

YASHASVI RATHORE

[19IE10035]

Contesting for the post of General Secretary, Sports and Games, Technology Students' Gymkhana, Indian Institute of Technology Kharagpur

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PROPOSAL: Encouragement of students to join sporting activities in their hometowns by providing partial reimbursement

OVERVIEW

In the online mode, I propose to provide partial reimbursement covering the fees for sporting facilities available in the hometown of students, keeping in sight the motive to improve student participation and in return, bring about a surge in physical fitness and motivation for inter IIT sports.

FEATURES

Keeping in mind that the previous two semesters have been online, the students have neglected their physical fitness and refrained from joining sporting activities, to combat the situation, the following steps will be taken:-

1. Partial reimbursement will be provided to the students who enrol in any sort of stadium/ club/ other sporting facilities
2. Compensation will be based on the bill and will be remunerated to the student after he/she has made the payment. The maximum limit of reimbursement will be set and fixed.

3. Gymnasium will only be included by special consideration after obtaining a signed note by the concerned gym and student stating that the facilities would be used with a primary focus on weightlifting and weight training.
4. For the students to whom these facilities are not available, due to lockdown or other constraints, structured NSO classes would be organized and with the permission of the PTIs, participation would be public.

BENEFITS

The proposal shall have a holistic effect on promoting the sporting culture amongst students:

1. With a vision of providing the best available resources to as good a number of students as possible, the general well-being and fitness of the community shall see a great impact.
2. The students willing to try out new sports would feel motivated and once the campus reopens every sport shall see greater participation.
3. For the students who aim to participate in Inter IIT sports, such a scheme will help them improve their skillset and maintain peak physical fitness.
4. In general, the students who were not able to pursue sports due to financial constraints would be benefitted from the scheme as well.

PROPOSAL: Guest Lectures from prominent players of Indian National Teams

OVERVIEW

I propose to organize guest lectures in the form of webinars by inviting prominent players of the Indian National teams of different sports to provide insight into their training, tips and their lifestyle, to promote the sporting culture in IIT Kharagpur. In an institution like ours, enthusiasm to participate in sports amidst a busy academic schedule often diminishes with time. Face to Face conversations with eminent sports personalities and their journey would motivate the student community to participate in various sporting events as well.

FEATURES

The specific way in which this proposal shall be conducted is:

1. Guest lectures in the form of webinars would be conducted where one sport would be selected and prominent personalities related to the sport (at least one) would be invited.
2. The webinars would be held fortnightly (once in 15 days).
3. Preceding the event, general knowledge, interesting facts and information related to the particular sports shall be shared in the form of tidbits.

BENEFITS

The proposal would be beneficial in increasing the general knowledge regarding the sports and promoting the sporting culture amongst students:

1. These webinars and tidbits will act as a source of motivation and instil in the students a renewed vigour for sports.
2. Through this, there will also be an increased awareness in the general student community regarding various sports and Indian achievements in sports.

3. The students who aim to pursue sports as a full-time career would be able to receive guidance by getting insight into the journey of other Indian athletes.

PROPOSAL: Conduction of Survival Camp

OVERVIEW

I propose to organize survival camps to equip the students with basic skills necessary for survival in case of emergencies, throughout the academic session in pseudo-online-offline mode.

FEATURES

The proposal would be effective in the online as well as the offline semester. The workflow is as follows:

1. The skills that will be taught are self-defence, first-aid and injury treatment, disaster management, nutrition for different diets and compass reading.
2. Experts in the field would be invited to host the sessions.
3. The workshops will be conducted on weekends. One workshop would be conducted during each weekend for self-defence. Alongside this, one other topic would be selected and a workshop would be conducted for that.
4. Continuation of the camp would be done in offline mode.

BENEFITS

The proposal would be great to equip students with basic survival skills.

1. This will be especially beneficial for sportspersons who need to maintain peak fitness as it will help them in providing first-aid for injuries and have proper nutrition intake.
2. The self-defence workshop will also be an immense help to women and in general to everyone, making them less vulnerable.
3. The workshops will also make the students aware of disaster management and how to handle emergency situations.

PROPOSAL: Introductory training sessions (Workshops) for all sports

OVERVIEW

I propose regular weekly conduction of training sessions for all novice students to help them develop their skillset and learn more about a particular sport. These shall act as precursors to the Summer/ Winter camps that are organized for dedicated practice. Very often, students hesitate to participate in or explore different sports due to the lack of exposure and guidance. These interactive training sessions would help bridge the gap, facilitating more members of the student community to engage in different sports.

FEATURES

These interactive sessions can be conducted online or offline as well depending on the scenario in the upcoming semesters. The specific information about our way in which the goal would be realized are:

1. The entire introductory training sessions would be systematically spread across the week and throughout the semester so that people who want to take up multiple sports won't face much difficulty.
2. Sessions on weekends would be organized targeting PG and RS students to encourage their participation.
3. The sessions would be conducted under the guidance of the concerned PTI/coach along with experienced players.
4. A session on injury prevention would mark the beginning of the series.

BENEFITS

1. PG and RS students consist of almost 40% of the total student fraternity on campus, yet they make only 10% of the Inter IIT Sports Meet contingent. This move will tackle the sparse participation of PG and RS students.
2. This initiative will help students overcome the initial hesitation faced while starting a new endeavour.
3. The sessions would further lead to increased participation in summer/ winter camps.