

	Helpful	Hamper
	to achieving the objective	achieving the objective
Internal origin (attributes of the system)	 My extensive experience in Cyber Security and the certifications completed. Interpersonal and communication skills I am a quick learner, which helps me learn skills. 	 Weaknesses/Areas for further development I am not good at branding myself Lack of time management. I find myself rushing to meet deadlines. Not asking for help when I need it.
External origin (attributes of the environment)	 Commit more time during weekends for research and dissertation preparation. Utilize my contacts with vendors and internal users at work to better understand the market and its needs, which will help me prepare the dissertation topic. More product deployment and training at work, which will help me broaden my skills 	 My work responsibilities are increasing, which may cause me to have less time to dedicate to the coursework. Lack of data for analysis.

Kaplan Open Learning 2019