

Lamarquis Banford

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Objective: To obtain a full-time position where I can utilize my skills and experience to become a more skillful employee.

Experience

Valassis- Auburn, WA

12/2017-10/2018

Position: Logistic Technician 1(Forklift Operator)

Description: Enter receiving information into computer systems and prepare reports, Assist in location of excess materials, Ensures disposition of copy, Utilizes the Oracle Transportation System to properly generate required shipping and postal documentation, Performs shipping scheduling, Manages daily work assignment to prioritize loads, Ensure accuracy for shipment to USPS, Unload trucks with raw material in a timely cost effective manner, Move materials within and from the warehouse to production area, Returns finished products to shipping area, locates copy

Logic Staffing- Kent, WA 09/2017-12/2018

Position: Forklift Operator

Description: Shipping and Receiving

King Electric- Seattle, WA 10/2016-09/2017

Position: Manufacturing/ Forklift

Description: Install various compounds into electrical heater assemblies, Use various hand and pneumatic tools, Label products effectively, Package finished goods utilizing both boxing and

wrapping techniques, Utilize RF Scan guns using management system, Load pallets, Put away products safely and effectively, Review/Complete all incoming receipts, Operate equipment and push/pull attachments

C&M Cleaning Services- Chicago, IL 06/2012-09-2015

Position: Residential and Commercial Cleaner

Description: wipe down countertops, desks, other surfaces, Collect & dispose of trash, recycling, and compose, Spot clean cabinets, drawers, and glass surfaces, Steel-shine appliances and fixtures, Sweep and vacuum, Ensure client location secured and locked when leaving, Comply with safety policies and procedures, Interact positively with team members

Jewel Warehouse- Chicago, IL 09/2010-07/2011

Position: Forklift/Order Filler

Description: Ability to learn proper selection procedures, Shipping and Receiving techniques, computerized inventory procedures, Safe operating techniques of motor driven pallet jacks and forklifts, Ability to bend, stop, twist and turn frequently, Basic math skills required in order to correctly select products, Picking products in first & second level pick slots, Assemble and shrink wrap pallets for shipping, Filling orders for distribution in a timely and effective manner

Smarte Cart- Chicago, IL 08/2007-10/2009

Position: Cart Associate

Description: Transport carts from high return areas to high rental areas to ensure that carts are always available to customers, Perform routine maintenance, Cleaning carts, Cart management units, Practice safe work behaviors assuring safety of self, staff, and visitors, Providing courteous service in assisting customers, Maintain communication and cooperation with co-workers and facility management, Lifting up to 40lbs, Push/pull 75lbs to move carts (15 or more) simultaneously, Walk/stand majority of shift

Education

Hugh Manly Career Academy

Chicago, IL 2001

High School Diploma

Skills

Microsoft word, outlook, PowerPoint, Photoshop, RF Scan guns, operating electrical, stand-up, and propane forklifts, Shipping and receiving techniques

References available upon requests