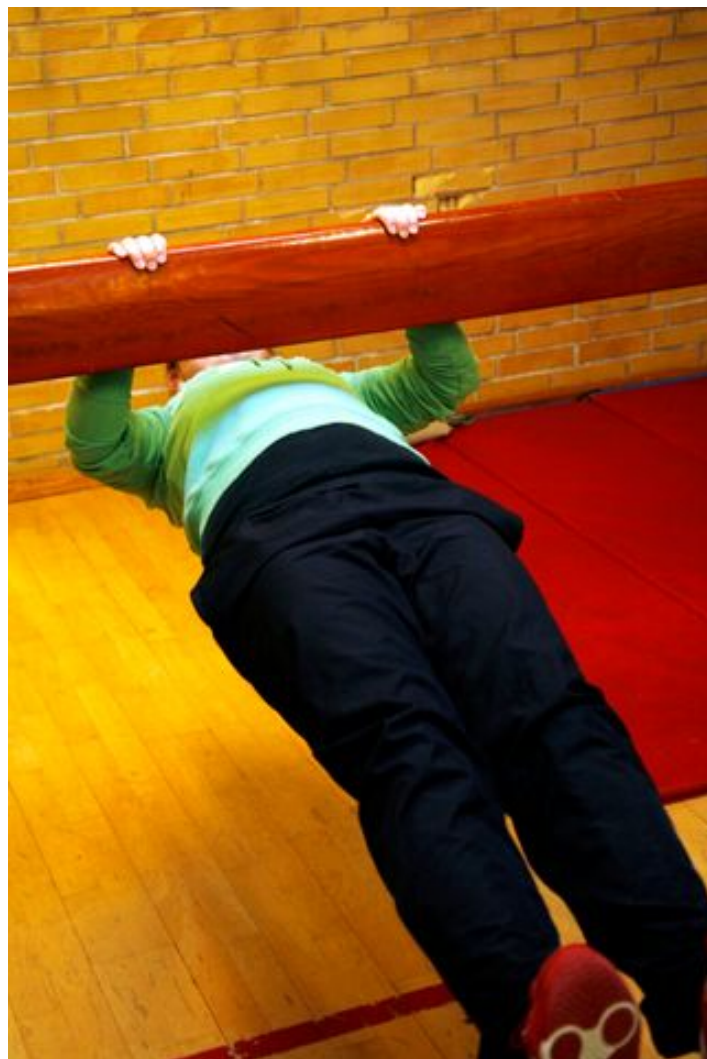
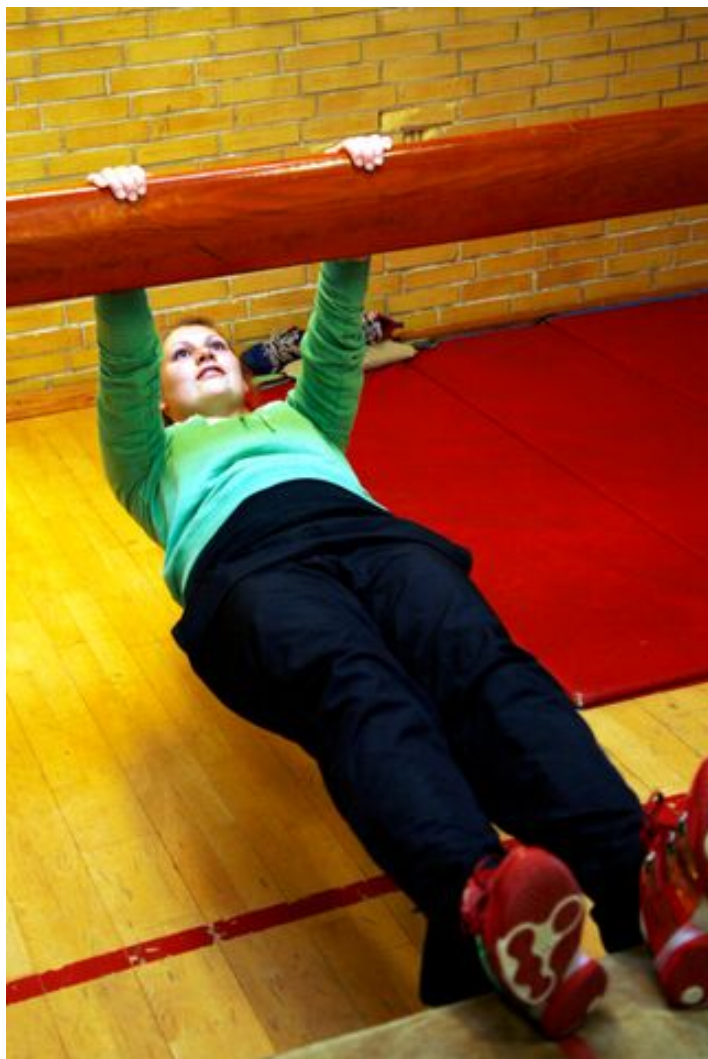


Roning, proneret bodyrow



Vandret kropshævning med benene på en bæk.