# Projected Gradient Descent Efficiently\* Solves the Trust Region Subproblem

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#### Abstract

We show that projected gradient descent asymptotically converges to a global minimizer of the trust region subproblem. We remark on next steps in this project at the end.

## 1 Introduction

Trust region methods are sequential programming procedures in which heuristics are used to approximately solve a general optimization problem through multiple constrained quadratic programs. As a subroutine, these methods formulate and solve many instances of the following optimization problem

minimize 
$$(1/2)x^T A x + b^T x$$
  
subject to  $||x|| \le R$  (1)

with variable  $x \in \mathbf{R}^n$ . The problem data are a symmetric matrix  $A \in \mathbf{R}^{n \times n}$ , a vector  $b \in \mathbf{R}^n$ , and a radius parameter R > 0. Crucially, the matrix A is possibly indefinite. Problem (1) is referred to as the *trust region subproblem*. Here, we are interested in procedures that provably return an  $(\varepsilon$ -suboptimal) global minimizer  $x \in \mathbf{R}^n$ .

#### 1.1 Previous works

The trust region subproblem is well-studied, and thus there many previous works worth mentioning. In earlier papers, the problem was solved either via subspace methods such as Steihaug-Toint, where no global convergence guarantees to our knowledge have proven, or using fast eigenvector and eigenvalue computation procedures like the Lanczos method [CGT00, EG09, GLRT99, GRT10]. More recently, however, some authors have provided convergence guarantees for this problem. For example, by reducing the trust region subproblem to a sequence of approximate eigenvector computations, Hazan and Koren [HK16] demonstrate that  $\tilde{O}(1/\sqrt{\varepsilon})^1$  matrix-vector multiplies are enough to guarantee an  $\varepsilon$ -suboptimal point. In [HK17], Nguyen and Kilinç-Karzan reduce the trust region problem to a convex QCQP using eigenvector calculations, where first-order methods apply.

However, perhaps the most obvious algorithm to solve (1), is the *projected gradient method*, which we study in this paper. To our knowledge, the only previous work that analyzes the convergence properties of this procedure on (1) is [TA98], where Tao and An augment this procedure

<sup>\*</sup>Technically, a conjecture.

<sup>&</sup>lt;sup>1</sup>We use the  $\tilde{O}(\cdot)$  notation to hide logarithmic factors.

by a restarting scheme, requiring possibly O(d) restarts, which could scale poorly for large-scale problems. We also mention a recent work by Carmon and Duchi [CD16], studying the closely related problem

minimize 
$$(1/2)x^T A x + b^T x + (\rho/3) ||x||_2^3$$
, (2)

in variable  $x \in \mathbf{R}^n$ , again with A symmetric, possibly indefinite, and parameter  $\rho > 0$ . The authors analyze gradient descent, proving that  $\tilde{O}(1/\varepsilon)$  gradient steps are enough to output an  $\varepsilon$ -suboptimal point.

In this paper we demonstrate that the projected gradient method on (1) asymptotically converges to a global minimizer on the trust region subproblem. In §2 we prove that projected gradient descent is a descent method, in particular, converging to the global minimizer of the objective in problem (1).

### 1.2 Notation and classical results

In the sequel, we refer to the objective function as  $f: \mathbf{R}^n \to \mathbf{R}$ , given by  $f(x) = (1/2)x^T A x + 2b^T x$ . Additionally, the constraint set is the closed ball  $\mathcal{B}(R) \triangleq \{x \in \mathbf{R}^n \mid ||x|| \leq R\}$ , where  $||\cdot||$  denotes the Euclidean norm. We use the notation  $x^*$  to denote the global minimum of f when it is unique, so that  $x^* = \operatorname{argmin}_{x \in \mathcal{B}(R)} f(x)$ . We use  $f^*$  to denote the optimal value of f, so that  $f^* = \inf_{x \in \mathcal{B}(R)} f(x)$ . Hence, when  $x^*$  exists,  $f^* = f(x^*)$ .

We fix the eigendecomposition of  $A = UDU^T$ , where  $D = \mathbf{diag}(\lambda_1, \dots, \lambda_n)$ , and U has orthonormal columns  $u_i$ . We impose without loss that  $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_n$ . By  $\|\cdot\|_{\mathrm{op}}$ , we denote the  $\ell_2$ -operator norm  $\|M\|_{\mathrm{op}} = \sup_{\|x\|=1} \|Mx\|$ , for any  $M \in \mathbf{R}^{n \times n}$ . A useful identity is that  $\|M\|_{\mathrm{op}} = \max_i |\lambda_i(M)|$  when M is a symmetric  $n \times n$  matrix. We will put  $\beta \triangleq \|A\|_{\mathrm{op}}$ .

Additionally, say a differentiable function  $g: \mathbf{R}^n \to \mathbf{R}$  is L-smooth on convex set  $C \subset \mathbf{R}^n$ , provided that

$$\|\nabla g(x) - \nabla g(y)\| \le L\|x - y\|$$
 for any  $x, y \in C$ .

It is well known that this implies

$$g(x) - g(y) \le \nabla g(y)^T (x - y) + \frac{L}{2} ||x - y||^2$$
 for any  $x, y \in C$ . (3)

Equivalently,  $||g(x)||_{op} \leq L$ , for Lebesgue almost every  $x \in C$ . For nonempty, closed, convex sets  $C \subset \mathbf{R}^n$ , associate the projection operator  $\Pi_C : \mathbf{R}^n \to C$  given by

$$\Pi_C(x) = \underset{y \in C}{\operatorname{argmin}} \left( \frac{1}{2} ||x - y||^2 \right),$$

for any  $x \in \mathbf{R}^n$ . In the sequel we denote by  $I: \mathbf{R}^n \to \mathbf{R}^n$  the identity operator on  $\mathbf{R}^n$ .

# 2 Asymptotic convergence to a global minimizer

### 2.1 Projected gradient descent

Projected gradient descent (PGD) begins at an initialization  $x^{(0)} \in \mathbf{R}^n$  and generates iterates

$$y^{(k+1)} = x^{(k)} - \eta \nabla f(x^{(k)}) \tag{4}$$

$$x^{(k+1)} = \Pi_{\mathcal{B}(R)}(y^{(k+1)}),\tag{5}$$

for nonnegative integer k and step size  $\eta$ . We make the following assumptions about this procedure.

**Assumption 2.1.** In (4), the step size  $\eta$  satisfies  $0 < \eta < \frac{1}{\beta}$ .

**Assumption 2.2.** The initial point satisfies  $x^{(0)} = 0$ .

# 2.2 Asymptotic convergence to a global minimizer

We begin by providing a few results characterizing the iterates of projected gradient descent.

**Lemma 2.3.** Let Assumptions 2.1 and 2.2 hold. Then the iterates of gradient descent satisfy  $(u_i^T x^{(k)})(u_i^T b) \leq 0$  for all i = 1, ..., n and every  $k \geq 0$ . 0

*Proof.* Evidently, the claim holds due to Assumption 2.2 when k=0. Thus, inductively assume that for some k

$$(u_i^T x^{(k)})(u_i^T b) \le 0$$
 for all  $i = 1, ..., n$ . (6)

By definition,  $x^{(k+1)} = cy^{(k+1)}$  for some  $c \in (0,1]$ , so it suffices to ensure  $(u_i^T y^{(k+1)})(u_i^T b) \leq 0$ . Using (6) along with Assumption 2.1,

$$(u_i^T y^{(k+1)})(u_i^T b) = (1 - \eta \lambda_i)(u_i^T x^{(k)})(u_i^T b) - \eta(u_i^T b)^2 \le 0$$

since  $\eta < \beta^{-1} < \lambda_i^{-1}$ , for all i = 1, ..., n. This proves the result.

It will be useful to have the following variational characterization of these iterates.

**Lemma 2.4.** Let Assumption 2.1 hold. Then, for all k > 0, iterates of projected gradient descent satisfy

$$x^{(k+1)} = \underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} \|x - x^{(k)}\|^2 \right). \tag{7}$$

*Proof.* Basic manipulations imply

$$\nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} \|x - x^{(k)}\|^2 = \frac{1}{2\eta} \|x - (x^{(k)} - \eta \nabla f(x^{(k)}))\|^2 - \frac{\eta}{2} \|\nabla f(x^{(k)})\|^2.$$

Since  $\eta > 0$  and  $\nabla f(x^{(k)})$  is constant with respect to the minimization in (7),

$$\underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \nabla f(x^{(k)})^T (x - x^{(k)}) + \frac{1}{2\eta} \|x - x^{(k)}\|^2 \right) = \underset{x \in \mathcal{B}(R)}{\operatorname{argmin}} \left( \frac{1}{2} \|x - (x^{(k)} - \eta \nabla f(x^{(k)}))\|^2 \right).$$

The claim now immediately follows from the projected gradient descent iteration, (4) and (5).

**Lemma 2.5** (PGD is a descent method). Let Assumption 2.1 hold. Then for any k > 0,

$$f(x^{(k+1)}) - f(x^{(k)}) \le \left(\frac{\beta}{2} - \frac{1}{2n}\right) \|x^{(k+1)} - x^{(k)}\|^2.$$

*Proof.* As  $x^{(k)} \in \mathfrak{B}(R)$ , Lemma 2.4 yields

$$\nabla f(x^{(k)})^T (x^{(k+1)} - x^{(k)}) \le -\frac{1}{2\eta} \|x^{(k+1)} - x^{(k)}\|^2.$$

Since f is  $\beta$ -smooth, the smoothness inequality (3) implies

$$f(x^{(k+1)}) - f(x^{(k)}) \le \nabla f(x^{(k)})^T (x^{(k+1)} - x^{(k)}) + \frac{\beta}{2} ||x^{(k+1)} - x^{(k)}||^2 \le \left(\frac{\beta}{2} - \frac{1}{2\eta}\right) ||x^{(k+1)} - x^{(k)}||^2,$$

as needed. 
$$\Box$$

The following result provides a useful optimality criterion for the trust region subproblem (1).

**Theorem 2.6** ([CGT00], Corollary 7.2.2.). A point  $x \in \mathcal{B}(R)$  is a global minimizer of f subject to  $||x|| \le R$  if and only if for some  $z \ge 0$ ,

$$(A + zI)x = -b$$
  $A + zI \succeq 0$   $z(||x|| - R) = 0.$ 

Furthermore, x is unique if and only if A + zI > 0. In this case, we write  $x = x^*$ .

An important special case from Theorem 2.6 is that when  $||x^*|| < R$ , then  $\nabla f(x^*) = 0$ . Furthermore, with a simplifying assumption, we can provide a set of simpler optimality criterion.

Corollary 2.7. Suppose that  $b^T u_1 \neq 0$ . Then if for some  $\tilde{x} \in \mathcal{B}(R)$ , it holds that

$$(A+zI)\tilde{x} = -b z(\|\tilde{x}\| - R) = 0 (u_1^T \tilde{x})(u_1^T b) \le 0 (8)$$

then  $\tilde{x}$  is the unique global minimizer to f over  $\mathfrak{B}(R)$ , i.e.,  $\tilde{x} = x^{\star}$ .

*Proof.* Focusing on the first condition,  $b^Tu_1 = -(z + \lambda_1)(u_1^T\tilde{x})$ . Thus,  $b^Tu_1 \neq 0$  implies that  $(u_1^T\tilde{x}) \neq 0$  and  $z + \lambda_1 \neq 0$ , strengthing the third condition to  $(u_1^T\tilde{x})(u_1^Tb) < 0$ . But this implies that

$$z + \lambda_1 = \frac{-b^T u_1}{u_1^T \tilde{x}} = \frac{-b^T u_1(u_1^T \tilde{x})}{(u_1^T \tilde{x})^2} > 0,$$

which implies that  $z > \lambda_i$  for all i, whence A + zI > 0, establishing the result.

**Proposition 2.8** (Asymptotic convergence). Let Assumption 2.1 and 2.2 hold. Furthermore, suppose  $b^T u_1 \neq 0$ . Then, the iterates of projected gradient descent satisfy  $x^{(k)} \to x^*$  and  $f(x^{(k)}) \downarrow f(x^*)$ , as  $k \to \infty$ .

*Proof.* Lemma 2.5 and Assumption 2.1 yield the following bound for any integer  $T \geq 1$ ,

$$\left(\frac{1}{2\eta} - \frac{\beta}{2}\right) \sum_{k=0}^{T-1} \|x^{(k+1)} - x^{(k)}\|^2 \le f(x^{(0)}) - f(x^{(T)}) \le f(x^{(0)}) - f^*. \tag{9}$$

We demonstrate shortly that the display in (9) implies that  $x^{(k)} \to x^*$ . Conditional on this fact, the result  $f(x^{(k)}) \downarrow f(x^*)$  immediately follows from continuity and Lemma 2.5.

Define  $\phi: \mathcal{B}(R) \to \mathbf{R}^n$  by  $\phi(x) = \Pi_{\mathcal{B}(R)}(x - \eta \nabla f(x)) - x$ , for points  $x \in \mathcal{B}(R)$ . The bound in (9) implies that the displayed series is convergent as  $T \to \infty$  and thus  $\phi(x^{(k)}) \to 0$ . Note also that the map  $\phi$  is evidently continuous, as  $\nabla f$  is  $\beta$ -Lipschitz and  $\Pi_{\mathcal{B}(R)}$  is non-expansive, thus 1-Lipschitz.

Suppose now that  $\tilde{x} \in \mathcal{B}(R)$  is a subsequential limit of  $(x^{(k)})$  (indeed, one exists since this sequence is bounded), and observe by continuity  $\phi(\tilde{x}) = 0$ . To show that  $\tilde{x} = x^*$ , by Corollary 2.7, it suffices to establish the first two conditions of (8), as the latter immediately holds by Lemma 2.3. Observe first that  $\phi(\tilde{x}) = 0$  implies that for some  $c \geq 1$ ,

$$\tilde{x} - \eta \nabla f(\tilde{x}) = c\tilde{x}. \tag{10}$$

Indeed, setting  $z = (c-1)\eta^{-1}$ , this implies that  $(A+zI)\tilde{x} = -b$ . If  $\tilde{x}$  lies on the boundary of  $\mathcal{B}(R)$ , so that  $\|\tilde{x}\| = R$ , then as  $z \geq 0$ , this establishes (8) and hence  $\tilde{x} = x^*$ . On the other hand, if  $\tilde{x}$  is in the interior of  $\mathcal{B}(R)$ , so that  $\|\tilde{x}\| < R$ , then  $\phi(\tilde{x}) = 0$  implies that c = 1 in (10), and thus z = 0, once again establishing (8), hence also that  $\tilde{x} = x^*$ . As this analysis applies to any such subsequential limit  $\tilde{x}$  of the bounded sequence  $(x^{(k)})$ , the claim is now proven.

We provide some numerical evidence demonstrating the effect of Proposition 2.8 in Figure 1.

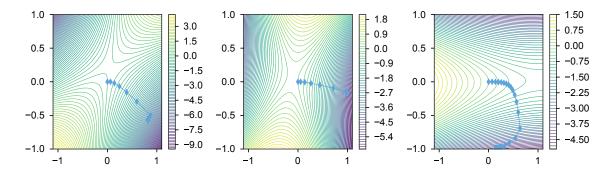


Figure 1: Three random indefinite instances of the trust region subproblem (1), with  $\eta = 1/(2\|A\|_{\text{op}})$  and  $x^{(0)} = 0$ . From left to right, the eigenvalues are  $\lambda = (-8,3)$ ,  $\lambda = (-9,3)$ , and  $\lambda = (-7,1)$ . The dots indicate iterates of projected gradient descent and the lines indicate the process  $\dot{x} = -\nabla f(x)$ .

# 3 Non-asymptotic convergence guarantees

We plan to continue this work by providing convergence rates for this problem. In particular, the goal now is to prove the equivalent of Theorem 3.1, [CD16].

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