

**OM SRI SAIRAM**  
**31.08.2022**

**[A: ] answer has been marked in the qn for reference**

**Each Question carries 1 mark**

1. Udaseenata meaning [A: EQUI-MINDEDNESS]
2. How to handle obstacles when we be right? [A: firmly believing in the goodness or our conscience and not caring about bad or evil]
3. Swami describes Politics as the best example of \_\_\_\_ guna [A: Rajo Guna]

[V2]

4. What is Paduka worship? Examples of Paduka [A: Sages followed this practice earlier. It signifies surrender of self to the Lotus Feet of the Lord] [A: Why do we need to follow such external actions? [A: We will get inspired and bydoing it , get Bhakti and Gnana as we move in life]
5. We can see an example of Paduka worship where \_\_\_\_\_ asked the Padhuka of \_\_\_\_\_ while ruling Ayodhya. [A: Bharatha, Rama]

[V3]

6. Who is a Vyakti? [A: The one who realizes true divinity]
  7. How can we make the most of human life? [A: removing bad thoughts by spiritual practice, developing love]
- Swami says an example of using our physical body for maximum purpose of society. What is it?  
[Hands not only for partaking food]

[V4]

8. What are the problems in current youth? [A: selfishness, anger]
- Solution when Angry? [A: Drink water, Namasmarana] ;  
Morality and Money [Quote]

[V5]

9. What are not the Assets of a nation?? [Politics, machinery] What are the actual assets? [Faith, Spiritual, Spirit of Sacrifice]
10. Qualities of Indians - that differs from other countries [ brotherhood, equality and softness)

**Jaishnav**

1. 0
2. 1
- 3.

**Ananya**

1. 1
2. 1

3. 0.5

4. 1

5. 1

7. 1

8. 1

9. 0.5

10. 1