Email to participants:

**Are you interested in doing a breathing exercise with a smart scent device at home and earning $30 for it?**

We are conducting a study to test a scent-delivery device for breathing exercises. You will be using this device and some physiological sensors while doing the breathing tasks. The total duration of the study is approximately 45 minutes. We are looking for people that don’t suffer from any respiratory problems, don’t have odor allergies, don’t smoke and have sense of smell.

Contact Nirmita Mehra ([nirmita@mit.edu](mailto:nirmita@mit.edu)) or Judith Amores ([amores@mit.edu](mailto:amores@mit.edu)) if you are interested or if you have any questions. You can fill your availability [here](https://doodle.com/poll/zz6acgrvrxrp5fyt) with your e-mail address.

A white flower on a table

Description automatically generated