

# Towards Better Healthcare: Amalgamation of Time Series, Viome and Image Data

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# Introduction

- ▶ Novel deep learning approach for predicting lunch calorie intake
- ▶ Integration of multiple data modalities:
  - ▶ Continuous Glucose Monitoring (CGM)
  - ▶ Viome data
  - ▶ Food images
- ▶ Specialized neural network model with multimodal attention fusion

# Methodology

- ▶ Data Preprocessing and Encoding
- ▶ Model Architecture:
  - ▶ CGM Encoder (LSTM)
  - ▶ Image Encoder (CNN)
  - ▶ Demo Encoder (MLP)
- ▶ Multimodal Attention Fusion
- ▶ Prediction Layer

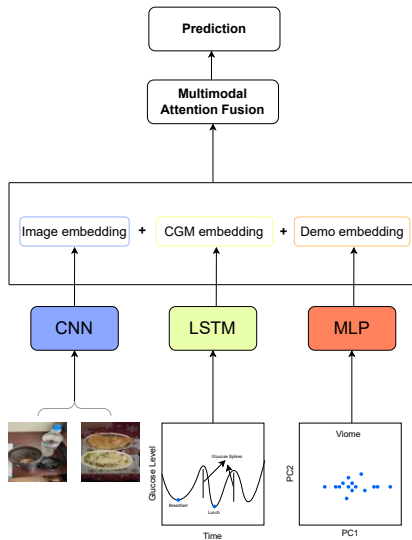
# Data Preprocessing

- ▶ CGM Data:
  - ▶ Feature extraction (mean, std dev, etc.)
  - ▶ Scaling and tensor conversion
- ▶ Viome Data:
  - ▶ Encoding categorical variables
  - ▶ Scaling numerical variables
  - ▶ PCA for microbiome data
- ▶ Food Images:
  - ▶ Resizing and normalization
  - ▶ Gaussian blurring and color conversion

# Model Architecture

- ▶ CGM Encoder:
  - ▶ LSTM network (input size: 1, hidden size: 64, 2 layers)
  - ▶ Fully connected layer for fixed-size encoding
- ▶ Image Encoder:
  - ▶ CNN with multiple convolutional layers
  - ▶ ReLU activation, batch normalization, max-pooling
- ▶ Demo Encoder:
  - ▶ MLP with linear layers, ReLU activations, batch normalization

# Model Architecture



# Multimodal Attention Fusion

- ▶ Attention Mechanism:
  - ▶ Modality-specific embedding layers
  - ▶ Multi-head attention layer
- ▶ Fusion Process:
  - ▶ Layer normalization
  - ▶ Feed-forward neural network
- ▶ Prediction Layer:
  - ▶ Linear predictor for lunch calorie intake

# Training Process

- ▶ Loss Function: Root Mean Square Relative Error (RMSRE)
- ▶ Optimizer: Adam with learning rate scheduling
- ▶ Gradient clipping for stable convergence
- ▶ Early stopping to prevent overfitting



# Dataset Description

- ▶ Collected over 10 days for 40+ participants
- ▶ Components:
  - ▶ Demographic and Viome Data
  - ▶ Continuous Glucose Monitoring Data
  - ▶ Meal Images
  - ▶ Nutritional Labels

# Results

- ▶ Training Performance:
  - ▶ Initial Training Loss: 1.0285
  - ▶ Final Training Loss: 0.7162
  - ▶ Initial Validation Loss: 1.1354
  - ▶ Final Validation Loss: 0.7876
- ▶ Early stopping after 14 epochs
- ▶ Rapid initial improvement (17.5% for training, 32.7% for validation)

# Conclusion and Future Work

- ▶ Successful integration of CGM, food images, and viome data
- ▶ Rapid convergence and consistent performance
- ▶ Future work:
  - ▶ Refine model architecture
  - ▶ Expand dataset
  - ▶ Conduct extensive real-world testing
- ▶ Potential for improving prediction accuracy and generalizability