# Draft Questionnaire

### **Section A: Current Public Speaking Performance**

1. **How confident do you feel when speaking in front of an audience?**  
   (Scale: 1 – Not confident at all, 5 – Very confident)
2. **How often do you use filler words (e.g., "um", "like", "you know") during a speech?**  
   (Scale: 1 – Frequently, 5 – Rarely)
3. **Do you maintain eye contact with your audience during your presentation?**
   * 1. Always
   * 2. Sometimes
   * 3. Rarely
   * 4. Never
4. **How well do you organize your thoughts before speaking?**  
   (Scale: 1 – I usually ramble, 5 – I speak in a well-structured manner)
5. **How would you rate your vocal clarity and volume when speaking?**  
   (Scale: 1 – Muffled/Soft, 5 – Clear and Audible)
6. **How do you usually handle unexpected interruptions or questions during your speech?**
   * 1. I panic and lose focus
   * 2. I try to answer but get flustered
   * 3. I handle it calmly and professionally
7. **How often do you practice before giving a presentation or speech?**
   * 1. Never
   * 2. Rarely
   * 3. Sometimes
   * 4. Always
8. **Have you ever received formal training or coaching in public speaking?**
   * Yes
   * No
9. **What is your biggest challenge in public speaking?** (Open-ended)
10. **Have you experienced stage fright or speech anxiety recently?**

* 1. Yes, often
* 2. Sometimes
* 3. Rarely
* 4. No

### **Section B: Personality Traits Related to Public Speaking**

1. **Do you consider yourself an extrovert or introvert?**
2. Strongly extrovert
3. Slightly extrovert
4. Ambivert
5. Slightly introvert
6. Strongly introvert
7. **Are you naturally outspoken or reserved in group conversations?**
8. Outspoken
9. Depends on the topic
10. Reserved
11. **How comfortable are you expressing opinions in a room full of strangers?**  
    (Scale: 1 – Very uncomfortable, 5 – Very comfortable)
12. **Do you enjoy being the center of attention during discussions or events?**
13. Yes
14. Sometimes
15. No
16. **How do you usually respond to criticism or feedback about your speaking?**
17. I take it personally
18. I reflect and try to improve
19. I ignore it
20. I actively seek it
21. **Do you thrive under pressure or need time to collect your thoughts?**
22. I thrive under pressure
23. I need time to prepare
24. It depends on the situation
25. **Are you more expressive (using gestures/facial expressions) or monotone when speaking?**
26. Very expressive
27. Moderately expressive
28. Monotone/Flat
29. **How well do you handle emotionally intense or controversial topics in speech?**  
    (Scale: 1 – Poorly, 5 – Very well)