DATE TUESDAY 11TH NOVEMBER, 2025   BY: DR EMMANUEL ADENUGA

COURSE CODE   EHE 211

COURSE TITLE   Methods & Resources in Health Education.

Objectives

1. Explain the concept of teaching and method of teaching

Course Outline

Module 1 — Introduction to Methods & Resources in Health Education.

"   2 — Classification of Methods in Health Education [Taxonomy].

"   3 — Selection & application of teaching methods

"   4 — Instructional resources & materials in Health Education

"   5 — Preparation and Utilization of instructional material.

"   6 — Educational Media & technology in Health Education.

"   7 — Community & Environmental resources for health education

"   8 — Planning and evaluation of health education Lessons.

"   9 — Challenges in the use of methods and resources in health education

"   10 — Practicals

Introduction to Methods and Resources In Health Education

pattern

* Methods are steps or procedures [Systematic procedures techniques or approaches, employed by health educator to facilitate learning.
* Methods guides how teaching content is delivered and how learners participate in the learning processes.
* Health education in the school becomes a curriculum while outside the school, it becomes an instruction.

* Resources are all materials, tools, human or non-human support used to aid effective teaching. or learning of health concept.
Resources are categorized into: Human and Material resources.
Human resources are categorized into: Certified and Non-certified.

2.

Importance of effective method and resources.

1. Facilitate better understanding of health concepts.
2. It stimulates Learner interest.
3. It promotes retention and recall of information.
4. It bridges the gap between theories and practices.
5. It encourages positive health attitudes and behaviors.

Principle Of Teaching & Learning.

1. Learners Centredness Principle.
2. Activities - based Learning Principle.
3. Relevance Principle.
4. Feedbacks & Evaluation Principle.

Assignment.

1. List the four [4] categories of plasmodium that causes malar