



THUNDERBOLTS CUP

'Redefining School Sports Culture'



JUDO

The Competition

Categories	: Weight wise bouts
Date	: 20 th December 2024 – Weighing and Tie Sheet Draw : 21 st December 2024 – Competition
Venue	: GEMS Open Hall
Format	: Knockout
Maximum participants	: 100

Participating entry fee

Entry fee	: NRs. 500/- per participant
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Rules and Regulations

- i. Best overall boy and girl player will be awarded.
- ii. For weighing and competition, students without valid ID card will be disqualified.
- iii. Rules and regulations will be applied according to IJF and NJF.
- iv. The contest time will be 2 minutes.
- v. Sime waza and khansestu waza are not allowed.
- vi. Minor injuries will be looked after by the organizing committee and in-house infirmarians but in case of major injuries, the participating schools have to bear the expenses themselves.
- vii. Black belt holders are not allowed to participate.
- viii. Participating students must be under 18 years of age.
- ix. Entry fee must be paid along with the submission of the registration form before the deadline on 22nd November 2024.
- x. Snacks and lunch options will also be available for purchase on-site.

Contact details

Kabi Ram Gharti Magar, kabiram.gm@gems.edu.np	: 9841440413
Durga Puri, durga.puri@gems.edu.np	: 9860133499



Judo Registration Sheet

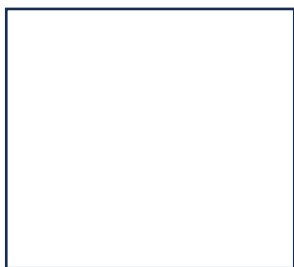
Name of the School :

Contact Person (Manager) :

Contact number :

S.N.	Name	Class
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2		
3		
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(Please make copies of this document if more than 10 students are participating)



School Stamp

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Principal's Signature