

Hanuman Chalisa

Doha

śrī guru charaṇa sarōja raja nijamana mukura sudhāri |
varaṇau raghuvara vimalayaśa jō dāyaka phalachāri ||

Having polished the mirror of my heart with the dust of my Guru's lotus feet, I recite the divine fame of the greatest king of Raghukul dynasty, which bestows us with the fruit of all the four efforts.

buddhihīna tanujānikai sumirau pavana kumāra |
bala buddhi vidyā dēhu mōhi harahu kalēśa vikāra ||

Knowing that this mind of mine has less intelligence, I remember the 'Son of Wind' who, granting me strength, wisdom and all kinds of knowledge, removes all my suffering and shortcomings.

jaya hanumāna jñāna guṇa sāgara |
jaya kapīśa tihu lōka ujāgara || 1 ||

Victory to Lord Hanuman, the ocean of wisdom and virtue. Victory to the Lord who is supreme among the monkeys, illuminator of the three worlds.

rāmadūta atulita baladhāmā |
añjani putra pavanasuta nāmā || 2 ||

You are Lord Rama's emissary, the abode of matchless power, Mother Anjani's son and also popular as the 'Son of the Wind'.

mahāvīra vikrama bajaranḡi |
kumati nivāra sumati kē saṅgi || 3 ||

Great hero, You are as mighty as a thunderbolt. You remove evil intellect and are the companion of those having good ones.

kañchana varaṇa virāja suvēśā |
kānana kuṇḍala kuñchita kēśā || 4 ||

Your skin is golden in color and You are adorned with beautiful clothes. You have adorning earrings in Your ears and Your hair is curly and thick.

hāthavajra au dhvajā virājai |
kānthē mūñja janēvū sājai || 5 ||

In Your hands, shine a mace and a flag of righteousness. A sacred thread adorns Your right shoulder.

śaṅkara suvana kēsarī nandana |
tēja pratāpa mahājaga vandana || 6 ||

You are the embodiment of Lord Shiva and vanar-raj Kesari's son. There is no limit or end to Your glory, Your magnificence. The whole Universe worships You.

vidyāvāna guṇī ati chātura |
rāma kāja karivē kō ātura || 7 ||

You are the wisest of the wise, virtuous and (morally) clever. You are always eager to do Lord Rama's works.

prabhu charitra sunivē kō rasiyā |
rāmalakhana sītā mana basiyā || 8 ||

You feel extremely delighted in listening to Lord Rama's doings and conduct. Lord Rama, Mother Sita, and Lord Lakshmana dwell forever in Your heart.

sūkṣma rūpadhari siyahi dikhāvā |
vikaṭa rūpadhari laṅka jalāvā || 9 ||

Taking the subtle form, You appeared in front of Mother Sita. And, taking the formidable form, You burnt the Lanka (Ravana's kingdom).

bhīma rūpadhari asura saṃhārē |
rāmachandra kē kāja saṃvārē || 10 ||

Taking the massive form (like that of Bheema), You slaughtered the demons. This is how, You completed Lord Rama's tasks, successfully.

lāya sañjīvana lakhana jiyāyē |
śrī raghuvīra haraṣi uralāyē || 11 ||

Bringing the magic-herb (sanjivani), You revived Lord Laxmana, bringing joy to Sri Rama.

raghupati kīnhī bahuta baḍāyī |
tuma mama priya bharata sama bhāyī || 12 ||

Raghupati, Lord Rama praised You greatly and overflowing in gratitude, said that You are a dear brother to Him just as Bharat is.

sahasra vadana tumharō yaśagāvai |
asa kahi śrīpati kaṇṭha lagāvai || 13 ||

Saying this, Lord Rama drew You to Himself and embraced you. Sages like Sanaka, Gods like Brahma and sages like Narada and even the thousand-mouthed serpent sing Your fame!

sanakādika brahmādi munīśā |
nārada śārada sahita ahīśā || 14 ||

Sanak, Sanandan and the other Rishis and great saints; Brahma - the god, Narada, Saraswati - the Mother Divine and the King of serpents sing Your glory.

**yama kubēra digapāla jahāṃ tē |
kavi kōvida kahi sakē kahāṃ tē || 15 ||**

Yama, Kubera and the guardians of the four quarters; poets and scholars - none can express Your glory.

**tuma upakāra sugrīvahi kīnhā |
rāma milāya rājapada dīnhā || 16 ||**

You helped Sugriva by introducing Him to Lord Rama and regaining his crown. Therefore, You gave Him the Kingship (the dignity of being called a king).

**tumharō mantra vibhīṣaṇa mānā |
laṅkēśvara bhayē saba jaga jānā || 17 ||**

Likewise, complying with Your preachings, even Vibhishana became the King of Lanka.

**yuga sahasra yōjana para bhānū |
līlyō tāhi madhura phala jānū || 18 ||**

You swallowed the sun, located thousands of miles away, mistaking it to be a sweet, red fruit!

**prabhu mudrikā mēli mukha māhī |
jaladhi lāṅghi gayē acharaja nāhī || 19 ||**

Keeping the ring in Your mouth, which was given to You by Lord Rama, you crossed over the Ocean, to no astonishment, whatsoever.

**durgama kāja jagata kē jētē |
sugama anugraha tumharē tētē || 20 ||**

All difficult tasks of this world become easy, with Your grace.

**rāma duārē tuma rakhavārē |
hōta na ājñā binu paisārē || 21 ||**

You are the guardian at Lord Rama's door. Nobody can move forward without Your permission which means that Lord Rama's darshans (to get the sight of) are possible only with Your blessings.

**saba sukha lahai tumhārī śaraṇā |
tuma rakṣaka kāhū kō ḍara nā || 22 ||**

Those who take refuge in You, find all the comforts and happiness. When we have a protector like You, we do not need to get scared of anybody or anything.

**āpana tēja samhārō āpai |
tīnōṃ lōka hāṅka tē kāmpai || 23 ||**

You alone can withstand Your magnificence. All the three worlds start trembling at one roar of Yours.

**bhūta piśācha nikaṭa nahi āvai |
mahavīra jaba nāma sunāvai || 24 ||**

O Mahaveer! No ghosts or evil spirits come near the ones who remember Your name. Therefore, just remembering Your name does everything!

**nāsai rōga harai saba pīrā |
japata nirantara hanumata vīrā || 25 ||**

O Hanuman! All diseases and all kinds of pain get eradicated when one recites or chants Your name. Therefore, chanting Your name regularly is considered to be very significant.

**saṅkaṭa sē hanumāna Chuḍāvai |
mana krama vachana dhyāna jō lāvai || 26 ||**

Whoever meditates upon or worships You with thought, word, and deed, gets freedom from all kinds of crisis and affliction.

**saba para rāma tapasvī rājā |
tinakē kāja sakala tuma sājā || 27 ||**

Lord Rama is the greatest Ascetic amongst all the Kings. But, it's only You who carried out all the tasks of Lord Sri Rama.

**aura manōradha jō kōyi lāvai |
tāsu amita jīvana phala pāvai || 28 ||**

One who comes to You with any longing or a sincere desire obtains the abundance of the manifested fruit, which remains undying throughout life.

**chārō yuga pratāpa tumhārā |
hai prasiddha jagata ujjyārā || 29 ||**

Your splendor fills all the Four Ages. And, Your glory is renowned throughout the world.

**sādhu santa kē tuma rakhavārē |
asura nikandana rāma dulārē || 30 ||**

You are the guardian of saints and sages; the destroyer of demons and adored by Lord Rama.

**aṣṭhasiddhi nava nidhi kē dātā |
asa vara dīnha jānakī mātā || 31 ||**

You have been blessed by Mother Janaki to give boon further, to the deserving ones, wherein You can grant the siddhis (eight different powers) and the nidhis (nine different kinds of wealth).

**rāma rasāyana tumhārē pāsā |
sadā rahō raghupati kē dāsā || 32 ||**

You have the essence of Ram bhakti, may you always remain the humble and devoted servant of Raghupati.

**tumharē bhajana rāmakō pāvai |
janma janma kē dukha bisarāvai || 33 ||**

When one sings Your praise, Your name, He gets to meet Lord Rama and finds relief from the sorrows of many lifetimes.

**anta kāla raghupati purajāyī |
jahām janma haribhakta kahāyī || 34 ||**

By your grace, one will go to the immortal abode of Lord Rama after death and remain devoted to Him.

**aura dēvatā chitta na dharayī |
hanumata sēyi sarva sukha karayī || 35 ||**

It is not needed to serve any other Deity or God. Service to Lord Hanuman gives all the comforts.

**saṅkaṭa ka(ha)ṭai miṭai saba pīrā |
jō sumirai hanumata bala vīrā || 36 ||**

All troubles cease for the one who remembers the powerful lord, Lord Hanuman and all his pains also come to an end.

**jai jai jai hanumāna gōsāyī |
kṛpā karahu gurudēva kī nāyī || 37 ||**

O Lord Hanuman! Praises and glory to you O mighty Lord, please bestow your grace as our Supreme Guru.

**jō śata vāra pāṭha kara kōyī |
Chūṭahi bandi mahā sukha hōyī || 38 ||**

One who recites this Chalisa a hundred times is released from all bondages and will attain great bliss.

**jō yaha paḍai hanumāna chālīsā |
hōya siddhi sākhī gaurīśā || 39 ||**

One who reads and recites this Hanuman Chalisa, all his works get accomplished. Lord Shiva, Himself, is the witness to it.

**tulasīdāsa sadā hari chērā |
kījai nātha hṛdaya maha dērā || 40 ||**

O Lord Hanuman, May I always remain a servant, a devotee to Lord Sri Ram, says Tulsidas. And, May You always reside in my heart.

Doha

**pavana tanaya saṅkaṭa haraṇa - maṅgaḷa mūrati rūp |
rāma lakhana sītā sahita - hṛdaya basahu surabhūp ||**

O the Son of Wind, You are the destroyer of all sorrows. You are the embodiment of fortune and prosperity.

**siyāvara rāmachandrakī jaya |
pavanasuta hanumānakī jaya |
bōlō bhāyī saba santanakī jaya ||**

With Lord Rama, Laxmana and Mother Sita, dwell in my heart, always.

ShriVihar