

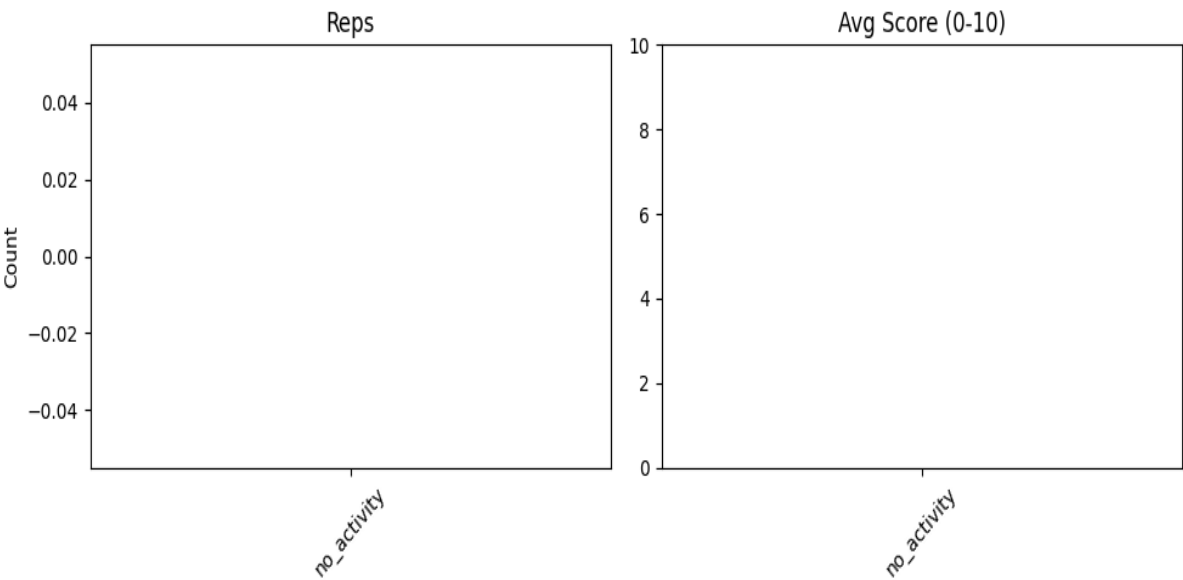
Athletiq — Fitness Assessment Report

Name: birju
Age: 18
Gender: male
Body Type: slim
Height (cm): 170 Weight (kg): 70
Date: 2025-09-28

No_activity

Reps detected: 0
No detailed evaluation data available for this exercise.

Performance Summary



Overall Score

0.0 / 10 — Needs improvement