

## Why

## Result

We bound below the measure that a non-negative measurable real-valued function exceeds some value by its integral.

**Prop. 1.** Let  $(X, \mathcal{A}, \mu)$  be a measure space. Let  $g: X \to [0, \infty]$  be measurable and square-integrable. Then for all t such that  $\int t d\mu \in [0, \int g d\mu)$ ,

$$\mu(\{x \in X \mid g(x) > t\}) \ge \frac{(\int (g - t)d\mu)^2}{\int g^2 d\mu}.$$

*Proof.* Let t such that  $\int t d\mu \in [0, \int g)$ . We have selected t so that  $\int (g-t) d\mu \geq 0$ . Define  $h=(g-t)^+$  and  $A=\{x\in X\mid h(x)>0\}$ . Then

$$\int (g-t)d\mu \le \int hd\mu = \int h\chi_A d\mu \le \sqrt{\int h^2 d\mu} \int \chi_A^2 d\mu$$

Now  $g^2 > h^2$ , so  $\int g^2 d\mu \ge \int h^2 d\mu$ . Also  $\chi_A^2 = \chi_A$  so  $\int \chi_A^2 = \mu(A)$ . h(x) > 0 if and only if  $g(x) \ge t$  for all x. So

 $A = \{x \in X \mid g(x) \ge t\}$ . Combining we have:

$$\int (g-t)d\mu \le \sqrt{\left(\int g^2 d\mu\right)\mu(A)}.$$

**Prop. 2.** Let X be a random variable with  $\mathsf{E}(X^2) \leq \infty$ . Then for all  $t \in [0, \mathsf{E}(X))$ , we have

$$P(X > t) \ge \frac{(\mathbf{E}(X) - t)^2}{\mathbf{E}X^2}.$$

The above is also called the Paley-Zygmund Inequality.

