

NITHYA PARAYANA SLOKAMS FOR KIDS

1.Chant this when you wake up in the morning

Karadarshana:

**Karagre vasate lakshmi kara madhye saraswati
kara mule tu govindah prabhaate kara darshanam**

2.Chant this when you first step out of bed in the morning

BHOOMA DEVI SLOKAM:

**Samudravasane devi parvata sthanmandale
Vishnupatni namastubhyam padsparsham kshamaswa me**

3.Chant this when you see sun in the morning

Sun God Slokam:

**Bhano bhaskara Marthanda
Chanda rasmai divakara
Ayur arogyam aishwaryam
Vidhyamscha dehi mae sada.**

4.Chant this when you take a bath

Snanam(bath) slokam:

**Gange cha yamune chaiva godavari saraswathi narmade
sindhu kaveri jalesmin sannidhim kuru**

5.Chant this after you take bath

Hayagreevar Slokam:

**Gyaananandamayam devam
Nirmala spadikakruthim
Aadaram sarva vidyanaam
Hyagreevam upasmahe**

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6.Chant this before you eat food.

Annapurne Slokam:

**Annapoorne Sada poorne,
Shankara Pranavallabhe
Gyana Vairagya Sidyartham,
Bhikshaam Dehi cha Parvati**

7.Chant this when lighting the lamp to the deity of your choice

Deepam Slokam:

**Shubham karoti kalyaanam aarogyam dhana sampadaa
shatru buddhir vinaashaaya dipa jyotir namostute**

8.Chant this before going to sleep

Night Slokam:

**Raamaskandham hanumantam vainateyam vrkodaram
shayane yah smarennityam duh swapnam tasya nashyati**