

Michelle Mcvay

Physical Therapist Assistant/Certified Lymphedema Therapist

Rolling Prairie, IN

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To obtain a position as a Physical Therapist Assistant and or Complete Health Coach assisting community members in achieving their optimal Physical, Nutritional, Financial, and mental health in a team oriented environment that encourages team collaboration, continuing education, and puts the client's first.

WORK EXPERIENCE

Physical Therapist Assistant

THERAPY STAFF - Indianapolis, IN -

March 2017 to Present

I work as a Physical Therapist Assistant. My responsibilities include assisting patients in Skilled Nursing Facilities, Alzheimer's, and Dementia Units to achieve long and short term goals to reduce the burden of care for caregivers, reduce patient pain, improve flexibility and strength, and achieve optimal function for the most independent level of function possible to improve patient quality of life and assist with return to home if possible.

Fit For Life Coordinator/Physical Therapist Assistant

Chesterton Physical Therapy - Chesterton, IN -

December 2015 to March 2017

Coordinate staff, health coaching, gym programs, classes, and marketing efforts within the Fit For Life program. Often performing various health screens throughout the community. Also work under the direction and supervision of the Physical Therapist to deliver quality care to patients of varying abilities and diagnoses to achieve optimal function in accordance with goals set forth in the initial examination.

Physical Therapist Assistant/Certified Lymphedema Therapist

IncreMedical, LLC - Saint John, IN -

December 2008 to October 2015

Responsibilities: In this role I served on the Fransiscan Alliance Cancer Care Committee aligned with the Rehabilitation Institute of Chicago. Committee meetings were held quarterly. In the role of Certified Lymphedema Therapist I also reported on all cancer patients every two weeks to the Cancer Care Center in Michigan City, IN. In the out-patient clinic I was responsible for working under the direction and supervision of a Physical Therapist to rehabilitate patients with varying diagnoses. My case load included a 50% case load of lymphedema patient's and 50% case load of combined patients having varying diagnoses including both orthopedic and neurological

conditions. Other responsibilities included covering In-Patient Acute Therapy as well as In-Patient Rehabilitation Therapy.

Physical Therapist Assistant

CompHealth - Grand Rapids, MI -

January 2008 to December 2008

- I worked as a traveling therapist in an in-patient rehabilitation setting, progressive care unit, acute care setting, and out-patient setting as needed. My contract started out with just Gary Methodist. As the year progressed I was asked to include in two separate addendums to my contract, the South Lake facility as well as Gary out-patient facility. I worked under the direction and supervision of the physical therapist to assist patients in achieving goals set forth in the initial evaluation in order to return to activities of daily living. Caseload included patients with orthopedic conditions.

Physical Therapist Assistant

Granger Physical Therapy - Granger, IN -

June 2004 to December 2008

- I worked in this out-patient facility as a physical therapist assistant under the direction and supervision of the Physical Therapist in a manual based out-patient facility assisting patient's with orthopedic conditions to achieve long and short term physical therapy goals to assist patient's with attaining the highest level of function possible.

Physical Therapist Assistant

Home Care Services - Michigan City, IN -

October 2007 to December 2007

Responsibilities

I worked with this Home Health Agency delivering quality care to home bound patients. Working under the direction and supervision of the Physical Therapist, I assisted in the rehabilitation process progressing patients toward there long and short term physical therapy goals to ensure the greatest functional independence was attained. I was responsible for completing and endorsing my documentation, time sheet, and submitting mileage reports in a timely manner.

Physical Therapist Assistant

Porter County Physical Med Rehab - Valparaiso, IN -

January 2007 to December 2007

Working at this chriopratic-affiliated therapy facility, my responsibilities included rehabilitating individuals under the direction and supervision of the Physical Therapst to assist with a largely orthopedic patient population in achieving the highest level of function possible to help patient's return to activities of daily living.

Physical Therapist Assistant

Saint Anthony Hospital - Michigan City, IN -

January 2007 to December 2007

- The Rehabilitation floor and acute floors is where most of my time was spent treating patients with both neurological as well as musculoskeletal disorders. Other responsibilities included attending doctor meetings once per week, endorsing documentation in a timely manner, entering daily FIM scores for rehab floor patient's and collaborating with the physical therapist to assist patient's in achieving the level of function desired for return home.

EDUCATION

Certification in Lymphedema management

Norton School of Lymphatics

2012

Bachelor Degree in Health Sciences

Trident University - California

2010

Associate Degree: Applied Sciences in Physical Therapist Assistant

Ivy Tech State College Northwest - Gary, IN

2004

SKILLS

Certified Lymphedema Therapist (6 years), Physical Therapist Assistant (10+ years), Cancer Related Fatigue/CA patient treatment (6 years)

CERTIFICATIONS/LICENSES

PTA

June 2016

BLS for Healthcare Providers

February 2019

AHA approved

Certified Lymphedema therapist

Norton School of Lymphatics

ADDITIONAL INFORMATION

I do continuing education on a monthly basis to stay abreast of new techniques and concepts that will assist clients with engaging in the most up to date research based evidenced ways of staying healthy.