# Projected Gradient Descent Efficiently\* Solves the Trust Region Subproblem

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#### Abstract

We show that projected gradient descent asymptotically converges to a global minimizer of the trust region subproblem. We remark on next steps in this project at the end.

#### 1 Introduction

Trust region methods are sequential programming procedures in which heuristics are used to approximately solve a general optimization problem through multiple constrained quadratic programs. As a subroutine, these methods formulate and solve many instances of the following trust region subproblem

minimize 
$$(1/2)x^T A x + b^T x$$
  
subject to  $||x|| \le R$  (1)

with variable  $x \in \mathbf{R}^n$ . The problem data are a symmetric matrix  $A \in \mathbf{R}^{n \times n}$ , a vector  $b \in \mathbf{R}^n$ , and a radius parameter R > 0. Crucially, the matrix A is possibly indefinite.

#### 1.1 Previous works

The trust region subproblem is well-studied, and thus there many previous works worth mentioning. In earlier papers, the problem was solved either via subspace methods such as Steihaug-Toint (where no global convergence guarantees have been proven, to our knowledge), or using fast eigenvector and eigenvalue computation procedures like the Lanczos method [?, ?, ?, ?]. More recently, however, some authors have provided convergence guarantees for this problem. For example, by reducing the trust region subproblem to a sequence of approximate eigenvector computations, Hazan and Koren [?] demonstrate that  $\tilde{O}(1/\sqrt{\varepsilon})^1$  matrix-vector multiplies are enough to guarantee an  $\varepsilon$ -suboptimal point. In [?], Nguyen and Kilinç-Karzan reduce the trust region problem to a convex QCQP using eigenvector calculations, where first-order methods apply.

However, perhaps the most obvious algorithm to solve (??), is the projected gradient method, which we study in this paper. To our knowledge, the only previous work that analyzes the convergence properties of this procedure on (??) is [?], where Tao and An augment this procedure by a restarting scheme, requiring possibly O(d) restarts, which could scale poorly for large-scale

<sup>\*</sup>Technically, a conjecture.

<sup>&</sup>lt;sup>1</sup>We use the  $\tilde{O}(\cdot)$  notation to hide logarithmic factors.

problems. We also mention a recent work by Carmon and Duchi [?], studying the closely related problem

minimize 
$$(1/2)x^T A x + b^T x + (\rho/3) ||x||_2^3$$
, (2)

in variable  $x \in \mathbf{R}^n$ , again with A symmetric, possibly indefinite, and parameter  $\rho > 0$ . The authors analyze gradient descent, proving that  $\tilde{O}(1/\varepsilon)$  gradient steps are enough to output an  $\varepsilon$ -suboptimal point.

In this paper we demonstrate that the projected gradient method on (??) asymptotically converges to a global minimizer on the trust region subproblem.

#### 1.2 Notation and classical results

In the sequel, we refer to the objective function as  $f: \mathbf{R}^n \to \mathbf{R}$ , given by  $f(x) = (1/2)x^T A x + 2b^T x$ . Additionally, the constraint set is the closed ball  $\mathcal{B}(R) \triangleq \{x \in \mathbf{R}^n \mid ||x|| \leq R\}$ , where  $||\cdot||$  denotes the Euclidean norm. We use the notation  $x^*$  to denote the global minimum of f when it is unique, so that  $x^* = \operatorname{argmin}_{x \in \mathcal{B}(R)} f(x)$ . We use  $f^*$  to denote the optimal value of f, so that  $f^* = \inf_{x \in \mathcal{B}(R)} f(x)$ . Hence, when  $x^*$  exists,  $f^* = f(x^*)$ .

We fix the eigendecomposition of  $A = UDU^T$ , where  $D = \operatorname{diag}(\lambda_1, \ldots, \lambda_n)$ , and U has orthonormal columns  $u_i$ . We impose without loss that  $\lambda_1 \leq \lambda_2 \leq \cdots \leq \lambda_n$ . By  $\|\cdot\|_{\operatorname{op}}$ , we denote the  $\ell_2$ -operator norm  $\|M\|_{\operatorname{op}} = \sup_{\|x\|=1} \|Mx\|$ , for any  $M \in \mathbf{R}^{n \times n}$ . A useful identity is that  $\|M\|_{\operatorname{op}} = \max_i |\lambda_i(M)|$  when M is a symmetric  $n \times n$  matrix. We will put  $\beta \triangleq \|A\|_{\operatorname{op}}$ .

Additionally, say a differentiable function  $g: \mathbf{R}^n \to \mathbf{R}$  is L-smooth on convex set  $C \subset \mathbf{R}^n$ , provided that

$$\|\nabla g(x) - \nabla g(y)\| \le L\|x - y\|$$
 for any  $x, y \in C$ .

It is well known that this implies

$$g(x) - g(y) \le \nabla g(y)^T (x - y) + \frac{L}{2} ||x - y||^2$$
 for any  $x, y \in C$ . (3)

Equivalently,  $||g(x)||_{\text{op}} \leq L$ , for Lebesgue almost every  $x \in C$ . For nonempty, closed, convex sets  $C \subset \mathbf{R}^n$ , associate the projection operator  $\Pi_C : \mathbf{R}^n \to C$  given by

$$\Pi_C(x) = \underset{y \in C}{\operatorname{argmin}} \left( \frac{1}{2} ||x - y||^2 \right),$$

for any  $x \in \mathbf{R}^n$ . In the sequel we denote by  $I: \mathbf{R}^n \to \mathbf{R}^n$  the identity operator on  $\mathbf{R}^n$ .

# 2 Asymptotic convergence to a global minimizer

#### 2.1 Projected gradient descent

Projected gradient descent (PGD) begins at an initialization  $x^{(0)} \in \mathbf{R}^n$  and generates iterates

$$y^{(k+1)} = x^{(k)} - \eta \nabla f(x^{(k)}) \tag{4}$$

$$x^{(k+1)} = \Pi_{\mathcal{B}(R)}(y^{(k+1)}),\tag{5}$$

for nonnegative integer k and step size  $\eta$ . We make the following assumptions about this procedure.

**Assumption 2.1.** In (??), the step size  $\eta$  satisfies  $0 < \eta < \frac{1}{\beta}$ .

**Assumption 2.2.** The initial point satisfies  $x^{(0)} = 0$ .

#### 2.2 Asymptotic convergence to a global minimizer

We begin by providing a few results, which characterize the iterates of projected gradient descent.

**Lemma 2.3.** Let Assumptions ?? and ?? hold. Then the iterates of gradient descent satisfy  $(u_i^T x^{(k)})(u_i^T b) \leq 0$  for all i = 1, ..., n and every  $k \geq 0$ .  $\theta$ 

*Proof.* Evidently, the claim holds due to Assumption ?? when k = 0. Thus, inductively assume that for some k

$$(u_i^T x^{(k)})(u_i^T b) \le 0 \qquad \text{for all } i = 1, \dots, n.$$

By definition,  $x^{(k+1)} = cy^{(k+1)}$  for some  $c \in (0,1]$ , so it suffices to ensure  $(u_i^T y^{(k+1)})(u_i^T b) \leq 0$ . Using (??) along with Assumption ??,

$$(u_i^T y^{(k+1)})(u_i^T b) = (1 - \eta \lambda_i)(u_i^T x^{(k)})(u_i^T b) - \eta(u_i^T b)^2 \le 0,$$

since  $\eta < \beta^{-1} \le \lambda_i^{-1}$ , for all i = 1, ..., n. This proves the result.

The following result shows projected gradient descent is a descent method for (??).

**Lemma 2.4.** Let Assumption ?? hold. Then for any k > 0,

$$f(x^{(k+1)}) - f(x^{(k)}) \le \left(\frac{\beta}{2} - \frac{1}{2\eta}\right) \|x^{(k+1)} - x^{(k)}\|^2.$$

*Proof.* Basic manipulations imply

$$\nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} \|x - x^{(k)}\|^2 = \frac{1}{2\eta} \|x - (x^{(k)} - \eta \nabla f(x^{(k)}))\|^2 - \frac{\eta}{2} \|\nabla f(x^{(k)})\|^2.$$

Thus, as  $\eta > 0$  it follows that

$$\underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} \|x - x^{(k)}\|^2 \right) = \underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \frac{1}{2} \|x - (x^{(k)} - \eta \nabla f(x^{(k)}))\|^2 \right).$$

Comparing the display above to (??), (??), and the definition of  $\Pi_{\mathcal{B}(R)}$ ,

$$x^{(k+1)} = \underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} \|x - x^{(k)}\|^2 \right). \tag{7}$$

Appealing to the  $\beta$ -smoothness of f and evaluating (??) at  $x^{(k)} \in \mathcal{B}(R)$ ,

$$f(x^{(k+1)}) - f(x^{(k)}) \le \nabla f(x^{(k)})^T (x^{(k+1)} - x^{(k)}) + \frac{\beta}{2} ||x^{(k+1)} - x^{(k)}||^2 \le \left(\frac{\beta}{2} - \frac{1}{2\eta}\right) ||x^{(k+1)} - x^{(k)}||^2.$$

The following result provides a useful optimality criterion for the trust region subproblem (??).

**Theorem 2.5** ([?], Corollary 7.2.2.). A point  $x \in \mathcal{B}(R)$  is a global minimizer of f subject to  $||x|| \le R$  if and only if for some  $z \ge 0$ ,

$$(A + zI)x = -b$$
  $A + zI \succeq 0$   $z(||x|| - R) = 0.$ 

Furthermore, x is unique if and only if A + zI > 0. In this case, we write  $x = x^*$ .

An important special case from Theorem ?? is that when  $||x^*|| < R$ , then  $\nabla f(x^*) = 0$ . Furthermore, with a simplifying assumption, we can provide a set of simpler optimality criterion.

Corollary 2.6. Suppose that  $b^T u_1 \neq 0$ . Then if for some  $\tilde{x} \in \mathcal{B}(R)$  and  $z \geq 0$ , it holds that

$$(A+zI)\tilde{x} = -b z(\|\tilde{x}\| - R) = 0 (u_1^T \tilde{x})(u_1^T b) \le 0 (8)$$

then  $\tilde{x}$  is the unique global minimizer to f over  $\mathfrak{B}(R)$ , i.e.,  $\tilde{x} = x^{\star}$ .

Proof. Focusing on the first condition,  $b^T u_1 = -(z + \lambda_1)(u_1^T \tilde{x})$ . Thus,  $b^T u_1 \neq 0$  implies that  $(u_1^T \tilde{x}) \neq 0$  and  $z + \lambda_1 \neq 0$ , strengthening the third condition to  $(u_1^T \tilde{x})(u_1^T b) < 0$ . But this implies that  $z + \lambda_1 = -(u_1^T b)(u_1^T \tilde{x})/(u_1^T \tilde{x})^2 > 0$ , which implies that  $z > \lambda_i$  for all i, whence A + zI > 0, establishing the result.

The assumptions along with Corollary ?? and Lemmas ?? and ?? give us our desired asymptotic convergence gaurantee.

**Proposition 2.7** (Asymptotic convergence). Let Assumptions ?? and ?? hold, and suppose  $b^T u_1 \neq 0$ . Then as  $k \to \infty$ , the iterates of projected gradient descent satisfy  $x^{(k)} \to x^*$  and  $f(x^{(k)}) \downarrow f(x^*)$ .

*Proof.* It suffices to demonstrate that  $x^{(k)} \to x^*$ , because then the conclusion follows via continuity of f and To that end, Lemma ??. Lemma ?? and Assumption ?? yield the following bound for any integer  $T \ge 1$ ,

$$\left(\frac{1}{2\eta} - \frac{\beta}{2}\right) \sum_{k=0}^{T-1} \|x^{(k+1)} - x^{(k)}\|^2 \le f(x^{(0)}) - f(x^{(T)}) \le f(x^{(0)}) - f^*. \tag{9}$$

Now, define  $\phi: \mathcal{B}(R) \to \mathbf{R}^n$  by  $\phi(x) = \Pi_{\mathcal{B}(R)}(x - \eta \nabla f(x)) - x$ , for points  $x \in \mathcal{B}(R)$ . The bound in (??) implies that the displayed series is convergent as  $T \to \infty$  and thus  $\phi(x^{(k)}) \to 0$ . Note also that the map  $\phi$  is evidently continuous, as  $\nabla f$  is  $\beta$ -Lipschitz and  $\Pi_{\mathcal{B}(R)}$  is non-expansive, thus 1-Lipschitz.

Suppose now that  $\tilde{x} \in \mathcal{B}(R)$  is a subsequential limit of  $(x^{(k)})$  (indeed, one exists since this sequence is bounded), and observe by continuity  $\phi(\tilde{x}) = 0$ . To show that  $\tilde{x} = x^*$ , by Corollary ??, it suffices to establish the first two conditions of (??), as the third immediately holds by Lemma ??. Observe first that  $\phi(\tilde{x}) = 0$  implies that for some  $c \geq 1$ ,

$$\tilde{x} - \eta \nabla f(\tilde{x}) = \tilde{x} - \eta (A\tilde{x} - b) = c\tilde{x}. \tag{10}$$

Indeed, setting  $z = (c-1)\eta^{-1}$ , this implies that  $(A+zI)\tilde{x} = -b$ . If  $\tilde{x}$  lies on the boundary of  $\mathcal{B}(R)$ , so that  $\|\tilde{x}\| = R$ , then as  $z \geq 0$ , this establishes (??) and hence  $\tilde{x} = x^*$ . On the other hand, if  $\tilde{x}$  is in the interior of  $\mathcal{B}(R)$ , so that  $\|\tilde{x}\| < R$ , then  $\phi(\tilde{x}) = 0$  implies that c = 1 in (??), and thus z = 0, once again establishing (??), hence also that  $\tilde{x} = x^*$ . As this analysis applies to any such subsequential limit  $\tilde{x}$  of the bounded sequence  $(x^{(k)})$ , the claim is now proven (since the iterates lie in  $\mathcal{B}(R)$ , which is compact).

We provide some numerical evidence demonstrating the effect of Proposition?? in Figure??.

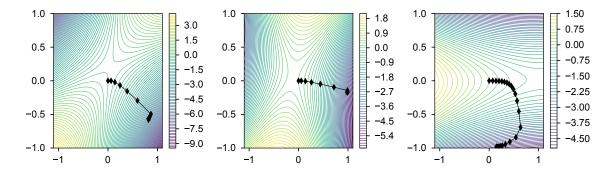


Figure 1: Three random indefinite instances of the trust region subproblem (??), with  $R=1, \eta=1/(2\|A\|_{\rm op})$  and  $x^{(0)}=0$ . From left to right, the eigenvalues are  $\lambda=(-8,3), \lambda=(-9,3),$  and  $\lambda=(-7,1).$  The dots indicate iterates of projected gradient descent and the lines indicate the process  $\dot{x}=-\nabla f(x)$ .

## 3 Non-asymptotic convergence guarantees

## 3.1 Monotone increasing norm

We state and prove a lemma about the norms of projected gradient descent iterates, which will help us bound the time to optimum.

**Proposition 3.1.** Let  $x^{(0)} = 0$ . Then the iterates of projected gradient descent satisfy

$$||x^{(t)}||_2 \ge ||x^{(t)}||_2 \tag{11}$$

for all  $t \geq 0$ .

Before proving this proposition, we prove the following lemmas about the behavior of PGD with respect to the eigenbasis of the problem. We use  $\mathbf{sgn}(a)$  to denote the sign of a scalar a, with  $\mathbf{sgn}(0) = 0$ .

**Lemma 3.2.** Let  $x^{(0)} = 0$ . Then, for  $t \ge 1$  all iterates  $x^{(t)}$  satisfy

$$\operatorname{sgn}(u_i^T x^{(t)}) = -\operatorname{sgn}(u_i^T b). \tag{12}$$

Furthermore, if  $\lambda_i \neq 0$ , then for  $t \geq 1$ ,

$$\operatorname{sgn}\left(u_i^T x^{(t)} + \frac{u_i^T b}{\lambda_i}\right) = \operatorname{sgn}\left(\frac{b_i}{\lambda_i}\right). \tag{13}$$

*Proof.* Since  $y^{(1)} = -\eta b$ , the first claim is clearly true for t = 1. Assume it is true up to  $x^{(t-1)}$ . Then (noting that the projection operator does not alter sign)

$$\begin{aligned} \mathbf{sgn}(u_i^T x^{(t)}) &= \mathbf{sgn} \left( u_i^T \left[ x^{(t-1)} - \eta \nabla f(x^{(t-1)}) \right] \right) \\ &= \mathbf{sgn} \left( (1 - \eta \lambda_i) u_i^T x^{(t-1)} - \eta u_i^T b \right) \end{aligned}$$

By assumption ??,  $1 - \eta \lambda_i > 0$ , so  $\operatorname{sgn}\left((1 - \eta \lambda_i)u_i^T x^{(t-1)}\right) = \operatorname{sgn}\left(u_i^T x^{(t-1)}\right)$ . Therefore,

$$\mathbf{sgn}\left((1-\eta\lambda_i)u_i^Tx^{(t-1)}-\eta u_i^Tb\right)=-\mathbf{sgn}(u_i^Tb),$$

establishing the first claim.

The second claim is also clearly true for t = 0. Assume it is true up to  $x^{(t-1)}$ . Then, for some positive constant  $c \leq 1$ ,

$$\begin{aligned} \mathbf{sgn}\left(u_i^T x^{(t)} + \frac{u_i^T b}{\lambda_i}\right) &= \mathbf{sgn}\left(c u_i^T \left[x^{(t-1)} - \eta \nabla f(x^{(t-1)})\right] + \frac{u_i^T b}{\lambda_i}\right) \\ &= \mathbf{sgn}\left(c(1 - \eta \lambda_i) u_i^T x^{(t-1)} + (1 - c \eta \lambda_i) \frac{u_i^T b}{\lambda_i}\right) \end{aligned}$$

By assumption ??,  $(1 - c\eta \lambda_i) > 0$  and  $c(1 - \eta \lambda_i) > 0$ . Therefore,

$$\mathbf{sgn}\left(c(1-\eta\lambda_i)u_i^Tx^{(t-1)} + (1-c\eta\lambda_i)\frac{u_i^Tb}{\lambda_i}\right) = \mathbf{sgn}\left(u_i^Tx^{(t-1)} + \frac{u_i^Tb}{\lambda_i}\right)$$
$$= \mathbf{sgn}\left(\frac{b_i}{\lambda_i}\right)$$

We are now ready to prove ??,

*Proof.* If  $\lambda_i = 0$ , then  $\nabla f(x^{(t)}) = \eta b$ , and so  $\operatorname{sgn}(u_i^T \nabla f(x^{(t)})) = \operatorname{sgn}(u_i^T b)$ . If  $\lambda_i \neq 0$ , then

$$\begin{aligned} \mathbf{sgn}\left(u_i^T \nabla f(x^{(t)})\right) &= \mathbf{sgn}\left(\lambda_i u_i^T x^{(t)} + u_i^T b_i\right) \\ &= \mathbf{sgn}(\lambda_i) \mathbf{sgn}\left(u_i^T x^{(t)} + \frac{u_i^T b}{\lambda_i}\right) \\ &= \mathbf{sgn}(\lambda_i) \mathbf{sgn}\left(\frac{u_i^T b}{\lambda_i}\right) \\ &= \mathbf{sgn}(u_i^T b) \end{aligned}$$

From this, it follows that

$$(x^{(t)})^T \nabla f(x^{(t)}) = \sum_{i=1}^n (u_i^T x^{(t)}) (u_i^T \nabla f(x^{(t)})) \le 0$$

and therefore,

$$||x^{(t)} - \eta \nabla f(x^{(t)})||^2 = ||x^{(t)}||^2 + \eta^2 ||\nabla f(x^{(t)})||^2 - \eta (x^{(t)})^T \nabla f(x^{(t)})$$
  
 
$$\geq ||x^{(t)}||^2$$

#### 3.2 Projected gradient descent converges to opt linearly on the boundary

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