

Karla L. Hodges MS, RN, CNS, PHN  
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## EDUCATION

University of California, San Francisco, California  
Master of Science in Nursing, Specialty: Community Health Systems – Advanced  
Practice Public Health, 9/2013

Mills College, Oakland, California  
Bachelor of Arts in Liberal Studies, 5/2002

Harry S. Truman College, Chicago, Illinois  
Associates Degree Registered Nursing, 5/1997

Chicago Public Schools Practical Nursing Program, Chicago, Illinois  
Diploma, 2/1992

## SELECTED LICENSURE/CERTIFICATIONS

- Clinical Nurse Specialist in Public and Community Health, 4660
- Public Health Nursing Certificate, California, 71551
- Registered Nurse, California, 538941
- UC Davis Health System Certificate in Health System Improvement (2016)
- Basic Life Support (BLS), current American Heart Association
- Pediatric Advanced Life Support (PALS), current American Heart Association
- Advanced Cardiac Life Support (ACLS), current American Heart Association

## SKILLS SUMMARY

- 15 years healthcare quality, accreditation, patient safety, risk management consultant and educator, research; public and community health assessment, planning and evaluation
- 5 years ICU, ER, Trauma; 3 years medical surgical hospital; 3 years mother-baby/post-partum hospital; 4+ years Skilled and sub-acute experience
- Team leading, mentoring

## CONSULTING, TEACHING, LEADERSHIP, COACHING EXPERIENCE

Accreditation and Health Consultant

Spring 2008 to present

- Research, health and program assessments, planning, and evaluation of health and healthcare
- Consultation, training, and support to facilities in licensing, accreditation, nursing & health care services
- Quality Improvement (Home Health, Skilled Nursing, & general acute care hospitals)
- Interpret and apply regulations to healthcare organization practice and policy development.

- Medical and Technical Writing
- Develop/deliver health related curriculum; developed acute care hospital RN Case Manager Competency examination (8/2011); Total knee and total hip joint class teacher – 5/2014
- Yoga teacher

#### HEALTH & HEALTH SYSTEM EXPERIENCE

Carlton Senior Living, Davis & Sacramento, California  
Registered Nurse  
May 2018 to present

Mare Island Home Health, Vallejo, California  
Registered Nurse  
August 2017 to July 2018

- Skilled nursing home visits and patient assessment

Blake Austin College - Clinical Instructor: January 2015 to December 2016  
Kaplan College – Clinical Instructor: September 2015 to April 2016

Randstad Technologies consulting firm @ Sutter Health Office of the General Counsel,  
Healthcare Risk and Health Law Service Team  
Healthcare Risk Consultant: May 2015 - August 2015

Health By Design @ Sutter Solano Medical Center (SSMC), Methodist Hospital of Sacramento,  
Mercy San Juan Medical Center – RN Emergency Room Utilization Review/Case Management  
Department education, training & special projects: March 2014 – May 2015

Sacramento State University – RN Clinical Professor of Nursing: January 2014 – July 2014

Discharge Resource Group (DRG) Staffing - Registered Nurse; Care Coordinator / Case  
Manager/ Infection Control Associate/ healthcare administrative professional nursing: January  
2011 – February 2014

Summit Alta Bates Medical Center (ABSMC); (July 2012-February 2014)

Community Health Center Network (CHCN) (October 2012-May 2013)

The University of California Medical Center (UCSF), San Francisco, California (May 2012-July  
2012)

Mills Peninsula Hospital (MPHS), Burlingame, California (January 2011-December 2011)

DRG @ ABSMC – RN Infection Control Associate: May 2013 – February 2014

DRG @ ABSMC, CHCN, MPHS & UCSF – RN Care Coordinator / Case Manager: January  
2011 – May 2013

Registered Nurse, Adult Case Manager, Cardiology, Vascular, Thoracic Unit (CVT)  
December 2011 – May 2012 The University of California Medical Center, San Francisco,  
California

Registered Nurse; Nursing Administration – Regulatory Review Nurse  
January 2009 – October 2010 Marin General Hospital, Greenbrae, California

Hospital and Nursing Home Surveyor-Health Facilities Evaluator Nurse  
July 2007 – April 2008 State of California, Richmond, California

Registered Nurse  
2008, 2011 Horizon Home Health Care, Orinda, California

- Skilled nursing home visits and patient assessment

Registered Nurse - Case Manager  
May 2008 – December 2008 Sutter Delta Medical Center, Antioch, California

Registered Nurse  
1999; 2005 - 2006 Summit Alta Bates Medical Center, Oakland/Berkeley, CA

- Bedside care of patients, utilization of multisystem assessment skills to provide pain management, pulmonary and cardiovascular assessment, and management of fluid and electrolyte imbalance
- care of complex metabolically complex patients (diabetes, hypertension, renal failure, dialysis, severe circulatory and oxygenation insufficiencies)
- care of mothers and babies on an acute care medical surgical and mother baby hospital units

Registered Nurse – Obstetrics, Case Management, Medical Surgical  
January 2000 – May 2005 Alameda County Medical Center, Oakland, CA

- Utilization of multisystem assessment skills to provide pain management, pulmonary and cardiovascular assessment, and management of fluid and electrolyte imbalance
- nurse recruitment and retention activities for 3 free-standing hospitals and 5 clinics
- utilization review and Case Management
- care of mothers and babies inpatient acute, medical surgical

Registered Nurse  
February 1998 – March 2005 Kaiser Permanente, Oakland, CA

- Utilization of multisystem assessment skills to provide pain management, pulmonary and cardiovascular assessment, and management of fluid and electrolyte imbalance
- Emergency Room nursing care and triage; telemetry, ICU, medical surgical units
- Case Management

Registered Nurse  
1996-1997 Columbia Grant Hospital, Chicago, IL

- Bedside nurse rehab
- Bedside RN cardiology unit

Licensed Vocational Nurse - Charge, Medication and Treatment Nurse

1993-1996 Nightingale Home Health, Chicago, Illinois; Brightview Care Center, Chicago Illinois; Hillhaven Skilled Nursing Facilities, Oakland and San Francisco, California; St. Paul's Towers Skilled a Nursing Facility, CASHA Resources nurse registry at San Leandro Hospital and Hill Haven Skilled Nursing Facility