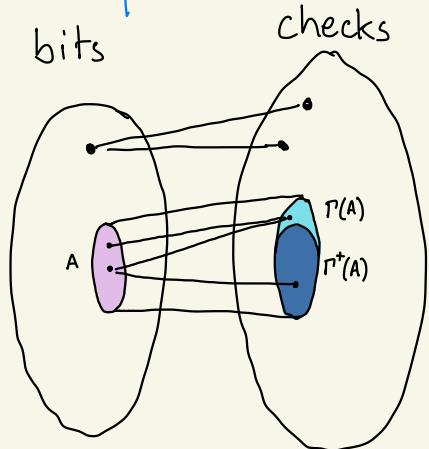
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

corresponding to  $H$ .



$\gamma$ -expanding

For all  $y \in \{0,1\}^n$  s.t.  $|Hy| \leq \varepsilon m$ , then either

- ①  $|y| \leq c_1 \cdot \varepsilon n$  or ②  $|y| \geq c_2 n$

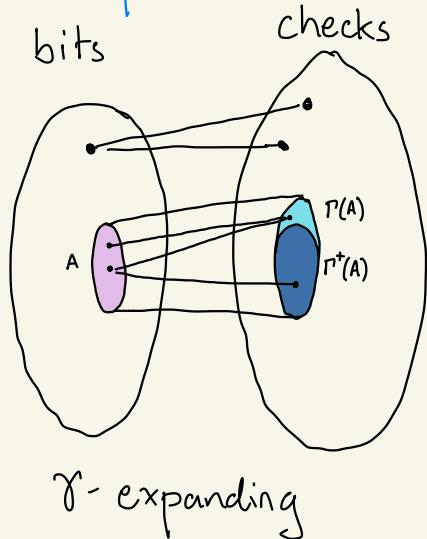
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

We can draw the adjacency graph

corresponding to  $H$ .



For all  $y \in \{0,1\}^n$  s.t.  $|Hy| \leq \epsilon m$ , then either

- ①  $|y| \leq c_1 \cdot \epsilon n$  or ②  $|y| \geq c_2 n$

Pf sketch:  $A = \text{supp}(y)$ .  $P^+(A)$  = unique neighbors of  $|A|$ .

$|P^+(A)| \geq (1 - 2\gamma)d|A|$ . Every check in  $P^+(A)$

will flag. So  $|Hy| \geq (1 - 2\gamma)d|y|$  unless  
 $|y| \geq c_2 n$ .

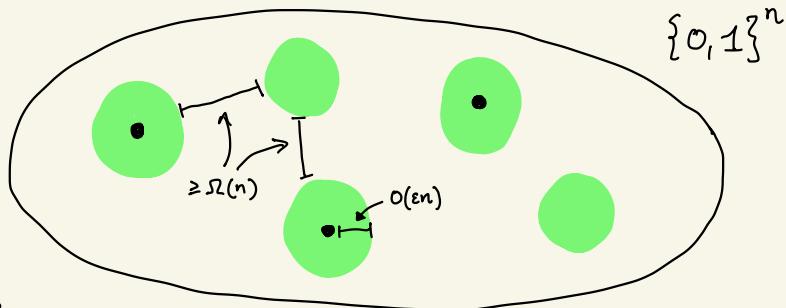
## Expanding codes & Tanner codes

$$\begin{pmatrix} H \end{pmatrix} \begin{pmatrix} x \end{pmatrix} = \begin{pmatrix} 0 \end{pmatrix}$$

A linear code  $\subseteq \{0,1\}^n$  can be expressed as  $\text{Ker } H$  for  $H \in \mathbb{F}_2^{m \times n}$

The low-energy space of a code is a great support for a distribution that we hope to prove is well-spread.

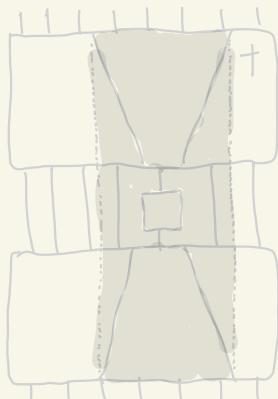
 = states that violate  $\leq \epsilon m$  checks  
• = codewords



Only question is how to construct Hamiltonian with such property?

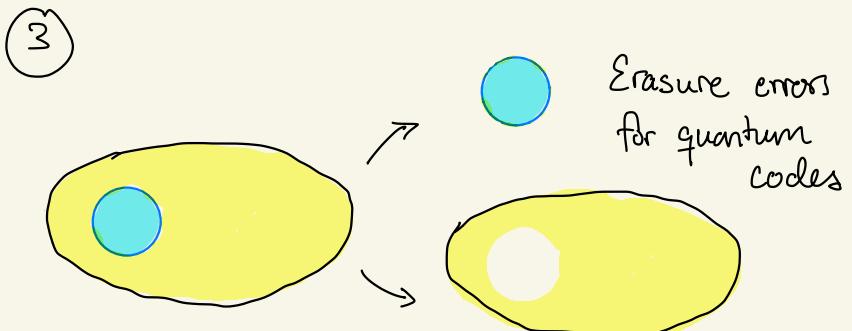
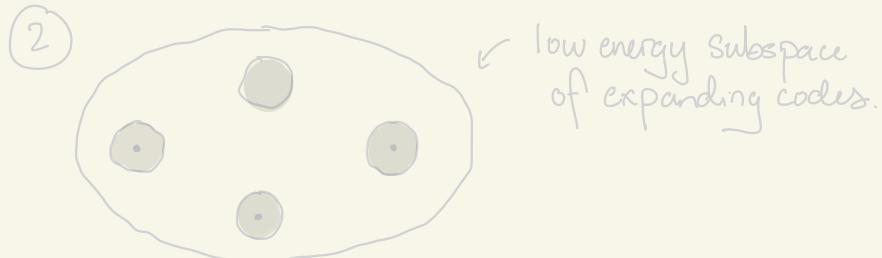
# Proof sketch of the NLTS theorem

① Trivial states  $\Rightarrow$  Local Hamiltonians  
 $\Rightarrow$  Circuit depth lower bounds

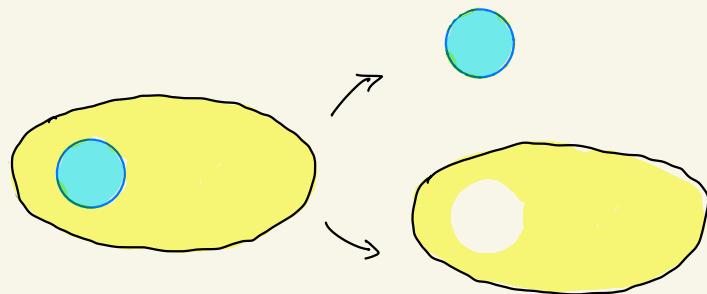


Lightcones for  
low depth circuits

Error Correction Codes (ECC)

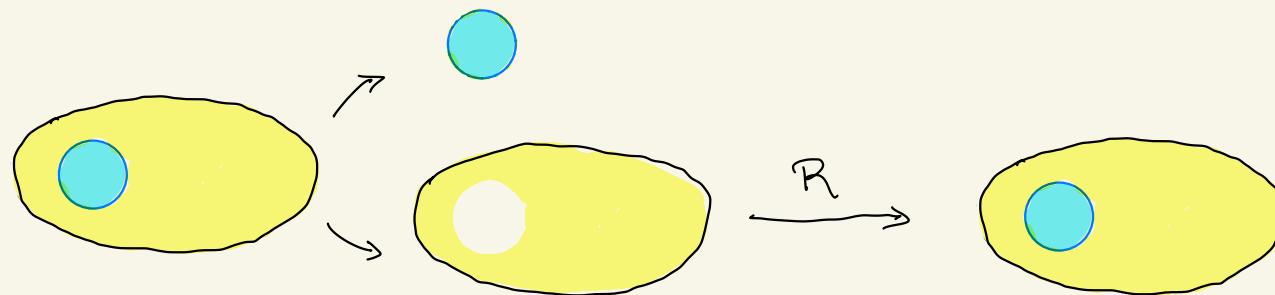


# Quantum error correcting codes



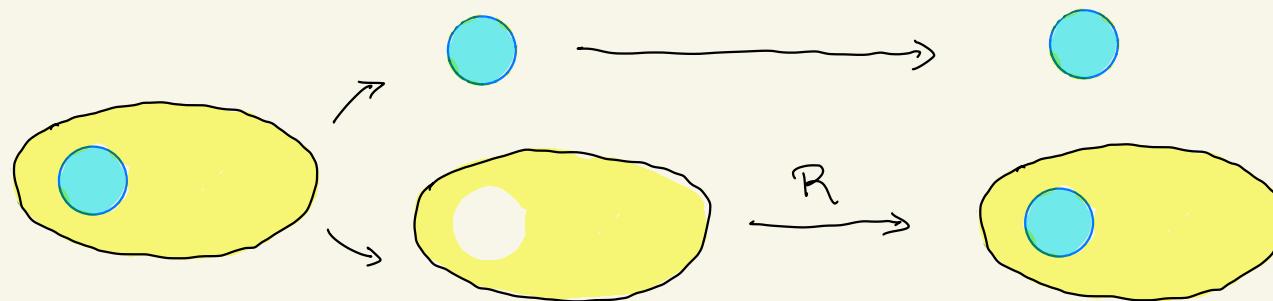
Consider a state subject to  
an erasure error.

# Quantum error correcting codes



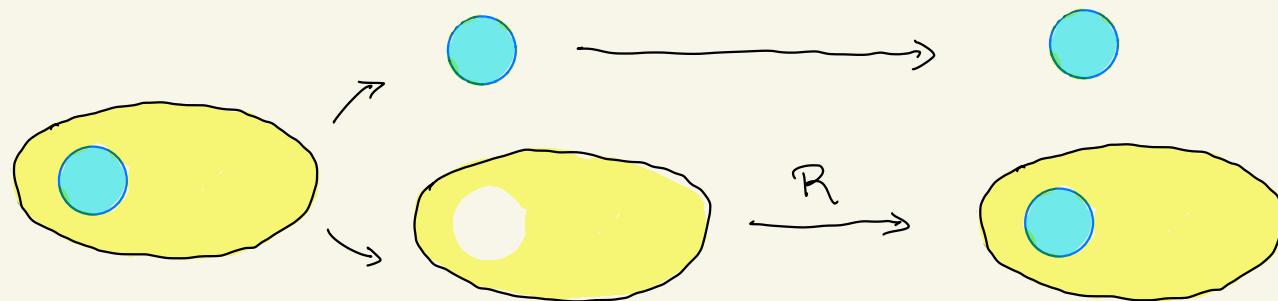
Consider a state subject to  
an erasure error.

# Quantum error correcting codes



Consider a state subject to  
an erasure error.

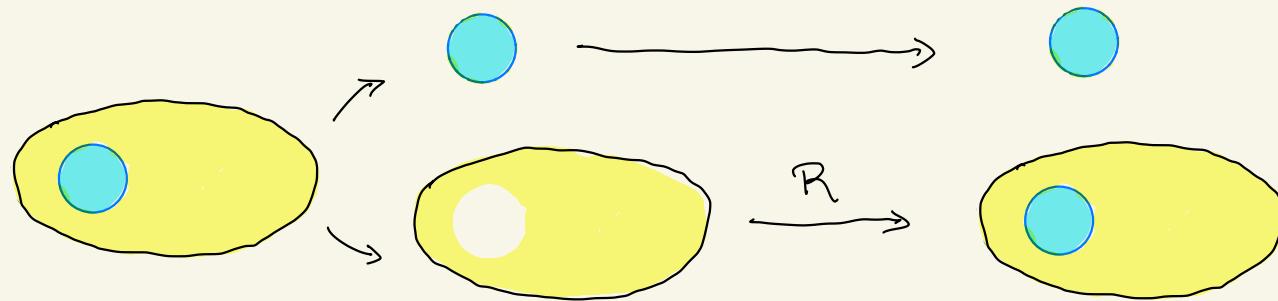
# Quantum error correcting codes



Consider a state subject to  
an erasure error.

If we could recover the original state  
then unless  contains no  
information about the original state,  
this violates the no-cloning theorem.

# Quantum error correcting codes



Consider a state subject to  
an erasure error.

Erasure error-correction  
implies local indistinguishability  
for codes.

If we could recover the original state  
then unless  contains no  
information about the original state,  
this violates the no-cloning theorem.

# Quantum error correcting codes

Erasure error-correction

implies local indistinguishability  
for codes.

# Quantum error correcting codes

Erasure error-correction  
implies local indistinguishability  
for codes.

Exact codewords of codes of distance  $d$   
require circuits of depth  $\geq \Omega(\log d)$   
to generate.

# Quantum error correcting codes

Erasure error-correction  
implies local indistinguishability  
for codes.

Exact codewords of codes of distance  $d$   
require circuits of depth  $\geq \Omega(\log d)$   
to generate.

Error-correcting codes that are LDPC  
naturally have a local Hamiltonian,  
one that applies every local check.

# Quantum error correcting codes

Erasure error-correction  
implies local indistinguishability  
for codes.

Exact codewords of codes of distance  $d$   
require circuits of depth  $\geq \Omega(\log d)$   
to generate.

Error-correcting codes that are LDPC  
naturally have a local Hamiltonian,  
one that applies every local check.

How do we prove circuit  
depth lower bounds for the low-  
energy subspace of these  
code Hamiltonians?

## Optimal-parameter CSS codes

There is a class of q. codes called Calderbank-Shor-Steane codes that correct for X-type (bit-flip) and Z-type (phase-flip) errors separately.

## Optimal-parameter CSS codes

There is a class of q. codes called Calderbank-Shor-Steane codes that correct for X-type (bit-flip) and Z-type (phase-flip) errors separately.

They are constructed from two classical codes  $C_x, C_z$  (w. check-matrix  $H_x, H_z$ )  
s.t.  $C_x^\perp \subseteq C_z$  (equiv.  $C_z^\perp \subseteq C_x$ ).

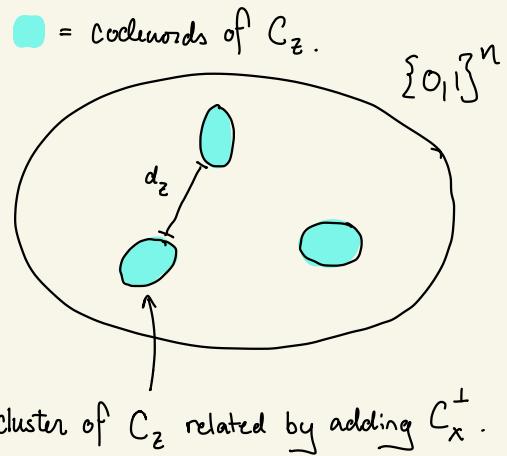
## Optimal-parameter CSS codes

There is a class of q. codes called Calderbank-Shor-Steane codes that correct for X-type (bit-flip) and Z-type (phase-flip) errors separately.

They are constructed from two classical codes  $C_x, C_z$  (w. check-matrix  $H_x, H_z$ )  
s.t.  $C_x^\perp \subseteq C_z$  (equiv.  $C_z^\perp \subseteq C_x$ ).

$$d_z = \min_{w \in C_z} |w|_{C_x^\perp}, \quad d_x = \min_{w \in C_x} |w|_{C_z^\perp}$$

$$\text{where } |w|_S = \min_{w' \in S} |w + w'|.$$



## Optimal-parameter CSS codes

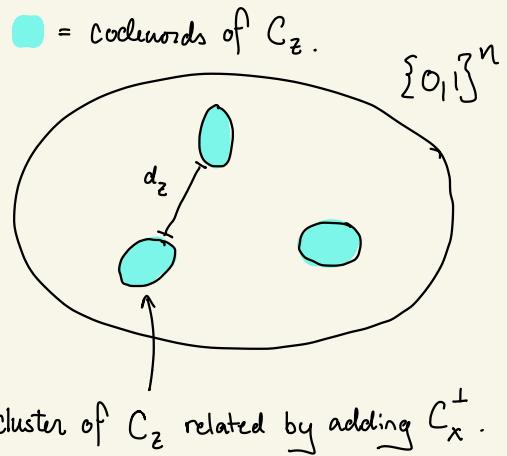
There is a class of q. codes called Calderbank-Shor-Steane codes that correct for X-type (bit-flip) and Z-type (phase-flip) errors separately.

They are constructed from two classical codes  $C_x, C_z$  (w. check-matrix  $H_x, H_z$ )  
s.t.  $C_x^\perp \subseteq C_z$  (equiv.  $C_z^\perp \subseteq C_x$ ).

$$d_z = \min_{w \in C_z} |w|_{C_x^\perp}, \quad d_x = \min_{w \in C_x} |w|_{C_z^\perp}$$

$$\text{where } |w|_S = \min_{w' \in S} |w + w'|.$$

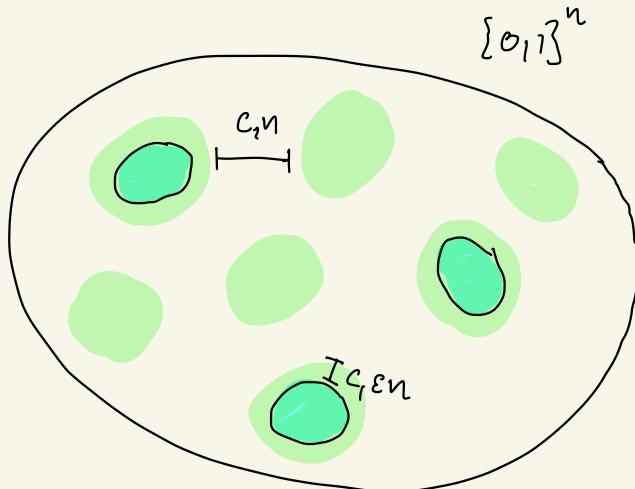
$$d = \min \{d_x, d_z\}.$$



## Expanding CSS codes

Similar to classical example, we consider codes that have the property that if  $|H_2 y| \leq \varepsilon_m$  then either

- ①  $|y|_{C_x^+} \leq c_1 \varepsilon n$  or
- ②  $|y|_{C_x^+} \geq c_2 n$ .

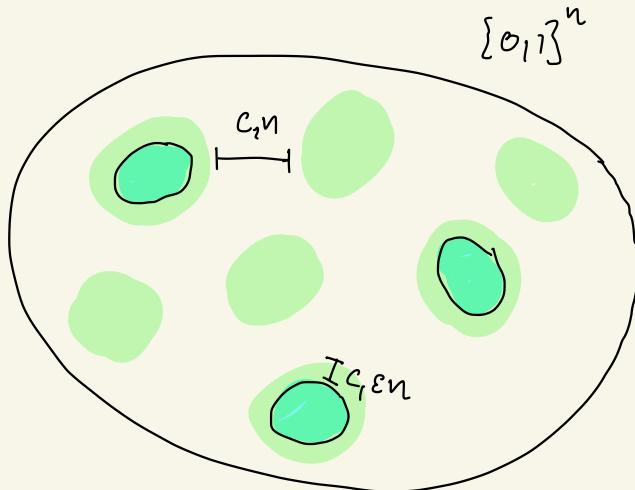


## Expanding CSS codes

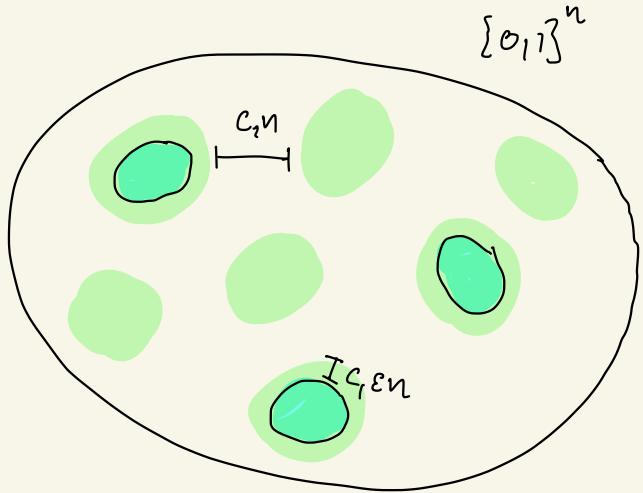
Similar to classical example, we consider codes that have the property that if  $|H_2 y| \leq \varepsilon_m$  then either

- ①  $|y|_{C_x^+} \leq c_1 \varepsilon n$  or
- ②  $|y|_{C_x^+} \geq c_2 n$ .

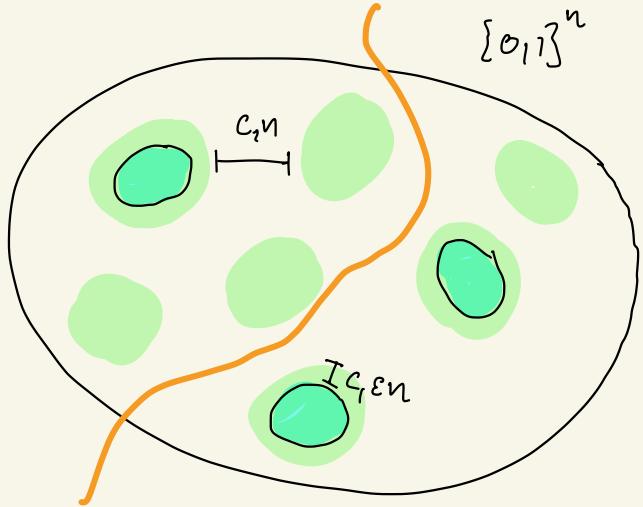
And, if we consider a  $\frac{\epsilon}{200}$ -low-energy state of the code's local Hamiltonian, measuring in the  $\mathbb{Z}$ -basis yields a dist. 99.5% supported on .



# The uncertainty principle

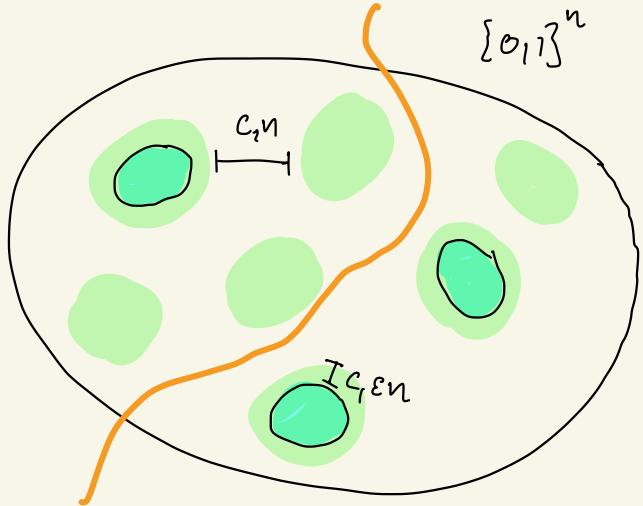


# The uncertainty principle



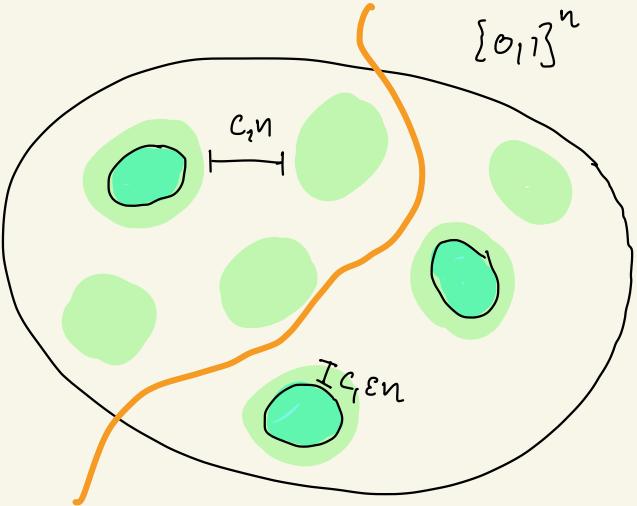
## The uncertainty principle

All that remains to show is that the distribution is not 99% concentrated on any 1 cluster.



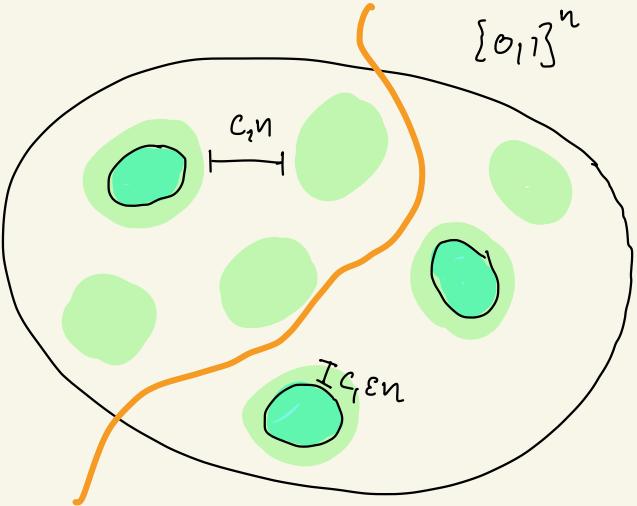
## The uncertainty principle

All that remains to show is that the distribution is not 99% concentrated on any 1 cluster.  $\Rightarrow$  dist. is well-spread ( $\mu = \frac{1}{400}$ )



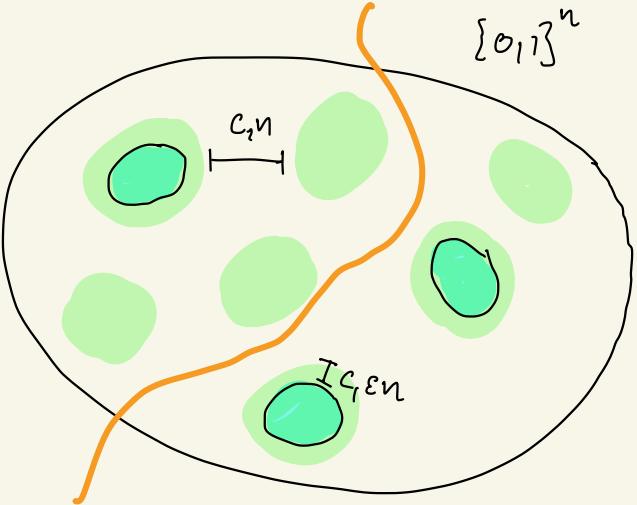
## The uncertainty principle

All that remains to show is that the distribution is not 99% concentrated on any 1 cluster.  $\Rightarrow$  dist. is well-spread ( $\mu = \frac{1}{400}$ )  
 $\Rightarrow$  circuit depth lower bound.



## The uncertainty principle

All that remains to show is that the distribution is not 99% concentrated on any 1 cluster.  $\Rightarrow$  dist. is well-spread ( $\mu = \frac{1}{400}$ )  
 $\Rightarrow$  circuit depth lower bound.

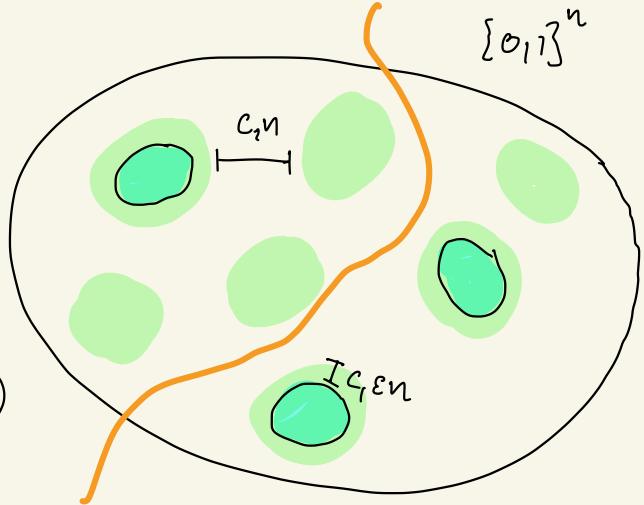


Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

## The uncertainty principle

All that remains to show is that the distribution is not 99% concentrated on any 1 cluster.  $\Rightarrow$  dist. is well-spread ( $\mu = \frac{1}{400}$ )  
 $\Rightarrow$  circuit depth lower bound.

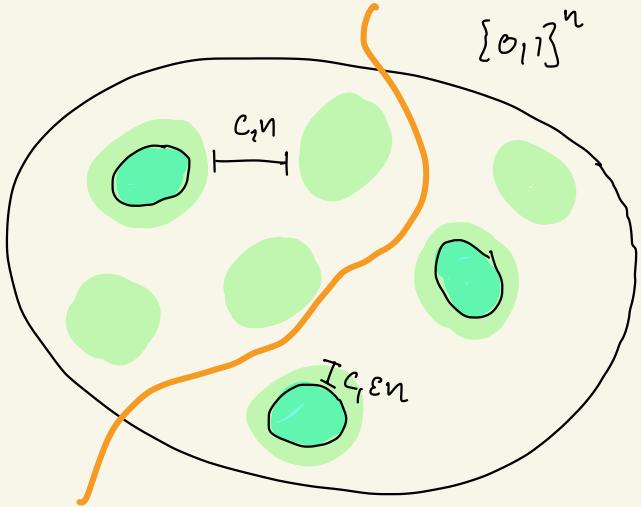


Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is 99% concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle



Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

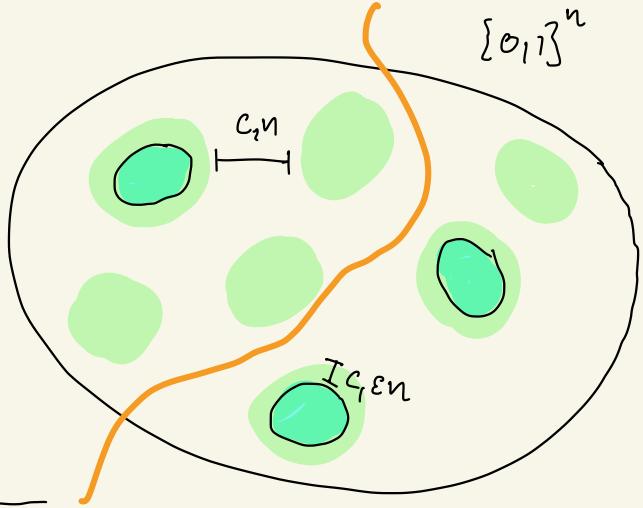
$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

# The uncertainty principle

$$|S| \leq \binom{n}{O(\epsilon n)} \cdot 2^{r_x}$$

violate check
 $C_x \pm \text{def.}$



Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

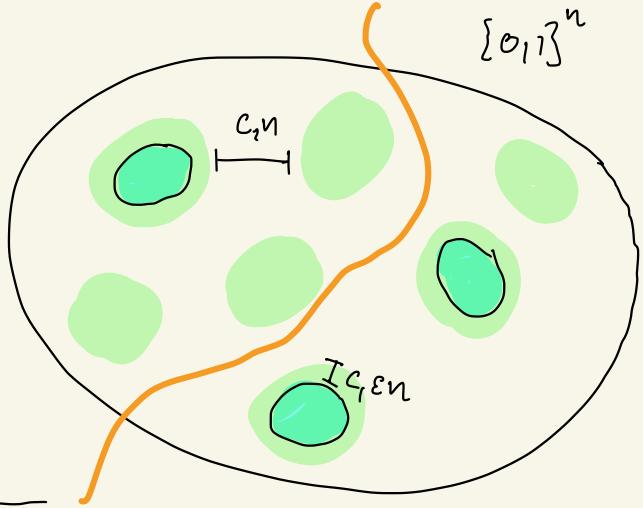
$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle

$$|S| \leq \binom{n}{O(\varepsilon n)} \cdot 2^{r_x} \leq 2^{r_x} + O(\sqrt{\varepsilon} n)$$

$\underbrace{O(\varepsilon n)}_{\text{violate check}}$      $\underbrace{2^{r_x}}_{C_x \text{ def.}}$



Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

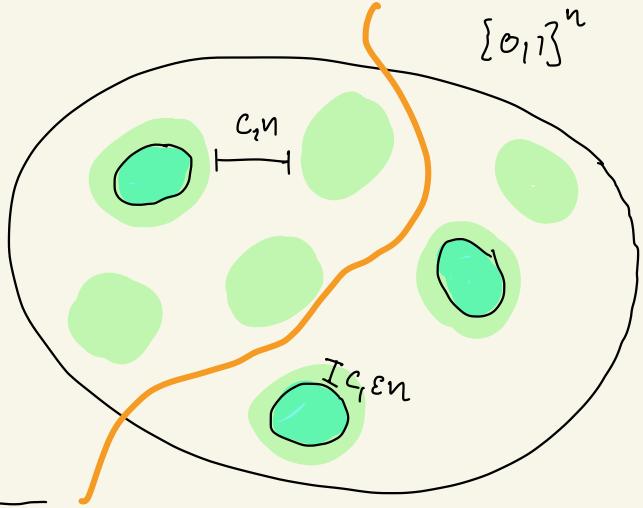
Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle

$$|S| \leq \binom{n}{O(\varepsilon n)} \cdot 2^{r_x} \leq 2^{r_x} + O(\sqrt{\varepsilon} n)$$

$\underbrace{O(\varepsilon n)}_{\text{violate check}}$      $\underbrace{2^{r_x}}_{C_x \text{ def.}}$

$$|T| \leq 2^{r_z} + O(\sqrt{\varepsilon} n)$$



Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle

$$|S| \leq \binom{n}{O(\varepsilon n)} \cdot 2^{r_x} \leq 2^{r_x + O(\sqrt{\varepsilon} n)}$$

$\underbrace{C_x \text{ def.}}_{\text{violate check}}$

$$|T| \leq 2^{r_z} + O(\sqrt{\varepsilon} n)$$

---

Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle

$$|S| \leq \binom{n}{O(\varepsilon n)} \cdot 2^{r_x} \leq 2^{r_x + O(\sqrt{\varepsilon} n)}$$

$\underbrace{\quad}_{\text{violate check}}$ 
 $\underbrace{C_x^+}_{\text{def.}}$

$$|T| \leq 2^{r_z} + O(\sqrt{\varepsilon} n)$$

$$D_x(T) \leq 2\sqrt{\frac{1}{100}} + 2^{r_x + r_z + O(\sqrt{\varepsilon} n)} - n$$

Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle

$$|S| \leq \binom{n}{O(\varepsilon n)} \cdot 2^{r_x} \leq 2^{r_x + O(\sqrt{\varepsilon} n)}$$

$\underbrace{\quad}_{\text{violate check}}$ 
 $\underbrace{C_x^+}_{\text{def.}}$

$$|T| \leq 2^{r_z} + O(\sqrt{\varepsilon} n)$$

$$\begin{aligned} D_x(T) &\leq 2\sqrt{\frac{1}{100}} + 2^{r_x + r_z + O(\sqrt{\varepsilon} n)} - n \\ &= \frac{1}{5} + 2^{-k} + O(\sqrt{\varepsilon} n) \end{aligned}$$

$\uparrow$   
 code rate

Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## The uncertainty principle

$$|S| \leq \binom{n}{O(\varepsilon n)} \cdot 2^{r_x} \leq 2^{r_x + O(\sqrt{\varepsilon} n)}$$

$\underbrace{\quad}_{\text{violate check}}$ 
 $\underbrace{C_x^+}_{\text{def.}}$

$$|T| \leq 2^{r_z} + O(\sqrt{\varepsilon} n)$$

$$\begin{aligned}
 D_x(T) &\leq 2\sqrt{\frac{1}{100}} + 2^{r_x + r_z + O(\sqrt{\varepsilon} n)} - n \\
 &= \frac{1}{5} + 2^{-k} + O(\sqrt{\varepsilon} n)
 \end{aligned}$$

$\uparrow$   
 code rate

so if  $\varepsilon < O\left(\frac{k^2}{n^2}\right)$ , then  $D_x(T) < 0.99$ .

---

Uncertainty principle: For sets  $S, T \subseteq \{0,1\}^n$ , any state  $\Psi$  with dists.  $D_x, D_z$

$$D_x(T) \leq 2\sqrt{1 - D_z(S)} + \sqrt{\frac{|S| \cdot |T|}{2^n}}$$

Assume  $D_z$  is  $\geq 99\%$  concentrated on some  $Z$ -cluster  $S$ . Then for any  $X$ -cluster  $T$ ,  $D_x(T) < 0.99 \Rightarrow$  Either  $D_x$  or  $D_z$  is well-spread.

## Conclusion of the proof

CSS code of linear-rate and linear-distance which are expanding are NLTs.

any state violating EN checks cannot be the output of a constant depth ckt.

## Conclusion of the proof

CSS code of linear-rate and linear-distance which are expanding are NLTs.

any state violating EN checks cannot be the output of a constant depth ckt.

## QPCP conjecture implications

- ① Much harder to disprove QPCP now!
- ② We need a stronger classical ansatz for classical proofs of local Hamiltonians.