## Excerpt from NASGRO NASFORM manual (version 7.0 Alpha May 2012):

This section provides the theoretical background for the stress-life equations used in NASFORM. A comprehensive treatment of fatigue analysis and the underlying theory may be found in [1, 2]. The MIL-HDBK [3] gives an empirical equation fitted to stress-life data as follows:

$$\log N_f = A - B \log(S_{eq} - C) \tag{2.1}$$

where the equivalent stress is given by

$$S_{eq} = S_{\max} (1 - R)^P$$

with the usual definition of stress ratio

$$R = S_{\min} / S_{\max}$$

with  $S_{\min}$ ,  $S_{\max}$  being the minimum and maximum stresses in a particular step of the spectrum block. The constants A, B, C, P are provided in the database. In addition, another constant L is used to define the equivalent stress below which life becomes greater than  $10^8$  cycles. Any stress below the value of L is assumed to cause no damage. For each of the materials, the values of  $R_{\min}$  and  $R_{\max}$  are also specified along with the above fitting constants. If the