# Projected Gradient Descent Solves the Trust Region Problem

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#### Introduction

Trust region methods are sequential programming procedures which formulate and solve many instances of the following **trust region problem** 

minimize 
$$(1/2)x^TAx + b^Tx$$
 subject to  $||x|| \le R$  (1)

with variable x. Do **not** assume A is definite.

**Recall...** If  $A \in \mathbb{R}^{n \times n}$  is symmetric then for  $\Lambda$ , orthonormal U,

$$A = U\Lambda U^T$$
  $\Lambda = \mathbf{diag}(\lambda)$   $\lambda_1 \le \dots \le \lambda_n$   $U = [u_1 \mid \dots \mid u_n]$ 

Also have for  $f: \mathbf{R}^n \to \mathbf{R}$  with L-Lipschitz gradient

$$f(x) - f(y) \le \nabla f(y)^T (x - y) + \frac{L}{2} ||x - y||^2$$
  $(x, y \in \text{dom } f)$ 

## Projected Gradient Descent

We investigate the behavior of **projected gradient descent** (PGD) which begins at an initialization  $x^{(0)} \in \mathbf{R}^n$  and generates iterates

$$y^{(k+1)} = x^{(k)} - \eta \nabla f(x^{(k)})$$
$$x^{(k+1)} = \Pi_{\mathcal{B}(R)}(y^{(k+1)}).$$

We make the following assumptions about this procedure:

- step size satisfies  $0 < \eta < 1/\|A\|_{op}$
- initialize at  $x^{(0)} = 0 \in \mathbf{R}^n$ .

### Variational interpretation

Complete the square to verify that PGD iterates satisfy (cf. Nesterov)

$$x^{(k+1)} = \underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} ||x - x^{(k)}||^2 \right).$$

(Essentially) immediately implies that PGD is a descent method:

$$f(x^{(k+1)}) - f(x^{(k)}) \le \left(\frac{\beta}{2} - \frac{1}{2\eta}\right) \|x^{(k+1)} - x^{(k)}\|^2.$$

#### Optimality criterion

The following result provides a useful optimality condition.

**Theorem 1** ([CGT00], Corollary 7.2.2.). A point  $x \in \mathcal{B}(R)$  is a global minimizer of f subject to  $||x|| \leq R$  if and only if for some  $z \geq 0$ ,

$$(A + zI)x = -b$$
  $A + zI \succeq 0$   $z(||x|| - R) = 0.$ 

Furthermore, x is unique iff A + zI > 0. In this case, we write  $x = x^*$ .

We show (and make use of) the following weaker statement.

**Corollary 2.** Suppose that  $b^T u_1 \neq 0$ . Then if at  $\tilde{x} \in \mathcal{B}(R)$ ,  $z \geq 0$ , have

$$(A+zI)\tilde{x} = -b z(\|\tilde{x}\| - R) = 0 (u_1^T \tilde{x})(u_1^T b) \le 0$$

then  $\tilde{x}$  is the unique global minimizer to f over  $\mathcal{B}(R)$ , i.e.,  $\tilde{x}=x^{\star}$ .

## Asymptotic result

Under mild assumptions we obtain the following result.

**Proposition 3** (Asymptotic convergence). Let the step-size and initialization assumptions hold, and assume further that suppose  $b^T u_1 \neq 0$ . Then as  $k \to \infty$ , the iterates of projected gradient descent satisfy  $x^{(k)} \to x^*$  and  $f(x^{(k)}) \downarrow f(x^*)$ , where  $x^*$  is the unique global minimizer to f over  $\mathcal{B}(R)$ .

- In English, unless you have a pretty sick trust region problem, PGD eventually gets to the global minimizer of f.
- *Disclaimer:* this statement (nor its proof) admit an obvious convergence rate. This means, you could get to opt quite slowly (though not in practice, . . . )

#### Convergence proof

**Idea:** Show that  $||x^{(k+1)} - x^{(k)}||_2^2 \rightarrow 0$  and hope that's enough.

Use descent method inequality to show that

$$x^{(k+1)} - x^{(k)} \to \infty. \tag{2}$$

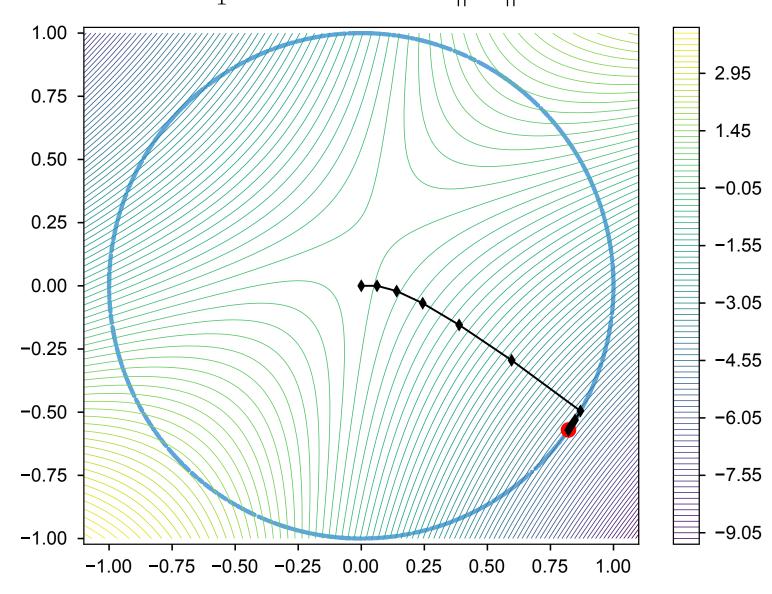
• Introduce continuous map  $g: \mathcal{B}(R) \to \mathbf{R}^n$ ,

$$x \mapsto \Pi_{\mathcal{B}(R)}(x - \eta \nabla f(x)) - x$$

- this is just a single PGD step
- can rewrite Eq. (2) as  $g(x^{(k)}) \rightarrow 0$
- Consider a subsequential limit (one exists since  $x^{(k)}$  lie in compact set) L
- Use continuity to conclude that limits satisfy g(L)=0
- Use the optimality criterion, projection map, and case work to analyze  $\ker g$
- Conclude that  $L = x^*$
- The analysis above applies to any limit point, so we're done (here we use the fact that  $\{x^{(k)}\}\subset K=\mathcal{B}(R)$ )

#### Numerical example

Example below has  $A \in \mathbf{R}^{2 \times 2}$  with  $\lambda_1(A) = -8$ ,  $\lambda_2(A) = 3$ . We took R = 1,  $\eta = 1/16$ . Note that  $b^T u_1 = 0.790857$  and  $||x^\star|| = 1$ .



**Figure 1:** Trust region problem. Black diamonds are  $x^{(k)}$ , red dot is  $x^*$ , blue circle is  $\partial \mathcal{B}(R)$ .

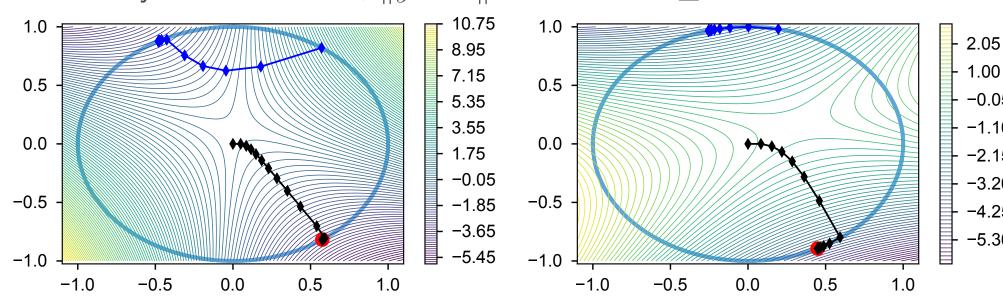
#### Ideas for non-asymptotics

Basically, it looks like a non-asymptotic proof of convergence could follow the following lines (roughly)

1. Show that there is a  $\tau^{\mathrm{bd}}$  such that when  $t \geq \tau^{\mathrm{bd}}$ , we can guarantee that you've used projection at least once (*i.e.*, you've hit the boundary)

$$||y^{(t)}||^2 = \eta^2 \left\| \sum_{k=0}^{t-1} (I - \eta A)b \right\|^2 = \sum_{i=1}^n \left( \frac{b^T u_i}{\lambda_i} \right)^2 (1 - (1 - \eta \lambda_i)^t)^2 > R^2$$

2. Show that once the boundary is reached, successive iterates remain on the boundary. In other words,  $||y^{(t+1)}|| > R$  for all  $t \ge \tau^{\mathrm{bd}}$ .



**Figure 2:** Initializing randomly on the boundary of  $\mathcal{B}(R)$  doesn't always work!

- Importantly, property of remaining on boundary for all successive iterates is not true of all points  $x \in \partial \mathcal{B}(R)$ , . . .
- 3. Show a contraction inequality like (for  $k \geq \tau^{\mathrm{bd}}$ )

$$||x^{(k+1)} - x^*|| \le (1 - \epsilon)||x^{(k)} - x^*|| \qquad (\epsilon > 0)$$

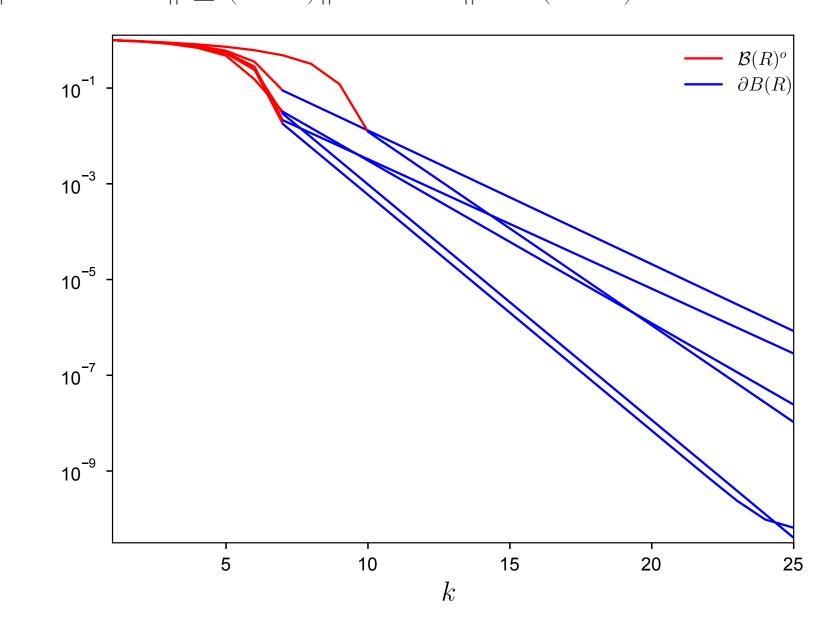


Figure 3: Two regimes of convergence

4. Conclude via smoothness, standard GD analysis for smooth problems.

## References & Acknowledgements

[CD16] Yair Carmon and John C. Duchi. Gradient descent efficiently finds the cubic-regularized non-convex Newton step. CoRR, abs/1612.00547, 2016.

[CGT00] Andrew R. Conn, Nicholas I. M. Gould, and Philippe L. Toint. *Trust-region methods*. Society for Industrial and Applied Mathematics, Philadelphia, PA, USA, 2000.

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