

## Result

We bound below the measure that a non-negative measurable real-valued function exceeds some value by its integral.

**Proposition 1.** Let  $(X, \mathcal{A}, \mu)$  be a measure space. Let  $g: X \to [0, \infty]$  be measurable and square-integrable. Then for all t such that  $\int t d\mu \in [0, \int g d\mu)$ ,

$$\mu(\lbrace x \in X \mid g(x) > t \rbrace) \ge \frac{(\int (g - t)d\mu)^2}{\int g^2 d\mu}.$$

*Proof.* Let t such that  $\int t d\mu \in [0, \int g)$ . We have selected t so that  $\int (g - t) d\mu \ge 0$ . Define  $h = (g - t)^+$  and  $A = \{x \in X \mid h(x) > 0\}$ . Then

$$\int (g-t)d\mu \leq \int hd\mu = \int h\chi_A d\mu \leq \sqrt{\int h^2 d\mu \int \chi_A^2 d\mu}$$

Now  $g^2 > h^2$ , so  $\int g^2 d\mu \ge \int h^2 d\mu$ . Also  $\chi_A^2 = \chi_A$  so  $\int \chi_A^2 = \mu(A)$ . h(x) > 0 if and only if  $g(x) \ge t$  for all x. So  $A = \{x \in X \mid g(x) \ge t\}$ . Combining we have:

$$\int (g-t)d\mu \le \sqrt{(\int g^2 d\mu)\mu(A)}.$$

**Proposition 2.** Let X be a random variable with  $\mathbf{E}(X^2) \leq \infty$ . Then for all  $t \in [0, \mathbf{E}(X))$ , we have

$$P(X > t) \ge \frac{(\mathbf{E}(X) - t)^2}{\mathbf{E}X^2}.$$

The above is also called the Paley-Zygmund Inequality.

