

# NIOS-TMA-OCT25'

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# ENGLISH (202)

## TUTOR MARKED ASSIGNMENT

Q1 ~~Answer~~ Answer any of the following questions in about 40-60 words

(a) What does the speaker mean by "laughing with their teeth" and "laughing with their eyes"? How does this contrast reflect a change in society's emotional expression over time?

Ans The phrase "laughing with their teeth" means people show fake smiles without real feelings, while "laughing with their eyes" shows true, heartfelt emotion. This contrast shows how, over time, society has become more artificial in expressing emotions. Earlier, feelings were genuine, now people often hide their true emotions behind false expressions.

Q2(a) How does the author illustrate the detrimental effects of noise on human health especially in terms of potential damage to the ears and its correlation with stress-related issues?

Ans The author explains that noise can badly affect human health. It may damage the hearing system and cause partial or total deafness. Noise also leads to stress-related problems like high blood pressure, disturbed sleep, and headache. Prolonged exposure to noise affects our heart and nervous system, making it a serious health issue.



Q3 Answer any of the following questions in about 40-60 words.

(a) What role does sensitivity and perceptions play in the narrator's understanding of Valodya's feelings during their conflicts?

Ans Sensitivity and perceptions help the narrator understand Valodya's feelings deeply. He senses that Valodya knows his pain but doesn't express it, which causes emotional tension. While Valodya appears carefree, the narrator struggles with his emotions. When Valodya makes peace, the narrator feels confused yet relieved, showing how much he values understanding in their relationship.

Q4 Answer any one of the following questions in about 100-150 words.

(a) What was the significance of three white stripes on the squirrel's back in "How the Squirrel Got His Stripes"?

Ans In the story "How the Squirrel Got His Stripes", the three white stripes on the squirrel's back have a special significance. They are the mark of Lord Rama's blessings. When the squirrel tried to help in building the bridge to Lanka by carrying small pebbles, the monkeys laughed at him. Lord Rama, however, appreciated his dedication and efforts. To show his love and respect, Lord Rama gently ran his fingers on the squirrel's back, leaving three white stripes as a sign of honour and recognition. These stripes became a symbol of hardwork, devotion, and teamwork, no matter how small the contribution.



Q5. Answer any of the following questions in about 100-150 words.

(a) How does the little girl's attitude towards her father change during the when she has a nightmare?

Ans In the beginning, the little girl is afraid of her father. She thinks he is harsh and unloving. She avoids him and feels nervous in his presence. But one night, after a bad dream, she wakes up crying. Her father comes, pick her up, and gently comforts her. Lying beside him, she feels safe and protected. At that moment, she realises that her father is a soft-hearted man, He loves her deeply but doesn't show it openly. She understands that he could not spend time with her only because he was always busy with important business matters. This realisation change her feelings from fear to love and respect. The story highlights that parents may appear strict, but they care deeply for their children.

Q6 Prepare any one project out of the following in about 500 words.

(b) The lesson "Noise: How It Affects Our Lives" mention the impact of noise on the inner ear and emphasizes the importance of reducing noise levels in various settings, such as schools and homes. Promoting a quieter environment is, thus, very necessary. It involves cultivating awareness and adopting considerate behaviors. Simple actions like mindful



Q6 (b) Walking, using one device at a time and adhering to noise regulations contribute collectively to reducing noise pollution, fostering tranquility, and enhancing overall well-being. Write a project on the topic "Creating a Quiet Zone".

Ans \* Introduction: Noise pollution is one of the most common problems in modern life. Whether it is the sound of traffic, loudspeakers, or mobile phones, noise is everywhere. The lesson "Noise - How it Affects Our Lives" tells us how noise affects our health and daily life. It also explains how important it is to reduce noise in the place like homes, and schools and create quiet zones. A quiet zone is a place where noise is controlled and peace is maintained. This helps in improving health, concentration and well-being.

- Creating a Quiet Zone:

1. Impact of Noise on the Inner Ear: The most dangerous effect of noise is on our inner ear. The ear is a very sensitive organ, loud sounds damage the hair cells inside the ear which cannot be repaired. Continuous exposure to high noise levels can cause permanent hearing loss. This is especially harmful to young children and old people. Therefore, it is important to protect our ears by avoiding loud environments.

2. Importance of Reducing Noise in Homes and Schools: our homes and schools must be peaceful places. Loud noise in



- Q6(b)2. The family can disturb sleep and create stress. Children cannot concentrate on their studies in noisy surroundings. Similarly, noise in classrooms breaks attention and reduces learning. Teacher and student both need a quiet environment to focus. So, it is necessary to reduce noise in these areas and maintain discipline.
3. Promoting a Quieter Environment : Creating a quiet zone helps us in many ways. It reduces stress, increases focus, improves relationships, and gives peace of mind. Quiet surroundings are also good for health and sleep. To promote such an environment, we need to be aware and follow basic steps in our daily life. Everyone should take part in making our surroundings noise-free.
4. Cultivating Awareness and Considerate Behaviour : Awareness is the first step in solving any problem. People need to be taught about the harmful effects of noise. Schools can organize activities, rallies, or campaigns on noise pollution. We must also develop considerate behaviour like speaking softly, avoiding unnecessary honking, and not playing loud music. Being respectful of others' peace is the key to building quiet zones.
5. Mindful Walking : Often, we don't realize how even walking can create noise. Slamming doors, running loudly, or dragging



06(b)5. Mindful Walking: furniture all add to the disturbance. By Practising mindful walking, we move carefully and quietly, especially in place like libraries, hospitals and study rooms. This small habit can make a big difference in maintaining silence.

6. Using One Device at a Time: In many homes, multiple devices like TV, mobile and music systems are used at the same time. This creates unnecessary sound. We should use only one devices at a time and keep the volume low. This not only reduces noise but also saves energy and help in better communication within the family.

7. Adhering to Noise Regulations: There are government rules for noise levels in residential areas. Playing loudspeakers late at night, using horns near hospitals and schools, or playing loud music in public are against the law. We should always follow noise regulations and report when others break them. This helps in building peaceful neighbourhoods.

\* Conclusion:- Noise pollution is not just a disturbance, it is a danger to health and mental peace. By understanding its harmful effects and following simple habits, we can create quiet zones in our homes, school, and society. As the lesson teaches, actions like mindful walking, using one device, and following rules can reduce noise pollution. Let's take a step together to make our world more peaceful and healthy.