



THUNDERBOLTS CUP 'Redefining School Sports Culture'



JUDO

The Competition

Categories : Weight wise bouts

Date : 20th December 2024 – Weighing and Tie Sheet Draw

: 21st December 2024 - Competition

Venue : GEMS Open Hall

Format : Knockout Maximum participants : 100

Registration Deadline :22nd November 2024

Participating entry fee

Entry fee : NRs. 500/- per participant

Rules and Regulations

i. Best overall boy and girl player will be awarded.

- ii. For weighing and competition, students must bring valid school ID card, failure to do so shall not be allowed for weighing and competition.
- iii. Rules and regulations will be applied according to IJF and NJF.
- iv. The contest time will be 2 minutes.
- v. Sime waza and khansestu waza are not allowed.
- vi. Minor injuries will be looked after by the organizing committee and in-house infirmaries but in case of major injuries, the participating schools have to bear the expenses themselves.
- vii. Black belt holders are not allowed to participate.
- viii. Participating students must be under 18 years of age.
- ix. Entry fee must be paid along with the submission of the registration form before the deadline on 22nd November 2024.
- x. Snacks and lunch options will also be available for purchase on-site.
- xi. The players' name list to be submitted on the school letter head along with school stamp and principal's signature.
- xii. Birth certificate and school ID cards are mandatory. Exams form to be asked by the organizer if any player is found to be doubtful.
- xiii. Organizing team's decision shall be the final decision.

Contact details

Kabi Ram Gharti Magar, kabiram.gm@gems.edu.np : 9841440413

Durga Puri, <u>durga.puri@gems.edu.np</u> : 9860133499





THUNDERBOLTS CUP 'Redefining School Sports Culture'



Judo Registration Sheet

Name of the School		:		
Contact Person (Manager)		:		
Contact number		:		
S.N.		Name		Class
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
(Plea	ase make copies of	this document	if more than 10 s	tudents are participating)
	School St	amn	Princip	al's Signature