# PROPOSALS JERIPOTHULA SINDHU

# Making counseling center services more accessible to the student community

#### Inspiration:

The mental health of students is as important as the physical health of students for their well-being.

#### Objective:

• Bring the counseling center services easier to access.

#### Purpose:

The services of the counseling center shall be at the most accessible point so that
the deserving student shall not waste time and access the services at the proper time
and get proper support.

#### Plan of action:

- As ERP is the most basic thing in the lives of KGP students It will be good to introduce a tab in our ERP about the counseling center to increase the student-counselor interaction and also reduce the effort in making publicity of the counseling center website.
- Surveys are conducted through this to be updated about the mental health of the student community the frequency of these surveys would be according to the emerging situations in the campus.
- Students especially the newcomers will know about the counseling center very easily and also confirm that this is actually made by the institute for the well-being of students.
- This shall be as easy as checking your marks, semester-related info, Booking guest house room, etc. We shall also maintain proper documentation of these surveys and analyses and also make them as transparent as possible.

#### Benefits:

- With this, we will be always updated about the students' mental health and will be conscious enough to take the measures and initiative before deteriorating a situation and resolving it
- The effort which we put in the publicity of counseling center services shall be reduced and used for other welfare works or to resolve the issues with more speed and accuracy.
- The time of the deserving student will not be wasted and get the attention with treatment as soon as possible.

Support required: Dean of students' Affairs, ERP.

**Mode of publicity:** ERP mail, official Facebook page of IIT Kgp.

# Increasing connection with the PG Ph.D. students of the Institute.

#### Inspiration:

- Diversity creates dimensions in the world, our IIT Kharagpur has many dimensions and I would like to think and take care of a problem or situation in its dimension.
- Through my groundwork on this idea, I came to know that IWG already recruits PG students so I felt I would encourage this in the SWG also.

#### Objective:

• Encouraging the recruitment of PG and Ph.D. students into the welfare and wellness group of the Institute that is SWG and IWG.

#### Purpose:

 This makes us more connected to the PG and Ph.D. community and easy to approach them in any important situation and get inputs from them to resolve any kinds of problems in them.

#### Plan of action:

- Just like the recruitments of Freshers occur every year a special recruitment drive shall happen to recruit the PG and Ph.D. students into the SWG and IWG.
- All the communities will be connected and communications will become easy.
- These members in SWG and IWG will also be having meetings along with their representatives like PG representatives and RS representatives which makes their work and thoughts improve as a community.
- We will also have these people communicate any kind of issues and get a wide exposure to their community.

#### Benefits:

- Close monitoring of the PG and Ph.D. community is possible and has the benefit of knowing their problems through their members.
- We will also get guidance from them for any assistance may be academically or emotionally from their experiences.
- On whole, we can say we will get mutually benefitted from this proposal.

#### Support required: SWG and IWG.

**Mode of publicity:** Facebook official pages of SWG and IWG and if possible mails in online mode posters on the notice boards of the hall in offline mode.

#### Students are the heart of campus.

#### Inspiration:

Mental as well as the wellbeing of the whole student community.

#### objective:

- Bringing back all students to the campus ensuring their safety and security.
- This proposal is very much needed in the present situation as many students are becoming impatient and depressed and also facing health-related issues due to the online world in which we are living now.

#### Plan of action:

- First taking out the case studies of the case study competition conducted by the Technology students' gymkhana. Then collaborating with the prize winners as they went through all the groundwork for the case study.
- Then I will go on with implementing the plan suggested in those case studies or the hybrid of the bests which suits the current scenario as most of the students are vaccinated with at least the first dose.
- We all know how we were and are desperate about the transparency in this particular issue and also involved in many activities with #break the silence # be transparent so when I'm working on this being the general secretary of students' welfare I make the process as transparent as possible.

**Benefits:** Benefits of this proposal need not be informed because as students of IIT KGP everyone knows what campus matters in their lives.

**Support required:** Dean of Student Affairs and Director.

# PROPOSAL 4

### Every student's well-being is important for the prosperity of our institute.

#### Inspiration:

- Every child is equally important to her mother and she always works for the child to reach heights in their life.
- For us, students Institute is the mother for the part of life which we live in the institute so my focus is to ensure the happy and satisfactory life of specially-abled students of our KGP

#### Objective:

 Make sure that the desired students get the desired attention, care, and support from the institute as soon as possible and in the best way possible.

#### Plan of action:

- I would like to concentrate and put my efforts into knowing and working for the betterment of the specially-abled Kgpians of our student community. They are the people who need a little special attention and care.
- My plan of action for the implementation of this proposal will be I will conduct
  meetings and surveys among the specially-abled students and concentrate on the
  problems which they are facing.
- They will have a representative from the specially-abled students to know their problems from them. so when we come to know what are the problems of these students then the measures and steps will be taken to ensure a solution.

#### Benefits:

- Specially abled students will not be having a voice to speak out about their problems and difficulties.
- They will also get the attention and support required without any delay.

Support required: Dean of Student Affairs.

# PROPOSAL 5

#### Getting exposure to different dimensions

#### Inspiration:

Students from different parts of the country come to our institute but many become
comfortable with their group and doesn't want to come out of that but their
capabilities and strengths come out when they face diversity and they experience the
true flavor of being in an institute like Indian Institute of Technology Kharagpur.

#### Objective:

• To make every student experience the diversity of our Institute.

#### Purpose:

• Every student shall be aware and mingle with different cultures and get to know their values.

#### Plan of action:

- We shall conduct events to gather different students from different parts of India and make them mingle with others through teamwork and work will also be in the way which benefits them. This also improves their communication skills as well as their self-confidence.
- This will be done in a very organized manner at the hall levels as we know our home is our hall until we are on the campus.
- Hall general secretary students' welfare shall be heading this and have a proper plan
  according to the availabilities of the resources in their hall and the feedback from the
  students will be taken frequently from students of the hall.

#### Benefits:

 Students' thoughts become more diverse and unity shall be built among them and also gain many skills.

**Support required:** General secretary of students' welfare at every hall.

#### Make people more interactive and enhance their social life.

#### Inspiration:

 People not part of any societies or cells or confined to their comfort zone feel lonely and left out in many situations as time passes

#### **Objective:**

• Give students more exposure to social life and enhance their abilities.

#### Purpose:

 Online has taken away the unity and interactions of the students with the hall, hallmates, and confined students especially Newcomers to very small spaces, I want to bring back that social connection even online as well as offline when all students are back to campus.

#### Plan of action:

- All the students who are not in any societies or cells especially the students who spent some amount of time on campus will be guides for the newcomers to the college.
- They will educate them about all the cultures of our Kgp and also be for any kind of help required.
- In short, we can say that there will be a society for all the students who are not in any society at their hall level and explore whatever they wish with the help of resources of the institute.

#### Benefits:

- This can give students wide exposure to the fields of interest or social life due to the friends and guidance of seniors.
- And they will also not feel left ut at the busiest and hectic times of their friends who are in some societies.

Support required: Hall council of all halls.

Mode of publicity: Hall Facebook groups, WhatsApp groups posters, etc.

# PROPOSAL 7

#### Common Calendar of with events of SWG and IWG

#### Inspiration:

Every event for the students should be known to them and in an organized manner.

#### **Objective:**

• Every event student will have an idea about the timeline of all activities related to the academic as well as the wellness related with clarity.

#### Purpose:

 The purpose of this calendar will serve in the clarity of the timeline for all students and also in reducing any kind of ambiguity created between the students as well as the student groups.

#### Plan of action:

- We shall have discussions with the heads of the SWG and IWG and plan the timeline of all the events conducted throughout the year.
- Then make a calendar collaboratively and this will be published officially on all the Facebook pages which ensures that this reaches almost all students.
- This will also be a reference for many other societies and students to plan their own activities so that they don't miss these important events.

Support required: SWG and IWG.

**Mode of publicity:** Facebook pages and groups if possible mails.

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