

Lawrence Francis

Resume

Lawrence T. Francis
Wilsonville, OR 97070

Telephone: 904-422-6354

Email: yalayeh@yahoo.com

REGISTERED NURSE (BSN-RN) / Master in Public Health (MPH) General

Accident and Emergency- Leadership Management

I am a respectful and dedicated professional, benefiting from working with multi-disciplinary teams; professional and developmental patient care, resourceful, and responsive to any emergencies for positive change. I do file Records and manage busy workloads, promoting services, increasing personal and professional standards of practice. I am now looking forward to making significant changes and contributions within an organization as I did with the USPHS, and Northeast Florida State Hospital. I have obtained an advance degree in Master in Public Health at the end of August of 2012.

AREAS OF EXPERTISE

*Teamwork	*Individual care programs	*Patient and family counseling
*Patient care Mgmt/ planning	* Nursing process	*Community nursing
*Minor, major CPR	*Clinical research	*Medical-surgical nurse
*Public health research	* Social Change	*disease (s) prevention
*Medications administration	*Administration	*Computer literacy
*Pain management	*Training others	*Accidents and Emergencies,
Leadership Mental Health*Infectious disease(s)* Long-Term Care	Experience	
*Psychotherapy for anxiety disorders * Psychosocial Rehabilitation	* Crisis Intervention etc.	

Professional Development:

Advance	CPR Certificate - 2020
BCU	Teaching and Assessment in Clinical Practice -2009
RN	Pin Number- 9296616- 2009-2019

Professional Experienced and Significant Achievements

- Federal Bureau of Prison Hospital, Bastrop, TX (Nurse) - Aug 2011- JULY 2012**
- **Federal Bureau of Prisons Hospital, Sheridan, OR (Nurse)- Aug 09- Aug 2011**
- **Federal Correctional Institution Hospital, La Tuna, Anthony, TX (Nurse)- May 01, 2012 – May 30, 2012**
- **Northeast Florida States Hospital, Mental Health (Nurse) - Feb 7, 2014, June 19, 2017**
- **Family First HomeCare (NURSE) - April 3, 2018 to NOW, and working one day or two days a week as Gastrostomy Tube Feeding**

I have worked in multiple areas of the Federal Bureau of Prisons that consists of 2,500 inmates. The shift in the health sector at FCI Sheridan consists of morning shift from 6:00am to 2:30pm, and afternoon shift from 10:00am to 6:00pm. The institution has several trauma rooms.

In the triage rooms, I was responsible for patient assessment, and prioritizing medical conditions of the patient base on their medical histories. In addition, I was responsible for Inmates admission assessment,

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care and evaluation of patients. Sometimes I have to call the doctor to prescribe Medications for new inmates, clients, or ordered medications for Inmates. Sometimes the doctor will be contacted to prove sending inmate to the Emergency Room due to an inmate or patient health problem. At the institutions; when I conducted patients triage, assessment, treatment or Intakes, these records have to be documented for the staff on the next shift; which is considered important for new and old detainees who have been to other facilities.

Medical assessments, medication administration, (PPD) implant during intakes are due to the Federal Bureau of Prisons Policy.

Medical-surgical nurse: I have always been caregivers, independently make assessment and plan, and implement client care base on nursing knowledge and skills.

Nurse Educator: the role of educator is the teaching and learning process. I advocate to patients, to assess the need for advocacy; communicate with other health care team members; provide patient and family teaching; Assist and support patient decision making; serve as a change agent in the health care system; Participate in health policy formulation. I was a leader and manager and Researcher as medical-surgical nurse. I did the Step of the Nursing Process: Assessment- nursing admission data, patient assessment flow sheet, diagnosis, planning, implementation, evaluation among others.

Surgical Nurse, I worked on Active Duty 2008 to 2012 in many Federal Prisons hospitals; and BOP; and in United States of America. Many of these patients in the Federal Prisons, and diagnoses were (ICU) which are critical care nurse, and Intensive Care Unit; and also, gastrostomy tube feeding of patients. I have to care for patients, and need critical care. Many patients had chronic, acute illnesses or injuries and I have to do special intensive monitoring and attention for all the patients. I have to undergo specialized training for ICU Nurse to learn and help patients. After training, I was responsibly to include patients close monitoring vital signs every 15 or 30 minutes. I was mechanically and technically adept in operating life support and cardiac monitoring systems. This is how I administer medications and for patients care with ICU; administer medication through intravenous line or injections; changing urinary catheters; wound dressings; turning the patients to side every 2 hours; bed baths and hygienic care to patients; especially the bedridden ones; and to provide emotional support to the significant others of the patients. I will always communicate therapeutically and provide relevant health teachings to patient and family. Also, as surgical nurse, I did work for so many years; I was working in one area as surgical Nurse and am obstetrics, pediatric surgery and cardiac surgery. I worked closely with patients, and monitor patient vital signs, and pass instruments to the surgeons, and notified team. If there were any emergency perform life saving maneuvers; I have to transport the patient to recovery room or intensive care units; I required changing patient's dressing and administering medications among others. Continue with patient's lab work, chest x-ray, PPD skin Test, among others.

Gastrostomy Tube Feeding; Tube feeding, many of the patients that could not eat enough or drink enough, I have to adequate nutrition for the patient's body; I have to give patient good nutrition for patient body to heal. The gastrostomy tube (GT) is a short feeding tube that goes directly into patient stomach. I have to give patient liquid food and water through the feeding tube, and give patient medication through the tube and take care of the tube. Before giving the patient feeding, patient needs 60cc syringe. Again, before giving the patient tube feeding, I have to wash my hands thoroughly before touching the GT, food, or medication. Check the placement of patient's GT. Attach a 60cc syringe to the

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end of patient's feeding tube, pull back on the plunger and see some gastric juices (yellow-green fluid). If yellow and green fluid is available in the stomach, tell patient that tube is in the stomach. If no stomach content available, call the Doctor and tell the Doctor that length of tube has changed or tube has been displaced. When I am giving medications to patient it will be on gastrostomy tube with liquid. If liquid is not available, I will crush the pills for patient.

These are the records to give patients medications on Gastrostomy tube:

- Check for feeding tube placement and giving the tube feeding with Steps 2 and 3.
- Flush patient feeding tube with 30cc of water before giving patient's medication.
- Crush the pills; to crush patient pills, place them in a plastic bag, and then use a rolling pin or soup can as a crushing instrument. After you have crushed your pills finely, let the pieces dissolve in warm water (not hot water) so that no pieces will clog your tube.
- Draw medication up into patient syringe by pulling back on the plunger.
- Attach the syringe to the end of the feeding tube; then push on the plunger to give patient's medication.
- Some medications should be given with liquid food; if others on an empty stomach; ask pharmacist for directions, if no liquid available on patient's record.
- If patient's have choking or difficult breathing during a feeding, stop the feeding and call the doctor immediately.
- If patients cannot unclog their tubes, call the doctor immediately.

- Call the doctor, if the following persist: diarrhea, constipation, nausea, or dehydration, among others.

Emergency Room (ER), Nurse: Many years ago; I worked as nurse 2009 ER Nurse. I worked as trauma nurse, critical care nurse. I professionally provide very important medical services. During emergency, I like paramedics and physicians, and provide treatment for patients in emergency medical situations. Also, include poisonings, dangerously high fevers, broken bones, drug overdoses, car accidents, stab wounds, gunshots, heart attacks, and strokes, just to name a handful. As emergency nurse, I must be able to assess all patients quickly and as accurately as possible, or I am able to assess patient quickly and as accurately as possible.

Emergency Room Nurse: I want to work and stabilize patients. I will call patients families or doctor, upon to perform patient's number and medical procedures. These are the procedures that I want to include:

- Starting intravenous lines,
- Administering medication,
- Transfusing blood,
- First aid,
- Cardiopulmonary resuscitation,

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- Rescue breathing,
- Bag-valve-mask ventilation,
- Intubation,
- Tracheotomies,
- Suturing,
- Setting broken bones, and
- Delivering babies.

Emergency nurse, I will be knowledgeable about diagnostic tests and procedures, such as electrocardiograms and x-rays. Some of the most common settings for emergency nurse include the hospital emergency rooms, triage centers, urgent care centers, and trauma centers among others.

Northeast Florida State Hospital:

Working at Northeast Florida State Hospital since February 7, 2014 to 2017 and I have researched that each year nineteen million adults within the United States experience anxiety disorders- which include obsessive-compulsive disorder (OCD), panic disorder (PD), post-traumatic stress disorder (PTSD), generalized anxiety disorder (GAD), social anxiety disorder/social phobia, and specific phobias, such as fear of the outdoors (agoraphobia) or confined spaces (claustrophobia), among others. Now to improve behaviors, prescription medications are the fastest method of treating anxiety disorders, but they can have numerous side effects and consequences. This was my annual salary of \$57,111.34.

Patient Care Technician (PCT)

Mar 02- Aug 08

Mayo Clinic/ St. Luke's Hospital (over 375 beds)

I worked in several areas especially in the hospital transplant unit; which was a priority. In this busy area it was covered with livers, kidneys, and heart transplant. Patients Care technician (PCT) responsibilities role were to interact with patients and the health care teams while performing the assigned duties in the hospital. Vital signs check, patient hygiene & ambulatory assistance, fluid Intake and output counts. Also, inserting of folic catheter among others was part of my duties.

Nursing Assistant (CNA)

Mar 02-Aug 08

Mayo Clinic/ St. Luke's Hospital (over 375 beds)

Recognize and report conditions and/or changes noticed,
Make frequent observations of the patient condition and symptoms,
Review patient status with nursing assistance for the coming shift before leaving for the day,
Communicate finding to a nurse and requesting nursing follow-up.

Northeast Florida State Hospital (NEFSH)

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Work in the mental health hospital with the psychologist to focus on individuals with psychotherapy for anxiety disorder, and to also do psychosocial rehabilitation services to individualize our patients' strengths, needs, level of functioning and preferences, etc.

My Psychiatrists Nurse Experienced

My Typical work activities as mental Health Nurse are: I worked every seven days a week, and

- Caring for patient, experiencing acute mental distress, and who have an enduring mental illness
- Assessing and talking to patients about their problems, and discussing the best way to plan and deliver their care;
- Building relationship with patients to encourage trust, while listening to and interpreting their needs and concerns;
- Ensuring the correct administration of medication, including injections, and monitoring the results of treatment;
- Responding to distressed patients in non-threatening manner and attempting to understand the source of distress;
- Applying de-escalation techniques to help people manage their emotions and behavior;
- Preparing and participating in group and /or one-to-one therapy sessions, both individually and with other health professionals;
- Providing evidence-based individual therapy, such as cognitive behavior therapy for depression and anxiety;
- Encouraging patients to take part in art, drama or occupational therapy where appropriate;
- Organizing social events aimed at developing patients' social skills and helping to reduce feeling of isolation;
- Preparing and maintaining patient records;
- Producing care plan and risk assessment for individual patients;
- Ensuring that the legal requirements appropriate to a particular setting or group of patient are observed;
- Working with patient families and careers, helping to educate them and the patient about their mental health problems.

Graduate Nurse: Bethune- Cookman University; BSN- RN (06/26/09)

Worked in each clinical area of the hospitals and in the communities

Gained academic experience on health care;

Gained experience in direct patient care as a student nurse using the nursing process, dealing with the nursing team, hospital management and patients in the community.

Walden University/ Master in Public Health Professional Studies

Academic Preparation (56c hrs) MPH- General (Graduate August, 2012)

Graduated Physician Assistant, Liberia/ Africa 1999

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Personal

Born 1969 Liberia, Africa

Clean background and driving record

Professional License

New profession License: April 30, 2019

Date 08/01/2009 BSN- RN, FL- RN9296616 Control No: 1153803

NOTE: References

1. Mayo Clinic Operation manager: Mr. Gene Richie, RN CCRN, Phone # 904-953-2002
2. FCI Sheridan, Oregon- Dr. Jaspal Dhaliwal, MD. jdhaliwal@bop.gov, Phone # 702-835-2378
3. FCI Bastrop Texas- Dr. Alarcon, MD. l1alarcon@bop.gov, Phone # 304-276-8175
4. FCI La Tuna BOP, - CDR Zita Y. Guerrero, AHSA, Phone # 915-791-9000
5. Bethune-Cookman University, Mrs. Eunice Rios, riose@cookman.edu
6. Bethune-Cookman University, Mrs. Sandra Bartley, Phone # 386-503-9984
7. Mayo Clinic, Mr. Louisar Climaco, RN-Transplant Unit, Phone # 904-997-0384
8. Northeast Florida State Hospital, Registered Nurse Consultant: Mattie Jones, She moved to Georgia, Phone: N/A
9. Family First HomeCare, Service Coordination Manager, Phone # 904-204-2273