



# **The Pursuit of Perfection**

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**Theme: Perfection, Growth,  
and Self-Reflection**

# **Why this Topic?**

**Over time, I asked myself:**

**Does Incompetence breeds Incompetence?**

**Is perfection just meeting a requirement?**

**Is it achieving the epitome?**

**Is it just to write exact 350 words blog?**

**Or is it simply being expressive, without limits?**

**Perfection isn't always a goal sometimes it's a cage.**







# **Today's Relevance?**

## **The Quest for Perfection**

**Increasing desire for perfectionism among students (33% rise since the 1980s, Psychological Bulletin 2019).**

**Despite pressures, 70% of youth see challenges as resilience-building (2022 study).**

**Perfection today is limitless and subjective.**





# Philosophical Perspective

- Is perfection event horizon to pressure?
- In Pursuit of big goals people lost individuality sometime even reach the oblivion
- Perfection defined through *sonder*: recognizing every individual's unique journey and struggles.



# Should It be Right as Rain?

- Life isn't about flawlessness but the stories we live through.
- Mistakes are a natural and beautiful part of growth.
- Things that are non-negotiable today will be water under the bridge tomorrow (like your class 11/12<sup>th</sup> weekly tests)
- “Carpe Diem” — seize the day, embrace imperfection.



**Thank  
You!**

**Bibliography:  
The Spine of My Soul**